There is genuine and unmistakeable pleasure in its daily use.

Black - Green | Try a packet from your grocer, but be sure it's "Salada" BEIS or Mixed



Ec

glarec

for salads and garnishing, and flowers thing "green" from your garden dur- thing-but friendly. to satisfy your esthetic taste.

You will need a box 14 inches wide. any surplus water that may drip description of how the plan works: offered. She slipped her slim arm was a sympathetic quality in the girl's old vagabond in a home of mine," he

centre of the box, thyme, sage, and should have something warm to eat preferring to look after himself. Shrunken, sordid, even he had his poor and shabby, but they appeared

window box, since they are low-grow- but it does not take as much room as "Shall I fetch a doctor?" she asked. nized it in a second-hand shop, and I gan to strip it of its battered cloth. window box, since they are low-growing and blessom profusely. The nasing and blessom profusely. The nasturtium blessoms and leaves may be
used for salads and garnishing, as

window box, since they are low-growing and blessom profusely. The nasturtium blessoms and leaves may be
used for salads and garnishing, as

for table decorations.

But it does not take as much room as
some teachers think. The only room
neded is for the stove and supboard.
The parents of school children should
they are. I often have these attacks,
they are in a second-name and blogs, and
doctors for me. Nothing but thieves
to feel her sitting by me now, telling
they are. I often have these attacks,
they are in a second-name and blogs, and
doctors for me. Nothing but thieves
they are. I often have these attacks,
they are in a second-name and blogs, and
doctors for me. Nothing but thieves
they are. I often have these attacks,
they are in a second-name and blogs, and
doctors for me. Nothing but thieves
they are in a second-name and blogs, and
they are in a second-name and blogs, and
doctors for me. Nothing but thieves
they are in a second-name and blogs, and
the flock would have to be removed
for Bob to get at the springs, and
they are in a second-name and blogs, and
they are in

to be utilized as a border. Parsley to the pupil's desk. should be planted rather thickly to We have many things in our school. est to allow the others a better chance stove has three burners. We like it water on the fire so that it will get looking at me like that for?" he rasp- were nearly two hundred pounds. for growing strong and healthy. If very well. We have a baker with our hot to wash the dishes. you want fine, showy plants, thin to oil stove. Our kitchen cabinet is very Each child has a napkin which he you for anything you do, mind." three or four inches, but if you just pretty. The upper part is taken off puts on his desk. Then we take the want "parsley," that will grow with and we use it as a table. In one soup from the fire and put it in cups. I go! little or no care. Parsley holds first drawer we keep the spoons, forks and Each child gets a cup of soup. When few seconds he said, "Will you come for her and Bob. place among garnishing plants, pre- knives, and in the other part we keep we have mashed potatoes each child round to-morrow and bring me some She laid her head on the old sofa sumably because of its ease of culture the dishes. We have three dozen dish- gets a plate of potatoes with white bread and a bit o' meat? I can't trust and cried. Tears of joy mingled with

ply the wants of the average family. fair. Cut the herbs as often as is necessary The children take turns about in their dinner they have to bring the that hight, to keep the box looking attractive. bringing the soup meat. Every child dishes to the table where they will get

frequently during the day.

the heat of the sun, by concentration to the cooking. on the glass, becomes too intense for In the morning when we come to the young plants. The admission of school we peel the potatoes and put fresh air will counteract all danger them in pans till recess. The teacher from that source. On severe nights starts the oil stove and the chief cook newspapers may be placed between puts the soup meat on the fire. At the window and the plants.

proper growing temperature for the luctantly, after a pause. kitchen window garden, seeds may be the miser, Culver. He was shabby and It gives you all the fun of gardening, planted at any time; however, you will dirty, and when he heard Hetty's Hetty gave a little laugh, but there accept it, Bob. and at the same time produces herbs derive more satisfaction if they are sweet voice the dull, narrow eyes he was a touch of sadness in it. "No,

ing February and March,

Our Hot Noon Lunch. window. A few holes should be bored in the bottom, and below the box gressive public schools where a hot anybody."

Inen he mumbled, I want to get half-audible voice. home. Then I'll need no help from half-audible voice. "And weren't you should be placed a flat pan to catch lunch is served, gives the following "Let me take you there," the girl inarily an inquisitive question, there

inch layer of coarse material, such as school for over two years. I think it weakly along. mon garden loam, one-fourth sharp breakfast and if they do not get a hot to buy things." sand, and one-fourth well-rotted ma- dinner they will get sick. Some chil- Mumbling and grumbling, he did not don't mind admittin' it. But she Holding him under the spell of her dren will not eat their cold lunch at appear to possess one redeeming fea- she died afore I was well enough off to gentleness, she told him what frag-If you have space for but one kit- school. The farmers will have warm ture, and Hetty was glad when his marry her." ment is as follows: Nasturbums If the farmer takes good care of the around the edge of the box, next to animals, why should he not take good and everything was distressed and received animals, why should he not take good and everything was distressed and received animals.

of nasturtium are excellent for the ly room enough to serve hot lunches, Hetty was alarmed. help the teacher get the things to- Hetty did not care to leave him at quavering words came almost too low tubular parcel.

Perfection, Moss Curled, and Double gether. We have had three chief once. He looked so bent and ill as to be heard—"that she loved me." Curled varieties of parsley are re- cooks. They are the following: Emma he sat huddled in a broken chair. commended because they are the com- P., Loretta W., and myself. We also "Then I'll light a fire for you and was so ill that he was delirious. But hand so shaky as to be nearly unreadpact-growing sort, ornamental enough have some waiters that bring the food get something hot," she said. "You Hetty laid her hand on one of his able, was written, "Miss Hetty Lane.

Thyme, sage, and summer savory knives and forks. We also have pans, potatoes each child comes to the table She always charges too much." are the sweet herbs necessary to the a dish pan, a water pail, a large and and gets his potatoes. We all go to "I'll bring them for you," Hetty ashousewives for flavoring meat dress- a small stew pan. All the things in our desks and eat our dinner. The sured him. ings, meat leaves, and the like. One school are bought with the money we children have to stay in school for

These may be dried for future use. | brings a potato for the soup then one washed. Some times there are many If you are fond of mint sauce with of the children brings beans, noodles, dishes to be washed. your lamb and mutton, a plant or two or whatever we put in the soup. When of spearmint should also be included the soup is done the chief cook takes in your selection for the kitchen win- it from the fire and divides it into cup-

fresh air, plenty of water, and that a bring more and nicer meat. When we housewives should realize that danger "I didn't mean that," explained her temperature of from 40 degrees at have mashed potatoes one of the chil- may lurk in a piece of pork not pro- lover. "I've told you how the old might to 60 degrees during the day be dren brings the milk. When we have perly cooked. Fortunately few per- miser robbed my father of his busimaintained. Keep a reliable thermo-baked potatoes or boiled eggs the meter near the box, and consult it number of the child is put on it so serve porkchops which have not been spend all the money I'd scraped to-Fresh air must be admitted when- The parents like it very well. We have and occasionally pork roasts are en- ment and so on, though, of course, ever it is possible to do so without no trouble in getting the soup meat. countered which are underdone. Beef that didn't save him. So don't you see injury to the plants, but cold drafts Almost every week we have soup is wholesome enough when rare, if that if it were not for my uncle you should be avoided as you would avoid three or four times. We have one hot fresh, but pork should be well cooked, and I would have been married long pest. In sunny weather be sure to dish every day. It does not take much open the window from the top before time away from our studies to tend least bit "gamy" especial care is

recess we put the potatoes in with the

Canada's New Land of Promise

: -: :

country is remarkably mild for its the field is being undertaken. Several latitude, winters clear and crisp and companies are drilling and operating summers dry and balmy. Blizzards dustry is the inland fisheries of the heavily infected may cause severe ill- not refer again, and Hetty respected are unknown, and the tempering in- great lakes, whose product extends pork even heavily infected kills the between him and the woman he had experienced over a large area. It is a | has been found profitable to establish country teeming with beauty and canneries on Lake Athabasca and at entirely wholesome. utility and of enormous possibilities. other points. From practical tests it has been | Tiny settlements have sprung up proved an excellent grain growing re- every few miles along the Edmonton, gion, due, no doubt, to the long sum- Dunxegan and British Columbia Rail- without cider. Add enough water to be destroyed," suggested Hetty. "But mer and late frosts. As far back as way and there are larger towns such the peeled and sliced apples to make you won't die for many years, Mr. 1893, prize winning wheat in competi- as Sawridge, High Prairie, Spirit River a thin apple sauce, and let this cook tion at the World's Fair, Chicago, was and Grand Prairie, all centres of rich very slowly, or simmer, over a low when I do-" He stopped, and his grown 15 miles from Peace River agricultual area possessing infant in- fire for three or four hours. Brown weak, blinking eyes questioned her Crossing-500 miles north of the In- dustries of promise. Judged by im- sugar can be used, being added when face. "Will you look after it for me ternational boundary. Few territories migration figures, the Peace River Dis- the cooking is two-thirds done. The then?" he asked. "I-I wouldn't like contain a larger area of land suited trict looms large in the eyes of home sugar which settles at the bottom of it to get into anybody's hands." to stock raising. while pasture is seekers, and their rush into this last a barrel of molasses is excellent for, "Yes, if you wish." was Hetty's reabundant throughout the summer, and great west is probably unprecedented this purpose. A pound to a gallon is ply. in most cases through the greater part in the history of any new country. usually sufficient, but this amount is

of the winter. ment. Indications of oil are widely chance to pioneers.

of which have seen but little develop- railway line, offers apparently the last

By LUCK WILLIAMS.

asked Hetty, as they stood looking for it if you do," he whined. across the quiet street of the little Hetty cheerfully told him not to did think he might have felt some re-English town at the figure of an old worry about that, but as he grumbled morse for robbing father, but not he. man who, struggling in a fit of cough- at her using so much wood for lighting All his money in the bank-it was a hairs, ing, was feebly clutching some rail- the fire, and cautioned her to be care- little over three thousand pounds—he minute scales. "No," said her sweetheart, abrupt- him in disgust

"But he seems very ill, Bob, and this sofa to the fire, and you lie on

"He may be my uncle," flared the pered the old miser, as she moved it. my dear. He's left you something. other, "but he robbed my father, and he is a miser, too. I won't breathe the

"You will be leaving me at the bot- fabric. tom of the street, Bob," she said, "so would you mind if I go and see what Hetty as though he could not understand her at all.

"Please yourself," replied Bob, re-

for flavoring stews and sauces, greens planted so that you can have some- turned on her held an expression any- we've not got a home together yet,"

Then he mumbled, "I want to get gel like you," came in a wheezing, mention the hope that seemed so hid-

through. In the bottom place a one- We have had hot lunches in our through the old man's and he hobbled soothing tones that invited confidence. said, agrily.

Breathless and wheezing, he was in memories.

Be Sure Pork Is Well Done.

Pork is a tremendously important fuls for the children. The one who food in Canada, the amount eaten be- Then she added, as an afterthought, box gardening a success are sunshine, friends. By this way the children poultry, and it is important that has hurt me, Bob even if perfectly fresh, and if the ago.

> Hogs are subject to a parasite These worms cause in human beings spoke at all. the disease known as trichinosis. Un- Once he tried to pry a little farther trichinae and the meat is rendered

Apple Butter Without Cider.

Minard's Liniment For Burns, Etc.

despite his frenzied protests, Hetty fetched a doctor. That night Culver the miser was parted from his money

amusement on his face.

"Some joke," he began, abruptly, plunging into what evidently was the subject of his thoughts. "I heard old Culver's will read to-day.

"Bob, shall we go and help him?" | "I'm not going to pay you anything Hetty, with little hopefulness. ful of this and that, she almost left has willed to some hospital." "He might have given you a little

"Come," she coaxed, "let me draw bit," Hetty sighed. he's —he's your uncle," remonstrated it. You will be more comfortable." fects' are to be sold to defray his Hetty, gently. "Be careful with that sofa," whim-

It was an ancient piece of furniture. Bob gave a laugh. "A darned old The bottom sagged almost to the floor. sofa," he chuckled. "It was a provi-Hetty, gazing compassionately at Threadbare and torn in many places, sion he had evidently added to the will the distress of the old man, still hesi- the covering, though now dingy and just before he died, for the solicitor faded, hinted that once it was a rich could hardly read the writing. "Don't laugh, Bob. He thought a

Occasionally the old man peered at lot of that old sofa. "He also wrote," went on Bob, in tones of amused scorn, "that if you don't want his decayed bit of furniture it is to be burnt to ashes."

There was a thoughtful, half-sad look on Hetty's face. "I think I shall

"Well, we can do it up. Really think it will be worth it-and-and "Can I do anything for you?" she Culver laid his grey head back on you know, Bob, it will be a bit more the sofa and closed his eyes. "And I for the home." She whispered the At first old Culver shook his head. was going to be married once to a last word as though she was afraid to

"I'll have nothing belonging to that

"I loved her," moaned the old miser. Hetty clasped his arm appealingly. inch layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse material, such as school for over two years. I think it is layer of coarse

almost elegant in comparison when The Dwarf or Tom Thumb varieties In some rural schools there is hard- such a state after his exertion that "I've had this safe ten years now," Culver's old sofe was brought in.

She held it up to the light. On the

ed, pettishly. "I'm not going to pay Her mind was thrilled with one and almost substantial enough for her

A young lady whose knowledge of needles is limited to the fact that they can be used only once on a talking machine is not likely to make an econ-

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Each package of "Diamond Dges" con-tains directions so simple that any woman can dye any material without streaking, lading or running. Druggist has color card—Take no other dyel

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The reason why an eyelash in the

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and Smart Appearance R. G. LONG & CO., Limited Winnipeg TORONTO Montreal Bob Long Brands

BEE KEEPING IN

PROSPEROUS INDUSTRY IN B.C. AND MANITOBA.

Favorable Conditions in the Prairie Provinces for Honey Producton on Large Scale.

Western Canada is inevitably as. sociated with grain growing and live stock production, with huge wheat fields and vast cattle herds. Other ag. ricultural pursuits being considered so relatively unimportant, they are often eliminated from consideration. Then, too, it is a prevalent conception borne out by experience to some extent, that the farmer devoting himself to either or both of these agricultural lines has sufficient on his hands to occupy all his time and attention. The basis of this trend of thought could be west was not adapted to the pursuit of the bentler phases of agriculture and just how erroneous this contention was has been proved in recent years by the gratifying success made in fruit growing and other side lines in the prairie provinces.

With the exception of Brtish Columeventy years have relied bia and Manitoba, bee-keeping in the west can hardly yet be said to have guished appearance. The attained the status of a prosperous todustry, though the great interest white complexion it aroused of late years would indicate a more general following of this interesting branch of farming on commercial lines. What has been indisputably proven is the adaptability of the prairie provinces to successful honey production, and that every western farmer can profitably handle a few hives for his own domestic con-

Canadian Honey Unsurpassed.

Canadian honey is unsurpassed in quality by that of any country. Owing mainly to the warmer summer and abundance of nectar-producing flowers until frost, the average yield per colony is greater than in the British Isles. Bees can be raised and honey produced as successfully in the west as in the east. The natural bloom of Alberta throughout the season affords abundant food for the bees, and the alfalfa fields of the irrigated districts of the south and clover fields of the central and northerly sections give adequate supplies of nectar and pollen for countless hives. In British Columbia, conditions are naturally excellent, especially in the fruit districts, and honey production in the Pacific province is increasing yearly. In Saskatchewan, apiarles are success fully operated in many parts of the province, whilst Manitoba is fast forging ahead as one of the leading bee-keeping provinces of the Dominion. In the latter province farmers and others are entering the industry extensively, and in many parts apiaries are to be found where tons of honey are produced annually

Experiments carried out by the government experimental farms das covered the following net value of production per colony of bees and honey in the different provinces: Brandon, Man., \$3.27; Indian Head, Sask, \$11.83; Lethbridge, Alta., \$16.49; Lacombe, Alta., \$12.79; Invermere, B.C. \$13.26; Summerland B.C., \$11.81.

Production in British Columbia

The production of British Columbia in 1919 was 344,580 pounds of honey, there beng 1,855 beekeepers and about 10,000 colonies in the province, Manitoba in 1918, with 921 keepers and approximately 15,000 colonies of beet, produced 944,104 pounds, or 64 pounds per hive. In the Kootenay district of British Columbia alone last year, 23 1/2 tons of honey was produced, the average surplus per hive being 50 pounds as against 38 pounds for the whole province. One Slocan Valley farme had a surplus of 2,100 pounds from three hives. As a proof of the adaptability of the

Alberta climate to bee raising and the profits to be derived therefrom, the experience of an Edmonton farmer may be cited. Starting out six years ago with a foundation swarm of mixed bees, he managed, by importing hogh-bred queens, to so improve his swarm that in a few years he had an almost pure-bred strain of Hallan been. He keeps from ten to fifteen hives and disposes of the increase in the spring or fall. In the year 1919, the nine hives he possessed in the spring increased during the summer to twenty-one, and the honey produced, less that required for winter feed, was 27 pounds, which sold at from 35 cents to 40 cents per pound. In 1913, the record of production from this apiary was 100 pounds per hive. or at prevailing prices, a revenue of \$40 from the honey of each hive Beckeepers Associations.

Everything goes to show that bee culture and honey production are on the increase throughout the west Tho Manitoba Beekeepers Association, established in 1903 and reorganized in 1914, had 921 active members in 1918 with 15,000 colonies of bees; and the Beckeepers Association of British Columbia, 1,183 members with 6.830 colonies. There is also a Kontenay Beekeepers' Association. Bees in the country require very little attention. and there is no branch of : 11m ac 1vilv which renders returns in such project tion to the care required.

The word California is from the Spanish "Callente Fornalla," meaning "hot furnace."

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AND SHOE INDU

Took More Than a to Overcome Prefere Imported Shoe The Canadian boot and a try at the present time !

tries of Canada. A delvin

tory reveals the fact that

1667 the making of shoes

was established, and at the the entire country, there twenty shoemakers. So the industry is not only one oldest manufactures, but doen, as it is to-day, one veloped year by year until perfected industry produ which compare very fave the product of any other In the year 1870 the figures are given, and the ginning of 1667 is found veloped until in 1871, in v put, it was the third large in Canada, with 4,150 est Their total combined cap ed to some three and a tion dollars, the average v output being \$3,850 and number of workers being

The Introduction of M The shoe industry at the the needs of the people.

place, that the 179 fac records obtains increased to well over l

modern shoe factory provement of shoe may this respect the shoe I comparatively young. vention of the Mckay a sible great strides in chine for turn shoes M be improved later by

To-day Canadian fal livelihood upon the if production of every gr For many years the it credit for the high product, and it took n tury to overcome t favor of imported sh as shown Montreal Convention of the National Shor ciation, is universally has made the industry portance in the Domit which is increasing el

The Fading Hi The June groom

About the middle week the telephone r the stenographer said "Your wife wishes Mr. Green." "Tell her I'm busy

"and cannot leave to phone, but be sure t her just as much as Ninety-nine per ce

women cannot read

TORONTO

79iYonge St.

The climate of the Peace River | distributed and much development of

The Peace River Country has been a matter of taste, as is also the am-The Peace River Country is rich in termed the "Last Best West," and its ount of cinnamon, allspice and cloves natural resources, the greater portion area, north of settlement about the to be added when cooking is done.

"And weren't you married?" Crd-

"What's your name?" he

Hetty stood silent. So this was Bob's broken love-story. around the edge of the box, next to animals, why should he not take good this a row of parsley, and in the care of his boys and girls? Children old Culver for reasons of economy his fellow-men. So he, too, had loved. The things in Hetty's room were

> he was mumbling, slowly. " I recog- At the earliest opportunity she be-It might have been that the old man dirty white wrapping, scrawled in a

Culver turned on her suspiciously. meet her again some day," she said, find this in payment. insure good germination. When the We have an oil stove, kitchen cabinet soup meat. At half past eleven we The warmth of her touch seemed to There seemed hundreds of them tightplants are well up, pull out the weak- and another small cupboard. Our oil eat our dinner. Then we put some revive old Culver. "What are you ly rolled together. Actually there

> "No: is there nothing more before the uncertain distance was now near Culver shook his head, but after a eager fingers to touch—a little home es, large cups and small spoons, sauce on them: When we have mashed that woman downstairs to buy things. tears of sorrow.

Seeing that she could do little else er two plants will be sufficient to supdinner. After they are through eating met that night, "what did you do with

> "It doesn't seem right," Bob went on, half apologetically, "but I can't Minard's Liniment Relieves Colds, Etc. help hating him for all the harm he has done us. And indirectly he has harmed you, too, Hetty.

"How?" asked the girl, surprised. The essentials for making window- brought the meat divides it among his ing equal to all other meats, including "Although anybody who has hurt you that each child gets its own egg back. serve porkchops which have not been spend all the money I'd scraped to-

> "Still, there's lots worse off than we are," Hetty replied, trying to be cheer-

The next day she took old Culver his known as trichinae, microscopic worms provisions. He was a little better. At which bore in the flesh, and these par- his request she continued to bring him asites are found in one hog out of food for several days. He never every seventy-one on an average. thanked her, and sometimes he hardly

like many other infectious diseases, into Hetty's reasons for remaining the severity of the attack of trichi-nosis depends upon the number of up by insulting her sweetheart, whoparasites swallowed. Large quanti- ever he was, saying he reckoned he ties of slightly infected pork must be was one of those "idle spendthrifts eaten in order to produce bad effects, who didn't know the value of money." but small quantities of pork that is To his own dead romance he did ness or death. Thorough cooking of his silence. But one day he talked again

"When I die I hope it will not get into anybody's hands," he said, in his broken, gasping voice.

Good apple butter can be made "Then leave instructions for it to

-you'd do it up and re-cover it, wouldn't you? I couldn't bear for it to be kept the same as it is now." Hetty fell in with his whim. would recover it if you want me to.' The next day he was so ill that

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