

## PALE AND WEAK WIVES AND MOTHERS

Can Regain Health and Strength Through Dr. Williams' Pink Pills.

Many women who had a good color in their girlhood grow pale and colorless when they become wives and mothers. When the fading color in the cheeks and lips is accompanied by a loss of brightness in the eyes and an increasing heaviness in the step, the cause will be found in the state of the blood.

Many causes contribute to the condition of the blood known as anemia. Overwork in the home, a lack of outdoor exercise, insufficient rest and sleep, improper diet—these are a few of them. The important thing is to restore the blood to normal, to build it up so that the color will return to cheeks and lips, brightness to the eyes and lightness to the step. Dr. Williams' Pink Pills are the great blood builder and nerve strengthener.

The case of Mrs. Wm. McNish, Abbott Street, Brockville, proves the value of Dr. Williams' Pink Pills in cases of this kind. Mrs. McNish says: "I was quite young when I married, and in raising my family I became all run down and a nervous wreck. I became so weak that I could hardly walk across the floor without sitting down to get my breath. I slept poorly and at times my nerves would twitch so that I could not keep still, and I was in constant misery. I tried many medicines but they did not help me; indeed my condition was growing worse, until one day a friend told me that she had been in a somewhat similar condition and had been helped by Dr. Williams' Pink Pills, so I decided to try this medicine. After the use of a couple of boxes I felt they were helping me. My appetite was better and I slept better. By the time I had used half a dozen boxes I felt like a new woman, my health had fully returned and I could do my household work with ease. In view of what Dr. Williams' Pink Pills have done for me I cannot recommend them too highly."

The best time to begin taking Dr. Williams' Pink Pills is the moment you feel the least bit out of sorts. The sooner you do so the sooner you will regain your old time energy. You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

### A Curious Throne.

A massive chair made of copper, which natives believe was given by the late Queen Victoria to an Ashanti chieftain and used by him as his throne, has been discovered in the midst of a jungle far from human habitation in the Gold Coast Colony, West Africa. According to native legend it was placed over the grave of the chieftain who had occupied it when alive.

The natives believe, according to a despatch to The London Graphic, that the chieftain still sits upon his old throne in spirit at certain times, and for this reason they have never tried to move the chair which, they declare, has now rooted itself in the ground. A Gold Coast surveyor first stumbled across this curiosity. A search party returned to the spot and found the jungle so dense that the natives had to hack a path with cutlasses through the undergrowth.

Canada's so-called Barren Lands, reaching to the Arctic, are estimated to have 30 million caribou.

The Ocean Terminal transit sheds under way at Halifax are the largest of their kind in Canada.

The Chinese have a flower which is white at night or in the shade, and red in the sunlight.

### SAY "DIAMOND DYES"

Don't streak or ruin your material in a poor dye. Insist on "Diamond Dyes." Easy directions in package.

### "CORNS"

Lift Right Off Without Pain



Doesn't hurt a bit! Drop a little "Freezone" on an itching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly! Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

## THE ROMANCE OF LLOYD'S COMPANY

A COFFEE-HOUSE KEEPER'S IDEA.

Insure Ships That Sail on Every Sea and Many Other Things as Well.

"At Lloyd's." This is a common phrase, yet many people do not realize its real significance and application. It stands for British honesty and accuracy in the shipping world.

If you tell a Frenchman, a Spaniard, a German, or an Eskimo that a ship is "at Lloyd's," he knows that he can treat it as such, because "Lloyd's Register" is never wrong.

The ships built in all parts of the world are examined and classified by Lloyd's surveyors, and all particulars are entered in the Register. Thus underwriters, when they are called upon to insure a vessel, may obtain precise information as to its state and record. Furthermore, in order to provide underwriters with information concerning the details of ships, Lloyd's publishes a daily shipping newspaper, the "Shipping and Mercantile Gazette." This is printed in the basement of the Royal Exchange, and information is collected and cabled by thousands of agents throughout the world.

The insurance of shipping. The "Gazette," which with the exception of the "London Gazette," is the oldest existing London newspaper, was started towards the end of the seventeenth century by a certain Edward Lloyd, at whose coffee-house in Lombard Street merchants and others used to meet to arrange marine insurances. These covered all sorts of contingencies, but gradually the insurance business of shipping became the chief business of the frequenters of Lloyd's.

Lloyd was an energetic man. In order to develop the operations of his customers, he produced, in 1696, a daily newspaper called "Lloyd's News," which contained information concerning the movements of ships.

For a while the paper was suspended, through Lloyd publishing a reference to the proceedings of Parliament, which he refused to withdraw, it being illegal at that time to make any such reference. It resumed publication in 1726, when Lloyd, or at any rate the then proprietor of Lloyd's coffee-house, started it again under the name of "Lloyd's List." After a time Lloyd's moved to the Royal Exchange, where it still carries on the underwriting part of its business.

Lloyd's underwriters, by the way, not only insure the ships that sail on every sea, but all sorts of other things as well. They will insure you against fire, and even against a change of Government.

Deathless Journeys. The Wandering Jew is not mentioned in the Bible. He is merely the principal character in a story, like Rip Van Winkle.

The story is certainly of very ancient origin. In its most commonly accepted form, it is that Jesus, weary of carrying the cross, sought to rest for a moment on the doorstep of a shoemaker named Ahasuerus, who told him to "get on, and be quick about it."

To which the Saviour replied: "I shall soon be at rest, but you will wander until I come again." Ever since then Ahasuerus has been doomed to wander over the earth; and, strange to say, he seems to have arrived up now and again, at long intervals of time.

## THE ROMANCE OF A GREAT BUSINESS

HUMBLE BEGINNING OF STEAMSHIP COMPANY.

Builder of Lusitania Won Success by His Undaunted Perseverance.

Up to the year 1838 the Royal mails were carried across the Atlantic from England to America in sailing ships, old naval vessels which were so slow, so shockingly unseaworthy, that they became commonly known as "coffin brigs," says a London magazine.

Trade with America was rapidly increasing, and the popular outcry against these wretched old ships became so strong that the British Government was forced to take some steps towards improvement. In October, 1838, tenders were invited to convey the American mails by steam vessels. Circulars were distributed broadcast, and by chance one found its way into the hands of Samuel Cunard, a merchant of Halifax, Nova Scotia.

As early as 1830, Mr. Cunard had begun to agitate for a trans-Atlantic steam service, and in 1833 had actually become director of a company formed for this purpose. This company purchased the Royal William, a steamer built by James Goulet, at Quebec, and meant for the Quebec and Halifax Steam Navigation Company. She was a vessel of 830 tons, with engines of 10 horse-power, and was the first ship to cross the Atlantic from west to east under steam. Leaving Quebec on August 4th, 1833, she arrived quite safely at Gravesend on September 11th.

A Doubtful Honor. The venture, however, was not a success from a commercial point of view, and the Royal William was eventually sold to the Spanish Government, who used her as a warship. As such, she had the doubtful honor of being the first steam vessel to fire a gun in war.

To return to Mr. Cunard, after reading the offer of the British Government, he went all round Halifax endeavoring to raise money to start the new line. But steamers in those days were looked upon very much as dirigibles are now. It was granted that they could steam, but it was considered impossible that they could pay.

No one would put up a penny, so Mr. Cunard left Halifax and sailed for London. For days he visited various firms and financiers, but without the slightest success.

However, Samuel Cunard, in spite of his fifty-one years, was not the sort to be daunted. He found himself in possession of a letter of introduction from the secretary of the East India Company to Mr. Robert Napier, then the foremost steamship builder on the Clyde.

A Government Contract. Mr. Napier received the Canadian visitor cordially, and introduced him to Mr. John Burns, of Glasgow, who was already running coast steamers. Burns was interested at once, and in his turn introduced Cunard to his partner, David MacIver, a Liverpool man. Burns and MacIver listened to Cunard's scheme, and promptly agreed to back him for all they were worth. Within a few weeks \$1,350,000 was raised, and a tender put in for the mail contract.

dred and seven feet in length, thirty-four feet wide, and twenty-two and a half feet deep. The Lusitania and Mauretania were each seven hundred and ninety feet long, eighty-eight feet wide, and sixty feet deep. Their tonnage was thirty-three thousand, and their speed twenty-five knots. The Mauretania, the survivor of the sisters, is to-day the world's fastest merchant ship.

But the Mauretania, vast as she is, is dwarfed by the enormous Aquitania. Nine hundred and one feet in length, with a breadth of ninety-seven feet, you could pack the Britannia inside her and lose her.

Put the Aquitania in Cheapside, London, and she would blot out the street completely. Her vast double bottom is wider than the whole thoroughfare, and her sides would tower above the tallest houses.

Most people know the Thames at Tower Bridge. If the Aquitania were placed across the river alongside the bridge, her stern would be on one bank and her bow on the other.

Just This Minute. "If we're thoughtful just this minute, in what'er we say and do; If we put a purpose in it, That is honest through and through We shall gladden life, and give it Grace to make it all sublime; For, though life is long, we live it Just this minute at a time."

Healthy Children Are Happy Children. The well child is always a happy child—it is a baby's nature to be happy and contented. Mothers, if your little ones are cross and peevish and cry a great deal they are not well—they are in need of medicine—something that will set their bowels and stomach in order, for nine-tenths of all childhood ailments arise from a disordered state of the bowels and stomach. Such a medicine is Baby's Own Tablets. They are a mild but thorough laxative which regulate the bowels, sweeten the stomach, and thus drive out constipation, colic, indigestion; break up colds and simple fevers; and make the baby healthy and happy.

Concerning them, Mrs. Albert Hamel, Pierreville, Que., writes:—"Baby's Own Tablets are the best medicine I know of for little ones. They relieved my little girl from constipation when nothing else would and I can strongly recommend them to other mothers." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

It doesn't speak very well for a man when all the animals on the place get out of his way when they see him coming.

MONEY ORDERS. Buy your out-of-town supplies with Dominion Express Money Orders. Five Dollars costs three cents.

People who buy their food in small packages and expect the grocer to deliver it suffer from the cost of high living.

## NEURITIS

So many have Neuritis, the painful, paralyzing inflammation of the nerves. Do not suffer another day. If you are a victim, try

Templeton's Rheumatic Capsules

Nothing else brings relief so quickly and so surely. Send for free sample to Templeton's, 142 King St. W., Toronto. Reliable druggists sell them at \$1.04 a box.

ASTHMA Templeton's RAZ-MAH Capsules are guaranteed to relieve ASHMA. Don't suffer another day. Write Templeton's, 142 King St. W., Toronto, for free sample. Reliable druggists sell them at \$1.04 a box.

Photographing the Picnicers. No picnic is complete without a group photograph; so a few hints for the amateur photographer may be useful.

- (1) Don't wait till after supper for your picture. Get the class together as early as possible, while the light is good.
- (2) Group them facing the sun, but if possible make your exposure while the sun is thinly veiled in cloud, so that you have a strong diffused light and no hard shadows.
- (3) If in direct sunlight, hats which throw a heavy shadow on the face should be removed.
- (4) Under trees, faces are often mottled by leaf shadows. Look out for this.
- (5) Don't let your own shadow spoil the foreground.
- (6) Advance the ends of a group so that all are equidistant from the camera.
- (7) Water makes a good foreground but a bad background.
- (8) Before pressing the bulb for a snap, say something to make the class smile.
- (9) Don't try a "snap" after four o'clock. Take a "short time."

Feed Cart in Cow Stable Facilitates Dairying. The cow-stable "ten wagon" makes its bow. It comes in answer to the need of the scientific dairyman who feeds each cow differently from the rest, in conformity to its diet requirements. The feed cart, to name it more exactly, is mounted on two small wheels, and is divided by partitions into five or six compartments containing bran, ground corn, etc. A scale and measuring pail are suspended by a frame above the middle compartment.

Minard's Liniment for sale everywhere. The Bible is issued, in whole or in part, in over 100 languages and dialects in Canada.

FACE COVERED WITH PIMPLES Hard and Awfully Sore. Itched. Cuticura Heals.

"I had never had a pimple and then my face became covered. Later on the pimples became hard and awfully sore, and they itched so that I could not rest one moment. I had to scratch so that at last I thought my face was poisoned. It was advised to try Cuticura Soap and Ointment, and after using them three weeks I was healed." (Signed) Miss Edith Grover, West Oldtown, Me., Dec. 16, 1918.

Use Cuticura Soap, Ointment and Talcum for all other purposes. Soap 25c, Ointment 25c and Talcum 25c. Sold throughout the Dominion. Made in Canada. Cuticura Soap always without cost.

Don't worry! Let "Danderine" save your hair and double its beauty.

To stop falling hair at once and rid the scalp of every particle of dandruff, get a small bottle of delightful "Danderine" at any drug or toilet counter for a few cents, pour a little in your hand and rub it into the scalp. After several applications the hair usually stops coming out and you can't find any dandruff. Your hair will grow strong, thick and long and appear soft, glossy and twice as beautiful and abundant. Try it!

## BITS OF HUMOR

FROM HERE & THERE

Creditable Act. Maud—"I'll give Jack credit for getting me a nice engagement ring." Marie—"I understand that's what the Jeweller did, too."

Sold. The Bride—"That's my pastry, Dick, and you said nothing about it. You're always cracking up Elizabeth's." Her Spouse—"I'm sorry, darling, but yours wouldn't crack."

Search for Wealth. Little Willie was discovered by his sister industriously smashing all the eggs in the house. "Why, Willie," she cried, aghast, "what do you mean by breaking all those eggs?" "Well," said Willie, "I heard papa sayin' there was money in eggs these days, and I'm trying to find it."

The Greatest Joy. There's lots of joy in this queer old world, Though it's sometimes hard to find; And the road seems long as you journey on, With your home left far behind.

There's lots of joy in the sunny skies, In the green fields, fresh and fair; In the work well done in the battle won, And the courage to do or dare.

But of all the joys which the world may boast, Alike to the great or small A contented mind and a heart that's kind Is the greatest joy of all.

A good coat of paint on the buildings will make them look so good that you won't want to sell 'em!

Minard's Liniment for sale everywhere.

## Classified Advertisements.

STEVEN'S COMPLETE FERTILIZER. Peterborough, Ontario.

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1,000. Will go for \$1,200 on quick sale. Box 45, Wilson Publishing Co., Ltd., Toronto.

SOFT ELM WANTED. 1 IN. AND 1 1/2 IN. thick, shipped green from any Do not sell until you communicate with us. Keenan Bros. Limited, Owen Sound, Ont.

REGISTERED TRAINING SCHOOL for Nurses: St. Elizabeth Hospital, 104 South Broad Street, Elizabeth, N.J. Complete course. Monthly allowance: first \$60, second \$100, third \$120. Address: Superintendent, Third Floor.

AGENTS WANTED. WANTED—AGENTS WITH FOLD cars, everywhere in Ontario to handle a fast selling guaranteed device that improves the lighting system on the Ford car 500 per cent. agents make \$50 to \$100 a week profit, spare or whole time. Write quick, territory is wide open. The Arlington Co., Lorne Park, Ont.

A useful coat-hanger can be made from a newspaper rolled up and suspended by a cord around its centre. To remove a ring from a finger swollen by its tightness, dip the finger in cold soap-suds.

MOTHER! "California Syrup of Figs" Child's Best Laxative

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California."

SHILOH 30 DROPS COUGHS

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"

15¢ a Plug 2 for 25¢

## EFFICIENT

R. S.—Can you tell me whether the soy bean is an annual or perennial plant? Will it do well in light soil? And can it be planted in the fall?

R. S.—The soy bean is an annual legume. It does well on a medium loam to sandy soil which must be well drained and sweet. It will not germinate itself after dropping seeds, but by second growth of the same roots, or by ordinary garden beans, the soy beans have to be planted every year. Soy beans are very good to cut for hay, especially if the crop is cut before the stalks become woody and hard and while the seed is very soft in the pod. I would not advise fall sowing of soy beans since they would make little growth before frost and would be killed off by autumn and winter frosts.

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Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California."

SHILOH 30 DROPS COUGHS

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"

15¢ a Plug 2 for 25¢

THE freshness, and flavor, of ANCHOR PLUG is not equalled, nor approached by any other chewing tobacco. That is why ANCHOR PLUG is supreme.

It Holds its Flavor