# Our Spring Goods

**are Mostly all in**

and we will have the largest and best assorted stock ever in Holstein. Call and be convinced

**Linoleum Oilcloth** All widths from 1 yd up to 6 yards and at the right price.

**Full Stock of Grebb Shoes**

Men's and Boys'—every pair guaranteed.

**In Dry Goods, Silks, Voiles, Lawn**

**Cloth, Ginghams, Prints, Muslins, Embroidery, Summer Underwear for Ladies and Gents**

See the Goods before buying elsewhere

**Wall Paper** with ceiling, and cut into border to match.

**All Kinds of Garden Seeds**

Rennie's Red Clover No. 1, Victor Mammoth Alsike, Timothy.

*Everything to make up a first-class General Store*

Our Motto: "Reliable goods at moderate prices. A fair deal to everybody."

**R. J. ARNILL Holstein**



# CONSTIPATION

By the term **CONSTIPATION** is meant either **infrequent, difficult or insufficient evacuation of the contents of the Lower Bowel.**

The Symptoms are Headache, Dizziness, Mental Sluggishness, Lack of Concentration, Lassitude or a feeling of General Indisposition, Bad Breath, Coated Tongue, Loss of Appetite, Sallow Skin which may become dry and rough and Pimples may appear. Sometimes there is Heart Palpitation, Hysterical Spells and Nervous Exhaustion.

IT IS IMPORTANT to treat Constipation promptly as this condition generally leads to many serious disorders.

Careful judgment should be used in selecting a proper remedy; ordinary Cathartics and Laxatives have a weakening effect upon the system, others Gripe and Purge and Mineral Oils, if taken several times a day may retard secretion of the gastric juice and also interfere with the absorption of food. **HACKING'S KIDNEY AND LIVER PILLS** form an ideal tonic-laxative for Constipation and its evil results.

We give herewith the medicinal action of the ingredients of **HACKING'S KIDNEY AND LIVER PILLS** in order that you may form your own opinion as to the value of this wonderful medicine.

CASCARA — Laxative. Cathartic, Tonic to the Liver and Intestines, does not cause Griping or unpleasant symptoms, good for Chronic Constipation when used in small and repeated doses for a considerable period of time.

MAY APPLE—Useful in Fevers and Inflammations of almost every type and for all disorders of the Liver and Spleen. For indigestion, Jaundice, Piles, Constipation, Dropsy and Skin Eruptions.

CULVERT'S ROOT—A Laxative and Tonic, useful in Dyspepsia, Jaundice, Piles, Diarhoea, Dysentery, Cholera. Corrects Liver Troubles Gives tone and vigor of action to the entire secretive apparatus of the system. Also for Inflammation of the Bladder.

GAMBOGE—Used in Obstinate Constipation and Dropsies attended with Intestinal Torpidity. This acts best when used in combination with other drugs and herbs.

HYOSCYAMUS—Helpful to the Kidneys, stops pain, soothes the Nerves, lessens irritability of the Nerve Centres. For Functional Palpitation of the Heart, helpful to the Mucus Membrane of the Kidneys and Bowels. Chiefly employed to relieve pain and to quiet Nervous excitement.

CAPSICUM—Stimulant and Stomache, useful in Feeble and Languid Digestion, Dyspepsia, Atonic Gout, Colic and Cholera.

PEPPERMINT—Useful in Flatuent Colic to check Nausea and Colic. For Spasmodic Pains of the Stomach and Bowels, for Neuralgia and Rheumatism, prevents griping and for gas on the stomach.

These are the principal ingredients of Hacking's Kidney and Liver pills, you will find that this combination will produce a healthy condition of the Stomach, Liver, Kidneys and Bowels.

No other drugs or combination of drugs, oils, laxatives, pills or purgatives will have such beneficial effect as **HACKING'S KIDNEY AND LIVER PILLS**, but you must be sure to get **HACKING'S** as no other kind will do. Price 25c a box, 5 for $1.00. Sold by all dealers or by mail. Hacking's Limited, Listowel.



Phone No. 8 **John McGowan**

**500 tons of No. 1 Mixed Chop**

WHEAT AND BARLEY

**Wheat, Barley and Oats Chop**

CRIMPED OATS for Horse Feed at Fair Prices
CHOPPED OATS at.... very reasonable rates

**Sovereign, Eclipse and Pastry Flour**

Every bag guaranteed. If not satisfactory bring it back and get your money.

**Low Grade Flour, Rolled Oats, Breakfast Cereal, Bran, Shorts, Middlings, Corn Chop, Cracked Chicken Corn**

All kinds of grain bought at market price. Special Reduction on Flour and Feed in ton lots.

**THE PEOPLE'S MILLS**


# HOLSTEIN LEADER

## LOCAL AND PERSONAL

Saturday will be pretty cold for fishing unless a sudden change takes place.

Mr D. Ferguson has rented Mr Brown's house, better known as the Dixon property.

Miss Lena Allan's sale on Saturday was well attended and good prices were realized

Mr R. J. Arnill is having the pleasure of a visit from his father this week.

Mrs Walker of Calgary, is visiting her sister, Miss N. Adams, at the home of Mr D. Bruce.

Mr A. Black, Toronto, spent from Friday night till Monday p. m. with his brother-in-law, C. S. Legge.

Mr R. J Arnill has purchased from Mr Pennock of Monnt Forest, the property now occupied by Mr Allingham.

The Orangemen have disposed of their Hall to Mr R. Irwin. They purpose renting a hall for their meetings.

Wonder if the U. F. O. Government are getting any requests for better weather? Perhaps they will do better next year!

The Township fathers unloaded their new road machinery recently and will be in a position to put the roads in good condition.

Anyone needing Sweet Clover will get a bargain if they call within the next ten days. Chas McInnes, R. R. 1, Holstein

The Sacrament of the Lord's Supper will be dispensed in the Methodist Church next Sunday morning. The Quarterly Board will meet the following Monday evening.

On Saturday evening a meeting of the ratepayers of S. S. No 3. (Holstein) will be held to discuss the idea of exchanging a plot in the present playground on which to erect the Soldiers' Memorial, for a considerably larger plot in the rear.

Mr Robt. Gadd has moved from Orchard into the house vacated recently by John Dyer. He has also rented the shop from E. Smith where he is prepared to do all kinds of blacksmith work. The Leader extends a welcome to Mr Gadd and family.

## YEOVIL

As we write the April showers which bring May flowers are gently falling, keeping our unwilling farmers from their outside work—so much waiting to be done and so few to do it that they do not like to lose an hour. Sap buckets have been stored away and housecleaning begun. Soon the gardening and all spring work will be in full swing. No eight hour day on a farm unless you think of eight as a multiple.

Mrs John Reid has been indisposed for the last couple of weeks, but is somewhat better.

Mrs F. Reid spent Easter week at her parental home in Owen Sound.

Trouble did not come singly to Mr A. Drimmie's. After they had all had the 'flu', Mr Drimmie as an after effect took rheumatic fever, and now is suffering with blood poison However we hope he will soon be perfectly restored to health.

We are pleased to report Miss Adams convalescing nicely after the operation for appendicitis.

Miss Irene Keith of Alma, visited at her uncle's, T. Keith, last week.

Clinton Banston came home from Toronto last week ready for the farm work.

The Yeovilites privileged to attend Holstein Anniversary services listened with interest to Mr. Wren's sermons, "The Great Confession" and "The mark of the nail print."

## ORCHARD

Mr and Mrs. Norburn Horsburg, spent Sunday with Mr. and Mrs. P. Cornish.

Born, on April 25th, to Mr. and Mrs W. O. Pinder a son.

Quite a number of the young folks from this locality attended the dance in the hall in Mt Forest last week. All report a good time.

Mr Norman Dickson who had the misfortune to cut his foot with an axe last week is improving nicely.

Mr Percy Cornish has purchased a new Ford car from Mr. G. Smith of Durham.

Mr. G. Eddington who has been on the sick list for some time is not improving as we would like to see.

## ALLAN'S CORNERS

Miss Winnie Blythe spent a few day's visit with Mrs Arch Allan.

The Ladies' Aid of St. Paul's Ch, met this Wednesday at the home of Mrs. Jas. Hargrave. The meetings will be held every second Wednesday in each month.

A pleasant evening was spent Friday at the home of Mr. and Mrs. Jas, Mack when a number of friends and neighbors assembled and spent an enjoyable time.

An interesting entertainment was held in St Paul's Church, Egremont, when Rev Mr Hardy, gave some fine limelight views. Also a select program was given in addition consisting of club swinging and recitation by Miss Blanch Reid, duett by Miss Blyth and Mrs A. Allan, duett by the Lennox twins, recitation by little Amanda Matthews and a couple of quartettes by members of the choir. The singing of the National Anthem dismissed the meeting

Mr and Mrs J. C. Queen accompanied by Mr and Mrs Arch Allan, Sundayed at the home of Mr Jas. Brown, Mt Forest.

Mrs W. J. Allan hss returned from Fergus hospital and recovering very satisfactorily.

Mr Thos. Wilson has purchased a Chevrolet car from Mr McIntyre of Durham.

## NORTH-EAST NORMANBY

Sunday School will re-open on Sunday next, May 2nd, with Mr R. R. Watson as superintendent. Mrs John Marshall will again be Bible Class teacher.

Mrs Smith and Mrs Herb. Moore returned to Toronto Saturday, after visiting their mother, Mrs Aaron Vollett for a couple weeks.

Mrs Leith of Durham, is visiting her daughter, Mrs Sam Koenig.

Mr and Mrs Ed. Hoy, of Holstein, visited last Sunday with Mr and Mrs And. Picken.

Mr Thos. Young sold a fine horse to Mr Walter Ball of Glenelg, delivering it on Tuesday.

Mr And. Picken is building a new kitchen and woodshed. Ritchie Bros have the contract.

Miss Iva Marshall is spending a month at Mr John Brown's, near Holstein.

Mr John Snell preached at Knox Church last Sunday and Rev. Mr Sturgeon of East Normanby, will occupy the pulpit next Sunday, in Rev. B. M. Smith's absence.

## SOUTH BEND

The robin is here with his cheerful note,
Soon delicate green will o'erspread each tree,
Birds flash through the air like meteors bright,
All nature be full of glee.

Mr V. Rawn visited friends in Drayton lately.

Some of our residents are erecting wire fences along our Main St. which will prevent a blockade next winter.

On Monday afternoon, 19th inst., the residence of Mr Charles O Hara was burned to the ground. Part of the contents was saved in a damaged condition. The fire started from the outside and Mrs O'Hara was alone at the trying time. Much sympathy is felt for them.

Messrs Thos. and Roy Hunt, Miss Laura Hunt and Miss Baird of Holstein, visited at John Hunt's lately.

Mr and Miss Hopkins of Dromore visited their sister Mrs McKenzie last week.

We understand that Mr John Hunt of North Dakota has sold his farm here to Mr Valentine Eurig.

Mrs Ainsley of Mount Forest visited her brother Mr G. Legge and her aunt Mrs George Rawn recently

On the 20th inst Mrs Rawn celebrated her nuetieth birthday. A rare old age. Congratulations. May she round out the 100!


REGISTERED SHORT HORNS FOR SALE

Including my Herd Bull known as "Gipsy Lover." --75876-- Also. 3 young Bulls of serviceable age.

WM. FAIRBAIRN
Holstein, Lot 2 Con 11. Egremont



**For Sale**

House and lot adjoining village of Holstein, formerly occupied by the late Mrs D Allan. The house is brick, lot about half an acre in area. Offers will be received by undersigned executors

David Allan, Holstein
W J. Robertson,
246 Poplar Plains Rd
Toronto, Ont.


# CHOOSING LUBRICANTS

## Practical Advice Regarding Use of Machine Oils.

**They Should Possess the Qualities of Adhesion and Cohesion—Mineral, Vegetable and Fish Oils All In Use—Planting Potatoes for Seed.**

(Contributed by Ontario Department of Agriculture, Toronto.)

WHILE possibly every care and attention is given to the mechanism of farm machinery, few, if any, give consideration to the quality of the lubricants used.

The efficiency of any power is seriously affected by poor or improper lubrication of surfaces in frictional contact, indeed, it is estimated at about 50 per cent. of the available amount of energy in useful work.

The object of lubrication is not only to reduce friction, but also to carry away whatever excess of heat may be generated, for a certain amount of work will produce a given quantity of heat, but the carrying away of the heat is only an incidental condition, for heating of the bearing should not arise.

Oils for lubricating purposes should possess two qualities—that of cohesion and adhesion. Their cohesive properties lie in the character of their molecules to cling to each other, and their adhesive quality to stick to anything else. The union of these two properties make up what is known as viscosity, that is the body of the lubricant. This in a greater degree than any other factor determines the lubricating value of the oils. While viscosity of an oil determines its value as a lubricant, fluidity indicates its adaptability to any one particular machine. It is because of the struggle between viscosity and fluidity that the same oil will not do for the heavy engine shaft, and for light weight machinery. Each requires an oil with just sufficient "body" to carry the load without being squeezed out of the bearing. Beyond this condition the more fluid and easier moving the oil the better.

A thick lubricating film of good resisting body is needed for the line shaft of an ocean liner, but a drop of the same oil would put a watch out of commission.

Practically all the lubricants now in use are of the mineral oil foundation treated to free them from acid, and to improve their suitability for special purposes. Sperm oil is specially good for high speed light machinery: for heavy bearings castor oil, but both are expensive. For great pressure at slow speed lard, tallow, and other solid lubricants are suitable. If pressure is great, and speed high, castor, sperm, and heavy mineral oils are used. For low pressure at high speed, olive, sperm, rape and refined petroleum give satisfaction.

Vegetable and fish oils are drying oils, that is, they oxidize rapidly, causing gumming or clogging of the bearings to which they are applied. A mineral oil does not oxidize, neither does an animal oil. But mineral oils have a low flash point: that is, they fire at a low temperature. Animal oils develop fatty acids; these corrode and pit the metal they are used to lubricate.

Adulterants of various kinds are added to oils and greases to give them "body." Gum, soap, lime, resin, tar, soda and free acids all have their own distinct purpose to serve. Simple tests may be applied to lubricants for quality and viscosity. To test for acid saturate a bit of cotton waste with the suspected oil, and lay it open upon the surface of polished steel or brass for twenty-four hours. If steel shows even a slight corrosion or, if the brass turns green, free acid is present. To test for gummy adulterants place a drop of oil upon a piece of glass inclined at such an angle as to permit it to flow gently down. If any gum, resins or other viscosity producing elements are present, they will be apparent by the color of the oil streak, as the adulterants deposit themselves upon the glass in the form of sediment.

A good quality of lubricant will not break down, when rubbed between the finger tips, as quickly, as a poor one.

It would be economy in three ways at least to use two different kinds of oil; economy of power, of machine wear, and of oil, and in addition there would be greater efficiency.—Jno. Evans, O. A. College, Guelph.

### Planting Potatoes for Seed.

This refers entirely to the production of seed potatoes; not those intended for human consumption. The growing of seed potatoes is better divided into two sections, the early and the late. For growing early potatoes of the Irish Cobbler variety the seed should be selected true to type and free as possible from any of the various diseases which affect the potato plant or tuber. These should be from 8 to 12 ounces in weight and cut up into pieces 2 ounces in weight with two eyes to the piece. They are planted about the 10th of June and are given every possible cultivation with the soil in a state of high fertility; better having been clover sod well fertilized with barnyard manure to which has been added a considerable quantity of commercial fertilizer, about 800 lbs. per acre. Thorough spraying to control leaf diseases and the Colorado Beetle should be given throughout the season. For the late seed the Green Mountain or Rural New Yorker is used. The planting is generally done about June 1st to June 5th under similar conditions to the former. In all cases it is necessary to select a soil that does not dry out during the summer time, as potatoes for seed should not be subjected to a check at any time during their growing period.

An abundance of water is absolutely essential for thrift.


# HOUSE CLEANING TIME

**Wall Papers** We have ready for your inspection a most beautiful lot of Papers. They are mostly all ready-trimmed; if not, we willingly trim them. We also have a couple of large sample books, which you can select from and we can get for you very quickly.

**Paints** The famous Sherwin-Williams, and Martin-Senour. Maybe a little higher in price, but the Quality is also very much superior.

**Decotint** A wall finish in powder form. Easy to apply and a good finish.

**Sher-Will-Lac** A varnish and stain combined.

**Old Dutch Enamel** A beautiful white enamel. Very hard finish and glossy.

**O'Cedar** Best polish for renewing woodwork.

**Brooms, Brushes, Polishes, Mops**

We have large stocks of all. Let us supply your needs

**Oilcloths, Linoleums, Squares** Get our prices.

**FLOUR & SUGAR** are liable to an advance. Let us put you in some at once.

**Men!** We have a car of STONE'S FERTILIZER on the way. Let us sell you some.

**TAYLOR & CO'Y**


## NORTH EGREMONT

Many were the complimentary remarks made, of the fine discourse given by Mr John Snell of Durham, on Sunday last at Amos church. Those not present missed a treat. We are always pleased to meet and hear our one time citizen.

In a recent letter from Peter Ramage of North Battleford, he reports having had a pretty good time of it in the lumber woods all winter at Fraser River, 140 miles north of there He also tells of the many losses sustained by farmers in the line of cattle and horses through shortness of feed. Owing to the lack of the latter and seed, many are doing without hired help this summer. Work is hard to be got. He tells of one man who sold 40 head of cattle for $200 to another who in turn killed them for their hides. The flu was also prevalent up there, being down with it himself for a week. Written on April 18 h there were only a few bare spots from the snow.

Have you made out your Income Tax return yet you sweet clover men? Only to-day to do it. Better date it back.

We are pleased to congratulate Mr. and Mrs Farr Lawrence on the birth of a son Monday evening.

Mr John M Lawrence has recently put a new roof on his house and kitchen.

Dromore Branch Women's Institute will meet in Russell Hall, on Wednesday, May 5 h. All ladies are invited to attend.

## VARNEY

Mr and Mrs. Albert Keller visited Sunday with the former's parents.

Mr. Wm. Finnigan has erected a mail box and now receives his mail through the rural delivery.

Mr. R. McArthur has purchased a rubber tire buggy from the agent, John Noble.

G. M. Leeson, M. P. P., spent the week end at his home here.


**Credit Auction Sale**

of 50 Choice Cattle and 1200 bush. Oats

At lot 17, con. 9, Normanby, adjoining the Village of Ayton, on Saturday, May 1st at 1 p. m. Terms: 6 mos. credit, 5 per cent off for cash. See bills.

OTTO DAMM, Prop. R H.Fortune, Auc


## Why He can't Pay his Bills

Here is a story why one Winnipeg man couldn't pay his bills;

A certain buyer receiving a request to send a cheque to cover his bill, sent the following letter:

"For the following reasons I am unable to send you the cheque asked for; I have been held up, held down, sand bagged, walked on, sat on, flattened out and squeezed. First by the Dominion Gov't for federal war tax, excess profits tax, Victory Loan bonds, thrift stamps, capital stock tax, merchant's license and auto tax and by every society and organization that the inventive mind of man can invent to extract that which I may or may not possess.

I have been solicited by the Society of John the Baptist, the G. W. V. A. the Navy League, the Red Cross, the Black Cross, the Patriotic Fund, the Children's home, the Dorcas Society, the Bible Society, the Tract Society, the Y. M. C. A. the Y. W. C. A., the Boy Scout, the Jewish Relief, the Serbian Relief, the Armenian Relief, the Belgian Relief and every hospital in town. Then on the top of it all came the associated charities, the Salvation Army and now the Forward Movement.

The government has so governed my business that I don't know who owns it. I am inspected, suspected, examined and re-examined, informed, required, and recommended so that I don't know who I am, where I am or why I am here. All I know is I am supposed to be an inexhaustable supply of money for every known need. And because I will not sell all I have and go out and beg, borrow or steal money to give away, I have been cussed, discussed, boycotted, talked to, talked about, lied about and held up, hung up, robbed and nearly ruined, and the only reason I am clinging to life is to see what is coming next."


**Central Business College**

**Students May Enter at any Time**

We have experienced instructors, give thorough courses and assist graduates to positions. Get our free catalogue and learn what we can do for you. We give vocational training to returned men.

Mt. Forest—Stratford—Wingham
D. A. McLACHLAN, President



**Everything for THE TOILET**

**DJER KISS** Face Powder, Talcum Powder, Perfume, Toilet Water, Sachet Powder.

Splendid line of other Perfumes, Talcum Powder Toilet Water, Tooth Paste and Powder, Face Creams, etc. A full line of Toilet Soaps.

**The Central Drug Store**

S. McBETH, Prop.


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