This? —That a Cup of

TEA

properly infused, is one of Nature's greatest blessings as a harmless stimulating beverage.

Waylaid in the Great Woods

in the woods with the greatest fury, into the road. a moose will also attack horses or Anyone would certainly have trition for the growing children, and Kennedy Jones. aggression. At this time of year, too, horse!"

I remember a curious instance of uproar passed all description, and in more emphasis. this happening at our old farm in point of fact was heard by the loggers If the child is to have good strong had committed his first inaccuracy .-Maine, or rather in what we called at their camp more than two miles teeth to start with, he must be fed Lord Moulton. to the northward of the farm. At The moose was the assailant; the properly. The teeth are composed of The pessimist always gets snowed that time we young folks were attend- horse was fighting for its life, squealing school at the village, seven miles ing horribly from fear. What seemed plenty of bone-making material. For dread in life never happen.-Lord from the farm, but boarded at home; strange, it appeared unable to break the infant the lime and phosphorus Leverhulme. and Saturdays we had to help with the away. As nearly as we could discern necessary for proper bone-making is . There are no moments deeper in unfarm work and usually had a very in the gathering duck, the two ani- found in the milk he drinks. As he happiness in the life of a judge than

eld squire's lumber camps up in the and went floundering through the dry great woods that a horse in one of brush, and never for an instant did the teams had been disabled by a tree brush, and never for an instant did that a chopper had carelessly let fall Neither of us had now much doubt and carrots, thoroughly cooked and tor, M.P. on it, that another had died suddenly that it was a moose; but we had no strained, help in the supply of minerof colic, and that another span was:

draft horses from Prince Edward help Island. They were large, heavy, clum- All the way as we hurried on we toast, crackers or zweiback to chew. the legs; some of them had hair six and on reaching the camp found most and teach him to masticate inches long down to the very fetlock. of the twenty loggers standing out, and teeth and teach him to masticate As a rule they were docile, of calm listening speculating as to the cause his food well. they also stood winter cold well; but was two moose fighting.

afoot the next day, but we rode the most. We had merely blankets and surcingles drew near with the lantern was the mineral content. If the child is getthe tugs triced up round the collar, what the loggers found when they for saddles; and, truth to say, those horse and a large male moose still ting plenty of milk and eggs, white raw horses proved the worst beasts for thrashing about on the ground, both bread will be sufficient. riding that I ever bestrode. Halse apparently unable to get up. and I swapped mounts twice on the it was not until they had shot and seven. There is that period from ten way, each hoping to gain some advant- killed the moose, however, that the to twelve, and even later, when the age from the exchange. One, how- real reason for so singular and pro- child loses the first "double" teeth ever, was quite as bad as the other, tracted a fight was revealed. To trot them was to suffer miseries The moose had one of his long and gets his permanent ones. He of heavy jolting; even to six them was forelegs thrust through the collar on should be fed generously on bonelike sitting on a broad-backed thinoc- the horse's neck and could not get it making materials, brown bread, beef

the camp was not difficult to fellow, shoulder joint. being what is termed a "winter road," It was what is termed a "whole" in bone-making properties, oatmeal, were constantly tripping over upmoose had thrust one foot through the
standing roots and stumps. Here and
collar, beside the horse's neck. Both there were bruless where the lumber animals had then fallen over side- dive, spinach, greens of all kinds, had been cut off and fires had run, wise and fought it out, biting and celery, etc. where French Canadian families had After cutting the collar the horse proper food to make good teeth, the settled. Otherwise the whole twenty was finally got on his legs again; it next important step is to see that he miles was a wilderness in which nearly was bleeding from numerous cuts and keeps them clean. Teach him at the

spruce woods. I could now scarcely EASIER FOR HER TO but I could hear his harness rattling. Quite without warning a frightfu crash of the undergrowth and a rush! heard Halse shout, but what he give forth when wounded, or when

With that my own horse snorted whirled round, scratched me through dry fir top beside the trail and The brute stepped partly on my foot as I came down and, breaking away, bolted back down the road. regained my legs and started to run myself, but, hearing Halstead ery chew you "Diamend Dye" Color Card Let him go without something else, a out again, turned back. His horse was squealing frightfully, and, blending with its cries, came the hoarse bellow-

ng of its assailant. I could see them but dimly. Both triches were sometimes used by woanimals were among brush beside the men of the nobility for riding. road. At one instant they were down, On one occasion the Emperor Heliothen uprearing, as if in close combat. gabulus had the brains of 600 ostriches I was afraid that Halse was under them, and stole forward, calling out to him, although little could be heard above the constant blood-curdling that has a shelf beneath the top has

Suddealy Halstead plumped against been patented. me on his hands and knees. He, too, had been thrown into the brush, and Minard's Liniment Relieves Kenraigia

Woman's Ophere Has Your Child Good Teeth?

muffin pans. When shall I begin cleaning my baby's teeth?" inquires a young

The day after he cuts the first one, ment. Without sound teeth no one a platter and the candles lighted, the can be at his best physically, for per- effect is altogether pleasing. fect health depends upon perfect di-

gestion, and the first step in digestion day cake will appeal to the child, and is thorough mastication—chewing—of | call forth an enthusiastic appreciation. the food. Wonderful advances have been

made in dentistry in the last century. We are told that the Empress Jose-There is a time in the autumn, gen- his horse had backed over him; but he phine lost all her teeth, which may erally October, when the male moose was not much hurt, except for a perhaps account for Napoleon's cooling may suddenly rush upon anyone out scratched face, and had crawled back affection. But with all our advances in knowledge the examinations of especially if the person is making a He jumped up, crying, "Is that drafted men showed that many hunnoise in the underbrush; but stories of you?" and caught hold of me, he was dreds had overlooked the attention time may, almost without exception, "What, for goodness' sake, is that?" that but a glange at the teeth of a course a moose badly wounded or driv- "I guess it is a moose!" Halse ex- large percentage of the people we en to bay in deep snow often shows claimed, panting. "He's killing that meet, adults and children as well,

busy day of it, instead of a holiday. mals were cheek by jowl, fighting to approaches and enters the second year when he has to sentence a woman.the death. At one moment they this may be supplemented by egg Mr. Justice McCardie. loomed high in the gloom, as if rear- yolk, which is rich in phosphorus. In The mistake women have always spinach, asparagus tips, young beets hearts that it is not true.-Lady As-

gun and dared not venture near. Go- als. Of course, the two-year-old will ing round the combatants, on the other receive well-cooked cereals and fruit In those days we got most of our side of the road, we started to summon juice daily. As the teeth begin to come the child should be given hard

disposition, and pretty good workers; of the uproar. They thought that it Proper food for teeth making should In Ten Years not stop with the second year, howthey had a good many ailments. As soon as Haistead and I told them ever. Growing children are cutting 500 Dollars The old squire had bought twenty that autumn, at prices averaging about a hundred and fifty dollars each, off the steamer at Portland.

What had befallen us, nearly the whole crew set off on the run to save the horse, if possible, the foreman leading the steamer at Portland.

What had befallen us, nearly the whole teeth at pretty much every stage of the their development. At five or six the baby teeth drop out and the permanthe the way with a lantern. They had a contract appears. During all these That Saturday morning the old gen- gun at the camp and took it; several of ent set appears. During all these tleman started my cousin, Halstead, the men also caught up their axes. | months the diet should be carefully and myself off very early with two of Halstead and I followed them back, watched. Milk should still form a these new horses, to go up to camp. although we were too much out of large part of the diet, a quart a day is We would have to come back home breath to keep pace with the fore- none too much, and eggs are valuable, too. If milk and eggs are not playing horses up and took along a collar and At intervals as we went on, a long- a large part in the daily dietary, feed hames for each, on their necks, with drawn squeal could be heard; and brown bread instead of white for its

Cutting teeth does not stop at six or out. The woodsmen saw afterwards or mutton once a day, still plenty of The route up through the woods to that the leg was dislocated at the milk and eggs, potatoes, fruits, including oranges and prunes which are rich tushed out for sleds on snow, but collar; and in rearing to strike the beans, dried peas, turnips, parsnips, rough for carts. Our clumsy mags horse with his hoofs the pugnacious carrots, peanuts, walnuts and the

Having fed the growing child the abrasions and had evidently received earliest possible age to clean them a terrific mauling, but it recovered thoroughly at least night and morning the late October afternoon wanted sufficiently to go to work in the course thoroughly at least night and morning with a brush and water. A good tooth The other horse, the one I had paste helps, but clear water is better ridden, was found the next day at than nothing. Do not buy every dentithe clearing of one of the French frice you see advertised, as many settlers, four miles down the "winter which are the most highly advertised are injurious to the teeth. Ask your

Judging from the size and spread of dentist what to use. ts antlers, the moose that had way-Teach the child to brush the teeth loggers believed that it was the clatter downward with straight, firm strokes. of the hames that had led This is the best way to remove the particles of food from between the him to push forth and attack us. teeth. Brush inside and out and don't The End. be afraid to brush the tongue. Finish --with gargling the throat well and rinsing the mouth thoroughly.

DYE THAN TO BUY

Shabby Apparel Into New.

Ostriches in Rome.

served up in a single dish at a feast.

For picnic purposes a folding table

In ancient Rome domesticated os-

After each meal clean the particles of food out from between the teeth. bellow, which was half a squeal and "Diamond Dyes" Turn Faded, For this use a bit of dental floss, or if you absolutely cannot get this, use a good quill or wooden toothpick. Never use a pin or any hard substance Don't worry about perfect results. Use "Diamond Dyes," guaranteed to which will injure the enamel. And rowned in a shrill cry of give a new, rich, fadeless color to any above all do not let the child bite is horse—the note horses fabric, whether it be wool, silk, linen, threads, or try to crack nuts with the cotton or mixed goods - dresses, teeth. Teeth are intended for but one blouses, stockings, skirts, children's purpose, masticating food.

Take the child to a reliable dentist coats, feathers, draperies, coverings, every year and have the teeth thor-The Direction Book with each pack- oughly examined. This will cost you ege tells how to diamond dye over any a dollar a visit, probably, but it will save you hundreds of dollars in later To match any material, have dealer life. Don't say you can't afford it toy, or the cheap candy you buy when you go to town. You spend many times the two dollars two trips to the dentist would cost, for things he is better off without. Cut out those things and look after his teeth.

Individual Birthday Cakes.

If there is no time to bake an elaborate cake, and you are unwilling to let your child's birthday anniversary pass without observing the time- honored candle custom, try the plan of



Give them an easily made icing confectioner's sugar, moistened with cream and flavored with vanilla. With is none too early. For in that way you red candy pellets make a border on establish a habit which is absolutely the icing. Place a candle on each essential to his best physical develop- cooky. When the cakes are placed on

The novelty of the individual birth-

Minard's Liniment for sale everywhere Random Remarks.

It isn't hard to tell the truth. The difficulty is to get the truth believed. I don't like to talk to more than two

men at a time-or one girl.-General It is wise to take the heaviest burden and expect the lightest reward .-

Mr. H. W. Massingham. The world would be an even less peaceable place than it is if everybody

thought so from the outeries. The daily use of the tooth brush, needs If a man were to say that he was always accurate, he would show that he

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Rats as Food.

Doctor Kane, the Arctic explorer, said that one of the worst curses in the Far North were the rats that inested his ship. Nevertheless, when a want of other food, he was glad to eat them-sometimes chopped up and frozen into tallow balls.

He wrote: "During the long winter night Hans beguiled his hours of watch by shooting rats with bow and arrow. The repugnance of my companions to share with me this table luxury gave me frequent advantage of fresh meat soup, which contributed no doubt to my comparative immunity to

> Forestall Colds, Chills and Influenza

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Gouraud's

Oriental Cream

ERD.T. HOPKINS & SON. Montrea

One day a teacher on her way to school saw a young woman who lived next door to her standing absorbed before a shop window in which colored parasols were displayed. The teacher spoke to her twice before she got any enswer, and even then the reply was the quite irrelevant remark, "I believe that lavendar parasol is just the shade of mother's new foulard!"

"Your mother's new foulard?" the teacher repeated. "Why, you haven't seen it!" Mother and daughter had not met for years.

"No," replied the other, "I haven't seen it, but I have a sample of it that mother sent me. I'm sure it is just that shade. If it is, I shall get the parasol for her."

"But," the teacher suggested, "perhaps your mother already has a parasol like her dress."

"No, she carries her old black-andwhite-striped parasol when she wears her lavendar foulard, but the white stripes have turned a bit yellow. This to communicate to other people a lavendar one will be just the thing, if with her gray muslin, too; she wears that to church on warm Sundays. "How do you know all these little

things?" the teacher asked. "Why from letters. I write two a week to mother, and she writes two a week to me. It is the way we keep together. You see, when I married a Novo Scotian I knew that I should probably live in Nova Scotia the rest of my life. Father and mother have always lived in Ontarto, and very likely always will. None of us can afford to travel back and forth very often so the only way we can keep together is by writing letters frequently and regularly."

the right shade, and the young woman bought it. A few months rater it happened that her mother was able to pay her an unexpected visit. On the very day that she arrived the daughter's one servant left without notice. In her difficulty the young woman thought of her neighbor and friend. the teacher. "Could you possibly go to the train to meet my mother?" she seked

The parasol did turn out to be of

anxiously. "Her train is due at four forty-five. I must stay and take care of the children, and Henry can't leave his office. Could you go?" "Of course; your mother has never

seen me, but I think I shall know ber from her photograph." "Mother will know you, too, from

your photograph. I sent her the one you gave me, to look at." The train was on time, and the teacher easily recognized her friend's mother. On the way up from the sta-

tion the older woman said: "I thought that servant would be leaving. I'm not surprised. I could judge from little things in Mary's letters that she was face to face with the

servant problem." As they neared the house the old lady quickened her steps. "That is it!" she said. "The pictures of it were very good. And there are the roses that Mary has grown from the slips father sent her from our garden! That west window is in the room that I am to have. She sent me a plan of the house when she moved into it."

Frequent letters! Regular letters! Letters full of the small, sweet, homely, intimate details that make up so much of life! A family cannot always live in one house, or even in the same town or province, but it can always keep together. Love will keep it to gether, but love must be watchful and active. The dear intimacy between mother and daughter, especially is made up of little things. When the daughter marries or leaves home to earn her living, she need not sacrifice that intimacy; she can maintain it by her letters.

Iceland's Hot Water. The hot-water fountains of lociand

are on mounts averaging seven feet high, the top of which forms the edge of a sort of basin. From this basin steam can be seen

rising, and hot water runs over the edge. The water, although bolling. is as clear as crystal, and one can see to a great depth into an abyss. White incrustations under the water provide a pretty picture. Occasionally, the boiling water will shoot up into the air fifteen feet high, and this is followed by a succession of jets. Sometimes the basin will become

empty, and on rare occasions a "steam shoot," producing a white column of spray and vapor at least sixty feet high, provides a magnificent sight The boiling-water-streams from the

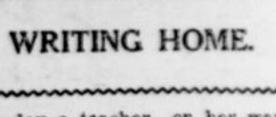
Geysers cause some delicate and pret ty petrifications, and such things as birch and willow-leaves, converted in to white stone with every detail grass and rushes, marble-like, are be seen where the hot water flows The Geyser gives no warning before

t spouts, and when it does, it is said to make a noise resembling artiller) in action! The highest shoot known was ninety feet; visitors to the boy ing springs of Iceland have been known to scald their fingers and hands s verely in the endeavor to obtain perfect specimens of white incrusts tions formed by the boiling water.

What a saving in coal on washing days for the Iceland housewife! she has to do is to take her washing to the Geyser, put them in gently, and trust to luck that they will not be shot out into the air the next minute.

gather one pound of horey.

Bees suck three million flowers to



authority on all subjects per Address all questions to care of The Wilson Publishin to, and answers will appear n which they are received. tion this paper. As space is

Immediate reply is necessar

the answer will be mailed d

than one variety, which is t ed for sandy soil?

to sow soybeans and cowpe ally the latter, with corn. sections the corn is not crop has made satisfactor and the crops are "hogged admit of this sort of practic other hand, I believe it would profitable to grow soybeans separate and possibly mix t the material is being cut for Under such conditions they cut green for hay when the well formed, and before the gins to show signs of ripeni & Morrison, in their book and Feeding," recommend n ton of soybeans with 3 to corn. If grown separately 2 ors quoted give results when with ground soy bean 3.7 corn-and-cob meal 3 7 lbs. ibs of milk per day, carryin of fat. This contrasted wi hay 12.3 lbs, and ellage 24.6 with corn and cob meal 3.7 1 gave 15.1 lbs. milk, carrying Soybeans planted alone of

variety of soybeans which was O.A.C. No. Al, a local Early Yellow is also good. Reader: - I wish your or

planting soybeans with corn! since soybeans are high # Which brand or kind would suitable for this section, as is of a genuine black loam; a good state of fertility. H they be planted to the best at What amount of corn at should be used? What is? method of inoculating coyae

SUN LIFE SHOWS I GAINS IN ALL

portance attached by the cor afety and protection. The paid out to policy-holders a beneficiarles \$12,364,000, brig Another record was made in I ncome with a total of \$20,78 an increase of \$4,053,101 over

the directors feel that the bu pand during the present year Forestry does not into

wandering farmer. But t who has the vision of ma farm a home for his children children's children will pla and will look on the wood permanent asset.

You cannot deceive others

are deceiving yourself.

