once, and you'll never forsake its use.

BY ELSIE SINGMASTER

"I am." Thomas assured her.

against the cushions.

have stood there always.

With eyes that refused to believe.

Thomas was looking neither at her

nor at the great beech. His eves were

"He had to build a great wagon!"

"What is bothering you?" asked his

"I started a few years ago on

brother to forgive me."

Meanwhile for thirty years the upon planted them himself and ate of He questioned her closely and dis- we neglect the boy and permit him to beech continued its divided growth. the apples. Near it James set out other trees, Thomas would plant other trees, breakfast; that the older members of that he is often subjected to vicious transplanting them from the woods and would yet sit in their shade and the family had tea or coffee, and the suggestion? It is a wonder that, take in winter, according to the new enjoy their fruit. He should be at children a cup of cocoa or a glass of boys as they go, they are not worse frozen earth protecting their roots. work on the farm, even if he could milk as a rule.

Thomas set out a copper beech-still alive. begi with, a strong tree; perhans it down his cheecks. and saw what a copper beach should ing hand or apron.

acquire a fortune; but he had Martha stead of having them come bang up always have water on the table too, The Direction Book with each packand a sufficient competence. He against a wall. grew stout as he grew older, and his As he drew nearer to his home, wish blue eyes seemed to sparkle more Thomas became more and more quiet. "You say that you give them coarse To match any material, have dealer brightly. His brother's selfishness "It will look different!" Martha re- breads. Remember that all of the cer- show you "Diamond Dye" Color Card. did not embitter him toward anyone minded him uneasily. "When I was except his brother. To James he was here in September I thought my heart eals require long, slow cooking—four ed from his mind all recollection of prepared. the past; for him James had ceased," ence him; Martha said to him, when ly. He could have no idea of the deso- ing coarse breads, either soak or cook she could, a mollifying word. But lation of his house, and for him the the cereals or else steam or bake the

erect, could no more be offered as a her eyes from her husband Martha use frequently are bran muffins, strength, it was hollow at the core, color that had that morning mantled salads, cream, pecan nuts, peanut butand the first mighty breath of the his cheeks fade away. She felt the ter, and vegetables properly prepared. The carriage dip and knew that the cruel wards against a screen of various ter, and vegetables properly prepared. Colors arranged in small patches. The farm, had seen it form and advance with his other hand. Martha followed sent for Martha. In James' comfortable wagon Thomas was con-veyed to the railway station; James's chard. But that was not all. In the tion?" Mrs. Brown asked. put the yard in order

more. I wish things were different, its boughs over the little house like prescription:

The two stood together at the door of the hospital waiting room a week Martha turned to look at her husband. after the accident. All was quiet and at the thought of suffering and helplessness. Strange odors floated upon the air, and once James heard a moan.

"He is still unconscious, but they have more hope.

"If there is anything I can do, you will send me word?"

"Yes," promised Martha. She pitied James, though he was a selfish man. She had been long enough per beech had changed its place. Thomas's wife to realize with what tremendous strength the Griswold heart fastened itself about an object

James Griswold returned to Amble side, a hundred miles away. In the evening he walked down to his would have the fence repaired and that. She had probably not observed time James stord and looked at his brother's little house. The shutters working. were closed, the grass had overgrown Martha," said he. "I will desolate. James's lips quivered. He said to himself that he had done all he could to heal the breach. Then, as he turned to climb the hill, he cried aloud:

"There is one thing more! It will ard, "I may as well give up." be almost a miracle, but I will do it!" It was in August that the oak had seemed to leap upon Thomas Grisfectly certain that he knew her. It was that he would see, and March when crossed them with a cornstalk and he was allowed to test the strength grew ears on it; then I crossed that of his knitted ligaments and mended with a celery and grew a neck on

On the day that Thomas was to eave the hospital he woke long before daylight, and his excitement can figure out what to do for a nose would not let him close his eyes again, and mouth!" Home was home, even without trees, and he longed to be there. He re- One ton of metal will furnish 10. membered the tradition about the old 000 gross of pen-nibs. not plant trees because they would Minard's Lintment Remotes Neuralgia. before boys and men; while girls are man whose son and grandson would

Fighting Constipation. I really don't know what is the actions are permitted.

family seems to be headachy and ing to improve the environment of known a general description of the grouchy and out of kilter! What's girls so as to keep their thoughts, duties of the accused is given.

"I can't solve the problem," she and then lament over the fact that for both of them. said, "but everyone of us seems to be they are not naturally refined and frightfully troubled with constipation, scrupulous about their speech and and that, too, in spite of coarse breads manners. Many parents expend more and molasses cookies and vegetables, time and money in getting nice clothes Diet should regulate the condition but for a daughter than for a son and with us it doesn't seem to. I think then they wonder why he is not so I'll talk with the doctor this very particular about his appearance.

And that's how it came that Mrs. ence to a boy's esthetic nature is, of Brown was seated in Dr. Tripp's of- course, that the boy, as a rule, is fice on a sunny afternoon, explaining coarser in his thought, speech, and that she had come on the part of the action than the girl. But is the difnot live to enjoy them, and who there- whole family, ference due to sex or to the fact that

covered that they rarely ate fruit for look out for himself, with the result

grew and flourished, as every- take no other part in it. Until he "It looks to me, Mrs. Brown," the thing that James laid his hands upon was at home, he told Martha, when doctor said, "as if the trouble really DYED HER BLOUSE, they were at last seated in the train, is with your diet, and I am going to Beside his house in the valley, he should not be sure that he was recommend that each one of you drink a glass of water the first thing on "Diamond Dyes" Turned to him the most beautiful tree in the At the Ambleside station Peter, the arising in the morning. If you older world. He tended it as if it were a hired man, waited with the old cardelicate child beging round it watering it, nourishing it. But it did not saw their master, and tears came into slowly, better yet. Then begin your grow rapidly. Perhaps it was not, to Thomas Griswold's eyes and rolled breakfast with either fresh fruit in season or stewed fruit. Here are some Don't worry about perfect results was too near the towering oak. Seen But he soon became cheerful. The which are especially laxative-rhu- Use "Diamond Dyes," guaranteed to by itself, the little beech was beauti- three drove along the road together barb, figs, dates, prunes, oranges, give a new, rich, fadeless color to any ful in color and shape. But when in the pleasant April sunshine, and plums, grapes, peaches and apples. fabric, whether it be wool, silk, linen, you lifted your eyes to the hillside at each farmhouse there was a wav- Soak the dried fruits in water and cotton or mixed goods - dresses, be, you could look at it no more with "You have to use your eyes differ- cook in your fireless cooker over blouses, stockings, skirts, children's ently in the country," Thomas said night. Give the children a glass of coats, feathers, draperies, coverings. Thomas had no children; he did not happily. "It's good to stretch them in- milk except with their noon meal, but -everything! that they may drink this when they age tells how to diamond dye over any

implacable. He said that he had wip- would break, Thomas. You must be hours at least for oatmeal. Hasty cooking of say a half an hour, makes a pasty mass which encourages con-Still Martha looked at him anxious- stipation. In the same way, in maknot to be mollified. He shock of that first vision might be bread very slowly, using molasses or was as firmly set in his intentions, he serious. The road mounted a gentle brown sugar as sweetening. Half-rise, then dipped suddenly, and it was cooked coreal broad is difficult to dihere that you caught a first view of cooked cereal bread is difficult to di-But the great oak stood no more the great oak tree. Without taking gest. Among the laxative foods to ple, and it is possible to obtain re-

synonym for Thomas's unyielding felt the carriage ascend. Then she whole wheat crackers, gingerbread, spirit. In spite of its appearance of saw Thomas grow pale, the bright honey, onions, spinach, oil-dressed opaque reflector is fitted in such a "It will do no harm for each to eat colors arranged in small patches. The bareness of his house was now before itermost himbs, his eyes. She saw him lean back a couple of nice figs just before retiring, taking these with a glass of sents colored material in its daylight hurt. The storm was a strange one; "You mustn't give way!" cried water. Then impress upon each the hue.

necessity of having a-fixed time every Thomas made no verbal answer. He day to attend to the body hygiene, so Chilled fish from Newfoundland is a few miles and to end in nothing. laid his hand on Martha's wrist and, that regular habits may be estab- prepared in a cold storage plant, which leaning forward, pointed unsteadily lished. If necessary, to get the sys- can deal with 200,000 lbs. of fish a and vanish. He had hastened across his gaze. She felt a thrill run tem into good shape, take a table- day. the fields as fast as his weak knees through her body, felt her heart spoonful of plain mineral oil every quicken. She gave a sharp cry. Be- night for a while. None of this is di- Minard's Liniment for sale everywhere had superintended the lifting of the fore her lay the familiar fields slop- gested. It simply acts as a body lubrimighty trunk and the removal conis ing down into the quiet valley, which cant, and after a few days oils up the was their own. Before her was the machinery so that the system funclittle gray house in which she had liv- tions properly."

yard stood a great tree with a smooth tion?" Mrs. Brown asked. trunk, dividing, a dozen feet from the "Yes. I'll tell it to you. You can ground, into two branches, with bud- easily remember it and it won't cost ding tufts of gold, expanding happily anything either. On the other hand, in the warm sunshie It stretched it will have you money. Here's the great protecting arms; it seemed to

"RX good common sense, oz. 16. "Take a tablespoonful three times a day with plenty of water."

Your Child's Eyes.

lifted to the hilliside. There among Parents believe, and rightly, that the budding trees stood the old stone home lessons are ruining their chilhouse where he had been born and in- dren's eyes. Yet, there is no real side of which he had not been for reason why a boy or girl should sufabout it had never been so green or fer any eye-strain if certain precaufair, but a little below it on the hill- tions are taken by parents and if atside there was to the eye of Thomas tention is paid to the child's complaint a great space of open sky. James of headache. had wrought his miracle, and the cop- 1. Never let your child sit in his

own light when he is reading or writing. Do not let a girl do any sewing or knitting for long at a time. 2. It is a great mistake to allow the eight Percherons could hardly haul it. children to sit in twilight. They want

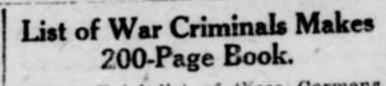
And there it stands, budding, Look to see things, and in endeavoring to distinguish them they strain their In her confusion Martha began to eyes.

Peter, grinning with pleasure, 3. Don't let children read by firestopped at the gate, and Martha light. Each flicker means a fresh fostepped down so that she might help

her husband to alight. But Thomas 4. Have a lamp suspended from the sat still in the carriage, with his face ceiling. This is an obvious advantage where children are allowed to romp. 5. Lastly, you, seeing your child at night, may be able to observe signs of eye-weakness not noticed by the teacher. Inform the principal of the school at once. It will make a great differ-

> Are Girls Naturally More Refined Than Boys?

From early childhood boys are subjected to rough associations from which girls are protected. Boys are permitted to hear obscene language, which girls, speaking generally, never hear. Vulgar people try to restrain their coarseness when a girl is present, but they never think of doing so before a boy. Even in public performances, as in the theatre, obscenity is often indulged in if only men are present, whereas little if anything of the kind would occur before girls or women. Lewd actions are exhibited



The official list of those Germans lies was recently issued by the i the original covering note and the new note referring to Baron von Lersner's refusal to accept the list But if invested in our 51/2% was not made public.

A paper bound book of more than 200 pages contains the names of the 890 persons or groups, with their rank matter," Father Brown said with a Thoughtless, though doubtless well- and the accusations against them. In shrug of his shoulders, "but this whole meaning people are constantly seek- many cases where names

feelings and conduct wholesome. Four pages are devoted to Field Mar-Mother Brown shook her head des- sweet and refined, but they let boys shal von Hindenburg and Gen. Luden grow up under debasing conditions dorff, the same accusations serving

Carries Speedy Train.

A Swedish railroad has built a inforced concrete bridge with arched span nearly 300 feet long. signed to carry trains at a speed 60 miles an hour. The result of this general indiffer-



Many a Canadian Beauty owes her exquisite complexion to the use of

SKIRT AND A COAT

Into New.

Making Daylight.

duce artificial daylight was recently

exhibited at a meeting of the Illumi-

nating Engineering Society in London,

The apparatus which is said to prc-

The apparatus is surprisingly sim-

sults with an electric lamp of 300

candle power. Below the bulb an

light which falls from the screen pre-

An apparatus which is said to pro-

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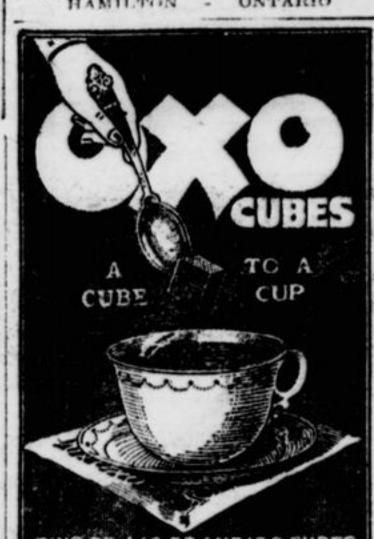
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perhaps, more than a fraction of these experiences; but our sleepless subconsciousness does. They are all there in cold storage. scious memory has forgotten, but our subconscious uses sometimes to our advantage and occasionally to our undoing, account for much in our duct-our desires, our fears, our successes, our failures, and our ailments -which would otherwise be inexplic-

suffering from this partly nervous and

TWO PARTS OF

THE CONSCIOUS AND

THE SUBCONSCIOUS.

and Latter Puts Them Into

Cold Storage.

To the majority of people the mind

is simply that part of themselves that

thinks about and remembers things.

But as a matter of fact the greater

part of the mind's work consists in

enabling us to forget, for the time be-

Fortunately for our peace of mind

we can remember only one thing at

one and the same moment. At that

moment, all that we have learned, ex-

perienced, and done in our past life

is apparently obliterated. Where has

It is simply stored for use, immedi-

ate or future, in a separate part of our

mind-in what is called the unconsci-

ous or subconscious mind. The con-

scious part of the mind is that portion

which receives impressions from the

outside world, feels, acts, and recol-

lects from moment to moment, and

then forgets by passing all these ex-

An illustration of the relative pre

which is visible, seven-eighths being

It is said that this relatively vast

subconsciousness of ours remembers

everything that has happened to us

since the day we were born, and af

fects our lives accordingly. We do

not at any time consciously remember.

These experiences which our con-

Are You a Day-Dreamer?

Take, for example, one of those

curious cases of shell-shock, A soldier

it gone?

submerged.

ing, all that we have ever known.

HUMAN MIND

partly mental disorder cannot sleep and develops suicidal tendencies. On being questioned it turns out that he always sees eyes watching him in the dark. By a process of mind analysis, this peculiar phobia, or fear, is traced back to the circumstances connected with the death of one of his friends. Both he and his friend were blown up by a shell. When the sick man came to himself he stumbled over his friend lying face downwards. He turned him over. The man was dead, but his

eyes were wide open. This gave the sick man a terrible shock, but while his conscious mind had forgotten the incident, his subconscious had not, and kept the terrifying apparition of the staring eyes ever before him. When this was explained to the soldier, he was able to reason out the cause of his fear in a sensible way, and was speedily cured

of his dread. The subconscious mind, however often does us a good turn. The brilliant ideas that strike us, the sudden jog to the memory, the overnight solution of a problem or difficulty that perplexed us the previous day-all these are the work of the subconscious mind. It might be likened to a secret, silent-working dynamo, operating assiduously day and night, and storing up electricity which, unknown, it applies to all sorts of purposes.

"Such stuff as dreams are made of" is also provided by the unconscious mind, which rises and takes full control when the conscious self sinks into slumber. Day-dreaming, reverie, and uncontrollable mind-wandering are phases of subconscious activity which, if allowed to develop unduly, are likely to result in mental break-

Build Houses For Birds.

Birds are desirable to have about the premises, not only on account of their beauty and song, but because of their economic worth. The little feathered songsters are especially useful as insect destroyers during the breeding period, when they have to work early and late to obtain sufficient food for their nestlings. One way to increase the number making your property their summer home is to put out feathers, bits of wool and twine during the nest building season for the birds to use in building their habitations. Another way is to build safe retreats for them in which they can rear their young comfortably. Most of the houses will be occupied year after year. In fact, no attraction for summer birds is more effectual than plenty of houses suited to the needs and habits of the various kinds of house birds. During idle hours in the winter months the construction of a few of these bird dwellings is fascingting and useful work.

> Paradox. The smallest man I ever knew Stood something over Six feet two.

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carry her off. She slept a often she would lie awake

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36 inches wade, or 1 4 y

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and pl