need all the

are polling

#### SEEING LIFE WHOLE

Near the seat of one of the early Galatian churches of Asia Minor the archæologists have found and deciphered this Christian epitaph:

"Here lies the slave of God, Theodore, presbyter of the saints and silver-worker, the friend of all. He was

perfected on November 15." The inscription gives us few details, but it reflects a wonderfully wellrounded and complete life. In one phase, life is a struggle for daily bread. and Theodore, like other men of that ancient city, had his craft. But to him, life was a service, too, and God was a Master to whom he owed implicit obedience. He counted it a distinction to be called "the slave of God," and this was not merely a theory. He associated with men who obeyed God, and his implicit faith and godly life seem to have made him a leader. Also, he was known beyond his little church circle. He did not confine his good works and his kindly ministrations to those who thought and lived as he did. Like his Master, he served all who needed his service Probably he was better known in his native city as the "friend of all" than as a "presbyter of the saints."

Evidently, too, he saw beyond what many regard as the pathetic end of every life. He died as the "slave of beyond and a sweeter rest to give, his Christian friends wrote over his grave, "He was perfected on November 15." ferred into a wider sphere above.

there is in it. Is it nothing more than Toronto, Dept. W. a limited opportunity for personal profit and enjoyment? Or is God a Every school where the children are pings and provides a means of feed real factor to be reckoned with in obliged to eat lunch should be equip- ing the grain in such a way that the every life, and does that entail obliga- ped for prepating and serving one hens are obliged to exercise by also to get a rusty implement into tion? Is there a divine purpose un- warm dish with the children's meal. | scratching for it. derneath your life and mine that gives it the character of a trust held for God, and a mission in behalf of other men? And how far does this mission extend?

cance. It means just so much, neither to the Englishman, in touring Canada, that Canada has available for this new to keep down production costs. The more nor less. What we persuade to take his favorite chair at the table industry more than 1,000,000 square farmer should do the same. When O England, where the great waves beat bile from the liver and carry out all ourselves to think about life changes in his favorite hotel or restaurant, miles in the North, and that all of this he pays the price that he has to pay Upon thy time-worn shore, nothing. The only wisdom is to try scan the card and find that roast beef, is suitable for the propagation of the to-day for machinery he should take Up, blaze the trail, and lead thy sons, sons in the bowels. to see life whole, and to live according just plain roast beef, is missing. But reindeer and the musk ox, and that good care of it. Cost of production to that enlarged view.

### Queer Money.

The great war brought into circulation some very odd kinds of money. There was lack of copper and nickel throughout Europe, owing to the de- throughout the world became serious creased the areas suited for grazing mand for those metals for munitions, etc.; and, to aggravate the situation live, were urged to speed up production miles in the north of Canada there has Mrs. A. Bernard, La Presentation, money back.

den, Norway and Denmark.

pieces of aluminum, and in Algeria also aluminum coins of five centimes and ten centimes made their appearance in circulation.

Germany issued muslin notes, and the local governments in that country and in Austria printed paper

and was of different colors and shapes the spring. -square, round, octagonal, oval and But the subject has been carefully miles away. What their track is over diamond shaped. This "card money" and patiently studied by so many ob- that vast space no one yet knows. was guaranteed by the local munici- servers and naturalists that it is no A few individuals are occasionally pality, and was good only for use in longer impossible to answer these seen along the New England coast in transactions with merchants of the questions. The cliff swallows and the fall, but the flocks of thousands town where it was issued.

bought up in China nearly all of the plover, which nests on the Arctic Sea, have never been met by any trained visible supply of "cash"-the copper winters 8,000 miles away in the Ar- observer competent to learn their prepieces with square holes for stringing gentine; the scarlet tanager is to be ferred path and their time schedule. them together. At the enhanced found in December and January in They must travel at least 150 miles price of copper they were worth con- Ecuador and Peru, and the bobolink day-apart from their flights in search siderably more as bullion than as in southern Brazil.

### Father Love.

Not unto him does heaven grant to

By day and night above the creamy

And dimplad smile of baby. "Tis the meek, Sweet privilege of mother to attend

The cradle shrine. There patience without end Wins her a beauty words can never

Her troubled joy has nothing more to seek Where life and love in one devotion

blend. For him the heavy world, all day for

The tyrant task, the tension of the

But toil were vain as any froth or Were not that hour to come when twi-

Brings weariness, and father turns to

Rest with the blessed angels of his Very few, if any other, plants give such a yield of flowers for so many

little trouble. Did you ever rub brown sugar over the slice of ham before broiling ft? Bry it. You will fles it gives a de-

years as peony and iris and with so

### A CHARMING COSTUME



Size 36 requires, with bell sleeves, speedily you will be restored to good where last used. It may have been 1% yds. 36 ins. wide, or 1% yds. 54 health.

No. 9044-Two-Piece Skirt with from your local McCall dealer, or edible by pickling it. To see life whole means to see all from the McCall Co., 70 Bond street, Spread leaves three or four inches planets have gone up and it is near

## PAINFUL NEURALGIA Numbly he stumbled to the untaken

Is Caused by Thin, Watery Blood and Cured by Enriching the Blood.

slipped on over the head, and gathered or any form of nerve trouble, give harvesting machinery on many farms

yd. 36 ins. wide; body and sleeves in from any medicine dealer, or by mail inside it. In the Prairie Provinces tle. Give it without fear. one, 21/2 yds. 36 ins. wide, or 11/4 yds. at 50 cents a box or six boxes for \$2.50 there seems to be a sort of reckless ins. wide; gathered vest, 1/2 yd. 36 from The Dr. Williams' Medicine Co., abandon regarding the use of machin-Brockville, Ont.

These patterns may be obtained ed in making the Pacific coast kelp easily repaired and made to serve for Who wrote on many a glowing page

This material helps absorb the drop-

## New Game Foods From the North

deer, broiled Arctic musk ox or a cut |-already thrives there.

Germany issued hundreds of mil- the Northwest game act placing the plies. The Germans issued one-pfennig The results are beginning to be real- creasing the supply of wool.

of caribou. And the Englishman, lov- This territory is unsuited for the ing to take a chance, because he likes cultivation of fruits and cereals, but game foods, most likely will order the for grazing purposes it is excellent. In WELL SATISFIED WITH reindeer, the musk ox or the caribou. other parts of the world the increased In 1917 when the shortage of foods cultivation of fruits and grains has deand the Allies, wherever they might purposes, but on these wild square people everywhere took to hoarding tion if the war was to be won, the De- been no encroachment due to the war Que., writes:—"I have used Baby's partment of the Interior had passed and its call for increased food sup- Own Tablets for my baby and am well

lions of five-pfennig and ten-pfennig fur trapping and trading industry un- Already it has been found that the mended them to several of my friends chemist has been answering the quesfron coins, the later output of these der control. Closely following a com- Arctic musk ox, a rather untractable who have also used them with bene- tion. pieces being coated with zinc to pre- mission was appointed to consider the animal, can be domesticated, and that ficial results." The Tablets are a mild A man weighing about eleven stone vent rust. Iron coins were likewise advisability and possibility of develop- he will yield a large meat supply with but thorough laxative which regulate would produce, if his body were conminted by the governments of Swe- ing reindeer and musk ox herds as a game taste, to be sure, and that at the stomach and bowels and thus verted into hydrogen and other gases, means of supplying food and clothing. the same time he will assist in in- prove of benefit in cases of indiges- about 35,000 cubic feet of gas, worth

money of the smallest value ever familiar fact, was shrouded in mys- chick. was in denominations up to five francs, they began their northward flight in the birds are found skirting the edge

the golden plover bore off the palm of the world to the other. for length of flight between summer | The Arctic tern enjoy more hours and winter homes, but now that dis- of sunlight than any other creature tinction is awarded to the Arctic hen. on the globe. The sun never sets dur-This bird breeds as far north as it can ing its stay at the northern nesting find anything stable on which to con- grounds, and during the stay in the struct its nest; it has been found south it has two months of continuous within seven and a half degrees of sunlight and practical daylight for bethe pole. And that nest was found tween six and eight months of the surrounded by a wall of newly fallen | year.

of the Antarctic continent, 11,000

blackpoll warblers spend their winters and thousands of these gregarious Meanwhile the clever Japanese in tropical South America; the golden birds which alternate from pole to pole For a long time it was thought that in ten or twelve weeks from one end

# Build Up With Grape=Nuts

Popular for it's delightful flavor and because it furnishes certain food values necessary for building the best in body and brain

Users know by test "There's a Reason"

#### The Conquest.

While death smote fast with quaking blows, and smoke

Clung skulking to the shuddering ground, when spoke The chattering guns in ambuscade. Then all

breath.

queror, lo,

Keep Implements Under

Cover.

ery. When a binder breaks down it is

often drawn off to one side of the

mer is and must be to-day more of a

means increased profits. Try it.

BABY'S OWN TABLETS

satisfied with them. I have recom-

a season or two longer.

working order again.

Most people think of neuralgia as a pain in the head or in the face, but neuralgia may affect any nerve in the body. Different names are given to it when it affects certain nerves. Thus neuralgia of the sciatic nerve is called sciatica, but the character of the pain and the nature of the disease are the same. The cause being the same, the cure to be effective must be the same. The pain in neuralgia is caused by He climbed the ivy at the wall, and set starved nerves. The blood which car- His foot upon the deadly parapet, ries nourishment to the nerves has become thin and impure and no longer does so, and the pain you feel is the A bubble of blood upon his last, fierce cry of the nerves for their natural food. You may ease the pain of neuralgia with hot applications, but you can only cure the trouble by enriching He stood upon the battlements of and purifying the blood. For this purpose we know of no medicine that can equal Dr. Williams' Pink Pills. These pills actually make new, rich blood No. 8748-Ladies' Tie-On Basque, and thus act as the most efficient of Price, 20 cents. -Body and sleeve in nerve tonics. If you are suffering one, or dropped shoulder; vest to be from this most dreaded of troubles, at the present time, the having and the package, then you are sure your

caught-under panels. Price, 20 cents. A Government scientist has succeed- field and forsaken when it could be

Life has a definite, actual signifi- Of course it will come as a shock ized now, and the commission reports oiled and properly cared for in order in its place he may find roast rein; the caribou-the barren land caribou can be reduced in this way, which

## A Bird That Hates Darkness

For many years the annual migra- | snow which the mother bird had care-Turpentine is a moth preventive. tion of the birds, although a perfectly fully scooped out from round her known, representing one-fifth of a tery. Except in the case of a few The tern arrives in the Far North birds like the robin, which winters not about June 15, and leaves again for Even more curious was the paste- far south of its summer home, no one the south toward the end of August, good returns. board money issued in some of the knew where the song birds or the when the young birds are able to fly Many ancient families in England enemy-occupied cities in France. It shore birds went in the fall, or when strongly. Two or three months later

or pursuit of food-to carry them with-

#### Dear Sirs,-I can recommend MI-NARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results. Yours truly, T. B. LAVERS,

Minard's Liniment Co., Limited.

wax of their ancestors, made at the

Listening Under Water.

The art of listening under water was brought to perfection during the great submarine hunt of the last year or two, and it is interesting to know from Professor Bragg, recently lecturing at the Royal Institution, that the first experiments in this direction were begun less than a hundred years ago, says a London magazine.

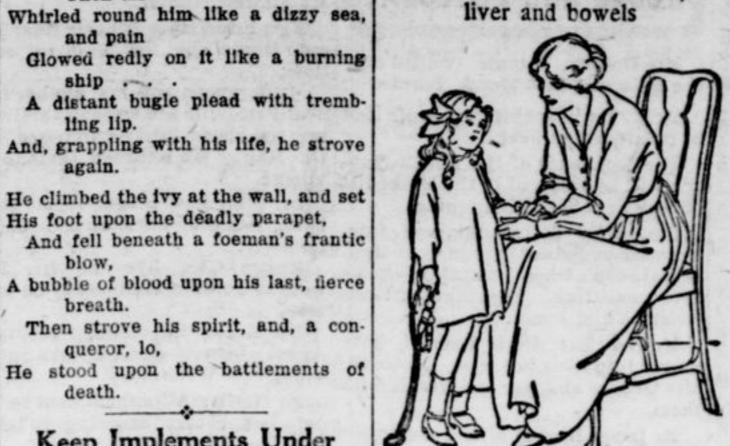
In 1826 a bell was immersed and rung under water, and was heard across the Lake of Geneva. Electric bell signals can now be detected seven miles away under water, and down in the hold of a ship men can hear the sound of a shovel dropped inside another passing ship.

For the use of the blind a geograph ic and industrial atlas of Great Britain has been prepared, consisting twenty maps in relief and 202 pages of embossed descriptive text.

Many preventive measures of controlling soil washing, such as crop rotation, deep plowing maintaining organic matter in the soils, etc., have been advocated, but there is nothing that equals terracing or "contour

## "SYRUP OF FIGS" CHILD'S LAXATIVE

Look at tongue! Remove polsons from little stomach,



Accept "California" Syrup of Figs If one travels through the country only-look for the name California on child is having the best and most vest. Cut in 6 sizes, 34 to 44 ins. bust. these pills a fair trial, and see how may be seen standing in the field harmless laxative or physic for the little stomach, liver and bowels. Childdrawn out into the lane somewhere ren love its delicious fruity taste. Full wide; collar, vest, undersleeves, You can get Dr. Williams' Pink Pills or may even be at the barn; but not directions for child's dose on each bot-

Mother! You must say "California."

### The Tight Little Isle.

O little island, set in sea Of silver, sung by him Thy deeds of valor grim.

plements have gone up and it is poor Rise up and be the pioneer business to neglect the machinery by Of that heroic dream leaving it exposed to the weather. The Thy poets knew when to them came wooden parts soon rot away and the The bright, authentic gleam.

A wise, prophetic band, It is frequently stated that the far- Who saw the New Jerusalem In thy green, pleasant land.

business man than formerly. Men in Who saw the Parliament of Man, other lines of business where machinery is employed see that it is And looked from thee to emanate The new law of the world.

Until, at last, by man is won The prize to manhood due, And all thy poets' dream of love-And more, shall be made true.

MONEY ORDERS. Remit by Dominion Express Money Order. If lost or stolen you get your

"What's a man?" asked David. A

tion, constipation, colic, colds, etc. about 11s. 2d. for illuminating pur- authority, who claims that a few drops

They are sold by medicine dealers or poses. by mail at 25 cents a box from The He would also contain sufficient fa Dr. Williams' Medicine Co., Brockville, to make a fifteen-pound candle, enough carbon to make 9,000 pencils, enough He says freezone is an ether comphosphorus-about fifty ounces-to pound which dries immediately and make 800,000 matches. His body con-Cows should not be allowed to idle tains sugar equivalent to sixty lumps

away the fall and winter. Milk pro- and twenty spoonsful of salt. duction is no longer confined to the The contents of a thousand eggs cient to remove every hard or soft summer months on farms that show would provide all the necessary in- corn or callus from one's feet. Millions gredients for making his body anew.

### have stored away life-sized figures in Minard's Liniment Relieves Neuralgia. A Giant Sun.

time of the original's death. The Canopus, the giant of the solar sys-Duke of Norfolk has the figures of tem, is, according to a recent calculathree wives of one of his ancestors, tion, 49,000 times as bright as the sun. which are kept in a glass case at one Its diameter is 134 times that of the sun; it is 18,000 times larger in surface, and 2,420,000 times larger in volume. The distance of it from us. according to this calculation, is 489 light years.

"Suppose," says another authority, "that instead of being at this enormous distance it were placed in the centre of the solar system, in lieu of the sun? It would then occupy .85 of the space lying within the orbit of Venus, and as seen from the earth would subtend an angle of about 70 degrees of arc. Thus, when its lower limb was on our horizon, its upper would be within 20 degrees of the zenith. Needless to say, no life could exist on earth with such a neighbor.

## DARTING, PIERCING SCIATIC PAINS

Give way before the penetrating effects of Sloan's Liniment

So do those rheumatic twinges and the loin-aches of lumbago, the nerve-Inflammation of neuritis, the wry neck, the joint wrench, the ligament sprain, the muscle strain, and the throbbing

The ease of applying, the quickness of relief, the positive results, the cleanliness, and the economy of Sloan's Liniment make it universally preferred. Made in Canada, 85c, 70c, \$1.40.

Limintent Reep it handy ISSUE No. 43-'19.

FROM HERE & THERE

"Doctor, I'm feeling awful," said the young man. "I can't sleep-" "I can cure you," replied the doctor promptly. "Ask her to marry you."

Time and Effort Wasted. more difficulty than you did yester-

Tommy-"That's odd, sir, because I've been practicing all night."

Careless of Him.

of her husband.

"Maud's letter. She writes that they

----

Clean and Active

fermenting food in the bowels.

Poisonous matter clogged in the inthe system is re-absorbed into the blood. When this poison reaches the tion and that dull, throbbing, sicken-

stomach, remove the sour, undigested

of a drug called freezone when applied to a tender, aching corn stops soreness





NEWSPAPER, WEEKLY, IN BRUCE County, Spiendid opportunity, Write Box T. Wilson Publishing Co., Limited, 73 Adelaide St. W., Toronto.

The Cure. WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1.500. Will

Mrs. Jones's mirth was so pronounced that it attracted the attention "What are you laughing at?" he

had foggy weather all the way across." offers a course of training to young womust have neglected to take out clear- Avenue, Toronto.

## "FIDDLE-FIT"

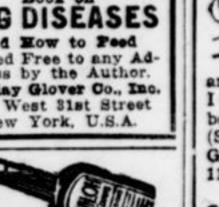
Keep Liver and Bowels with "Cascarets"

## Laugh When People Step On Your Feet

Try this yourself then pass It along to others.

and lifts right out without pain. never inflames or even irritates the surrounding tissue or skin. A quarter of an ounce of freezone will cost very little at any drug store, but is suffiof American women will welcome this announcement since the inauguration



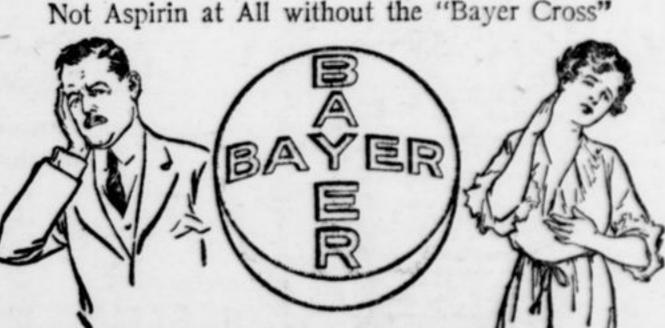


"A rash started all over my little face. It started in a pimple that was full of water, and (new) it got red and itchy. She

( cried for hours. This trouble lasted a year.
"Then I started with a free

The Cuticura Toilet Trio Consisting of Soap, Ointment and Talcum is an indispensable adjunct of the daily toilet in maintaining skin purity and skin health.

## ONLY TABLETS MARKED ARE ASPIRIN "BAYER"



For Colds, Pain, Neuralgia, Tooth- package which contains complete di-tache, Headache, Earache, and for rections. Then you are getting real Rheumatism, Lumbago, Sciatica, Neu- Aspirin—the genuine Aspirin pre-titis, take Aspirin marked with the scribed by physicians for over nineheme "Bayer" or you are not taking teen years. Now made in Canada "Bayer Tablets of lets cost but a few cents. Druggista

There is only one Aspirin-"Bayer"-You must say "Bayer" Aspirip is the trade mark (registered in Canada) of Bayer Manufacture of Mono-

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SITUATIONS VACANT. RE YOU AMBITIOUS? IF YOU M. O.—"I hear that you cough with A desire advancement in any situation of life, mental efficiency is what will bring you success. The Pelman System of Mind and Memory Training develops latent powers with wonderful results yet it requires but spare moments o study and mental exercise. It matters not where you live for the course is conducted by mail-by confidential correspondence. Your request for free booklet, "Mind and Memory," will bring this write to-day. Pelman Institute. 765

HELP WANTED.

spare time; good pay; work sent any distance; charges paid. Send stamp for particulars. National Manufacturing

POR SALE.

Company, Montreal.

ADIES WANTED TO DO PLAIN

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MISCELLANEOUS. "I don't see anything funny in that." men desiring to become nurses; this hos-"No; but she adds that the captain system. For salary and other information apply to Superintendent, 130 Dunn

> CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

WANTED-IN EVERY TOWN IN Canada-a bright, energetic youth to take orders for Reynolds' New War Atlas; no collections to make; you simply take the order; we ship the volume and collect cash; commissions paid promptly every Friday; Reynolds' New War Atlas is the greatest and easiest selling publication ever offered; containing 251 maps, including all new boundaries of all countries and important cities; also every important event in the great war drama from July, 1914, to the

dle by morning. They work while you it. It is a book that's free and lays no

familiar type of car, takes its name from the fact that it is used by motorists on lengthy tours. It is an open car also, with a tonneau and four doors, seating seven passengers.

Minard's Liniment Cures Burns, etc.

On Body and Face. Red and Itchy. Cried For Hours. Lasted a Year.

- sample of Cuticura Soap and Ointment. I bought more, and used four cakes of Soap and three boxes of Ointment which healed her.' (Signed) Mrs. Dora Langly, 1032 Gertrude St., Verdun, Que., August

Por free sample each of Cuticura Soap, Oint-ment and Talcum address post-card: "Cuticura, Dept. A, Beston, U. S. A." Sold everywhere.

Not Aspirin at All without the "Bayer Cross"



Aspirin" in an unbroken "Bayer" lalso sell larger "Bayer" packages.

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