The saving in the Soup Tureen Bovril makes soups and stews so much

more nourishing that they can often take the place of expensive joints. It saves many dollars in the kitchen. Bovril is the concentrated goodness of the best beef-so strong that it cannot possibly be manufactured in cheap cubes. Insist upon the real thing

-Boyril in the Boyril bottle.

When the Bay Burned

By GEORGE C. LANE.

over his new employer, Mr. Hollister, Thirty seconds more, he told him- off the water down the sink), potatoes for a hungry adult.

the heat, the boy had waited as long course and held it.

Then another tank exploded and at the end of the wharf. increasing heat. Carl had to with- when he had some to recove the man hastily threw a corner of the tarpaulin day before may be well seasoned and draw still farther. Directly across "You, sir!" from him now was the oil company's lower wharf. Between the rifts of smoke he could see the last of the As soon as Mr. Hollister had leaped

smoke momentarily hid the lower one side of the wharf had begun to after-end of the cockpit. wharf. As it lifted Carl caught a explode. Hurled high into the air, glimpse of a man running down the they went off like a string of bombs, reeking surface of the bay. The Bullet wharf and waving frantically at the and added their stream of liquid fire had burst into the advancing field of

down the bay had seen the man's pre- Carl had crossed the ship channel in paulin over him, he looked at his watch. dicament, however, and one of the fire the Bullet; yet now the entire surface Thirty seconds had passed. The Bullet as six eggs, a quart of oysters tugs had started to the rescue. But of the bay was covered with flames. let leaped ahead; her engine was or a pound of round steak. A good the burning oil was spreading rapidly. It looked as if all chance of escape working perfectly, her speed was unstrainer, preferably of the stationary tug for a second or two; then he knew the lower wharf behind them were A minute passed, and Carl raised that she could never reach the lower likely to explode at any second.



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to the lower end. Among the ware- of burning oil that the outgoing tide soup-making shows that by this slow neck of mutton, the "short ribs" of houses that lined the water front, the had swept into his path. The smoke process of boiling every ounce and beef are also inexpensive pieces to use flames were already beyond the con- hid the wharf from sight. In a mo- gram of nourishment may be extract- for stock and eating purposes later. ment, however, the great speed of the ed from meat, vegetable and cereal. Barley is one of the cereals that de-

the president of the company, from self, would bring him alongside. He or other cereal separately or the Can we imitate the foreign soup achis house on the east shore. Mr. Hol- could feet the intense heat on his face method of cooking all together in one cessories? In Russia, where the writlister had told Carl to wait for him at and arms as he advanced. Presently pot, where juice, flavor and nourish- er lived for a number of years, they

he saw that Mr. Hollister could no act. It was not his property that he too unsightly to serve again—ah!— ing a thin baking powder biscuit longer reach the moorings at the end was risking. The Bullet, a new craft, there they go in the garbage pail. But dough, covering it with chopped cookof the dock, he had at last backed off. had cost her owner several thousand not if the housewife has a soup-pot on ed vegetables, such as carrots, turnips It was high time, for the flames were dollars that summer. In the two weeks the stove. No, indeed; that is just the and cabbage, covering with a flat advancing rapidly toward the end of that he had worked for Mr. Hotlister place to scrape every left-over bit of crust and baking in a large oblong be had found him a brusque, harsh gristle, meat, etc., No one who has pan. This is then cut into small ob-When Carl was scarcely a quarter man; and if the boat should be dam- not kept a permanent soup pot going longs and eaten with the soups. If it of a mile out one of the big oil tanks aged, he felt that his employer's can appreciate the saving. Also how is a vegetable soup, however, meat exploded. As its contents of thousands wrath would be great. Well—Carl many times a well-made soup will be "peroks" are made by using chopped of gallons began to spread out over shrugged his shoulders. Then, as the lever to the last notch and sent the smoke cloud lifted again and the once advanced the lever to full speed laying it on the crust and folding laying it on the crust and folding laying it into individual "turnovers." The lever to the last notch and sent the wharf came into view, he bent all his and took out his watch. boat at high speed beyond the reach energy on the work of the moment.

It was Mr. Hollister.

and the heat and smoke were stifling. over him, and gasping painfully in A row of oil and gasoline cans along the acrid smoke, he staggered to the

But as he looked backward there to one nearly south! was another terrible explosion and the

probably less smoke there." "But you're going in the wrong di- rounded the boat. rection."

"The craft could not have turned en- he saw a looming line of rocks. With Let's get to our shirt. tirely about in this short space." For a frantic pull on the tiller rope he Carefully rip up the seams that hold

"But the rocks at Middle Clump." "That's what I'm worrying about," replied Carl, as he brought the Bullet down to a snails pace.

He realized that if the thin shell of the racing boat so much as grazed one of the black rocks of Middle

with the stifling smoke, and his eyes cled the end of the breakwater and and seam up the holes. Now, you're smarted so badly that he could scarce- were out of danger.

lower end of the bay; the course, Carl



Soup Makes Low-Cost Meal.

How does the average family regard soup? Is it not as a small cup or plate, a separate course at the point, the making of soup seems to the housewife only an additional pot to "bother with."

as he dared. Then, when every other For a moment he wondered whether are left on one of the plates, a spoon- meat soup, then a vegetable "perok" craft had left the upper bay, and when Mr. Hollister would approve his rash ful of rice in the dish, some butter accompanies it. This is made by roll-

The heat now seemed almost un-

added its contents to the burning sur- "Quick!" he shouted above the roar flames. Mr. Hollister got down on face of the bay, and, in order to avoid the heavy clouds of smoke and the beavy clouds of smoke and the beavy clouds of smoke and the beavy clouds of the floor of the floor of the cockpit, and Carl week? The chapped soup meat of the in their course, was a barrier of or individual meat and vegetable pies.

already creening out from shore along into the boat, Carl had her under thirty-five miles an hour, the limit of nourishing meal with these two dishher speed. Shielding his blistering es, soup and a pastry accessory, easy Already the flames were reaching face with an arm, Carl seized the wharf, too, with its three great tanks, out towards the end of the wharf, compass. A wave of dizziness came

All about him now was the flaming, butter and more expensive oils. departing steamer. But apparently to the blazing surface of the bay. flames. Carl dropped down on his These have milk as a basis and the no one on the steamer noticed him, for The roar and din, the heat, the chok-stomach and, watching the compass strained pulp of any vegetable. Even Scarcely a minute had elapsed since held to her course. Pulling the tar-quart it is a cheap food, because one carefully, saw that the swift boat still with milk at twelve or fifteen cents a

the tarpaulin cautiously from his face. tables, as peas, corn, tomato, etc., may

next moment a blinding cloud of and seized the tiller rope. The rocks design herself a coat of arms, but in With his bare hand Carl reached up The housewife may be too busy to smoke enveloped the Bullet. Carl's of Middle Clump he knew were dang- one of the panels at least there should brain seemed for the moment confus- erously close. With a quick pull he be a soup pot! And remember, not soup ed, but he instinctively slowed down. sheered off a few points. He hoped as a separate course, but made so well The smoke was suffocating, and he that it would be enough to avoid the and so nourishing of the combined could hardly open his eyes. Mr. Hol- Clump. The next moment he forgot elements of meat, vegetable and cereal lister sat down unsteadily on the seat the rocks, as he suddenly became that it shall be in itself a perfect, beside him. Peering anxiously ahead, aware of a greater danger. The forward deck of the Bullet had caught satisfactory and economical meal. Presently the flaming surface of the fire. How long the flames had been bay, visible for a moment through the eating into her he did not know. At smoke, barred further progress ahead, any moment the gasoline tank might and Carl veered sharply to the right. explode. Carl looked astern. The just because you've patched the neck. "You'd better get down on the Bullet seemed to have crossed the field Cuffs threadbare on the side that

"I think not, sir,' returned Carl. when, through the murky air ahead, living days.

As Mr. Hollister crawled out from to make over.

The next instant, however, the longer. Mr. Hollister's losses were a man's shirt? Of course, they don't motor boat was passing within a few heavy, but for his misfortune he did show; they just hold the shirt in place. feet of Red Spar Buoy Number 2. not forget to reward Carl generously So you can steal a bit from the tail Now at last their whereabouts were for his coolness and courage. At the and replace it with an old piece of clear. The floating flames were clos- end of a week the Bullet was cutting white muslin and no one but hubby ing in on all sides, but the sight of the waves in a fresh coat of paint.

The moating hands active the sight of the waves in a fresh coat of paint.

She showed no effects from her race have two pieces to each cuff; one pieces escape. It was a desperate chance, with the flames, and the only marks have two pieces to each cuff; one piece

before, "a penny saved is a penny

tall that is needed if eaten with bread earned." for a substantial meal. Buy about a pound of shinbone and ten cents' worth of separate knuckle to follow? Regarded from this stand- pot. Then add any left-over vege- the celebrated old bridge, built more

But in these high-cost times we doors for a couple of hours so that The fire had started early in the hesitated. Then, with his hand on the held in European countries, namely, it may be skimmed and saved for afternoon on the oil docks at the up- lever, the Bullet leaped ahead. Cutting the main dish of the meal. Many of other cooking. Then to part of this per end of the bay. Two of the big the water at thirty miles an hour, the the national dishes of other countries stock add separately rice, specially tanks of the Bergen Oil Company had Bullet passed the fire tug. Carl waved are a soup, as the famous "chee" soup cut vegetables, alphabets, beans, etc. already exploded, and their burning it back. Straight toward the lower of Russia, fish soups of Japan, the By this method a different soup may contents, spreading out on the surface wharf he headed until, a moment French "pot-au-feu," etc. But what be had every day if the stock pot is and everything else that was affoat down the bay to avoid a wide streak Now, a thorough understanding of the chuck or the shoulder chuck, the

Carl Fuller, at the wheel of the launch had carried it beyond the ad- Which is the better way or the more serve to be used more widely. A good Bullet, threw in the reverse and back- vancing flames, and Carl was once economical one, to cook an inexpensive barley soup with a little chopped parsed the swift boat to a less dangerous more able to head the craft toward bit of meat by itself, a dish of vege- ley eaten with bread or hot boiled potables by itself (wastefully pouring tatoes would be an ample meal even

In the dense, suffocating smoke and all sight of the wharf; but he had his The soup pot helps keep the gar- or pie of a special kind, to be eaten

over into individual "turnovers." The Half a minute later Carl pulled up bearable; only a little ahead, directly same ideas in their famous "pasties," Cornish people have virtually the

> day before may be well seasoned and With her tiller amidships, the Bul- made into individual biscuit pies. Or let was off on a straightaway course, such inexpensive vegetables as tursouth-southeast, and her sixty-horse- nips, carrots and cabbage may be to make and most economical, and

especially suited to winter weather. In the making of the pastry such fats as goose grease, rendered suet, chicken fat, etc., may be used, thus saving on

type, fastened to the table with a now the flames at the shore end of the calmly. "That's forty thousand gallooked again at the compass. The tables. Children enjoy peanut butter Bullet had veered from her course soup, cream of corn soup, cream of

Home-Made Economy.

floor," he said to his employer, who of burning oil and the heat surely was shows? You can fix those, too. You was coughing painfully. "There's less intense, although smoke still sur- can get a whole new life from an old shirt. Of course, it takes a bit of Carl was wondering whether they times; but time's about the cheapest should ever reach the breakwater, thing in the world these high-cost-of-

the moment he had forgotten to look brought the Bullet's prow into the the sleeves in place: the shoulder and east and sent her speeding alongside under-arm seams. Then unpick the , the breakwater thirty feet out from neckband from the front of the shirt. Now you have the two fronts ready

under the tarpaulin, Carl shut off the You will find that the top of the engine and, leaping toward a locker, fronts are curved to fit the neckband, pulled out a pail. With one foot over and you'll also find that the worn-out Clump, their doom would be certain; downward, scooped up a gallon of inches from the neck of the shirt. So the edge of the cockpit he leaned place does not extend more than two they would founder in a sea of flames. water and threw it torward the flames. mark a line paralleling the neck curve, Through the smoke Carl presently Three times he dashed the pailful at just two inches down on the shirt made out another stretch of burning the fire; and when the last spark had fronts; then cut along this line. Now, oil on the left. The rapidly spreading sizzled and gone out, he jumped for do the same thing with your shoulder flames had now nearly surrounded the the engine and started the Bullet or seams and replace the neckband. Trim Bullet. Carl's lungs ached terribly more. A few seconds later they cir-

all ready for those frayed cuffs.

but he made up his mind in an instant.

From the buoy it was a run of two minutes and ten seconds at full speed face and hands.

with the flames, and the only marks of the experience that Carl bore were as new. Use the worn pieces as patterns. Place these patterns very carefully on the back tail of the shirt near fully on the back tail of the shirt near knew, was couth-southeast. He at Minard's Liniment for sale everywhere. sign, be sure it runs straight up-anddown or across the goods. Cut your new cuff facings out and remake your cuffs. Attach the cuffs to the shirt. Now, you've a new shirt, but there

are two holes in the back. That's easily remedied. Just patch them carefully with a piece of muslin. No Q J. CLIFF . one will see them, so who cares? Of course, this all takes time, but think of the money you'll earn, because, you know, nowadays as never

The Oldest Bridge.

The new London bridge was openor marrow bones to start the stock ed on August 1, 1831. This replaced tables, a tablespoonful of cream sauce, than eight centuries before. It had running boards to carry heavier loads cereal from breakfast. Keep the pot 18 solid stone piers, with bulky stone gently simmering or put it in a fire- arches, and was covered from end to less cooker overnight. Remove out- end with buildings. On the "Traitor's Minard's Lintment Cures Dandruff.

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gate," at one end, the heads of trait ors were shown. It was removed on account of its obstruction to naviga-

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GARDEN SUBURBS

MODERN TOWN PLANNING TO BE EXEMPLIFIED.

Throughout Canada.

Development in Capital Gity Will Lead to Extension of Movement

The laying out of grounds, said Wordsworth, may be considered, in some sense, a liberal art, like poetry and painting. The exercise of the art in the past has been largely for the benefit of royal persons, the aristocracy and the wealthy few. The foundation and development of garden suburbs for the common people, where children may play in safety in outdoor schools in touch with beauty and the wholesome influences of nature. where house-holders may have the opportunity of growing flowers and vegetables and have an outdoor home in the hot summer months, where the noise of traffic and the ugliness of industrial life may be banished for a time, where adults may indulge their tastes for sports and find common ground for social and intellectual interest in the winter time in club-rooms and community halls-this is a new movement and has for its inspiration that better life for the people that has been promised and prophesied as one of the results of the struggle and

Success in England.

The garden suburbs in the Old Country-such as Hampstead-are accomplished facts, and the testimony to their sociological importance written in a score of books and in thousands of articles. Canada cannot lag behind in this movement and continue to justify its claim to be governed by the people and for the people A beginning has been made in the capital city and before the present year has closed substantial progress will have been made with the developments of two garden suburbs, east and west of the city, called Lindenlea and Parkdale. The Ottawa Housing Commission has bought two estates of about twenty acres each, which have been laid out on town planning lines by Mr. Thomas Adams, Housing and Town Planning Adviser to the Commission of Conservation. The estates have been bought at a reasonable figure, and lots will be sold to the future residents at from \$340 to \$600. The applications for lots at Lindenlea have exceeded the number available, and there is practical assurance that the sites of the Parkdale estate will all be allotted within a very short time. The estates contain many beautiful trees which have all been plotted, and most of them will be preserved for the adornment of the new settlements.

Encourage Community Spirit. On the Lindenlea property a winding boulevard has been planned to intersect the grounds, which will command many beautiful views. Provision has been made for tennis courts, bowling green, children's playground and wading pool, sites for community hall and public garage, and the residential streets have been planned to discourage through traffic, so as to ensure additional safety for children and preserve quiet and homelike amenities for the householders No lot will have less than a thirtyfoot frontage, and in these cases semidetached houses will be encouraged to economize space for garden purposes. The houses will be arranged under Mr. Adams' supervision, with a view to architectural harmony and to agreeable aspect and prospect, and much will be done to encourage a civilized community spirit in the social

organization of the estates. The development of the garden suburb in the capital city will have the obvious advantage that representatives from the cities of the Dominion who have frequent occasions to visit Ottawa will be able to study the movement on the spot, and thus Lindenlea and Parkdale may serve as object lessons that will lead to extension of the garden suburb movement over the whole of Canada,

The Most Ancient Egg.

Just before the war began, during excavations in the ancient Moguntia cum, under the auspices of the Archaeological Society of Mayence, there was found a hen's egg which was estimated to have lain buried in the earth for something like nineteen cen-

Moguntiacum was built by Drusus the son of the Roman Emperor Augustus, in the year 14 B.C. Upon the site of the ancient Roman castrum or encampment near the city the excavations in question brought to light many interesting relics, including some water cisterns of Roman make. It was in one of these, which was located some twenty feet below the surface, that a damaged Roman clay-pot was discovered, containing the shell of a broken egg and also a whole egg that had been kept from being smashed by a shred of the damaged pot, which covered it. The ancient egg was deposited in the municipal mus-

Australia's Brown Coal

Australia has vast deposits of a form of brown coal that burns well when mixed with wood or black coal of the beds being more than 700

A Thanksgiving H

"I cert'n'y do think, I observed Mrs. Todd, "ti

Mrs. Jones, a neighb off to the bakery, I'll bet,

"Mebbe she likes 'em

"No, she don't, neither nobody enjoys a han'sun victuals more'n Loveny a-goin' to call her in the after dinner I'm a good right out, what she me like a heathen. I've had at to do it for years, b ain't quite got to the pl so kind o' stiff an' sta her own affairs." "Land, I wouldn't if

have been pretty, in spl years, if Mrs. Todd's di marks had not been just facts. Miss Green was both "scraggy" and "st greeted her two old fri smile that had in it a to fulness, a touch of pathos ed Mrs. Todd's invitation pleasure. Moreover, whe served she partook of the boiled potatoes and c peach shortcake with a caused her hostess to not ly at Mrs. Jones.

When Mr. Todd and t iren had departed on the ways to shop and school helped Mrs. Todd "clear a good will that the kitch restored to its usual stat order, and after Lorena h the garden to fetch h work-a sweater destin homeless Belgian childmen settled down to rec the pleasant living room; Todd cleared her throat that caused Mrs. Jones. easily in her chair. Bu lady prided herself on wi

"Say, Loreny, I'd feel day that they'd had som

they're sure there's had

"I guess if the Sr guite so skimpin' with th dog o' theirs they would call to set a trap to cat replied Lorena calmly. husbands is a means o on my mother dropped stitch, "an one her husband woke up a burglar standin' right done, covered up her h hand was so abundantly jump right at the bur The bullet struck the h half a inch above my of It was the Lord's men ellled-not no fault o' Thanks be, if I've got ! lars in my house I ha husband round to be ri with his forthputtin w

kind o' handy to have I But anyhow, a husband if you wanted

"Men are awful brash,

Mrs. Todd admitted.