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Hearts in Khaki

By Claire Wallace Flynn

CHAPTER II.

He laughed a little. Looking at her hand as it lay on his gray worsted sleeve, he put one of his over it. He had never touched her before. They had never been sweethearts. Even the thought of a love between them had never sprung to life in either. They had simply been two young persons who had known each other from childhood.

"You're a nice old girl, Fanny," he said. "Every man must be a hero and you want to do the Molly Pitcher stuff yourself, I guess. It's no use. I'm not cut out for that sort of work."

A sob made her voice tremulous.

"I'd be ashamed! I'd be ashamed! If I were any kind of man—why even to-night some one was talking about the men who were going and I lied—I said that I knew some one—going! I couldn't bear him to think I knew only your kind—who do not want to do their part. I just couldn't bear—"

Then abruptly, "Good-night, Cleve," she said. "I'd better go back to the house. Mrs. Mason said she was going to leave early."

He started forward to follow her. Suddenly he heard a slow masculine voice meeting her lighter tones at the edge of the orchard.

"Where've you been?" Mrs. Mason has been having a fit."

Cleve waited for a moment then he heard her say:

"It was the man I was speaking to you about—the one who is going to France with the engineers. He came after all just for a moment. I had to see him."

"He must be an all-right sort of chap to have you for such a good little scout," the big voice answered. "I wish—" the words drifted away.

Cleveland Stewart had the group of married, sweet-smelling trees to himself. He muttered a word or two that had more strength than most of his expletives possessed.

Presently the night paled on him. He could not wait for his friend. Instead, not long after Fanny had left him, he walked to the clubhouse station and took the electric train to town.

Cleve had seen Fanny Billington four or perhaps five times a year and between these occasions had admitted, if anything called the fact to his mind, that she was a fine girl who had strangely beautiful moments and equally disconcertingly plain ones; a girl who lived a stifled life in a quiet home where periodically he went to Sunday-night supper and had marvelous dishes to eat, most of them Fanny's creations. After such events he often wondered why he did not like her better. Then any vivid thought he had of her would die swiftly away leaving only an agreeable knowledge of her firm young friendship.

Two days after meeting her at the country club he called her up from the office where he worked doggedly and uninspirationally at his drafting. He wanted to go to luncheon. She refused because there swept over her a knowledge of how many people seemed to hang on his salary for their well-being. A conscience, oppressively active, made her suggest, as a less expensive mode of entertainment, tea later in the afternoon. So they met in the library on Howard Avenue at five.

They found the tea room without difficulty, a few steps off the Avenue. At least they found the place that she had once known but a new sign now swung before the door—The Woman's Service Tea Room. What once had been dusky corners with lamp-shaded tables was now a white and spacious room with no unnecessary flipperies. At a desk in the corner, one registered for Red Cross work; at a table in another corner, one bought wool from which to knit articles for the sailors. According to the new and timely menu Cleveland and Fanny ordered Balfour tea and Red Cross buns.

"If you'll buy me a pound of that nice gray wool," said Fanny, "I'll make you a scarf according to Government regulations."

Cleve shrugged his shoulders good-

About the House

Long Years of Preparation.

"Many are called but few are chosen." These words come to mind again and again, when women and war work are considered. The road to France beckons invitingly, insistently, and multitudes would answer the self-given invitation. But the impulse to "do something" is not enough. It is not even important unless it is the crowning glory of a course of honest, strenuous, lengthy training. The most glorious outcome of this war, for women, is the fact that it has eliminated completely the superficial woman. She may remain superficial but she cannot remain influential and prominent. It is amazing, when one pauses long enough to consider the fact, how completely the women agitators and propagandists of five years ago have disappeared. Their calling is done and they have withdrawn from the feeble limelight of those days exactly as the tiny summer gnats disappear on the first cold day.

To-day the women who are doing things that count are women who began to do things thoroughly at the very commencement of their career. They never called it "career," by the way, never named it in fact, except to themselves, and then this process of self-discipline and self-improvement was, more often than not, simply called "making a living" or "doing the very best I can." The world was full of just such women whose one passion was to do the work in hand in the very best way it could be done. Advancement, pecuniary gain, material benefit were not even secondary. The work was the thing! No training was too severe if only excellence crowned the work.

These women were truly the wise virgins, more concerned to keep their lamps filled and the wicks in perfect working order than about the accomplishments that fill leisure hours. Their call has come at last and their lamps are needed—every one of them. There is not a woman in the world to-day who has improved her talents from the time she began to view life seriously (in girlhood days) but has a most important mission to perform. The world is waiting for her work. There is no such thing as "blossoming unseason" at this age of the world, if one's training has accomplished all that it should. The "shell" on which women have resignedly laid themselves for years has been taken down and even the grandmothers are, to-day, coming in for honorable mention as being responsible for the "soldier lads" in France.

Every woman who was prepared is doing a real part in the world's work and those who preferred veneer and superficiality to genuine worth of character are being refused admittance every day, into coveted fields of endeavor. Prepare for work and the task will find the worker!

Diet For Children.

The essential diet for the children is an abundance of simple, easily digested foods, carefully prepared and of sufficient variety to form a balanced diet.

Food must supply the child with material for bodily growth and with energy for the constant and abundant activity. For this reason it is important to have exact knowledge of food value; they should be constantly kept in mind.

The building foods are milk, eggs, fish, legumes and meats; of this last item very small portions should be given. It is best to replace the meat portion of the diet with poultry during the summer.

The fuel foods are milk, butter, starchy vegetables. Mineral salts are necessary for a proper balance; they are quickly available in fresh fruits, green vegetables and milk. Together with these foods there should be plenty of pure drinking water, so that the food may be properly digested and the waste eliminated.

called her on the telephone. His voice seemed to be just a jumble of Joan's name and something that sounded like a sob.

"I can't understand you," Fanny said gently into the receiver. "Come over and tell me what is the matter. Is Joan there? No? Never mind, come over without her and tell me what is wrong. Don't, Cleve! Don't talk like that. Come. Don't wait."

"My Garden."

There's a spot so dear to me
Where beneath a shady tree
So oft I sit in happy Summer days,
Where the sunshine on me beams
As I muse and dream my dreams,
And listen to the birds' sweet tuneful lays.

Oh, 'tis sweet among the flowers
In the bright and sunny hours
To quaff the fragrant draughts from
A babby breeze.

And my cares are all forgot
In this sweet sequestered spot.
My garden, shaded by the leafy trees.

The rust spots in the clothes may be due to inferior bluing or it may be the result of careless rinsing. If any soap is left in the clothes when put into the bluing water rust spots are likely to appear.

and the Allies and the Canadian Army at the front may be properly fed. Who of us will eat what should be conserved for the Canadian Army at the front?

The hearts of the people of Canada are sound and in this war to finish. Food is a first class munition of war and Canadians so view it. It will be time enough to go in for rations in Canada when the people of Canada refuse to conform to national efforts to conserve food for Great Britain and the Allies, and the Canadian Army at the front. When that time comes a policeman, not a food controller, will be needed.

For allowing two batches of dough to go to waste, the Canada Food Board has ordered Arthur Scott, baker, Richmond, Que., to close for seven days. During this period he must not purchase or take delivery of any food commodities or manufacturers, sell or deal in bread or any product of wheat or other flour.

The War Trade Board of Washington advised the Canada Food Board that application had been made for an import license by a resident of Monticello, Maine, to import 200 pounds of sugar consigned by E. L. Field of Bloomfield, N.B., who operates a general store. The Canada Food Board immediately cancelled Mr. Field's license for violation of the food laws.

Fifty bags of sugar, twenty bags of brown sugar and twenty-five sacks of flour have been seized in the cellar of the Exchange Restaurant, Winnipeg.

Three establishments in Edmonton, Alberta, dealing in candy, fruit, etc., have been closed by order of the Canada Food Board for disregarding license regulations. The "places penalized are: Mike Evanoff, 10120, 101st St.; E. Gibson, 101171, 101st St.; and Jane Detroit, 10320, 101st St. They must remain closed until licenses are granted by the Food Board. It is the intention of the Board to take similar action in the case of other dealers who have not complied with the licensing rules.

For serving food during the mid-day meal Allan Mann, proprietor of the Touraine Hotel, Chatham, N.B., has been ordered to close the dining

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NINE PASSENGERS CROSS CHANNEL

ENJOY TRIP IN BIG BRITISH AIRPLANE

Regular Passenger Service Between France and England After the War Predicted.

Recently a large British airplane brought nine passengers across the Channel, says a London despatch.

At the appointed time the passengers were there, with a considerable amount of material, which was quickly stowed away in the capacious interior of the machine. One by one the voyagers climbed aboard by means of a ladder and made themselves comfortable.

The engines were started and the machine left the ground, climbed upward in a few great circles and struck northwest toward the gleaming Channel.

The passengers were enjoying their experience, and talked together about the various landmarks below. First came an old French town, with massive radial fortifications of moat and rampart, which made it look like a great starfish from above. Behind, like steel bars, lay the shining canals linking up the scattered towns and villages, and far away on the horizon was the low veil of smoke which marked the position of the turbulent front lines. Ahead of them lay the glittering waters of the Channel, and the beloved white cliffs and green fields of England.

Twenty-Five Minute Trip.

The engines thundered on and the machine forged steadily ahead with a very happy ship's company on board. It was rather a windy day, and below them the travellers could see the surface of the water dotted with white caps, which made them realize the advantage of travelling through the smooth levels of the sky.

It seemed they had no sooner left the coast line than the English cliffs lay below them. Very soon, they were able to recognize familiar towns and harbors. Beneath them a leazy boat seemed to be stationary, so rapidly was it overhauled.

In fact, it was tearing through the water, as its bow waves and wake showed.

Over the tail of the big airplane the French coast was disappearing fast into the haze, and soon the travellers had passed over the beaches of England and were flying over the green hills and village spires of their own England. Twenty-five minutes earlier they had been looking down upon the fields of the Pas de Calais.

Soon the noise of the engine died away and the machine began to glide downward in great circles to its destination. Fields and farms and woods and villages rushed up to meet the travellers. In a few minutes the plane had climbed out one by one to the ground, and the big machine was being cleared of its material cargo.

"It will be the only kind of Channel crossing for a good many after the war," said one passenger.

"Even when the train goes straight through from Charing Cross by the Channel tunnel," said the pilot. "Well, perhaps so. It's a good way."

room of his hotel, and the Canada Food Board has suspended his license for a period of fifteen days, during which time he must not serve any meals or purchase or deal in any food-stuffs, except for personal use.

Per selling flour for export to the United States without a permit from the Canada Food Board, E. Huard, Lake Megantic, P.Q., will have to close his business until such time as his license is released from suspension by the Canada Food Board. During this period he may not deal in food or food products, except for personal use.

Acting upon information received from the United States Food Administration the Canada Food Board has suspended the license and closed the business of Harry Laporte, Lake Megantic, P.Q., for an indefinite period for exporting flour and sugar to the strict regulations governing flour and sugar the Canada Food Board warns all dealers and others that it is illegal to export flour or sugar without a permit from the Board.

"Courage for the great sorrows of life and patience for the small ones. And then, when you have laboriously accomplished your daily task, go to sleep in peace. God is awake."—Victor Hugo.

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A TRENCH BANQUET

Battle-Zone Feasts, However, Are Uncertain Events.

Stewed rabbits, wood pigeon pie, new potatoes and asparagus, toasted cheese, and red currant and apple tart, custard and tinned fruit, coffee—this is not a copy of a menu of a peace-time Lord Mayor's banquet, but the details of a feast to which a merry party of Engineers in a certain vale of Picardy recently sat down, says a London newspaper.

The potatoes and asparagus were grown in a miniature allotment in the reserve line; the fruit was obtained from the wrecked gardens of a one-time pretty hamlet. The few trees and bushes that have escaped destruction are laden with fruit, and darning parties—for the ruins are heavily shelled—make periodical visits and gather in the crop. The woods of Picardy abound in rabbits and pigeons. Traps are constructed from wire borrowed from the Signal Section, and rabbits and hares are captured in abundance. Lined twigs and cataputs are utilized for the pigeons, as the modern rifle is too destructive for small-game shooting.

These trench banquets are sometimes luxurious affairs, complete with typed menus. One recent "feast," which had been thought out weeks ahead, and which the participants considered the dernier mot in battle-zone feasts, ended before it began, for a random shell from the enemy pitched on the paradises of the trench, and buried the temporary table of upturned ration cases and all the goods it contained.

Britain's Grain Crop.

Britain's grain crop this year will be the biggest since 1868, Sir Chas. Fielding, director-general of food production, announces. Several thousand soldiers are working on farms, and other harvesters include schoolboys, undergraduates, boy scouts, village and college women and girls of the land army, Belgian and Serbian refugees and German prisoners. City clerks are taking their vacations on farms.

BULGARIA INVADES

German Reinforcements Bulgarians D

A despatch from London reports received on Thursday that the demoralized Bulgarians who are retreating, leaving behind a mountain of material, are the allied troops strain to get to Uskub and the victory complete. It is pointed out that an army, estimated to 300,000 men, is in a position, but the victory is decisive, in the opinion of experts, until Uskub, all the enemy's communications are captured. If that is it is believed the victory is secured among the few days of the war.

The renewed resistance against the German and German reinforcements have not succeeded in

Markets of the

Breadstuffs

Toronto, Oct. 1.—Man No. 1 Northern, \$2.24 1/2; No. 2 Northern, \$2.21 1/2; No. 3 Northern, \$2.18 1/2; No. 4 Northern, \$2.15 1/2; No. 5 Northern, \$2.12 1/2; No. 6 Northern, \$2.09 1/2; No. 7 Northern, \$2.06 1/2; No. 8 Northern, \$2.03 1/2; No. 9 Northern, \$2.00 1/2; No. 10 Northern, \$1.97 1/2; No. 11 Northern, \$1.94 1/2; No. 12 Northern, \$1.91 1/2; No. 13 Northern, \$1.88 1/2; No. 14 Northern, \$1.85 1/2; No. 15 Northern, \$1.82 1/2; No. 16 Northern, \$1.79 1/2; No. 17 Northern, \$1.76 1/2; No. 18 Northern, \$1.73 1/2; No. 19 Northern, \$1.70 1/2; No. 20 Northern, \$1.67 1/2; No. 21 Northern, \$1.64 1/2; No. 22 Northern, \$1.61 1/2; No. 23 Northern, \$1.58 1/2; No. 24 Northern, \$1.55 1/2; No. 25 Northern, \$1.52 1/2; No. 26 Northern, \$1.49 1/2; No. 27 Northern, \$1.46 1/2; No. 28 Northern, \$1.43 1/2; No. 29 Northern, \$1.40 1/2; No. 30 Northern, \$1.37 1/2; No. 31 Northern, \$1.34 1/2; No. 32 Northern, \$1.31 1/2; No. 33 Northern, \$1.28 1/2; No. 34 Northern, \$1.25 1/2; No. 35 Northern, \$1.22 1/2; No. 36 Northern, \$1.19 1/2; No. 37 Northern, \$1.16 1/2; No. 38 Northern, \$1.13 1/2; No. 39 Northern, \$1.10 1/2; No. 40 Northern, \$1.07 1/2; No. 41 Northern, \$1.04 1/2; No. 42 Northern, \$1.01 1/2; No. 43 Northern, \$0.98 1/2; No. 44 Northern, \$0.95 1/2; No. 45 Northern, \$0.92 1/2; No. 46 Northern, \$0.89 1/2; No. 47 Northern, \$0.86 1/2; No. 48 Northern, \$0.83 1/2; No. 49 Northern, \$0.80 1/2; No. 50 Northern, \$0.77 1/2; No. 51 Northern, \$0.74 1/2; No. 52 Northern, \$0.71 1/2; No. 53 Northern, \$0.68 1/2; No. 54 Northern, \$0.65 1/2; No. 55 Northern, \$0.62 1/2; No. 56 Northern, \$0.59 1/2; No. 57 Northern, \$0.56 1/2; No. 58 Northern, \$0.53 1/2; No. 59 Northern, \$0.50 1/2; No. 60 Northern, \$0.47 1/2; No. 61 Northern, \$0.44 1/2; No. 62 Northern, \$0.41 1/2; No. 63 Northern, \$0.38 1/2; No. 64 Northern, \$0.35 1/2; No. 65 Northern, \$0.32 1/2; No. 66 Northern, \$0.29 1/2; No. 67 Northern, \$0.26 1/2; No. 68 Northern, \$0.23 1/2; No. 69 Northern, \$0.20 1/2; No. 70 Northern, \$0.17 1/2; No. 71 Northern, \$0.14 1/2; No. 72 Northern, \$0.11 1/2; No. 73 Northern, \$0.08 1/2; No. 74 Northern, \$0.05 1/2; No. 75 Northern, \$0.02 1/2; No. 76 Northern, \$0.00 1/2; No. 77 Northern, \$0.00 1/2; No. 78 Northern, \$0.00 1/2; No. 79 Northern, \$0.00 1/2; No. 80 Northern, \$0.00 1/2; No. 81 Northern, \$0.00 1/2; No. 82 Northern, \$0.00 1/2; No. 83 Northern, \$0.00 1/2; No. 84 Northern, \$0.00 1/2; No. 85 Northern, \$0.00 1/2; No. 86 Northern, \$0.00 1/2; No. 87 Northern, \$0.00 1/2; No. 88 Northern, \$0.00 1/2; No. 89 Northern, \$0.00 1/2; No. 90 Northern, \$0.00 1/2; No. 91 Northern, \$0.00 1/2; No. 92 Northern, \$0.00 1/2; No. 93 Northern, \$0.00 1/2; No. 94 Northern, \$0.00 1/2; No. 95 Northern, \$0.00 1/2; No. 96 Northern, \$0.00 1/2; No. 97 Northern, \$0.00 1/2; No. 98 Northern, \$0.00 1/2; No. 99 Northern, \$0.00 1/2; No. 100 Northern, \$0.00 1/2.