

was about too see. But when she

entered she found Monte standing

Then, sinking into the chair near

the window,-this very chair beside

which she now stood,-he had asked

Come to think of it, it was odd that

he had been smiling. It was not

quite natural for one to smile over as

serious a matter as that. After all,

even if Teddy was melodramatic, even

She seated herself in the chair he

wall-something that the gendarmes

strange hand. For one second, two

would spring at her from below-some

It was impossible not to alarm

The mere fact that they were going

out alarmed madame. Marjory stop-

"We are going for a little walk in

Decidedly madame would not. She

was too weak and faint. She should

send for a friend to stay with her

and showed the driver a louis d'or.

not come with us?

jory. "Au revoir.

while she rested on her bed.

"Yes, mademoiselle."

ble to keep his left arm always to-

(To be continued.)

Conscripting Sharks.

were exported in one month.

argest songbird in the world.

The lyre-bird of Australia, which

was not a matter to take lightly.

CHAPTER V .- (Cont'd.) Monte, summoning all his strength, shook the fellow

"Do you hear?" he called. 'Yes," muttered Hamilton "Then," said Monte, "I want you to get hold of the next point; that from now on you're to let her alone. Get her to go out and attend to madame.

Hamilton's lips began to twitch. ering her any more," explained Monte, "I'll be there myself; and, believe me, lows will nail you next time. Sure as! preaching, they'll nail you. That had occupied, and her hands dropped would be too bad for every one-for wearily to her side. Her fingers you and for her.'

touched something sticky-something "How for her?" demanded Hamil- on the side of the chair next to the ton hoarsely. "The papers," answered Monte, had not noticed. She did not dare to move them. She was paralyzed, as

"And for you because-" "I don't care what they do to me," if her fingers had met some cold, growled Hamilton. "I believe that," nodded Monte, seconds, three seconds, she sat there "Do you know that I'm the one person transfixed, fearing, if she moved as

on earth who is inclined to believe much as a muscle, that something what you say?" He saw Hamilton crouch as if to awful fact. spring. Monte placed his left hand! Then finally she did move. She

in his empty pocket. still four shots left in that gun.'

you don't want to queer yourself any as she ran. further with her, do you? Now, listen. She thinks you tried to shoot Hurry! yourself. By that much I have a hunch she thinks the better of you." "Has anything happened?"

Hamilton groaned. "And because I believe what you ready happened," she answered. "But come to us to get final lessons, and 15th, 1916. told me about her." he ran on, fighting do not alarm madame. for breath-"just because because I believe the shooting fits into that. I'm madame glad to-to have her think that little

the better of you, Hamilton." The interior of the cab was begin- ped in the hall and quite coolly workning to move slowly around in a circle, ed on her gloves. He leaned back his head a second to steady himself-his white lips pressed the sunshine," she said. "Will you

"So-so-clear out," he whispered. "You-you won't tell her?" No. But-clear out, quick." Hamilton opened the cab door. "Got any money?" inquired Monte.

Monte drew out his bill-book and

and I-

"Where next, monsieur?" he was but these Americans are all mad. conserve wheat for the allies.

"Normandie," muttered Monte. circle before his eyes-faster and fast- saved her life. er, until suddenly he no longer was conscious of the pain in his shoulder, | for Monsieur Covington.

CHAPTER VI.

Gendarmes and Ether When the gendarmes came hurrying to sixty-four Boulvard Saint-Germain, Marjory was the only one in the house cool enough to meet them at the

closed, Madame Courcy lost her head." sination," the lieutenant informed her. He was a very smart-looking lieutenant, and he noticed her eyes at once. "To have an assassination it is nec-

essary to have some one assassinated, is it not?" inquired Marjory. "But yes, certainly."

"Then truly it is a mistake, because the two gentlemen went off together

"Is that necessary?" asked Marjory anxiously "A report must be made."

"It was nothing, I assure you," she insisted. "It was what in America is called a false alarm." "You are American?" inquired the

lieutenant, twisting his mustache. "It is a compliment to my French that you did not know," smiled Mar-

It was also a compliment to the lieu tenant that she smiled. At least, it was so that he interpreted it. "The report is only a matter of routine," he informed her. "If madem-

"But the newspapers!" she exclaimed. "They make so much of so little." "It will be a pleasure to see that the report is treated as confidential," said the lieutenant, with a bow.

oiselle will kindly give me her name."

So, as a matter of fact, after a perfunctory interview with madame and Marie, who had so far recovered themselves as to be easily handled by Marjory, the lieutenant and his men boot trade ever since it was a trade, along." And don't give condensed bowed themselves out and the incident of course, but only since the war has milk except as a last resort and on

Marjory escorted them to the door, script the shark for making of foot- for a perfect food. and then, a little breathless with ex- wear citement, went into the reception room a moment to collect herself

been when from upstairs she heard of sharks and other large fish. These fast food, or rice. Either is more that shot-the shot that for a second skins have been tanned quite success- apt to be digested by the average had checked her breathing as if she fully, and before very long we shall child than is out meal. Feed only herself had been hit. As clearly as be covering our feet with this new ma- a teaspoonful the first day, and note if she had been in the room, she had terial. It is said to be soft and pliable the effect. If the cereal you choose

teunna Shur Gain

From Industrial Agent to Flight Commander

light hair all awry like a school-boy's.

in the lives of flying men in England all kinds of fancy performances-loop cept condensed milk in a bottle. His are given in letters to friends written the loop, roll, make spinning nose mother would not cook him cereals, it by Acting Flight Commander Graham dives, side slips, and vertical turns." took too much time to sit down and Waters Curtis, formerly Industrial He describes how "little excite- feed him. Fresh eggs were too ex-Agent of the Canadian Pacific Rail- ments" happen when one aeronaut pensive. He used to throw the way in Montreal, who is now a flying gets into the "wash, or slip-stream of bottle away and lie on the floor and instructor in England. The school in air" made by a preceding navigator. cry with hunger, but the mother de- sugar. It has many uses. Use it for cane and beet sugar substitutes which he teaches is a vast expanse of The letters indicate that Acting Flight clared he could take the milk or go for sweeting tea, coffee and porridge. of any and every kind. Maple sugar



Acting Flight Commander G. W. Curtis and his machine just after "crash" at a training camp in England.

"You don't care what the little fel- was like him to do that. Running ors. When diving we only travel at been killed yet."

lows do to you," said Monte. "But swiftly to her room, she called Marie the rate of about 175 miles an hour! Acting Flight Commander Curtis his

moved slowly, with her eyes closed, resort. He writes: "The view from of the high school in which he soars. "Steady," he warned. "There are Then, suddenly opening them wide, she the air is superb, and we often fly out He says: "We have a lot of smashes, saw her fingers stained carmine. She over the sea, and dive down near the but very few deaths, considering knew then why Monte had smiled. It British warships and wave to the sail- everything. None of my pupils has

"Marie-my hat! Your hat! I am kept very busy instructing and has lately been recommended by his am turning out a lot of expert pilots, commanding officer for a first lieu-"Oh, mon Dieu!" exclaimed Marie. The school I am connected with is one tenancy, and expects to be sent to in which flyers finish their course of France at any time. He joined the "I have just learned what has al- training. A lot of chaps from Borden Royal Flying Corps on November

cookies may also be given occasional-

Remember, these foods should not

hours to see its effect, forty-eight

hours is better. Otherwise you can!



Isn't it queer that when so much enough to begin with. Give this in

"That is best for you," nodded Mar-With Marie by her side, she took her that is vital in life depends upon food the morning, and if it is properly little walk in the sunshine, without and correct feeding, so few of us digested, add a little more at each "Take what there is," he ordered. hurrying, as far as around the first understand a thing about balanced feeding until the baby can eat the Hamilton obeyed, and returned the corner. Then she signaled for a cab, ration, or pay any attention to feed- whole egg. Crackers and hard toast, ing the human family sanely. We not toast soaked in hot water or "Remmber," faltered Monte, his "Hotel Normandie. This is for you are told that food will play a big milk, may be given. Watch the murmur, "we're engaged—Marjory It was a wonder the driver was not part in winning the war, yet we go child to see that it does not nibble arrested within a block; but it was about conserving with only a hazy off pieces large enough to choke on. But Hamilton had disappeared. It nothing less than a miracle that he idea of what we can best use as Orange juice, a tablespoonful to bewas the driver who was peering in reached the hotel without loss of life. foods if we wish to conserve our gin with, and scraped apple should be A louis d'or is a great deal of money, strength and development, as well as given each day. Home-made sugar When Marie followed her mistress Yet the whole thing is so simple

ly in moderation. from the cab, she made a little pray- that "even the way-faring man, The windows began to revolve in a er of thanks to the bon Dieu who had though a fool, need not err therein." all be introduced at once. Never give Mademoiselle inquired of the clerk We eat to promote growth and to more than one new thing on any one give us srtength, or, as the experts day, and wait for at least twenty-four Yes, Monsieur Covington had reach- say, to give us heat or energy. There ed the hotel some fifteen minutes be- are three classes of food and everyfore. But he was ill. He had met thing we eat may be placed in one not tell which food upset the child. with an accident. Already a surgeon of these three. They are the proteins, "He-he is not badly injured?" in- or the foods which promote growth, and the carbohydrates and fats, which "I do not know," answered the give us heat and energy. The proclerk. "He was carried to his room teids consist of lean meat, eggs, milk,

apologized, because it did seem too bad in a faint. He was very white." and the legumes. At least these are "I will wait in the writing-room. the important proteids, though to put them to so much trouble for When the surgeon comes down I wish many cereals contains proteins, and nothing. "It was only a disagreeable to see him. At once—do you under- the proteins contain others of the food elements. For instance, milk contains fat in the shape of cream, and Marie suspected what had happened. wheat contains proteid-the gluten Monsieur Covington, too, had presented the driver with a louis d'or, and- which makes wheat bread elastic. The miracles do not occur twice in one day. carbohydrates are the starches and Marjory seated herself by a desk, sugars, and the fats we all know.

where she had a full view of the of- It will be seen at once that children fice of all who came in and all who must have plenty or proteids if they went out. That she was here doing are to keep up a normal growth, while this and that Monte Covington was adults who have attained their full upstairs wounded by a pistol shot was confusing, considering the fact that as short a time ago as yesterday evening she had not been conscious of the replace wornout cells, that is, to build existence in Paris of either this hotel the body up daily as it is burned out or of Monsieur Covington. Of the with work.

man who, on the other hand, had been Here is where our danger will disturbing her a great deal-this come in during these days when we Teddy Hamilton-she thought not at are asked to save food. We will be all. It was as if he had ccased to tempted to economize on the milk and She did not even associate him, at this moment, with her presence eggs given our children, a thing we here. She was here solely because have no right to do. The children must be properly nourished or their He had stood by the window in health will be impaired for life. Those Madame Courcy's dingy reception of mature growth may get along on room, smiling-his hair all awry. She skimped rations with only temporary recalled many other details now: how inconvenience, provided the food his arm had hung limp; how he had shortage does not last too long. But been to a good deal of awkward trou- children must be fed.

ward her; how white he had been when Up until seven months the baby he passed her on his way out; how he should be fed nothing but milk. Mothhad seemed to stumble when he step- ers' milk preferably. Failing that, consult the best doctor you can secure as to the right way to modify cow's milk. Don't give your baby a prepared baby food because some one There have been "sharks" in the else gave it to her child and it "got it occurred to the ingenious to con- a physician's order. It is too sweet

At seven months the salivary glands The scarcity of leather has led to are able to do their part in digesting The scene was set exactly as it had numerous experiments with the skins starch. Begin with a wheat breaktically unlimited at present. From digest. If there is a tendency to Alaska alone 11,000 pounds of skins constipation oat meal is good as a corrective. If the tendency is the other way, rice is a good food

After a few days' trial, if the s about the size of a pheasant, is the starchy feed is properly digested, try to introduce egg into the dietary.

in our ultimate success or failure. developed tuberculosis of the hip bone. He had practically nothing to eat until he was two years old ex-Interesting despatches of incidents then they are sent to France. We do to eat until he was two years old exentered she found Monte standing country close to a beautiful seaside Commander Curtis is a lucky master hungry. She had too much to do to Make a syrup of it with water and see and maple syrup can be used in many bother with "a kid."

mother blamed a fall at school. Other squash. Scoop out the apple cores mothers, whose boys had worse falls and stuff the space with brown sugar with no ill effects, blamed wrong feed- and a bit-of butter. And they were right.

What Waste Costs.

The waste of 500,000 pounds paper a week, Canadian authorities estimated, entailed the cutting of at least 2,000 trees a week. Every ton of old paper recovered means a saving of eight trees of mature growth, says the Christian Science Monitor. The saving of woollen rags for the manufacture of shoddy saves land for crops which othrewise would be required for the raising of sheep; men, money and material-capital and labor-are conserved every time a bit of material is re-employed which formerly was destroyed.

Delicious winter shortcake is made! with canned strawberries.





change, a shopping trip to Toronto may save you much money. The advantages of buying in a large metropolitan city are very many. Wider choice, newer goods, fresher commodities, special bargains, all of which mean a saving in money, in addition to a pleasurable trip. And all this is doubly enhanced by the fact that you can stay at the most home-like and comfortable, hotel in Canada, and at moderate cost, and have your parcels sent direct to our check room. There is no extra charge.

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Articles Wanted for Cash Food Control Corner

The Food Controller is urging that the greatest possible production of maple sugar and maple syrup be undertaken by farmers and all those who are in close proximity to available sugar maple bush. The sugar shortage will mean that there will be an absolutely unlimited market in 1918

other ways for sweetening purposes When tuberculosis developed the cakes taste. Sprinkle it over baked than commonly practised, and if necessary can be so treated as to take the place of the ordinary commercial sugar. It is calculated that if, the full resources of Eastern Canada in When you put a porridge saucepan sugar maple trees could be made available, the total domestic requirements for sugar could be provided without aid of imports. While this is not feasible with the present equipment and organization, still by an increased effort of farmers and others. the maple sugar production could easily be increased by, it is said, 100 per cent, this spring.

"Now is the time to establish the maple sugar industry of Canada on a wide, permanent foundation," says the Food Controller, "The soldiers of the Canadian Army are making maple sugar known in Great Britain and France. The demand in those countries will continue and increase after the present conflict is over."

Through the United Grain Growers' organization, which has supplied its mailing list for the purpose, the Food Controller is sending 32,000 letters to the farmers of the provinces of Manitoba, Saskatchewan and Alberta. explaining the food situation which requires that every effort be made to produce the largest possible amount of bread grains and other food products during the current year. The more during farmers are asked to make arrangethe day if you | ments, well in advance of planting have had a really | time, for their supplies of seed, etc., enjoyable shave and to have their farm machinery -an AutoStrop overhauled and every possible preparation made to produce a bumper

FIRE WALKERS OF FLIL

is always in per- | So-Called "Miracle" Which Has Been Satisfactorily Explained.

Many so-called "miracles" are The AutoStrop | among the most interesting of natural is the only razor | phenomena. Take, for example, the that sharpens its "fire walkers" of the Fiji Islands, own blades auto- They are the priests of a native religion who, with bare feet, walk over Guaranteed to Satisfy red-hot-nay, flaming-stones and yet are not scorched.

It is really a wonderful performance and has astonished many strangers who have witnessed it. The explanation offered is that the fire walker is enabled to do the trick by pray-Out ers addressed to a goddess, or female devil, who controls the fire.

A shallow pit twenty-odd feet long is filled with burning logs on which many large stones are placed. At the end of four hours the stones are visibly hot, many of them being red-hot. Flames leap up between them. Then it is that the "mystery men," half naked and wearing garlands of flowers, walk over them.

Not long ago, however, Prof. Henry E. Crampton, of Columbia University, was traveling in the South Seas and happened to witness a fire walk. He did not pretend to understand it, but felt sure that it was a fake somehow. In fact, he decided that he would do some fire walking on his own account Not without fear, but inspired by scientific enthusiasm, he and three companions bided their time, When the priests had passed over the flaming stones they followed, to the amazement of the assembled spectators. They did it first in tennis shoes

then they repeated the feat barefooted. The secret of the whole business, as explained by Professor Crampton, that the stones (of pumice lava) are poor conductors of heat. The bare feet of the fire walker move from stone to stone at a quicker rate than the conduction of heat from the fire beneath to the upper surface of the stones. Hence his feet are not burn-

If (as happened to Professor Crampton) he paused for an instant, his feet would be blistered. The Fiji natives say that to look backward while doing the fire walk is likely to be fatal to the performer. At all events, it would mean burned feat.

In all ages there have been fire miracles. They have been a common feature of the performances of professional magicians, who in early days were priests of various religions. It is only within comparatively recent years that magic has become a lay vocation.

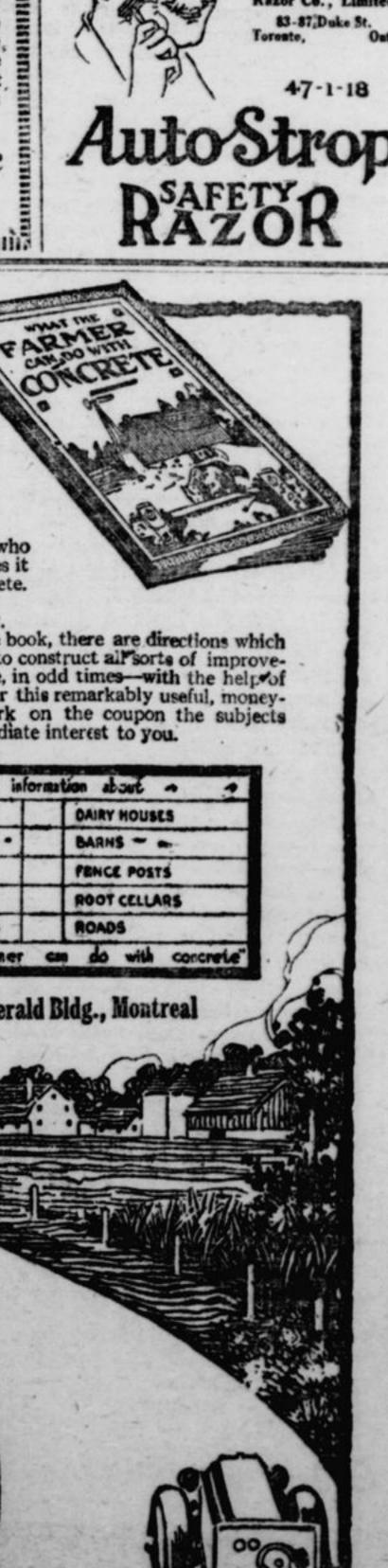
Can Recite All of the Bible. The most wonderful memorizing

feat on record has recently been accomplished by William Frederick, a New York salesman. He has learned the entire Bible of

by heart, and can repeat any passage in it from Genesis to Revelation and state where it may be found. It has taken him eighteen years. A similar task was once undertaken

by an eighteenth-century strolling player, about whom Sir William Robertson Nicoll has written. But he gave in after eleven years, by which time he had succeeded in memorizing about two-thirds of the Old Testament. ---

Pins were first invented and used in 1513 in France in the time of Francis I. Up to that time women used small wood, bone and ivory







The object of this

vice of our farm read

authority on all subje etamped and addres question, when the

Fertilizers and Fal The lesson of the pa nt a compara frost cut short the

dersover, Intmers

ate enough to have the feeding value of terially improved if How is the situati How can Canadian repetition of this di in 1918? The answ fertilization of the zers for grain cro phoric acid. This ad ported by experimet

Director Hail of in 1910: "It (phos some way closely be formation, being greater proportions tive parts of the pig This ripening actio seen in the Rothan on barley; the plo phoric acid being. week behind thos pecied, this ripenil phoric send will be ! a wet year when a harvest.

form; than does ! Ohio Bulletin 181 has a frontispiece

eve view of the ru at that station. 1 Wheat on section rotation as seen In main building also harvest in 1905. the carly maturit ceiving acid phosn ized yield of this oushe's per acre, and 15 yielded 24; oushels respective In the Middle ! States it is the most effected by a

there is not he food value of make any differen a ration; one wa of the other. good hay when it as favorable cond t just as well. nabits, red clover iderably and a l

his into conside grew alsike or n stance, alsilie will too moist and too done is much mi han red clover be or reclining ster good practice to er in with some own, for on mus tion of the field ! to the growth of red glover, couse nably sure of a of hay if he mixe to grow either a do not mature ju yet the difference vent cetting both ime without ver he value of citi

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