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Hotel is equipped throughout with Automatic Sprinkler System.

AMERICAN PLAN

JOHN J. HERNAN.

to-morrow night?"

CHAPTER IX.

without any waste of words.

"Yes, sir," replied Tom.

man's association with him in Brun- be alive now!"

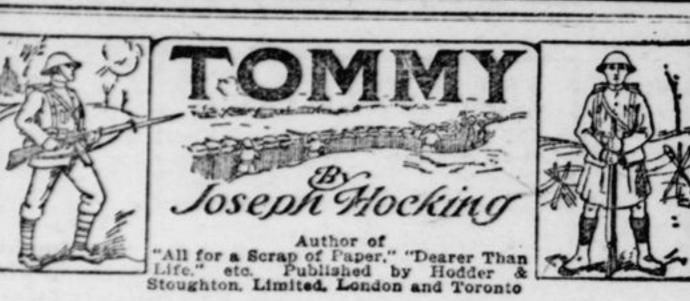
time," said Tom, "why he seemed so self?"

into the Army, then?"

"Tell us where."

had with the prisoner.

to another."



CHAPTER VIII.—(Cont'd.)

into the Brunford vernacular, which he had been trying to correct lately. "Ay, Tom, it's me; tha'st done a good neet's work to-neet."

Tom's brain was clearer now; he knew where he was: knew, too, that he had succeeded. Something was still hammering at his temples, and his head was aching terribly, but he didn't mind; his heart was light. "You have done well, Pollard."

was Major Blundell who spoke. "Was what I got any good, sir?" "Good! I should think it was." "And Captain Waterman, have you

"That's all right, Pollard, he's safe enough," replied the Major. "Thank you, sir," said Tom, "I don't

in a large room amongst a number of What happened after that Tom officers, and standing at one corner, didn't remember. He had a confused carefully guarded, was Waterman. idea that he was carried down a long line of trenches, and that he heard cheering words during his journey. a burning sensation in his left arm and was so clear, so overwhelming that cheese.

in his right shoulder; for the rest he was not the slightest doubt was faint, sick, and weary.

Cheese.

Many other varieties are made by Sour milk may be used in place of special processes which, together with buttermilk. not, Pollard?" It was the doctor who practically red-handed in his deed of treachery; but this was not all. Tom

"Yes, sir, I am feeling all right," re- Pollard's action had led to a number

the doctor, "only a couple of flesh had constantly made known the plans wounds, that's all. You have lost a which he had learnt at the Divisional wonder that a hundred bullets did not which we had made. go through you!"

"They came mighty near," was by the fact that even although Wa-

An hour later Tom found himself thing that could be said in his favor

ed to him a miracle that he had not present was a look of concern almost self, use a sharp knife and score been killed. No sooner had he mastered the German and seized the paper than bullets showered upon regarded him with horser, almost in opposite direction, making small him like rain, and yet beyond these amounting to loathing. They re- diamonds. Score both sides. The two slight flesh wounds he was spected an enemy who fought openly scoring cuts across the tough fibres wholly untouched. It was true he and fairly, but for a man who was were stiff and sore but he knew a staff officer in the British Army and and makes the meat tender like sirloin. that he would soon be as well as ever. Who consequently learnt many of the Heat a frying pan red hot, drop in the

"I felt I must come to see you. You as he had acted, was ignominy too Turn steak frequently to cook evenly. 2 tablespoonfuls butter, 2 tablehave rendered the British Army and vile for expression.

"Thank you, sir, but I never thought | no word of regret, but stood erect and about reward," said Tom simply. almost motionless. His face was spread with butter and serve. "I'm sure you didn't," replied the hard set, in his eyes was a steely glitcolonel, "but this job's not at an end | ter; it seemed as though he defied his judges to do their worst, and to mock

"No, sir," said Tom, mistaking his at their evident disgust.



Many People Make a

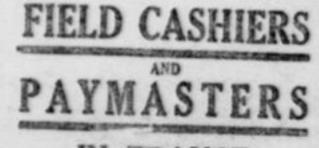
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DOMESTIC SCIENCE AT HOME Twenty-First Lesson-Milk and Its Derivatives.

To Make Butter at Home.

Now place the curd in a bowl and add:

Baked Meat Hash

potato, left overs of meat. Put meat

through a food chopper first remov-

ing all gristle and bone. Season high-

ly with salt and pepper. Butter an

earthenware baking dish. Add en-

ough medium white sauce to the

ground meat to moisten and bind it to-

spread over in a layer, the hot well-

seasoned, mashed potato. Bake in a

Jellied Ham

fuls cold boiled ham. Make a white

sauce of the butter, flour and stock.

hot oven until brown.

Medium white sauce, hot mashed

One-fourth teaspoonful of salt.

Milk may be called a perfect food, the location, curing and manner of containing as it does the five necessary storing, give many varieties. Cheese food elements required by the body to maintain life. It is the first food for infants; it forms also a perfect food for small children, the protein being in the form of casein, which is readily digested. The adult requires additional food, owing to the activities. Milk will not supply all the needed elements. The carbohydrates are in Europe. Many of the foreign race. the form of milk sugar and fat; the contend that the use of buttermilk fat is suspended in the milk in the form of tiny globules, thus giving to the milk its clear, white color. The is also strained, the curd salted and the color is also strained, the curd salted and the color is also strained, the curd salted and the color is also strained, the curd salted and the curd salt proportions of fat in the milk vary beaten with a wooden spcon, then from 2.8 to 8 per cent. This variation worked into a smooth mass. This is due to age, condition and feeding called buttermilk cheese and was greatly esteemed by our grandmoth-

When milk taken directly from the

that," replied the Colonel grimly, "but you will have to give evidence against tain length of time to develop an acid the butter in pats and place in re-"Yes, sir," replied Tom.
"Will you be well enough to come of the butter a desirable flavor and taken not to scald the cream by using suitable professions for the blind. In sional work he can resort to the more peration depot, whose duty it is to expense the control of the butter in pats and place in return the butter in pats and

lard was, he had rendered, as he had Sweet butter is made from fresh risen to the top. Then place a piece said, a signal service, not only to the cream and is usually sold unsalted. It of cheese cloth in strainer, turn in the will not keep any length of time, buttermilk and let drain for two hours. The next evening Tom found himself usually turning cheesy.

Cheese is made from milk by special Work well with wooden spoon to a process of fermenting milk with a smooth mass. lactic acid ferment and then coajulat- One-half green or red pepper, chop-But nothing was plain to him, except The evidence against Waterman fresh is called cream and cottage Mold into balls, and place a piece of nut on the top and serve on lettuce.

USING THE CHEAPER CUTS OF MEAT.

Cheap cuts of meat-that is to say, meat hammer for the purpose or a plied Tom; "there is not much the of other facts coming to light. He the tougher or less choice cuts-can potato masher or even a large heavy had by many cunning devices been in be made acceptable to fastidious spoon. Heat a frying pan and bro-n

"You are simply a miracle," replied communication with the enemy; he palates by thorough and careful cook- the meat on both sides, then put into ing. Here are suggestions that lend a baking pan. Rinse the frying pan great deal of blood, of course, but you Headquarters, and had thus prepared variety to the ways in which beef, ham with boiling water so as to save all will soon be as fit as a fiddle again. I the Germans for many of the attacks and chicken may be served at the browned meat juice and pour this one meal a day to which we have water over the steak, using enough Tom could not help being impressed patriotically reduced our meat-eating. to come up halfway. Add seasoning and cover. Bake until tender. This terman's guilt was as clear as dayis a very economical dish and there

Broiled Flank Steak

"You must be removed from here light, it was the evident desire of 1 flank steak, salt, pepper, 1 tea- is no waste. at once," said the doctor, "this region's those who tried him to act fairly, and spoonful butter. Buy a flank steak even generously, towards him. Every- the size required for your family was carefully listened to, and noted; needs. Ask the butcher to score it As he reflected afterwards, it seem- and on the faces of more than one on each side or, if you do this your-On the evening of the same day plans of that Army; for a man who steak, turn quickly back and forth to had taken the oath to be faithful to sear the whole surface and then re-"Pollard, my lad," said the colonel, his King and Country, and yet to act duce the heat and cook more slowly. your country a great service, and you But Waterman seemed to have no twelve minutes. Season with salt 1 cupful chicken stock, 4 tablespoonand pepper, remove to a hot platter, fuls cream, 1 teaspoonful granulated gelatine ¼ cupful cold water, 1½ cup-

Round Steak in Casserole

1 round steak cut 11/2 inches thick, Add the salt and pepper. Soften the 1 cupful flour, 11/2 teaspoonfuls salt, gelatine in the cold water and add to Tom gave his evidence clearly, and pepper, 1 tablespoonful butter. the white sauce, add the cream and Pound the flour, a little at a time, the finely chopped ham. Turn into a "You knew him before you went into both sides of the steak, using a shallow pan, pack solid and let chill.

"What a look he did give me! If a "My father and my mother are Whereupon Tom told of Water- look could murder a man I should not German," went on Waterman; "when ford, and of the conversations he had "Now then," said the President to name German fashion, and there were Waterman, when Tom had gone, two n's, not one, at the end of my "I didn't quite understand at the "what have you got to say for your- name; but when they were in England sure of the Germans getting the best "Nothing," replied Waterman. He to spell it English fashion. But they they thought it would serve them best of it. He seemed to be glad when was no longer respectful or polite. never ceased being Germans. When he told me of the tremendous strength His every word suggested insolence. I was a boy I was taught to love my

tions they had made. He said he had guilty of the charges that have been religion, and I was always faithful to been in Germany to school, and had brought against you?"

an Englishman who loved his country ally to the enemy?" could be so sure that the Germans Waterman laughed. "I have simply "Evidently they spoke the truth." would win. Besides, he didn't talk tried to serve my own country," was Waterman shrugged his shoulders about it as though it would be a his reply, "the country which will carelessly.

calamity, but something he would be soon conquer yours." proud of; but I don't know that I Every eye was fixed upon him; the born in England, educated in England, thought much of it at the time, es- man's brazen confession almost stag- and receiving all the benefits of our pecially when he told me he was going gered them. to receive a commission in our Army; "Then you are a German!" but later on, when I found out the "Yes," replied Waterman proudly.

Germans knew what we were going The President looked at him keento do, I wondered how they'd found ly, and then turned towards some out, and that led me to put one thing papers. "I see that you claim English birth, "I thought only of my own country," This was not strict evidence, and that you were educated at an English was the reply. "I knew that this the officers knew it, but they allowed public school, and that you went to an war was coming, knew too that I Tom to tell his story his own way. | English house of business."

watch him," went on Tom, "and-well, a German," replied Waterman. sir, that was how things turned out "I find, too, that you boasted of be- myself in the right too," he added When Tom's evidence came to an "That helped me to do ing an Englishman.

end he was told to retire. The lad was was the jeering answer. sorely grieved at this, because he would like to remain to the end; but would like to remain to the end; but after all, he was only a private, and he was there simply to give his evidence.

"Shooting's too good for him," thought Tom as he left the room intensely interested that no one broke is everything."

For some seconds there was a death- in disgrace and death:

"Disgrace?" cried the other. "No, it is glory. As for death, what does that matter? My death is of no importance; the victory of my country intensely interested that no one broke is everything."

of the German army, and the prepara- "You admit, then, that you are country above all things; that was my

lived there a long time; that was how "You admit that you, an officer in school I was always a German at he came to know so much about it. the British Army, have given away heart; the other boys used to say that I could never quite make it out how your country's secrets and become an I was not a sportsman, and that I

country, were all the time a German at heart, and sought to act in Ger- THE NEXT OF KIN, or Those Who many's interests." "And you didn't feel that you were

acting meanly, ungratefully?" "That was why I determined to "That doesn't make me cease to be fessing to be an Englishman, and by

"But didn't you realize that such

(To be continued.)

Old Tea Looks All Right

Old tea and fresh tea, poor tea and good tea, all look alike. No wonder a woman often gets a bulk tea she doesn't like.

Red Rose Tea in the sealed package is always fresh, always good, always worth the price on the label. Kept Good by the

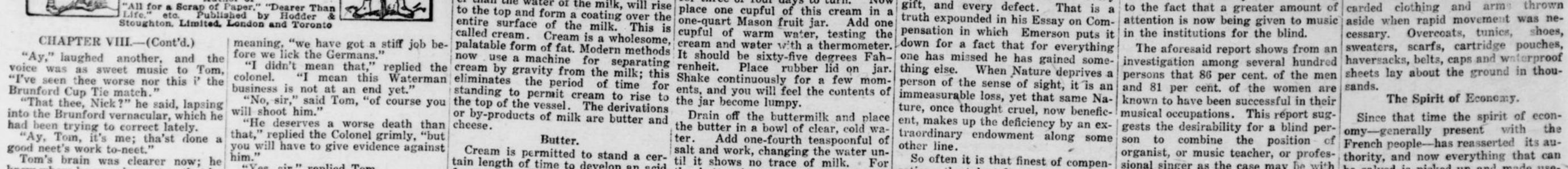
Sealed Package



to the cream in the form of lactic acid. of carrot juice may be added to give Britain on the welfare of the blind it is around, as circumstances dictate. The Colonel knew he was not actThe cream is then churned, the butthe butter a color. Grate a small carstated that there are almost 1000 ing according to strict regimental ter-milk drained off and the butter accior. Grate a small carstated that there are almost 1000—
worked with pure cold water. Salt rot and place in cheese cloth and 947 to be exact—persons in the United Fertilizing the soil increases farm rules and regulations in speaking to a private in this fashion, but it was no ordinary case, and Colonel Blount was is added to the butter to preserve and ter may be given to small children or lowing the professions of music, making the farmer's net income. The extra found in operation a scheme of sal-

Music A Profession For The Blind. hundred blind organists in Britain, roadsides where the troops had fought, cow is placed in suitable containers and permitted to stand for a period of . Collect left-over portions of cream that no creatures are favorites, but a well. It is expected that these num- Nobedy thought of saving the tens and permitted to stand for a period of in a clean bowl. Permit it to stand time, the fat globules, which are light- for three or four deve to the period of thousands of dollars' worth of distime, the fat globules, which are light- for three or four days to turn. Now gift, and every defect. That is a to the fact that a greater amount of carded clothing and arms thrown

water that is too hot. A few drops a Government report recently issued in practical occupation, or the other way amine and retrieve all that is possible



not a man to be tied down to military about 83 per cent. fat and is a valuable let the buttermilk stand a few ling of musical instruments, piano yield, less than the cost of the fertilihours and drain off the water that has tuning, etc. There are at least one zer, is largely pure profit.



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Salvage Labor Saves Millions of Dollars Yearly to the Nation.

The Arabian Nights wizard who turned old lamps into new was the veriest amateur compared with the modern French woman through whose hands passes the debris of the battlefield. At the beginning of the war, partly owing to the rapid movements of the armies, waste was prevalent everywhere. The correspondent of the Associated Press, while marching with the soldiers, then saw thousands of garments and articles of equipment strewn over the fields and along the er than the water of the milk, will rise to the top and form a coating over the entire surface of the milk. This is called cream. Cream is a wholesome.

for three or four days to turn. Now place one cupful of this cream in a one-quart Mason fruit jar. Add one cupful of warm water, testing the called cream. Cream is a wholesome.

for three or four days to turn. Now place one cupful of this cream in a one-quart Mason fruit jar. Add one cupful of warm water, testing the down for a fact that for everything.

The eforesaid report shows from an sweaters, scarfs, cartridge pouches,

Cream is permitted to stand a certili it shows no trace of milk. For some single to develop an acid til it shows no trace of milk. For some single as the case may be with be salved is picked up and made use-

vage which saves the French nation many millions of dollars a year. It is run under the superintendence of officers of the army reserve, mobilized at the opening of hostilities and chosen for their experience in commercial affairs. Among them are bankers, manufacturers and men drawn from many trades. They have at their disposal machines of the latest model, mostly of American origin, while the workers are drawn from among the wives. widows and children of soldiers, German prisoners and men of the oldest classes of the French army.

Some idea of the extent of the work done in this centre alone may be gathered from the wages paid to the women and girls employed, which amounted in the month of August to approximately \$100,000. There are at all times stored in the depot articles of military equipment to the value of \$10,000,000. Every day in summer an average of thirty motor wagons full of debris from the battlefields arrive and in winter this number is increased to an average of forty-five wagons.

New Shoes From Old.

Thousands of odd shoes, worn and muddy and torn, are sorted out into pairs and then cleaned, repaired and made ready to be issued again. Sometimes they are in such a condition that they cannot be used as soldiers' marching boots and then the uppers are detached and refitted to wooden soles, forming clogs which are much appreciated by the soldiers during their service in wet and muddy trenches. Odd pieces of leather are stamped out into buttons for the prisoners' uniforms.

More than 6,000 women are em-

ployed in this depot alone, A few figures as to the results obtained in this depot will demonstrate the economic value of the system adopted. Two thousand cartridge pouches are repaired on an average every day at a cost of about one cent each, whereas new ones would cost eighty cents each. By the repair of soiled and torn sheepskin jackets profit of \$1,500 daily is made. The mending of overcoats saves the Government about \$3,000 daily. With pieces of cloth cut from old uniforms the women make 8,000 pairs of cloth slippers daily, each pair worth forty cents, while by piecing together old shoes 500 pairs of new ones are made every day.

ALL TRADES OPEN TO HEROES.

M.H.C. Perfects Plans Which Will Make Factories Training Centres.

There are now 39 different vocations being taught in the vocational training centres of the Military Hos-Even more amusing than "Skinner's pitals Commission linked across Can-

This number will be increased indefinitely to embrace the whole cate A Christmas story of mysterious sur-prises and a joyful holiday spirit, by gory of industries in Canada if neces-the author of "The House of a Thou- sary when the present plans of the Commission to place men needing to POLLY AND THE PRINCESS, \$1.35 learn new trades by reason of their All lovers of "Polly of the Hospital Injuries, in the fact Staff" and "Polly of Lady Gay Cot- put into operation. injuries, in the factories have been

tage" will want to read this new story The co-operation of the Canadian Manufacturers' Association has made it possible for the Commission to of-How a charming helress attempts to fer the men this inestimable advantescape a horde of suitors by a mar- age of working under actual industrial conditions in learning their new

Immediately after a cold is taken a very hot bath is often very useful, A new edition of this famous tribute but for relief of a chronic cold, warm to Kitchener's Army. One of the best finths are less useful then cold ones. baths are less useful than cold ones. People with a tendency to take cold may "harden" themselves by daily cold



Conducted b

The object of th vice of our farm re authority on all subje Care of The Wilson F and answers will ap which they are recel able where immediat

and addressed enve when the answer will Fertilizer Ind Petato Sit

Conditions surroun tion of the fundam Canadian diet and greatest plantfood s timately related th special consideration The productive fi Italy, Grent Britain

that normally produc that those cor port from America quired this year will bushels of wheat. Canada has but lit

cost of production of p

to supply the potato crop a production of the crop at ably reduced cost per bi following table is more cost per bushel at varying to the potato-grower if he carefully. To illustrate me point out that if the po spends but \$40.00 per acre paration of his field and the of the crop throughout, s approximately 80 bushels his potatoes cost him 50c If by careful fertilization of and a little more careful cu aggregate cost of \$60 per a increase the yield from 80 150 bushels per acre, he his cost per bushel 10c., a more bushels per acre to sel

this year cost over \$100 per to the high price of seed and a cost, if potatoes yield 200 the acre, the cost is 50c. a bi if that yield can be increase pushels per acre, the cost w less per bushel. There are for the 1918 potato-grower in mind; first, that there is be a tremendous call for fou that liberal fertilization, eve derable increased cost, will igently applied, greatly ind average yield per acre. In view of these facts, pot ers will be especially interest

prospect for fertilizers for t of 1918. It is not my pr relate the story of the d which now face the fertilizer only insofar as it has a bear the supply and necessarily cost of fertilizers next sprin me call your attention first to dition of the supply of the soid phosphate. As you k supply of phosphate rock con Florida, Tennesee and Carolin