PEOPLE

ate creek, Macturers

n Otter ing full the fish matter-

hs ago,

demands an eight-

WHAT THE U. S. EMBARGO MEANS TO THEM.

Holland and the Three Scandinavian Kingdoms Are Now in a Grave Dilemma.

The Allies control, by heir blocading fleets, access to e ports of Holland, Denmark, Sweish Empire, and from other countries, and potatoes. You don't allied and neutral, to reach Dutch and know how easily you can do and a plentiful supply of steam with solemn pledge by the Scandinavian without meat or potatoes and Dutch Governments that the until you try it. Delicious exclusively home consumption, and that none of it would under any cir- or other fruits, and milk. These promises and agreements have been violated with much the same effrontery that Germany displayed in treating as a worthless scrap of paper the guarantee of Belgium's neutrality to which she had subscribed.

Neutral Pledges Violated. Thanks to this, the blockade off the across the sea, because Canada is only German coast has lost much of its across a lake; but Canada is part of value as a factor in the present war, England, which is a long way from MAKE YOURSELF STRONG which has been unduly prolonged South State Street, says a Chicago thereby. For if the neutral powers writer. Anyway, what I'm driving at People with strong constitutions gagements and to the obligations of Lieutenant Colonel J. S. Dennis, of make life miserable for others. Don't of Western Canada is by the Canadian make life miserable for others. Don't Northern Reilway, where lines serve

long ago have put an end to these manding the recruiting district of come from this description? Have part to the northward, where experibreaches of faith and of neutrality on Northern Illinois for the United you ever made an earnest effort to ence has shown that crops are least Dutch kingdoms and would have shut When two beligerent parties shake build up your system to ward off disfor their consideration for the United either "Take your corners" or "Bless ly possible to so improve your physiany oppressive interference with the I said neither. But I held my maritime commerce of America. But breath, for it was an impressive mois to build up your blood as poor Excursionists to be comfortably fed in since President Wilson took up as in ment, the formal enactment in Chiblood is the source of physical weaktransit—a welcome relief from the recklessly and insanely thrown at his cal union of the fighting strength of feet by the Kaiser, the situation has two great nations. And the spirit of

of the Powers of the Entente that are ance. fighting for the emancipation of the Colonel Dennis and Captain Kenney civilized world from the military and joined in plans. What they want is ness to the eyes, a steadiness to the of electric-lighted colonist cars and economic terrorism of the Hohenzol- men to send to the front. Neither has lerns, and has exchanged the role of a any choice as to whether the men go energy. Thousands throughout the special accommodation for women. neutral for that of a belligerent. That in Canadian kilts or American khakis, country whose condition once made All particulars from nearest C.N.R. which Great Britain and France re- At every one of the dozens of scatfrained from doing out of considera- tered stations under Captain Kenney's health to this medicine. If you are Toronto, Ont., and Montreal, Que. tion for the United States while she command volunteers of Canadian one of the weak and ailing give Dr. was still neutral President Wilson has citizenship were taken for the expedi- Williams' Pink Pills a fair trial and now, with the full approval of the tionary forces of the Dominion; at note the daily gain in new health and and destroying diseased parts will American nation, undertaken to ac- every headquarters over which Colonel abounding vitality. complish by means of his proclama. Dennis has control volunteers of You can get these pills through any tion of embargo.

Neutrals Must Choose.

none of the necessaries of life, in fact, of recruiting. But he was immensely no exports at all, will be allowed to impressed with the policies and ideas THE GREAT TONNAGE PROBLEM. reach the neutrals until first of all the expressed by the distinguished Canarequirements of the people of the dian man of war. United States and then those of her | Colonel Dennis says that there are allies have been adequately supplied. 157,000 Canadians in Chicago. Cal-This means that there will be very gary, with a total population of 60,000, How long can Allied shipping withlittle left for the neutrals. And in sent 16,000 soldiers to the front. stand the hideous submarine sap at dealing with them a preference will be What then might Chicago yield? its tonnage? This is the question of the most important elements in shown for those neutrals, especially in There are about 350,000 British sub- on the answer to which hinges the keeping up the flow. Latin America, who have shown a dis- jects here, and some sixty-five St. very fate of world freedom. Let us position to refrain from trading with George and Maple Leaf societies. look at the facts. the enemy of the United States, that There is no shortage of material here- At the outset of the ruthless submais to say, Germany, while neutrals about for the British recruiting mis- rine campaign, Vice-Admiral Capelle such as Holland, Denmark, and above sion. all Sweden, who have aided and A thrillingly interesting man is month would bring England to her abetted the cause of Uncle Sam's foes Colonel Dennis. He is the most ver- knees. It is generally coneded that, by exporting their domestic produce satile individual I have ever met. If in the last ten weeks, the submarine and their imported goods to Germany, one were suddenly to inquire in Ot- has done its worst because the subwill very rightly and justly be dis- tawa, "Who is Dennis?" one might mersible fleet has been increased by criminated against by the board at get back the typically British answer, the addition of the supersubmarine.

Washington entrusted with the ad- "Who is he not?" ministration of the embargo. Few seem to realize the full extent president of the Canadian Pacific Rail- tish shipping, and it was John Bull's against cold. of the importance of this sensational way. Lord Shaughnessy. He has boats the Germans have set out to eliproclamation of an embargo by Presi- fought Indians, is a veteran with dent Wilson. It is not merely an eco- honors of the South African expedinomic measure, as might appear at tion, has engineered road building had lost approximately 9 per cent. of Minard's Liniment Co., Limited, It is in fact a demand made gularly as ties had to be laid in the upon Holland and the Scandinavian progress; but he is more-he is a kingdoms that they should finally de dilettante journalist, a devotee of art and should decide to throw in their lot either with the Central Powers or

GIRL GUIDES, NOT TROOPS.

Not a Single Soldier On Guard Outside British War Office.

Probably there is no other War Office like the Imperial one in the world, at least, in one respect-there is not a soldier on guard either outside or inside the whole building.

The task of keeping order is left entirely in the hands of the Metropolitan policemen. Every stranger who enters is asked his business by a constable, fills in an inquiry form under the guidance of a constable, and, when he leaves, delivers that form, which constable. If he requires direction inside the building he is put in charge of a little girl apparently fresh from school, who takes him to the room he requires. Her only mark of officialdom is a brown overall with a small crown on each point of the collar.

A good corn harvest is indicated in the United States. This should be encouraging news for the live stock men. Before frying bacon put the rashers into boiling water for two or three minutes. They plump out to twice their original thickness, and all chance is removed of their being too

ATTITUDE OF FOUR Why Wait for War a snappy after dinner talker, an oc- BABY'S GREAT DANGER what you eat, that furnishes all over. strength for the day's work. Many foods tax the digestive out supplying much real nutriment. Shredded Wheat Biscuit is all food and in a form that is easily digested. It is 100 per cent. cle in the Annalist. whole wheat. For breakwith sliced bananas, berries,

Made in Canada. HANDS ACROSS THE BORDER

Strength of Two Nations. You wouldn't exactly call it hands this direction unusually valuable.

down on their seaborne trade, closing hands there are only two things which comfort and disease? Unless you pondingly high average wages. access to their ports, had it not been the referee or third party can say— have an organic disease it is general. The C.N.R. has made exceptional

patriotic co-operation in the common The United States has become one cause of justice sanctified the alli-

American allegiance were taken for medicine dealer or by mail post paid Minard's Liniment Cures Colds. Etc. our own National Army.

According to the terms of the latter ing a bit of a bearcat on the science Brockville, Ont.

For years he was assistant to the



should end-as well as

begin-with a perfect food, say-

Grape-Nuts

A crisp, delicious food, containing the entire nutriment of whole wheat and barley, including the vital mineral elements, so richly provided by

Nature in these grains. Every table should have its daily ration of Grape-Nuta

"There's a Reason"



NEUTRAL POWERS to learn real food values? It is what you digest, not real food values? It is what you digest, not reconteur of modest but fascinating personality. Robust and mighty of stature, he rings with military melody

HARNESSING VOLCANOES.

Run Small Engine.

were therefore made in the vicinity Medicine Co., Brockville, Ont. good pressure tapped. Because of its impregnation with boracic acid it is not used directly, but employed to vaporize pure water. This is used to run a plant which furnishes power to sights. Fascinated by the metrofive near-by towns.

Now that volcanic heat has actually the part of his hosts, a married couple, been made commercially profitable we may look to see efforts made to utilize this power source elsewhere. Aetna The Physical Union of the Fighting and Vesuvius may yet be yoked to a municipal lighting plant. Italy's marked the husband one day, "that lack of coal renders experiments in your wife and children must miss

hands, a good appetite and splendid lunch-counter cars, together with them despair, owe their present good Agent, or General Passenger Depts.,

at 50 cents a box or six boxes for \$2.50 Captain Kenney is credited with be- from The Dr. Williams' Medicine Co.,

One of the Most Vital Questions in the World To-Day.

announced that 1,000,000 tons a Yet the average loss per month has never exceeded 450,000 tons of Bri- Japanese soldiers as a protection

her ocean-going tonnage of ships of 1600 tons and over. On May 1, accould afford to lose 1,000,000 tons per joints and muscles. month for the next six months and still have 9,000,000 tons left if she did not build a single new ship in the

Looking at it from another angle, if Germany persists in her ruthless submarine warfare at the highest rate of

would be idle all that time. is building-500,000 tons a year. She needed to make corn kernels instead can gain a million additional tons by of weed seed. altering the so-called loadline of her ships. Likewise, she can further supplement this tonnage by converting her passenger liners into cargo

This program, it must be remembered, does not take into consideration the huge merchant marine project, of the United States, which will eventually add 3,000,000 tons of new steel shipping and 2,000,000 tons of wooden. Thus, if the U.S. vessels are ravaged by submarines at the same rate as the British, there will still be immunity. against any permanent impairment. The food lanes of the world will re-

Paper clubs for policemen, practically indestructible, have been invented by an Englishman. Minard's Liniment Cures Distemper.

## DURING HOT WEATHER

More little ones die during the hot weather than at any other time of the year. Diarrhoea, dysentery, powers to the utmost with- Natural Supply of Steam Tapped to les come without warning, and when cholera infantum and stomach trouba medicine is not at hand to give promptly the short delay too fre-Volcanic heat is actually being used quently means that the child has to run an electric power plant furnish- passed beyond aid. Baby's Own Tabing electricity to a number of towns lets should always be kept in homes near Volterra, in south-western Tusc- where there are young children. An any, according to an interesting arti- occasional dose of the Tablets will prevent stomach and bowel troubles, den and Norway, and have only per- fast, dinner or supper it From using this to operate a small the baby. The Tablets are sold by In that region various volcanic fis- or if the trouble comes suddenly the takes the place of meat, eggs horizontal engine came the idea of us-medicine dealers or by mail at 25 ing it on a larger scale. Borings cents a box from The Dr. Williams'

Mistaken Hint.

A countryman journeyed to London to visit some relatives and to see the polis, he remained until patience on had ceased to be a virtue.

Too polite to openly remonstrate, they both threw out many hints, but

"No doubt. Thanks for the suggestion: I'll send for them."

HARVESTERS READ THIS

strict neutrality Germany would long ficer commanding the western you envy the friend who does not the power and most productive disago have been brought to her knees division of the British Recruiting know what a headache is, whose di-Mission, recently clasped hands with gestion is perfect, and who sleeps tricts of Alberta, Saskatchewan and Great Britain and France would Captain F. R. Kenney, officer comsoundly at night? How far do you Manitoba. These run for the most

cal condition that perfect health will Laborers traffic, and is introducing ness. To build up the blood Dr. Wil- jostling and vexatious delays of sta- mer to which nails are fed from paper liams' Pink Pills is just the medicine tion-lunch counter service. Special strips, enabling a man to nail laths at you need. Every dose helps to make through trains will be run from Mont- many times his usual speed. new blood which reaches every real, Ottawa and Toronto to Winnipeg nerve and every part of the body, on excursion dates, to be announced bringing color to the cheeks, bright shortly. The equipment will consist

Spraying with Bordeaux mixture

check the spread of celery blight.

A little flour spread over the top of cakes before they are iced will prevent the icing from running off

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and smart. Give your Hyes as much of your loving care as your Teath and with the same regularity.

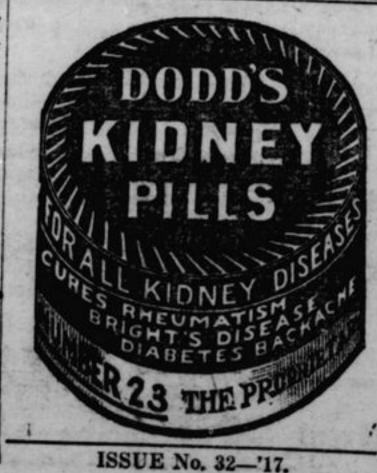
Care for Them. You Cannot Buy New Eyes! Sold at Drug and Optical Stores or by Mail. Ask Murine Eye Remedy Co., Chicago, for Free Book Paper shirts have been issued

Montreal, May 29, '09

Yarmouth, N. S. Gentlemen,-I beg to let you know cording to Lord Curzon, she had more that I have used MINARD'S LINIthan 15,000,000 tons of shipping in MENT for some time, and I find it vessels of this unit and over. She the best I have ever used for the

Yours very truly, THOMAS J. HOGAN. The Champion Clog and Pedestal Dancer of Canada.

destruction that has been registered Cultivate corn as soon after rains since February 1, it would take 166 as the soil has dried sufficiently. Keep weeks, or more than three years, to the soil surface well stirred and light. wipe out British shipping, again on This lets rain soak in quickly, thus the assumption that her shipyards preventing waste, and it keeps the soil warm. Keep all weeds down, as But England can easily build—and they rob the corn plants of moisture



A Useful Model



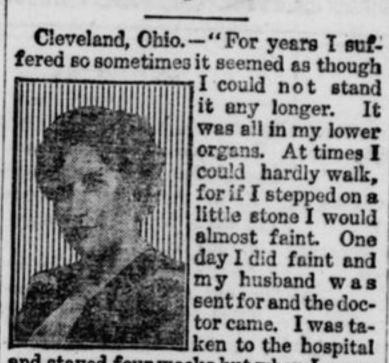
For summer outings, the thing you need is a linen frock. It may be pink, or blue, or green, as you please, but by all means you want it cut on very above is in one-piece style and slips Let folks step on your feet hereon over the head like many of the after; wear shoes a size smaller if you latest designs. McCall Pattern No. like, for corns will never again send 7884, Misses' One-piece Dress (suit- electric sparks of pain through you, able for small women); in two lengths. according to this Cincinnati authority. In 4 sizes; 14 to 20 years. Price, 20 He says that a few drops of a drug

This pattern may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept.

Minard's Liniment Cures Garget in Cows | shrivels up the corn or callus without

A Californian has patented a ham-

No Relief-Mrs. Brown Finally Cured by Lydia E. Pinkham's Vegetable Compound.



pound. I began taking it that very day night, others are sleepy and tired all day; for I was suffering a great deal. It has some fussy and irritable; some skinny already done me more good than the power and endurance. In such cases it hospital. To anyone who is suffering is worse than foolishness to take stimu-

The sustained production of milk is well known to depend largely on the comfort and contentment of the dairy cow. Flies not only cause direct loss of blood and poisoning from their bites, but also keep stock from feeding properly. The loss of milk from this cause is one of the serious problems that face the dairy farmer.

Minard's Liniment Cures Diphtheria.

Add a few bread crumbs to the scrambled eggs for breakfast; they improve the dish and make the eggs go

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out pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

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LIFT YOUR CORNS OFF WITH FINGERS

called freezone, applied directly upon a tender, aching corn, instantly relieves soreness, and soon the entire corn, root and all, lifts right out. This drug dries at once and simply

even irritating the surrounding tissue. A small bottle of freezone obtained at any drug store will cost very little but will positively remove every hard or soft corn or callus from one's foot. If your druggist hasn't stocked this new drug yet, tell him to get a small bottle of freezone for you from his wholesale drug house.

Salt scattered over the hay when going into the mow adds to palatability at feeding time.

A yellow warbler has been known to consume 3,500 plant lice in forty minutes. Another proof of the industry and value of birds to farmers and gar-

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Reduces Strained, Puffy Ankles, Lymphangitis, Poll Evil, Fistula; Boils, Swellings; Stops Lameness and allays pain. Heals Sores, Cuts, Bruises, Boot Chafes. It is a

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In many instances-Persons have walk without becoming tired. Next take suffered untold agony for years doctor- two five-grain tablets of ordinary ing for nervous weakness, stomach, nuxated fron three times per day after liver or kidney disease or some other Cleveland, Ohio. - "For years I suf- lack of iron in the blood-How to tell.

organs. At times I | would probably be greatly astonished at Two Eyes for a Lifetime Murine is for Tired Byes. Red Byes Sore Byes Granulated Byelids. Rests Come generally weakened, nervous and all run down and frequently develop all the newer forms of organic iron all this A friend who is a nurse asked me to some are so weak they can hardly walk; injure the teeth and is some think they have dyspensia, kidney mediately beneficial.

ailment when their real trouble was much you have gained. I have seen studied widely both in this country and dyspepsia, liver and other troubles i burdened with unhealthy fat: example, is pleasant to take, does not

as I was my advice is to stop in the first which only whip up your fagging vital powers for the moment, maybe at the ex-Pinkham's Vegetable Compound before you go home."—Mrs. W. C. Brown, strong and well you owe it to yourself to make the following test. See how long you can work or how far you can is dispensed by all good druggist

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Poston, Mass.—Victims of eye strain and those and those with the color and Eye Specialists new shall option and the strain and those with the color and Eye Specialists new shall option and the strain are strain and many who once were glasses say they have had their eye flattening round the color will be an advantage of the color will be an advantage of the color will be an advantage of the color may glasses, and my eyes do not pall draftening the color will be a strain arising from protracted micros when the away. One shall not color will be a strain arising from protracted micros will be a strain arising from protracted micros when not congressed Bon-Opto. She used that the way were so might be a strain arising from protracted micros will be added to the color of the strain straing from protracted micros and the strength of the straing from protracted micros and the strength of the straing from protracted micros and the strength of the strength of