# AMAZING EFFECTS OF FLYING SHELLS

ALL THE BUTTONS BLOWN OFF AN OVERCOAT.

Destroy, and in Other Cases Restore the Power of Speech, Hearing and Even of Sight.

The amazing effects of shell explosions have been well exemplified in the present war.

In some cases these effects have been to deprive men of the power of speech; in others, to restore it. In the same way hearing has been lost, and also regained; while sight has been suddenly banished, and as suddenly brought back.

But one of the most astonishing effects of all was that narrated by a French captain. It occurred while he was occupying an observation post in a tree. An 8-in. shell happened to explode immediately beneath him, with the result that the displacement of the air hurled him clean out of the tree. It also knocked him senseless for a few moments, and when he came to himself he made the amazing, and no less disconcerting discovery that it had stripped him of his breeches, vest, and tunic, leaving him, as he put it, "as bare as a worm."

Another soldier has described the freak of a shell of which he was the victim. It exploded several yards away from him without doing him any harm. But it blew his overcoat from off his back, and when he picked the garment up it was minus all the buttons.

**A Very Close Shave.**

A British officer had a very remarkable experience. Though not himself struck, the explosion of shells around him made him totally deaf and dumb. He was, of course, invalided home, but by the time he landed in England his speaking and hearing powers had fortunately come back to him.

A carabinier had an exciting experience of the vagaries of shells. While he was sitting on a box in front of his tent, one of these projectiles came hurtling along and passed between his legs without doing him the slightest harm. His improvised seat was, however, smashed beneath him, and the eccentric projectile played great havoc inside the tent, where it smashed three rifles and did other damage.

Early one morning, when another man was lying in bed, a shell came in at the window. It passed over the bed a few inches above him, but exploded on the floor, wrecking the woodwork of the whole building, but luckily harming nobody.

Then there is the case of a shell which pierced the wall of a room in which one of our gallant soldiers was engaged in the operation of shaving. It completely wrecked the room, but, although it passed within a few inches of the shaver, he sustained barely a scratch. A pretty close shave indeed.

The eccentricity of another shell is shown by a trooper, who was certainly a very close observer. He was standing between two horses when the projectile burst close by, killing both animals, but not injuring the trooper in the slightest.

## A COUNTER-CHARGE.

Thrilling Moment in Encounter Between Cavalry and Aeroplane.

To show that it is sometimes possible for an aviator to pass surprisingly low over guns and yet escape being brought to earth, Mr. Claude Grahame-White cites in Heroes of the Flying Corps an interesting encounter between an aeroplane and a squad of cavalry. One of the aviators of the Allies, descending near some German outposts, was surprised by a patrol of hostile cavalry that galloped into a corner of the field where the aeroplane had alighted and rode full tilt toward it to make its occupants prisoners.

At the side of the field farthest from the Germans lay a wood; and the space between the aeroplane and the trees was so small that the machine could not rise into the air in that direction. All that the pilot could do in his endeavor to escape was to run his machine across the ground directly toward the approaching horsemen and seek to rise sufficiently high to sweep above their heads. He took his machine abruptly into the air and flew down straight toward them, thinking that his chance was poor, and expecting either to be struck himself by bullets or to have some vital part of his machine hit.

There was one point in his favor, however: the German cavalrymen, taken by surprise when the aircraft came rushing toward them, had opened fire in a scattering and very haphazard manner. Only just above their heads, although travelling very fast, swept the aeroplane, with its pilot and passenger crouching low in their seats. Over the cavalrymen it flew and then it began to climb rapidly; and although a storm of bullets had met it as it approached and had been directed on it while it passed overhead, the craft flew on unchecked. No vital part of its mechanism was hit, nor were its occupants injured.


**"The Poor Man's Potato"** has become the rich man's luxury. Whether at three dollars a bushel, or twenty-five cents a bushel, potatoes are not a complete food. Two or three **Shredded Wheat Biscuits** with milk furnish more real, body-building nutriment than a meal of potatoes or meat, are much more easily digested and cost much less. Shredded Wheat is 100 per cent. whole wheat, nothing added and nothing taken away—gives mental vim and physical vigor for the hot days. Delicious for breakfast, or any meal, with sliced bananas, berries or other fruits, and milk.

Made in Canada.


## THE FEARS OF CELEBRITIES

Delusions and Superstitions of Men of World-Wide Fame.

It is an open secret in the Balkans that King Ferdinand of Bulgaria immediately has a fainting fit every time the sound of guns reaches his ears. Perhaps this is through sheer funk, for "Foxy" Ferdinand lives in abject fear of being assassinated.

Lord Roberts had a great aversion to black cats, and could not remain in the same room with one of these animals.

The Kaiser's father, Frederick III, could not look at a bunch of watercress without being seized with a shivering fit. At the sound of the word "lana" (wool) the late President Diaz of Mexico became sick.

A curious delusion haunted Pascal, the noted French philosopher. Although the most brilliant genius and wit of his time, he always thought he saw a yawning abyss on his left hand.

Parnell's horror of green was well known. He would not wear a coat or tie with any tingle of green in it, and he objected to anything like a green wallpaper. So strong was his aversion to the color that one day, when a lady whom he knew very well came to see him in the House of Commons, he refused to shake hands with her because she was wearing a green dress, and hurried away from her as quickly as possible.

One of England's greatest statesmen, Pitt, the younger, fled at the sight of pigs.

As a young man Sir Evelyn Wood, V.C., once rode a giraffe for fun. He was thrown off and kicked. Ever afterwards the sight of a giraffe or the picture of one produced a pain in the head, where the animal kicked him.

**The Home Water Supply.**

Water in the house, to use lavishly for all wholesome conveniences, seems at first thought beyond the means of frugal people, who have earned by hard labor all they have to spend. To many, who have not closely considered the costs and the benefits, it appears an extravagance. Instead of that it is one of the greatest of house economies. Almost every farmer could afford the luxury of all water conveniences in his home. Like their fellows, sunshine, wholesome food and fresh air, they do not weaken the muscular, mental or moral fibres of life. When one has been compelled to use any of these debased for a time how satisfying is the pleasure of purity and abundance.

As an investment for the home I know of nothing likely to yield so much in return in saving women's strength, in increasing house comforts, in preserving health, in imparting satisfaction in housework and in elevating the general tone of the material side of living.—Dr. J. W. Robertson, in "Home Waterworks."

**Grape-Nuts**

Made from choice whole wheat and malted barley, this famous food retains the vital mineral elements of the grain, so essential for balanced nourishment, but lacking in many cereal foods.

From every standpoint—good flavor, rich nourishment, easy digestion, convenience, economy, health from childhood to old age—Grape-Nuts food.

**"There's a Reason"**


## WASPS THAT ATTACK FRUIT.

Harm Done is Wrongly Attributed to Bees.

The wasps known as hornets and yellow jackets do considerable harm to ripening fruit by eating through the skin in order to suck out the fruit juices. Much of this harm is attributed to bees, but in almost all cases when bees are feeding on the exuding juices they are frequenting holes made by other insects.

These wasps nest in the ground or in old trees. If the nest can be discovered, which usually means watching the insects when they fly home, the entire colony can be quickly exterminated. A gallon jug, quarter full of water, and placed next to the nest is all that is needed. A wasp will emerge from the nest opening, perceive the jug, and fly hungrily at it. The hollow sound of its buzzing, echoing from the jug, will make it enter, when it falls into the water.

Wasps are able to communicate with each other, and the imprisoned wasp possibly calls to its sisters. At any rate, the colony, one by one, in the course of the day, will find its way into the jug. This system is perhaps easier than the distribution of poison on food for the wasps. If the latter method should be tried a little paris green or white arsenic may be distributed on minced meat and scattered where the wasps will find it.


## A NERVOUS BREAKDOWN

Can be Averted by Feeding the Starved Nerves With Rich, Red Blood.

Nourish your nerves—that is the only way you can overcome life's worst misery, nervous exhaustion. The fits of depression and irritation, the prostrating headaches, the weakness and trembling of the legs, the unsteady hand and the imperfect digestion that mark the victim of nerve weakness, must end in nervous breakdown if neglected.

Nourish your nerves by the natural process of filling your veins with rich, red, health-giving blood. Your nerves are crying out for pure blood and the mission of Dr. Williams' Pink Pills is to make new, rich blood. This explains why these pills have proved successful in so many cases of nervous disease that did not yield to ordinary treatment. For example, Mr. Wilfrid Donald, West Flamboro, Ont., says:—"Before I began the use of Dr. Williams' Pink Pills I was in a serious condition. I was not only badly run down, but my nerves seemed to be completely shattered. I slept badly at night, and when I got up in the morning was as tired as when I went to bed. I seemed to be on the verge of a nervous breakdown. At this stage I began the use of Dr. Williams' Pink Pills. In the course of a few weeks I felt much relief, and continuing the use of the pills they completely restored my health. I can now sleep soundly, eat well, and am enjoying complete freedom from the old nervous troubles."

You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.


## EXPLOSIVE COAL

A New Sort of Fuel Which, Strange to Say, Was Satisfactory.

In reviewing his early life in Constantinople, Sir Edwin Pears tells an amusing story of a coal contractor who was supplying the British fleet with fuel. A commissariat officer on one occasion went to him to say that a man-of-war had just arrived in the Bosporus and was ordered to proceed to the Crimea with distinguished officers on board; but it was short of coal. The contractor answered that one of his small sailing vessels had just arrived laden with a cargo of coal and that he would arrange to have it discharge the fuel directly on board the man-of-war.

A day or two later, when the contractor saw his manager, he asked what had been done with about ninety kegs of gunpowder that had been stowed on the top of the coal.

"Oh, we found all the kegs empty," said the manager. "There was no powder to remove."

During the next three weeks the contractor lived in constant dread. He feared that every ship coming from the Crimea would bring news of an explosion on the man-of-war and an order for his arrest. He became ill from anxiety.

One day, a fortnight later, he heard with fear and trembling from his inner office the voice of the commissariat officer asking to see the merchant who had supplied the ship with coal. He put on a bold face and went out.

"Yes, you're the man," said the commissariat officer in a loud voice. "You gave us three hundred tons of coal. It's the best we have ever had. Instead of our having to stop the ship while we cleared the funnels, whenever there is a new firing up the smoke goes with a puff and clears the funnel itself. I want three hundred tons more, but, mind, it must be of the same quality."

Frequent and shallow cultivation are essential to success with corn. Deep cultivation means root injury.


**A Great Remedy**

DR. HENDERSON'S Herb Treatment (tablets), the great blood purifier, will cure rheumatism, constipation, eczema, kidney, liver, stomach and female troubles. Price $1, with guarantee, or 6 boxes for $5, postpaid. Henderson Herb Co., Dept. W., 173 Spadina Ave., Toronto.


## For Summer Days

A charming model for summer weather has a long, straight tunic of flouncing over a plain foundation finished with a deep hem. The fulness of the tunic is laid in soft pleats topped by a shaped belt pointed in the front like the top of the soft vest in the blouse. A long collar which extends midway down the front is one of the attractive features of this hot-weather model. McCall Pattern No. 7839, Ladies' Semi-fitted Dress; 30-inch length. In 5 sizes; 34 to 42 bust. Price, 20 cents.

In fine plain gingham trimmed with an organdie collar and bright hand embroidery this is a frock to be reckoned with in any wardrobe. Large pockets, and side yokes ending in points which button on to box-pleats, are new and fashionable features which lift this frock far out of the sphere of the general run of frocks. McCall Pattern No. 7834, Girl's Dress, in 6 sizes; 4 to 14 years. Price, 15 cents.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto. Dept. W.


I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again I think it the best Liniment made.

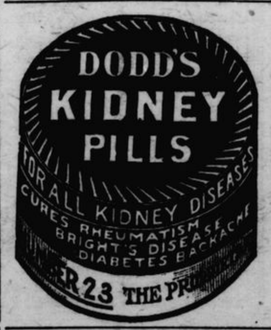
ARCHIE E. LAUNDRY.

Edmonton.


It is easier to make enemies than friends, but it is easier to get rid of friends than it is to get rid of enemies.

No matter what other things there may be, if there is no silo a farm is not fully equipped.

An inventor in Nebraska has patented wire netting covered frames to cover open automobiles to catch hats, veils or other articles that otherwise might be blown away.



ISSUE No. 28—'17.

## "HONOR SYSTEM" COUNTS.

Sign in a British Aeroplane Factory to Inspire Men to be Careful.

"Notice: A concealed mistake may cause a brave man to lose his life."

The simple, dramatic grimness of the terse sign reproduced above as hung in a British military airplane hanger testifies to the caution with which the fighting machines of the English airmen are overhauled. A single frayed wire or weakened strut might mean the loss of the lives of the pilot and machine gun operator and the destruction of a fighting mechanism worth thousands of dollars.

The "honor system" means more in an airplane hanger than in the greatest banking institution in the world. Absolute conscientiousness in preparing the machine for the next flight is imperative. Careless, casual surveys or the neglect of needed repairs generally purchase the inspector's leisure with the blood of the nerviest fighting men on earth.


## GUARD BABY'S HEALTH IN THE SUMMER

The summer months are the most dangerous to children. The complaints of that season, which are cholera infantum, colic, diarrhoea and dysentry, come on so quickly that often a little one is beyond aid before the mother realizes he is ill. The mother must be on her guard to prevent these troubles, or if they do come on suddenly to cure them. No other medicine is of such aid to mothers during hot weather as is Baby's Own Tablets. They regulate the stomach and bowels and are absolutely safe. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.


**BELGIUM.**

Not with her ruined silver spires,
Not with her cities shamed and rent,
Perish the imperishable fires
That shape the homestead from the tent.

Wherever men are staunch and free,
There shall she keep her fearless state,
And, homeless, to great nations be
The home of all that makes them great.

**A PORTRAIT.**

This is a mother's face I know, such gentleness
Is written there, one cannot be at loss;
And something more those tender eyes express—
The love of Mary looking on the Cross!

—Arthur Wallace Peach.


Minard's Liniment Cures Garget in Cows


Cabbage worms, the most destructive insect enemies of cabbage, cauliflower and related crops, begin depredations in early spring and continue till the crop is harvested. Spraying with either Paris green or arsenate of lead, or dusting with pyrethrum after the heads form, is recommended.

**MONEY ORDERS**

WHEN ordering goods by mail, send a Dominion Express Money Order.

Milk absorbs odors very rapidly and collects germs just as quickly. These may not produce disease, though they frequently do, but it is almost sure to produce digestive disturbances when fed to babies. Summer diarrhea is very common among infants and this is frequently blamed to the teeth, yet most often it is due to their food.


Minard's Liniment Cures Distemper.


**THE LARK.**

I heard a lark sing in the morn,
A happy lark with golden tongue.
It told me that the spring was born;
It sang that all the world was young.
I rose and threw my casement wide,
And bathed in morning's rosy hue;
I listened to the gay lark's song,
And fancied that it sang of you.

Julia Clopton Cresap.


**When Your Eyes Need Care**

Use Murine Eye Medicine. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Sore Eyes and Granulated Eyelids. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 50c per Bottle. Murine Eye Salve in Aseptic Tubes, 25c and 50c. Write for Book of the Eye Free. Murine Eye Remedy Company, Chicago. Ads.


In these days of unprecedented prices for farm products the farmer must keep "keyed up" in every branch of his work to get the most profits and keep abreast of his neighbors.


Minard's Liniment Cures Diphtheria.

NEWSPAPERS FOR SALE

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 Adelaide Street, Toronto.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

When buying your Piano insist on having an "OTTO HIGEL" PIANO ACTION

BOOK ON DOG DISEASES And How to Feed
Mailed free to any address by the Author
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**THICK, SWOLLEN GLANDS**

that make a horse Wheeze, Roar, have Thick Wind or Choke-down, can be reduced with

ABSORBINE

also other Bunches or Swellings. No blister, no hair gone, and horse kept at work. Economical—only a few drops required at an application. $2 per bottle delivered. Book 3 M free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Cysts, Wens, Painful, Swollen Veins and Ulcers. $1 and $2 a bottle at dealers or delivered. Book "Evidence" free. W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can. Absorbine and Absorbine, Jr., are made in Canada.

**For Pimply Faces Try Cuticura Soap and Ointment**

Samples Free by Post

A simple, easy, speedy treatment. Smear the pimples with Cuticura Ointment, wash off in five minutes with Cuticura Soap and hot water and continue bathing for some minutes. Use night and morning.

For pimples, redness, roughness, itching and irritation, dandruff, itching scalp and falling hair, red, rough hands and baby rashes, these fragrant emollients are wonderful as well as ideal for the toilet.

For free sample each address post-card: "Cuticura, Dept. N, Boston, U. S. A." Sold by dealers throughout the world.

**Dramatic Sculpture.**

Three little boys were playing on the beach. One had piled and patted and cajoled the sand into a resemblance to a racing car, another had constructed with fair success a touring car. But what the third little fellow had made was without form and void.

"What is your car?" one of the others asked him. He looked rather uncertain until the questioner continued: "Looks like two or three together."

"It is," he said loftily; "mine's a collision!"


Minard's Liniment Cures Colds, Etc.


A Frenchman has invented a coffin made of paper that is said to be cleaper and lighter than the wood article.


YES! MAGICALLY!
CORNS LIFT OUT
WITH FINGERS

You say to the drug store man, "Give me a small bottle of freezone." This will cost very little but will positively remove every hard or soft corn or callus from one's feet.

A few drops of this new ether compound applied directly upon a tender, aching corn relieves the soreness instantly, and soon the entire corn or callus, root and all, dries up and can be lifted off with the fingers.

This new way to rid one's feet of corns was introduced by a Cincinnati man, who says that freezone dries in a moment, and simply shrivels up the corn or callus without irritating the surrounding skin.

Don't let father die of infection or lockjaw from whittling at his corns, but clip this out and make him try it.

If your druggist hasn't any freezone tell him to order a small bottle from his wholesale drug store for you.

## NOTICE TO SICK WOMEN

Positive Proof That Lydia E. Pinkham's Vegetable Compound Relieves Suffering.

Bridgeton, N.J.—"I cannot speak too highly of Lydia E. Pinkham's Vegetable Compound for inflammation and other weaknesses. I was very irregular and would have terrible pains so that I could hardly take a step. Sometimes I would be so miserable that I could not sweep a room. I doctored part of the time but felt no change. I later took Lydia E. Pinkham's Vegetable Compound and soon felt a change for the better. I took it until I was in good healthy condition. I recommend the Pinkham remedies to all women as I have used them with such good results."—Mrs. MILFORD T. CUMMINGS, 322 Harmony St., Penn's Grove, N. J.

Such testimony should be accepted by all women as convincing evidence of the excellence of Lydia E. Pinkham's Vegetable Compound as a remedy for the distressing ills of women such as displacements, inflammation, ulceration, backache, painful periods, nervousness and kindred ailments.

## City Eye Specialists Tell How To Strengthen Eyesight 50% In a Week's Time In Many Instances

**A Free Prescription You Can Have Filled and Use at Home.**

Boston, Mass.—Victims of eye strain and other eye weaknesses, and those who wear glasses, will be glad to know that Doctors and Eye Specialists now agree there is real hope and help for them. Many whose eyes were failing say they have had their eyes restored and many who once wore glasses say they have thrown them away. One man says, after using it: "I was almost blind. Could not see to read at all. Now I can read everything without my glasses, and my eyes do not hurt any more. At night they would pain dreadfully. Now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can read even fine print without glasses." Another who used it says: "I was bothered with eye strain caused by overworked, tired eyes which induced fierce headaches. I have worn glasses for several years, both for distance and work, and without them I could not read my own name on an envelope or the typewriting on the machine before me. I can do both now, and have discarded my long distance glasses altogether. I can count the fluttering leaves on the trees across the street now, which for several years have looked like a dim green blur to me. I cannot express my joy at what it has done for me."

It is believed that thousands who wear glasses can now discard them in a reasonable time, and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses.

Dr. Beck, an eye specialist of nearly twenty years practice, says: "A patient came to me who was suffering from Blepharitis Marginalis with all the concomitant symptoms, as morning agglutination of the lids, chronic conjunctivitis and ephiphora. Her eyes when not congested had the dull, suffused expression common to such cases. Having run out of her medicine a friend suggested Bon-Opto. She used this treatment and not only overcame her distressing condition, but strange and amazing as it may seem, so strengthened her eyesight that she was able to dispense with her distance glasses and her headache and neuralgia left her. In this instance I should say her eyesight was improved 100%. I have since verified the efficacy of this treatment in a number of cases and have seen the eyesight improve from 25 to 75 per cent in a remarkably short time. I can say it works more quickly than any other remedy I have prescribed for the eyes."

Dr. Smith, an oculist of wide experience, says: "I have treated in private practice a number of serious opthalmic diseases with Bon-Opto and am able to report ultimate recovery in both acute and chronic cases. Mr. B. came to my office suffering with an infected eye. The condition was so serious that an operation for enucleation seemed imperative. Before resorting to the operative treatment I prescribed Bon-Opto and in 24 hours the secretion had lessened, inflammatory symptoms began to subside, and in seven days the eye was cured and retained its normal vision. Another case of extreme convergent strabismus (cross eyes) escaped the surgeon's knife by the timely use of your collyrium. The tightened external muscles yielded to the soothing and anodyne effects of Bon-Opto. I always instil Bon-Opto after removal of foreign bodies and apply it locally to all burns, ulcers and spots on the eyeball or the lids for its therapeutic effect. By cleansing the lids of secretions and acting as a tonic for the eyeball itself the vision is rendered more acute. Hence the number of cases of discarded glasses."

Dr. Conner says: "My eyes were in bad condition owing to the severe strain arising from protracted microscopical research work. Bon-Opto used according to directions rendered a surprising service. I found my eyes remarkably strengthened, so much so I have put aside my glasses without discomfort. Several of my colleagues have also used it and we are agreed as to its results. In a few days, under my observation, the eyes of an astigmatic case were so improved that glasses have been discarded by the patient."

Eye troubles of many descriptions may be wonderfully benefited by the use of Bon-Opto and if you want to strengthen your eyes, go to any drug store and get a bottle of Bon-Opto tablets. Drop one Bon-Opto tablet in a fourth of a glass of water and let it dissolve. With this liquid bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly right from the start, and inflammation and redness will quickly disappear. If your eyes bother you even a little it is your duty to take steps to save them now before it is too late. Many hopelessly blind might have saved their sight if they had cared for their eyes in time.

Note: A city physician to whom the above article was submitted, said: "Yes, Bon-Opto is a remarkable eye remedy. Its constituent ingredients are well known to eminent eye specialists and widely prescribed by them. I have used it very successfully in my own practice on patients whose eyes were strained through overwork or misfit glasses. I can highly recommend it in case of week, watery, aching, smarting, itching, burning eyes, red lids, blurred vision or for eyes inflamed from exposure to smoke, sun, dust or wind. It is one of the very few preparations I feel should be kept on hand for regular use in almost every family." Bon-Opto is not a patent medicine or secret remedy. It is an ethical preparation, the formula being printed on the package. The manufacturers guarantee it to strengthen eyesight 50 per cent in one week's time in many instances, or refund the money. It is dispensed by all good druggists, including reputable general stores; also by G. Tamblyn and T. Eaton & Co., Toronto.


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