

# THE AMPHIBIOUS BELGIAN SOLDIER

### SOLDIERS AND SAILORS TOO ARE MANY OF THE TROOPS.

Much of the Fighting on the Belgian Front is Carried on in Boats on No Man's Sea.

There are some thousands of soldiers in the gallant little Belgian army holding that corner of their unhappy kingdom still untrod by German foot who answer Kipling's description of the marine; they are soldiers and sailors too. How these Belgian infantrymen fight in boats at night is one of many strange stories of the war.

For two years most of the Belgian front has been under water, the barrier the Belgian flung across the German path in the first year of war by opening the dikes. On one side of the water are the Belgian trenches, on the other side the German. There are miles and miles of flooded, sodden country with here and there a village shelled to rubble, one of the most desolate regions of the whole desolate western front.

By day all is quiet on those lowlands except for the occasional crack of the sniper's rifle or the rumble of the usual bombardment. But when night falls there begins exciting, touch and go work in the dark between the trenches on No Man's Sea.

For considerable stretches the water is nearly a mile wide. Just at its edge little boats lie hidden under the Belgian trenches. In the darkness the Belgian infantrymen steal down to them and now become marines, set forth on patrol.

It needs not only daring and coolness, but some special training to do this hazardous work. The men use padded or muffled cars, sometimes punt poles; sometimes they lie flat in the bottom of the boat and paddle with their hands. They are armed with bombs, sometimes with long knives.

Creeching silently close to the German shore, to see what the enemy is up to over there, is a risky undertaking. Any moment a star shell may flood the water with light and reveal the little boat and its crew to watching marksmen, and through the night machine guns sporadically spray the water near the German trenches on the chance of hitting something unseen.

The risk of all this is nothing to the thrill of meeting a German patrol boat. Hearing the strokes of a punt pole the Belgians crouch tensely, the safely pins removed from their bombs, until the German craft is almost upon them. Then the bombs are hurled, and in the racking roar that follows the Belgians slip away as silently as they came.

In No Man's Sea, The strangest part of this strange warfare is that getting back to their own shore after such fights is comparatively without danger if there are no star shells. The Germans in their trenches are afraid of hitting their own boat if they fire, and so are the Belgians, for neither side knows which boat threw the bomb, which boat was hit.

There is only one way for Belgians and Germans to get at each other on land. Here and there raised roads run from one line to the other, isthmuses between the pools of water. These causeways, sole survivors of Belgium's peaceful days in all that war-blighted region, stand up like the backbones of half-submerged sea monsters, spined with broken trees.

Out along the roads are Belgian and German advanced posts, most of them hidden, where night and day men lie in the mud and watch and listen for the other side to try an attack along the road. That seldom happens, and when it does the machine guns sweep the attacking force off the road into the cold, muddy water of No Man's Sea.

DO FISH FEEL PAIN? It is Generally Thought That They Do Not Suffer to Any Extent.

General opinion appears to be that fish are almost insensible to pain. A keen angler, who has had considerable experience, states that, in his opinion, which has only been arrived at after most careful observation, fish are almost totally unable to feel pain as we understand it.

"When, as a boy," he says, "I was fishing on the Leith, it was a common occurrence to hook, cast after cast, a young salmon (known locally as 'parr'), which, according to the fishing regulations, we were required to throw back into the river.

"As we were fishing for trout, these young salmon became a great nuisance, and in consequence were not removed very carefully from the hook. Some of these, therefore, were rather badly wounded when thrown back into the water, and one would have thought that they would lie low until they had recovered.

"One day when I was fishing this river I actually hooked the same fish on no less than three different occasions. "Since then I have gathered a considerable amount of similar experience, and am firmly convinced that fish are practically insensible to pain."

# The Real "War Bread" must contain the entire wheat grain—not the white flour center—but every particle of gluten and mineral salts—also the outer bran coat that is so useful in keeping the bowels healthy and active. Shredded Wheat Biscuit is the real "war bread" because it is 100 per cent. whole wheat prepared in a digestible form. Contains no yeast, baking powder, seasoning, or chemicals of any kind. Food conservation begins with Shredded Wheat Biscuit for breakfast and ends with Shredded Wheat Biscuit for supper. Delicious with sliced bananas, berries, or other fruits. Made in Canada.

ture to the rest-room compulsorily provided by Governmental orders, left her untouched. Although her complexion yellowed, and big, black circles formed under her eyes, she was always at her bench, always bending grimly over her shells, handling them almost lovingly.

Vainly they had tried to penetrate the armor of reserve in which she had encased herself. She was always courteous, never lost her temper. But when they asked her point-blank why she was slaving herself to death in this manner, she deftly switched the conversation into other channels.

Nature Rebelled. Once the factory had a day's holiday. It was a compulsory holiday. Had she been permitted, she would have gone to the shed, and bent her back grimly over the shells which seemed the Alpha and Omega of her existence.

But as she was not allowed to work she joined a party of women and girls and went for a day to the seaside. She spent her money lavishly; she did everything that the others did, and as she had donned her best clothes she came in for a certain amount of admiration.

Yet, to the keenest observer it was plain that she was not really enjoying herself. Something was lacking. And only the woman knew what it was. She wanted to be back at her bench. Every hour spent away from the shells she loved meant torture. To her simple mind, always with the great idea, as yet uncommunicated, at the back of it, it seemed sinful to loiter in the sunshine on the silvery sands when the lathes which turned the shells were silent.

Came one morning when she did not appear at the factory. There was quite a commotion. Everybody was speculating what had happened to her. She had never lost a minute since she started, and she had worked every hour of overtime the authorities had permitted.

When night came one of the women to whom she had been exceptionally good went to her lodgings to see what was the matter. She found her ill—desperately ill. Nature had at length rebelled.

The Reason Why. The woman's yellow-hued cheeks were sunken and hollow. She was so weak that she could scarcely put out a hand to greet her visitor. There was no lack of comforts in the room, and a doctor had been; but the pain in the woman's face was pitiable to behold. And it was not physical pain, but mental agony, caused by her enforced inaction.

The women talked, as women will. At first the invalid was reticent, and evasive. Gradually the visitor worked the conversation round into intimate channels. She spoke of home life, of life before the war, and of dear ones at the front, and at last learned what she wished to know.

Why did this woman work so terribly hard? Why did she turn out a larger number of shells than any other woman in the shed? Why did she take such a pride in her work? Why was she so particular that every shell which passed through her hands should be so perfect?

The woman on the bed turned a radiant face to her visitor. The old enthusiastic look leapt back into her eyes. "I'll tell you, Sarah!" she answered happily. "My man's a gunner! He may use some of the shells I fill!"

Just that; nothing more. But it was understood by the woman at the bedside, just as you and I will understand.

Motoring at Night in the Country. Over the city's doorstep, Where the paving comes to an end, We slip with a jar of the throbbing car; And then with a cough of the horn we are off On the road where the willows bend.

The city was hot and brilliant, It is cool out here and dark, There's only the light of the star seen at night, And away at the back of a farmhouse black A solitary spark.

Damp and fragrant the meadows, And wide and dim as Time; There are wraiths in the air! Their fingers, their hair, Are breathing my face, as madly we race To the foot of the long, slow climb.

# STRENUOUS WORK SOON TELLS ON YOU

### Business Men and Breadwinners the Victims of Nervous Exhaustion.

When worry is added to overwork soon become the victims of nervous exhaustion—neurasthenia—the doctor calls it. Some have no reserve strength in their systems to bear the strain; others overtax what strength they have. If you find that you are nervous and not sure of yourself, that you sleep badly, and wake up tired and aching, your nerves are out of order.

Other signs are inability to take proper interest in your work; your appetite is fickle; your back feels weak, and you are greatly depressed in spirits. One or more of these signs mean that you should take prompt steps to stop mischief by nourishing the nerves with the food they thrive on, namely the rich, red blood made by Dr. Williams' Pink Pills. These pills have cured thousands of cases of nervous disorders, including nervous prostration, neuralgia, St. Vitus dance and partial paralysis. Here is an example.

Mr. P. H. Callan, a well known business man in Coleman, P.E.I., says: "I owe my present health, if not life itself, to Dr. Williams' Pink Pills. I had always been an active man, and when I began to run down in health paid little attention to it as I thought it only a temporary weakness. As time passed, however, I found myself growing worse, and consulted a doctor, run down, but that was not only badly they were badly shattered. I lost flesh, and notwithstanding the doctor's treatment grew so weak that I had to leave my business and was confined to the house. Time went on and I was steadily growing weaker, and my friends were all greatly alarmed for my condition. In this condition I was strongly recommended to try Dr. Williams' Pink Pills, and as the doctor's medicine was not helping me I decided to do so. By the time I had used three boxes I could tell that they were helping me. When I had taken eight boxes of the pills I felt able to attend to my business again, and people were surprised to see me out. I continued the use of the pills until I had taken twelve boxes, by which time I was feeling as well as ever I did, and was being congratulated by all my friends on my full restoration to health. I feel now that if I had used Dr. Williams' Pink Pills at the outset I would not only have saved much money spent in doctor's bills, but would have had renewed health sooner. I cannot speak too highly of this medicine, and would recommend it to every man who feels weak, nervous or run down."

You can get these pills through any medicine dealer, or by mail at 50 cents a box, or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

THE REGIMENTAL MOTTO. Tells How it Came Into Existence and Relates Some Anecdotes. If you look at the badge of a regiment, you will generally find in it a word or short sentence expressing some guiding principle or idea. That is me—the motto.

I may be in English, French, German, Gaelic, or Welsh—examples in all these languages are, in fact, possessed by British regiments—but usually I am in Latin, and I often give a clue to territorial connections, military exploits, etc.

Originally I came from the motto of a particular family, which was sometimes nothing more than the warrior of its remote ancestors. Such a motto is the "Esperance" (hope) of the Northumberland Percys, famous in Border fighting. It rang high above the din of battle in many a bloody conflict between English and Scots.

But in more recent times I became territorial or other significance. Look at the regiments whose motto is that of their own city or county. The Devonshire Regiment, for instance, bears "Semper Fidelis" (ever faithful), the motto of the city of Exeter.

In other cases the mottoes of particular regiments were given to them for military achievements. "Celer et audax" (swift and bold) the King's Royal Rifles owe to Wolfe, and the unique possession of the Worcestershire Regiment—"Firm"—appears to have a similar origin.

It was formally conferred, with new colors, after the Peninsular War. So, again, with "Primus in Indis" (first in the Indies), the motto of the Dorset Regiment. This famous corps, formerly the 39th Foot, was the first European regiment of the Regular Army in India, and to it fell the task of avenging the horror of the Black Hole of Calcutta.

The most remarkable motto which commemorates military achievement is that of the Duke of Wellington's Regiment, the only one in the British Army bearing the name of a person All drenched in a dew of light! This monster of brass and of iron and of gas Is carrying me into Arcady, By a country road at night. —Mary B. Mullett.

Even if the farm tractors do come, good horses will still be needed. And Europe is already short of horses, and the United States will be equally short if the war goes on.

# In the Moment's Modes

### BABY'S OWN TABLETS OF GREAT VALUE

are furnished for the wardrobe and one in each compartment in which the crew were quartered, five fans in all. The request in due time reached Washington, and some three months later was returned disapproved, since the bureau "did not wish to add any unnecessary weight to the vessel for fear of reducing its speed."

Nothing daunted, the commanding officer returned the requisition with a statement thereon of the weights of himself, his two commissioned assistants and other members of the crew, and requested that one or two of the heavyweights be transferred, and that a man weighing about one hundred and fifty pounds be assigned to his place, and further requested that the disapproval of his requisition be reconsidered. Needless to say, the fans were forthcoming and no one was transferred, not even the commanding officer!

Double Meaning. Tourist—You have a very large acreage of corn under cultivation. Don't the crows trouble you a good deal? Farmer—Oh, not to any extent! Tourist—That's peculiar, considering you have no scarecrows. Farmer—Oh, well, I'm out here a good part of the time myself.

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Frugality is good if liberality be joined with it. The first is leaving off superfluous expenses; the last bestowing them to the benefit of others that need. The first without the last begets covetousness; the last without the first begets prodigality.

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ANY CORN LIFTS OUT. DOESN'T HURT A BIT! No foolishness! Lift your corns and calluses off with fingers. It's like magic! Sore corns, hard corns, soft corns or any kind of a corn, can harmlessly be lifted right out with the fingers if you apply upon the corn a few drops of freezone, says a Cincinnati authority.

For little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain. This simple drug dries the moment it is applied and does not even irritate the surrounding skin while applying it or afterwards. This announcement will interest many of our readers. If your druggist hasn't any freezone tell him to surely get a small bottle for you from his wholesale drug house.

The Soul of a Piano is the Action. Insist on the "OTTO HIGEL" PIANO ACTION. BOOK ON DOG DISEASES And How to Feed Mailed free to any address by the Author. H. CLAY GLOVER CO., Inc. 118 West 31st Street, New York.

WOMAN SICK TWO YEARS Could Do No Work. Now Strong as a Man. Chicago, Ill.—"For about two years I suffered from a female trouble so I was unable to walk or do any of my own work. I read about Lydia E. Pinkham's Vegetable Compound in the newspapers and determined to try it. It brought almost immediate relief. My weakness has entirely disappeared and I never had better health. I weigh 165 pounds and am as strong as a man. I think money is well spent which purchases Lydia E. Pinkham's Vegetable Compound."—Mrs. Jos. O'BRYAN, 1755 Newport Ave., Chicago, Ill.

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If the beds are wanted where hyacinths and tulips are planted, they can be taken up as soon as the plants have done flowering and healed in an unused space where they can fully ripen their bulbs. A baby's bottle ought never to be washed with soap, but the moment it is empty it should be washed in cold water, then filled with a weak solution of boric acid.

Clothes sprinkled with hot water can be ironed in 15 minutes, and the results will be as satisfactory as though dampened in the usual way and allowed to stand for many hours. Scientists have decided that bad temper is hereditary and can be traced to ancestors, and transmitted to descendants.

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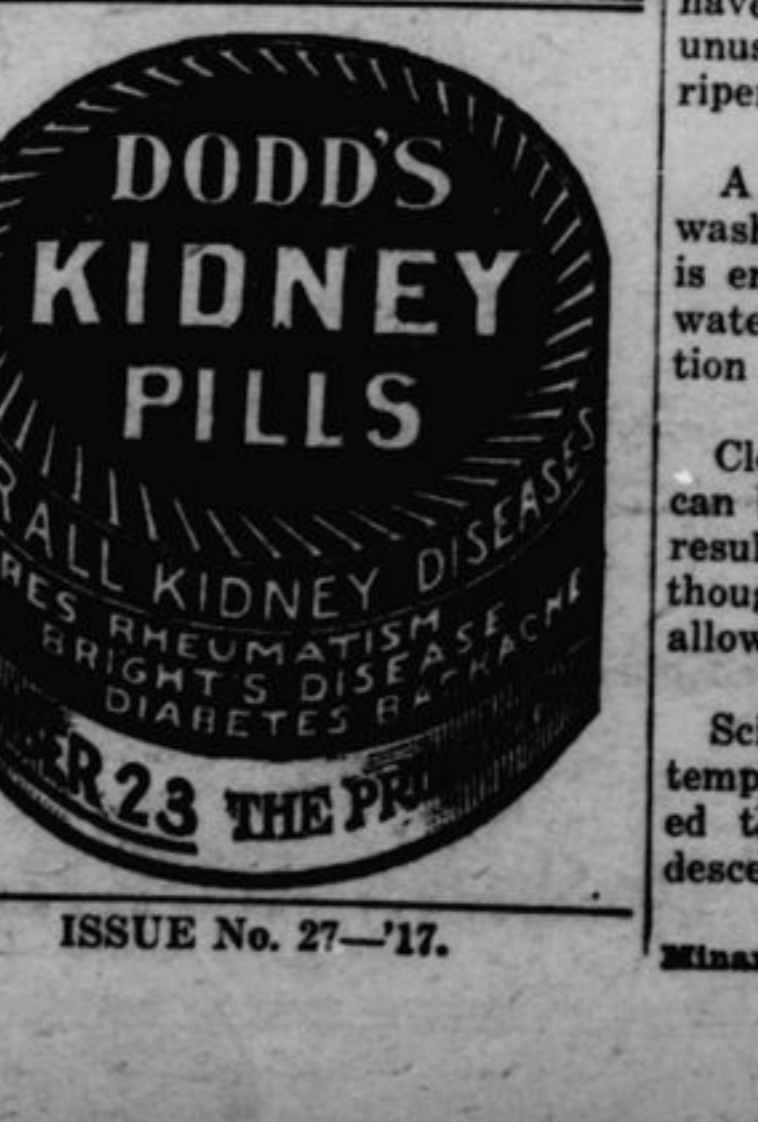
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