## YOUNG FOLKS

The City Squirrel. I am a squirrel blithe and gay,

And frolic here from day to day. The city is my happy home, Within its parks I like to roam.

Perhaps you think it rather queer That I should love to wander here, And never long for forests free Where other squirrels like to be. But never need I hunt for food,

Nor store up nuts as squirrels should For I have many a little friend-With peanuts they my wants attend.

So oft I send a grateful thought To southern farmers who have bough The waste lands, and by daily toil With peanuts have enriched the soil

The peanut is a useful nut, For food, for oil, for forage-but I wish the farmers all might see The joy their peanuts bring to me.

#### The "Give-Away" Garden.

When the school gardens were par- Allied Operations Conducted Mostly celed out last year, Rose and Tom Marlow received plots in a near-by vacant lot. The man who owned the lot gladly had it spaded and prepared maintaining practical control of the for the children's gardening.

bages where weeds and hay-fever L. W. B. Rees of the British flying germs used to flourish," he told Tom corps, who himself once routed singleand Rose gravely. And they made a handed a squadron of ten German resolution that he should not be dis- raiders, and is one of the few Englishappointed.

It was not as easy job, they soon and the Military Cross. discovered. Cutworms and new soil While the Allies' operations are con- of the heart, some difficulty in breathmust be met and conquered. But Tom ducted almost entirely beyond the ing and a tendency to be easily tired and Rose were there early and late, German lines, the Major said, the Ger- are suffering from thin blood. They weeding, sprinkling, hoeing and hop- man machines now cross the Allied ing Their bright eyes spied every lines only rarely in raiding parties. right treatment and stick to it until garden enemy that plotted to fly or The British fly on three levels with cured. The remedy that can be relied creep in, and their nimble fingers soon three kinds of machines. The lowest upon is Dr. Williams Pink Pills for put an end to any such foe.

useful products. Mrs. Marlow, their first 10,000 feet in ten minutes. mother, had first choice, and paid the The Germans have given up all at- weak I could hardly walk. I neither edge of the sleeves and the surplice small peddlers just what the hucksters tempts to guide their artillery by air- ate nor slept well, and gould not go fronts are trimmed with a narrow in the street demanded. There was plane and seek only to smash up the up stairs without stopping to rest. At plenty left to sell after that, and the allied reconnoissance over their lines. times I had an a'most unbearable pain wares so tempting, that the little tin class, therefore, fast, heavy fighters, in bed. I suffered almost constantly suitable for small women; in 4 sizes; elephant on the shelf swallowed en- generally biplanes, which are contin- from a dull headache, and when sweepough nickels and dimes to fill his trunk ually seeking to swoop down on the ing if I would stoop to pick up anyseveral times over. Tom then re- British artillery observers and send thing I would get so dizzy that I would lieved the bursting beast, and kept his them to the ground before the British have to catch hold of something to the McCall Co., 70 Bond St., Toronto, treasure in a tin tea box.

Rose," Tom announced one day in Germans have developed another light a smothering sensation. My eyes Minard's Liniment Lumberman's Friend. August, "and more than any of the fighting machine, which by climbing were sunken and my hands and limbs boys in the neighborhood. Maybe I'll to 20.000 feet seeks to overtop the would be swollen in the mornings. win Miss Moore's prize for the best- British light fighters and clear them tried several kinds of medicine without paying garden, when she judges them, out.

at her bright-eyed daughter.

you earned as much?"

quite know how to tell her mother come up. about it.

ashamed for getting his loyal partner prived them of invaluable reconnoisinto trouble, "because she's given prived them of invaluable reconnois- ville, Ont. away most of her garden."

standing, and she drew Rose to her weapon

"Always a generous fairy, even in business matters," she said, smiling. "Oh, but I love to, mother!" whispered Rose eagerly. "I'm making enough money; and besides, it's lots more fun to give them away."

Later her mother heard all about it. When Rose and Tom went by old Miss Gray's, Rose would leave a bunch of sweet peas-those fairy butterfliesor cheery gold and red nasturtiums. "She loves flowers better than any-

one," Rose would say to Tom, "and she's too old and rheumatizzy to raise them. Isn't it lucky I have them to give her?"

About the Shultz place romped four noisy children. Mrs. Shultz had no time for gardening, and the quartette of towheads were too little to help The cheery washerwoman leave her soapsuds to buy onions or turnips of the Marlow ped-

"A nickel's worth of each," she would say. Then she would add admiringly, "My, I hope my children will grow to be just like you! What a help you must be to your mother!" At the Shultzes' Rose always left twice the amount of produce paid for. "They need it so, and they're so poor. She works so hard, and those children must eat bushels!" she told Tom one

day, when they talked it over. When the prizes were given out, Miss Moore presented Tom with a beautiful Honor Badge for having earned the largest amount from his garden. Then, to the little girl's astonishment, she pinned a tiny gold

pin to Rose's dress. "For the one who shared her garden with all," said the teacher, smil-"A little bird told me all about Rose of the 'Give-Away' Garden." And all the others applauded .-- Youth's Companion.

A man's egotism may be pardoned if he doesn't throw it in your face.

When You Eat Bread you are entitled to everything in the whole wheat "Wheat is a complete food containing all the elements necessary for human nutrithe whole wheat in a digesti-Biscuit is whole wheat made digestible by steam-cooking, Slowly trudge on toward the goal. shredding and baking-the best process ever devised for preparing the whole wheat grain for the human stomach. Two or three of these crisp little loaves of baked whole

AIR SUPREMACY.

meal. Made in Canada.

wheat with milk and berries,

Beyond German Lines.

How the British and French air over the western battle front was "I shall hope to see roses and cab- graphically described lately by Major men to receive both the Victoria Cross in some cases from despair. People

are artillery directors, who circle Pale People. With every dose they The vegetable and blossom babies about in big figure eights about 6,000 make new blood, and new blood means began to thrive, eager to repay such feet above the enemy trenches and health and strength. The red cheeks, faithful care. By midsummer Tom flash back directions to the British good appetite, increased weight and was putting into his little express gunners by wireless. Above them, at strength that follow the use of these wagon bunches of fresh, green onions, 10,000 feet, are the heavy fighters pills prove their great value to thincrisp curly lettuce and roly-poly red with two men to a machine and able blooded people. Here is an example: radishes that Rose had washed care- to keep the air for four hours at a Mrs. J. McDonald, Jr., Hay, Ont., says: fully and arranged in neat bunches. speed of 110 miles per hour. At a "I honestly believe Dr. Williams Pink Besides, there were pink and lavender height of 15,000 feet are the single- Pills saved my life. Some years ago sweet peas, nasturtiums and sweet man light fighters, capable of 130 I had anemia, and as I did not realize alyssum to lend beauty to the more miles an hour and of ascending the the seriousness of the trouble I soon

children were so polite, and their Their machines are largely of one in my back and would have to remain fighting patrols can reach them. Re- keep from falling. At times my heart Dept. W. "I've made over twice as much as cently, however, said Major Rees, the would beat so fast that I would have

British losses have been running re- not recover. Then I began taking Dr. Mother looked with questioning eyes cently as high as thirty to forty ma- Williams' Pink Pills, and before long chines a day, because of the extraor- could see and feel that they were help-"You have worked as faithfully as dinary chances taken over the enemy's ing me. I gladly continued the use of Tom," she said, puzzled. "Why haven't lines. As a rult they go out in squadrons of six, divided into three pairs and I cannot say enough in their Rose's flower face flushed and her and prepared to swoop down in unison praise, and I strongly recommend them golden head drooped. She did not on any German machine that may to all run down girls and women."

sance power. The Zeppelin is now Mother's eyes softened with under- practically useless as a military

Germany's whole artillery observation is conducted by means of captive balloons. A short time ago the British and French made a combined attack at 4 p.m. and knocked down every captive balloon from the North Sea to people Switzerland. Not for three days did another balloon appear in sight.

England, at the beginning of the war, the Major said, was supposed to have a squadron of twelve machines for each of the six army divisions, but,



as a matter of fact she had only three. The service was very chaotic, with the army and navy bidding against each other, until the whole air service was put under the Air Board, Dr. Wiley says: composed of a neutral President, an army and a navy official, and a member of the Munitions Board.

Keep Climbing.

tion." But be sure you get Although your chance in life seems

Rough the path and dark, ble form. Shredded Wheat Don't worry that you're going to fall But get a firmer start.

> Keep headed the right way, Remember you can never win Life's battle in a day.

Like climbing up a ladder, Ascending step by step. Keep your aim the highest, Lest your mission you forget,

When at last the top is gained Thank God the task is done; make a delicious nourishing Look back upon the steps you've The battle nobly won

### THIN-BLOODED MEN AND WOMEN

Need the Rich, Red Blood Dr. Williams' Pink Pills Actually Make.

so from choice but from indifference, who are pale, languid, with palpitation need only the resolution to take the became a complete wreck. I got so

benefit and my friends thought I would

You can get these pills through any Major Reese gave it as his opinion dealer in medicine, or by mail at 50 rows, kites, etc., as well as the me-"Because," explained Tom, feeling that the British had defeated the Ger-cents a box or six boxes for \$2.50 from

#### HELPFUL MAXIMS.

They Point Unerringly the Pathway t True Success in Life.

Rely upon your own energies, and do not wait for or depend on other

Cling with all your might to your own highest ideals, and do not be led astray by such vulgar aims as wealth, position, popularity. Your worth consists in what you

are, not in what you have. What you are will show in what you do. Never fret, repine, or envy. Do not make yourself unhappy by comparing your circumstances with those of more fortunate people; but make the

day a loss in which no progress has twenty succumb. been made.

Let not your goodness be professional; let it be the simple, natural outcome of your character. Therefore cultivate character.

When in doubt how to act, as yourself. What does nobility com mand? Be on good terms with yourwhatever countenance and

help you can to every movement and institution that is working for good. Be not sectarian.

"I love you very much, papa," said four-year-old Edna, as she climbed on her father's knee. "I love you, dear, when you are a good girl," replied her father. "But, papa," said Edna, "I love you even when you ain't no good!"



ARTS EDUCATION APPLIED SCIENCE

Mining, Chemical, Civil, Mechanical and Electrical Engineering. HOME STUDY with one year's attendance. Degree

Summer School Navigation School July and August December to April GEO. Y. CHOWN, Registras

A Summer Gown



Dainty and airy is a graduation quiet the sooner ye'll get it." frock of sheer white organdy. The the skirt are smartly up to date. The pointed lace. A scarf of tulle gives additional airiness to the frock. Mc-Call Pattern No. 7752, Misses' Dress;

14 to 20 years. Price, 20 cents. These patterns may be obtained from your local McCall dealer, or from

Plan to keep the garden rows busy all summer. As fast as one crop is off another sowing should be made of seeds or plants set out.

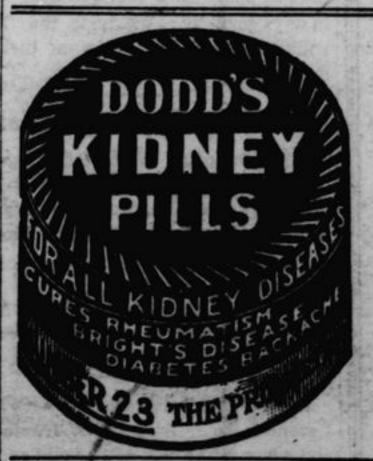
MONEY ORDERS. DOMINION Express Money Orders

To Make Thin Sticks.

Boys who make thin sticks for arthem may be overcome by setting the strip in the groove of a piece of flooring, clamped in a vise. A peg or nail is driven into the groove and acts as a stop for the end of the strip.

MINARD'S LINIMENT is the on ly Liniment asked for at my store and the only one we keep for sale. All the people use it.

HARLIN FULTON. Pleasant Bay, C. B.



ISSUE No. 24-'17.

Praise For Canadians.

Lieut, General Sir Julian Byng, commanding the Canadian army corps, show large increases in the number of has issued an order heartily congratu- live stock raised in 1916 as compared lating the officers and men in his com- with 1913, the year previous to the mand for their brilliant work, since war. The increase in the number of the inauguration of the Vimy Ridge sheep is one of the outstanding feaoffensive, April 9th, declaring that tures of the official report. Many these successes could be obtained only of the smaller farms of the West have by troops whose courage, discipline started flocks of sheep, having found and initiative stand pre-eminent. Be- that the climate is very suitable for tween the Vimy Ridge capture and them, provided a certain amount of the taking of Fresnoy, says Sir Julian, shelter be suppled during the short eight German divisions have been met period when the weather might otherand defeated by the Canadians. Five wise be too severe. There are numthousand prisoners have been captured erous large flocks in the West, and the by the Canadians, 65 big guns and success which the owners of these howitzers, as well as 226 machine have experienced has encouraged the guns and mortars. Sir Julian pre- smaller farmers to follow their exdicts a continuance of these potent ample. There are 2,048,354 cattle in successes by Canadians.

## PERFEGT MEDICINE FOR LITTLE ONES

Baby's Own Tablets is the ideal medicine for little ones. They regulate the bowels and stomach; break up colds; cure constipation and indigestion; expel worms and make teething easy. They are guaranteed to be absolutely free from injurious drugs and may be given to the youngest child with perfect safety. Concerning them Mrs. T. M. Forknall, Mission City. B.C., writes: "I have used Baby's ly. Own Tablets for my three little ones and have found them the best medicine a mother can give her children." The Tablets are sold by medicine dealers or by mail at 25 cents a box from future generation in Canada when The Dr. Williams Medicine Co., Brock- you misuse the forest resources of the ville, Ont.

When rugs first came to England they were not employed as floor coverings. Straw, sand or dried rushes served in that capacity. The rugs were used as handsome coverings for beds or tables. Thus arose the familiar expression "on the carpet," inferring some question laid upon the table for discussion.

Minard's Liniment used by Physicians.

"Mother" said an Irish youngster, strains, painful, swollen veins or glands. It "won't you give me my candy now?" heals and soothes. \$1.00 a bottle at drug-"Whist!" exclaimed the mother, gists or postpaid. Will tell you more if you "didn't I tell ye I'd give ye none at all if ye didn't kape quiet?" "Yis. "Well, the longer ye kape

WOMEN! IT IS MAGIC! LIFT OUT ANY CORN

Apply a few drops then lift corns or calluses off with fingers-no pain.

> Just think! You can lift off any corn or callus without pain or sore-

A Cincinnati man discovered this ether compound and named freezone. Any druggist will sell a tiny bottle of freezone, like here shown, for very little cost. You apply a few drops directly upon a tender corn or callus. Instantly the soreness disappears, then short-

Freezone is wonder-

even irritating the surrounding skin. Vegetable Compound and Blood Purifier Hard, soft or corns between the toes, and I am sure they will help her to get as well as painful calluses, lift right rid of her troubles as they did me." off. There is no pain before or after- Mrs. ELSIE J. VAN DER SANDE, 86 No. wards. If your druggist hasn't York St., Paterson, N. J. reezone, tell him to order a small bottle for you from his wholesale drug Co., (confidential) Lynn, Mass, if you

Prairie Farms.

All the Western Canadian Provinces the three Western Provinces, 565,709 being milch cows and the remainder beef and other cattle. This shows an increase of 15 per cent. over 1913.

After the Two Eyes for a Lifetime Murine is for Tired Byes.
Red Byes - Sore Byes - Granulated Byelids. Rests - Refreshes - Bestores.
Murine is a Favorite Treatment for eyes that feel dry and smart. Give your Byes as much of your loving care as your Teeth and with the same regularity. Care for Them. You Cannot Buy New Eyes

Sold at Drug and Optical Stores or by Mail. Ask Murine Eye Remedy Co., Chicago, for Free Boos More than 27,000 tons of honey are produced by the American bee annual-

Ask for Minard's and take no other. "You are drawing the blood of a

country."-Sir George E. Foster ABSORBINE Reduces Bursal Enlargements,

ness from Bruises or Strains; stops Spavin Lameness, allays pain. Does not blister, remove the hair or lay up the horse. \$2.00 a bottle at druggists or delivered. Book 1 M free. ABSORBINE, JR., for mankind-an antiseptic liniment for bruises, cuts, wounds,

Thickened, Swollen Tissues,

Curbs, Filled Tendons, Sore-

W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can.

What Came From Reading a Pinkham Advertisement.

Paterson, N. J. - "I thank you for the Lydia E. Pinkham remedies as they and healthy. Some-

time ago I felt so run down, had pains in my back and side, was very irregular, tired, nervous, had such bad dreams, ing and had short breath. I read your advertisement in

you can lift it right off. from the first bottle, so I took a second and a third, also a bottle of Lydia E It doesn't eat away the corn or callus, but shrivels it up without said ailments, to try your worderful let. A very hand said ailments, to try your worderful let. A very hand said ailments, to try your worderful let. A very hand said ailments, to try your worderful let. A very hand said ailments. Pinkham's Blood Purifier, and now I am

Write the Lydia E. Pinkham Medicine

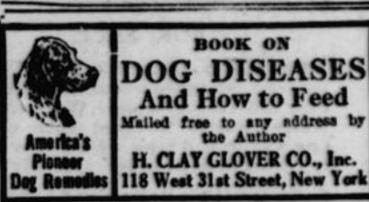


Paper from Hop Refuse. Material for making good paper, it is said, can be produced from refuse hops that have Litherto been thrown away in breweries.

VINNIPEO MONTREAL

Keep Minard's Liniment in the house

A dish of cold water in the oven will prevent cake from burning.



When buying your Piano insist on having an OTTO HIGEL PIANO ACTION

NEWSPAPERS POR SALE DROFIT-MAKING NEWS AND JOI towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Com-

pany, 73 Adelaide Street, Toronto MISCHLLAMEOUS VANCER, TUMORS, LUMPS, ETC

Co., Limited, Collingwood, Ont.

AUTOMOBILES POR SALE 1910 CADILLAC IN GOOD RUNtire. Price \$250.

HUDSON, 1916 MODEL, 6 CYLIN-der, 7 Passenger Touring Car. Electric lights and starter. Recently over-hauled and newly painted. Tires in good shape. Price \$1,300. HUDSON, 1915 MODEL, 6 CYLIN-der, 7 Passenger Touring Car, with

electric lights and starter. Thoroughly overhauled in our shop and newly paint-ed. Seat covers on all seats and doors. Oversize tires. Price \$1,200.

lights and starter, in good running order and newly painted. Looks like a new car. Price \$650. DAIGE SEDAN. A VERY FINE Electric lights and starter, also inside dome light. Nearly all the windows

open, which gives ample ventilation for summer driving. Price \$700. TTUDSON, MODEL 33. 5 PASSENrunning order, at a special price, \$350.

ly you will find the corn decided to try a bottle of Lydia E. Pink- TUDEBACKER, SEVEN PASSENor callus so loose that ham's Vegetable Compound. It worked running order. Tires in good shape. This car was painted this year and looks very nice. Price \$350.

and let our salesmen show you any of THE DOMINION AUTOMOBILE CO

# Doctors and Eye Specialists Agree That Bon-Opto Strengthens Eyesight 50% In a Week's Time In Many Instances

the time. It was like a miracle to mo."
A lady who used it says: "The atmossoribed for the eyes."
Dr. Smith, an oculist of wide experishes soribed for the eyes."
Dr. Smith, an oculist of wide experished soribed for the eyes."
Dr. Smith, an oculist of wide experished soribed in private into for the read even fine print with says: "I was bothered with eye strain caused even fine print with eye strain caused by overworked, tired eyes which induced heree headaches. I have worn glasses for several years, both for distance and work, and without them I could not read my own name on an envelope or the typewriting on the machine before me. I can do both now, and have discarded my long distance and information before me. I can do both now, and have discarded my long distance glasses altogether. I can count the fittering leaves on the trees across the street now, which for several years have looked like a dim green blurt of me. I cannot express my for at what it is believed that thousands who wear glasses can now discard them in a reasonable time, and multitudes more so as to be spared that the eyes of your collyrium. The tightened external muscles placed the surgeon's knill Bon-Opto and active removal of foreign bodies and expenses. The like a dim green blurt in the soothing and anodyne effects of where glasses can now discard them in a reasonable time, and multitudes more so as to be spared to the serionistent the eyes pense of serionistent the eyes pense of exceptions and expenses. The condition was a strengthen the eyes are strained through overwill be able to strengthen the eyes pense of office and in several was a continuous and subject to the cycladity of the lides of exercitions and expenses and the soothing and anodyne effects of bodies and provided the eyes of the

more fortunate people; but make the most of the opportunities you have.

Associate with the noblest people you can find; read the best books; live with the mighty. But learn to be happy alone.

If a thousand plans fail, be not disheartened. As long as your purposes are right, you have not failed.

Examine yourself every night, and see whether you have progressed in knowledge, sympathy, and helpfulness during the day. Count every day a loss in which no progress has been made.

A Free Prescription You Can Have Filled and Use at Home.

Boston, Mass.—Victims of eye strain and other of eye strain and other crosses, and those at Home.

Boston, Mass.—Victims of eye strain and other of eye strain and other crosses, will be glad to know what the potors and Eye Specialists now her failed. The death rate from wounds in the war is less than one-half as great as it was a year ago. Dr. Jacques Bertillion medical statistician in the French army, declares that by hard-ship and exposure the men have become so toughened that they can now stand twice as much as they could not see to read at all. Now I can Have Filled and Use at Home.

Boston, Mass.—Victims of eye strain and other crosses, and thome.

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Examine yourself every night, and knowledge, sympathy, and twice as much as they could have see

ONTARIO ARCHIVES TORONTO