Tea is an Every-day Luxury

STEADFASTLY REFUSE SUBSTITUTES



## The Bride's Name;

Or, The Adventures of Captain Fraser

CHAPTER XVIII .- (Cont'd).

"Whatever has happened to your memory?" said Mrs. Church, sweetly. "My memory," said the trickster, slowly, passing his hand over his

"It doesn't seem quite so good as it was," said the lady, affectionately. "Never mind, my memory will

There was enough emphasis on the last sentence to send a little chill through the captain's frame. He said If his own memory was defective Mrs. Church's was certainly redund-When he came hurrying in to bridling.

dinner next day she remembered that then modestly looked down again. bedded in most savory sauce. ough to contemplate a raid upon hers; asked, gently. she, with a rare thoughtfulness, had and cursed the ingenious Nibletts, now on his way to London, sky-high.

Mrs. Banks came in the next evenwith the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction mortification that a man without a like with the housekeeper on the affliction with the housekeeper on the affliction with the housekeeper on the affliction with the housekeeper on the like with the housekeeper on the like with the housekeeper on the affliction with the housekeeper on the like with the housekeeper of the like with the housekeeper on the like with the like accepted her as an ally, but with handkerchief to her eyes. "How are you feeling?" demanded

Mrs. Banks, in the voice of one addressing a deaf invalid. "I'm all right," said Barber shortly, settled it without him.

his interest in the remark. He held genuity of Captain Nibletts, aided by goes below the cost of 1½ pound round and bake in a hot oven for ten minutes and are the permanent and control- prairie, and rides up and down in is political. They wanted to make the him, made their arrangements for his

"I don't like to seem to hurry it,"

the trembling mariner.

Mrs. Banks, in a low voice. "Poor dear," sighed the other.

smile. "Don't you remember meeting may be said that he was not a model in rich soil me by the church the other night and patient, and had on several occasions in rich soil in marry Mrs. Church in October?"

shaking her head; "it's no use." "Not a bit," said Mrs. Banks.

want to hurry it. After all, he ought after night for a glimpse of the girl the surface.

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FOR BREADS - CAKES-PUDDINGS-PASTRIES.

"All right," said Mrs. Banks, in- a porterhouse.

"Me and Frank thought of October," Stoves are used. nothing, but keeping his eye on his plate attacked his frugal meal in silence, and soon afterwards went upstairs to bed to think out this position.

Stews—To many Canadians the word brings a memory of savorless chunks of meat swimming in a waster to bed to think out this position.

Stews—To many Canadians the word brings a memory of savorless chunks of meat swimming in a waster to bed to think out this position.

deavored in vain to stop them on a aroni or vegetables.

CHAPTER XIV.

Opponents of medicine have hit Pictures should be hung on an upon a means of cleansing the system agreeable level with the eye. "No, of course you don't. It he by abstaining for a time from food, The lightest weight kitchen utensils said October, naturally October it and drinking a quantity of fair water. make work less tiresome. skin, and to cause a feeling of light- When a screw becomes loose, reactly alike, and Captain Flower, while firmly as ever. admitting the lightness, would have When slipping geraniums remember

the "Albion," and, pushing the door a

"We'll look after your interests," disdainfully contested any charge of that the woody stalks cut back and set said Mrs. Banks, with a benevolent buoyancy. Against this objection it in rich soil will make the best bloomtelling me that you were going to wilfully taken steps to remove the To set growing house plants in a feeling of lightness.

tub and spray them with a bath spray "No," bawled the affrighted man. It was over a fortnight since his re. is one of the best methods of giving "Clean gone," said Mrs Church, turn to London. The few shillings their leaves the necessary moisture.

"October seems rather early." said cupboard was empty. The time seem- left damp it will speedily rot and soon Mrs. Church, "especially as he is in ed so long to him, that Poppy, and Seabridge, and the Foam might have belonged to another period of existance. At the risk of detection he washing it. The cloth should be wring out and neged lightly every say it's his loneliness that makes him had hung round the Wheeler's night wrung out and passed lightly over

terposed Captain Barber, in a loud became a prey to nervousness, and, un- It is light, easily carried about, and able to endure the suspense any long-er, determined to pay a stealthy visit In hanging out the clothes and taking to Wapping and try to see Fraser.

He chose the night on which in the them from the line the stool saves ordinary state of affairs the schooner stooping and keeps the bottom of the should be lying alongside the wharf; basket clean.

friends and foes both, made his way keeper will sit down with pad and cook to the Minories and down Tower Hill. book and plan the meals for at least He had pictured it as teeming with three days, and as each meal is planpeople he knew, and the bare street and closed warehouses, with a chance docker or two slouching slowly along, struck him with an odd sense of disappointment. The place seemed more time than would be required for

that too was deserted, and after a lov- When a child has the slightest tending peep at the spars of his schooner ency to crooked legs he should have a

little way open, peeped cautiously in. The faces were all unfamiliar, and

The rublic bar was full. Tired workers were trying to forget the labors of the day in big draughts of his fatigue sufficiently to show a friend a fancy step of which he was somewhat vain. It was a difficult

Meat Economy.

are too soft, and he needs more lime and iron. He should be taken off his Use less; once a day is ample if feet at once, and have salt water bath. supplemented with legume dishes, milk soups, cheese dishes, attractive ing and massage. bread and cereal dishes, and eggs when they are cheap enough. against a wall. It causes the fibre to Serve carefully at the table; it is break. They should be placed face downwards and beaten gently with a better to serve twice than to send stick or brush head. Mats treated

remnants to the garbage pail. Use cheaper cuts. We pay largely for flavor, tenderness, and excessive fat is the expensive cuts.

We buy meats chiefly for their protein food value. The cheaper round, dust may be removed, and hang over

The cheaper cuts chopped fine make a tailor cleaned garment. a Hamburg steak as quickly broiled as

dulgently. "What are you going to wear, my dear?" she added, turning to the housekeeper.

Mrs. Church seemed undecided, and Captain Barber, wiping the moisture from his brow, listened as one in a dream to a love discovered by the different buttons in your button box take a wire hairpin and straighten it out; then shape the wire in a circle and bend each end back after stringing all of one kind of buttons on the pin, and hook one end through the othdream to a long discussion on the pos- wood fire is being used for other pin, and hook one end through the othsibilities of her wardrobe. Thrice he things; in the casserole or close-cover- ways have the different kinds right at interru, ted, and thrice the ladies, sus- ed stone crock in the coal stove oven hand. pending ther conversation for a mo- when it is left for the night; or in the fore resuming it.

becomes a dish of infinite variety ing to taste. Then, with the aid of "October's early," said the old lady, through the combination of different beaten eggs, form a fairly stiff paste, meats with different vegetables and which can be made into cutlets, and Mrs. Church looked up at her, and seasonings, into juicy pieces of meat each coated with egg or milk and

Make a little meat go a long way, ing pan with dripping. Captain Barber's voice was drowned Spread the flavor over other nutritious | Creamed Finnan Haddie.—Two cupshe, with a rare thoughtfulness, had in acclamations. Elizabeth kissed but more neutral-flavored food, e.g., fuls of white (or cream) sauce, two meat pies, Irish stew, potpies with tablespoonfuls of butter, three eggs, cuss her own wardrobe. The owner dumplings, stews with plenty of sav- one tablespoonful of grated cheese, of the house, the owner of the very ory gravy, served in a border of rice, two cupfuls of flaked finnan haddie, chairs on which they were sitting, en- mashed potatoes, boiled beans, mac- pepper. Boil one egg hard. Add the

which had already been noised about memory is a man without a Seabridge. Mrs. Church, who had memory is a man without influence. In twenty minutes it was all settled, and and use for shortening and other pur- and heat the mixture. mental reservations, softly applied a even an approximate date fixed. There poses; trimmings and bones for soups, Baked Codfish.—One cup rice, one was a slight movement on the part of and left-overs for "made" dishes. quart milk, one cup shredded codfish, Elizabeth to obtain Captain Barber's Avoid using too strong heat for roast- three tablespoons butter, four eggs. opinion upon that, but being reminded ing and broiling, which ruins bones Cook rice and milk in double boiler by her mother that he would forget all and trimmings for the soup pot, be- until rice is tender and has absorbed about it in half an hour's time, she sides wasting heat.

"Who are you?" asked the sufferer, a very good one. I never forget any. petite is what the parents make it. Do Fish Pie.—Remove the bones and in a manner as new and entertaining to see with the eyes of his mind. We facts. "He'll get the better of it," said Mrs.

"You forget yourself, ma'am," rebreakfast is oatmeal and milk, and it and add seasoning to taste.

But
provocation of thought, we use oura principle appears to all; we see led the present rulers of Turkey to

Household Hints.

"I never said October," interrupted ness and buoyancy undreamt of by move it and fill the hole with bits of those who have never tried it. All sponge packed in tightly. Then re-"There's his memory again," said people, perhaps, are not affected ex- place the screw and it will hold as

obtained for his watch had disappear- After washing oilcloth and linoed days before; rent was due and the leum, be sure to dry it properly. If

for whom he was enduring all these A campstool to hold the clothes "I never said a word about it," in- hardships, but without success. He basket is a convenience on washday.

and keeping a keen look-out for Time will be saved if the house-

changed. He hurried past the wharf; one.

he drifted slowly across the road to very special treatment. His bones

letting the door swing quietly back he walked on until he came to the "Town of Yarmouth."

beer, while one of them had thrown off and intricate step for a crowded bar, and panic-stricken men, holding their beer aloft, called wildly upon him to stop, while the barman, leaning over the counter, strove to make his voice heard above the din. The dancer's feet subsided into a sulky shuffle, and a tall seaman, removing the tankard which had obcured his face, revaeled the honest features of Joe. The sight of him and the row of glasses and hunches of bread and cheese behind the bar was irresistible. The skipper coat and held him. (To be continued)

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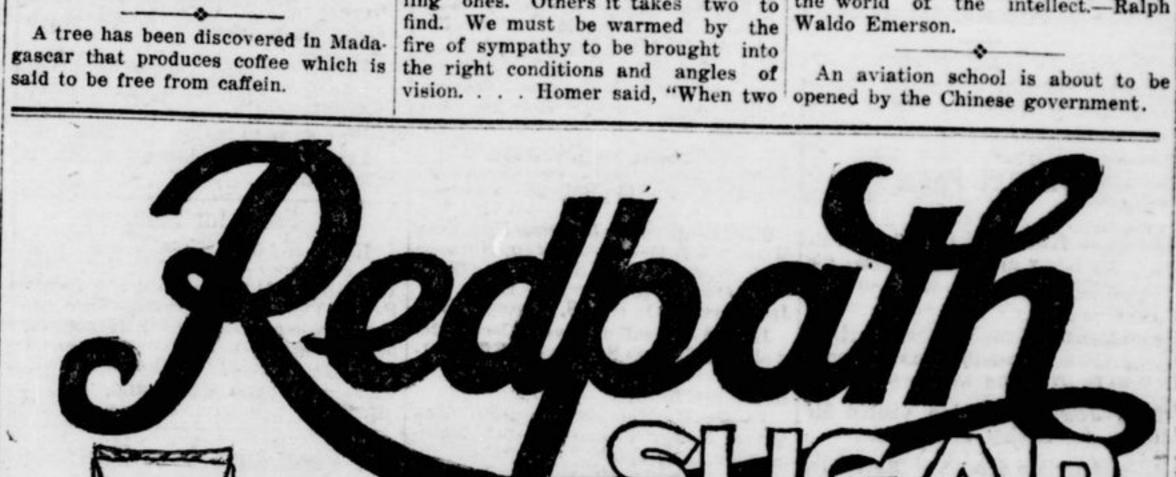
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USES OF CONVERSATION.

find. We must be warmed by the Waldo Emerson. A tree has been discovered in Mada- fire of sympathy to be brought into



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THE MARTYRS OF ARMENIA

OBJECT OF TURK TO STAMP OUT CHRISTIANITY.

Hundreds of Thousands Have Died in Preference to Accepting the Mohammedan Faith.

The slaughter of between seven and eight hundred thousand Armenians by the Turks since the beginning of the war reveals the Armenians quite as much martyrs to Christianity as any of the early Christians who died in Nero's arena, writes Viscount Bryce.

There are to-day more than a million Armenians and Syrians starving to death in Asia Minor, Syria, the Russian Caucasus, Persia and Palestine. The relief work for them in America is in charge of the American committee for Armenian and Syrian relief in New York.

In the history of the early Christian church there are no figures so glorious, none which have continued to be so much honored by the Church all through its later days, as those of the martyrs, men and women who, from the time of Nero down to that of Diocletian, sealed with their blood the testimony to their faith notwithstanding every lure and every threat, in order to preserve to their death loyalty to their Lord and Master,

Died for Christian Faith.

In our own times we have seen this example of fidelity repeated in the Turkish Empire, and it is strange that the Christians of Europe and America should not have been more moved by the examples of courage and heroic devotion which the Armenian Christians have given. Of the seven or eight hundred thousands of Armenians who have perished in the recent massacres many thousands have died as martyrs, by which I mean they have died for their Christian faith when they could have saved their lives by renouncing it.

This has perhaps not been realized come together, one apprehends be- even by those who in Europe or fore the other"; but it is because one America have read of and been horri-"When Two Come Together One Ap- thought well that the other thinks fied by the wholesale slaughter and "That's his pride," said Mrs. Church,
mournfully; "he won't own to it. He
can't remember anything. He precan't remember anything.

Banks, kindly, as her quondam foe turned her victim, with unconscious supper is breakfast is oatmeal and milk, and it and add seasoning to taste. But-provocation of thought, we use our-provocation of thought, and use each other. Some wiped her eyes again. "If he don't, ambiguity, and, closing the door behind her, returned to the parlor to try biscuit and jam; thec hild is well fed. with mashed potatoes and add the perceptions—I think the best—are mind seizes them as they pass; each from being fanatics, most of these men, though nominally Mohammedans, you'd better mary detter mary before October."

To say that Captain Barber pricked up his ears at this, indicates but feebly from the position to which the in
To say that Captain Barber pricked to think of some means of escaping from the position to which the in
Eggs may replace meat in the adult fish and small bits of butter. Season granted to the single soul; they come diet whenever the price per dozen and cover with a top layer of potatoes from the depth, and go to the depth, and go to the depth, prairie, and rides up and down in is political. They wanted to make the ling ones. Others it takes two to the world of the intellect .- Ralph whole Turkish Empire Mohammedan in order to make it uniform with only one creed and no differences between one class of subjects and another. They saw that the Christian part of the population, suffering under constant oppressions and cruelties, continued to turn its eyes westward and hope for some redress from the Christion nations; so they determined to eliminate Christianity altogether.

Christ or Mohammed.

During the recent massacres whenever any Christian would turn Mohammedan his life was spared. It was only as a Christian that he was killed. Many a Christian child was torn from its parents to be brough up as a Mussulman. Thousands of Armenian Christian girls were sold in the market or distributed among Turkish officers to be imprisoned for life in Turkish harems and there forced into Mohammedanism. But many more thousands of Armenians, women as well as men, were offered their choice between Christ and Mohammed, and when they refused Mohammed were shot down or drowned forthwith. For days together th bodies of Christian women who had thus perished were seen floating down the Euphrates. Surely the remains of this suffering

nation could make no stronger appeal for pity and help to the Christians of America than they make through these martyr deaths. Only a remnant is now left to whom charity can be extended. It is still a sorely afflicted

How To Win Time.

The only way to win time is not to lose time, says Lloyd George. You must not lose time in the Council Chamber; you must not lose time in the Departments which carry out decrees of the Government; you mus not lose time in the field, in the factory, or the workshop. Whoever tarries when he ought to be active-whether it is a statesman, a soldier, an of ficial, a farmer, a worker, a rich man with his money—he is simply helping the enemy to secure the aid of the most powerful factor in this war-time. Act, and you act in time, that is our appeal to you.

Making It All Right.

An old lady who had been introduced to a dector who was also a professor in a university felt somewhat puzzled as to how she would address the great man.

"Shall I call you 'doctor' or 'professor' ?" she asked. "Oh, just as you wish," was the reply; "as a matter of fact, some people call me an old idiot." "Indeed," she said, sweetly, "but,

then, they are people that know you."

GERMANS

Generally Beli

A despatch fro Daily News desna says that persiste received from Sw Germans are evi and other places in The Zurich corne Rotterdamsche Co information has r Germans

HEAVIEST STILL IN

British Will No Attack U

A despatch from The Germans ar along the front ove and British have I cording to a state by Major-General F director of military War Office. He said that wh taken up by the G much advertised

would not be reveal

and British armie their heavy artiller "Our advance has to the difficulty of in the devastated c Maurice. "We a from the fact that Somme battlefield, have clearer ground the advantage of touch with the ene distance as our force withdraw to a grea French front than of

"While we are s Germans in the open they have reached a which they are not I until we bring up ou ing guls. Hence w ly to know whether much-advertised Hin til we are prepared t enough, nor have th ough to build an o trenches."

KAISER WILLIAM

A news agency dest here. His physicians careful regime of tres effect a cure, but we retarding the Empere

Believes Enemy is

A despatch from I possibility that the er its chief blow against to be the principal ob who argues that the prepared to support I serve army should th ed by which a strateg the western allies of t

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