Tea is Delicious and Pure

Sealed Packets Only - Never in Bulk BLACK, MIXED or NATURAL GREEN

# The Bride's Name;

Or, The Adventures of Captain Fraser

CHAPTER XVI.—(Cont'd).

He completed his dressing slowly while walking about the room looking into all sorts of likely and unlikely hiding-places for his money, and at length gave up the search in disgust, and sat down to wait until such time as his host should appear. It was a "Don't have to so your money," snarked the other. "I'm an honest man."

He started back in alarm, and his wife gave a faint scream as Flower caught him by the collar, and, holding him against the wall, went through his pockets.

"I've not got your money," snarked then, with nearly eighteen shillings in his pocket took train to Liverpool Street. The roar of the investing in a pipe and tobacco, he got on a 'bus bound eastward, and securing cheap apartments in the Mile End Road, sat down to consider his allowed to the control of the collar, and holding him against the wall, went in great the collar and sat down to a lengthy meal, and then, with nearly eighteen shillings in his pocket took train to Liverpool Street. The roar of the collar, and, holding him against the wall, went in great the collar and sat down to a lengthy meal, and then, with nearly eighteen shillings in his pocket took train to Liverpool Street. The roar of the collar, and, holding him against the wall, went in great the collar and sat down to a lengthy meal, and then, with nearly eighteen shillings in his pocket. The roar of the city greeted his ears like music, and, holding him against the wall, went in collar and charm and sat down to a lengthy meal, and then, with nearly eighteen shillings in his pocket. The roar of the city greeted his ears like music, and, holding him against the wall, went in the collar and charm and sat down to a lengthy meal, and then, with nearly eighteen shillings in his pocket. CHAPTER XVI .- (Cont'd).

ed the old man as he came downstairs, er, recovering himself as he saw that come to this decision, he had another preceded by his wife. "One would his adversary intended no violence; think the place belonged to you, mak- "if you think I've stole your money, unwonted luxury of a bed." you know what you can do."

"I've lost my purse," said Flower, "What?" demanded Flower. regarding him sternly, "My purse has "Go to the police," said the old man, It is one of the first laws of domestic been taken out of one pocket and some his little slit of a mouth twisted into a economy that the largest families ed what Bob had "got the hump

pounds along with it?" he said rasp- and fetch the police."

The incensed skipper made no reply, but, passing upstairs, turned the bedroom topsy-turvy in a wild search for his property. It was as unsuccessful, police, and the aggrieved refrain of the came down with a look in his the old man that he aggrieved refrain of the came down with a look in his the old man that he aggrieved refrain of the came down with a look in his the old man that he aggrieved refrain of the came down with a look in his the old man that he aggrieved refrain of the came down with a look in his the old man that he aggrieved refrain of the came down with a look in his the old man that he aggrieved refrain of the came all the evening. We've all they have been known to close a most interesting conversation by thought—"Never mind, you take 'em out," point of spelling.

There were but few secrets in the look in his the old man that he aggrieved refrain of the came all the evening. We've all they have been known to close a most interesting conversation by thought—"Never mind, you take 'em out," point of spelling.

There were but few secrets in the look in his the old man that he aggrieved refrain of the came all the evening. We've all they have been known to close a most interesting conversation by thought—"Never mind, you take 'em out," point of spelling.

There were but few secrets in the look in his the old man that he should go for the point of spelling. and he came down with a look in his the old woman as to the length of There were but few secrets in the Belinda, rebelliously, "you won't let face which made his respected host her married life and the number of Wheeler family, the younger members me."

FIVE ROSES FLOUR

FOR BREADS-CAKES-PUDDINGS-PASTRIES

Then shall the King say unto them

"I was an hungered, and ye gave me meat;

I was thirsty, and ye gave me drink......

Then shall they answer him, saying-

"Lord, when saw we thee an hungered, and

fed thee? or thirsty, and gave thee drink?

"Inasmuch as ye have done it unto one of

the least of these my brethren, ye have

Overseas, in ravaged Belgium, more than

3,000,000 of "the least of these" are

hungry, thirsty, thinly clad-looking to us!

Have you done what you could for any

Whatever you can give, send your subscription

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SEND CHEQUES PAYABLE TO TREASURER

59 St. Peter Street, Montreal

The Greatest Relief Work in History.

naked, and ye clothed me....."

....or naked, and clothed thee?"

And the King shall answer.....

done it unto me".

or Provincial Committees or

of them?

on his right hand.....

Crisp, Crackling

COOKIES

and a glass of

milk-taste the

delicious blend

of flavours.

been in a state of nervous trepida-tion all day, glanced at her husband with a look in which wifely devotion and admiration were almost equally

Flower passed slowly through the wood, and after passing to make sure that he was not followed, struck across the fields, and with his sailor's knowledge of the stars, steered by them in the direction of London. He walked all that night unmolest-

ed, his foot giving him but little trou-ble, and passed the following day under a haystack, assuaging his hung-er with some bread and cheese he had put in his pocket.

Travelling by night and sleeping in secluded spots by day, he reached the city in three days. Considering that he had no money, and was afraid to go into a town to pawn his watch, he did not suffer so much from hung-er as might have been expected— something which he vaguely referred to as Providence, but for which the sufferers found other terms, twice leading his faltering footsteps to laborers' dinners in tin cans and red handkerchiefs.

At Stratford he pawned his watch and chain and sat down to a lengthy as his host should appear. It was a complication for which he had not bargained, and unable to endure the suspense any longer he put his head up the stairway and bawled to the old up the fruitless search, "I'd thrash man to come down."

"Don't hurt him," cried the old wo-family after his letter to Fraser had given him a wholesome dread of the post, and until the connection between the two was satisfactorily explained he would not risk another, even in his "What's the matter now?" demand- "I'm an honest man," said the oth- new name of Thompson. Having he would not risk another, even in his

silver out of the other while I was baleful grin; "if you think I've stole must inhabit the smallest houses—a about," was sternly ordered to finish your money, go and tell the police." state of things which is somewhat his breakfast in the washhouse. Con-The old man raised his eyebrows at "Let 'em come and search the awkward when the heads wish to dissequently there was a full meeting his wife and scratched his chin rough- house," said the old woman, plucking cuss affairs of state. Some preserve after tea, and when Poppy entered, "I s'pose you've lost my three two years and 'ad seven children. Go of fregmentary sentences eked out by ceedings would at once open with a speech from the sofa. up spirit. "I've been married forty- a certain amount of secrecy by the use it was confidently expected that pro-Flower stared at them in wrathful tion of capital letters for surnames; a "Take the children outside a bi "Where's my purse?" demanded the concern. Threats were of no use, skipper, roughly; "don't play the fool and violence was out of the question. The start of the children outside a bit fusion and scandal when the names of the things had been removed. He went to the door, and, leaning several friends begin with the same "Got my 'ome lessons to do," said "I don't know nothing about your against it, stood there deep in thought letter. Others improve the family Belinda. purse," said the other, regarding him closely with his little bloodshot eyes; ing courage from his silence, began to three rounds me what's took you in three rounds me what's took you in and drawing his chair was taken to the taken and drawing his chair was taken to the taken and drawing his chair was taken to the taken and drawing his chair was taken to the taken and drawing his chair was taken to the taken and drawing his chair was taken to the taken and drawing his chair was taken to the taken and drawing his chair was taken to the taken and drawing his chair was taken to the taken and drawing his chair was taken to the taken and taken and the taken and taken three pounds—me what's took you in and drawing his chair up to the table, some children profiting so much by taking her books from a shelf; "they'll

"Are you goins to give me my He left at night without a word. The freely, and refuting the charge of manded Mr. Wheeler, with excellent

money?" demanded he, striding up to old man smiled almost amiably to see tale-bearing, but keeping debit and sternness. old man smiled almost amiably to see him go; and the old woman, who had which assets and liabilities could usually be balanced by simple addition.

Sternness.

"I want a little quiet," said Mrs. Wheeler; "a little fresh air will do you good, Peter."

present secret merely meant a future washhouse," said Mr. Wheeler, who On this day the juniors were quite creation. certain that secret proceedings of a "Take your pipe outside," said Mrs. highly interesting nature were in the Wheeler, significantly. "Did you 'ear air. Miss Tyrell having been out what I said, Belinda?" since the morning, Mrs. Wheeler was Belinda rose noisily, and gathering

fond of homely similes, had likened prognostications concerning her fuwere met with a boorish request to keep her paws off; and a young Wheeler, rash and inexperienced in the way of this weary world, who publicly ask-

## PAINS AFTER EATING

WHO IN THE STOMACH-ACIDITY, HEADACHES-CONSTIPATION

### ARE SIGNS OF INDIGESTION.

Indigestion—the complete or partial quently throws out of gear the whole machinery of the body. You can't enjoy the vigour and vitality of good health unless your stomach, liver and bowels do their work regularly and efficiently

# MOTHER SYRUP

As a digestive tonic and stomachic remedy, Mother Seigel's Syrup is esteemed in tens of thousands of homes, wherever the English language is spoken. If you suffer much or little from disorders of the stomach, liver or bowels, try the effect of taking 15 to 30 drops of this famous remedy in water, after meals, for a few days and note its beneficial effects.

# **ASSISTS**

The new1.00size contains three times as much as the trial size sold at 50e per bottle.

Among the elders, the possession of a "I'll go and smoke my pipe in the

had his own notions of healthful re-

looking forward anxiously to her re- up her untidy books thrust them back turn with the view of holding a little in a heap on the shelf, and putting on private conversation with her, and the her hat stood at the door commenting entre Wheeler family were no less anxious to act as audience for the occasion. Mr. Bob Wheeler had deserted whether they were coming or the same of the small wheelers whether they were coming or the same of the small wheelers whether they were coming or the same of the parted to his work that morning in a whether she was to stay there all condition which his family, who were night. She also indulged in dreary to a bear with a sore head. The sis- ture, and finally, driving her small fry terly attentions of Emma Wheeler before her, closed the street door with

It contains also a small amount of through and dry it. Turn it at once protein, a trace of fat, and some min- into a shallow dish or platter, tossing eral matter. Starchy foods supply it out with a fork, being careful not heat and energy to the body, and are, to break the grains. If these directherefore, really more valuable than tions are followed each grain will have meat, which produces muscle. It is swollen to four times its natural size four time as nourishing as potatoes. | and no two grain, will be sticking

associated rice with eggs, milk, raisins snow. as the principal ingredient of puddings. The majority of Canadians dren at noon is a plate of boiled rice have still to learn the use of rice as a with a slice of bacon on top, followed vegetable which our American friends, by apple pudding. especially the Southerners, learned long ago. It is the most-easily-digested of all the starchy foods. It is readily absorbed and leaves little or n waste in the intestines. All starches in their final digested are converted

into sugar. Rice is about the most abused of all our foods in the cooking. "Just boil it," they say, but "just boiling" may result in a delicious appearing and tasting food or-a cross between paste and porridge. Let no housekeeper come out of the war days without learning how rice grains may quadruple themselves in the cooking and be the nourishing, delectable food that doubtless they were resigned to

Wash the rice in several cold wa-Have ready a large . h nearly Sprinkle in the rice slowly so as not to stop - the boiling. Boil rapidly without the cover for twenty minutes. If the rice seems hard at the end of that time boil ten minutes longer. It must be dry and mealy, like potatoes. not wet. Drain it in a colander and pour over it there, quickly, a quart of cold water. Place the colander on a plate and toss the rice about with a fork from the centre to the sides.

Rice is really our best starchy food. at the oven door, where heat will pass Most of us in the past have only together. It should be as white as

A nourishing meal for school chil-

Household Helps It is a mistake to soak fowl of any

The ironing board which is thickly few minutes in white stock. padded is the easiest to iron on. alone, with vegetables to flavor.

791 YONGE ST.

in it is a nutritious winter soup. A delicious vegetable stew can be seasoning.

they are thoroughly heated through, Bone stock can be made from bones thicken the gravy a little and serve. Cream soups are always thickened Mutton broth with barley and beans and sometimes made of vegetable and fish, with milk and cream and a little

kind in water. It will destroy the made from any kind of left-over vegetables, put together and cooked for a

Why fly in the face of Providence? The sound advice, contained in the bulletins of the Department of Agriculture, is based on the knowledge of the best agricultural experts in the country and the accumulated experiences of thousands of farmers. Almost every soil lacks some element of the plant food necessary for a maximum crop, and each crop leaves the soil poorer. Therefore, those important sustainers of plant lifeotash, nitrogen and phosphoric acid-must be put back into the soil in the form of a fertilizer. Gunna Shur-Gain is in growing demand amongst farmers who want the best. It gives much more satisfactory results than a home mixed fertilizer because the ingredients are scientifically proportioned to meet the requirements of both soil and crop and are blended into a perfectly balanced plant food. Expert chemists have prepared these formulas, checked by Government analysts, and the mixing is done under careful supervision. Gunns Shur-Gain Fertilizer is finely ground, making it more econ mical to use and easier to apply. It will not burn or sour the soil, and is very rich in humus. There is a formula to fit the requirements of every soil and every crop. These are fully explained in our booklet, "Bumper Crops," and also general directions for their use. A copy is ready for you, if you will ask for it. Gunns Limited, West Toronto

## Increase Your Yields and Profits

produces? Commercial fertilizers, properly selected, are increasing the war-time profits of growers everywhere. Is it not well worth your while to look into this great opportunity? Even if your land is producing big crops you can get bigger and better yields and make more

These natural fertilizers stimulate the plant, without impoverishing the soil. They nourish both land and crop. They are made from blood, bones, trimmipgs, etc., and have no unnecessary filler in them. Every ingredient has proven fertilizer value. Every one of our twenty-five different fertilizers is a proven success. Write for bulletins and booklet. We will promptly mail them to you free of charge.

Ontario Fertilizers, Limited, West Toronto.

## Why envy others who reap larger crop yields than your land

### OUR SERVICE AVAILABLE EVERYWHERE

No matter where you live PARKER Service is right at your door. Wherever the postman or the express company go we can collect and deliver whatever you want cleaned or dyed.

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grade sugar. We make and sell one grade only—the

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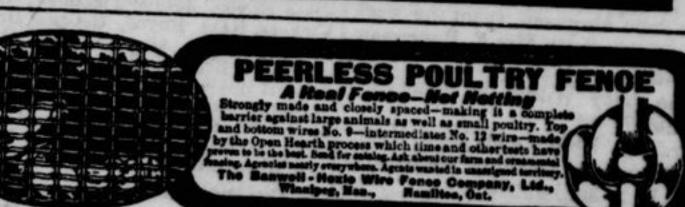
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2 and 5 lb. Cartons Canada Sugar Refining Co., Limited, Montreal.



PARKER'S DYE WORKS, LIMITED TORONTO "



### THE BROCCOLI PLANT.

New Cabbage Recent Achievement of An English Horticulturist.

ing two blades of grass where only one grew before is one of the greatest penefactors of mankind, what shall be said of him who is able to produce six or eight heads of the cabbage-like procedi where only one grew previously, and, what is more, has made the plant a perennial?

turist recently achieved. A writer i these new plants from which the grower cut fifteen fine heads six or

The broccoli should be of inestimable value to the small gardener, especially if he happens to have an odd corner where he can let the plants grow undisturbed. Once they become established they assume the proportions of young bushes, and throw ou their heads in all directions. They demand very little weeding; and as their roots thrust themselves deep into the soil, they are not appreciably affected by dry weather. In the spring as soon as the shoots begin to run, the plant needs some thinning; but there is no waste, for the shoots when cooked form an appetizing dish of the flavor of asparagus.

among cabbages.

CANADA'S AREAS

MOSS IS REAL WAR ASSET: USED FOR SURGICAL DRESSINGS.

Has Greater Absorbent Qualities Than

Its Place.

"Sphagnum moss," says a naturalist, "usually a light yellowish green, grows plentifully in the temperate zone, and there are nineteen varieties on the North American continent. It forms the soil in which orchids flourish, and as it dies it transforms itself into the peat bogs which give the Irish peasantry their fuel. In Canada and the States, its chief users have been florists and nurserymen, the former making it the bed for floral -designs because of its capacity for holding moisture, the latter wrapping it about the roots of young trees and shrubs to preserve them during trans-

Wonderful Absorbent Qualities. Not the most careful examination with the naked eye would lead the examiner to suspect the moss of its wonderful absorbent qualities, but the microscope revealed its lace-like structure and the way in which nature enables it to take up and hold in the minute cells of which it is composed liquids, such as blood, which soaks through absorbent cotton to bandages and bedding and to render antiseptic whatever fluid passes through its own filtration plant.

"Of course, the best moss in the world is gathered in Ireland," said the professor. So far we consider that the best Canadian specimens come from Nova Scotia and Cape Breton, where atmospheric conditions are something similar to the climatic conditions in Ireland. It is also found in Northern Ontario. In this part of the world I find that the most luxuriant growth and the largest leafage is to be found under trees where the moisture is held for a greater length of

"Medically and economically the discovery of the properties of sphagnum seems a godsend. Its absorbent quality is six-some authorities say seven -times greater, weight for weight, than cotton or gauze; it is aseptic, that is, bacteria will not grow in it; it is said to be springier and, therefore, does not pack as does cotton wool, and its cost, as you see, is practically negligible.

Canada to Supply Moss.

"The moss is handpicked, to free from leaves, sticks, evergreen needles, etc., and it is then allowed to dry in wide, shallow bags. Subsequently it is enclosed in cheese cloth. or gauze, of the size required for various pads, different qualities of tire moss being put to different uses. Splint pads, bed pads and elbow cushions are made of slight' - coarser moss than that used for the absorbent pads, which are made in four sizes. Voluntary workers were given per-

mission, a year or more ago, to gather sphagnum in the New Forest for the British Red Cross, and it is being used also in the French and Belgian hospitals and in Malta, Alexandria and Serbia.

With the famine in the cotton market and the discovery of sphagnum, which lies ready to the hand of Britain and her allies, there comes corroboration of the assertion of many men of science, that somewhere Dame Nature has provided for every need of man. And devout souls add to this their conviction that when men's need is sorest and when they have made use of all possible ways of supplying that need that there is a Directing Mind leading them to further sources of supp and the best means of adapting to their necessities.

If the man who succeeds in grow-

That is what an English horticul-Chambers's Journal tells of one seven inches in diameter.

The fact that to cut seventy-two massive heads from a dozen plants is no unusual achievement gives an idea of the prolific yield of this novelty

Glasgow Shi Best Cotton and Will Take

\$100 A

A despatch Americans and Atlantic can me by sighting a s Yarrow, the fan builder, writes t order to encourag sharp lookout he of £20 up to an e to anyone on bon

sel who first draw tention to an ene NEW PEN FOR BRI

Totally Disabl ceive Minim lings 6 P

A despatch fro Order-in-Council pension plan for issued on Wedn vates totally dis minimum of 27 sl If this sum able the soldier up to his before will be given at based on his carr war. No single shall be in exe The allowance

lings for the fir slightly less for e A soldier not receive a pension to which his disa earning powers. half the sum to were entitled if disabled soldier r of an attendant i £1 a week for su will be granted t expenses of train to earn their own

The Actuary's the plan estimate first year at £25, after will decrea PLOWS FO

Large Number Be A despatch fro Cable enquiries h England to ascer tion of imports o plements recently Great Britain to work against le who have been sh ties. To meet th Britain for great less need of men Company here ha been making trai over 500 have bee Land, and there

yet order 2,000 to on Wednesday, to

will bar agriculta

American shipya nage lost by th Sparrow's Point,