

NOTES AND COMMENTS

No one who sees an English newspaper can fail to be impressed with the generous energy of the English people, even at this time of trial, for causes not their own.

All classes are taking part in this noble outpouring of charity. The subscriptions run from a shilling to a thousand pounds.

Another story of gallantry and chivalry comes from the front. Officers are one of the points on the German line of great strategic importance, and it has been desperately defended by the German troops.

German Paper Says That it is Easier Said Than Done. The Deutsche Tageszeitung is indignant with those patriots who are persistently denying that the nation must "hold out," and who, as they say, are chewing mouthfuls of good food and washing it down with ten glasses of good beer.

The writer adds: "In the first place we must see that our troops are supplied. That man is a bad German who will not renounce abundance for the sake of a pinch."

He Also Ran. A young man was stopped at the door of a fashionable church by the sexton with the inquiry: "Are you related to the bride or bridegroom?"

THE FASHIONS

Fashion has at last managed to combine comfort with grace and charm. The sports costume predominates; various styles of middie and Russian blouses are worn with trim fitting skirts; chic suits of striped and plain mohair, pongee or linen, with Norfolk coats and pleated skirts, are favored; and sweater coats, with self or contrasting skirts, also popular.

The plain white Russian blouse costume of Georgette crepe is particularly effective and cool for these hot summer days, and perfectly appropriate for summer evening wear.



Middy Blouse and Serge Skirt. simple blouses, too, are being developed in charming models with a touch of black, or a bright color at turtleneck or throat.

Cool Frocks for Street Wear. Dark blue in taffeta, Georgette, serge and satin is the leading color for street wear, in spite of its apparent warmth.



Slip-On Blouse and Foulard Skirt. black satin and the embroidery is worked out in colored wools, soutache braid, or beads. These motifs may be as bizarre as desired and are often repeated in the trimming of the hat.

Wen-Chow, and the chair-cane hats are all favored, finished with just a touch of colored wool, beads, or a bright bit of applique embroidery which harmonizes with suit or frock.

These patterns may be obtained from your local McCall dealer or from The McCall Company, 70 Bond St., Toronto, Ont. Dept. W.

THE SUNDAY LESSON

INTERNATIONAL LESSON. AUGUST 6.

Lesson VI.—The Greatest Thing in The World, I Cor. 13. Golden Text.—I Cor. 13. 13.

Chapter 12. Verse 31.—This last clause belongs properly to the new chapter, which it introduces. The way takes us to His word said "I am the way" whose name may be set in each of the jeweled places where love is named.

Chapter 13. Verse 1. Tongues.—Clearly languages in the usual sense. This passage is enough to dispense the conception of mere abracadabra which some scholars have found in the "tongues" of this epistle.

2. Mysteries.—There is more than a half reference to the sham mysteries the people of "Knowledge" were always professing to have fathomed, to the scorn of plain folks who could not see below the surface of a stone wall.

3. All my goods.—The rich young ruler was told that for doing this he would have treasure in heaven. A good illustration of the danger of prosaic literalness in interpretation!

4. Suffereth long.—Or is patient, as rendered in James 5. 7. Is Kind.—The word is one often used of God, who "is Love." Puffed up—A favorite word of Paul. Compare I Cor. 8. 1, which we might colloquially render, "Insight" gives swelled head, it is love that builds up.

5. Unseemly.—Perhaps the leading thought is of the pitiful exhibition self-assertiveness often makes. Love never loses dignity when she stoops to the lowest service—how supremely regal was Jesus washing the feet of the twelve! The adjective answering as opposite to the word here is the usual Greek word for a "gentleman" (as in Acts 17. 12). Provoked.—The corresponding noun is rendered "sharp contention" in Acts 15. 39. So at least one Paul himself "walked not in love"—he was human! Take not account.—A commercial word. Love's ledger has no debit side.

6. The antithesis of this is seen in Rome. 1. 32. 7. Covereth all things (margin) is suggested by the great declaration that love "covers a multitude of sins" (1 Pet. 4. 8), where, however, the word used is different. V's must rather go back to I Cor. 9. 12: love puts up with insults and injuries. Believeth all things.—The words might be misinterpreted of sheer good-natured credulity; hence the turn given in the paraphrase above.

8. "Aye, and when prophecy her tale hath finished, Knowledge hath withered from the trembling tongue. Love shall survive, ari love be undiminished, Love be imperishable, love be young."

aila who fixed the "Millennia Dawn" for 1915! 9. We know—More exactly, we learn or come to know. Phrophey—Set forth God's message, which in nature of things we can only partially realize. Hence the progressive character of Old Testament prophecy.

11. Put away.—The same word as done away. 12. In a mirror—Ancient mirrors were of metal, and to identify objects must often have been like a riddle (margin). Paul's figure reminds us of Plato's famous allegory of the cave, confined in a cave with their backs to the entrance, and knowing the external world only through the shadows cast on the inner wall.

13. Abide.—It is a great mistake to suggest that faith and hope are less than love because they have no place in heaven. The real distinction is that they belong to the creature, while love belongs also to the creator. The greatest—It is perhaps not superfluous to remind the student of Henry Arundson's superb little book The Greatest Thing in the World. Few Christians think have more fitted to comment on Paul's masterpiece.

HEALTH

Treatment of Apoplexy.

Apoplectic strokes are of various degrees of severity. Some attacks are so severe that death is almost instantaneous; others are so slight that after a few months' care and appropriate treatment the sufferer is able to resume almost all his wonted activities.

The public is no longer uninstructed about the dangers of high blood pressure, and it is a simple matter to ascertain the exact degree of that pressure. People who have high blood tension and weakened vascular walls (and these two conditions often go together) live in daily danger of a cerebral hemorrhage.

Many of those who live in danger of apoplexy are in middle life, of settled and even obstinate habits, and inclined to be more or less self-indulgent. Others, who are in the midst of life's battle, cannot, or think they cannot, abandon any of their activities.

After the attack has occurred, the patient should be handled with the utmost care and gentleness. He should be placed lying down, but with his head and shoulders slightly raised, and his collar or any tight clothing should be loosened or cut away.

Rules for Cool Sleep in Summer. 1.—Eat largely from vegetable kingdom. Eat more frequently and less in quantity. 2.—Drink hot drinks on hot days. Avoid ice water and intensely cold drinks.

3.—Bathe in tepid water before retiring. Do not use soap in great quantities. Rub the body briskly with a crash towel after the bath. 4.—Sleep outdoors if possible. If indoors, do not sleep directly in a draft from open window, but a little to one side.

5.—Exercise mildly before retiring. Avoid strenuous calisthenics because they heat the blood unduly. 6.—A Masterpiece. First Trooper Impey at Yeomanry (discussing a new officer)—Swears a bit, don't e, sometimes? Second Trooper—"E's a masterpiece, 'e is; just opens 'is mouth and lets it say wot it likes.

EARL OF CRAWFORD IS A DEMOCRAT

NEW MEMBER OF THE COALITION CABINET IN BRITAIN.

In Army Medical Corps When War Broke Out, and Rose to Rank of Corporal.

The inclusion of the Earl of Crawford in the British Cabinet as successor to Lord Selborne, as President of the Board of Agriculture, is an appointment that is certain to be popular with members of all parties. It will be very popular with members of the House of Commons, in which chamber the earl sat for fifteen successive years as member for the Chorley division of Lancashire, prior to his accession to the peerage on his father's death three years ago.

For some years the then Lord Balcarras was a junior Lord of the Treasury and one of the Unionist whips. In fact, his tact and geniality had not a little to do with keeping Mr. Balfour's Government, in the days when it was tottering to its fall, in office.

The Tory Democrat. David Alexander Lindsay is his full name, but he is known to his friends (and their number is legion) as "Hal." Though a Tory in politics, he is extremely democratic in temperament. He is an athlete, a fine boxer, a teetotaler, and possessed of a fund of humor which never degenerates into bitterness.



Earl of Crawford.

and Balcarras House in Fifeshire, for the division of which Scottish county Mr. Asquith is member.

The Lindsays, of which family he is the head, are known in Scotland as "the Light Lindsays" because of the sandy hair which usually prevails in their family, though, as it happens, the present Earl's hair is dark. In the same way, all over Scotland the Campbells, are known as "the Red Campbells," and the Douglasses as "the Black Douglasses." The present Lord Crawford has six children—two boys, of whom the elder, the heir to the earldom, is sixteen years old, and four girls. His wife is the younger daughter of the late Sir Henry Pelly, Baronet. Her elder sister, Miss Annie Pelly, was well known in Canada as lady-in-waiting to H.R.H. the Duchess of Connaught, and married Capt. Rivers-Bulkeley, A.D.C. to the Duke, who was killed in action the year before last.

Lord Crawford is an extremely good chess player. He is also an authority on Italian art, is a trustee of the National Portrait Gallery, and belongs to the Fine Arts Club. As a Parliamentary speaker he is bright and original, and while he has no pretensions of eloquence, his speeches are full of sound common sense. Altogether, he is one of those aristocrats of whom it cannot be said, as it can of many, that they are like potatoes because the best part of them is under the ground.

His Famous Lineage. The Lindsays are one of the greatest houses in Scotland. The Earl of Crawford is the twenty-seventh earl—the premier Earl of Scotland. The house has a very remote feudal, and even legendary, history, an early ancestor being reputed to be descended from "Thor," who was reputed to be the son of "Odin." The family is supposed to be related to William the Conqueror, and members of it frequently intermarried with the Royal Scottish houses of Bruce and Stuart.

The Self-Made Man. "Get thee a teacher." This is the seer's advice likewise to the old. It should have particular weight with people who have had to go into the battle of life with an incomplete education. It is of supreme importance that their intellectual and spiritual culture shall keep pace with their increased economic resources. I have great admiration for the self-made man. He has had to overcome serious handicaps and has succeeded nevertheless, but the trouble with the



For the BOYS & GIRLS

The Blue Birds and the Boy Next Door. "We are almost there, my dear!" twittered Mr. Bluebird one glorious spring morning. They were winging their way back from the warm Southland, for the spring had come.

"I'm so glad!" chattered his little wife. "And I do hope the sparrows haven't got into our house. Do you remember what a time we had getting them out last year?" "I certainly do," answered Mr. Bluebird. "It took almost two days' fighting, and then the lady in the big house had to help drive them away. Saucy things!"

"I wonder if that awful boy still lives next door? How he used to frighten me!" Mrs. Bluebird twittered after a while. Mr. Bluebird said nothing. The boy next door had frightened him, too, but he did not like to say so before his timid little wife.

The next morning they caught sight of the little town where they had lived before, and in a little while they had fluttered down into the yard of their home. But there a great disappointment awaited them. "Oh, what shall we do?" cried Mrs. Bluebird. "I'm afraid we'll have to find a new nest, and I'm so tired!" "I can't understand it," said Mr. Bluebird, as he hopped about the little bluebird house. The sparrows had not come to live in their house. Something worse had happened. Right in the doorway, and stuck very firmly, was a clothespin. They could not get into the house.

To make matters worse, a group of saucy sparrows hopped about and jeered and laughed at them. "I wonder where the lady in the big house is?" said Mrs. Bluebird sadly. "She was always glad to see us. O dear, there's that awful boy! Let's go right away from here and get a nest somewhere else."

which the family held itself, and was held by others, may be gathered from the fact that when King James IV of Scotland, in 1488, created the Earl of Crawford of that day, who was Lord High Admiral and Lord Justiciary of Scotland, Duke of Montrose, the earl did not assume the title. He thought his dignity of such a degree that it was not in the power of any monarch to enhance it. His successors in the earldom took the same view, and a couple of hundred years later, the dukedom of Montrose was conferred upon the house of Graham, another ancient Scottish house, who hold it to-day.

However, we live in other days. The Earl of Crawford in the fifteenth century would accept no title from his king. The Earl of Crawford of to-day has wooed the suffrages of the electors, and very successfully, too, for he came triumphantly through seven elections in his House of Commons days. And as member of the present Cabinet is more simple and unaffected, and less "stuck on himself" than he is.

He Knew. "Now," said the professor of chemistry, "under what combination is gold most quickly released?" The student pondered a moment. "I know sir," he answered. "Marriage."

Some Satisfaction. Miss Green—Of course you can't believe everything you hear. Miss Gadleigh—Oh no; but you can repeat it.

Proving the Proverb. "Distance lends enchantment to the view," some poet says. "That's right! At any rate it's easier to admire a girl when she's well off."

Elephants Not Cowards. The fear an elephant has for a rat has often been spoken of as an example of colossal cowardice. But it is nothing of the kind. The elephant, when captive and in chains, has every reason to regard with terror the little rodent, which, in the still watches of the night, gnaws the toenails of the helpless pachyderm. Not much of this sort of thing is required to make the huge creature lame.

RATS IN TRENCHES. Killed by Electricity—How French Clean Rodents Out. Numerous have been the methods employed by the soldiers in the French trenches to kill the rats which constitute a veritable plague in the western war zone; but perhaps none has been so interesting—and so effective—as the electric method. A trough is excavated along a rat-run adjoining the trenches, and over this are placed three wires running parallel to each other. A constant supply of current is maintained in the wires, which are spaced only a few inches apart. The rats, in crossing the trough, come in contact with the wires, resulting in immediate death. It is reported that hundreds of rats are killed each week by this method.

TEXT FOR MODERN PEOPLE

"Get Thee a Teacher," Is the Seer's Advice to the Young and Also to the Old.

"Get thee a teacher" was a favorite maxim of an ancient Palestinian teacher. Rabbi Joshua, the son of Parachiah, a contemporary of the Roman Emperor Hadrian. It is a splendid text for modern people, as it was for the ancients.

"Get thee a teacher." It is the seer's advice to the young. The years of childhood and of youth are the years when knowledge finds a responsive soil. It then implants itself securely in the mind, safe against uprooting. The mind of a child has been compared by another ancient seer to paper that has never been written upon before and which therefore retains clearly whatever is inscribed thereon, whereas the mind of older people is likened to paper that has been written upon many times and therefore carries only blurred impressions. That is good psychology as well as good ethics. Let not the young be encouraged merely to nibble at knowledge and make it a side issue to amusement or idleness. Do not allow your sons and daughters to neglect their school tasks for trivial reasons. Youth is the golden age of learning—there is none like it.

The Self-Made Man. "Get thee a teacher." This is the seer's advice likewise to the old. It should have particular weight with people who have had to go into the battle of life with an incomplete education. It is of supreme importance that their intellectual and spiritual culture shall keep pace with their increased economic resources. I have great admiration for the self-made man. He has had to overcome serious handicaps and has succeeded nevertheless, but the trouble with the

Lure of the Pleasure Chase. With these and other distractions confronting the person of mature years the tendency is strong to abandon learning and culture altogether. To prevent such a lapse into a life of fatted ease it is a wise precaution to have some one frequent the household who brings with him the message of learning and the atmosphere of culture.

"Get thee a teacher." Secure a master not only of knowledge but also of character. Put yourself under the influence of a high class personality. Choose for your guide one who can impart to you more than knowledge, one who can elevate your soul as well as inform your mind. The best test of the worth of a teacher is that those who study under him are not satisfied to be merely his pupils, but long to become also his disciples. That teacher only is well equipped who can lead you to a fuller understanding of nature, a more intimate relationship with humankind and a closer communion with the Divine—Rabbi Ephraim Frisch.