

WHAT IS GOING ON OVER IN THE STATES.

Latest Happenings in Big Republie Condensed for Busy

Readers. Abraham G. Heyman, a New York

anufacturer, was run over and killm "Good for man and beast" on

A Dakota farmer jumped from a and storey window and walked a ile in 20 below zero weather, wearr only a nightshirt, without waking Uncle Sam's big Sandy Hook guns

ly close Coary Island schools, as ts have so cracked the ceilings

se refusal of the Susquehanna

he board of aldermen of St. Louis, has passed a bill reducing the per 1,000 gallons.

with a nurse, aged 37 s will of Charles Reed, a bar-

# NEURASTHENIA THAT FOLLOWS LA GRIPPE

Rest and a Tonic Is the Proper Treatment Distinguished Medical Authority Says

that follows la grippe. Doctors call blood is built up. it 'post-grippal" neurasthenia.

thorities of New York city in a lecnon-alcoholic tonic, are particularly Grand, to consult a directory. On exture ir the international clinics, said: suited for building up the blood and plaining his case to a clerk, he was la grippe will suffer from post-gripp- tack of grippe. The rich, red blood to the address by parcel post by payal neurasthenia also. Lowering of expels the lingering germs from the ing a fee of three pence a mile. nervous tone with increased irritabilsystem and transforms despondent
The gentleman had never heard of ity is the most striking effect of the grippe victims into cheerful, heaithy, such a thing, and it is said that very

where " If you have any or all of from can get Dr. Williams' Pink Pills charge, under the heading, "Article charge, "A

PERSONAL POINTERS.

Sir George Reid, the Australian

never wears gloves.

opinion of human nature.

player in the German Navy.

whit abashed; "but, you see, the laws

of gravitation there are petrified.

THE FIRST TASTE.

Acquired the Habit When a Boy.

contracted the coffee habit early.

weak and nervous.

Postum comes in two forms.

Postum.'

and 50c tins.

CHILDREN MAKING SHELLS.

Specially Selected Notes About Fam- 10,000 Boys Work in the Arsenal at Woolwich.

King Manuel is a first-rate domino Ten thousand boys too young to of the mileage fee." fight are doing what they consider M. Briand, the French premier, the next best service for their coun-Since the outbreak of war, Queen Government arsenal at Woolwich. In Mary has not purchased an evening ordinary times many would have become office boys, clerks, or telegraph messengers, but to-day the majority High Commissioner, is a crack shot come from points miles from the factory, and help the older men make the MISS Prince Alexander of Teck is now the front. shells and guns needed by the men at

serving with the Belgian Army as The pay is attractive. A smart boy The Duchess of Norfolk has a col- if he has a good machine and can keep can earn \$7.50 a week, or even \$10, They Cured Her Kidney Troubles and lection of parasols of all countries, steadily at work for as long as 12 hours a day. Parents who have to Sir Felix Schuster says that his ex- choose between putting their boys perience in business has raised his learn a trade at \$2 or \$2.50 a week,

and allowing them to go into the ar-The Duchess of Connaught plays a senal at the higher remuneration are good game of draughts, and the game naturally inclined to decide on the straight to the point is the statement of allowing the gunner to 'lay' or aim Seventh avenues, are ready to strike work which not only brings in the of Miss Justine Blanchard, of this his gun in safety. General Sir Douglas Haig is one of the best linguists in the Army. He

Prince of Sweden is a salad made of chicken, bananas, grane-fruit and may not perhaps prove a permanent kidneys. I used Dodd's Kidney Pills number of these telescopes construction for bananas. The Husbands' Welfare Association for bananas and they cured me completely." is not unlikely to become a problem King George has now two valets; in after the war, and that the country peace time he has three. The Kaiser might well remember then that the kidney disease. It tells the sufferer Because our ancestors ate coarser mer, has been formed in Oakmont, Four English menservants in the time.

ed in Germany a week after the out- what sacrifices they are making. cure-all. They are purely and simply waste. We have inherited this mus- sult of his proclamation calling on mann-Hollweg, the German Chancellor, is that he has never had to pay a hours, and often a boy may be seen cure them by curing the kidneys. visit to a dentist since he was four- asleep from sheer exhaustion on his way home in tramcar or train.

Autographed photographs of the Every effort is made by the Ministry Czar and Czarina were sold at a priof Munitions to safeguard the health vate auction in Petrograd for \$2,500 of the youngsters, but the problem is each. The proceeds went to a war a difficult one. Eight-hour shifts are being made to improve the trans- cipal imports to Russia from the The Prince of Wales a little while arsenal. One of the latest suggestions, cent., whereas Germany is represent-

### The titles held by Lord Stamfordham and Lord Ribblesdale will become AN EXCELLENT REMEDY extinct owing to their heirs having been killed in the war, unless they

are granted "special remainders" by the King, as was done in the cases Mrs. Laura Jackson, Brantford, of Lord Roberts and Lord Wolseley, Ont., writes: "I have found Baby's Despite the economizing tendency Own Tablets such an excellent remedy of the war, Lord Lonsdale still smokes for children that I have no hesitation his big cigars. When in the right in recommending them to all momood he is an excellent raconteur, thers." Thousands of mothers say His best story is that of an American the same thing concerning the Tabtraveller who spoke of having seen lets. Once a mother has used them petrified forests in Texas, and petri- she would use nothing else. They fied birds flying over them. "Come, are for sale at all druggists or by "Quite so," replied Ananias, not a Ont.

BRITAIN WANTS FISHERMEN.

mand is Acute. Good fishermen are worth almost

Needed to Man the Trawlers and De-

their weight in gold at Grimsby, Eng-If parents realized the fact that tea land, so scarce have they become since and coffee contain a drug-caffeine- the war's outbreak. Notwithstanding which is especially harmful to chil- the mining of so many parts of the dren, they would doubtless hesitate North Sea and other waters adjacent before giving them tea or coffee to to the British Isles the industry has suffered no decline. There are just as "When I was a child in my mother's many fish and the demand for them arms and first began to nibble at is greater than ever. The difficulty things at the table, Mother used to in catching them is due to the fact give me sips of coffee. And so I that so many fishermen and their boats have been pressed into the "I continued to use coffee until I Royal Naval Reserve Section to man was 27, and when I got into office the mine sweepers and other vessels work I began to have nervous spells, on war service.

Especially after breakfast I was so The original steam-fishing fleet at nervous I could scarcely attend to my Grimsby, which in peace times numcorrespondence." (Tea produces about bered more than 600 vessels, has been the same ill effects as coffee, because materially depleted. The type of fishthey both contain the drug, caffeine.) erman has undergone a change, com-"At night, after having had coffee prising largely the class of man who for supper, I could hardly sleep, and works only when necessity demands. on rising in the morning would feel Trawler owners are offering big wages to good fishermen, the highest in "A friend persuaded me to try years along the English coast, and the decrease in the number of trawlers "I can now get good sleep, am available for fishing has had the effree from nervousness and headaches, fect of creating a financial boom I recommend Postum." Name given among owners whose vessels have not by Canadian Postum Co., Windsor, been interfered with by the Admiralty. Voyages are now profitable in the widest sense of the term. Prices for fish have more than quadrupled, and, Postum Cereal-the original formmust be well boiled. 15c and 25c pack- with the continuous shortage, due not only to the naval requirements in re-Instant Postum-a soluble powder gard to vessels, but also to the redissolves quickly in a cup of hot wa- stricted fishing area, there is always ter, and, with cream and sugar, makes an overwhelming demand from all a delicious beverage instantly. 30c parts of the country.

Both forms are equally delicious | We have not our choice to be rich "There's a Reason" for Postum.

"Sold by Grocers, worthless."

or poor, to be in health or sickness, be we have our choice to worthy or worthless.

THE ENGLISH ARE AHEAD. How They Sent a Man to an Address By Parcel Post.

The parcel post has made its usefulness felt in many ways, unexpected as well as foreseen. But the English parcel post does one surprising thing that has not yet been introduced into our own system.

There is a form of neurasthenia from danger of relapse until your Balham, one of the suburbs of Lon-The treatment, says the distinguish- he find him quickly. Knowing nothing One of the forenost medical au- ed physician quoted above, is rest and of the district, he called at the gen-Broadly speaking, every victim of strengthening the nerves after an at-

disturbed, fitful sleep and vague pains if you have had la grippe do not can be done. He was placed in in the head and elsewhere. The treat- wait for a relapse or for the neuras- charge of a messenger who was fam-If you have had la grippe read those but get a box of Dr. Williams' Pink was soon on his way. The boy carsymptonis again: "Languor of mind Pills now from the nearest drug store ried a printed slip on which was writand body, disturbed, fitful sleep and and begin the treatment at once, ten a description of the "parcel" in where." If you have any or all of from any medicine dealer or by mail, required to be delivered," and before them it means that you are still suf- at 50 cents a box or six boxes for leaving the customer's house both the fering from the effects of la grippe \$2.50 from The Dr. Williams Medilimit in weight for anything delivered by parcel post in England is general- The origin of the periscope is now New York, aged 93. ly understood to be eleven pounds, but under discussion, and the following The proposed excise tax on munithere is one clause that reads, "A extract from the writings of the well- tions is being seriously considered by person may be conducted by express known inventor of "Pepper's Ghost" the Ways and Means Committee of

DODD'S KIDNEY PILLS.

Mar. 6th (Special)-Simple and form was constructed for the purpose and Fifty-ninth streets, Third and quickest return, but seems to be in place. She has tried Dodd's Kidney "The instruments were shown to New Jersey would add \$200,000,000 Pills and found them good and she Lord Panmure, who was so convinced to the value of its taxable property

played no small part in the difficult be found in Dodd's Kidney Bill.

Waste with their food they developed Fa.

President Wilson received a trbute

Thousands live an hour's journey from a kidney remedy. The reason why they cular tube. Waste-containing food is Americans to contribute to the Jew-Lieut. von Tirpitz, son of the Gerthe factory, and some have to leave
Bright's Disease, Heart Flutterings.

Thousands live an hour's journey from a kidney remedy. The reason why they cure Rheumatism, Lumbago, Diabetes, as essential to its proper function as ish cause.

Bright's Disease, Heart Flutterings. man admiral, who is a prisoner of war home as early as 6.30 in the morning, Dropsy, Pain in the Back, and other foods have little waste the human in England, is the best lawn-tennis and cannot get back till 9.30 in the Dropsy, Pain in the Back, and other

> Enormous Business, and it Must Be prevents indigestion and constipa-Captured From Germany.

The total percentage of the prin- pany, Toronto, Canada. portation facilities to and from the United Kingdom is only some 13 per many alone, but if the British firms mean to take advantage of the oppor- that secret I told you not to tell her," tunity now presented to them to ex- whispered Margaret. FOR THE CHILDREN tend British business with Russia, "Well," returned Margaret, "I told they must proceed on very different her I wouldn't tell you she told me, lines from those of the past, writes so don't tell her I did." the British consul at Odessa in his

annual report. Sending out circulars, nearly al- NOTICE TO STALLION OWNERS. ways in English, and writing to the Consulate for the names of some per- The inspection of stallions under come!" he was told. "That's surely mail at 25 cents a box from The Dr. a few hundred pounds upon by a require to be inspected at this time

> kets in all parts of the country, note Parliament Buildings, Toronto. the requirements, conditions of business, and do all possible to conquer competition. It must be borne in mind that now, during the war, is with my umbrella? Why, I have my the time to capture this market; not after the war-it will then be too late in most cases. "The Bible tells us we should love

ture the market.

our neighbors," said the deacon. "Yes, but the Bible was written before our

For Neuralgia and

Sick Headache Use Vaseline Analgic It soon gives relief. Sold in clean, handy tin tubes at chemists and general stores

everywhere. Refuse substitutes. Illustrated booklet mailed on request.

CHESEBROUGH MFG. CO. 1880 Chabet Ave. Montreal

on the food question. You have to decide between WHAT IS GOING ON OVER IN tain no nutriment and foods that repair the bodily waste. Shredded Wheat Biscuit is Latest Happenings in Big Republic both a palate food and a muscle builder. You can keep in good health and at the top-notch of physical fitness by eating this delicious, ready-cooked, whole

luncheon or any meal.

Rev. William Taylor.

messenger to any address on payment gives the credit to the clerical profes- the U. S. House.

ean war: "During the siege of Se- paign of frghtfulness" against shipbastopol numbers of our best artillery- ping in New York. men were continually picked off by Torpedo net makers in the steel and Simple Story the enemy's rines as well as by cannon shot, and in order to put a stop
to the foolbardiness and incautiousJ., have gone on strike. ness of the men a very ingenious con- Theodore Marburg former U.S. BLANCHARD TELLS OF trivance was invented by the Rev. Minister to Belgians is in London

"It was called the reflecting spy- | Serpents and wld beasts are harmglass, and by its simple construction less compared to New York's deadly Other Sufferers Can Learn From rendered the exposure of the sailors taxis and street cars, says E. C. parapet or other parts of the works from South Africa. Paquetville, Gloucester Co., N.B.- fectly unnecessary; while another ers in the area bounded by Canal

speaks French and German perfectly. Social workers who have the boys' Blanchard says:

Social workers who have the boys' Blanchard says:

Social workers who have the boys' Blanchard says: Prince of Sweden is a soled made of that so many should be entering what kidneys. I used Dodd's Kidney Pills murcher of these telescopes construct. that he immediately commissioned Giles told the State Mosquito Exter-

German Royal Household were intern
The daily life of these boys shows

For Dodd's Kidney Pills are no digestion purposes, but to carry off mittee for the relief of Jews as a reman Meal, a food which has plenty there?" FUTURE TRADE WITH RUSSIA. of waste to exercise the bowel muscles and is also highly nourishing. It tion. Most grocers sell it.

"Molly told me that you told her to anyone.

sons likely to suit them as agents, the Ontario Stallion Enrolment Act are, he proceeds, of very little use, will commence March 23rd, 1916. The business to be had in Russia is Stallion owners will notice that horses enormous, and it is worth spending inspected in the Fall of 1914 do not against the laws of gravitation?" Williams' Medicine Co., Brockville, principal coming out to look up his but all other horses inspected previous agents, or to appoint agents and cap- to the Fall of 1914, which were not then eight years old, must be inspect-This was the principle adopted by ed in order to be enrolled for 1916. the Germans, who did not rely upon Application should be made at once merely circulars and letters, but sent to the Secretary of the Ontario Stalqualified men to look up the mar- lion Enrolment Board, R. W. Wade,

> More Important. "What! A strange man walked off "That may be, but the other fellow has his hand on it."

"My son," said the father impressively, "suppose I should be taken neighbors lived so close," replied the away suddenly, what would become of you?" "Why," said the son, irreverently, Supplies King George With "I'd stay here; the question is, what

Real Forbodings.

would become of you?" Some men are such tightwads that grapevine at Hampton Court Palace, they won't even lend trouble without England, has retired after thirty-two good security.

Minard's Liniment Cures Burns, Etc. "I say, old chap, I'm in shocking luck. I want money badly, and haven't the least idea where I can get it." "Well , I'm glad to hear that, I thought perhaps you had an idea you could borrow from me!"

You will find relief in Zam-Buk It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove

You Can't be Neutral ACROSS THE BORDER

THE STATES.

Condensed for Busy Readers.

Indiana farmers are complaining of motor car mail delivery in the middle

Governor Whitman is having bill wheat cereal for breakfast, drafted for military course in schools of New York State. A special census report shows that

573,114 automobiles were made in the United States last year. William Lorimer former U.S. Sen- bowels. If you wish to avoid the misater, is on trial charged with wrecking the chain of Lorimer-Munday A man's intellect is best at a temperature of 30 degrees above zero,

says Dr. Austia O'Malley, of Philadelphia, Pa. Prospect of a strike of seven hundred thousand coal miners looms big-

if you want to keep well and live long," advises Dr. Stephen Smith, of

All the secret agencies of the Gov-Pepper wrote soon after the Crim- ernment are at work to end the "cam-

William Taylor, the coadjutor of Mr. awaiting the arrival of his son, who Denison in constructing the first 'Big lost a leg in a flying accident in

Her Experience How They Can Find and soldiers, who would look over the Erdis, explorer, who has returned to observe the effect of their shot, per- Fifteen thousand New York wait-

tion, an organization for benedicts

This muscle was not intended for of appreciation from the central com-

One of the boasts of Dr. Von Beth
Starting at 8 and finishing at 8. They

ordered kidneys. Dodd's Kidney Pills

ordered kidneys. Dodd's Kidney Pills take the night shift, too, also for 12 ordered kidneys. Dodd's Kidney Pills son, who practised for years as an above a whisper." Henpecke: Do

intestinal specialist, has devised Ro- you suppose I could find a house

We have been using MINARD'S LINIMENT in our home for a num-Made by the Roman Meal Com- ber of years and use no other Lin iment but MINARD'S, and we can recommend it highly for sprains, ago had a pipe knocked out of his and the one most likely to be carried ed by over 50 per cent., there is conthemselves seated next each other at not be without it one single day, for mouth by a flying fragment of a shell out is to build miles of huts close to sequently four times the volume of a dinner party and immediately bewe get a new bottle before the other is all used. I can recommend it highly

JOHN WALKFIELD. LaHave Islands, Lunenburg Co., N.

Her Ups and Downs. Lady(who was on a visit to native town)-How is Mrs. Gabble?

I haven't seen her for a long time. Hostess-She is having her ups and Lady Visitor-And what may they be, I pray? Hostess-Oh, running up hills and

Sore Eyes inflamed by expo-sure to Sun, Dust and Wind tracked to its favorite haunt, and I guickly relieved by Murine tracked to its favorite haunt, and I and several others were enabled to cut off his retreat." "By the way," she Your Druggist's 50c per Bottle. Murine Eye added, as a king of after thought, "can Druggists or Murine Eye Remedy Co., Chicago

running down her neighbors.

Possible Reason. There's nothing in drinking, There's not a thing to it. And maybe, I'm thinking, That's just why we do it.

Minard's Liniment for sale everywhere A FAMOUS GRAPEVINE.

Bunches Yearly. James Jack, keeper of the famous

years active service as chief custodian of the King's vine. The vine was planted in 1768 by "Capability" Brown, the famous landscape gardener of the eighteenth century. The vine is now considered one of

the finest in the world. It stretches in wide perfectly trimmed squares, eighty feet by twenty-six, the whole length and breadth of the greenhouse. Two hundred bunches of grapes from it are sent to King George at Windsor every year. The grape is the old Black Hamburg.

Some years ago twelve bunches were shown at an exhibition of the Royal Horticultural Society and were awarded the Hogg memorial medal for special excellence and culture. Two of the bunches weighed 3 pounds 14 ounces each, and the whole twelve weighed about 42 pounds, an average of 31/2 pounds each.

Minard's Liniment Believes Neuralgia. ISSUE 11-'16



HEADACHES, BILIOUSNESS CONSTIPATION,

of the serious ones, too, are traceable to some disorder of the stomach, liver, and fulence, headaches, constipation, and a bost of other distressing allments, you must see to it that your stomach, liver

ger than ever as conferences are iressing consequences in just this simple way. Profit by their experience. As a "Read the newspapers thoroughly digestive tonic and stomachic remedy, Mother Seigel's Syrup is unsurpassed.

THE NEW LOOSIZE CONTAINS 3 TIMES AS MUCH

OIL puts new life in your harness. Keeps it from drying up and cracking. Makes it soft, pliable and strong. Contains no animal or vegetable fats to become rancid. It makes harness last longer.



## Notice to Stal= lion Owners

The inspection of stallions under the Ontario Stallion Enrolment Act, will commence March 23rd, 1916. All applications for enrolment and inspection, accompanied by the proper fee, must be in the Secretary's office, Parliament Buildings, Toronto, by March 13th. In case of applications received after March 13th, inspection will only be made at increased expense to owners. Address all communications to R. W. Wade, Secretary, Ontario Stallion Enrolment Board, Parliament Buildings,



Dog Remedies | 118 West 31st Street, New York "Cutting Off It's Retreat." In the little village school room the children were very quiet and attentive, for the school-mistress was giving them an interesting and instructive account of a certain rat which had caused much annoyance in her household. "It was a great nuisance,

ony of you tell me what 'cutting off its retreat' means?" Silence reigned for some moments, but at length a small girl put up her hand. "That's right, Ethel," said the mistress encouragingly. "What is 'its retreat?'" "Please, miss," answered Ethel at once, "it means its

Minard's Liniment Cures Dandruff Many a man becomes a jailbird through his strenuous efforts to feather his nest.

of all businesses. Full informati emplication to Wilson Publishing pany, 73 West Adelates & Topon HELP WANTED TOOLEN MILL HELP, CARD spinners and weavers. pay inexperienced help while leaweaving. Good wages paid in all

DROFIT-MAKING NEWS AN

offices for sale in good

towns. The most useful and inter-

ing Co., Ltd., Brantferd, Ont.

SEED POTATONS

CEED POTATOES, IRISH COM

blers, Deleware, Carman Or

der at once. Supply limited. Write tor quotations. H. W. Dawson. Brampter.

NEWSPAPERS FOR SALE

FOR ENCHANGE

DAIR SHAVER BLACK CROSS BREED foxes, trade for used car. R 14 ros., Bothwell, Ont. ) AGS-WILL PAY CASH FOR OAT,

Ira Evans, Ft. William, Ont. MINITEL ANDOUS. CANCER TUMORS, LUMPS, ETC. internal and external cured without pain by our home treatment. Write us before too late. Or. Bellman Medical Co. Limited, Collingwood, Ont.

STORE



YOU CAN'T CUT OUT A

and you work the horse same time.

Absorbine and Absorbine, Jr., are made in Canata. HAWK BICYCLES Bicyclefitted with Roller Chain New Departure or Hercules for FREE 1916 Catalogue

and Repair Material, You can suy your supplies from us at



Canada S.S. Lines, Limited, 46 Youge St., Teconto.

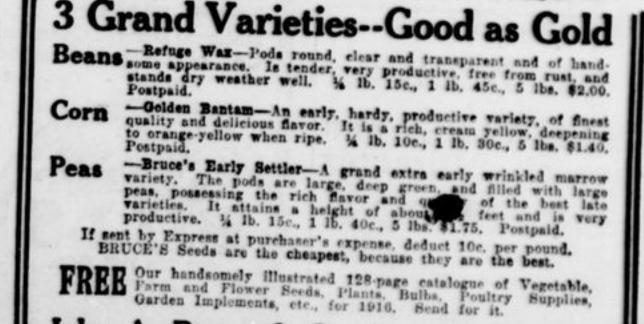
Beautiful Drives, Saddle Riding Golf, Tennis, Yachting, Fishing and Sea Bathing. Present Garrison of the Ottows (28th) Regi-

open from DECEMBER to MAY Situated on the Harbor of Hamilton. Accommodates 400. Rates: \$25 per week and upward HOWE & TWOROGER.

HAMILTON, BERMUDA Bermuda is reached by the steamers of the Quebec S. S. Co., 32 Broadway, New York.

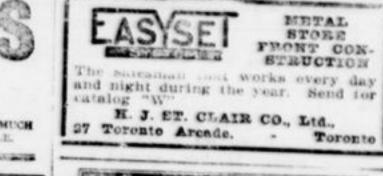


3 Grand Varieties--Good as Gold



ONTAKIU AKCHIVES **TORONTO** 

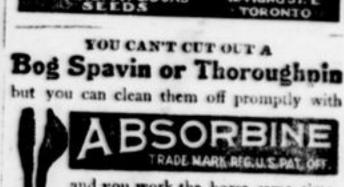
MOTHER







tario and Quebec over \$25.00



Does not blister or remove the hair. \$2.00 per bottle, delivered. Will tell you more if you write. Book 4 M free. ABSORBINE, JR. the antiseptic liniment for mankind, reduces Varicose Veins, Ruptured Muscles or Ligaments. Enlarged Glands, Wens, a bottle at druggists or delivered. Made in the U. S. A. by W F YOUNG, P. D F., 516 Lymans Bidg., Montreal, Can.

> Coaster Brake and Hubs, Detament, including Mud-guards, Pump, & Tools \$22.50

T. W. BOYD & SON. 27 Notre Dame St. West, Montreal,

The Ideal Winter Resort

John A. Bruce & Co., Ltd., Hamilton, Ontario

this ? All Druggists and Stores.-

7am-Buk