

NOTES AND COMMENTS

How the great Danish butter trade has suffered from the present war...

"One of the many strands in the wonderfully complex web of commerce that has felt the severe strain of war is the Danish butter trade."

"Denmark's butter brought the highest price in fancy markets and it was considered superior to that of any other nation."

"The Danes do not explain the superiority of their product. They assert that there is no secret in their process of butter manufacture."

SILVER THREADS AMONG THE GOLD.

Darling, I am growing old. Silver threads among the gold shine upon my brow to-day...

When your hair is silver white, And your cheeks no longer bright...

Love can never more grow old— Locks may lose their brown and gold. Checks may fade and hollow grow...

WHERE EVERYBODY HELPS.

By Prof. Creelman, Ontario Agricultural College. Statistics go to prove that the most successful farmers are those who keep their sons and daughters at home...

One's own folks, of course, take a greater interest in the building up of the farm and the farm home than can be expected of mere hired help.

Then why not make a special effort this year to interest everyone in the old homestead? It may not be the glamor of the city that steals our young people...

Young Canadians are proud and independent. They neither suffer in silence and pretty nearly starve before asking help...

Oh, if we could keep our young people on the farm and bring back all who would come we should soon solve the problem of increased production.

No Terror. "Have you thought of the expense of living if you marry my daughter? Have you considered the bills?"

The man who clings to an ideal will never sink very low.

HEALTH

The Cough of Old Age.

A very obstinate (and yet non-serious) form of cough is that caused by elongation of later life; and the little protuberance hanging downwards at the border of the soft palate.

Then you have the short, dry, hard "bark" of pneumonia, acute inflammation of the lungs, when the sooner you call in an experienced doctor the better.

Here are some remedies for nose-bleeding—Keep the head elevated and cool; warm the feet and hands by plunging in hot water; apply ice over the nose.

Health Notes.

To help to purify the air of a sick room place a bowl of clean water in the room and change it every day.

A paste of common baking soda and water spread on a burn will stop the pain and inflammation almost immediately.

Here are some remedies for nose-bleeding—Keep the head elevated and cool; warm the feet and hands by plunging in hot water; apply ice over the nose.

Anything that will set the blood into active circulation is good for a cold. Bathe the feet in hot water and drink hot water or hot lemonade, on going to bed; take a salt water sponge bath and remain in a warm room.

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AMERICA'S DUTY.

By Chas. M. Bice, Denver, Colo.

Publicists generally, and those patriots of every nation who are ready to sacrifice lives and wealth to maintain the inviolability of commercial treaties...

While the United States has an unprejudiced volume of foreign commerce which is greater than that of the present European struggle, it is true that most of it is carried in foreign bottoms.

Among the rules is one to the effect that the neutral flag covers enemies' goods, with the single exception of contraband of war.

The United States made objection to some of the provisions of this treaty, claiming that in assuming the neutral flag they were merely strengthening the nations having powerful navies.

Mr. Wm. L. Marcy, our Secretary of State at that time, proposed on behalf of this country an amendment, that private property of the subject and alien citizens should be exempt from seizure by the armed vessels of the other belligerents.

If the Lusitania carried contraband of war, the vessel should have come under the same international rules concerning the treatment of such cargoes.

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Fashion Hints

Styles Notes.

Ostrich feather ruffs, short, round, thick and in colors are seen in active competition with the maline-made style.

Every one wears a neckpiece of some sort. Summer furs, satin throws, maline niches and feather ruffs, take your choice.

The black velvet hat is "in" again. It antedates its last year's debut by two months, and is likely to be superseded this year by the black satin hat made in upturned sailor style and faced with white.

De Lange, in "Women's Wear," writes in her Paris letter—"Mlle. Margot, the well known manikin, is wearing a one piece dress which is made to simulate a jacket and skirt.

One of the smart oddities in neckwear is the one, two or three inch band of velvet, with an upstanding frill of tulle attached to the upper edge.

At Utrecht the old Rhine and the Vecht (the two rivers by means of which the Rhine empties into the sea) and the two great canals were all crowded with commerce boats sunk to the waterline.

Holland has imported during the last eight months many times the amount and manufactured materials she usually imports from the west.

While it is true that a large quantity of copper, tin, wheat and medical supplies have found their way down the Scheldt and down the Rhine, yet the portion which has crossed the border into Germany is indeed small compared with the amount that is being sent in stores within Holland itself.

Not only has Holland prepared as far as supplies are concerned, but earthworks and trench fortifications have been constructed along the west bank of the Meuse from Hook to Roermond a distance of fifty miles, and on the east bank of the Meuse from Roermond to Maestricht, a distance of twenty-five miles.

But even Germany is realizing that Holland is conserving within her own limits much of the produce which Germany expected to have passed on to her. It is for this reason that the German Admiralty gave instructions in December to the German-American friends in America to ship to Rotterdam and Amsterdam.

Germany finally realized that if those products of Norway and Sweden were specially intended for herself they would have been shipped from the various ports in northern Germany, under the convoy of German cruisers controlling the Baltic Sea.

Holland has arranged four great centres of supplies, one for a northern army, one for an eastern army, one for a central army, and one for a southern army.

Can Pierce Germany. The northern army can move east from Groningen along the railway line toward Oldenburg, Bremen and Hamburg.

The southern army can remain entrenched all the way from Berg-op-Zoom to Endhaven, while the left line of this army can move from behind the trenches at Maestricht and descend upon Liege, both by railway and along the Meuse, thus by railway Germany from sending her troops from Belgium to interfere with the action of the central army.

The eastern army, of which a very large division is stationed at Felden, with great supply quarters at Zwolle, can move along three railway lines into Germany and also by water down the Rhine in the direction of Munster and Wesel and on toward the great Krupp Works at Essen.

Fortunately, the practice of stamp-stamping has proved a most effective means of minimizing the danger.

Through as the sterilizing process is in the manufacture of these articles, there is no doubt that many germs are not exterminated. A good plan is to moisten the finger, and rub this along the gummed portion.

Children especially seem to be liable to the sucking of pencils, pens, etc. This should be as much discouraged as the licking of gum.

No Trouble At All. Mrs. X.—Do you have any trouble in getting a cook? Mrs. Y.—Oh, no; I've got as many as ten in one month.

HOLLAND WILL ENTER WAR

BRITISH ARMY WILL HELP HER INVADE GERMANY.

Since the Invasion of Belgium Holland Has Made Steady Preparation for War.

In Paris I met an American friend of many years' residence in Holland. He had just come from The Hague. He said: "Dutch anger is red hot. Politicians won't be able to keep the lid on much longer."

An Englishman who had just come with important despatches from London, said: "Watch the Dutch!" The positiveness of this laconic method of giving no information was getting on my nerves.

That was enough. I determined to leave for Rotterdam on "personal business" as soon as I could get the forty different types of passports which the Dutch require to cross the Channel, to get into and out of London and to run over to Rotterdam. It was a long and tedious journey, but it was worth it.

Everywhere in Rotterdam I found an air of suppressed feeling and of intense activity. The Beurs Station was packed. The Grote Markt was crowded with people and produce.

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Meanwhile the central army divisions are stationed at Arnhem, at the junction of two railway lines, and on

SOLDIERS WELL WORTH PRAISING

Physicians, Scientists, Explorers, Social Reformers, Champions of Truth, Prophets of Right.

"A good soldier of Jesus Christ."—II. Timothy, II, 3.

The confusion of militarism with the martial virtues is one of the most curious and discouraging of psychological phenomena. Let a man describe war as the sum of all villainies and peace as the consummation of all blessings, and at once he is accused of reviling the soldier and ignoring the courage and self-sacrifice displayed in camp, in the trench and on the battle field.

Some quiet scholar flung his gauntlet down, and risked in Truth's great name the Synod's frown; A civic hero, in the calm realm of laws, Did that which suddenly drew a world's applause; And one to the pest his lithe young body gave, That he a thousand lives might save.

The lover of peace seeks no end of war. He is not unaware of the value of the soldier. What he wants is new wars for old, and soldiers of Christ for soldiers of Caesar! Wars against pestilence, bigotry, civil corruption, falsehood, greed, dishonesty—these are wars worth waging. Physicians, scientists, explorers, social reformers, champions of truth, prophets of right—these are soldiers worth praising. And let it be duly noted that such soldiers in such wars display a courage as lofty, pure, rare in every way as the courage of the battlefield.

John Haynes Holmes.

John and Ruth placed the saucers side by side in the low window sill, and then their mother told them to drop a splash of ink into each saucer. "Now give the water a quick stir with the penholder, and while it is still in motion lay a piece of paper lightly across the top of the saucer and press down gently on the paper until it just touches the surface of the water. Take your paper up quickly, and lay it out flat to dry."

The children soon held up their pictures, and on them were the strangest figures.

"Oh, how pretty!" exclaimed Ruth. "Mine looks just like the pictures you see in the clouds."

"And see, I used the red ink, and mine looks like a fiery dragon," said John.

"After you have a little practice in stirring the mixture," explained their mother, "you can make some very pretty things—horses, trees, or the pictures like those that Jack Frost paints on the windows in winter."

Youth's Companion.

Just what amount of havoc the raiding Zeppelins have wrought in London is not revealed. But it must be comparatively small, in spite of the terror which attacks of such sort are supposed to incite. No conceivable military advantage can follow, of course. Even if a great city could be destroyed from air, it would not bring victory for the destroyer in one day nearer. The Germans in this case are simply seeking to do on a large scale what they have hitherto done on a small. As they revealed to the world when they sank the Lusitania, every helpless woman or child killed is to them a mere incident in legitimate warfare. It is hopeless to argue against such a conception of heroism as this. The world can only hope that if London is to be raided again and again the monuments which really belong to all the world may escape the fate of Louvain University and Rheims Cathedral.

Frequently they're Not. It is all right to follow your indications if they are going in the right direction.

"Twas said, 'When roll of drum and battle's rose Shall cease upon the earth, oh, than no more The deed, the race, the heroes in the land.' But scarce that word was breathed when one small hand Lifted victorious o'er a giant wrong, That had its victims crushed through ages long; Some woman set her pale and quivering face Firm as a rock against a man's disgrace; Some quiet scholar flung his gauntlet down, And risked in Truth's great name the Synod's frown; A civic hero, in the calm realm of laws, Did that which suddenly drew a world's applause; And one to the pest his lithe young body gave, That he a thousand lives might save."

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