

ST. VITUS DANCE IN YOUNG CHILDREN

Can Only Be Cured by Enriching the Blood and Toning Up the Blood.

One of the commonest forms of nervous trouble that afflicts young children is St. Vitus dance. This is because of the great demand made on the body by growth and development, together with the added strain caused by study. It is when these demands become so great that they impoverish the blood, and the nerves fail to receive their full supply of nourishment that St. Vitus dance develops. The remarkable success of Dr. Williams' Pink Pills in curing St. Vitus dance should lead parents to give this great blood-building medicine to their children at the first signs of the approach of the trouble. Pallor, listlessness, inattention, restlessness and irritability are all symptoms which early show that the blood and nerves are failing to meet the demand upon them. Here is proof of the great value of Dr. Williams' Pink Pills in cases of St. Vitus dance. Mrs. Alfred Sochner, R.R. No. 5, Dunnville, Ont., says: "Our ten-year-old daughter, Violet, suffered very severely from St. Vitus dance. The trouble came on so gradually that we were not alarmed until it affected her legs and arms, which would twitch and jerk to such an extent that she could scarcely walk and could not hold anything in her hands steadily. She suffered for about five months before we began giving her Dr. Williams' Pink Pills, but she had not taken these long before we found that they were the right medicine, and after she had taken nine boxes she had fully recovered her former health and strength. I can strongly recommend Dr. Williams' Pink Pills to every parent having a child suffering from St. Vitus dance or any form of nervousness."

In troubles of this kind no other medicine has met with such success as Dr. Williams' Pink Pills. You can get these Pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Been Deceived.
"Uncle, why did you never marry?"
"I never found a girl who would have me."
"Somebody's been fooling you. Our sex isn't that particular."
"Somebody's been fooling you. Our sex isn't that particular."

LOW FARES TO THE CALIFORNIA EXPOSITIONS VIA CHICAGO & NORTH-WESTERN RY.

Four splendid daily trains from the New Passenger Terminal, Chicago to San Francisco, Los Angeles and San Diego. Choice of scenic and dining cars through the best of the West. Something to see all the way. Double track. Automatic electric safety signals. All first class. Full particulars, B. H. Bennett, G.A., 45 Fonge St., Toronto, Ontario.

Intrinsically, Victoria Crosses are worth only a few pence.

Minard's Eminent Zumberman's Friend
One species of white ant produces 36,400 eggs a day.



PURE ICE CREAM

Your Doctor

Will tell you it is a very nutritious and highly digestible food—but it must be pure—Ice Cream to be safe must be made in a perfectly sanitary dairy. When you eat City Dairy Ice Cream you get the benefit of the inspection of Toronto's Health Department.

The more Ice Cream you eat in summer, the better health you will have, if it is City Dairy Ice Cream, because, "If it's City Dairy it's Pure that's Sure."

For Sale by discriminating shopkeepers everywhere.

Look for the Sign.

City Dairy

TORONTO.

We want an Agent in every town.

ANTI-GERMAN PROGRAMME.

Can Their Treachery and Awful Crimes Be Forgotten.

The following letter, referring to such an extremely important matter, which appeared recently in the Toronto Daily World, is given in full: Editor World: Your article "Never Again Must Germany Come Back," is most opportune. The notorious Dornberg is already talking peace and says his hate is only artificial, and thinks that mutual interests will make us forget their treachery, their abominable crimes, cutting off the hands of women and children, murdering the wounded, roasting captives alive, crucifying Canadians, and committing outrages too horrible to print.

Germany must be so dismembered that she and her kultur shall never again menace civilization. Her great prosperity and resources are largely the result of England's trade policy. England has permitted Germany to buy at the same price as English consumers 12,000,000 tons of coal (1913) annually, which supplied her factories, warships, and forged Krupp guns. England also sold her (1913) 5,000,000 worth of raw wool and yarns. Germany prospered by selling finished goods to England for twice the amount of her imports from Britain.

If we give her another chance to recuperate and make other alliances, in a few years she would repeat the Belgian atrocities in England and burn London as they have always threatened to do.

John Bull, an influential London weekly, with a circulation of nearly a million, has sounded the tocsin: After the war the Vendetta. We must have a Solomon League and Covenant, to which every British subject should subscribe for the protection of himself and descendants.

Never to have any intercourse with a German, either social or commercial.

Never to buy from or sell to a German.

Never permit a German article in his house.

Never to deal with a merchant who keeps a single article of German manufacture in his store.

Never to travel in Germany nor permit any of his family to visit there.

Permit no Germans to enter Canada except on higher terms than Chinese—a head tax of \$1,000.

The British Empire can do without German trade; the loss to Germany of the British Empire's trade will be worse than the loss of her whole fleet annually.

For 43 years the French refused to list German securities on their markets, have abstained from visiting or trading with Germany, and we can do the same.

Let us follow the example of our gallant allies, "Delenda Est Germania."

J. ENOCH THOMPSON.
Toronto, 14th June, 1915.

When a Woman Suffers With Chronic Backache

There is Trouble Ahead.

Constantly on their feet, attending to the wants of a large and exacting family, women often break down with nervous exhaustion.

In the stores, factories, and on a farm are weak, ailing women, dragged down with torturing backache and bearing down pains.

Such suffering isn't natural, but it's dangerous, because due to diseased kidneys.

The dizziness, insomnia, deranged menses and other symptoms of kidney complaint can't cure themselves, they require the assistance of Dr. Hamilton's Pills which go direct to the seat of the trouble.

To give vitality and power to the kidneys, to lend aid to the bladder and liver, to free the blood of poisons, probably there is no remedy so successful as Dr. Hamilton's Pills. For all womanly irregularities their merit is well known.

Because of their mild, soothing, and healing effect, Dr. Hamilton's Pills are safe, and are recommended for girls and women of all ages. 25 cents per box at all drug stores. Write for substitute for Dr. Hamilton's Pills of Mandrake and Butternut.

IMPERFECT WORLD NECESSARY

It is Necessary for the Production and Training of Moral Beings.

Professor Sorley, of Cambridge University, has been engaged in delivering a series of Gifford Lectures on "Ethics and Theism" at Marischal College, Aberdeen. In one of his lectures he laid down his own position in the following words:

He would hazard the statement that an imperfect world was necessary for the production and training of moral beings. A world of completely unerring, finite beings created and maintained so by the conditions of their life would be a world of marionettes. Not such were the beings whom God was conceived to have created for communion with Himself. Those spirits must fight their way upwards from the lowest beginnings. In this progress they had to attain reason and freedom so that the good might be known and chosen, and, tried by every kind of circumstance, to find and assimilate the values which could transform the world and make themselves fit for the higher spiritual life. This meant that it was possible to regard God as the author of evil in the world as it appeared in space and time, and at the same time to hold that the moral values of which they were conscious and the moral ideal which they had come to comprehend with increasing clearness expressed His nature.

In the view which has just been suggested they would explain all realities, as depending on a Supreme Mind whose purpose was being unfolded in the history of the world.

SHOULD HAVE HAD CONVOYS.

Three Ways to Save Lives on the Lusitania.

The loss of the Lusitania might have been avoided, or the loss of life much minimized, according to Hudson Maxim, inventor of high explosives and authority on warfare, if three methods of protection had been utilized. He says: "There should have been a convoy of torpedo boat destroyers. A protective convoy should have patrolled the course of the ship and blown out of the water any submarine that dared to show a conning tower."

"In the second place, torpedo-netting might have been used. It is a popular belief that these can only be used when a ship is at anchor, and in that way they have been used on warships for years. A protective screen may be constructed for a liner which would extend below the water line and explode any torpedo which came in contact with it before it could reach the side of the ship. Such a screen would lower the speed of the ship perhaps one-half, but when you think that the Lusitania was not being proceeded slowly you can see that a net could have been carried without reducing her speed any further than it was already."

"The third method of protection is rather a way of saving lives after the ship has been struck. There should be on every steamer self-launching rafts that would float the minute the water reached them. It is certain that a number of rafts of this kind would have saved many lives in the loss of the Titanic, of the Touraine, and of the Lusitania."

A GOOD THING

When It Comes Along Don't Let It Get Away From You.

"I really feel that it is hardly possible to say too much in favor of Grape-Nuts as a health food," writes a lady. "For 9 or 10 years I had suffered from indigestion and chronic constipation, caused by the continued use of coffee and rich, heavy food. My ailments made my life so wretched that I was eager to try anything that held out a promise of help. And that is how I happened to buy a package of Grape-Nuts food last spring. "That ended my experiments. For in Grape-Nuts I found exactly what I wanted and needed. From the day I began to use it I noticed an improvement, and in a very few weeks I found my health was being restored. "My digestive apparatus now works perfectly, and chronic constipation has been entirely relieved. I have gained in weight materially, and life is a very pleasant thing to me so long as I use Grape-Nuts once or twice a day. I have found by experiment that if I leave it off for a few days my health suffers."

"A physician in our town has great success in treating indigestion, and the secret of it is that he puts his patient on Grape-Nuts food—it always brings back the power of digestion." Name given by Canadian Postum Co., Windsor, Ont. Read, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

WHAT BRITAIN IS HOLDING

HOW IT COMPARES WITH OTHER POWERS.

36,800 Miles of Sea Frontier and 31 Miles of Battle Line.

Britain's participation in the war by land means much more to the allies than the number of miles she is holding at the front would indicate. The various land fronts of the belligerents in the great war make a total mileage of 1,867 miles, of which the British army occupies a front of 31 miles. The Germans have the longest land front, of which part is opposed to the Russian and the remainder to the French, British and Belgian armies. The Russians, who come next to the Germans in point of mileage, maintain contact with the enemy for 1,056 miles, and are opposed to all three nations in combination against the allies.

Things to Consider. In considering the 31 miles held by the British force, the nature of the country held and the character of the fighting must be considered. Along certain parts of the French line, as around Belfort and Epinal, strongly-fortified German redoubts, the passage of the Germans almost impossible, and the task of the French is correspondingly easier. At other points, as in the Vosges and the Argonne, French and Germans oppose one another only at certain strategic points, and in such places there is no connected fighting line, but only a discontinuous line of small detached bodies of troops struggling for points of vantage.

Along the British front, however, this is not so. Every inch of the ground is held only by the severest attack and counter-attack. The ground is quite open and exposed, and is constantly swept by artillery fire. Also, a short time ago the German attempt to break the opposing line was made and repulsed along the British front at Ypres, and before that the British had held, in the face of overwhelming numbers, the positions along the Aisne, where the Germans were expected to retrieve partly the rush back from Paris. So that it will readily be conceded that the holding of this 31 miles means the holding of a storm-beaten bastion which meets the full force of the gale.

Land Fighting Lines. The following table shows the extent of the land fighting lines of the warring powers:

Germany.	Miles.
Western front	592
Polish front	600
Austrians.	1,092
Austro-Russian front	218
Servian front	356
French	574
Polish and Austrian front	856
Russians.	543
Western front	543
Servian and Montenegrin.	218
Austrian front	218
Turks.	200
Black Sea territory near Erzerum	200
British	31
Western front	31
Belgian	17
Western front	17

Britain's Value on Sea. The great value of Britain's participation in the war is more readily appreciated when the extent of the sea fronts defended by the allies are considered. The British fleets alone protect a sea frontier of over 30,000 miles. France, which comes next, has a total—with her colonies—of some 5,400 miles.

Keeps Open the Oceans. In order properly to visualize the great part the British Empire is playing in the present war, however, it is necessary to bear in mind that not only does the British navy protect our own sea frontiers, but it also keeps open the great ocean trade routes by which the ships of all the friendly and neutral nations can bring the supplies necessary for their well-being.

Have Small Sea Fronts. Germany and Austria have relatively very small sea frontiers to protect—700 and 390 miles respectively. The Austrian sea front is, of course, confined to the Adriatic Sea, whilst the German colonies having, since the beginning of the war, been abandoned by the German naval authorities, they are not to be projected as correspondingly reduced.

Sea Fronts of the Powers. The following figures represent the sea fronts of the belligerents:

British Isles	Miles.
British Isles	2,500
Australia	7,250
Canada	6,000
India and Ceylon	5,700
New Zealand and Tasmania	2,800
South Africa	1,500
Egypt and British East Africa	1,000
New Guinea	800
North Borneo	900
Aden and Somaliland	900
Straits Settlements	600
Solomon Islands	500
Fiji	400
Gold Coast and other territories	1,900
Total	30,800

France.	Miles.
South-east France	300
Morocco, Tunis and Algiers	1,800
Madagascar	2,100
Annam and Tongking	1,200
Total	5,400

Russia.	Miles.
Russian Coasts in the Baltic and Black Seas	2,000
Germany.	700
German Coasts in North Sea and Baltic	700
Austria.	390
Austrian Adriatic Coast	390

Minard's Liniment used by Physicians.

WHEN BABY IS ILL

When he is troubled with constipation, indigestion, vomiting or worms, give him Baby's Own Tablets. They sweeten the stomach, regulate the bowels and cure all these troubles simply because they banish the cause.

Concerning them Mrs. Phyllis Duval, St. Leonard, Que., writes: "We are well satisfied with Baby's Own Tablets, which we have used for our baby when suffering from constipation and vomiting." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

To Measure a Man. At a meeting at which a minister, who is short in stature, was to speak, the chairman, endeavoring to be witty, observed that he was somewhat disappointed about the minister's physical proportions. "I had heard so much about Mr.," he said, "that I naturally expected to meet a big man in every sense, but upset by such an unfortunate beginning to the proceedings, but not so the minister. 'I am grieved to find,' he said, with a mock seriousness, 'that your chairman is disappointed in my size, but this is owing to the way you have here of measuring a man. In my case, where I come from, we measure a man from his chin up, but you evidently measure him from his chin down!'"

Freight Service to Russia. C.P.R. Will Represent the Russian Government. The traffic arrangement by which the C.P.R. will represent the Russian Government in providing for through freight services from the Dominion to Russia by the Trans-Siberian Railway and the Russian Volunteer Fleet, which is an auxiliary of the railway, is an amplification of the connection which the company has sustained with the Trans-Siberian Railway, which is a state-owned system. The company has offices in Moscow and Petrograd in which it does business, the only railway on this continent to have such offices in Russia. If it would seem strange that the company should do business in either city, it need only be mentioned that the C.P.R. is the only railway in America which is a member of the Round the World Conference of which the executive of the Trans-Siberian Railway is a chief element. The Canadian Pacific, in its round-the-world tours, uses of course, the Trans-Siberian Railway line, which the average Russian always calls the "Transcontinental" line—this being the notion the system conveys to his mind. On this line there are three types of engine, the wood, oil and coal using engine. The wood engine is a special type, which is not built at all on this continent, but it serves the purpose in the physical circumstances on the system, which is differentiated in several ways from those on this continent.

Ask for Minard's and take no other. A Smart Boy. A teacher was examining a class of small boys in arithmetic. Addressing a particular smart boy she asked: "Can five go into one?" "Yes," came the answer at once. "You stupid boy!" she said. "How do you make that out?" "Please, ma'am," he said, "I put five toes into one stocking this morning!"

Doubtful. "When do you expect to see Mr. Green again?" "I don't know." "But don't you usually see him once or twice a week?" "Yes. But yesterday I loaned him five that he was sure to pay back tomorrow, and it is doubtful now that I shall see him for a month or two."

Sore Eyes. Granulated Eyelids. Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Remedy. The Eye Back of the Eye. Druggists or Murine Eye Remedy Co., Chicago.

Light takes 8 min. 13 sec. to travel from the sun to the earth.

Keep Minard's Eminent in the house. Admiral Beatty's flagship, the Lion, which is an eighth of a mile long, and is half as heavy again as the Dreadnought, was the first British warship to cost over two millions sterling. In five minutes continuous firing she can discharge 100,000 lb. of metal, and her shells leave the muzzles of her guns at a rate equal to 1,841 miles an hour.

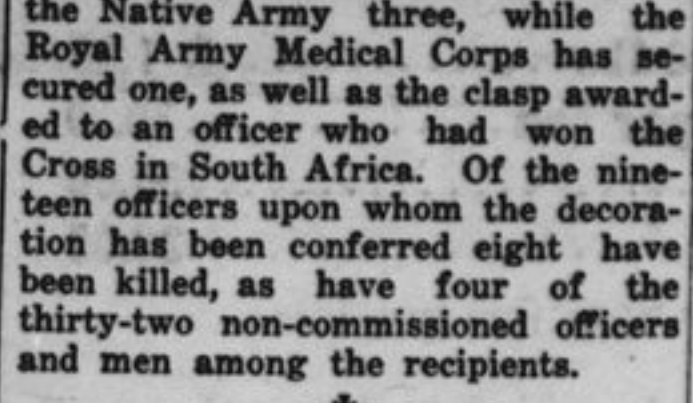
THE DODD'S KIDNEY PILLS. CURE ALL KIDNEY DISEASES. GRAVEL, RHEUMATISM, BRONCHITIS, DIABETES, ETC.

ED. 6. ISSUE 26-15.

WEAR FLEET FOOT SHOES

for every SPORT and RECREATION

Worn by every member of the family.



Received the Victoria Cross. The latest official list raises the total number of British soldiers who have received the Victoria Cross during the war to fifty-one. The line regiments, of course, having secured the largest proportion, twenty-four having been divided among members of seventeen corps, in addition to five given to the Brigade of Foot Guards. The artillery has received as many as eight, and the engineers five. The cavalry and the navy have each obtained two, the Indian Army one, and the Native Army three, while the Royal Army Medical Corps has secured one, as well as the clasp awarded to an officer who had won the Cross in South Africa. Of the nineteen officers upon whom the decoration has been conferred eight have been killed, as have four of the thirty-two non-commissioned officers and men among the recipients.

No More Corns. Cure Guaranteed. Never known to fall; acts without pain in 24 hours. It is soothing, healing, takes the sting out of corns. No remedy so quick, safe and sure as Putnam's Painless Corn Extractor. Sold everywhere—50c per bottle.

German have been using shrapnel composed of glass instead of lead.

The UNIVERSAL. Price Delivered anywhere in Canada \$23.75. This bicycle is positively guaranteed. It is absolutely the best value on the Canadian market, fitted with powerful coaster brake, wood rims, beautifully enamelled, strong mudguards, tool bag and tools, guaranteed—detachable fenders. Our low prices will stagger the most sceptical purchasers. Get our agents' prospectus. Remember we prepay everything. Our goods are delivered to your door for the same price you see in the Catalogue. THE UNIVERSAL BICYCLE CO. (Dept. 10) 1446 St. Lawrence Blvd., Montreal, Que.

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"Overstern" V Bottom \$55.00 Motor Boat. Freight Prepaid to any Railway Station in Ontario. Length 15 Ft., Beam 3 Ft. 9 In., Depth 1 Ft. 6 In. ANY MOTOR FITS. Specification No. 2B giving engine prices on request. Get our quotations on—"The Peretang Line" Commercial and Pleasure Launches, Row boats and Canoes. THE GIDLEY BOAT CO., LIMITED, PENETANG, CAN.

THE STOVE THAT HELPS YOU HURRY WITH A NEW PERFECTION Oil Cookstove you don't have to wait for the fire to come up. Just scratch a match—the NEW PERFECTION lights instantly, like a gas stove. Your meal is prepared and on the table in no time. A NEW PERFECTION in your kitchen means cool, comfortable cooking all summer. Made in 1, 2, 3 and 4 burner sizes. At hardware and department stores everywhere. If your dealer cannot supply you, write us direct.

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