las been Canada favorite yeast for more than forty Enough for Sc. to produce 50 large loaves of fine. AOA wholesome nourmade bread. Do ent, there is nothing

matoes; drain; add six choped onions, removed; then add d, two pounds brown up salt, one teaspoon e celery seed and mix ithout cooking.

eful Hints. utensils should be soda immediately afbeen used, which will trace of grease. paper on each shelf of or. It gives a clean nd keeps things from e shelf below. g an omelet it is best the eggs with a few

dish-cloths to greasy from the latter as as possible with This will greatly e the good condition even-handed, noble things that while

akes a more tender

is nothing in the stibly contagious as good humor. milk for custard ghly, then cool it, te ordinary way. The of become watery. add a pinch of salt, the flavor. If the be put in a pie mix of flour with the ore adding the milk is takes the place of the custard is just

rd to stop the hair ut and promote its tope for the scalp roots are dead and siny. However, to e not reached this p it before it is too simple recipe which at home that will om falling out, prowth, and eradicate s and scalp humors. of water add one rum, a small box ound, and a quarter giveerine and apply abbing with the finthree times a week. s at very little cost ome. This recipe not the growth of hair, treaked, faded grey es it soft and glossy.

ry Dear. like to get a week off, the wedding of a ie my wife.

Cashen, Ind., U.S.A.



oth Bags

50 and 100 lb.

Cenerations"

128

MONTREAL

FLORICULTURE

Window Boxes and Their Care. Providing your box is the right depth, you can grow either inside or out practically any garden flower or vine. For outdoor boxes, owever, you will get the most satisfactory results from taking a leaf from the book of others' experiences, and use those plants which have proved to be best adapted to purple. thrive under the somewhat trying conditions to which window or ers. stoop boxes are rather apt to be | Salvia (Scarlet Sage) .. Zurich. subjected. The plants should be dwarf variety, showy scarlet flowsuch as will keep reasonably good ers. natured under both too little or too much water and not become peevish because the wind persists in Lobelia. Gracilia, deep blue. Erincoming around the corners and give is, dwarf variety.

ing them good shakings. Then of course you would not ers. think of putting a tuberous begonia | Browallia. Deep violet, blue in a sunny spot any more than a | flowers, a continual bloomer. geranium in a shady one. So here | Monkey Flower. Yellow spotted are just a few helpfui hints that if flowers. followed in connection with directions as to soils, fertilizer, etc., of orange and red. should give you the satisfactory results with window or plant boxes. black and white tip. For Summer.

The old standoy window box trio is geraniums, white Marguerites and the variegated Vinca vine to hang over the sides. The Marguerites will bloom for weeks and weeks and the geranium all the glad sum | growth

Another good combination - is bell shaped purple blossoms.

A delightful effect is obtained Manettia Vine. Flame tipped yel- better, and even the doctor was orb. with Heliotrope, white or light low. pink Geraniums and German Ivy. via with the Dwarf Zurich in front, white. tall Splendens at the back and edged with Dwarf Nasturtiums is won- large clusters. derfully satisfactory. For a tropical effect on stoop or shaped blossoms, snow white.

grounds try a combination of Dwarf and Giant Cannas grown in plant boxes or tubs. Dwarf Castor Bean or Rincus is also a good tob plant. Plant Dwarf

Nasturtiums around base. Grow Cosmo in tubs; all Summer the foliage will be beautiful and pink. when frost threatens you can bring them inside and have weeks of glor- ors. ious bloom. For Autumn.

For late autumn, up to the time the snow flies, the hardy Chrysanthemums, especially the pompom types, are delightful.

Before frost nips the Salvia For Shady Spots.

For shady places there are unfortunately but few things that really thrive. Ferns, however, always do well, especially the vigor- Wandering Jew. Leaves, green, ous Boston type, which is equally green and white, variegated.

happy indoors and out. By glancing over the table be- of Thousands.) and shady places. For Sunny Places-Tall Growing

Flowers. Double Geraniums. The easiest

Single Petunias. Several colors; ragrant, thrive and bloom entire

Salvia (Scarlet Sage). Splendens. tall variety, flowers are intense scarlet, very showy. Impatiens (Sultan's Balsam). Blooms continually, bright, rosy,

red flowers. Snapdragon. Mixed colors. Primrose (Cibconica).. Everblooming variety, mixed colors. Lemon Verbena. Best for fragrant leaves.

Low Growing Flowers. Heliotrope. Fragrant, velvety,

Ageratum. Purplish, blue flow- toils under the greatest difficulty duce the temperature and cause Dodd's Kidney Pills are the very the river bed practically dry.

For Edging. (Hanging down 6 to 8 inches).

Alyssum. Fragrant white flow-

Cigar Plant. Scarlet flower with liams' Pink Pills. They have work- a mother hen leads her chicks. Verbenas. Profusion of bloom in beautiful colors and shades.

Long Vines. (Hanging down several feet). Nasturtiums. The most popular. Cobaca Scandens. Makes rapid (Cup and Saucers Vine.). Large

Sweet Alyssum, Ageratum and Morning Glory. Quick growing. spells and a general disinclination it is considered probable that the with a view to facilitating rifle-fir-to move about or do anything. My spots will have been dissipated on ing at night. Two ingenious de-

Maurandia. Rapid climber, tube taking medicine, but it did not do For brilliant effects a box of Sal- shaped flowers, deep violet and me a particle of good. One day a Blue Moonflower. Flowers in Williams' Pink Pills, and I decided White Moonflower. Trumpet

> Short Vines. Ivy leaved geranium. Exquisite colorings, white, rose pink, soft

> For Shady Places-Flowers. Fuchsias. Flowers purple, red, Flowering Begonias. Several col-

Tuberous Begonias. Variety of colors, bloom continually Primrose (Obconica). Everbloom

Foliage Effect Only.

Pandanus. Dracaenas. Foliage, plain green. ample and give Dr. Williams' Pink

Boston Fern. For Edging. (Hanging down 3 to 12 inches.)

Ice Plant. Of dwarf habit, var- The French Review of the War Flanders gives the story of surging grouping of plants for both sunny legated foliage, flowers white and Rises to the Rank of Literature. | masses; the Caucasus witnesses | Drop rose colored.

Artillery Plant.

An infant does not hear until review which is appearing in in the Malay Peninsula; German colo- kills a corn for all time. No pain. the third or fourth day after birth. stalments in the newspapers. Those nial soldiers are driven from Kam- Cure guaranteed. Get a 25c. bottle of of condition, with almost half century of preparation, was actually shaken and turned back. The official expressions of victory no longer re-echoed in the minds the fighting soldiers. The battle of Calais, which was in reality no nearer Calais than the Yser, with Leads to Madness, If Not Reme- in as large quantities and as quickits terrific loss of probably 200,000 Teutons, seemed to stagger the

have all admitted that no one could any longer say on which side victory would rest." And recently feine) The control of the prisoners pepsia." (Tea is just as injurious as coffee, because it, too, contains the United States where the market for beef is increasing so rapidly that more study has been paid to methods of increasing productions. letters seized on a dead officer

sympathy for the hosts of honest and hard-working Germans who never sought war, who hardly know what they are fighting for, we cannot but feel satisfaction that a sin against the human race should be so fitly and certainly punished on earth; that the way of the aggressor should be made hard and perilous, be his name Napoleon or Wilhelm : that the wages of arrogance should be despair and defeat.

of choleric temper, have red spotted finger-nails.

A large white marble in a sauceboiling, keep the liquid constantly

SUN SPOTS GET STRONGER. Says They are

AND HEALTH PERILS Can Now Be Seen on Clear Days With Binoculars.

That the Victim Scarcely Re-

alizes the Hold the Trouble

Has Upon Her Until

Almost in a Decline.

apprehensive. I was constantly

friend asked me if I had tried Dr.

what a splendid medicine they

Every weak and ailing woman

who will follow Mrs. Taylor's ex-

ville, Ont.

Eleven years have elapsed since Anaemia Comes so Gratefully sun spots, this is now the period for their recurrence, and photo graphs of the sun indicate that the spote have appeared. Any one with smoked glasses or even a pair of binoculars can see the great dark Woman's work is more wearing spots on the sun any clear day. than man's because it lasts almost The modern theory advanced by every waking hour. There is no scientists is that these spots affect eight or nine hour day for the the earth's weather, cause thunder breadwinner's wife, and often she and lightning storms, greatly re-

because her strength is below what increased precipitation. less about what she eats and does scientists, that the regular recur- "I was sick for six months," Mr. many churches and houses while not keep her blood up to the mark. rence of sun spots appeared at Hill continues. "My troubles the River Thames "was dryed uppe, It becomes thin and poor, which about that time and since then they started from a cold that seemed to that all London might walke over makes her weak, headachy, tired, have been increasing. So much settle in my back. My joints were the same dry shod." This was n breathless and liable to pains in cloudy weather followed that per- stiff and I had cramps in my mus- the year 1158. the back and sides, the scourge of fect pictures could not be taken un- cles, my appetite was fitful and I In 1591 came an amazing el her sex. New blood will do won- til May 2, and these plates show was heavy and sleepy after meals. tide, when the river was again so ders for the woman who is tired that the sun spots have increased in I had a bitter taste in my mouth low that a man might ride over it out, who aches all over when she area and have acted just as astro- and I was always tired and ner- on horseback at London Bridge. In rises in the morning and feels un- nomers said they would. That is, yous, accountably depressed. She can the large spots become larger, "I used four boxes of Dodd's thirty-six hours. The great storm gain new blood now, and drive then split up into sections with one Kidney Pills, and the great benefit blew straight down the valley of the Latana. Flowers are all shades away the pains and aches and large spot leading a lot of smaller they did me is what makes me say, Thames, and kept the water back,

> says: "I was so run down with the weather recently. anaemia that I could scarcely walk The sun revolves on its axis without aid. I was not able to every twenty-five days and the sun leave the house. I had no color, spots are there hidden to the earth. no appetite, and was constantly By the time the surface of the sun cover of darkness has been respontroubled with headaches, dizzy again appears exposed to the earth sible for much inventive ingenuity

> > KEEP YOUR BABY WELL

shall continue to do so, knowing Medicine Co., Brockville, Ont.

The Far-Flung Battle-Line.

or sent by mail at 50 cents a box or six boxes for \$2.50 from The Austrians and Slavs struggle in Po-Austrians and Slavs struggle in Po- fitted to any firearm, and the flash- drake and Butternut. Dr. Williams' Medicine Co., Brock- land, Galicia and on the slopes of light can also be used for signalthe Carpathian Mountains; West, ling. Central and Eastern France, in-Strawberry Geranium. (Mother THE WAY OF THE AGGRESSOR. cluding Alsace, send reports of armies locked in a fierce struggle; fierce fighting; Persia sends word of Nothing more illuminating has a Moslem reserve; Turkish troops Out been published upon the trend of are routed on the sands of Arabia; the war than the French officia! Indian mutineers are suppressed on clear and lucid summaries rise to erun, in Western Equatorial Afri- putnam's" Extractor to-day. the rank of literature when the re- ca; German East Africa chronicles viewer quotes German diaries and an engagement; Smyrna, in Asia letters taken from captured and Minor, is shelled; British and dead soldiers. Ultimate German French troops land near Enos, in victory was at first part of the con- European Turkey; Mesopotamia The Canadian Farmer Will Benefit sciousness of every German sol- sees a route of Arab tribes in Turkdier. "At the moment of the bat- ish pay; the northern border of tle of the Marne," says the review- Italy is swarming with Italian Mr. Randolph Bruce, a weller, "the first impression was one regiments; an aerial engagement is known rancher in Western Canada, leg, and knee swelled up and for six days of a failure of comprehension and fought over the beautiful Rhine; a has just returned from Europe with started to use MINARD'S LINIMENT of stupor." But as the retreat continued, a process of conversion be- Servia is reinvaded by Austrians; effect that the war will have on the London awaits the Zeppelins; even Canadian farmer. The immense The vast Teutonic force, in the pink our own peaceful Newport News is slaughter of cattle for the armies agitated about the Kronprinz Wil- in the field will, he thinks, very helm. This is as near to Armageddon as earth has ever known .-Philadelphia Ledger.

INSOMNIA

The failure of the capture of 5 years ago," writes a Western wo- of cattle for beef. Warsaw completed the disillusion- man, "that coffee was the direct In this connection it is interestment. "Until during the last two cause of the insomnia from which I ing to note that fattening young months," says the report, "the suffered terribly, as well as ex- stock is becoming very popular in treme nervousness and acute dys the United States where the mar-

"I had been a coffee drinker In the early days cattle were

Co., Windsor, Ont. Read "The Road to Wellville," in pkgs. Postum comes in two forms Postum Cereal the original form

Instant Postum-a soluble pow- 3,167,744, valued at \$54,197,341, or Martial men, good fighters and der-dissolves quickly in a cup of an average of \$17.12, taking the and hot water, and, with cream and good with the bad. In 1911 there sugar, makes a delicious beverage were 3,939,257, valued at \$86,278,-

MR. J. A. HILL TELLS WHAT DODD'S KIDNEY PHAS DID FOR HIM.

He Suffered for Four Months from Kidney Pills. Sixty-Nine Corners, Ont., May 17th (Special). - "I know that

best of medicines." Such is the

tiredness if she will take Dr. Wil- ones across the face of the sun, as 'They are the best of medicines.'" so that the bed was dry. On Seped marvels for other women and Previous observations that a Kidneys, and Mr. Hill's symptoms pened, and, according to will do the same for you if you are lower temperature, rain and cyclo- are the symptoms of Kidney dis "Weekly Packet," a paper of that your shop. weak, tired, depressed or suffering nic disturbances result from the ease, consequently he found quick date, people crossed the river afoot from backaches or sideaches. Mrs. appearance of the sun spots every relief in Dodd's Kidney Pills. They both below and above the bridge, Elmer C. Taylor, Calgary, Alta., 11.1 years has been borne out by always cure Kidney disease.

> Rifle-Firing in the Dark. The activity of the sniper under

friends did not think I would get the flaming surface of the great vices have been perfected, one by a Glasgow staff-sergeant and the other by an Australian explorer. At night there is difficulty in directing the muzzle of the rifle upon the enemy, owing to the invisibility of to the wants of a large and exacting Mothers can keep their little the ordinary foresight. To meet family, women often break down with to do so almost as a forlorn hope. ones happy and healthy by the occa- this, the Scottish musketry in- nervous exhaustion. I was taking, the change was so and above all they are absolutely cessary, and the night sight does bearing down pains. noticeable. As I continued the safe and positively no injury can not interfere with the ordinary Such suffering isn't natural, but it's Pills my color came back, I could result from their use. Concerning front-sight for daylight shooting. eat my meals regularly, the head- them Mrs. Henri Huard, Kingston, The new sight has been subjected The dizziness, insomnia, deranged for large quantity. Cash must accompany and dizzy spells coased I Continue to a part of them Mrs. Henri Huard, Kingston, The new sight has been subjected to a part of them Mrs. Henri Huard, Kingston, The new sight has been subjected to a part of them Mrs. Henri Huard, Kingston, The new sight has been subjected to a part of them Mrs. Henri Huard, Kingston, The new sight has been subjected to a part of them Mrs. Henri Huard, Kingston, The new sight has been subjected to a part of them Mrs. Henri Huard, Kingston, The new sight has been subjected to a part of them Mrs. Henri Huard, Kingston, The new sight has been subjected to a part of them Mrs. Henri Huard, Kingston, The new sight has been subjected to a part of them Mrs. Henri Huard, Kingston, The new sight has been subjected to a part of the new s aches and dizzy spells ceased, I Ont., writes: "There is no medicine to exacting tests, and has proved menses and other symptoms of kidney gained in weight and took a new I know of so good for little ones as efficient, only four misses being re- complaint can't cure themselves, they TORTH WESTERN GROWN SEED interest in life, my cure being is Baby's Own Tablets. They have corded out of fifty-four rounds in require the assistance of Dr. Hamil- N Potatoes. Extra Early Senention. complete. I have told many sickly certainly been of great service to a trial under difficult conditions; ton's Pills which go direct to the seat New Early Short Season. Manitoba Wonwomen and girls what Dr. Wil- me." The Tablets are sold by and it has been applied to machine- of the trouble. urged them to take them and cents a box from The Dr. Williams' tradian invention consists of a quick kidneys, to lend aid to the bladder and

sight electric flashlight, which is liver, to free the blood of poinsons. fitted close to the muzzle by a sim- probably there is no remedy so sucple contrivance, the current being supplied from a small battery car. supplied from a small battery car- is well known. Alexander the Great's cam ried in the butt, to which the sight Because of their mild, soothing, and west Adelaide St., Toronto paigns, Caesar's wars and Napol- is connected. The light throws a healing effect, Dr. Hamilton's Pills are plants bring them inside and they green striped yellow or bordered Pills a fair trial will find new eon's three-fold battle front seem T-shaped mark which provides an safe, and are recommended for girls will bloom until after New Year's. white or crimson striped pink and health and strength through their limited and almost trivial when almost automatic aim, because the and women of all ages. 25 cents per limited and almost trivial withviewed in the light of one day's bullet strikes at the intersection box at all dealers. Refuse any sub-

Instant

Corn Extractor tobetter in the morning. Magical the

MONEY IN LIVE STOCK.

By the War.

shortly cause a great increase in the price of beef, and those farmers who are raising cattle will make more money even than those who are raising wheat at a dollar-fifty per bushel. Every effort should be made to raise cattle for the market ly as possible. Mr. Bruce is a great believer in alfalfa as the most satis-"Experiments satisfied me, some factory food for the rapid raising

speak of "the imminence of a mili-tary and economic hemming in of think that the beverage was doing five years. Experience, however, Germany." They discuss "the pos-sibility of Germany finding herself the time came when I had to face ough-bred bulls and the consequent after the war 'with empty hands the fact, and protect myself. I improvement in the quality and and pockets turned inside out. therefore gave up coffee abruptly maturing ability of market cattle, on January 18 an officer of and absolutely, and adopted Postogether with heavier grain feedthe German General Staff, captur- tum for my hot drink at meals. | ing, has made it possible to put ed, said: "Perhaps this struggle "I began to note improvement in just as much beef on the market of despair has already begun." Per. my condition very soon after I took at from 13 to 20 months old. Exhaps it has! That is the way of the on Postum. The change proceeded perts are of the opinion that with aggressor. No such struggle of de- gradually, but surely, and it was a the continued improvement of spair can ever set in in the hearts matter of only a few weeks before breed stock it will be possible to of the scanty Belgian soldiers who I found myself entirely relieved- market at an even earlier date. have fought valiantly a losing but the nervousness passed away, my Among the advantages of earlier a glorious battle of sheer defence.

Despair is the just part and lot of the aggressor; and despite all our to sleep restfully and peacefully.

These happy conditions have make heavier gains of beef on a continued during all of the 5 years, similar amount of feed than old and I am safe in saying that I owe cattle; Secondly, the money investthem entirely to Postum, for when ed is turned faster, being turned I began to drink it I ceased to use over in eighteen months, where formerly it took from three to five Name given by Canadian Postum years; Thirdly, heifers under two years old sell as readily as steers and finish more rapidly

without shadow of doubt, the value must be well boiled. 15c and 25c of beef cattle in Canada is steadily instantly. 30c and 50c time.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.

—sold by Grocers.

Were 3,935,257, value of \$21.90, an increase of \$4.78 per head. Mr. H. S. Arkell, Assistant Live Stock

ED. 6.

ISSUE 21—'15.

ent, says that never in our statistical history have prices at-tained so high a figure, either for cattle on the hoof or for meat in the butcher shop, as to-day. What it will be next year, when the full effect of the war is felt, no one can

London Without Water.

Of late the Thames has been Kidney Trouble but Found Quick deal too full of water for the com-Relief When He Used Dodd's fort or convenience of the inhabitants of the Thames Valley. Yet there are on record several instances where the contrary was the case, and the people of London saw it should be. The woman who is is an account of an indoors all day is very often care- April 3, it is apparent, according to a well-known resident of this place. Stow's Annals is an account of an according to a well-known resident of this place.

1687 a tremendous gale blew for Dodd's Kidney Pills cure sick tember 14, 1716, the same thing hapwhile the sands lay so clear to view that a silver tankard, a silver butted sword, a gold ring, a guinea,

and other long-lost articles of value were picked up.

There is Trouble Ahead. Constantly on their feet, attending

After I had used a few boxes there sional use of Baby's Own Tablets. structor has fitted the ordinary ser- In the stores, factories, and on a was a decided change for the bet- There is no minor ailment of little vice rifle with a luminous sight. No farm are weak, ailing women, dragged ter, and people began to ask what ones that the Tablets will not cure, alteration in the service arm is ne- down with torturing backache and

dangerous, because due to diseased Snow, two excellent new potatoes. Price,

liams' Pink Pills did for me and medicine dealers or by mail at 25 guns with equal success. The Aus- To give vitality and power to the syde, Alta.

He Could Prove It. Mother-Son, I don't believe you washed your face at all. Small Son-If you don't believe Paint on Putnam's me, look at the towel.

night and corns feel Keep Minard's Liniment in the house. Sure Proof.

Mother-Are you quite sure that you have ceased to love him? Daughter-Absolutely! I don't even care if he has a pretty steno grapher in his office!

Had ship's anchor fall on my knee and

Method in His Reform.

'He is one of those near-vege-"What is a near-vegetarian?" "He never eats meat, except when he is invited out."

A woman's brain on an average weighs five ounces less than a man's in proportion to her weight.

10.3 RECREATION

Staggering.

I want to trust my fellow-men I like to think their morals sound. And yet the column headed "Lost" Is thrice the size of that called "Found."

No Duplicates.

Customer-Waiter, this is the first tender steak I've ever had in Waiter-My goodness! You must have got the guv nor's.

TOUR OWN DRUGGIST WILL TELL YOU Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting— just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicaga

Shaving was introduced among the Romans about B.C. 300. The first shave was deemed the en-With Chronic Backache trance to manhood and celebrated with great festivities with great festivities.

Minard's Liniment used by Physicians.

Vinegar comes from the French 'vin aigre''-sour wine.

E ARLY IRISH COBBLER POTATOES, specially selected and Government



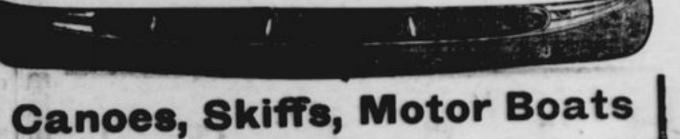
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CUTTEN & FOSTER

BOAT TOPS Ford owners write for

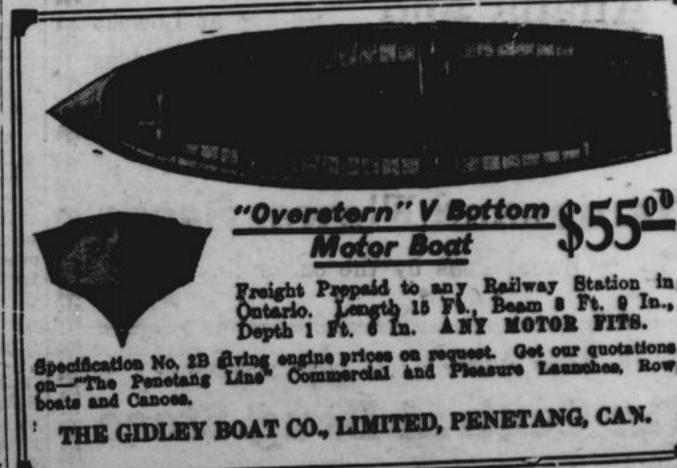
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SEARS-CROSS Speedometer Station. 179 Queen Street West, TORONTO, · ONT.



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THE PETERBOROUGH CANOE COMPANY, LIMITED, PETERBOROUGH, ONT.



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ONTARIO ARCHIVES

entire human family from infancy to old age-and best of all. City Dairy Ice Cream is a highly digestible food. For Sale by discriminating shopkespers everywhere Watch TORONTO.

Everybody

LATS City Dairy Ice Cream. (when they

can get it). Hundreds of D scriminating

Druggists and Shopkeepers all over Ontario

appreciate its universal popularity and have

CITY DAIRY ICE CREAM is the one uni-

versal summer confection—it delights the

secured an agency for it.