SPRING REMINDERS OF RHEUMATISM

the Pain, But the Trouble Lies in the Blood

money with this kind of treatment, and all the time the trouble is beard all the time the trouble is becoming more deeply rooted—harder to cure. There is just one speedy cure for rheumatism— Dr. Williams' Pink Pills. They act directly on the impure, acid-tainted by one the impure b gan the use of Dr. Williams' Pink traces of the trouble had disappeared. I can most strongly recom-

Sold by all medicine dealers or boxes for \$2.50 from The Dr. Wil-

SOUP AND SOLDIERS.

Military Experts Think Too Much at headquarters, Simla. Is a Mistake.

soup is proverbial. It is strongly headquarters of the relief force. in evidence among the soldiers now During the campaign he was at the front, who subsist largely on severely wounded, was mensoup or on stews, which amount to tioned in despatches, and received, practically the same thing.

clined to think that this is a seri- Distinguished Service Order. He ous mistake. They believe that was attached to the intelligence such sameness of diet leads to stale- department at the War Office ness among even the healthiest of when he went out to South men, and that the French would Africa as deputy assistant adjutfight better if they ate more sub- ant-general of intelligence at army stantial food, such as the roast beef headquarters, being specially seand mutton chops of which the lected for the post by Lord Rob-

their soldiers are better fed than lieutenant-colonel, mentioned in the French, they have to admit despatches, and awarded the serthat they owe the present excel- vice medal with four clasps. He was mastery of detail and administramethods of cooking.

scissors, pairs of snuffers. He THOUGHTS FOR THE DAY. string of buttons, knives, forks, found them throwing away the fat from the coppers, three inches Censure is the tax a man pays to thick, for they did not know that the public for being eminent .they were thus destroying "a little | Swift. sea" of excellent soup. He found In this world it is not what we smoke, dust and steam intermixed makes us rich .- H. W. Beecher.

THE WAY OUT

Change of Food Brought Success and Happiness.

An ambitious but delicate girl, after failing to go through school on account of nervousness and hysteria, found in Grape-Nuts the only thing that seemed to build her up and furnish her the peace of health.

"From infancy," she says, "I have not been strong. Being ambitious to learn at any cost I finally got to the High School but soon had to abandon my studies on account of nervous prostration and Thoreau,

'My food did not agree with me, and I grew thin and despondent. cial affair for I suffered constantly country.-Coleridge. from nervousness in spite of all

letters of those who had cases like ing misunderstandings, and

by eating Grape-Nuts.

"I had little faith, but procured a pkg. and after the first dish I experienced a peculiar satisfied

Chief of Imperial Staff Was Once a "The Greatest Transport Officer Private in the Ranks.

chief of staff of the British Army public. To-day it suggests to in succession to Major-General Sir everybody the sudden and well-Spring weather is bad for rheu- who in the last century have done who has done the State some sermatic sufferers. The changes from what Major-General Robertson has vice during his months of warfare. mild to cold, the raw, damp winds just accomplished could be num- The hour produces the man, and start the aches and twinges, or in bered on the fingers of one hand. at the Admiralty, as well as at the the more extreme cases, the tor-tures of the trouble going. But it have been found for "rankers" in right person has appeared in not a must be borne in mind that it is India and the colonial stations. few instances. It is in accordance not the weather that causes rheu- Although Sir William Robertson with the generous and outspoken

blood. They purify and streng shire, his father being a well- and who is now director of that "After using Dodd's Kidney of the rheumatism. Here is strong general was only 28 years old when Thomson was made assistant di-Pills, which I took steadily for a set himself deliberatey to work to as superintending clerk, first came couple of months, by which time all study for staff duties in the highly into contact with the First Lord, technical intelligence and trans- who marked him as "a very likely port branches. After he had pass- man." Very soon he was placed mend the Pills to all rheumatic suf- ed through the staff college his first in full control of a section of the staff employment was as railway transport, where he showed suc transport officer during the Miranby mail at 50 cents a box or six zai and Black Mountain expeditions. His success in keeping the liams' Medicine Co., Brockville, troops at the front fed with reinforcements and supplies attracted official attention, and he was promoted staff captain and appointed deputy assistant quartermaster-

During the Chitral campaign General Robertson took the field The Frenchman's fondness for as intelligence officer with the in addition to the campaign English military experts are in- medal with two clasps, the coveted

erts. For his services in South But although the English believe Africa he was promoted brevet

went there and, with nothing but al on the general staff at Aldershot, consultations, put him in his prethe regular rations to work upon, and commandant of the Staff Col- sent position of huge responsibility. soon revolutionized the army's lege. In his capacity of command- His rise has been extraordinarily Mothers Will Find Nothing so Speed-He found the camp cooks at Robertson came into contact with cord"; but Mr. Thomson has earn-Scutari and in other places tying a number of the officers of the ed it all. And long years of prethe joints intended for boiling so Canadian permanent forces who paration, 14 in the Admiralty ser- child's stomach by internal dosing, tightly that the exterior was cooked went to Camberley to pass the staff vice, have gone to fit him for his when external treatment will so seasons, the new seeding does betwhile the inside remained raw. He course, and they all speak very task. He is a native of Cheshire; promptly break up a cold. found cooking going on in huge cop- highly of his technical knowledge but, as his name implies, he is of When your boy comes in after play many farmers greatly injure the per caldrons so dark that it was not and active energetic personality. Scottish lineage, a son in matters with his feet soaking wet, his throat growth of their young clover, as the isolated Magdalen Islands repossible to see whether the tinning He was at the front during the first academic of William of Wykeham, hoarse and sore, his little chest tight well as alfalfa, by seeding too much the islands lie in the widest part of was intact—whether the water was part of the present war, and his for he is a member of both Wil-

them sometimes cooking with take up, but what we give up, that instead of fire, and yet consumed Don't flatter yourselves that "a fabulous quantity of unneces- friendship authorizes you to say disagreeable things to your intimates .- O. W. Holmes.

-Sir Philip Sidney.

If you have built castles in the air your work need not be lost; that is where they should be built; BABY'S OWN TABLETS now put foundations under them .-

I do not call the sod under my feet my country, but language, re ligion, laws, government, blood -I could not enjoy the simplest so- identity in these makes men of one

For those who do not take to do ing good as a profession there is This wretched condition contin- great deal of social good to be done used until I became interested in the in putting down gossip, in preventmine and who were being helped keeping friends with everybody.

Treatment of Smut.

Commissioner Clark, writing in from any ordinary food. I slept the Agricultural War Book on INFORMATION FOR INVENTORS respect. The Times points out that and rested better that night and in a few days began to grow stronger.

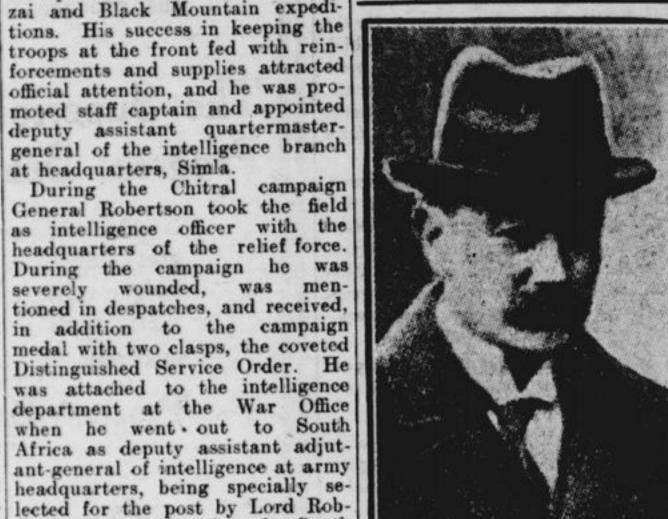
"I had a new feeling of peace and restfulness. In a low weeks, to my great joy, the headaches and nervousness left me and life became bright and hopeful. I resumed my studies and later taught ten months with ease—using grape-Nuts every day. I am now the mistress of a bappy home. and the mistress of a bappy home, and the could be considerably practiced. Over the old weakness has never returned."

Name given by Canadian Postum

Could be considerably indicating a metal bottle, of the Canadians who received the girl, indicating a metal bottle, patents, 11 were residents of Ontario, 3 of Alberta, 2 of Quebec, things either hot or cold, whichever located in Ontario contain smut, and 2 of British Columbia, 2 of Manipour desire," replied the mistress.

GRAPHE THOMSON.

Sir William Robert Robertson, new veyed nothing to the great British James Wolfe Murray. Few men merited rise to reputation of a man upon attaining his commission he covery began when Mr. Thomson, ease.



Mr. Graeme Thomson.

lence of their military cuisine to a assistant director of military oper- tive ability that he was promoted to Frenchman. While England was ations at the War Office for six the second step already noted. It fighting in Crimea sixty years ago years, assistant quartermaster-gen- was not long before the First Lord, Alexis Soyer, the celebrated chef, eral at Aldershot, brigadier-gener- now assured of his man by daily ant of the Staff College, General rapid—it probably creates a "renot contaminated by verdigris.

He found them marking their rations, "lest they should be confidenced in the highest praise from General form Mons won for him the highest praise from General for he is a member of both William's foundations, Winchester Colliam's foundations, Win tions, "lest they should be confounded in the kettle," by attaching to them pieces of red cloth, a like highest praise from General from New College he passed to the Admiralty as a higher division clerk. His record is now before flannel bandage. This treatment value what the grain crop is. Why, are consequently are like highest praise from General Knew College he passed to the Nerviline penetrate more quickly thought to see that the coming clo-thought to see that the coming clo-during the winter. The Canadian clerk. His record is now before flannel bandage. This treatment value what the grain crop is. Why, are consequently are like highest praise from General knew College he passed to the Nerviline penetrate more quickly thought to see that the coming clo-during the winter. The Canadian clerk. His record is now before flannel bandage. history." Mr. Thomson is not yet bad one, too. For general family use it cures all sorts of external aches and pains—you simply can't beat it. transport the British Admiralty Try it for earache, toothache, neural- bushels of oats to the acre. has ever known. He takes his gia, sciatica, lame back, rheumatism, blushing honors modestly. "There or lumbago. Wherever there is con-The normal school turns out pro- is really nothing in it," he said to gestion. inflammation or pain in the fessors of philosophy, only the school of life produces philosophers.

Gustave Vapereau.

The normal school turns out produced produced in the inevitable interviewer; but the public is inclined to think that there is a good deal in it. Over there is a good deal in it. Over ful, it should be in every home. There It many times falls out that we one million men, to say nothing of is also a small 25c. size. Dealers anyseem ourselves much deceived be- colossal stores, carried without mis where sell Nerviline. cause we first deceived ourselves. hap in the face of the enemy, is a considerable performance. At the True courage is not incompat- Admiralty they are said to parody ible with nervousness, and heroism Sir George White's epigram on Sir does not mean the absence of fear, Edward Ward and to call Mr but the conquest of it .- H. Van Thomson "the greatest transport officer since Noah."

USED ELEVEN YEARS war must end in July through the

Mrs. McEachern, Glencoe, Ont., ents. and never fail to regulate the bow- £708,000,000. medicine dealers or by mail at 25 Medicine Co., Brockville, Ont.

Brunswick and 1 of Nova Scotia.

In the United States for the same know whether you want things hot or cold?"

In which were granted to Canadian

Doing Wonders

Raw, Damp Weather Starts unusual record of Major-General Graeme Thomson would have con-SAYS OF DODD'S KID-NEY PILLS.

> Gaspe County Man Gives Advice to All Who Want to be Cured of Kidney Troubles.

Haldimand, Gaspe Co., Quebec, April 12 (Special).—"I have just opened the third box of Dodd's Kidney Pills, and find they are matism. The trouble is rooted in has served in the army as a private nature of the First Lord that when doing me wonders of good for the the blood—the changeable weather and non-commissioned officer, how- he sees outstanding merit in a col- Kidneys and Rheumatism," so says

money with this kind of treatment, was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing. I found Lord Sansbury, who was broken and unrefreshing to the complete state of the complete state o

commission as lieutenant in the director. Mr. Churchill has aldisease. That's why he found such rheumatism in my hips and knees Third Dragoon Guards. He did not luded to him as "one of the disprompt relief in Dodd's Kidney black trousers on already." that I could hardly go about. I be- serve many years in the ranks, and coveries of the war." That dis- Pills. They only cure Kidney dis-

When Animals Sleep.

Elephants sleep standing up. When in a herd a certain number will always stand watch while the others sleep, for the big, powerful beasts are timid and cautious at night and will not go to sleep unguarded.

over the back and the beak thrust bearing down pains. beneath the wing. Storks, gulls and other long-leg-

ng by their hind claws.

ged birds sleep standing on one

ing them move in a circle. Foxes and wolves sleep curled

up, their noses and the soles of their feet close together and blanketted by their bushy tail. stretch themselves out flat upon the is well known.

and restless sleepers. out the light, for the sleep in day-

Cure Children's Colds

ily and Reliable as Old-Time "Nerviline."

It's really a shame to upset a young

the world in Mr. Churchill's WON'T fail. Your boy will be feeling value what the grain crop is. Why, Government has consequently areulogy: "A man who stepped into better in half an hour, and you will then, should the farmer endanger ranged to send weekly to the the place when the emergency have the satisfaction of knowing you his hay crop next year? We have clergymen of the islands a wireless came, who has organized and pre- have warded off perhaps a cold, or seen hundreds of young clover and despatch of eight hundred words sided over performances and tran- grippe, or illness that might have laid alfalfa crops practically spoiled in that gives the latest news of the

LACK OF MONEY END WAR.

Expenditure Up to That Time W be \$16,990,000,000. financial writer of London, read paper before the Royal Statistical Society recently dealing with the cost of the war. In his opinion the

exhaustion of some of the belligerwrites: "I have used Baby's Own Mr. Crammond estimates the total Tablets for the past eleven years cost of the war to the end of July for my children and have every rea- as \$16,990,000,000, and the total son to praise them as they always economic loss, through damage to do good." Once a mother uses the property and other direct and indir-Tablets for her little ones she will ect losses at \$45,740,000,000. He use no other medicine. They are estimates that Great Britain alone absolutely safe, pleasant to take will spend up to the end of July

els and stomach. They are sold by The London Times, commenting on Mr. Crammond's figures, thinks cents a box from The Dr. Williams' he takes a somewhat exaggerated view, although he is in possession of facts which entitle his opinion to

A LIGHTNING CHANGE.

The late Lord Salisbury, says greatly Count Paul Vassili in his book, "Behind the Veil at the Russian farther prevented by applying Court," shared with the rest of his nitrate as a top dressing on family the defect of being rather growing crop at the time the cr appearance. Lord Odo Russell, sodium, superphosphate and su sodium, superphosphate and su should not be sprinkled on the manure in the furamusing dittle anecdote in illustration of that characteristic.

again ready for dinner. Now in Corns that time he could not even have washed his hands, yet there he was then it and thus root out the cause known landed proprietor. The department. During November Mr. Pills I recommend them to every- in evening clothes! I could not in evening clothes! of the rheumatism. Here is strong proof of the above statements. Mr. proof of the above statements. Mr. J. Routley, Sydney, Man., says:

J. Routley, Sydney, Man., says:

Egypt and the Soudan, his first Egypt and the Soudan, his first Egypt and the Soudan, his first Education as lieutenant, in the director.

Mr. Churchill, has also a symptom of Kidney Russell," he said, "anyone can director." Putnam's Corn Extractor to-day. change his coat at once, and I had

When a Woman Suffers

There is Trouble Ahead. to the wants of a large and exacting

Bats sleep head downward, hang- nervous exhaustion. In the stores, factories, and on Birds, with few exceptions, sleep farm are weak, ailing women, dragged

side. Their muscles twitch and Because of their mild, soothing, and throb, indicating that they are light healing effect, Dr. Hamilton's Pills are safe, and are recommended for girls Owls, in addition to their eye- and women of all ages. 25 cents per lids, have a screen that they draw box at all dealers. Refuse any subsideways across their eyes to shut stitute for Dr. Hamilton's Pills of Mandrake and Butternut.

Nurse Crops.

either clover or alfalfa do consid-By External Treatment erably better when sown with barley as a nurse crop than with oats. King says, in his book on soils, "that oats exhaust the soil moisture a great deal faster and more than barley. Probably this is the reason why, especially in rather dry ter with the barley." But a great this way. It takes 500 pounds of war and other events. These dessactions the like of which were never contemplated by any State in verting colds and for breaking up a grain of oats. Reckon it up and see the islanders at church every Sun-

> An old bachelor is a man whom no widow has made a strenuous ef-

Wrong Tip.

Dealer-Very prettily, mum, for



original bags - Plas grai

Ask your Grocer,

For Rheumatism An Incident in the Life of the Late not give their best results when Lord Salisbury.

"One evening," says the count, about Lord Salisbury's attitude to- If top dressings of soluble manures ward his personal appearance, -not are used on open soils they should ill-naturedly, for it is doubtful merely starts the pains. The only way to reach the trouble and to cure it is through the blood. The poisonous rheumatic acids must be driven out. Liniments and rubbing may give temporary relief, but can may years. I had headache, back-many years. may give temporary relief, but canyouth, and probably enlisted in the
not possibly cure the trouble. The
army, as quite a few young gentletransport by which our navy has not possibly cure the trouble. The sufferer is only wasting time and sufferer is only wasting time.

With Chronic Backache

Constantly on their feet, attending

with their heads turned tailward down with torturing backache and

menses and other symptoms of kidney to see all the way. Double track. Autoof the trouble.

To give vitality and power to the liver, to free the blood of poisons, probably there is no remedy so suc- your dinner if you'll chop that pile cessful as Dr. Hamilton's Pills. For of firewood. Lions, tigers and cat animals all womanly irregularities their merit

Observing farmers have seen that | day.

Strict, All Right. "I understand the Blanks are "Strict! I should say they are. Why, they won't even let their

children eat animal crackers." Sore Granulated Eyelids,
Eyes inflamed by exposure to Sun, Dust and Wind Edgar Crammond, a prominent inancial writer of London, read a paper before the Royal Statistical Society recently dealing with the Society recently dealing with the Salvein Tubes 25c. For Book of the Eye Free ask Salvein Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

Minard's Liniment for sale everywhers. Woman-Does this parrot swear?

Choose which Grain

before the manure is applied, or is plowed in and before harrowing.

"Doesn't it really seem that it "Well, at any rate, it does to live

Absolutely Painless No cutting, no plasters or pads to press the sore spot. Putnam's Extractor -leaves no scar. Get a 25c. bottle of

To freshen a room.—Burn a piece out pain by our home treatment. Write of orange peeling on a hot stove, Co., Limited, Collingwood, Ont. and a very pleasant odor will be imparted to the whole room.

Minard's Liniment Cures Burns, Etc. Knew the Signs.

"I can read my wife like a book." "That so? "Yes. Whenever she's cold family, women often break down with me I know she's going to make it hot for me.

> LOW FARES TO THE CALIFORNIA EX-POSITIONS VIA CHICAGO & NORTH WESTERN RY.

dangerous, because due to diseased kidneys.

The dizziness, insomnia, deranged menses and other summissions.

Four splendid daily trains from the New Passenger Terminal, Chicago to San Francisco, Los Angeles and San San Francisco, Los Angeles and San San Francisco, Los Angeles and San San Francisco, Choice of Scenic and direct routes through the best of the West Samueline. Ducks sleep on open water. To avoid drifting ashore, they keep paddling with one foot, thus making the making A Bit of an Epicure.

Lady of the House-You can earn

Tramp-I'd like to know de menu

I consider MINARD'S LINIMENT the BEST Liniment in I got my foot badly jammed lately. I bathed it well with MINARD'S LINI-

MENT, and it was as well as ever Yours very truly, T. G. McMULLEN

A Wireless News-Letter. For many months in the year the four or five thousand inhabitants of

Aunt Liza's former mistress was talking to her one morning, when suddenly she discovered a little pickaninny standing shyly behind his mother's skirts. "Is this your little boy, Aunt 'Liza?'' she asked. "Yes, miss, dat's Prescription." "Goodness, what a funny name, auntie, for a child! How in the world did you happen to call him that?" "Ah simply calls him dat becuz Ah ha's sech hahd wuk get-



SEED POTATOES.

TARLY IRISH COBBLER POTATOES inspected for seed. Only limited quantity, Price, One Dollar per bushel f.o.b. Brampfinow, two excellent new potatoes. Price, Two Dollars per buchel. Special prices for large quantity. Cash must accom-pany all orders. H. W. Dawson, Bramp-

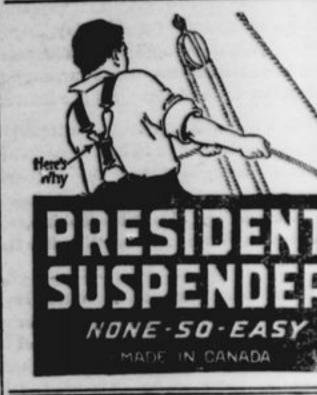
FOR SALE. THREE IMPROVED HALF SECTION John Scott, Whitewood, Sask.

NURSERY STOCK. out the sting over-night. Never fails

leaves no seer. Get a 25c bottle of CANCER, TUMORS, LUMPS, ETC., internal and external, cured with-

> OF INVENTIONS PIGEON, PIGEON & DAVIS

E ngines America's Standard 4 Cycle Marine Motor



A Double-acting Retort. Husband-I wish you'd stop this everlasting cackling about my expenditures.

Wife-No. I shan't. Cackling saved the capital of Rome and I'm going to see if I can't save your



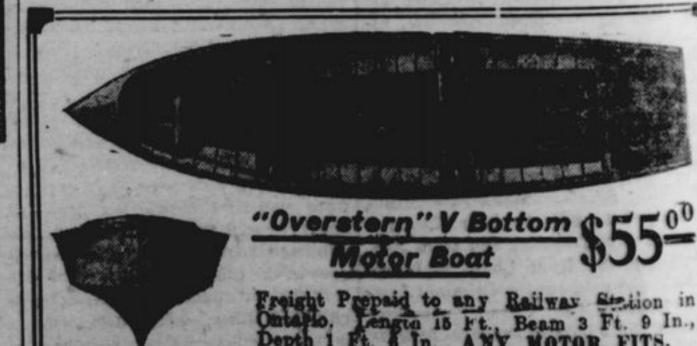
Don't waste time on inferior salves because they're a few cents cheaper. I have proved Zam-Buk best for Eczema, Piles, Skin Diseases, and Injuries. As a mother, you owe it to your family to use the best, that's Zam-Buk! All Druggists and Stores.

THE HERBAL HEALER

Canoes, Skiffs, Motor Boats THE PETERBOROUGH LINE.

If any cance can give you satisfaction, it is a "PETERBOROUGH." Always and ever the some of service, model, strength and finish. Over fifty styles and sizes. Write for catalogue. The latest cance is the Peterborough canvas covered. Ask for illustrated folder. Skiffs for the popular Outboard Motors. Power Launches, all sizes and pow ers. Get folders telling all about these.

THE PETERBOROUGH CANOE COMPANY, LIMITED. PETERBOROUGH, ONT.



"The Penetang Line" Commercial and Pleasure Launches, Row boats and Canoss.

THE GIDLEY BOAT CO., LIMITED, PENETANG, CAN.

MAJOR GAU

Officers of Princes Conspicuo

A despatch from Lone The Official Gazette anno Major A. H. Gault, of Pr tricia's Canadian Light has been decorated with t guished Service Order, Lieut, W. G. Colquhoun Papineau, of the same have been decorated with tary Cross. The decore for conspicuous bravery. Lieut. Papineau was in the first party of the d led by Lieut. Crabbe at which exploit was mentio John French's despatch recently. The two other were led by Sergeant and Company Serger

Major Gault is honored spicuous gallantry at S Sebruary 27 in reconnois close to the enemy's no btaining information value for the attack carr

ZEPPELINS

Dropped Many

Counties, Sli Two Zeppelin airships v east coast of England s midnight Thursday, bombs on several towns,

siderable damage to pro far as has been ascerts one person, a woman, w It is said she was only sl The airship dropped 1 Malden, in Essex Count north-east of London. building, a workshop Road, was damaged. also dropped in the Hel sin, 2 miles across the i set fire to some building ships came up the Black and over the Marshes around.

AIRMEN SHEL GERMAN Bombs Dropped on Buil

ing Kaiser's Lea Generals. A despatch from French troops have ma advances at wide points of the battle line region of Arras after tested fight, and anothe where a gain of nearly made. In the fighting thern part of the line drove the Germans at t point from the hill es

Dame de Lorette, con

drive toward Lens and taken last month. A notable feature of tions was the bombs French aviators of se occupied by the Ger aviator flew over the C at the centre of the line five bombs on the buil pied by the Imperial at Charleville and Mei towns where for the fi headquarters of the G general staff has been cated, are adjoining towns on the Meuse, in ment of Ardennes, ab below Sedan. This some ten miles south of Belgian frontier and 3 of the German battle Argonne. All the pr the buildings housing staff, according to the port, which states that visit was in the nature

al for the bombardme by a Zeppelin. It is also announced ron of 15 aeroplanes successfully on the m ings of the Germans The machines were st At Les Eparges the livered three counter

German artillery st Bethune, France, is

Over 1,000,000

an attempt to retake

Ships Have A A despatch from Great pride is taken during the eleven we German submarine transported more than men by water. Five the total losses in the of the Admiralty siz

Turks Ma

ning of the war. A has been established

port of horses from

A despatch from The Turks are daily t in the Gallipoli Per cially at Kilid Bahr, heavy guns which around Constantino