

NOTES AND COMMENTS

The militarist philosopher holds that war is necessary as the moral tonic of nations, a terrible but inspiring and strengthening ordeal, necessary antidote for the auto-intoxication of peace.

War itself does not prove it. In fact, it tends to prove the opposite. Green civilians do not fight as well as seasoned soldiers.

Mankind is very far as yet from a pasty of its destiny, and life for almost all men holds enough of struggle to keep us from getting very flabby.

Now throughout the country, and especially in our great cities, thousands of men and women are undergoing the drastic discipline of cold and hunger and anxiety.

SIR EVELYN WOOD

Says Allies Will Be Successful by End of Present Year.

The following expression on the general war outlook was made to the New York World by Field Marshal Sir Evelyn Wood.

Promising that I have no official knowledge, I state that I am confident, with God's blessing, of the success of the allies in our righteous cause in the coming year.

Under the Crown I have made a continuous study of war problems since 1861.

All war students realize the betterment of the French army since 1870.

I feel sure that the British, who began most reluctantly, will fight on until the allies attain their object.

There's a lot of dead timber in most family trees.

HEALTH

Adiposity. Adiposity is the medical name for excessive fat; it means the same thing as corpulence or obesity.

Although fat people are not always great eaters, and many thin people eat a surprising quantity of food, it is nevertheless in general true that those who eat more than they need are likely to grow stout.

Anything that increases oxidation tends to lessen fat, and therefore stout people should practice deep breathing, in order that the body may burn up its waste materials rapidly.

The Care of the Hair. There are two things that the hair must have in order to preserve its health and beauty: perfect cleanliness and a good circulation of the blood in the scalp.

Washing seems to make the hair too dry, rub in a few drops of some bland oil after the shampoo.

EARLY SUBMARINE MINES.

Used First During the Siege of Antwerp in Elizabethan Days.

It would seem that the first appearance of mines in warfare was during the siege of Antwerp in Elizabethan days.

As to the national spirit, I have seen it in many units of the new army.

Men are always late. I have waited here since 5 o'clock for my husband to come, and it is now 7:30.



This photo which has just been received from Constantinople, shows the Turkish High Priest Sheikh-Ul-Islam proclaiming the Holy War in front of the Mosque of Faith.

THE SUNDAY SCHOOL LESSON

INTERNATIONAL LESSON. JANUARY 17.

Lesson III. The Call of Gideon. —Judg. 6. 11-40. Golden Text, —Psa. 65. 4.

Verses 11, 12. Sat under the oak which is in Ophrah.—This is another instance of a sacred tree particularly used on a great occasion.

Gideon was beating out wheat in the winepress.—A most unusual proceeding, as the wine was pressed out frequently in the inner cleft of a rock arranged in the nature of a winepress.

To hide it from the Midianites.—Everything which the Israelites possessed was in grave danger of being taken by the enemy.

13. Oh, my lord, if Jehovah is with us, why then is all this befallen us? —The angel of the Lord came with an assuring greeting, "Jehovah is with thee."

14. And Jehovah looked upon him. Here the statement is direct—not the angel of Jehovah, but Jehovah. Gideon's eyes are open to the real import of the message that is coming to him.

Go in this thy might, and save Israel from the hand of Midian: have not I sent thee?—There is no account taken of the complaint of Gideon.

Young Folks

In the Alps.

"Tell us about it," urged the children. Aunt Gertrude laughed, and said that she would tell them.

"That was in the Alps," said Aunt Gertrude, "and the little village is on the road that the great Napoleon built through the Simplon Pass.

"Yes," said Aunt Gertrude, "it is very old, and is of the kind common in those mountains, low and heavily built."

"I wish that I could go to the Alps," said Kenneth. "Perhaps you can't all go some day," said his aunt.

Addressing the recent annual meeting of his shareholders, the chairman of an important London industrial company said:

Subscribers to a War Loan. The British Government in the view of the London Statist, "has provided itself, through the great loan, with the means of financing the war until Midsummer, at all events."

IN A TIGHT CORNER.

A Hunter's Close Quarters With a Rhinoceros.

It is years since I first shot one of these survivors from prehistoric times, says a writer in the Field, but even now, when I gaze at his horn as it boldly protrudes from the wall of my den, the thrill comes back almost as vividly as when I first caught sight of his slate-gray bulk against a pale background of short grass.

Off he went—away from me, I am glad to say—at astonishing speed. I fired again; but my shot only made him run the faster, and he disappeared over a gentle undulation.

After five nervous minutes of this suspense, there came an accidental cough from my gunbearer. With surprising quickness, the huge pachyderm rose and charged like a streak of lightning.

Looking Out for Themselves. The two servants met. "Does this war they're talking so much about make much difference to you?"

"The missus says we've got to economize, so we've to have margarine at meals in the kitchen."

"I trod down the pebbles in mine anger, and I poured out their life blood on the earth."

It appears that this same phenomenon has occurred several times in the history of the place; the last time was about 220 years ago.

God Is Not Vindictive. But He is most certainly inexorable. Sin is not visited by divine wrath, but it is most certainly punished by divine justice.

Fashion Hints

The Classifying Sleeve.

By their sleeves you may know them. That has been true of the frocks of to-day.

To be sure the new evening gowns have no sleeves, but this absence of sleeves is characteristic of the style as any other sleeve detail would be.

There are some interesting imported coats made of big shawls or steamer rugs, with fringe around the bottom and edging the cape section that falls over the sleeves.

Ornamental hooks and eyes of black and white celluloid, are used on some of the new models.

Lloyd George's Cheerfulness.

The most wonderful thing about Britain's Chancellor of the Exchequer is his cheerfulness and confidence at all times.

"Mamma," said Elsie, "I wish I had a real baby in the go-cart." "Why?" said the mother.

Such a Hatred of Violence, such a quickening of compassion and brotherhood as the world has never felt before!

Such at least a shield be our prayer, and God helping us, our resolve, as the old year of disaster passes into the new year of promise!

AID TO

Dairymen Ca

A despatch from P. It was a "call to duty" to rally to the aid of Mr. C. C. James.

Send Food as Well. The first appeal was made by conference countries of the U.S.A.

FROM MERRY DE. NEWS BY MAIL. BILL AND HIS OCCURRENCES IN THE RETIRED SUPREMACY.

There are no lack of tracks in Britain. The first 800 miles of the London & North Western Railway was laid in 1825.

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