

GREEN ISLE

FROM IRELAND

the Emerald Isle of...

James J.P. Cross...

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NOTES AND COMMENTS

Mrs. Havelock Ellis, the English lecturer on "sex problems," believes the gambling element in marriage can be eliminated by having the couple live under the same roof for two months previous to the marriage.

Has it ever occurred to Mrs. Ellis that one way to increase this gambling element is to be eternally talking about "sex problems"?

It is hard enough for a good many people who really love each other to get over the inevitable discords of married life without having those discords given a philosophical and scientific basis.

Great Britain has declared a protectorate over Egypt and thus deprived the Khedive, who is in Vienna, of about \$600,000 a year.

The Union Jack will now fly from the Cape to Cairo. There is a small piece of German territory on the road called German East Africa which, no doubt in due course, will be incorporated in the British Empire.

"MOTHER" ON FIRING LINE

She's a Big British Howitzer Who Pounds "Black Maria."

A British officer sends from the front a grimly humorous description of the recent additions to the artillery arm of the expeditionary force.

"Our artillery," he writes, "is being gradually reinforced and we are able now to reply to the German heavy howitzers with shell that is even weightier than their much-vaunted 'Black Marias'."

Professional Conversation. Highwayman—Law! Why, I know more law than most of your lawyers!

Anything in That Line. Grateful Patient—Doctor, how can I ever repay you for your kindness to me?

Time isn't always money to the chap who does a credit business.

HEALTH

Skin Troubles and Diet.

There is reason to believe that there is a close connection between many forms of skin trouble and the diet. One significant thing is the singular stubbornness of many skin disorders and their mysterious tendency to recur even when the physician continues the form of treatment.

That common characteristic has set the physicians searching for some common underlying cause. As a result of their investigations, it is generally believed that there is a direct relation between the metabolism—that is to say, the chemical changes by which food is transformed into body tissue—and the condition of the skin.

But although we accept it as a fact that many kinds of skin trouble are dependent on the diet, it is still necessary to experiment with each case until we have found the particular diet that is best for it.

In making a mustard plaster use the white of an egg instead of water. No blistering of the skin will be caused.

Health is to be judged, not from weight and bigness, but from firmness of flesh, redness of cheeks, and straightness of bone.

Paint warts with tincture of iodine once a week, and rub carbonate of soda into them each time after washing the hands, and they will quickly disappear.

So many sufferers from indigestion make the fatal mistake of thinking to lessen the evil by not taking a sufficient amount of nourishment, but this is one of the worst things that can be done, for by not giving them a proper amount of work to do the digestive organs get still weaker.

A day or two in bed is one of the best cures for a slight cold, especially if a child is delicate. Don't coddle a child, but all the same do not attempt the process called "hardening" by some mothers.

TRAVELING FORTS.

Now Being Used in the Field of War in Western Europe.

Although an engine new to warfare, the armored motor car has proved extremely useful, especially for outpost and scouting duty. Fast, silent, and mobile, it covers a vast amount of ground on the splendid roads that crisscross the field of war in western Europe.

The river Kishon.—This river flowed at the foot of Mount Carmel. It was poetically called "The Waters of Megiddo" (Judg. 5: 19). The Kishon was a swift-flowing, turbulent stream.

Barak said, if thou wilt go with me, then I will go; but if thou wilt not go with me, I will not go.—It is strange that a warrior, used to battle, should be afraid to go into the conflict without the presence of a woman who presumably knew nothing about warfare.

Our Language. The Frenchman asked an English sparmaker what he was making.

There may be germs in kisses, but every girl thinks she is immune.



A Real Canadian Contingent at Salisbury Plain.

From left to right are: Mr. W. R. Critchley, Captain A. C. Critchley, Captain O. A. Critchley, and Mr. J. A. Critchley. Captain O. A. Critchley is a Canadian owning a large ranch in Alberta who has taken all his sons to serve Great Britain in the war.

THE SUNDAY SCHOOL LESSON

INTERNATIONAL LESSON.

JANUARY 10.

Lesson II. Deborah and Barak Deliver Israel.—Judg. 4: 4-23; 5: 1-22. Golden Text. Psa. 34: 17.

Verses 4. The wife of Lappidoth.—Deborah was a married woman. She was a wife in the home, and, undoubtedly, the mother of children. This is a very early evidence that great leadership in the world is not inconsistent with wifely and motherly faithfulness and attention to the duties of the home.

5. Dwelt under the palm-tree of Deborah between Ramah and Bethel in the hill-country of Ephraim.—Because of the incursions of the Canaanites, it was no longer safe for the Israelites to have their seat of government in the plain.

6. And she sent and called Barak.—Deborah saw very quickly what was the greatest need of Israel, and she also discovered that the time was ripe for a decisive blow.

7. The river Kishon.—This river flowed at the foot of Mount Carmel. It was poetically called "The Waters of Megiddo" (Judg. 5: 19). The Kishon was a swift-flowing, turbulent stream.

8. Barak said, if thou wilt go with me, then I will go; but if thou wilt not go with me, I will not go.—It is strange that a warrior, used to battle, should be afraid to go into the conflict without the presence of a woman who presumably knew nothing about warfare.

9. And she said, I will surely go with thee.—Doubtless there was considerable argument between Deborah and Barak before she finally agreed to go.

10. And Barak called Zepulun and Naphtali together to Kedesh.—These tribes were very quickly rallied, for we read that there went up ten thousand men at his feet.

up ten thousand men at his feet. "At his feet" is a very picturesque expression to indicate the eagerness of the Israelites to follow the call of Deborah and Barak.

11. Now Heber the Kenite had separated himself from the Kenites.—This verse seems to be introduced to show how it was that Sisera (see verse 17) could flee away to the tent of Heber the Kenite for refuge.

12. And they told Sisera.—The news of the movements among the Israelites was brought to Sisera in his headquarters by his scouts. Sisera gathered together all his chariots, even nine hundred chariots of iron.—These were the awful implements used by the heathen people against the Israelites.

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14. And Deborah said unto Barak, Up.—Deborah was close at the side of Barak, as Barak evidently was depending entirely upon her. He moves when she commands.

15. And Jehovah discomfited Sisera.—The Israelites fighting for Jehovah, under his leadership. When a battle went in favor of the Israelites, it was because they believed Jehovah discomfited the enemy.

16. With the edge of the sword.—As already stated, the fighting of the Israelites with their enemies was hand-to-hand conflict. It must have been fierce in its contact.

17. Sisera fled on foot to the tent of Heber the Kenite for refuge.—Sisera evidently was a coward. He left his men to their own discomfort. He himself would flee to safety.

18. Barak pursued after him.—Barak captured and taken away by Tiglath-pileser, Josephus says that the city lay between Galilee and the Tyrian border, and that it was in the hands of the Tyrians, who were continually fighting with the Israelites.

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Young Folks

The Races on the Great Hill.

Rachael's new sled would hold two children, but it never held more than one. Barbara's old sled was made for one child, but it usually held two, and often neither one was Barbara.

On Saturday there were to be races on Great Hill. Great Hill was wide enough for two sleds to go down side by side.

Barbara was as much interested in the races as Rachael, but she did not put her sled away.

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FROM WERRY OLD ENGLAND

NEWS BY MAIL ABOUT JOHN BULL AND HIS PEOPLE.

Occurrences in the Land That Reigns Supreme in the Commercial World.

The price of bread in Birmingham has now advanced one cent per four-pound loaf.

Damage estimated at \$100,000 was caused by a fire at the works of Miller, Son & Co., printers, Wakeham.

A German gull has just been shot by Mr. A. Vaux, of Sheffield. A ring on its leg read "Rossiter, East Prussia."

A large number of struggling hen-house keepers in Bolton have decided to give up business rather than pay the increased hen tax.

At Langleybury (Herts) parish church Mr. J. Walker has just completed his 50 years' service as foreman of the bell ringers.

It is notified that a temporary commission as lieutenant-commander Royal Navy Volunteer Reserve has been issued to the Duke of Westminster.

The Lancashire and Yorkshire, and London and North-Western Railway Companies propose carrying out important electrification schemes in their systems in Manchester.

The War Office have in preparation a new concentration camp for German prisoners at Stratford, where accommodation will be found for between 800 and 1,000 men.

The Mayor and Corporation of Banbury, with the assistance of leading inhabitants, have furnished houses for the reception of Belgian refugees.

Twenty thousand territorial of the Home Counties division are now arriving for training at Windsor, Staines and Egham, where arrangements have been made for their billeting.

Rejected by the doctors for physical reasons, Percy Hobson, son of Councillor Hobson of West Bridgford, has undergone an operation at a cost of \$150 so as to fit himself for action.

One child was burnt to death and two others severely injured in a fire which occurred in Burly Street, Bethnal Green, caused, it is supposed, by the children's clothing catching fire.

The Home Secretary has declined to confirm the recommendation of the Southampton Licensing Justice that local public houses should refuse to serve women after five o'clock in the afternoon.

The first contingent of Indian wounded soldiers to be treated at Brighton have arrived there and are quartered in the Royal Pavilion Buildings which have been converted into a hospital.

Having just missed the first Canadian contingent, Mr. J. Peters, a bank clerk of Prince Rupert, travelled over 7,000 miles to England at his own expense to enlist in the Canadian regiment.

Notes have now been placed by E. P. Lancashire, that "owing to the alteration in the map of Europe" the price of beer will be increased by one cent per half-pint.

Although 60 years of age, Mr. Albert Gambrell, of Chatham, is still serving as a school instructor at Portsmouth. Six of his sons are at the front, and a seventh is in the Australian navy.

At the request of the War Office the Metropolitan Asylum Board have arranged to provide what accommodation may be necessary for cases of dysentery, enteric, scarlet fever and diphtheria, occurring amongst the soldiers.

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Fashion Hints

Fads and Fancies.

In the most expensive coats the flare at the bottom is extremely wide.

Blouse shaped corsages are seen among the new dresses of the half season for debutantes.

Black and white chintilly over white or flesh colored linings are much used for pretty blouses.

It is whispered that the severely tailored suit will be ushered in with the mid winter fashions.

Use the charmeuse dress, which is no longer smart, for the foundation of the gown of lace.

One of fashion's fancies is the wearing of a bright velvet rose on the lapel of the velvet suit.

A skating costume of green corduroy, trimmed with white fox, is extremely becoming and smart.

Scotch plaids in silk and wool will play an important part among young girls' dresses this spring.

Military blouses are being made of flesh colored crepe de chine with high military collars and white silk braid binding.

Hats range from the small Scotch hat, set at an absurd angle, to the picture hat, rather laden and with flapping brim.

Not so heavy or expensive as the fur coat is the coat of velvet and it can be put to the same purpose as the luxurious fur coat.

There is a new material being used that closely resembles corduroy. It is called crystalline.

In evening gowns of the type of 1890 the sleeves are in small puffs, finishing in a hard, straight line around the arm.

A charming military hat is known as the Petrosgrad—a sort of peaked Tam o' Shanter, with a band of fur close to the head.

Hand made trimming is the proper thing on mourning military. There should never be a wealth of aigrettes, feathers, or flowers.

In spite of the rivalry of the one piece frock and the topcoat the suit and blouse are still the most important items of clothing.

The slender woman will be becomingly dressed in a suit with a draped waist line, with a straight sash of the material used in the suit.

The jumper suit is fashionable, becoming and economical, as it can be made from two or three yards in the piece trunk.

Cape styles have been accepted so broadly that they have exerted their influence in every part of woman's dress from caped collars to caped slippers.

The black gown is doubly economical because it can not only be worn longer than other gowns, but because bits of chiffon, velvet, and net can be utilized in it.

When choosing fur trimmings the color of the fur should be given careful attention. Brown fur looks best with brown, pink, and yellow; black fur is better with blue, green or red.

A Goner.

"Pa, a man's wife is his better half, isn't she?"

"We are told so, my son."

"Then if a man marries, what does he get out of it?"

Life is short, and our brother men are like ourselves, very imperfect. It is best to judge all exactly, to resent nothing too bitterly, to forgive much, and to smile over many things.

OUR GREAT DEBT TO AFRICA

The Voice of That Country In Its Misery Must Have Reached Up to Heaven

"I am debtor both to the Greeks and to the barbarians."—Romans 1: 14.

Ask a man how much he owes and he instinctively thinks of money. Yet one of the most easily paid debts is that for mere money; the hardest, that which cannot be settled for cash.

There are honorable debts and dishonorable debts. Nations are indebted to nations, Christendom is in debt to the heathen world.

What do we owe to Africa? For centuries it has fallen to her lot to suffer a long series of injuries from other continents.

Slave traders spread massacre and misery along her coasts and far into the interior. The advent of other races throughout the ages has been associated with rapine, constant spoliation of goods and estate and with poisonous alcohol.

European nations of "light and leading" have stolen millions of square miles of territory without right and without compensation, solely by the power of sheer violence. And, to counterbalance all this wickedness, what has been done for her?

Then God sent the valiant and holy Livingstone, the patient heroic Moffat, the daring martyr Hannington and the saintly Mackay, who in the breach and turned the tide of wrong.

In their wake have followed noble men and women who, by their splendid endeavors have done much to bring a new hope to a well-nigh hopeless people. The work has been slow, but founded upon the rock.

Christ has been re-erected in the house of his friends. But is this the end? Nay, for Africa is only the beginning. Christendom has tried to pay back something of its debt to the barbarian. The gospel has still its ancient power. God Almighty is working with the faithful and the Dark Continent, the whole world, will yet lie conquered at his feet.—Rev. James H. Conner.