SONABLE EFUSED. son & Sons. West, Toronto.

ow Filling ble lcing of whites of eggs_ nd is very ecowill not crumble sily prepared. A

as wholesome as iddition to your ou will welcome. e loud in their e pride in your stamps or coin package, postworking direc-TT CO., INC.

St. W.

velling sand on to rest and to he labor ques s mighty hard "It is indeed, and of work is r could get it?" her, leaning reshovel, "for 3 sinces. I think a Bishop.

ires Diphtheria.

EN eater when tem.

ed to rarm

Foolish Young Man;

Or, the Belle of the Season.

down and take your make you happy, Staf- of defeat? There is your rival! Let her to not be alraid;" her eyes see with her own eyes your triumph and

you Mande," he said, gravely,

co might not see the shame in his eyes. grave and set. Has did you come?" she asked, pre-If my father were only at home! voice. "Some other timeam staying at The Woodman, " he catch her quite easily."

eyes and she regarded his averted face | make Miss Heron's acquaintance.'

moment he had returned; what did it calousy, which threatened to burst forth visient reproaches and accurations; elacts us now now that you have come

she needed against him and touched his

ed: "but, ah, we'll! love casteth out A servant knocked at the door.

you like; you are load and master."

racked with hate and jealousy, which horse itself must fall and throw her like the barder to bear because she a stone down the steep hill

red with joy at sight of his master. loure looking well, and the horse is to pull up in time. oo. Haloo! you've put the side-suddle on

quite sure he likes me," she added, with tate for a moment.

impossive expression of the trained ser foot almost out of the stirrup, felt Ruvant who connot speak out.

No. no," she said; "Adon's is dying for she flung her arm aerco; her eyes. a gallop; see how he is fretting."

A moment afterwards, a shrill scream,
Stafford looked at the horse coriously. that rung in her ears for many a day He was champing his bit and throwing up afterwards, rose above the elatter o his head in a nervous, agitated manner Adonis's hoofs, and before the cry had which Stafford had never seen him dis- died away horse and rider had fallen with

the place," eaid could not thrust from him; he was going him to do so, and he lower stains from white flanthe hard and stony road of duty which the hard and stony road of duty which hand over Maude's heart. It was quite to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ought he not to tell Maude about to him. Ida and his broken engagement to her; would it not be better for both of them. for all of them, if he were to do so? He re-opposed to our mar- would have to tell her that he could not he know that I would marry you live at the Villa; she would want to know the reason; would it not be better

she had recovered from the He raised his head to begin; when sudthat of his sudden presence, and was dealy he saw, going up the hill in front wated boards him so close that she could of them, a horse and horsewoman. She her hand-calm now, but | was welling up slowly, and, long before her figure stood out against the clear sky, a weary month past. He had exaggeration to say that his heart stood stild. That she should have appeared be and Americalia; telling her less even | while he was riding bosile his future wife Ida; and it is needless | -his future wife-filled him with binterness. His face must have paled, or Maude must have seen him start, for she looked were fixed. She recognized Ida instantly; to ride away, escape from the girl she entitled "To England." moved by another impulse; the demon of

> d her hand stole towards his your happiness." The temptation was too great for her, and she yielded to it. "Who is that riding up the hill?" she said, controlling her voice admirably, "It is Miss Heron, is it not?" "Yes, it is," he said, as impassively he could.

Are rough who cares? Not I! I only Her lips curied scornfully at his as-"I have seen her and met her," she said but I have not been introduced to her Let us overtake her, and you can intro- For the grave can gain no victory, per and salt to well moisten and Cooks Held in High Esteem After Britain to be fattened in the Luself-re- duce me. I should like to know her. "Is it worth while?" he cald in a low "Why not now?" ehe asked. "We can

The moment had come for him to tell Last night! Late, do you mean? Did "Not now," he said, huskily. "I have comothing to tell you, Maude; something Here was a dawning suspicion in her you ought to know before before you

hearly; she noticed that he hecitated and | She turned to him with a low laugh. 'Do you think I don't know?" she said, No one you know," he replied, feeling between her teeth. "I have known- all that it was impossible for him to speak along! I read the letter you wrote to her -I got it stole it, if you like-from Pot-How do you know?" she asked, with a tinger. I have known all along do you | not think I have been very patient, very I me Ma He ondale of Herondale," discreet? Even now I bear no malice. he said, trying to speak casually, and can forget the past, forget and forgive. soldering what the would cay, hoping Why should I not, seeing that I am acourferreary that she would ask no more ed of your love and good faith? You will see how completely I forget, how little imher face, her eyes postance I attach to your fancy for the fished and her lips tightened; but she girl; a fancy which I am sure you have del not speak as she moved away to the quite outgrown. Ch. I can trust you! We wind w. wanding there looking out, but will join Mios Heron by all meane.

steing nothing. He had gone to her the His face was cark and heavy. "Do not, Maude, until you've heard men's But she dared not ask; for she all," he began, but with a scornful laugh e'y how slight was the that yet had comething doubting and dechain by which she held him. With an sperate in it, she sent Adonis on. He effort the rearrained the rage, the fierce sprang forward nervously and shivering under a stroke from her whip, and swiftly lessened the distance between him and and after a minute or two che turned to kupert, who heard his approach before Ido did, and who neighed a welcome, Ida Have you made any plans, Stafford?" turned and saw who was following her, My father was speaking of saw Stafford just behind, and guthering he thought of writing to her reins together she rode Rupert quick-"M'es Heroa!" eried Maude, in a voice had See, I speak quite frankly. My fa- of covert incolence, but almost open tr-

her thinks thinks that our marriage umph. "Miss Heron, stop, please! thought take place at once. He has with- Ida did stop for a moment, then, feeldrawn he objection, and and you will ing that it was impossible for her to meet not thwort him, Stafford? It is hard for them, that day, at any rate, she let Rume to have to say this; but-but you will pert go again. By this time Stafford had almost gained Maude's side. His face was I understand," he said in a low voice. dark with anger, his teeth clenched tightam grateful to your father. Our mar- ly. He knew that Maude intended to the shall take place as soon as you fount her possession of him before Ida. plane. It is for you to fix the date, In a low but perfectly distinct voice, he

"Stop, Maude! Do not follow her!" She looked over her choulder at him, I am ashamed of myself," she murmur- her face flushed, her eyes flashing. "Why not?" she demanded, ccornfully, "Is she afraid, or is it you who are afraid? Both, perhaps? We shall see!" Before he could eatch her rein she had ting whip, and with a shake of his head I will send the horse away-unless you and a enort of rage and resentment, he will ride with me. You will, Stafford?" stood on his haunches, for a moment. he said, glad of the inter- then leapt forward and began to race realism to this tete-a-tete which had been | down the hill. Stafford saw that the horse had bolted, either from fear or anger; he I will not be five minutes," she said, knew that it would only increase Maude's You'd like to go over the peril if he galloped in pursuit behind her; They shall bring you something he, therefore, checked his horse and made, to drink in the smoking-room, or here, if in a slanting line, for a point towards which he judged Adonis would go. Meanhad rung for her maid, paced up and in which she could only keep herself by feveribly. He had gone to that clutching at the pommel; it seemed every

she knew of her rival. of course, quite fearlessly and safely, and after they were married, she had Rupert so well in hand, as usual, im: but not till she was safe. that when she heard the clatter behind into her habit quickly and went her, and turning, caw the peril in which down to him. He was standing where she | Maude had put herself, she was able to of what had occurred the other day; but Is the cry of all thy peoples; her with a smile, how haggard and har- this time Maude Falconer's peril was infinitely greater; for her horse was half mad and tearing down the steep hill-side, You I am learning one of my wifely rendered doubly dangerous by the loose duties not to keep my husband wait- stones, and was all too evidently indifferent whether he stood or fell. And yet Pacy went out, and Pottinger standing another risk lay just below; for William by the horses, touched his hat and grew had been digging in that spot for stones to mend the bank, and even if the maddened horse saw the hole, it was more Well, Pottinger! Glad to see you!" dened horse saw the hole, it was more and Stafford; and he was genuinely glad. than probable that he would not be able

Such moments as these form the cridon's," he added, as he went up and pat- terion of true courage. There was only tempt to cave, the white-faced woman You wir: Miss Falconer's been riding who was drawing towards her at breakhim, and I did not know that I ought to neck speed. What she would have to atchange the saddle. I can do so in a min- tempt to do would be to ride straight for No. no." said Stafford, "never mind. I reached it, and keep side by side with wid ride the hunter, as you have the it until the could succeed either in turn-

put her up, and noticed, with moment she forgot that the woman whose ome surprise, that Adon's seemed rest- life she was going to cave was Maude and all at case, and that he chivered and chrank as he fe't Maude on his back. or, if she did, she was indifferent to it— What is the matter with him?" he said. that she was risking her own life to cave the woman who had robbed her of Stafthese months you've been away seem like fell on Adonic's recking neck. With a

stant, then, as if she could look no longer terest in life.

afford was by her eide, and at work extricating woman from horse. It was not an easy task, for though Adon's reas now dead, of a broken back, a part of Maude's body lay under his shoulder; but with almost hereulean exength Stafford succeeded in getting her clear, and lifted her out of the hole on to the grass. Kneeling be ide him, Ida, culm now, but trembling, raised Maude's head on her knee and wiped the blood from the beautiful face. Its loveliness was not marred, there was no bruise nor cut upon it, the

there was no bruise nor cut upon it, the blood having flown from a wound just beter and tried to force a few drops dish. It is called vegetable mould off the vessel.

Chrough the elenched teeth, while Ida and can be made from almost any bathed the white brow. Suddenly a tre-

at her, said:

"It is of no use. She is dead!"
(To be continued.)

"To Fight Till Men Slay Men No More"

son of Senator J. K. Kerr. It is

To England. Oh! mightiest mother of nations, Thy peoples hear thy call. Strike with thy sword and vanquish Thy foe that's the foe of all!

Steady thy hand for the struggle! Hark to thy peoples' strain! battle Have passed, but not in vain.

The sting of death must cease;

For the lives that are lost for free-Are gained for a blessed peace.

From the swellen lips of the dying. Parched with a fevered thirst;



Lieut. Stanley C. S. Kerr.

From the broken hearts of thy

Comes a cry 'gainst the Prussian

For the grief of thy womenkind, Who sit and suffer in anguish,

For thy Empire's snow-white before serving.

In the war 'gainst gruesome gain: Let thy cannon rear with anguish, Let thy armies strive and strain, ding, cheese pudding, etc.

And his race hath ceased to reign

Fight on to the end and conquer! And run thy course to the last,

Is the prayer of those who've passed. Purge out the pride of this Caesar Humble him down to the dust! Strike out his sword from its scab bard!

Leave it to mould and rust!

Fight on! Fight on! To the finish. While our lifeblood flows within, Till we've crushed and conquered Caesar.

And we've cleansed his blood-ful

Till freedom's cause has triumphed, Till men slay men no more, and you have the it until the could succeed the hole, or the sword is smashed forever, suite and the sword is smashed forever, And the nations cease to war.

-Stanley C. S. Kerr.

Brace up. The following advice is not new, Yes, sir, said Pottinger, with a half-nervous glance at Maude, followed by the that was enough for Ida. She elipped her but it deserves to be repeated and borne constantly in mind :-- "Resist "He is troublesome sometimes," said ward and whispered a word to him, the first inclination to stoop. Brace ning or fading. wise before a mirror and allow the is quickly apportioned, a quick out were called in by the rich back to curve forward, then grad- and the drop cooky falls into place sions of brilliant festivity. the bow. As they drew near the flying back to curve forward, then grad- and the drop cooky horse. Ida shifted her whip to her left ually to straighten it will convince on the baking tin. horse, las eninted her right should be tree, anyone that, with every inch that is The celery and cheese sandwiches a respectable profession, becoming early as 1544; how much earlier I times another, but here again Porand stafford rode out. The rain had ceast could with safety, the made a snatch at from the appropriate from the ap ed, the clouds had passed away, and in Adords's rein at the moment che came from the apparent age." Women is mixed in with the cheese, which we turn to Rome we find ed cifros (ciphra means a cipher, for as its place was immediately bethe joy of his nearness, her opicits rose, alongside him. She would have caught adopt many and varied methods of is finely grated, the celery being to glotton; and cifron is mixed in with the cheese, which adopt many and varied methods of is finely grated, the celery being to glotton; and cifron is merely argumentation and cifron is merely argumentation and cifron is finely grated, the celery being to glotton; and cifron is merely argumentation and cifron is mixed in with the cheese, which is finely grated, the celery being to glotton; and cifron is mixed in with the cheese, which is finely grated, the celery being to glotton; and cifron is mixed in with the cheese, which is finely grated, the celery being to glotton; and cifron is mixed in with the cheese, which is finely grated, the celery being to glotton; and cifron is mixed in with the cheese, which is finely grated, the celery being to glotton; and cifron is mixed in with the cheese, which is finely grated, the celery being to glotton. the rein, she might have stopped the holding on to a youthful figure, but put through the mineing machine. to gluttony. The Ancient Roman,

The Ancient Roman,

The Ancient Roman,

To keep curtains from blowing in her seat by the nearness of her would volves no deception or artificiality.

Stafford, she said. "How be receiver, raised her whip and atruck to represent a monetary unit, as ap
thought I should have you back. His across the bescen and across the bescen are the bescen and across the bescen are the bescen and across the bescen are th little I thought I should have you back Ida across the beson and across the beson are the beson across the beson and across the beson ac again, my own, my very own! Don't all otretched hand. The blow, in its finish, in old age as they were in their It will make the curtains hang diet. But foreign victories brought given in the Portuguese dictionaries into account dream to you's They do to me." She good he tore away from the other horse who "let evenly and without constant stir- foreign manners, and luxury made of Viera, Moraes Silva and in the drew a long breath. "Let us ride across and swept onwards, with Maude once themselves go" and sink into an apring in a breeze. You will find it wet there, had you not at her in speechless terror for an in-

His First Company. An English recruit was stopped in | time. died away horse and rider had lairen with the street recently by an officer for If you have any icing left over prandium, which consisted, in sim-"I cannot make the horse out." he said. came a dead cilence, broken only by the more to himself than Maude. "Perhaps cound of the horse's iron choes as he confessed his ignorance of the received and large and confessed his ignorance of the received and large and confessed his ignorance of the received and large and "I cannot make the horse out," he said, more to himself than Maude. "Perhaps be all right after a gallop."

They crossed the read at a toot, which was an unaven one on Adonis's part, and get on the moor. Maude, still in high registres till buoyed up by her feeling of trumph, taked contenuously, telling him some of the London news, planning out the officer, the contenuously telling him some of the London news, planning out the future. They would have a house future. They would have a house part in London. Stafford should take his proper place in the world; they would step back into the high position which was his mot the high position which was his mot the high position which was his mot depressed with blood, and battered by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Sthe realm. Stafford was accorded by right, as a peer c. Stafford should be realmed to the borden news accorded to the broken news to distinct table, with a pleasant addition of eggs, vegetulations (having only just enlisted), and trace, it the cake is iced, spread it on buttered crackers and sprinkle with nuts, raisins or dabs of peanut butter.

If the turkey is not very fat, and trace, it the cake is lead, sprinkle with nuts, raisi

Vegetable Left-Overs.

The English have an odd way of breath met them. For a moment or two also some cold carrots and turnips, egg and glycerine. Leave for an brenze held two baskets of olives, ldu's ministering hand, and looking up keeping each vegetable separate. hour and wash them in the usual white on one side, black on the Add to each a little melted butter | way. and season with pepper and salt. Never throw away cake, no mat- covered with honey and poppy seed, Grease a small mould and put the ter how dry, but the next time you hot sausages on a silver grill, and vegetables in in layers. Then bake bake a custard, slice the dry cake beneath them damsons and pomeor steam until the mould is hot all on top just before you place it in granate seeds. But a Reman direct through. Turn out carefully and the oven. This makes a delicious serve. Other vegetables may be caramel. used in the same way, and the light- Bake pastry in a hot oven; this er the color of the vegetables the will expand the air in it and thus more unusual and attractive the lighten the flour. Handle pastry as mould will be.

The following poem was written "Colcannon" is another English Use rolling pin lightly and with by a young officer-Lieut. Stanley dish, simple to prepare and seldom even pressure. S. Kerr, of the 10th Royal Gren- seen in this country. This is made | Flannelette may be rendered nonthe color rushed to her face; her hand adiers company, 20th Battalion, a from cold left-over cabbage and po- inflammable by rinsing it after tatoes. Cut the potatoes in slices washing it in alum water. Dissolve and fry brown in dripping; when two ounces of alum in a gallon of they are browned add the sliced cold water. cold cabbage and fry lightly to-

gether. Season well and serve. A puree of peas, made in very FOOD THE ANCIENTS much the same manner, offers a solution for left-over peas, and may also be made with the dried peas if they are soaked and boiled a suf- NOT SO VERY MUCH DIFFER-That the lives which are lost in the ficiently long time. Mash and press the boiled peas through a sieve. Place them in a saucepan and stir into them enough hot milk and pepseason them; add also butter and very little sugar. This may be served like mashed potatoes, or il preferred it can be turned into baking dish and slightly browned in

Uses for Stale Bread.

when made from yesterday's bread wines. and to make good toast is no mean covered dish.

ed. Pour over it a little boiling wa-

a few minutes to steam. Put into a saucepan one teaone cupful of milk. Cook until willingly. Whom the dead have left behind. slightly thickened and add a saltspoonful of salt. Pour this thicken-For the life of thy love and honor; ed milk over the softened toast just

puddings, such as bread and butter pudding, apple Betty, plum pud-

Useful Hints.

Whiting and ammonia are best for cleaning nickel. Vinegar placed in a bottle dried-up glue will moisten and

make it liquid again. To keep irons from rusting rub with mutton fat and wrap in brown paper before putting away. Cereals will not become pasty in

cooking if they are stirred with a plated fork instead of a spoon. To soften brown sugar when it has become lumpy, stand it over a their food. The three meals which vessel filled with boiling water. color by immersing them in soap- first breakfast was simple enough,

wood by scrubbing with a solution late as ours. Spoons and forks of oxalic acid, half a pint of acid to they knew not, nor tablecloths nor explanation of the origin of the dol- possessions.

a quart of boiling water. Colored handkerchiefs should be

wise before a mirror and allow the is quickly apportioned; a quick cut were called in by the rich on occa- aspects of probability which make the left, as has been suggested.

are not bright. When the eyes are of the Greeks, to divide the day. In roa serves to separate the thousands der the heading: "Every man is his dull and sunken, you can be sure the early morning the Roman was from the hundreds, as, for example, own washerwoman." The same pathat the fowl has been killed some satisfied with bread, dried fruits 3008506, and that it serves also as per, in its culinary department,

come very much creased. Hang to satisfy hunger. It consisted of them in front of the fire for a while an elaborate array of what we call and the creases will disappear.

A teakettle should be given frequent baths, else lime and other salts will settle on the sides. Keep an oyster shell in the kettle to pre-

In cooking rice, if you wish to using left-over vegetables for a keep every grain separate, cook in bered, was not merely a banquet, very pretty as well as a palatable rapidly boiling water, with cover but a burlesque, and was given by

little and as lightly as possible.

ENT FROM OURS.

the Simple Life Had Been Pushed Into Shade.

The Ancients, by whom we mean of Aristophanes. the Greeks and Romans, ate very But no banquet at Rome was much the same food that we eat to- complete without a wild boar, whose day, and with the same appetite. entrance upon the table, roacted They looked upon the process, per- whole, marked the highest moment Not a crust of stale bread should haps, with an eye of greater cere- of the ceremonial feast. Petronius be thrown away, for it is not only mony. In Homeric times the gods has described the pemp of its comuseful for the crumbs which every took their share of every banquet, ing with a vast deal of circum householder keeps on hand to use and in a later age of the placing of stance. "A tray was brought i in frying and scalloping, but may the guests, the conduct of the sym- with a wild boar of the largest size be used in countless other ways. posium, were of equal import with upon it, wearing a cap of freedom Toast, of course, is always better the choice of the meats and the with two little baskets wove of palm

"He dines not who eats alone," full of dry dates and the other art. Buttered toast, which makes was a maxim which never fell upon fish. Round it lay suckling pigs cas in Marau and T nor, the deliars art. Buttered toast, which makes a very good luncheon dish, is made from slightly stale bread. Heat a we look backward, is but natural. In a sow before us. It may be added mouths to the teats, thereby showing that Macan and part of Timor are we look backward, is but natural. dish and stand it over hot water; The craving for well-cooked food is So valiant a beast, freed because pataca is nearly equivalent to our toast several evenly sliced pieces of wholesomely human, and if the pal- the guests of yesterday had sent dollar in value. The sixt was bread and spread them generously ate grows more delicate as the ap- him away untasted, deserved the used to represent thousands in a with slightly softened butter. petite becomes less gross the change ministration of no mean carver. Sprinkle with salt; place them in is not peculiar to this country or And a big bearded man in a spanthe hot dish and stand for a minute that. As in poetry, so in food, the gled hunting coat plunged a great or two in a hot oven; serve in a love of simplicity is the proof of a knife into his side, and as the knife

golden, if primitive, age. Milk toast is delicious when pro- The heroes of Homer, for inperly made, but it is so simple that stance, were not nice feeders. They people are apt to make it careless- seem to have had the healthy plain ly. Here is a recipe that, faithfully food and plenty of it. They had followed, makes perfect milk toast. neither butchers nor cooks. They Make a dry toast, spread with but- slaughtered their own beasts and ter and sprinkle with salt. Place it prepared their meat as well as they in the dish in which it is to be serv- could. They had little taste for fish, which they ate only when there was nothing else to be had and they ter; cover and place in the oven for looked upon game as no better than the food of necessity. Nor were vegetables pleasing to their sturdy spoonful of butter. When it bub- palates. Meat, bread and wine the sake of thy unborn chil- bles, stir in a teaspoonful of flour were their staple fare, and they and let it cook without coloring. asked for no accessories. Pork and Add slowly, stirring all the time, mutton and goats' flesh they ate

Pork Was Highly Esteemed. Indeed, the beast which, to some is still unclean, was very much to Stale bread as crumbs or soaked the taste of the Greeks, and was the went up to her room, and, when she while. Maude was awaying in her saddle. For thy kith and kin who have perused in the making of many sweet unto the end. Athenaeus writes in ferences. We do not, like the Rolyrical strains of a pig that once was mans, recline at our meals; we do served to him and his friends, the not observe the ceremonies of the with Brazilian money and the result half of which was carefully roasted, triclinium; we are more sensitive in afterwards divided by two. the other half boiled gently, as if it keeping clean our hands, and prehad been steamed, and the whole fer forks to fingers, but the taste stuffed with thrushes and other of man has not greatly changed birds. But best of all the Homeric 2,000 years, and if it could be our heroes liked beef, cut into pieces good fortune to dine with Lucullus.
of and grilled upon spits. And it was his table would cause us no confuonly on occasions of sacrifice that sion and but small surprise. their desires were wholly satisfied. Though the gods, to be sure, claimed the daintiest morsels, there was enough left to appeare the stoutest ORIGIN hunger. Nor did they demand any

adornment to such feasts as these save fruit. As the years passed the Greeks grew daintier and more critical of broke their day were not unlike Faded silks may be restored in those which still obtain. Their suds to which a little pearlash has | consisting of bread dipped in neat wine. Their luncheon was taken Nail stains may be removed from about noon, and their dinner was as

already invaded Athens. soaked in cold water for a short There is no better proof of the but the fact that the sign is not used States in the early colonial days, time before they are washed. This delicacy of the Greek palate than in Spain is at least a negative indi- and the sign would not improbably will prevent the colors from run- the honor in which cooks were held. cation that another origin should be employed in commerce. Its post-They plied their trade with the be sought. He is troublesome sometimes," said ward and whispered a word to him, the instruction to stoop. Brace with the seissors are greatest freedom, and, not being at
Mande: "but I can manage him quite which it is very likely he understood— ap whenever the shoulders settle which it is very likely he understood— ap whenever the shoulders settle which it is very likely he understood— ap whenever the shoulders settle which it is very likely he understood— ap whenever the shoulders settle which it is very likely he understood— ap whenever the shoulders settle which it is very likely he understood— ap whenever the shoulders settle which it is very likely he understood— ap whenever the shoulders settle which it is very likely he understood— ap whenever the shoulders settle which it is very likely he understood— and the historic days are proposed as a settle which it is very likely he understood— and the historic days are likely he understood— and the historic days are likely he which it is very likely he understood— and the historic days are likely he which it is very likely he understood— and the historic days are likely he which it is very likely manage mm quite manage mm quite perhaps he saw all the game even before perhaps he saw all the game even before in the least. To place oneself side tached to this master or that, they sented as complete, but it has some English custom of placing the game even before a mirror and allow the is quickly apportioned; a quick

an easy conquest of Rome, which Diccionario Contemporeano, all of Don't buy a chicken if the eyes presently adopted the three meals which say in substance that the cif- vertizes a new washing machine un-

in drawers for some time often be- devised to stimulate appetite, not hors d'oeuvre, and yet resembled the loaded side tables of Sweden and Russia more nearly than the modest dishes of France. There were shellfish and eggs and vege-

At the famous banquet of Trimalchio, which, it should be rememother. Then there were dormice with Trimalchio as rarely as with 1 Lucullus, and the freedman's fancy was separate and his own.

After the gustus came the regular courses (fercula they are called), which might be three, or even se ven, in the houses of epicures.

The Satirists and Historians. as we know, condemn the extravegance, which vastly increased under the empire, and which bade the wealthy Romans send for their priceless delicacies to the ends c the earth. Satire had no more effect than sumptuary laws, and the banquets of rich patricians and wealthy freedmen are legendary. First came the fish, for poor as for rich a necessity of the dinner. Seabarbel and the turbot of Ravenna were the favorites and the haddock

was not disdained. Oysters were as highly prized at Rome as in modern London, and were brought by the wealthy from crine Lake. Of the birds, the chief in esteem were fowls and peacocks, and field-fares were as eagerly sought for in Rome as in the Athens

twigs hanging from his tusks, one

entered, out there flew A Large Number of Thrushes. It was a fantastic spectacle, an suggests not the banquet of an epi cure, but what the newspapers of

today call a freak dinner. And the Romans, no less than the Greeks, proved their love of the pi by the preference they showed for sausage and black puddings. For the rest they esteemed a hare, a goat, or a dormouse that had been fed on chestnuts as rare dainties and they finished their feasts with fine array of pactry and fruit. Some there were who praised the simp! life, but we may assume that Hor ace, when he declared his hatred parsici apparatus, was expressin no more than the remorse of a jad-

Yet if we compare the luxury of modern times with the luxury Rome, we shall observe but few dif

SIGN USED IN PORTUGAL IN boundaries between Brazil and the SIXTEENTH CENTURY.

Was Called "Cifrao" - First and Last Letters of Word Mean

Thousands. Of all the theories advanced in should have extended to all Spanish napkins; but, if their service was lar mark not one is entirely satisbad, in the fifth century luxury had factory and convincing. A Spanish-American econage was exsource has often been suggested, tensively circulated in the United

it seem worthy of consideration. Spanish-American books it some-What wonder then the cook's was The sign 8 was used in Portugal an times occupies one place and one cannot at present say. It was call- tuguese influence might be traced tive). The Portuguese, however, did ready seen, it would correctly stand and cheese. Then at noon came the an abbreviation for three ciphers, so says that "Potatoes should be boil that 745\$ is the same as 745\$000. ed in cold water."



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The Dictionario Contemporcano adds that it is a'so used to represent a monetary unt. an the pataas well as of coins; thus the Paraguese historian Lemos writes of 18 cavallos, e 508 in sates-four thousand cavalry and fifty thousand m-

Carried to Brazil. The Portuguese naturally carried this sign with them when they colonized Prazil, and it is in constant ee in that country. It should be observed that when the Portuguese ise it in reckoning money, they always use the word reis. They write :000\$000 reis, or 4:000\$000. It may be well to explain that the real plural reis) is an imag nary on a worth .08 more than our min; the milreis is therefore equal to \$1.03 of our corrency. In Brazil it is

equivalent to half as mu: 1. In rough calculation Portuguesa money can be reduced to our starlard by striking off one cipier, placing 8 at the left and putting the . ceinal point in its place. Thus 1800 is the same as \$1.00. 108000 qua's \$10,000; 100\$000 corresponds 8100,000, and to on-all his, of ourse, being only approximate. The same process can be followed

It seems probable that the 8 is a contracted combination of M. and S. the first and lot letters of the Portuguese word mikares, which means thousands. The suppression of the middle stroke of the M would

be very natural in cipher. The mark, as we have seen, is in general use in Brazil. It is aloo countries, and it seems very probable that Spanish America ad prod it from Portuguece America. The neighboring Spatish colories were not very clearly established in the eightsenth century. For some the Portuguese held porcession of parts of Paraguay and Uruguay, It is surely not strange that the cifrao should have been introduced into these regions, and that its use

It is well known that money of tion before instead of after the nu-

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