A WOMAN'S RIGHT TO HEALTH

No Reason Why They Should Suffer From Backaches and Headaches

To every woman belongs the right to enjoy a healthy, active, happy life; yet nine out of ten suffer, often in silence, from splitting headaches, torturing backaches, violent heart palpitation or some other of the many evils that follows anaemia, or bloodlessness.

That is why one sees so many women with pale, thin cheeks, dull eyes and drooping figures—sure signs that th eblood is out of order. All suffering women should win the right to be well by refreshing their weary bodies with the new, rich blood of health that promptly transforms them into healthy, attractive women. There is no other medicine can supply this new, rich blood so speedily and so surely as Dr. Williams' Pink Pills for Pale People. Through this medicine thousands of tired, suffering women have found new health and strength. Mrs. James Drost, Chipman, N.B., says: "For years I did not know what it was to be entirely free from headache or backache. My hands were cold and clammy all the time. It was difficult for me to get my work done, and to walk even a short distance would leave me completely worn out. My life was one of constant worry, and I thought I would never be better. I was doctoring all the time, but without a bit of benefit, and finally the doctor stopped giving me medicine, as he said he could not help me. Do you wonder that I was in despair. My mother urged me to take Dr. Williams' Pink Pills, but I said "what's the use; medicine can't help me." However, my husband got six boxes of the pills, and to please him I began to take them. By the time I had finished them I undoubtedly had improved, and there was the signs of returning health in my cheeks and hands. My husband thought the improvement so great that he got another half-dozen boxes, and before these were completed I was enjoying such good health as I had not had in years; in fact, I was a well woman, and have since enjoyed the best of health. I sincerely feel that I owe my life to Dr. Williams' Pink Pills, and shall always recommend them to all sick people."

You can get these pills at any medicine dealers, or they will be sent by mail, postpaid, at 50 cents a box or six boxes for $2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

On a Clear Footing.

An Irishman who occupied a small cottage in the North of Ireland was in arrears of 30s. of rent with his landlord. His landlord, seeing no possible chance of getting his money, went to Pat one day and offered to throw off one half the amount so as to encourage him to pay the other half. "Well," said Pat, "since you are so good as to throw off the half I never saw the day I would take anything off any man for nothing, and to let you see that I'm as good a man as you I'll throw off the other half, and that will leave us on a clear footing."

Too Sudden.

George Goodfellow was dining with his best girl, who had just given one of her prettiest nods to a young man who come in and sat down at a table opposite. "That's a nice-looking young fellow. Is he a friend of yours?" "Yes, indeed; I know him well," laughed the maiden. "Shall I ask him to join us?" asked George, anxious to display his goodness of nature. "O George!" said the girl, blushing; "this is so sudden." "Sudden? What do you mean?" he asked in surprise. "Why—why, that's our young minister."

Minard's Liniment Cures Distemper.

"Say, you sold me a parrot and you said it would repeat every word it heard. Well, I can't get a word out of it." "I must have forgotten to tell you it was deaf."

Would You Like Hair Like This

Cuticura Soap Will Help You

Realize this ambition, when assisted by Cuticura Ointment, by keeping your scalp clean and free from dandruff, itching and irritation.

Samples Free by Mail

Cuticura Soap and Ointment sold throughout the world. Liberal sample of each mailed free, with 32-p. book. Address "Cuticura," Dept. K Boston, U.S.A.

Queer Kinds of Bread

Strange as it may seem, there is a sort of bread made from sawdust, the product of German ingenuity. The sawdust is first subjected to a process of fermentation and various chemical manipulations. Eventually it is mixed with one-third part of rye flour, formed into loaves and baked in ovens like any other bread. This bread is not intended for human consumption, but is for horses only, although some authorities contend that pain de bois, as it is called by the French, who have investigated its merits, offers a nutritious and highly satisfactory food for human beings.

In various parts of the world, bread is obtained from trees. For instance, in the Molucca Islands the starchy pith of the sago palm furnishes a white floury meal, which is made into flat, oblong loaves and baked in curious little ovens divided into small oblong cells just big enough to receive the loaves.

In Lapland the inner bark of pine trees, well ground and mixed with oat flour, is made into cakes, which are cooked in a pan over the fire. In Kamchatka pine bark and birch bark are used for bread without the addition of any other substance, being reduced to powder by pounding, made into loaves and baked.

Along the Columbia River bread is made from a sort of moss that grows on certain fir trees. After being dried it is sprinkled with water, allowed to ferment, rolled into balls of the size of a man's head and baked in pits with the help of hot stones. This bread is said to be by no means unpalatable.

The California Indians collect the pollen of cat-tails in large quantities by beating it off the plants and catching it in blankets. They make bread of it, but as a real delicacy they prefer bread of "grasshopper flour."

The Indians of the Sierra country employ their own method of transforming the bitter kernel of the acorn into a kind of bread that is said to be extremely palatable. The process is as follows: There is shucked and ground in the usual manner a large mass of acorn meat. A number of circular vats are hollowed out of the black soil in the shape of a punch bowl. Into these is placed the acorn pulp. At hand stand several large clothes baskets filled with water.

Into these baskets are dropped the hot stones whereby the water is heated. Upon the mass of crushed bitterness the Indians ladle the hot water until it is about the color and consistency of cream. Not a speck appears. A strong squaw stands by each vat and with a small fir bough stirs the mass, skillfully removing any speck that may appear upon the surface.

The soil gradually absorbs the bitter waters, leaving a firm white substance. This the Indians remove so adroitly that only a small portion adheres to the soil. They spread it upon rocks to dry and afterwards mix it with water, pat it into thin cakes, and bake before the fire.

The preparation of bread in sheets hardly thicker than sheets of paper is a real art among the women of the Moki Indians of our Western deserts.

A corner of the principal room of the Indian habitation is set aside for the accommodation of a shallow trough, walled in with slabs of stone set on end. The trough is divided into three compartments, and in these the first process of breadmaking occurs.

When bread is to be made a squaw kneels behind each compartment, shelled corn is then placed on the flat stone in the first compartment, and with a coarse, oblong stone, the first woman proceeds to rub it. The coarse meal thus prepared is passed on to the next compartment. Here it is again rubbed with a stone less coarse, and passed on to the third stage. The result is a decidedly floury meal.

With a brush, which is made of dried brass bound together with a string of calico, the meal is then gathered up and mixed with water until it becomes a thick batter.

Here enters the art of the baker. She takes a single handful of the batter and spreads it over a long, flat stone, under which a fire has been burning for some time. The batter is made to cover thinly the entire surface. When one side is baked she takes the bread by a corner and pulls it off, dexterously turning the other side up. When it is done a long, flat basket receives it, and the baker turns the edges up all around, so that the air can get at it. Sheet after sheet is baked until the basket is piled high with the blue bread, or "piki," which the baker pronounces "peka."

No salt is used in the batter, and the piki has a sweetish taste. It is usually blue, partaking of the color of the corn from which it is made. It is eaten dry or in a sort of soup. When the men go on a journey they take piki made into rolls, very much as one would roll up a sheet of wet paper, the bread being of the same thickness as the paper.

The stones upon which the bread is baked are prepared by the old women of the tribe with great secrecy and much ceremony. They are very valuable and are handed down as heirlooms from mother to daughter.

Knows When to Quit.

"What sort of a speech does he make?"

"A lazy worker's speech."

"I don't get you.'

"He always knows when its quitting time."

NTES OF SCIENCE

Three out of every four German nonogenarians are women.

Sheepskin is used as a substitute for almost every other kind of leather.

An electric machine that works automatically has been invented for stuffing sausages.

Folded paper drinking cups, bound together like a cheque book, are a novelty for travellers.

For cleaning bath tubs there has been invented a flat metal handle to be covered with toweling.

A floating buoy made of concrete is used for mooring vessels in the harbor of Kingston, Jamaica.

Traps have been invented to catch flies at their breeding places before they become old enough to move away.

Railroads in Southern Russia are preserving their ties by soaking them in a strong solution of crude sea salt.

Sound lumber, 25 years old, has been proved by a German government test to be materially stronger than new stock.

Operated by hand, speed being attained by gear wheels, a tiny emery wheel has been invented for grinding off corns.

A drinking fountain from which the water bubbles upward which may be fastened to an ordinary faucet has been patented.

There are more than 85,000,000 sheep in Australia and nearly 25,000,000 in New Zealand, or more than eighteen for each resident.

A wire lemon-juice extractor has been invented that resembles the familiar glass one with the advantage of being unbreakable.

The germ theory of the transmission of contagious diseases was entertained as far back as 1657, when the plague ravaged Rome.

Of English invention is a magnifying glass that may be attached to a pencil or engraving tool to aid a draftsman or engraver.

An artificial butter coming into use in Europe to replace the creamery variety is made of cocoanut oil and hydrogen, blended with milk.

A one-piece suit, including coat and trousers, has been invented for men to wear while gunning or indulging in other outdoor pastimes.

Wireless telegraphy works better on the Pacific than on the Atlantic and experts are trying to find an adequate explanation for the fact.

Deaf patrons of a London theatre have been provided with head telephones, the sounds being gathered on the stage by megaphone transmitters.

A motor sleigh built for a Russian grand duke has a cigar-shaped body and is propelled by a suction turbine, operating against the air in front.

Efforts are being made to increase the tobacco industry in Ireland, the soil of which is said to be suitable for raising almost all varieties of leaf.

Without an arched support or centre pier, a single-span concrete bridge 64 feet long, strong enough for the heaviest vehicle traffic, has been built in Illinois.

For use in French colonial waters where rank vegetation would foul submerged wheels, shallow-draft boats have been built that are driven by aeroplane motors and propellers.

For quick destruction of buildings and for blasting entrenchments rapidly a new military explosive has been invented, handled like dynamite, but with greater safety and more effect.

PRESSED HARD

Heavy Weight on Old Age.

When people realize the injurious effects of tea and coffee and the change in health that Postum can bring, they are usually glad to lend their testimony for the benefit of others.

"My mother, since her early childhood, was an inveterate coffee drinker, had been troubled with her heart for a number of years and complained of that 'weak all over' feeling and sick stomach." (The effects on the system of tea and coffee drinking are very similar, because they each contain the drug, caffeine.)

"Some time ago I was making a visit to a distant part of the country and took dinner with one of the merchants of the place. I noticed a somewhat unusual flavour of the "coffee," and asked him concerning it. He replied that it was Postum.

"I was so pleased with it that, after the meal was over, I bought a package to carry home with me, and had wife prepare some for the next meal. The whole family were so well plesed with it that we discontinued coffee and used Postum entirely.

"I had really been at times very anxious concerning my mother's condition, but we noticed that after using Postum for a short time, she felt so much better than she did prior to its use, and had little trouble with her heart and no sick stomach; that the headaches were not so frequent, and her general condition much improved. This continued until she was well and hearty.

"I know Postum has benefited myself and the other members of the family, but not in so marked a degree as in the case of my mother, as she was a victim of long standing." Name given by Canadian Postum Co., Windsor, Ont.

Postum comes in two forms:

Regular Postum — must be well boiled. 50c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage **instantly**. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.

—sold by Grocers.

Flight Lieut. C. H. Collet,

Who dropped three bombs on the Zeppelin shed at Dusseldorf. He formerly lived at Winnipeg.

These June Brides.

"Ma'am, here's a man at the door with a parcel for you."

"What is it, Bridget?"

"It's a fish, ma'am, and it's marked C.O.D."

"Then make the man take it straight back to the dealer. I ordered trout."

WHEN BABY IS ILL.

When the baby is ill or out of sorts give him Baby's Own Tablets. They are the ideal medicine for little ones and never fail to relieve constipation and indigestion; cfre colds, allay simple fevers and promote healthful sleep. Concerning them Mrs. F. Wurker, Ingersoll, Ont., says: "I have used Baby's Own Tablets for eight years and can highly recommend them to all mothers for babyhood and childhood ailments." The tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

GERMANY'S BIG GUNS.

Become Useless After Being Fired Over Twenty Times.

One of the surprises of the war has been the extraordinary mobility and effectiveness of the German siege artillery. The advance of the German forces into France has been described as a succession of sieges, and the speedy capture of one fortress after another was owing to the tremendous power and accuracy of the attacking gunfire.

Siege operations, writes a contributor to the Scientific American, are usually long drawn-out, because of the time it takes to change the solid firing platforms, as the lines round an invested city, or fort, are drawn closer. To overcome this difficulty, the Krupps designed a new type of howitzer, mounted on a carriage that can be readily moved from point to point, and can even accompany the ordinary field artillery into the battle line.

The great gun is reinforced with a heavy jacket of hardened steel that measures eleven feet in length, and it has to be carried on a specially designed bed. The gun is moved in two separate pieces to the firing line, where the carriage that contains the firing platform and compressed-air recoil brake is first put in position. The truck that carries the gun itself is then moved up from the rear. The gun is pulled from that truck to the firing platform, and adjusted to the recoil brake. The spare wheels are then drawn back, and the arm is ready to fire.

The two sections are much too heavy to be drawn by horses, and so the Germans haul them with gasoline tractors, and use the Diplock wheel construction to support the excessive weight of the gun. The Diplock wheel, or pedrail, is not a new invention. It has been used to carry great loads over soft ground for many years, and resembles the "caterpillar" form of traction that is often used on excavators and engines that must move across open fields. The pedrail has a series of platforms hinged to the usual wheel tire, to offer a large supporting surface on yielding ground. These "feet" are clumsy in appearance, but on soft and light soil, where the ordinary wheel would not move an inch, they will travel about as well as they would on a hard road.

The rapid advance of the Kaiser's army was owing to the support of this wonderful artillery. The allies could withstand the assaults of German infantry, but they had no guns equal that could vie in range and power with these great howitzers, and they had scarcely fallen back to one position before the heavy guns of the Germans were again within range, and making their position untenable. It was the gasoline motor and the pedrail that enabled the invaders to move long-range cannon over ordinary farm lands at the rate of thirty-five miles a day, and bombard each intrenchment of the French and English line as fast as they were thrown up.

The Germans have also some still heavier siege guns with which they reduced the strong fortresses of Liege, Namur, Muelhausen and Antwerp, to heaps of ruins. These mighty cannon are said to throw a projectile that weighs over a ton. Whenever the gun is to be discharged, the firing party has to retire a hundred yards or more, and explode the piece by electricity. The strain on the gun is so tremendous that it can hardly be fired more than twenty times before it becomes useless. There is, therefore, a limit to the number of fortresses that can be taken by such means.

How a Sick Woman Can Regain Health

READ THIS VERY CAREFULLY.

"For years I was thin and delicate. I lost color and was easily tired; a yellow pallor, pimples and blotches on my face were not only mortifying to my feelings, but because I thought my skin would never look nice again I grew despondent. Then my appetite failed. I grew very weak. Various remedies, pills, tonics and tablets I tried without permanent benefit. A visit to my sister put into my hands a box of Dr. Hamilton's Pills. She placed reliance upon them and now that they have made me a well woman I would not be without them whatever they might cost. I found Dr. Hamilton's Pills by their mild yet searching action very suitable to the delicate character of a woman's nature. They never once griped me, yet they established regularity. My appetite grew keen—my blood red and pure—heavy rings under my eyes disappeared and to-day my skin is as clear and unwrinkled as when I was a girl. Dr. Hamilton's Pills did it all."

The above straightforward letter from Mrs. J. Y. Todd, wife a well-known miller in Rogersville, is proof sufficient that Dr. Hamilton's Pills are a wonderful woman's medicine. Use no other pill but Dr. Hamilton's, 25c. per box. All dealers or The Catarrhozone Co., Kingston, Ontario.

FROM BONNIE SCOTLAND

NOTES OF INTEREST FROM HER BANKS AND BRAES.

What Is Going On in the Highlands and Lowlands of Auld Scotia.

Colonel David Laidlaw is to command the 2nd Civic Battalion in Glasgow.

The Edinburgh Academical Football Club has cancelled all fixtures for the coming season.

Since the outbreak of the war there have been practically 20,000 recruits enrolled in Glasgow.

Arthur King, a recruit from Coatbridge, was killed by falling over the walls of Stirling Castle.

The War Office has taken over the Marine Gardens, Portobello, for the housing of Territorials.

Kilmarnock special constables are to have a day set apart for themselves for practice at the shooting range.

Mr. John Hutchinson, the oldest representative of the building trade in Dunfermline, has just died in his 79th year.

From all the coal-mining centres the demand for pit-props has become urgent. Steel substitutes are being suggested.

The Chamber of Commerce battalion of the Highland Light Infantry, left Glasgow for camp amidst scenes of enthusiasm.

The death has occurred at Dundee of Mr. John Campbell Smith, ex-Sheriff-Substitute of Forfarshire, at the age of 80 years.

A seven-year-old boy named Alexander McLeish of Glasgow wandered on to the railway at Whiteinch and was killed by a train.

Mr. George A. Clark Hutcheson of Eriska, Unionist candidate for Argyll, has given his yacht Ariani to the Government for patrol work.

Mr. William Muir, wife of Councillor Muir, Edinburgh, and her two children were seriously injured in a runaway accident at Bo'ness.

The death is announced, in his 80th year, of Mr. William Paton Mains, of Airles, one of the leading Wigtownshire agriculturists.

Mr. Harvey, Weadings Hall, Polmont, has furnished and equipped a recreation and reading room for the use of Territorials at Grangemouth.

Damage to the extent of about $100,000 was caused by a fire at the distillery at Cambus, near Alloa, belonging to the Distillers' Company, Limited.

The Valuation Roll of the burgh of Aberdeen for last year has been made up. The valuation of the respective wards show a total increase of $45,400.

Under sad circumstances Alex. Eadie, a Dundee Boy Scout, was accidentally shot dead at Dudhope Castle, where some Territorials are quartered.

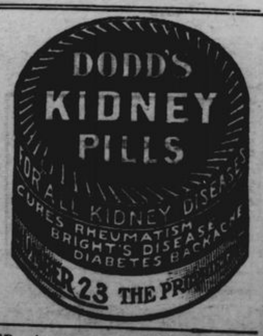
An Appalling Condition

Invariably results when you use a cheap corn salve. Be judicious, use "Putnam's," for fifty years it has cured corns and warts that nothing else can touch. Ask for Putnam's Painless Corn Extractor only, 25c., at all dealers.

"You never know what you can do till you try," says a writer, "and then you are generally sorry you found out!"

Minard's Liniment Cures Garget in Cows.

"Are you married, my man?" a lady asked a sailor. "Yes, indeed, mum—married and fourteen children." "Poor fellow, travelling about like this! And don't you ever get homesick?" "Only when I'm home, mum."



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The German Crown Prince.

This caricature, by Edward Gilis, a famous Belgian artist, is a wonderful resemblance of the looting prince—whose animosity to England is the outstanding trait of a blatant, shallow and conceited character—the Crown Prince has set an example of uncivilized warfare to his misguided soldiery by the plundering of the chateaux of non-combatants.—London Tatler.

Tortures of Rheumatism Yield to This Remedy

A Marvel of Speed, an Unfailing Cure for Old Chronic Cases.

GET A TRIAL BOTTLE TO-DAY.

With reliable old Nerviline you can rub out the pain of Rheumatism, Sciatica, Lumbago, or Neuralgia—rub it away so completely that you feel like new all over.

It matters not how deeply seated the pain is, how long you have had it—rubbing with the king of all liniments "Nerviline" will cure you.

Nerviline is highly concentrated—about five times stronger than the ordinary white ammonia liniment—therefore it penetrates quickly—sinks in deeply—and gets right at the core of the pain at once—draws out the lameness, takes away the stiffness—eases the joints that have hurt you so much.

Out comes the pain every time you rub on Nerviline, which contains some of the most valuable pain-subduing remedies known to science. Worth its weight in gold to every family in the land, and sure to cure the emergent and minor ills of a hundred kinds that constantly arise. Get the large 50c. family size bottle; small trial size 25c. Nerviline is sold by every dealer, everywhere.

Pat Gave Him An Answer.

Travelling in Donegal not long ago a clergyman engaged a loquacious boatman to row him on one of the lakes and show him the sights. They inspected a ruined castle with the legend of a banshee. The clergyman, thinking he would put a poser to the loquacious Irishman, who knew everything, inquired, "Have you ever seen a banshee, Pat?" "Aye, bedad, that I have, your reverence." "Indeed!" said the clergyman with an incredulous smile. "And pray where did you see one?" "Stuffed in a museum," replied the unabashed Celt without any hesitation.

Pat's Decision.

"Pat," said Sandy, "why is a short man struggling to kiss a tall woman like an Irishman going up Vesuvius" "Faith, and isn't it because he's trying to get at the mouth of the crater?" replied Pat.

We believe MINARD'S LINIMENT is the best:
Mathias Foley, Oil City, Ont.
Joseph Snow, Norway, Me.
Charles Whooten, Mulgrave, N S.
Rev. R. O. Armstrong, Mulgrave, N.S.
Pierre Landere, secur., Pokemouche, N.B.
Thomas Wasson, Sheffield, N.B.

"Father, don't men call themselves bachelors before they get married?" "Yes, my boy." "And what do they call themselves after, dad?" "Hush! It isn't fit for little boys to know."

Sore Eyes Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

An egotist imagines that the world thinks as much of him as he thinks of himself.

Minard's Liniment Cures Colds, &c.

Very Simple.

Interested Party—You say this boat cannot upset?

Inventor—It's impossible. The tanks are filled with righting fluid.

A Slap at Parting.

She (after their quarrel) — Of course you will want the ring back.

He—No, you may as well keep it. No other girl of my acquaintance could wear it except on her thumb.

Too Old for Lamb.

Diner (sarcastically) — Waiter, you may possibly recollect that I ordered roast lamb a long time ago.

Waiter—Yes, sir; it will be ready directly.

Diner—Well, kill another; I don't want mutton.

CLARK'S POTTED MEATS—

Full flavored and perfectly cooked make delicious sandwiches.

The child's delight. The picnicker's choice. Everybody's favorite.

FARMS FOR SALE.

R. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 14 Colborne St., Toronto.

R. W. DAWSON, Colborne St., Toronto.

FOR SALE.

REGISTERED HAMPSHIRE SWINE prize winners. All ages. Both sexes. Fisher Bros., Benmiller, Ont.

NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book Business in connection. Price only $4,000. Terms liberal. Wilson Publishing Company, 73 West Adelaide Street, Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

COPELAND'S CURE FOR CONSUMPTION

David Warnock, 202 Withrow Ave., Toronto, writes that he owes his life to the above remedy:

"Now that I am well and strong again, I write to state that the fact I am alive to-day witnesses to the merit of your medicine. The doctors gave me only 6 to 10 days to live. . . . I wish every one could know the worth of your medicine, especially those afflicted with consumption, as I was, for I undoubtedly saved my life to its use. Etc."

A doctor and a specialist attended David Warnock and gave him no hope. That was in March, 1911. Four months afterwards, he was a well man and had gained 66 lbs. If you suffer, or know of one, send us your address, and we will send a copy of Warnock's testimony in full and also many others; some of which have been cured of chronic bronchitis of over 30 years' standing.

At your druggist or direct from us at $1.00 per bottle.

COPELAND MEDICINE COMPANY, LIMITED.
511 PAPE AVE., - TORONTO.

Pat Named Them.

An Irishman was seated in a railway carriage beside a fellow-passenger who happened to be a commercial traveller. Pat, wishing to be friendly, started talking to him about Home Rule. This seemed to irritate the gentleman, who was a Unionist. He turned on Pat rather sharply and said, "Don't talk to me, as I am a commercial traveller." Pat sulked in the corner until they came to a junction, and there they espied a number of donkeys going by rail. The traveller, wishing to have a joke at Pat's expense, said, "Eh, Pat, what do you call them?" "Bedad, sir," said Pat, "you ought to know them, as they are all commercial travellers."

Minard's Liniment Cures Diphtheria.

Crowds in motion on grandstands and similar structures exert a strain equal to about 175 per cent of their weight.

Just A Scratch

BUT it needs looking after just the same. First aid treatment with

CARBOLATED Vaseline

Trademark

will help it to heal quickly and prevent risk of infection. Carbolated "Vaseline" contains 1½% of Carbolic acid, blended with a pure "Vaseline" base. It is a most effective antiseptic dressing for cuts, bruises, boils, and skin irritations of all kinds, such as eczema, poison ivy and barber's itch. Also good for corns.

Sold by drug and department stores everywhere, or sent to you direct on receipt of price—20c for a full size bottle. Free booklet on request.

CHESEBROUGH MFG CO. (Consolidated) 1880 CHABOT AVE. MONTREAL

ONTARIO ARCHIVES TORONTO