

A NERVOUS BREAKDOWN

Can Be Averted By Feeding the Starved Nerves With Rich, Red Blood

Nourish your nerves—that is the only way you can overcome life's worst misery, nervous exhaustion. The fits of depression and irritation, the prostrating headaches, the weakness and trembling of the legs, the listless hand and the imperfect digestion that mark the victim of nerve weakness, must end in nervous breakdown if neglected.

Beauty of Character.

There is a sweetness of the child, and a sweetness of the old. The sweetness of the child is largely independent of his personality. It is in his ways and in his looks, and the same thing is true, though not quite so much, of the young woman.

A Full Report.

"What did they say to you?" asked little Harry's mother after his first visit to the new Sunday school.

A Sure Revenge.

Wife—Do you like this pudding, dear? Mrs. McBrady gave me the recipe for it.

HAND FULL OF WHITE BLISTERS

Scratching Made it Pain so Badly Lost Many Nights' Sleep, Could Not Do Work at All. Cuticura Soap and Ointment Cured.

Box 605, Valleyfield, Que.—My hand would get full of little white blisters and when I would scratch it would pain me so badly I lost many nights' sleep.

TO REMOVE DANDRUFF Prevent dry, thin and falling hair, allay itching and irritation, and promote the growth and beauty of the hair, frequent shampoo with Cuticura Soap, assisted by occasional dressings with Cuticura Ointment, afford a most effective and economical treatment.

NEWS ACROSS THE BORDER

WHAT IS GOING ON OVER IN THE STATES.

Latest Happenings in Big Republic Condensed for Busy Readers.

John D. Rockefeller and his son have given \$10,000 to the New York police fund.

Mrs. Morris K. Jesup, who died in New York recently, left over \$8,000,000 of a \$20,000,000 estate to charities.

At Holly Springs, Mass., L. P. Matthews, under sentence of ten years in the penitentiary, went on a hunger strike and died in his cell.

At Harrisburg, Pa., Pascal Hall, a negro, condemned to the gallows, refused to sing a hymn on the morning of his execution, but sang "Casey Jones."

Former Police Lieutenant Charles Becker has been removed to the cell in Sing Sing lately occupied by Rebbaci, the Italian murderer, recently executed.

Julia Lowenstein an East 77th Street, New York, music teacher, finished a lesson to a pupil, and then went and jumped off the roof, committing suicide.

Peter Barker and William Dunkeloot, N.J., were going on a vacation on motorcycles. They were held up for speeding, fined \$50, and had to abandon their vacation.

Bands will play in fifteen parks in New York this summer, and arrangements have been made to have big singing societies co-operate with the bands and orchestras.

Mrs. Catherine M. Nolan, who died in New York, left a piano, which will go to a niece when a latter gets married, but not before. She is not even keeping company at present.

A seven-year-old Los Angeles girl called on President Wilson, and asked him to kiss her, saying she "wanted to carry his kiss back to California." The President complied cheerfully.

WANTED NEW INVENTIONS

Manufacturers are constantly writing us for new ideas, \$10,000 paid for one invention, \$5,000 offered for another. Send for complete list.

DEAF PEOPLE CAN HEAR. But Not the Way Others Do—Feel Vibrations.

The deaf can really hear and do hear, but in a different way from ordinary people, is a fact that few persons who are not deaf understand.

Not only do the deaf hear sounds, but they are often greatly annoyed by them. They feel sounds through the concussion on the diaphragms of their ears and the vibrations reach the brain, according to Mr. Robinson, through the nerves of feeling rather than by way of the auditory nerves.

"A deaf mute," says Mr. Robinson, "will be conscious of all the noise in the room which he occupies. He will feel the door slam, the fall of a ball, an apple, an orange, a key, or any other weight; the footsteps of persons in the room, if it is not carpeted, or if they do not have on rubber shoes or slippers; also the noise which he makes with his own knife and fork when eating."

"A deaf person never feels the sound of a bell, as its vibrations are confined solely to the atmosphere. I think there is no way by which the sound of such an instrument can be imported to our feelings."

Some of the devices employed by deaf persons to warn them of the ringing of the bell are most ingenious. One household has a rubber ball suspended from the ceiling of the living room, and the ringing of the bell causes this to swing back and forth. One man has a flag that drops when the bell rings. Another has the bell attached to an electric lamp so that it lights up when the bell-push is pressed.

A New Yorker has an alarm clock attached to the foot of a brass bed. He feels the vibrations when the alarm goes off just as plainly as if he could hear them.

Little Johnny had been naughty all day. At last, to cap the climax, he slapped his small sister. When father came home from the office the mother told him of his son's misdeeds.

"John! Do you practice regularly on the piano when I am away at the office?" "Yes, father."

"Every day?" "Yes, father."

"How long did you practice today?" "Three hours to-day, father, and two-and-a-half hours yesterday."

ACTIVITIES OF WOMEN

In Hungary certain sorts of military service is compulsory for women.

The department of health in New York city employs 767 women nurses.

In Australia the women toil side by side with the men in the fields. Spanish women will soon start a campaign for suffrage in that country.

Appledore, Eng., has a female team of bell ringers connected with the parish church there.

More than half of all the females in Germany over fifteen years of age are wage-earners.

The French woman as a rule is the man of the house, and has a keen business sense.

Only seven weddings have taken place in Gloucester cathedral, England, in the last 25 years.

Women are more sane than men, as statistics show that more men go insane than women.

In Mexico women and children pack their belongings and follow the husband and father to war.

Germany leads all the other countries in the number of members of the International Council of Women.

Fashionable women in London have adapted the fad of having their bedrooms in black, even to the sheets.

Miss Elizabeth Bradley has the honor of receiving automobile license tag No. 100,000 in Pennsylvania.

CLARK'S POTTED MEATS—Full flavored and perfectly cooked make delicious sandwiches.

FARMS FOR SALE. W. W. DAWSON, Estate Colborne Street, Toronto.

HOME STUDY. The Arts Course may be taken by correspondence.

QUEEN'S UNIVERSITY. KINGSTON, ONTARIO. SUMMER SCHOOL JULY AND AUGUST.

What is Your Best Horse Worth to You? KENDALL'S SPAVIN CURE.

Not Paid Yet. A man who was very miserly hoarded up his stacks of gold year after year.

Pleurisy Pains Vanish! Chest Girdle Cured! NERVILINE HAS NEVER FAILED TO CURE.

Wanted a Little Praise Himself. Following a disastrous fire in a Western city, many men and women gathered to look at the ruins.

Wanted to Get In. An Irishman walked into a hotel and noticed two men fighting at the far end of the room.

DODD'S KIDNEY PILLS. THE GREAT KIDNEY PILLS FOR RHEUMATISM, BRIGHT'S DISEASE, DIABETES, GRAVEL.