OVERWORK AND WORRY

A Fruitful Source of Broken Down Constitutions

A little worry does a great deal of harm. Overwork and worry gives rise to headaches, nervousness, sleeplessness, weak back, lack of interest in your work, indigestion and sometimes a complete breakdown of the nervous system leading to paralysis. If these are your symptoms you need a tonic. And the only way to tone up the nerves is through the blood. Dr. Williams' Pink Pills for Pale People are a direct nerve tonic because they make new rich red blood, which feeds the nerves and strengthens every organ in the body. Under the tonic influence of these Pills nervousness and all the other evils of worry and overwork quickly disappear. They restore the digestion and enable the body to take full advantage from the food eaten.

Mrs. J. C. Chapman, Omemee, Ont., says: "I became completely run down and my nervous system shattered from overwork and worry. I always felt tired and exhausted and slept badly at night. I tried several medicines but did not find the hoped-for relief. Then I decided to try Dr. Williams' Pink Pills. I took them regularly for several months and they restored me to perfect health, and I have since been well and strong. I can recommend these Pills to any afflicted with nervousness or a broken constitution as I feel sure they will effect a cure."

These Pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for $2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

SOME QUAINT OLD BIRDS.

The Largest Ones Are Not the Longest Livers.

The question of which birds live the longest has never been settled satisfactorily. But the raven comes very high in the list, and is said to reach the great age of two hundred years.

Eagles and vultures also enjoy long lives. Indeed, an eagle-owl is known to have lived ninety years in captivity. In this particular case, the bird began to lay eggs after fifty years, and during the last forty years of its life brought up numerous little ones.

A hundred years is probably a conservative estimate of a parrot's age, and it is recorded that one of these birds also started nesting after thirty years of captivity. With ordinary luck, both the crow and the swan may reasonably expect a century of life.

It is not by any means the largest birds that enjoy the longest lives. For instance, the sparrow sometimes celebrates his fortieth birthday. Other ages reached by birds are: Hens, 10 years; pheasants and partridges, 15 years; larks and nightingales, 18 years; pigeons, 20 years; canaries 24 years; peacocks, 30 years; and herons, 60 years.

Decision.

"Miss Peach is a decided blonde, isn't she?" remarked Mr. Dubbe.

"Yes," remarked Miss Crabbe. "She decided to become one about a month ago."

Sounds Likely.

Teacher—Where is Chili?

Bertie (venturing a guess)—I—I—I think it is in the Arctic circle.

With His Whole Soul.

"If my hens get into your garden, why don't you shoo them out?"

"I'll do more than shoo them out; I'll boot their owner."

The Sane Man.

The man who minds his own business is usually the one the other fellow goes to when he needs advice.

France will build a battleship of 29,500 tons 620 feet long, carrying sixteen guns in four revolving turrets.

Ready-Cooked

--from

Your Grocer.

Post Toasties

come from the ovens to your table in tightly sealed packages—ready to eat when opened—with cream, good milk or fruits.

Every crisp flake of this attractive food represents the best part of choice white Indian corn—

Perfectly cooked, delicately flavoured and toasted to an appetizing golden "brown."

Post Toasties are made for your pleasure and nourishment.

Sold by Grocers

Canadian Postum Cereal Co., Ltd. Windsor, Ontario.

FIGHTING CONSUMPTION.

New York Hospital Gives Juice of Garlic to Patients.

There's a new treatment out for tuberculosis. It is put forth by an Irish physician, Dr. W. C. Minchin, of Dublin, late medical officer to the Kells Union Hospital, who wrote a book about it. The treatment is garlic juice.

He, however, is by no means the only doctor who is of the impression that he has found garlic the best remedy for the "great white plague." In New York, at the Metropolitan Hospital on Blackwell's Island, the physicians in charge of the tuberculosis wards have been experimenting with the treatment for two years. As their experiments are still in progress, they are not yet prepared to pronounce any definite opinion on its value, beyond what Dr. Marshall W. McDuffie stated in an article published in the Interstate Medical Journal for March, 1914.

"In our treatment-study of this disease during the past two years," wrote Dr. McDuffie, "observations have been made with fifty-six treatments in over one thousand and eighty-two cases, mostly in Ward Q of the Metropolitan Hospital, Department of Public Charity. Of these treatments but two stand out as regards anything like specific action upon the tubercle bacillus and tubercular processes. They are garlic from the vegetable kingdom and mercury from the mineral.

"Garlic contains a volatile oil called allyl sulphide, and its medical properties depend on this oil, strongly antiseptic, and it seems to have remarkable power of inhibiting the growth of the tubercle bacillus; it is eliminated by the lungs, skin, kidneys, and liver, and oxidizes into sulphurous acid in the system. Applied locally, it is freely absorbed by the skin and penetrates the deeper tissues.

"Garlic gave us our best results, and would seem equally efficacious, no matter what part of the body is affected, whether skin, bones, glands, lungs or special parts. Dosage used internally, one drachm of the expressed juice or two drops of the essential oil three times a day; externally, poultices or crushed bulbs, one part with three parts of lard, or unguentum garlic (50 per cent. juice in vaseline) applied daily."

Tuberculosis is uncommon in Italy, where garlic is used universally; the leading Italian physicians in New York say it is alarmingly prevalent among the children of Italians in America, children who do not eat garlic, largely because their school fellows and other associates ridicule them for smelling of it.

Garlic is a plant of the onion family. It is to the onion what the tiger is to the cat, or the wolf to the dog. Growing, it looks like a small onion plant. Its bulbs, which may be seen dried and hanging in festoons in most grocery stores, are composite, that is, they are formed of many smaller bulbs or "cloves" loosely bound together with skin. Cooks who know their business use it as they use salt, almost universally, but with great discretion. A great French epicure called garlic the "soul of cookery."

WHEN BABY SUFFERS FROM CONSTIPATION

Mothers, if your baby suffers from constipation, if his little stomach or bowels are out of order, give him Baby's Own Tablets. They never fail to give relief, and an occasional dose will banish constipation and keep the stomach and bowels in perfect order. Concerning the tablets, Mrs. J. H. Gagnon, St. Simon, Que., writes: "I cannot recommend Baby's Own Tablets too highly as a cure for constipation, as I have found them the very best medicine in the world for this trouble." The tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville Ont.

NEWS OF THE MIDDLE WEST

BETWEEN ONTARIO AND BRITISH COLUMBIA.

Items From Provinces Where Many Ontario Boys and Girls Are "Making Good."

The membership of the Edmonton Property Owners' Association has very largely increased.

Labor troubles are being experienced in Edmonton. The other day several workers "knocked-off" to join the I.W.W. parade.

After fighting fire in Winnipeg for over forty years, William Code, assistant chief of the Fire Department, has tendered his resignation.

The Cadet camp at Edmonton this year is expected to be the biggest in the Province, and it is anticipated that 1,348 school boys will take part.

Nine cattle, the property of Frank E. Hatch, of Grand Point, Man., about 11 miles south of Winnipeg, were "rustled," and so far there is no trace of them.

A party of geologists and topographical surveyors has left Edmonton for the north country for the purpose of conducting a geographical survey.

Edmonton has a dairy industry with some 4,000 people on its payroll. The amount disbursed gives an idea of the growing importance of the business.

A proposal for the erection of duplex houses has been mooted with the object of reducing rents for the workingmen of Winnipeg, thus making them from $16 to $25 per month.

The establishment of a market-day in Red Deer has not yet proven a success. The trouble is that while plenty of buyers were on hand the last day, the amount of produce offered by farmers was small.

The Winnipeg Swimming Club's new home on the Red River is being erected so that the members will be able to take up their quarters there in early June. It is anticipated that 1914 will be a banner year for the natatorial artists.

Winnipeg waiters are preparing a petition to send to the Dominion Government protesting against the Anti-Tipping Bill. They say they cannot live on their wages, and that tips are essential to their existence as matters stand at present.

Government officials and departments are taking a great interest in the Calgary exhibition, which will open June 29, and this year's fair will not only be attended by members of the Cabinet, but there will be exhibits from the Department of Agriculture.

Brandon proposes to give a loan of $15,000 at 5 per cent. to the Young Men's Christian Association of the city. The debentures issued and sold will be payable in twenty years from July 1st. A vote on the question is necessary and will be taken June 6th.

A committee of the Calgary Board of Trade have made a report on monetary conditions in the West, as follows: "Statements have been made to press representatives by leading financiers recently, claiming that the money market had a good supply as proven by the decreasing rate of interest. However, this has not been productive in a general reduction in the rate of interest on loans by banks to their patrons, and we believe that it is advisable that some action should be taken by the Board to secure from the local bankers a general reduction in the rate of interest charged for the purpose."

A Nova Scotia Case of Interest to All Women

Halifax Sends Out a Message of Help to Many People.

Halifax, N.S., Dec. 15.—When interviewed at her home at 794 Argyle St., Mrs. Haverstock was quite willing to talk of her peculiarly unfortunate case. "I was always 'blue' and depressed, felt weak, languid and utterly unfit for any work. My stomach was so disordered that I had no appetite. What I did eat disagreed. I suffered greatly from dizziness and sick headache and feared a nervous breakdown. Upon my druggist's recommendation I used Dr. Hamilton's Pills.

"I felt better at once. Every day I improved. In six weeks I was a well woman, cured completely after different physicians had failed to help me. It is for this reason that I strongly urge sufferers with stomach or digestive troubles to use Dr. Hamilton's Pills."

Dr. Hamilton's Pills strengthen the stomach, improve digestion, strengthen the nerves and restore debilitated systems to health. By cleansing the blood of long-standing impurities, by bringing the system to a high point of vigor, they effectually chase away weariness, depression and disease. Good for young or old, for men, for women, for children. All dealers sell Dr. Hamilton's Pills of Mandrake and Butternut.

THE SUBTLE ASIATIC.

How the Khoja Managed to Get Himself Recognized.

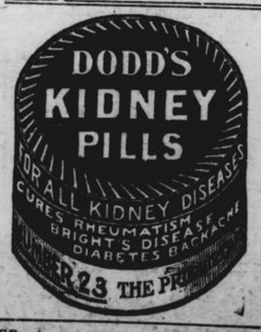
Some hundreds of years ago there lived in Agshelin, a tittle town in Asia Minor, an imam, or village parson, the Khoja Nasr-ed-Din Effendi. Concerning him Mr. H. C. Lukach tells some stories in his book, "The Fringe of the East."

One day a camel passed along the street in which the Khoja lived, and one of the Khoja's neighbors who had never seen a camel before ran to ask him what this strange beast might be.

"Don't you know what that is?" said the Khoja, who also had never seen a camel, but would not betray his ignorance. "That is a hare a thousand years old."

A great man once gave a feast, to which, with much condescension, he caused the Khoja to be bidden. Accordingly, on the appointed day, the Khoja repaired to the great man's house, and found himself in the midst of a fashionable and richly clad company, which took no notice of the poor imam in his threadbare black gown. No one greeted him or spoke to him, and eventually he was shown by a servant to the lowest seat. After a little while the Khoja slipped away unobserved, and went into the hall, where some of the mighty ones had left their outer garments. Selecting a magnificent gown richly lined with fur, he put it on, and returned to the room. Nobody recognized this resplendent personage, whose arrival excited universal attention. The company rose to salute him, and the host, who had previously ignored him, approached, bowing, and inquired after his honorable health.

The Khoja stroked the sleeve of his borrowed garment. "Answer, fur!" he said.



Cure Children's Colds By External Treatment

Mothers Will Find Nothing so Speedily and Reliable as Old-time "Nerviline."

It's really a shame to upset a young child's stomach by internal dosing, when external treatment will so promptly break up a cold.

When your boy comes in after play with his feet soaking wet, his throat hoarse and sore, his little chest tight and congested, just apply Nerviline. Give him a vigorous rubbing over his throat, and put lots of Nerviline on his chest and rub it right in. To make Nerviline penetrate more quickly cover his chest and throat with a hot flannel bandage. This treatment WON'T fail. Your boy will be feeling better in half an hour, and you will have the satisfaction of knowing you have warded off perhaps a cold, or grippe, or illness that might have laid him up.

Nerviline is mighty good for preventing colds and for breaking up a bad one, too. For general family use it cures all sorts of external aches and pains—you simply can't beat it. Try it for earache, toothache, neuralgia, sciatica, lame back, rheumatism, or lumbago. Wherever there is congestion, inflammation or pain in the joints or muscles, Nerviline will cure mighty quick. The large 50c. family size bottle is so economical, so useful, it should be in every home. There is also a small 25c. size. Dealers anywhere sell Nerviline.

THE COLONEL'S UNDERSTUDY

A Sergeant in the French Foreign Legion Had His Innings.

The pranks played by legionaries when seized by that peculiar hysteria that the inaction of a monotonous routine brings on, range between farce and tragedy, seldom touching either extremity, but being about midway between the two, says Mr. Frederic Martyn in his account of life in the French Foreign Legion. The author saw five years of active service in this crack corps of the French army.

There was a sergeant employed as a clerk in the regimental office at Sidi-bel-Abbes. One day the colonel happened to be confined to his bed, and was visited in his lodgings by his sergeant-clerk, who had some papers for the chief's signature. The colonel happened to be asleep when the sergeant arrived, and he was shown into the dressing room to wait for the officer to awake. The sight of the colonel's uniform coat gave the sergeant the idea that it would vary the monotony if he took a stroll round the town in it.

Half an hour afterward a sergeant of the legion, strolling along the shaded Rue de Mascara, saw in the gloom the five-striped sleeve of the colonel's coat just in front of him, and braced himself up to justify his reputation as one of the smartest non-commissioned officers of the corps. His salute did not appear to please his commanding officer this time, for the five-galooned sleeve was raised in an imperative signal to stop, and an angry voice ordered him to return to barracks at once, and take four days' arrest for slouching about the town in a dirty uniform, and saluting his colonel in an unsoldierlike manner.

The poor sergeant was struck dumb. He, one of the dandies of the legion and a man who prided himself on walking as if he had a rifle barrel for a spine, to be accused of "slouching" and wearing a dirty uniform! His chin sank, and as he dejectedly moved off, all the starch seemed to have been taken out of him, and he did "slouch."

The "colonel" passed on and promenaded the town for an hour, dealing out four days' arrest and speaking injurious words to every noncommissioned officer he met who was vain of his soldierlike appearance, donating unasked favors and bestowing paternal beneditions on scallawags of legionaries, and behaving in a way that horrified respectable people.

INFORMATION FOR INVENTORS

Messrs. Pigeon, Pigeon & Davis, patent solicitors, Montreal, report that 137 Canadian patents were issued for the week ending May 19th, 1914, 92 of which were granted to Americans, 24 to Canadians, 15 to residents of foreign countries and 6 to residents of Great Britain and Colonies.

It's an easy matter to acquire a flow of language, Alonzo. All you have to do is step on a tack with your bare feet.

Ask for Minard's and take no other.

Nine-tenths of the things that have been said might as well have been left unsaid for all the benefit they are to humanity.

YOUR OWN DRUGGIST WILL TELL YOU Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting—just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

Some musicians put on more airs than they can play.

Minard's Liniment Lumberman's Friend

Real Cruelty.

A young married woman went home to her mother and sobbingly declared she just couldn't be happy with her husband again. "I wouldn't have minded it so much, mother," she sobbed, "if Charlie had answered me back when I scolded him, but—bu—but he didn't."

Her mother was duly shocked at this.

"Mercy, my dear child!" she exclaimed. "He struck you, then?"

"No, worse than that, mother!" and the young wife sobbed afresh.

"Tell me at once!" indignantly demanded her mother.

"He—he just yawned."

Some men have an inherent ability for making mistakes.

HAIR GROWTH PROMOTED

By

CUTICURA SOAP AND OINTMENT

DIRECTIONS: Make a parting and rub gently with Cuticura Ointment. Continue until whole scalp has been gone over. The next morning shampoo with Cuticura Soap and hot water. Shampoos alone may be used as often as agreeable, but once or twice a month is generally sufficient for this special treatment.

Cuticura Soap and Ointment are sold throughout the world. A liberal sample of each, with 32-page booklet on the care and treatment of the skin and scalp, sent post-free. Address Potter Drug & Chem. Corp., Dept. 15K, Boston, U. S. A.

A CLEVER GHOST, THIS ONE.

Miserable When Naked, But Cheered Up When It Got Clothes.

"Liars cannot be so much more numerous in this next world than in this world," remarked Mr. William Butler Yeats, the poet, in an address to the members of the London Spiritualist Alliance the other night.

He was referring to the innumerable cases of false information given through mediums, all of which, he said, could not be due to lying spirits.

Mr. Yeats related an amusing case of an evil spirit mentioned in "Maxwell's Phenomena." In the sixties a small statue of the Madonna in a French stock broker's house began to move from a bracket to a bed and back. Then weapons moved. Ultimately, through a medium, a spirit foretold events which came true, and eventually revealed its identity as the founder of the Christian religion.

The spirit advised the stockbroker to perform acts of charity, and advised him about various speculations on the Stock Exchange, always foretelling the result and the sums with accuracy.

For years the stockbroker sent money to needy houses as directed, and became known because of his beneficence. He then asked the spirit to take charge of his affairs, and the spirit complied. The stockbroker became a wealthy man.

The history of spiritism, said Mr. Yeats, was full of complaints from spirits of the way in which they were troubled by the doubts and the unhappiness of the living. One Countess of Sligo dismissed her stable boy because, seeing his late master the Earl walking near the house, he told the ghost to go away and haunt a lighthouse. The Countess dismissed the boy for telling the spirit to haunt such an inclement spot, because a ghost had to go wherever it was told.

An old man in the west of Ireland told him, said Mr. Yeats, of a ghost which had informed him that it was miserable because it was stark naked. The ghost suggested that the men should give a suit in the spirit's name to a beggar in the streets. The man did so, and when the ghost again appeared it was wearing the selfsame clothes.

At the Yarmouth Y.M.C.A. Boys' Camp, held at Tusket Falls in August, I found MINARD'S LINIMENT most beneficial for sun burn, an immediate relief for colic and toothache.

ALFRED STOKES, General Secretary.

On Principle.

Stude—Don't you ever sweep under the carpet?

Janitor—Yessuh; I always sweeps everything under the carpet.

Took It Literally.

"Why has your wife decided to give up the European trip she was contemplating?"

"She happened to hear somebody say that travel broadened one."

Keep Minard's Liniment in the house.

A Woman's Way.

Bachelor Caller—My dear fellow, I thought your wife had forgiven you and promised to forget it?"

Husband—So she has, my boy. But she didn't promise to let me forget she'd forgiven me.

Bad Blood

is the direct and inevitable result of irregular or constipated bowels and clogged-up kidneys and skin. The undigested food and other waste matter which is allowed to accumulate poisons the blood and the whole system. Dr. Morse's Indian Root Pills act directly on the bowels, regulating them—on the kidneys, giving them ease and strength to properly filter the blood—and on the skin, opening up the pores. For pure blood and good health take

Dr. Morse's Indian Root Pills

RUTHENIANS IN THE WEST.

Transforming Them Into Canadian Citizens.

To the east and north-east of Edmonton, Alberta, lies the largest Ruthenian colony in Canada. Though to-day we call them "Austrians" or "Galicians," the day is speedily coming when they and their descendants will be known by no other name than that of Canadians.

To the teacher who undertakes a school in a Ruthenian settlement a new life opens, and one not without its hardships and loneliness. As a rule he or she has to live alone in a little shack built in the school yard, for the thatched homes of the Ruthenian people have no rooms for the accommodation of boarders. The home provided for the teacher is never elaborate. It is usually a one-roomed shack, and is erected at a cost of from one hundred and twenty-five to two hundred dollars. It is provided with a bed and a cook stove.

This one-roomed abode the teacher usually divides by curtains into two apartments, and when she has decorated it with pictures and nick-nacks and books and tried her hand at constructing some rustic furniture, and has scattered about it some comfy cushions, she has made for herself a nest strong with the home sense. The children linger at the door to get a peep at its splendors, and the parents who call on the teacher carry away a vision of home comfort such as has never been theirs before. Who can tell what influence these little homes may have in correcting the interior of the cheerless four walls within which the Ruthenian lives?

But it is round the school-houses that the chief interest of both the Ruthenian people and the teachers centres. They are frame structures, neat, commodious, and well lighted. There is a keen rivalry amongst the different districts as to who shall have the best school-house, and they are quite generous in regard to furnishings and equipment. Up to date more than fifty such schools have been built in the Ruthenian district. And truly this end of the task of moulding the young Ruthenians into Canadians is far from fruitless, for the children show considerable aptitude in learning and pick up English quickly.

Nor does the teacher forget that "all work and no play makes Jack a dull boy." Unlike the Anglo-Saxon child, the young Ruthenian does not seem to take naturally to play. On his first arrival at school he holds aloof, and gazes in a kind of stupid wonder at the antics of the children.

Pardonable.

The prisoner sat disconsolate in his cell. Suddenly the warden appeared.

"We have obtained proof," he said, "that another man committed the crime with which you are charged."

"Well, I guess that lets me out," said the prisoner."

Helpless From Rheumatism

Gin Pills Give Prompt Relief By Curing the Kidneys.

Mr. Samuel Longmore, of Montreal, says: "Just a word of praise for GIN PILLS About fifteen months ago I could not walk across my room, suffering severely with Rheumatism. I took GIN PILLS and became quite well. Two months ago I had Rheumatic Pains with Neuralgia. I resorted to GIN PILLS again for one week and became quite well."

50c. a Box, 6 for $2.50. Sample free if you write National Drug & Chemical Co. of Canada, Limited, Toronto.

Sleuthing.

"I asked her if her husband smoked," said the woman with an inquiring mind, "and what do you think? She said she didn't know!"

"I don't see what difference it makes to you."

"Oh, I don't care whether he smokes. I wanted to find out if he kisses her!"

Easily Gauged.

Johnny was sent to the cellar to draw a pitcher of cider. When he got back the guest commended him. "You must have good judgment to have filled the pitcher so accurately in the dark without running it over."

"Aw, that ain't hard," replied Johnny. "Yer see, when the cider got up to the first joint of my thumb, I stopped."

HANGED BY THE NECK

No death is more certain than the end that comes to every offender treated by Putnam's Corn Extractor. Out comes the corn or warts, root and branch. Insist on "Putnam's" only. It's the best, free from acids and painless. Price 25c., at all dealers.

There are many rungs of failure in the ladder of success.

Minard's Liniment used by Physicians.

Had Experience.

Briggs—Would you marry a woman lawyer?

Griggs—No, sir. Even the ordinary woman can cross-examine far too well.

Easily Explained.

Newlywed (disturbed over purchases)—You had very simple tastes before I married you.

Mrs. Newlywed—I had to in those days. I never could get any money out of father.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

AGENTS WANTED.

AGENTS! BIG MONEY-MAKER! Our dollar book, "Destruction Empress of Ireland." Best book published; write at once for Free Outfit. Best Terms; freight paid; credit given. Nichols Limited, Publishers, Toronto.

NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book Business in connection. Price only $4,000. Terms liberal. Wilson Publishing Company, 73 West Adelaide Street, Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

PATENTS

OF INVENTIONS

PIGEON, PIGEON & DAVIS

71a St. James St., Montreal

Write for Information.

HOME STUDY

The Arts Course may be taken by correspondence, but students desiring to graduate must attend one session.

QUEEN'S UNIVERSITY

KINGSTON, ONTARIO

ARTS — APPLIED SCIENCE

EDUCATION — Including ENGINEERING

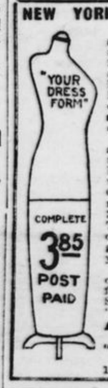
MEDICINE

SUMMER SCHOOL

JULY and AUGUST

G. Y. CHOWN, Registrar, Kingston, Ont.

NEW YORK'S LATEST MODEL



You cannot secure the swinging, graceful lines so much sought by fashionable modistes (but so lamentably lacking in home dressmaking) unless your dress is tailored and fitted over a **scientifically proportioned Dress Form.**

Each part is made by a trained expert from the very best material. Bust and skirt covered with fast black Jersey Cloth, to which drapings may be pinned. Sizes 32 to 40, bust measure. Two styles, slender (as cut) or larger hip. Also girls from 14, 16, 18 years.

So easy. Send Express or Money Order. A full form Bust, Skirt and Stand comes post paid. "The new way."

COMPLETE 3.85 POST PAID

A. S. RICHARDSON & CO., Est. 1892 "YOUR DRESS FORM" DEPT. 101 Ontario St., Toronto

Kendall's Spavin Cure

The Old Reliable Horse Remedy

THOUSANDS of farmers and horsemen have saved money by using Kendall's Spavin Cure for Spavins, Curb, Ringbone, Splint, Bony Growths and Lameness from many other causes. It keeps horses working. A $1 bottle may save a horse for you. Get a bottle the next time you are in town. Sold by druggists everywhere, $1 a bottle, 6 for $5, also ask for a copy of our book "A Treatise on the Horse"—or write to

Dr. B. J. KENDALL COMPANY Enosburg Falls, Vermont

Come Again, Reggie.

Reggie—"So, by way of breaking the ice, I remarked that the weather was very cold."

Henry—"Well, and what did she reply?"

Reggie—"She said: 'The recurring phenomena of heat and cold are so frequent and so familiar as to be matters too negligible to engage my interest, Mr. Riskey.'"

PILES

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores—50c box.

Zam-Buk

SPOHN'S DISTEMPER CURE

WORMS

To expel stomach and intestinal worms from colts, as well as older horses, use a remedy that will not "physic them to death," but will act as a tonic. In this respect SPOHN'S is unequaled. Full instructions in booklet with every bottle. All druggists.

SPOHN MEDICAL CO., Goshen, Ind., U. S. A.

ONTARIO ARCHIVES TORONTO