THIN-BLOODED MEN AND WOMEN Contractors Says Two Experts Get Report on Nation's Health Shows

Need the Rich, Red Blood Dr. Williams' Pink Pills Ac-

tually Make Thin-blooded people do not re- England. tendency to be easily tired are suf- "Our divers are, or, at all events, ham and Sheffield-the scourge is Pills for Pale People. With every Colombo and Montevideo. Steele, Afton Road, P.E.I., "Foremost among the things a not unlikely that some of the ex- able and I quickly got relief. Nervipeople. Here is an example: Mrs. salves. condition. He treated me four "The difficulty is accentuated tuberculosis death rate is high. The chest, for curing stitch in the side, months, but still the pain remain- when the diver is working under total share of migration in produc- atism. Nothing more soothing or ed, and my condition was growing the batches of a submerged ship, ing these bigh phthicis death rate. had but little hopes of my getting both, and then-good bye!

six boxes for \$2.50 by The Dr. Wil- lines, and we had to appeal to the all the symptoms of intestinal indisent by mail at 50 cents a box or cut our divers' air tubes and life eating there was pain and fulness, and liams' Medicipe Co., Brockville, admiralty, which sent a special gestion. Nothing helped me until I 1,789,100 acres, being 25 per cent.

THE HUNGRY HAT.

Avaricious Hotelkeeper.

A certain Doctor Heim, a German man of science, once stopped for luncheon at a hotel in Wiesit, and sat down. When he came of a conger eel, which was said to ton's Pills of Mandrake and Butternut, per cent. and the estimated out man in a crowd. The woman turnprised to find that he was charged for two plates but the head waiter be fourteen feet long and as thick or The Catarrhozone Co., Kingston, with last year. In Jullundur the then enquired: "Why don't you ont. for two plates but the head waiter was promptly avenged by his mate, insisted that he had reserved a who went down and hacked the eel second place, because no one could to pieces." sit where his hat lay; so Doctor Heim paid without a word.

hotel, sat at the same table, and next to him. He ate a hearty meal, and as the waiter was about to stomach is out of order or his bowclear away the dishes, he said, els need regulating, no other medi- the nations of the world, according per cent., it is estimated that the lar a bottle. I mean it. "Wait a minute, friend. My hat cine will have such prompt or bene- to the bureau of universal statis- yield will be 100 per cent. better here, that is also paying for a din- ficial effect as Baby's Own Tablets. ties, which has just announced its than last year. ner, is very hungry, as you may Thousands of other mothers use no figures for the year 1912. Of this yesterday, but didnt est anything." Concerning them Mrs. John G. total public indebtedness thirty-With these words, Heim lined his Crockett, Glenberrie, N.S., writes: Europe alone. A century ago the but when Putuam's Corn Extractor was up to the brim with bread, cookies, for stomach troubles, vomiting and by "Putnam's Extractor," 25c. at all to be brim with bread, cookies, for stomach troubles, vomiting and by "Putnam's Extractor," 25c. at all to be brim with bread, cookies, for stomach troubles, vomiting and by "Putnam's Extractor," 25c. at all to be brim with bread, cookies, for stomach troubles, vomiting and by "Putnam's Extractor," 25c. at all to be brim with bread, cookies, for stomach troubles, vomiting and by "Putnam's Extractor," 25c. at all to be bring the bread, cookies, for stomach troubles, vomiting and by "Putnam's Extractor," 25c. at all to be bring the bread, cookies, for stomach troubles, vomiting and by "Putnam's Extractor," 25c. at all to be bring the bread, cookies, for stomach troubles, vomiting and by "Putnam's Extractor," 25c. at all to be bring the bread, cookies, for stomach troubles, vomiting and by "Putnam's Extractor," 25c. at all to be bring the bread, cookies, for stomach troubles, which is a storing to be bread, cookies, for stomach troubles, which is a storing to be bread, cookies, for stomach troubles, which is a storing to be bread, cookies, for stomach troubles, which is a storing to be bread, cookies, for stomach troubles, which is a storing to be bread, cookies, the bread troubles, which is a storing to be bread to be bread

occupied by les hat.

The millionaire railway king had a brother who was hard of hearing. whilst he himself was known as having a very prominent nose. Once when dining at a friend's house he sat between two young ladies. They persisted in talking to him very loudly, much to his annayance, but, wise man, he said nothing. "Did you ever," remarked one of them to the other in an ordinary tone during a full in the conversation, "see such a nose Pardon me, ladies," broke in the ionaire, "it is my brother who

the wife said, "Bring home a package of

Post Toasties

Toasties are wonderfully

good at any meal, and somehow seem to match the appetite of both home folks and guests. Bits of selected Indian

Corn. delicately seasoned, cooked, rolled thin and toasted to a rich golden brown - that's Post Toasties.

Fresh, tender and crisp, ready-to-eat direct from the package. With cream and a sprinkle of sugar-

"The Memory Lingers"

ED. L

Canadian Postum Coreal Co., Ltd. Windsor, Ontario.

ISSUE 9-'14. | completed.

Toasties sold by grocers everywhere.

THE PAY OF DIVERS.

A romantic and, in many cases, highly lucrative career is suggested the terrible plague of consumption by the interesting statement made will be vanquished in England is by Alfred Gann, famous marine sal- held out by the report of the Local vage contractor of Whitstable, Government Board. Careful read-

difference; in some cases from de- for its native oysters , has an equal that tuberculosis is decreasing in draw a long breath. spair. People who are pale, lan- title to fame, according to Mr. the country. Even in those great guid, with palpitation of the heart, Gann, in its divers, and a good centres of tuberculous disease some difficulty in breathing and a diver is always assured of work. Liverpool, Manchester, Birming-

right treatment and stick to it un- has raised, salved, or surveyed account for a very little.

says: " Following childbirth I took diver has to learn-and with fewer cess of both Manchester and Livera pain in my head which grew so wrecks this takes him many years pool is caused by the immigration Any sort of a cold can be quickly bad I had to call in a doctor. He nowadays—is the knack of finding of casual laborers. This would in- broken up with Nervillne which is a told me that my blood had turned his way about inside a ship under clude the immigration of natives of marvel for reducing inflammation, for

ed, and my condition was growing the hatches of a submerged ship. ing these high phthisis death rate powerful. The 50c. large family size pitiable. I lost my appetite, and He has to see then with the palms cannot be determined at present. is the most economical. Small trial was so weak and run down that I of his hands and the tips of his The tuberculosis death rate of these size 25c. at dealers everywhere. could no more than walk across a bare fingers for eyes. A single slip cities has shown great reduction." room. I was as pale as a corpse, or miscalculation may mean the and the doctor told my friends he fouling of his life line, air tube, or

better. A cousin who came to see "The prowesso f the Whitstable Will me urged me to try Dr. Williams' divers recalls to me the salving of Pink Pills, and I sent and got a the cargo of the Ornen, from North supply. In about a month after America, laden with walrus skins beginning their use I had much re- and oil, which was wrecked on the

lief, and by the time I had taken Goodwin Sands. six more boxes I was fully cured "Divers previously in charge had and felt as well as ever I did in my broken the Ornen's rudder, thrown hife. I have never had a twinge of the pain since, and feel that I owe and even constructed artificial the pain since, and feel that I owe and even constructed artificial the pain since, and feel that I owe and even constructed artificial to pain since, and feel that I owe and even constructed artificial to pain since, and feel that I owe are constructed artificial to pain since are my life to Dr. Williams' Pink Pills, scuppers on the deck, so that the long time, but well enough to work | 000 bales of 400 pounds each, as they cured me after the doctor water from the pumps found its until spring. But something went against 4,200,000 bales last season. way direct to the vessel's hold. wrong with my bowels for I had to use The increase here is 15 per cent.

> gunboat, under whose protection used Dr. Hamilton's Pills. Instead of more than last year. The yield is we successfully salved the cargo. very mildly, and seemed to heal the ed cotton, compared with 297,016 "The Darling Downs had nearly bowels. I did not require large doses bales estimated in the correspondto get results with Dr. Hamilton's Pills, ing forecast last year. In the na-

The next day he returned to the BABY'S OWN TABLETS

suppose, since it paid for its dinner other medicine for their little ones. total public indebtedness thirtyhat with a newspaper, and filled it 'I have used Baby's Own Tablets public debt of all countries amount- applied, he came out roots and all. Any fruit and all sorts of good things. constipation, and in every instance liards. He then placed the bulging hat they have proved successful. I The population of the earth now carefully under his arm, and walk- would use no other medicine for my is slightly over 1,900,000,000, an ined out in triumph. little ones." The Tablets are sold crease of 140,000,000 in the last four "Seeing is believing," quoted the ual. Look 'ow 'e stutters." The lesson had a good effect, for by medicine dealers or by mail at years, according to the bureau. sage. "Oh, I don't know. I see since that time no one in that hotel 25 cents a box from The Dr. Wil- Asia now has 933,000,000; Europe, men every day whom I wouldn't be- Try Murine Eye Remedy has had to pay for the seat that was liams' Medicine Co., Brockville, 484,000,000; Africa, 188,000,000; lieve under oath."

> Angeline: "I wonder if I shall ever eatch Edwin flirting?" Mabel "I always thought that was how you did catch him, dear.' '

Piles Cured in 6 to 14 Days uggists refund money if PAZO OINTMENT fails to cure Itching, Blind, twenty-five times. Protruding Piles. First application

NEW ROADS COST \$406,000. You May Have Catarrh Over 1,250 Miles Built Up North Last Year.

George W. Bennett, Superintendent of Colonization Roads, in his HEAD AND THROAT BECOME report to the Ontario Minister of Public Works, states that during the past year 1,250 miles of highway, at a cost of \$406,341, have been constructed or improved. The ads in the northern part of Onhave been found to cost con-

Rainy River, Kenon Fort William, Port Arthur, Al goma, Sudbury, and Manitoulin Island, 292 miles of colonization roads more completed, and 205 miles of roads under the by-law system. The total cost of the latter

Sturgeon Falls and Nipissing, the a direct breathable cure that places by-law roads 80 miles. The cost of catarrhal germs. the latter was \$15,000, the province paying \$11,000.

292 miles of new colonization roads. from the very first day's use of Ca-The by-law roads, new and im- Westvale, P.Q. "I had for years a proved, amount to 344 miles. The stubborn case of Bronchial Catarrh, 852,000, of which \$32,000 granted by the Government.

In the Timiskaming district 113 rank. Catarrhozone cured quickly." miles of by-law roads were built at | Get Catarrhozone, use it, and you a cost of \$17,000, of which the Government paid \$10,000. The SooSudbury road was pushed shead
for a considerable distance, and 18
miles of this now remains to be miles of this now remains to be osone Co., Buffalo, N.Y., and King-

CONSUMPTION IN ENGLAND. | DO Long Breaths Hurt? DANGEROUS PLEURISY ALWAYS

Speedlest Cure Is Nerviline.

Ouch, that stab-like pain in the side is like a bot knife blade in the ribs! Probably got overheated-cooled too fast-now there is congestion, ing of this report—it is over 400 main so from choice, but from in- Whitstable, though celebrated pages long-makes it quite clear tightness, such soreness you can't This is the beginning of Pleurisy. Pleurisy is far too serious to neglect

A wonderful hope that some time

Relieves Fullness After Meals.

Owe \$42,960,000,000.

show a total of 625,000 miles of rail-

vigorous rubbing with Nerviline. This fering from thin blood. They need used to be, the finest in the world,' dying. Modern sanitation may pos- trusty old pain reliever will fix you up only the resolution to take the said the veteran contractor, who sibly account for it, but it can only in no time— will take away the conright treatment and stated, saived, or surveyed account for a very little.

The remedy that can be nearly 200 vessels. "Our own men Tuberculosis kills men in prefer- who says.—"In running to catch a relied upon is Dr. Williams," Pink are as well known at Lagor as at lag relied upon is Dr. Williams' Pink are as well known at Lagos as at ence to women. The report says:— train last week I became much over-"For males at most ages Liver- heated. I put up the train window dose they make new blood, and new "Two who were with us are now pool has the highest death rate, and rode that way in order to get blood means health and strength. earning about \$100 each week in Manchester coming next. For fe- cooled off. In an hour my side was so The red cheeks, good appetite, in- South America. A good man males Liverpool again has the highcreasing weight and strength that ought to be always worth his \$15 est death rate, the death rates in I always carry Nerviline in my grip follow the use of these Pills prove a week, with perhaps \$5.25 a tide Manchester and Birmingham hav- and at destination I rubbed my side their great value to thin-blooded and a commission on the cargo he ing a similar course that of Shef- thoroughly three times. The warm field being somewhat lower. It is penetrating effect was soon notice-

Ireland, among whom the average relieving congestion in the throat and

BIG COTTON CROP IN INDIA.

Increase of 14 Per Cent. Over Last Year Is Reported.

India promises to have a bumper Any Sour Stomach cotton crop this season. The latest estimate places the area under cotton at 23,000,000 acres, or 3,000,000 acres ahead of last year's figures, "When I was working around the which means an increase of 14 per

salts or physic all the time. My The latest report on the crop in Sold by all medicine dealers or Worse still, they threatened to stomach kept sour, and always after the Punjab is particularly gratifyhurting, like other pills, they acted estimated at 490,061 bales of clean-How a Doctor Got Even With an It took eight of our divers two and feel so glad that I have found a ing forecast last year. In the namonths to salve it, and by then the mild yet certain remedy. To-day I am tive States the area returned as wool was worth more than when it well-no pain, no sour stomach, a under cotton is 236,800 acres, an went down. Wool had risen in good appetite, able to digest anything. increase of 84 per cent. The out-This is a whole lot of good for one turn is estimated at 76,185 bales, or "One man who had been in our Hamilton's Pills are the best pills, and In the Umballa division the area my letter, I am sure, proves it.

> and the estimated yield by 175 per In Lahore the area has increased ESTIMATES DEBTS OF WORLD. by 25 per cent. and the yield by 28 per cent. In Rawal Pindi the area CURE SICKLY BABIES Foreign Bureau Finds All Nations has increased by only 4 per cent., but the yield is estimated to be 22 that we consider your MINARD'S LINIMENT a very superior article, and

Exceptions.

America, 187,000,000; Oceania, 57,-

To Cure a Cold in One Day The world's commerce now Take LAXATIVE BROMO QUININE amounts to \$40,600,000,000 and it is fails to cure. E. W. GROVE'S signacarried on by 55,802 sailing ships ture is on each box. 25c.

and 47,714 steamers. Other figures If a man admires a woman sh should at least admire his good roads or enough to girdle the globe

Minard's Liniment Cures Garget in Cows. WILD PONIES NEAR LONDON.

Estate of Lord Lucas in New Forest Contains the Breed.

Riding in the New Forest in this

Returning a Favor.

"What now?" asked the friend.

"Why, Binks sent me a box of

"Well, I sent it back and told him

Minard's Liniment Cures Distemper

"It's going to be war to

who was feeding his chickens.

"Well ?"

In New Forest near London, on the estate of Lord Lucas, British DISEASED WITH CATARRH parliamentary secretary of the FROM NEGLECTING COLDS board of agriculture, there is a AND COUGHS. breed of wild ponies that lives as

Catarrh is Treacherous-When Fully free and untrammeled as on the prairies of South Africa. Developed is a Horror-Note its These ponies are small and absolutely wild. At about five months "Is your breath bad?" the foals are old enough to be captured and taken to auctions all

"Is your throat sore?" "Do you cough at night?" over the country-an unpleasant "Is your voice raspy?" change for the little wild things. "Have you nasal discharge?" "Do you spit up phlegm?" They have first, however, to be "Has your nose an itchy feeling?" "Have you pain across the eyes?" their owner and his friends, and it "Is your throat irritable, weak?" takes a great deal of doing. "Do you sleep with mouth open?" "Are you subject to sneezing fits?" "Do your ears roar and buzz?" take two or three hours before he "Are you hard of hearing?" .

And Not Know It

can be got into the fixed enclosure. If you have any of these indications was \$59,000, of which the Province of Catarrh, cure the trouble now- Thus the pleasures of wild riding in stop it before it gets into the lungs the bush are brought to within In the western district, Parry or bronchial tubes-then it may be too fifty miles of London, says the Bos-Sound, Muskoka, Simcoe, Bruce, late. The remedy is "Catarrhozone," ton Transcript. colonization road mileage is 116; cation on every spot that's tainted by way is dangerous on account of the bogs, and it takes a clever rider

and pony. Lord Lucas is a tall man There can be no failure with Cawho carries the mark of adventure tarrhozone-for years it has success-The eastern division, which in- fully cured cases that resisted other of a more dangerous sort in a cludes the remainder of the north- remedies. "No one can know better slight limp brought back from ern part of old Ontario, has now than I, the enormous benefit one gets South Africa. tarrhozone," writes T. T. Hopkins, of knife," declared the suburban man, expenditure for this section was ear noises, headache, sore eyes, stopwas ped up nose and throat. It affected my appetite and made my breath

> axle grease and advised me to use it on my lawn mower." to use it on his daughter's voice."

BEGINS THIS WAY.

Quickest relief will come from a

With Daily

And occasional use of Cuticura Ointment. No other emollients do so much to prevent pore-clogging, pimples, blackheads, red, rough hands, dandruff, itching scalps and falling hair.

Cuticura Sosp and Ointment are sold throughout Chem. Corp., Dept. 4K, Boston, U. S. A.



Choose which Grain

you like best for your white Sugar and buy St. Lawrence Pure Cane Granulated white, in original bags - Fine grain, medium or coarse. Each the choicest sugar.

Ask your Grocer. ST. LAWRENCE SUGAR REFINERIES, LIMITED MONTREAL.

Protection.

"Madam, the feather in your hat unoccupied, so he put his hat upon waters through a blow from the tail Refuse a substitute for Dr. Hamilto settle his account, he was sur- be fourteen feet long and as thick or The Catarrhozone Co. Kingston

Minard's Liniment Co., Limited.

"Now, min," said the Irish foreman after the accident, "we'll hev Hanrahan," interposed Casey, "he's jist th' man t' break ut grad-

If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart -Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail, An Eye Tenic Good for All Eyes that Heed Care Murine Eye Remedy Co., Chicago

If mirrors portrayed us as others see us, we would never use them. Minard's Liniment Cures Colds, Eta.

And Jam.

"How does your little boy take "With compulsion."



Experienced mothers say Zam-Buk is best for children's injuries and skin troubles, because:

It is herbal-no poisonous mineral coloring. It is antiseptic-prevents cuts and burns taking the

It heals every time. Just as good for grown-

It is soothing-ends pain

Sold at all stores and

Tann-Buk

APPENDIX IS USEFUL.

talian Savant Finds Organ Has Special Function.

Is the appendix after all to become a useful organ, and is appendicitis soon to go out of fashion These questions may well be asked when one reads the report of an Italian savant, Signor Morgera, who tells the French Academy of Sciences of his experiments with dogfish in the Bay of Naples.

Signor Morgera found that these marine animals possess an organ which would be analogous to the appendix in man. After taking out this gland Signor Morgera discovered that the contraction of the intestines and its necessary functions were disturbed. He found that a certain kind of sugar was secreted by the appendix of these animals, and that if he introduced four or tine of an animal whose appendix H. W. DAWSON, Ninety Colborne Street five drops of sugar into the inteshad been removed the action of the intestine was perfectly normal.

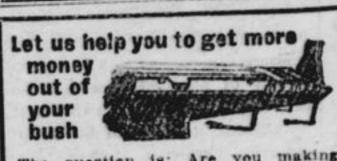
Brumpt, and others, seem also to be of the opinion that this much CASKATCHEWAN IMPROVED FARM maligned organ of the human body Must Sell. Small payment has a particular and very important function which has been long School on farm. Write owner, 625 Wilton

Minard's Liniment Cures Diphtheria.

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Buyers of "ready-mixed" fertilizers should insist on brands of HIGH POYASH CONTENT.

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good enough syrup? Are you mak-ing all you can? Are you losing any sap, which is real money? Place a "Champion" in your segar camp, and you will obtain the very best results with less work. Write for free book-

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Send Sc for trial size

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and Department stores everywhere. 1880 Chabot Ave., Montreal



PARMS FOR SALE

YOU WANT TO BUY OR SELL A Several French savants, Dr. Rob- write H. W. Dawson, Brampton, or M. Colborne St., Toronto.

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WANTED.

A GENTS WE WANT YOU. WRITE Dominion Shade Adjuster Co., Wind-

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NURSERY STOCK. STRAWBERRIES, RASPBERRIES, FIFTY Varieties. Free Catalog. McConnell & Son, Grovesend, Ontario.

MISCELLANEDUL M AKE YOUR WILL WITHOUT LAW. yer's fees. Your family insured

against expensive lawsuits. Code Will

Form postpaid 25c. Griffiths, Browne Bldg.,

CANCER, TUMORS, LUMPS, ETC. out pain by our home treatment. Write us before too late. Dr. Bellman Medical Oo., Limited, Collingwood, Ont.

out Canada and the States and want man-

agers to handle our branches, who can invest \$1,000 to \$5,000. Salary \$150 and upwards monthly, and your share of the profits. 300 per cent. profit in our business. Address, Post Office Box No. 206, Station "B," Montreal.

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Before and After Using. Restores Grey Hair to original color. Two might the other blond or other color as they were in youth. Stops Falling Hair, Dandruff, Itching, Cures all Scalp Diseases, Produces New Growth.

Satisfaction guaranteed or money back. Price 75 cents or two for One Dollar (postage paid.) Not sold in stores, address Canadian Hair Restorer Co., WINDSOR, CHT.

Cranston Cylinder Press, fast machine for six column, four page newspaper, used very little, in perfect condition, low price. Wilson Publishing Company, 73 West Adelaide Street, Toronto.

"Doing it now" is the root of suc



And all diseases of the borse affecting his throat, speedly cured; colts and borses in same stable kept from having them by using SPOHN'S DISTEMPER AND COUCH CURE. 3 10 doses often cure. One bottle guaranteed to cure one came Safe for brood mares, baby colts, stallions all ages and conditions. Most ckillful scientific compound. Any drugg et. SPOHN MEDICAL CO., Coshen, Ind., U. S. A.





THE STEEL COMPANY OF CANADA LIMITED MONTREAL

Her Gre

Or, A Strugg

"I am very glad," said Gaunt in a low "I think so," said Mr. Bright. Then he began to talk about the estate. Gaunt listened, but absently, and presently hi "I think I will go and change, Mr

Bright. It will be quite pleasant to get very nice little dinner which Mr. Bright would have enjoyed if Lord Gaunt has

would have thought that the affair quite a commonplace business, unwor Bright, at last, said "Good-night." Oh, yes," said Gaunt that the young fellow was all that h Bright had described him. He hoped th man could be worthy of his girl-love

She was there asleep; and he was he But what a wide gulf yawned between And she was going to be married! should be. She was young and beautif and this young fellow-well, it was ris oung and well favored. A wave of

Gaunt ran across the lawn, and cli had gained the front gate, a crowd Gaunt pushed his way through "Are they all out safe?" he asked. Before the man could reply, Mr. Be came running down the path from

"Is that you, Lord Gaunt?" he pas Some one run down to the farm bring up a ladder the longest you find; bring two, and some rope! Hae "Are they all out, Bright?" demai

enough, but he looked from Bright to rived," replied Bright. 'I saw you over the fence. The servants are out safe; I saw them just now. There are; and Mr. Deane he was here rom one to the other; then the ushed her way up to Bright, wring

or hande and crying.

Come back-ceme back) floor and were licking round th

A tongue of fame shot up between waw her stars and hold out her he held out his arms to her, into tell her to jump, but he checked to mand that aprung to his line. It certain light, in her terror, she mighim or jump short, and if she did would inevitably injure "Decima, can you hear

"Yes, yes!" she cried bas

her voice, though thick and tre

UNTARIO ARCHIVES TORONTO