

DR. WILLIAMS' PINK PILLS MAKE WOMEN WELL

Just because she is a woman, there are times when every woman needs help and strength in the form of a blood-building tonic.

BANDITS PREVENT WRECK.

When They Shot Engineer of a Mail Train. How an attempt by bandits to rob a mail train on the Manchurian Railway unwittingly averted a wreck is reported in a story from Pogradichwaia, Russia.

More Like a Thousand of 'Em.

"I never paid a cent to a doctor or a lawyer in my life."

Be It Now.

Six—I've had this umbrella eight years. Dix—that's long enough, you ought to return it.

Appetite Finds Ready Satisfaction In a bowl of Post Toasties and Cream.

Thin, crisp bits of Indian Corn—cooked and toasted so that they have a delicious flavor—

Wholesome Nourishing Easy to Serve—sold by Grocers everywhere.

Canadian Postum Cereal Co. Ltd. Windsor, Ontario.

FROM ERIN'S GREEN ISLAND

NEWS BY MAIL FROM IRISH LAND'S SHORES.

Happenings in the Emerald Isle of Interest to Irishmen.

Peter Davey, a laborer of Drumkirkaboli, county Sligo, was cut out pieces on the M. Diana Railway near Sligo.

A donation box, estimated to contain about \$15, has been stolen from the Catholic Church at Ennistymon.

A fire occurred at a flax mill at Lower Beltoney, near Newtownstewart, the property of Mr. Aiken. The entire mill was destroyed.

A stir has been created in Clifden by the fact that the doors and showboards of houses of prominent residents in the town have been tarred.

A miller, named Patrick Reilly, residing at Drumcar, near Dunleer, had one of his arms almost torn away by being caught in the cogs of a wheel.

During the past week some large seals made their way to the shore at Dugarvan, and two of them were shot by a man who went out in a boat.

The epidemic of scarlatina is still prevalent in Clonmel, seven fresh cases having been admitted to hospital, making 24 being treated there altogether.

A purchaser acting on behalf of the King, purchased two Aberdeen Angus crosses at the Dublin Winter Show, the property of Miss Staples, Dunmore, Durov.

The death has taken place in the Ballindine district of Mrs. Mary Rhtigan, at the age of 109 years. She was the mother of the Rev. Father Rhtigan, U.S.A.

Militant suffragettes have again been at work in Dublin where unopened bottles containing corrosive fluid has been dropped in letter boxes. Much damage was done.

At Ballymena the trustees of the Independent Order of Rechabites prosecuted a number of that Society for imitating a doctor's signature on a certificate of sickness.

While workmen were employed in the erection of the municipal dwellings in Wellington Street, Lurgan, they excavated a number of coins of the reign of George III.

The strike of the cabinetmakers working on the premises of the Sligo Iron Company has been successfully settled, the men returning to work after an absence of five weeks.

A deputation representing the goods agent, stationmaster and clerks of the G. S. & W. Ry. waited on the directors at Kingsbridge, seeking improvements in salaries and conditions.

Owing to the satisfactory operations of the Clancy Act, the Athlone Urban Council have been enabled to reduce the rents of the working class houses by 12 cents per week each.

The postal authorities have commended the Registrar-General for Ireland reports that the number of emigrants who left Irish ports during November was 6,131, of whom 568 were males, over 533 females, a decrease of 123 persons over last year.

BABY'S OWN TABLETS ARE SAFE AND SURE

Mothers wanting a safe and sure remedy for their little ones can depend upon Baby's Own Tablets.

They are absolutely guaranteed by a government analyst to contain neither opiates, narcotics or other injurious drugs.

Mrs. G. L. Bonham, St. George, Ont., says—"I can recommend Baby's Own Tablets as a safe and sure medicine for little ones."

Excavators in Jerusalem Uncover Its Foundations.

News of the finding of the foundations of the Tower of Siloam have been received. This was the tower concerning which Jesus is quoted in Luke xiii., 4, as saying: "Those eighteen upon whom the tower in Siloam fell and slew, think ye that they were sinners above all men that dwelt in Jerusalem?"

The excavators, according to the message, have "discovered a long, well-cut Greek inscription, which speaks of the presbyters and fathers of the foundation of the synagogue. These baths and the foundations of the synagogues are exposed. They have found the base of a circular tower which may well be that of the Tower of Siloam, spoken of by Christ. They have found also a conduit leading from the spring. That seen by Schinck in the nineties, wrongly thought to have been the oldest, is now shown to be above the spring."

Value of a Good Wife.

A man at a wedding the other day was telling everybody, in a very loud voice, that a good wife was capable of turning this gloomy earth into a joyous heaven.

"You're quite right there," one of the married men exclaimed; "mine came near to making one of me with her first kiss."

From Great Lakes To the Rockies

WOMEN SING THE PRAISES OF DODD'S KIDNEY PILLS.

Saskatchewan Lady Adds Her Testimony to What Has Already Been Said of the Great World's Kidney Pills Are Doing.

Caesarville, Sask., Feb. 9.—(Special.)—The scarcity of female help in a new country subjects the women of the prairies to unusual strain, and careful observation has established the fact that this strain first makes itself felt in the kidneys.

For this reason Dodd's Kidney Pills are making an enviable reputation from the Great Lakes to the foothills of the Rockies.

Everywhere you will find women singing the praises of the great Canadian kidney remedy that has banished their pains and weariness, and brought them back to health.

"I have found Dodd's Kidney Pills very beneficial," Mrs. Cowen states. "If anything I can say will help any sufferer I am glad to add my testimonial to what has already been said."

The kidneys strain all the refuse material out of the blood. If they are out of order this refuse remains in the blood, and becomes poison.

That's why sound kidneys mean pure blood and good health. Dodd's Kidney Pills make sound kidneys.

CRIMINALS ARE COWARDS.

Observations of Italian Army Doctor During Tripoli Campaign.

Major Consiglio, an Italian army doctor, sums up in the Frankfurter Zeitung his observations during the Tripoli campaign of 225 soldiers who had been convicted of various crimes before the war.

He says the hardened criminals, though bold and aggressive toward their superiors and their comrades, were, with scarcely any exception, cowardly in action.

Among the casual criminals, driven astray through faulty upbringing, by drink, or by the spirit of adventure, a few were found who distinguished themselves in the field. Nevertheless, they, too, frequently rendered themselves liable to disciplinary penalties; further, they proved themselves incapable of regular work or of a sustained moral effort.

Those who proved themselves best adapted to modern warfare, says the doctor, were men who had been good citizens in times of peace.

The macadam highways not only wear away as the result of purely physical processes, but are actually dissolved away by water carrying carbonic acid and oxygen, says Mr. W. G. Fearnside.

That is, they disintegrate chemically as well as physically. In a recent lecture before the Surveyors' Institution in London Mr. Fearnside declared that this chemical disintegration was of little importance at the surface of the road, because the mechanical wear there was so much faster.

But in the foundation, upon which the real life of the road depended, where the stones "were often kept to stew in water for whole seasons," the chemical action of water was of serious import.

The rocks particularly susceptible to this action are feldspar, limestone and those containing iron and sulphides. This destructive chemical action of water is also particularly in evidence in the case of slags, much used in England for road-making.

Blaming Mother.

"My mother made me what I am," said the political speaker as he proudly threw out his chest.

"Well," said a small man at the rear of the hall, "she must have put in most of her time at other things."

Play Straight—Play Fair.

When I was young and thin and small, Not half so stout, nor yet as tall As people tell me I am now, We had a sort of schoolboy vow That, come what may, we used to

As dearer than the purest gold, And who to him more broke the rule, This steadfast motto of the school: Play straight; play fair.

When I grew up and left the school I vowed to keep our golden rule. To be a sportsman just the same; I'd play to win, yet play the game. But in the fight of life I sought In vain, for decent, cleanly sport Was truly rare.

And people seemed to stand aloof, Who should have yelled in stern reproof: "Play straight; play fair."

And, so it is, though blessed in health, I have not garnered heaps of Success; as most consider such, I have not met with overmuch. But I am happy, for I've tried (When others would have moped and sighed) A smile to wear.

And still I hold myself repaid If I can say that I have played Both straight and fair.

He Meant Well.

Hostess (at the party)—Miss Robins has no partner for this waltz. Would you mind dancing with her instead of with me.

The Man—On the contrary, I shall be delighted.

One Thing at a Time. Hub (anxiously)—But if you buy this costly fur, how are we ever going to pay for it?

Wife—Now, Tom, don't let's talk about two things at once. Let's talk about the coat.

FEET HEAVIER WHEN ASLEEP

Head is Lighter and Feet Much Heavier on Awakening.

You often hear a person complain of his head feeling "heavy" after a long sleep.

Experiments have shown that if a man goes to sleep on a bed suspended exactly at middle point of his weight his head begins to tip slowly up and his feet go down.

This is due to the fact that when we sleep the blood in the brain goes off to the other parts of the body. The moment the brain wakes to life again it draws the blood back.

Another of the curious facts brought to light by the scientists who are fond of trying to solve the mystery of sleep is that when one is fast asleep some part of his brain or several parts of it, may at the same time be awake.

It seems hard or impossible to decide what part of the brain really does sleep. Our sense of time, for instance, is stronger when we sleep than when we are awake.

Experiments conducted some years ago on a number of men and women between the ages of twenty and thirty showed that 60 per cent. of them were able to wake up in the morning at any time they had decided upon the night before.

As some one has aptly expressed it, the resolve seems to wind up something in the subconscious brain, and when the hour has arrived this something gives in some mysterious way the alarm and the eyelids open.

Another curious fact is that sleep is that the body is away from the brain the less soundly it sleeps.

A touch of the body will awaken one much more readily than a touch on the shoulder.

Cures Old Folks' Coughs

Doesn't Disturb the Stomach, Eases at Once and Cures Thoroughly. "CATARRHOZONE" A BOON TO MANY THOUSANDS.

Because you are old is no reason for suffering with everlasting coughing—those terrible chest troubles and difficult breathing can be thoroughly cured with Catarrhzone.

Just think of a direct breathable medicine, full of soothing antiseptic pine essences that reaches every sore, congested membrane in two seconds.

No drugs to take—nothing to harm or sicken the stomach, because Catarrhzone is the purest, safest cough, catarrh and cold remedy ever devised.

"For many years," writes Richard McCallum, Stirling, Ont., "I have suffered from Catarrh, and continually coughed and coughed, so that my throat was always in an inflamed, irritable condition."

"Doctors' medicine did not help me in the least, and all other remedies I used were quite useless. In one case it was time wasted in snuffing powder up the nose; in another using a greasy ointment, and so on. Not one of them was the least bit of good."

Get Catarrhzone to-day. Large size costs \$1.00, and lasts two months. Smaller sizes 50c. and 10c. All dealers, or The Catarrhzone Company, Buffalo, N.Y., and Kingston, Ont.

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It is hard luck that comes easiest.

BROKE OUT ON HEAD, NECK AND SHOULDERS

In Little Blotches, Scratching Caused It to Spread, Hands Had to Be Tied, Cried Day and Night, Cuticura Soap and Ointment Cured.

Enfieldville, N. B.—"The trouble started when my baby was four months old. Her head, neck and shoulders were a mass of sores."

"She was given some medicine to take inwardly but without success. Then a friend told me to try Cuticura Soap and Ointment which I did. I washed the child with Cuticura Soap, dried well, then applied the Cuticura Ointment every day and in a week's time the burning sensation left, the child scratched no more, and when she was eleven months old she was completely cured."

Although the Cuticura Soap and Ointment are most successful in the treatment of affections of the skin, scalp, hair and hands, they are also most valuable for everyday use in the toilet, bath and nursery, because they promote and maintain the health of the skin and hair from infancy to age.

Wide-awake Maple Syrup makers will consult their best interests by ordering their supplies now instead of delaying until March—our busiest time. Write for free booklet telling about our "Champion" Evaporator, made in Canada, suitable for large or small groves.

THE GUYMAN MFG. CO., LIMITED 58 Wellington St., Montreal, Que.

Of V'rd Interest to Syrup Makers. Wide-awake Maple Syrup makers will consult their best interests by ordering their supplies now instead of delaying until March—our busiest time.

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POTASH For All Crops On All Soils. POTASH is an indispensable plant food. No soil will raise a Maximum Crop that does not contain an AVAILABLE supply sufficient for the crop's needs.

Buyers of "ready-mixed" fertilizers should insist on brands of HIGH POTASH CONTENT. WRITE FOR OUR FREE, educative booklet on the important subject of FERTILIZING.

GERMAN POTASH SYNDICATE, 1010 Temple Bldg., TORONTO.

Impossible. Binks—When will you be able to pay me that money you owe me? Winks—Next week, Friday. Binks—And will you call at my office? Winks—Impossible! I'm going on a hunting trip with it.

HAS A CORN ANY ROOTS? Yes, and branches and stems as well. Can't it be cured? Yes, by applying Eucalypti's Corn Extractor; it's painless, safe, and invariably satisfactory. Insist only Eucalypti's Extractor, 25c. at all dealers.

After a Good Meal. Hostess—Another piece of mince pie, George? Just a small piece? George (reluctantly)—No, thank you. I could chew it, but I couldn't swallow it.

Doing Well. Dix—How are you making out on your resolution to economize? Dix—Fine! I've got my running expenses slowed down to a walk.

Try Murine Eye Remedy. If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c. 50c. Murine Eye Salve in Aseptic Tubes, 25c. 50c. Eye Books Free by Mail.

People with a vivid imagination work the hardest—so they say.

Perfectly Agreeable. She to rejected suitor—"I'll be a sister to you, Alphonse." He (briskly)—"All right. Come kiss your brother."

ZAM-BUK. You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Grocers have it.

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DEAF AND DUMB CLUB.

London Has One of Nearly Two Hundred Members.

One of the most unique clubs in the world is the National Deaf Club of London. Nearly 20 members are enrolled, and they can dine and wine and play cards and billiards at the clubhouse whenever they desire.

There are no talkative waiters employed by this club, says the Chicago Tribune. There are no electric bells, no large print notices to observe silence in this or that room.

These fortunate persons who can speak and hear and who have been privileged to watch a game of billiards at this clubhouse declare that it is more than a relief to see a comrade where neither party voices his grievances as he goes along.

There are some remarkable men belonging to the National Deaf Club. One, for example, is head of an important railway firm in Syria and has under his control hundreds of men of all nationalities.

Another member has travelled over the world a record number of times, always accompanied, and though he has been in many civilized lands, has always been able to look after himself.

Among the innumerable superstitions about babies is the old saw about the day of birth: Monday's child is fair of face; Tuesday's child is full of grace; Wednesday's child is full of sorrow; Thursday's child is full of woe; Friday's child is full of love; Saturday's child must work for a living; But the child that is born on the Sabbath day Is blithe and bonny, and good and gay.

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Clark's A nourishing, tasty, economical meal. A time and money saver. A strength producer. Clark's Pork & Beans.

NEWSPAPERS FOR SALE. WE HAVE SEVERAL GOOD NEWS... NURSERY STOCK. STRAWBERRIES, RASPBERRIES, FIFTY Varieties. Free Catalogue. McClelland, Son, Grovesville, Ontario.

St. Lawrence Sugar. Children Need Sugar. Purest and most necessary to the health of young or old.

BLACK KNIGHT STOVE POLISH. FOR BRIGHTNESS AND LIGHTNESS, USE BLACK KNIGHT. A PASTE NO WASTE. THE F. F. DALLEY & LTD. HAMILTON, ONT. NO DUST NO RUST.

Shipping Fever. Influenza, pink eye, epistaxis, distemper and all nose and throat diseases cured, and all others, no matter how resistant, kept from having any of these diseases with SPORN'S LIQUID DISTEMPER CURE.

INTERNATIONAL POULTRY FOOD. C. W. MORGAN, one of the best known poultrymen in Indiana, says: "I have tried many different kinds of poultry food, but I have found that INTERNATIONAL POULTRY FOOD is the best."

FREE! \$200.00 IN CASH AND 100 VALUABLE PREMIUMS GIVEN AWAY. 1st Prize, \$50.00 in Cash. 2nd Prize, \$40.00 in Cash. 3rd Prize, \$35.00 in Cash. 4th Prize, \$25.00 in Cash. 5th to 9th Prizes, each \$10.00 in Cash.

OPATOT [NIOON] BACEGAB [NRUTPI] RACTOR [TEBTE]. Send your answer at once; we will reply by Return Mail telling you whether your answer is correct or not, and we will send you a complete Prize List, together with the names and addresses of persons who have recently received Two Thousand Dollars in Cash Prizes from us.

ONTARIO ARCHIVES TORONTO