

## LIFE'S SUNSHINE

### Gladdens Those Who Regain Few Health and Strength

When the glow of health comes back to sallow cheeks; when languid weakness gives place to vigor; when you notice some pale, exhausted invalid restored to active health—enquire. More than likely you will find the cure to have been yet another of the thousands already wrought by Dr. Williams' Pink Pills. Headache and neuralgia, St. Vitus dance and twitching of the limbs, indigestion and rheumatism, eczema and disfiguring eruptions, and the ailments of growing girls and women all disappear when the veins are filled with the new, rich blood Dr. Williams' Pink Pills actually make. Here is one instance among thousands; Mr. F. Ashford, Haileybury, Ont., says: "Some years ago I completed a lengthy term of service in India, the last three years being spent in the beautiful but treacherous Poshwar Valley. Ague and dengue fever were rife, and although I was fortunate enough to escape a severe attack of either, on my return home it soon became apparent that the enervating climatic conditions had left their ravages on my constitution. In short the reaction had set in, and inexorable nature was exacting a severe toll from years of strenuous labor. My first warning of the impending breakdown were severe pains in the back of the head and eyes, insomnia, irritability, a general anemic condition and an indefinable nervousness. Life had lost its zest, work became impossible and companionship intolerable. It really seemed that I was swiftly passing to that stage where nervousness ends and insanity begins, when by chance I read an advertisement of Dr. Williams' Pink Pills. I confess I was skeptical of them doing what doctors had failed to do, but concluded that the cost was small, and perhaps the chance in their favor, and so decided to try them. To my joy there was soon an improvement, and a continuance of the treatment effected a complete cure. I was now as fit and healthy as any man and am grateful that the lucky perusal of an advertisement brought to my notice the wonderful curative properties of Dr. Williams' Pink Pills.

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

## CURIOUS HOTEL CUSTOMS.

### Strange Rules Prevail in Some Scotch Houses.

In an Edinburgh hotel the bar counter contains a slot, into which each visitor who is heard to swear must drop a penny, and a notice to that effect is displayed. These pennies are at intervals collected and sent to the funds of one of the local institutions, says London Tit-Bits.

A curious custom prevails at an hotel in Dumfries. In one of the public rooms there is an armchair which was often occupied by Robert Burns, the Scottish national poet. Any one who enters the room and seats himself in this chair is expected to "stand treat" to all present, when the memory of the bard is drunk.

At Aberdeen, in a temperance hotel, each visitor, on signing his name in the hotel book, is desired also to adhibit his signature to a card testifying that he is a teetotaler and will not bring any intoxicants into the hotel. In a Glasgow hotel it is the custom weekly, on Sundays, to go round the various rooms and take a subscription on behalf of one of the city charities. In another Glasgow hotel the proprietor, religiously inclined, holds divine service each Sunday at noon, to which all the boarders are invited. At several of the large hotels in the north of Scotland the guests are beggled from their slumbers each day by the playing of the bagpipes, while in an hotel in Liverpool a posthorn is employed for this same purpose.

## LIQUID SULPHUR cleanses the blood.

**Those Wives.**  
Griggs—My wife has a habit of spending money before she gets it.  
Briggs—Mine is worse; she spends it before I get it myself.

**Minard's Liniment Cures Distemper.**  
Mrs. Gableigh (nudging her husband who is snoring)—William, if you kept your mouth shut you'd make less noise. Husband (half awake)—So'd you.

## SUGAR AS YOU LIKE IT

**FINE Grain Sugar**  
To have every grain as fine as the dots at left, each one choice extra Granulated White pure cane sugar, get the St. Lawrence in 5 lb. bags, with red tag—100 lbs., 25 lbs., 10 lbs.

**MEDIUM Grain**  
In the bags of St. Lawrence Medium Grain, each one choice extra granulated sugar, in 5 lb. bags, with red tag—100 lbs., 25 lbs., 10 lbs.

**COARSE Grain**  
Many people prefer the coarser grain. The St. Lawrence Green Tag assures every grain a distinct crystalline structure, and is made so bright, but quickly melted into pure sweeteners.

Your grocer's wholesaler has the exact style you desire, and quality and quantity all guaranteed.

St. Lawrence Sugar Refiners Limited, Montreal.

**St. Lawrence Sugar Refiners Limited, Montreal.**

## B.C.'s ATTORNEY-GENERAL.

### How Mr. Bowser Was "Hoist By His Own Petard."

Hon. W. J. Bowser is Attorney-General of British Columbia, and if any man in the Province is not aware of the fact it must be because his habitation is far up in the Rockies where the telegraph wires do not go. Assuredly it is not Mr. Bowser's fault. No other Attorney-General in the history of British Columbia has enforced the law half so majestically as he. It is not for nothing that his fellows in the Legislature have named him Napoleon.

But there is one man in Victoria, a chauffeur, who occasionally unfolds a tale of a collision between Mr. Bowser and the law.

Concluding his part of a public



function at Esquimalt, the historic naval base on the pretty little harbor about three miles from the border of Victoria, Mr. Bowser, who was to attend an important meeting in Vancouver the same evening, hastened into a taxicab and instructed the chauffeur to drive him to the C.P.R. wharf in Victoria Harbor.

"There is just time to catch the steamer if you hurry," said the Attorney-General.

"Yes, sir,"

Half way to the wharf Mr. Bowser looked at his watch.

"I said I wanted to catch the steamer to Vancouver," said Mr. Bowser impatiently.

"Yes, sir," the chauffeur replied, but he neglected to do anything to accelerate the speed of the taxi.

A little later Mr. Bowser again consulted his watch.

"There are just three minutes left," he shouted, able to contain himself no longer. "Why don't you hurry?"

"I must not drive any faster," said the chauffeur. "I am making ten miles an hour, and that is the speed limit in Victoria."

"Oh bother the speed limit. Never mind the regulations. I am the Attorney-General!" thundered Mr. Bowser.

"I can't help that, sir; I know the law," replied the chauffeur, glancing at a blue uniform as he passed a corner and recalling a fine for speeding a few days before.

When the chauffeur deposited his fare at the wharf, the steamer was two cable-lengths out. Thus it came to pass that the speed regulations of Victoria were still intact, but Mr. Bowser missed an important political meeting in Vancouver.

## BABY'S OWN TABLETS

Baby's Own Tablets are the best medicine a mother can give her little ones. They are absolutely safe, being guaranteed by a government analyst to contain neither opiates, narcotics or other harmful drugs. They are good for all children from the newborn babe to the growing child. They cure constipation, indigestion, expel worms, break up colds and make teething easy. In fact they are a cure for all the minor ills of little ones and a box should always be kept in the house as a safeguard against sudden attacks of stomach or bowel troubles. Mrs. J. P. Richard, St. Norbert, N.B., says: "I have found Baby's Own Tablets all that is claimed for them. My baby suffered from his stomach and bowels and the Tablets certainly did him good." They are sold by all medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## THE SPIRIT OF THE SHIP.

### When the Engine Stops There Goes Out All Life.

To the uninitiated, the engines of any steamer are noisy, tiresome, bewildering. And yet every component, every note of that great harmony, has a special meaning for the engineer; moreover, he can detect the smallest dissonance at once. So finely attuned to the music does the ear become, declares the author of "Letters from an Ocean Tramp," that the dropping of a hammer in the stoke-hole, the rattling of a chain on deck, the rocking of a barrel in the stores makes the engineer jump.

It is the same with the eye. It is even the same with the hand. We can tell in an instant if a bearing has warmed ever so slightly beyond its legitimate temperature. And so it is difficult to know "which is the potter and which is the pot." The man and the machine are inextricably associated, and their reactions, one upon the other, are infinite. It is this extraordinary intimacy, this ceaseless vigilance and proximity, that gives the marine engineer such an advantage over all other men, with whom endurance and resource must accompany responsibility.

I remember arguing once with a matter-of-fact apprentice in the shop concerning the suburbs as suitable for such an he. He was not convinced. "There!" he said, slapping the shelf above his bench. "That's where I'd like to sleep. All yer gotter do at

## WATERY BLISTERS INTENSELY ITCHY

### Between Fingers, Spread to Tips. Would Swell Up, Itch and Burn. Did Not Dare Put Hands In Water. Cuticura Soap and Cuticura Ointment Cured.

Carman, Manitoba.—"A breaking out between my fingers was the first trouble. It was very itchy and spread to my finger tips affecting the nails. It first appeared in watery blisters and they were so intensely itchy I scratched them and let the water out making sores. They would swell up, itch and burn and finally the nails would loosen and come off. I spent many sleepless nights. I did not dare put my hands in water except to wash them.

"I kept using ointment. Ointment, but was not cured. Sometimes the ointment would help a little but I was not free from it except for a few days. It was that way for nine years trying everything. I heard of Cuticura Soap and Ointment and sent for them and before I had used them half a dozen times I noticed an improvement. By washing with the Cuticura Soap and applying the Cuticura Ointment frequently I was cured in three months." (Signed) Miss Florence E. Sanderson, May 20, 1913.

For more than a generation Cuticura Soap and Ointment have afforded the most economical treatment for affections of the skin and scalp that torture, itch, burn, scale and destroy sleep. A single set is often sufficient. Cuticura Soap and Ointment are sold by druggists and dealers everywhere. For a liberal free sample of each, with 22-p. book, send post-card to Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

## Weary Tiredness Changed to Vigor

### That Played - Out Feeling Was Quickly Remedied and Health Restored.

Story of a Merchant Who Almost Lost Business and His Health Through Neglecting Early Symptoms of Disease.

"My life for years has been of sedentary character," writes T. B. Titchfield, head of a well known firm in Buckingham. "Nine hours every day I spent at my desk, and I exercised only on Sunday. I disregarded the symptoms of ill-health, which were all too apparent to my family. I grew thin, then pale, and before long I was jaundiced—eyes turned a peculiar yellow, my strength and nerve energy were lowered, and I was quite unfit for business. In the morning a lightness in the head, particularly when I went over, made me very nervous about my health. Most of the laxative medicines I found weakening, and knowing that I had to be at business every day I neglected myself rather than make the weeks end on Sunday. I grew worse, but by a happy chance I began to use Dr. Hamilton's Pills. I was forcibly struck by the fact that they neither caused griping nor nausea, and it seemed incredible that pills could tone, cleanse and regulate the system without causing any unpleasant after effects. Dr. Hamilton's Pills acted with me in a gentle as nature—they gave new life to my liver, strengthened my stomach, and won me back to perfect good health. My skin is clear, dizziness has disappeared, and my appetite, strength, and energy are all restored."

Refuse anything offered you instead of Dr. Hamilton's Pills, which are sure to cure. Sold in 25c boxes, five for \$1.00, or postpaid from the Carruthers Co., Buffalo, N.Y., and Kingston, Canada.

## A Cool Reply.

A young fellow who drank much more than was good for him was advised by his friends to sign the pledge, but he refused. "But," protested his friends, "your physician says that if you keep on drinking you will surely go blind. Now, the question is simply this: Do you prefer being cured of the drink habit and retaining your sight, or do you prefer to keep on drinking and go blind?" The young man paced the floor for some time, and was in a brown study. Finally he turned to his friends and, with a resigned expression of countenance, replied: "Well, I've seen about everything."

## A Smart Boy.

"Daddy," said a boy to his father, "I've got a pencil which will write green, purple, crimson, or any color you like." "Not the same pencil, my son," "You dare not bet me ten cents it won't, daddy." "I'll give you ten cents if it will," said the old man. The youngster dived into his pocket, produced the stump of a common lead pencil, and wrote on a piece of paper the words "magenta, green, crimson, purple," &c. "There, daddy, say it won't write any color you like now. Fork out that ten cents."

## John's Compliment.

Mrs. Newwood—"Men are too mean for anything!" Her friend—"What's the trouble now?" Mrs. Newwood—"When I told John that I would so much like if I had a motor, he said that I must content myself with the splendid carriage that nature has given me."

## Romance and Reality.

Brown—"What's the matter, old man? You look worried." Black—"I have cause to. Hired a man to trace my pedigree." Brown—"Well, what's the matter? Hasn't he been successful?" Black—"Successful, I should think so! I'm paying him hush money."

## Carlyle once told of a lawsuit pending in Scotland affecting the succession to a great estate of which he had known something.

The case depended upon a family secret known only to one old servant, who refused to reveal it. A kirk minister was sent to tell her that she must speak on peril of her soul. "Peril of my soul!" she said. "And would ye put the honor of an auld Scottish family in competition with the soul of a poor creature like me?"

## Blood troubles yield to LIQUID SULPHUR

Father—"I should like to know the intentions of that young man who calls on you so often." Daughter—"His intentions don't matter, dad. I know what mine are."

Doctor—"You must be careful, man. The influenza is not so very dangerous, but it may have extremely unpleasant consequences." Patient—"I noticed that when I got your bill the other day."

## ADVENTURES OF A SLEEPER.

### Tells His Experience of a Night With Mosquitoes.

Richard Brinsley Sheridan said that had the fleas of a certain bed on which he once slept been unanimous, they could easily have pushed him out. Arthur T. Johnson, who writes of a camping trip in his book, "California, An Englishman's Impressions," says that had the mosquitoes that attacked him one night been unanimous in their attentions, he thinks he must have perished. Mr. Johnson continues:

All that night did I lie awake, the suffering prey of legions of these pernicious pests. "Dopes" I had long ago given up as entirely impotent to deal with the foe; the stronger the smell, the better they appeared to like it. With yards of cheese-cloth I now endeavored to parry their assaults, only to find the old truth verified, that one mosquito on the wrong side of the net is more venomous than a hundred when there is no net at all. I smoked until I could smoke no longer. I remembered the midges of Lakeport, how they so obligingly committed suicide by casting themselves into the flames, and lit a fire in the vain hope that the mosquitoes might be equally accommodated. But the taste of imported blood was far too good for them to dream of doing anything half so foolish. The fire only attracted more. For every one I slew, a hundred arose to avenge its death. My hands and arms tingled to the elbows, my neck and face were swollen and aflame. I buried myself in my blankets, but that only made the venom of the demons still more irritating; besides, it was so hot and sultry that the lightest covering was as much as I could bear. Sounds of the distress of others came to me; and there was a satisfaction, however feeble, in feeling that I was not suffering in solitude. Not before the brief twilight of dawn had announced the sun did the pests depart.

At the next camping-place there were no mosquitoes to speak of. Still, I was not permitted to have the restful night I desired, for no sooner had I lain down than I was serenaded by a playful kitten. Whether it was the mere desire for company that brought her out of the barley barn to me, or whether she was attracted by my hairy blankets, I know not. But she persisted in dancing about on my recumbent body, and catching imaginary moths with her paws, like a juggler with his balls. I put her to flight; but she only enjoyed the fun, and returned to her capers as soon as I had lain down. She toyed with my hair and clawed at my blanket. While the buggy whip was in my hand she kept a safe distance, only to return with fresh vigour; just as I was passing off to sleep. Ultimately, a more desperate determination to get rid of the pest possessed me. When a very small boy I once, with the best intentions in the world, attempted to wash a cat under the scullery tap. That cat fled and never returned. The memory of the episode stirred me to make a final effort to put this one to flight with a bucket of cold water.

## His Opportunity.

"Well, did he pay you?" asked the wife of a dentist who had been to collect a bill for a full set of false teeth that he had made for a man who was weak. "Pay me?" "Yes, almost a year before." "Not only did he refuse to pay me, but he actually had the effrontery to gnash at me—with my teeth."

## A Good Thing.

"You knew old Dempster, who was said to be so well off? As you know, he died the other day, and now the story goes that his will and only possession was an old grandfather's clock." "Ah, well, there's one good thing about that. The trustees won't have much difficulty in winding up his estate."

## Cramps at Night Require Prompt Remedy

Agonizing Pain Prevented by Keeping Nerviline Handy On the Shelf.

A Case in Point Illustrated.

Deadly cramps—the symptoms are not to be mistaken. Suddenly and without warning the patient experiences such agonies in the stomach as to contort the countenance and cause him to cry aloud for help.

Then it is that the wonderful power of Nerviline can make itself felt—it cures so readily.

"Last summer I was stricken with a frightful attack of cramps. I feared the pain in my stomach would kill me. My eyes bulged out and the veins in my forehead stood out like whipcords."

"My cries attracted a neighbor, who came to my assistance, and in a moment two handed me half a teaspoonful of Nerviline in some sweetened water."

"It seemed as if an angel had charmed away the pain. In ten seconds I was well so nearly, that a wonderful name in this locality, and is considered best for cramps, diarrhoea, flatulence, stomach and bowel disorders. I urge all my friends to use Nerviline."

"MANLEY M. LEGRAND, Williamsburg."

No home is safe or can afford to miss the manifold advantages of having Nerviline on hand in case of accident or emergency. Large family size bottles of Nerviline, 50c; trial size, 25c, all dealers, or The Carruthers Co., Buffalo, N.Y., and Kingston, Canada.

## Minard's Liniment Cures Diphtheria.

His Own.

"What's the baby crying for now?" asked the head of the house from the depth of his paper. "He wants his own way," answered the mother. "Well, if it's his," said the absent-minded man, "why don't you let him have it?"

## Minard's Liniment Cures Colds, &c.

"Don't go near that old fellow in the pasture, sonny," the farmer warned the fresh-air child. "He's terribly fierce." "I tried him out a ready," the lad replied. "He ain't half as fierce as an automobile in the city. Got any bears or lions around here?"

## Try Murine Eye Remedy

If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail. An Eye Trouble Good For All Eyes that Need Cure. Murine Eye Remedy Co., Chicago.

## Kitty—They say, you know, that love makes the world go round.

Marie—Maybe; but it cannot make the eligible young man go round.

## Minard's Liniment Cures Gargle in Croup.

## The Most Delicious OF ALL TEAS IS "SALAM"

CEYLON TEA—BECAUSE OF ITS UNVARYING GOOD QUALITY... Sold only in Lead Packets. By all Grocers.

## Perfectly Simple.

Gladstone, the great English statesman, always took a keen interest in everything that related to rural life. The Tagliche Rundschau tells of one of the earliest manifestations of that interest.

When still a very small boy, Gladstone was visiting with his parents at a country estate. The owner of the estate showed the boy the farm-buildings and pastures.

The young Gladstone took a great interest in everything, but particularly in a large black bull.

"That is a very fine, strong animal, Master William," said the owner of the estate. "And he's only two years old."

"Why, how can you tell his age?" asked the boy.

"By his horns," "By his horns?" the lad repeated, in an incredulous voice. He continued to stare thoughtfully at the bull; then suddenly his face brightened. "Oh, now I understand," he said. "Two horns—two years."

## Lord's Day Alliance Active.

Very busy with the good work, but no more efficient than the old reliable Putnam's Corn Extractor, which cures corns and warts in one day. Fifty years use proves the merit of Putnam's. Use no other, 25c at all dealers.

"There is no gout in Sir Percy's family, is there?" "Not now; there was formerly. It was introduced into the family by Sir Roland Highwater, but they have been so miserably poor for the last two hundred years that they couldn't keep it up."

## ZAM-BUK

MRS. A. SAICH, of Cannington Manor, Sask., writes: "My brother suffered severely from eczema. The sores were very extensive, and burned like coals into his flesh. Zam-Buk took out all the fire, and quickly gave him ease. Within three weeks of commencing with Zam-Buk treatment, every sore had been cured."

This is but one of the many letters we are constantly receiving from people who have proved the healing powers of Zam-Buk. For eczema, piles, sores, burns, cuts and all skin troubles there is nothing like this wonderful balm. No skin disease should be considered incurable until Zam-Buk has been tried.

All Druggists, 50c. per Box. Refuse Substitutes.

## ECZEMA

2 IN 1 SHOE POLISH

Gives a Quick, Brilliant Polish That Lasts

Easier to Use Better for the Shoes

No Turpentine

## INTERNATIONAL STOCK FOOD

Makes The Big Money For Hog Breeders

"I shipped a car of Hogs to South Omaha about 2 days ago. There were 7,000 hogs on the market that day. I had given Int'l Stock Food. For my 4 hogs, I received 21c. per hundred pounds more than any of the other sellers. Hogs all around my pen sold at 20c. per 100 lbs. I so topped the market for the day and week. Say, I sure felt proud. I'll try it all to raise Int'l Stock Food."

International Stock Food keeps the brood sows well and strong—they give more milk—and raise more and stronger pigs. It is just what the "fall" pigs need to keep them fat and vigorous all winter, and have them ready to market when prices go up.

Sold by dealers everywhere. If you will send us money back of 25c. you will receive a free copy of the International Stock Food Co. Limited, Toronto.

## Black Knight Stove Polish

A Winner at the Ranges

A PASTE | THE F. F. DALLEY CO. | NO DUST | NO WASTE | HAMILTON, CANADA | NO RUST

## Stomach Always Balked Had Constant Indigestion

Snell of Cooking Made Him Bilious Two Days a Week Cured by Dr. Hamilton's Pills. Mr. Clemmons' experience unusual. Nowadays poor is more the rule than the exception. But the proper treatment can make a quick cure. You can depend on Dr. Hamilton's Pills to reach the trouble at once, go to business, work while you eat, have your feeling better if it's not morning.

"My food seemed to decompose my stomach," writes Mr. Clemmons, of Newburgh, N.Y., who had been cured of a similar condition, advised me to take Dr. Hamilton's Pills regularly, which I did. The result in my case was marvelous. Dr. Hamilton's Pills moved the same, strengthened the stomach, excited the liver, cleared the kidneys, were relaxed excessive work. Health soon within me. I can now eat, sleep like a live man."

Be advised—use Dr. Hamilton's Pills—they are sure to do you 25c. per box, five for \$1.00, druggists and stockists, or by mail from The Carruthers Co., Buffalo, N.Y., and Kingston, Canada.

## AFRAID TO CROSS THE OCEAN

Miss Evelyn Smithers Put Me Off From Year to Year. After being engaged for years, Miss Evelyn Smithers, 76, of Glasgow, has decided to marry her fiancé, J. E. Campbell, Winnipeg, aged 82. Miss Smithers arrived here on Thursday morning on the Allan liner Virginia, the money is to take place. Miss Smithers, who became engaged to Mr. Campbell in 1908 and put the marriage off from year to year in the hope that Mr. Campbell, who is a grocer in Winnipeg, would make enough money to satisfy his retiring to his old home in the rest of his days. As Mr. Campbell has never been able to do so, Miss Smithers at last conquers her fear of the sea.

## BEEF TRUST IN AUSTRALIA

The Commonwealth Has Power to Fight It. A despatch from Melbourne, Australia, says: The Government decided to make full enquiries reference to the Beef Trust, a partnership in Queensland. The Attorney-General has ruled that Commonwealth has ample power to fight the trust if American goods are reproduced.

## "PERRIN GLOVES

are the Standard of the world for Stylish Fit and Durability

Sold every where

INTERNATIONAL STOCK FOOD CO. LIMITED, TORONTO.

## Black Knight Stove Polish

A Winner at the Ranges

A PASTE | THE F. F. DALLEY CO. | NO DUST | NO WASTE | HAMILTON, CANADA | NO RUST

Minard's Liniment Cures Gargle in Croup.

Minard's Liniment Cures Diphtheria.

Minard's Liniment Cures Colds, &c.

Minard's Liniment Cures Cramps at Night.

Minard's Liniment Cures Agonizing Pain.

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