"You must choose between me and this man." A father stood before a daughter, black-browed unyielding. "Oh, I cannot, father. I can-

"You must. If this man this scoundrel-is to be your husband, ! will have nothing more to do with you. That is final, Amy." "Father, oh, father, please! love him. I-

But the father had closed the door behind him. He was done. Amy Plummer, golden-haired, young, beautiful, headstrong, made her choice. She left her father's house and married the man she loved-married him in the rooms of a clergyman. When her baby was born Amy's happiness was was that her father had not yet forgiven her for her marriage to Will behind him, though she had tried technical advisers at its call. many times. When the baby came, Amy thought surely her father weeks of negotiation and discus-

her and hers forever. busy with little Evelyn. Her house- cut off. hold duties had absorbed every va- After two avions had gotten up his whereabouts.

taken from her and she was cast board. All to no effect! adrift upon the world-a divorced Another and more caredo. They told her that the law had the mechanics managed to steps of her father's house, but was coarse-grained sand at that! denied admittance. She haunted her husband's office, but was ever turned away.

In desperation, the cast-off went go to another city. Often she was hungry and her clothes were ragged, threadbare. There was no work for the inexperienced hand. At last, s kindly woman gave her employ ment as a domestic servant. For seven years she lived thus, unknown and unmolested. When she went out, which was seldom, she wore a heavy veil that concealed her features in order that those whom she loved might be spared knowledge of her lowly life.

Crossing a busy street one day, an automobile dashed around the Australia men live in an average the nervous woman. She dodged first one way, then the other. The big car passed over her; then it stopped; she was lifted into the tonneau and hurried to the nearest hospital.

When the woman opened her eyes they rested upon a golden-haired girl, fashionably gowned. It was the same girl who had bidden the chauffeur stop the machine that its victim might be cared for. "Don't try to talk, mother," said

the girl. "They are bringing grandfather here. I want you to save your strength for him." "But-you-and - father - together ?"

"Yes. I ran away from my father's home. I couldn't stand it, and grandfather took me in. You see, grandfather failed rapidly after you went away. I seldom leave his Taking Tonics, and Built up side now. He seems to get so much comfort from just holding my hand. For years we have searched for you. And now you must be very nervous system on so-called tonics quiet because we want to take you -home. Grandfather needs you

The woman's tired eyes lighted wonderfully and she went to obtained only from proper food. sleep murmuring, "He needs me; he needs me."

a park, Amy Plummer Page and a young mother.

her daughter were standing.

make her own way in the world, un- after I stopped taking them. My ing everything that human ingenuaided; every woman. For none food did not seem to nourish me ity can suggest to render the lives knows what day she will be thrown and I gained no flesh nor blood. of its prisoners a horrible, maddenupon her own resources. I want to "Reading of Grape-Nuts, I deter- ing torture is done. The corridors, teach you to care for yourself. The mined to stop the tonics and see piled tier on tier five stories high,

men fail our women, but out women different woman. My little daugh- doors are unlocked, and the half a never fail us. It has always been | ter whom I was obliged to keep out right; our women must learn to chronic catarrh, has changed from

Daughter and grandfather tender- healthy girl and has gone back to ly placed the old man in the room's school this fall, most comfortable chair, with cush- | "Grape-Nuts and fresh air were ions and footstool. One brought the only agents used to accomplish ten years. him his favorite drink. The other the happy results." selected one of the books that he Name given by Canadian Postum liked best and read to him until he Co., Windsor, Ont. Read the litelept. Then both sat perfectly still the booklet, "The Road to Wellwatching over him, lest something ville," in pkgs. "There's a reason." character is required to set up in this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

Ever read the above tetter? A new one this business.

tenderly up into his face, asked what more they could do to brighten his hours.

WAR OFFICE HOAXED.

Fooled With a Contrivance for Resisting Aerial Attack. Much merriment by the public

and sundry blushes by Col. Seeley, the British Secretary of War, have lately been caused by a crank joke. For the last three months the British War Office has been in communication with a professed inventor. The subject of correspondence is in connection with a contrivance for resisting aerial attack. The inventor was said to be able to control the magneto of the motor of the hostile air craft in such a way that when a wireless spark was sent out from the ground station-even at a distance of 100 miles!-the propeller of the avion could be

made to stop work. How any body of men of even nearly human intelligence could almost complete. The one flaw have allowed a crank with such a preposterous scheme to go on pumping them for three months is Page. She had never seen him since a mystery. It must be understood the morning he had closed the door that the War Office has all sorts of

Well, anyhow, after twelve would relent, but her hope was sion, the Secretary of State for vain. Silas Plummer was adamant. War and his experts and advisers A successful man, able-bodied, liv- one fine morning last week motored ing in the midst of luxury, he was forty miles through the Surrey deaf to his daughter's plea. He had hills and arrived at the Royal Air closed the parental door against Craft Factory at Farnborough. On arrival a few avions were put up When her baby girl was 2 years and the militant pilots were told old a storm broke over Amy's house- to hold themselves in readiness to hold. She never knew quite how it volplane to earth at any time they had happened. She had been so found their motors inadvertently

cant hour. She had so little time "the technical experts" got busy to see what was going on about with a box-like contrivance with a Perhaps she had neglected few buttons on th elid. According Many evenings she was too to directions they tapped a crimtired to notice Will's absence or son button once and then a black one twice. But nothing happened. But one morning the scales drop- Then they commenced playing cuffs of civet. ped from her eyes. Her baby was "Home, Sweet Home" on the key-

Finally, after Col. Seeley, his advisers and experts had gotten free woman had taken her place. cramp in their fingers, the Minister Leaning Tower of Pisa the Cause Where Amy had cared for the child of War ordered the box opened. and had done her own work, a nurse This was not easy, as it was fasand servants were employed. And tened by tight bolts and screws. there was nothing that Amy could But finally after a warm half hour so decided things, and Amy knew open the sides. Then up stepped nothing of the law. It terrified her. the British Minister for War and discussion. Scientists and archi-She knew naught but of the house- his retinue of confreres to inspect tects have examined its foundahold; the outside world and its the contrivance. There wasn't tions, measured its columns, and ways were to her a sealed book. For much to inspect, though. The box | theorized as to its strange departwo days she sat upon the front was filled with sand-and very

to a friend to borrow the money to Experiments Showed That It Can Stand 212 Degrees F.

The human body can stand far greater heat if it be dry than if it be wet, and, strangely enough, it can stand far hotter liquids inside than out. For example, the average tea-drinker sips tea at a temperature of about 140 degrees sometimes as high as 145 degrees. But he cannot bear his hand in water at 120 degrees, or his feet in water higher than 120 degrees. Few people can stand a bath in water at temperature of 115 degrees F. in the shade and 140 degrees in the sun, while 151 degrees has been registered. In the Persian Gulf the thermometers on ships vary between 122 degrees and 140. A recent explorer in the Himalayas reports that he found at 9 a.m. in December, and at more than 10,000 feet altitude, a temperature of 131 degrees F. Drs. Bleyden and Chaning to ascertain how hig a temperature the human body could stand, shut themselves in an oven, of which the heat was gradually raised, and they were able to bead it until the thermometer registered 212 degrees F., the boiling point of water.

> STOPPED SHORT Right Food.

The mistake is frequently made

of trying to build up a worn-out New material from which to re build wasted nerve cells, is what should be supplied, and this can be

Two years ago I found myself on the verge of a complete nervous collapse, due to overwork and study, By a big bay window overlooking and to illness in the family," writes Herrible Treatment of Prisoners in Murine Eye Remedy Co., Chicago

"My friends became alarmed be-"Mother, I wish you wouldn't cause I grew pale and thin and outskirts of Lisbon are some of the make me learn to earn my own liv- could not sleep nights. I took vari- most miserable men on earth. ous tonics prescribed by physicians, These are inmates of Portugal's "Every girl should be able to but their effects wore off shortly "Prison of Silence." In this build-

thing we women must learn is to what a change of diet would do. extend from a common centre like put our trust in ourselves, Evelyn, I ate Grape-Nuts four times a day the spokes of a huge wheel. with cream and drank milk also, The cellars are narrow, tomb-Unseen by the two women, a bro- went to bed early after eating a like, and within each stands a cofken old man had entered the room. dish of Grape-Nuts before retiring. fin. The attendants creep about in His wrinkled hand rested on his "In about two weeks I was sleep- felt slippers. No one is allowed to ing soundly. In a short time gain- utter a word. The silence is that "You are right, my daughter. We ed 20 lbs. in weight and felt like a of the grave. Once a day the cell so. It will always be so. You are of school last spring on account of



A NEW FALL MODEL.

Designed by Bernard, Paris. Model of blue satin with jacket of blue moire, made with wide sash effect and trimmed with collar and

ACCIDENT OR INTENTION. of Much Discussion.

The Leaning Tower of Pisa, that most eccentric piece of Southern Romanesque architecture, has been the cause of an almost continuous ture from the perpendicular. In 1773 Goethe explained it as intentionally so built for the purpose of attracting the spectator's attention HEAT AND THE HUMAN BODY. from the ordinary straight shafts, of which Pisa in the twelfth century is said to have had ten thousand. This is the interesting theory that Mr. Isaac Bickerstaffe upholds in

To substantiate this view, he describes similar divergences that occurred in contemporary buildings. The Baptistery of the Cathedral in Pisa, built also in the thirteenth century, leans seventeen inches out blocks of its foundations tilt down gradually and evenly for nine inch-Campanile of San Niccolo forward in the same way, as likewise do the facades of the Cathe- a sturdy, towering tree and dral in Pisa. It is worthy of note. too, that they curve back again toward the perpendicular.

In the Leaning Tower there is a deliberate effort above the third changes in the pitch of the columns on the lower side evidence taken by some investigators as indication trey, two English scientists, desir- of an attempt to remedy an error made by the architects, the founds tion according to one theory having subsided as the result of their inexperience with the peculiar soil of

Mr. Bickerstaffe points out, however, that careful measurements below the third floor show that the arches of the staircase were delib erately increased in height, and that the downward dip was so arn ranged that the weight of the tower was thrown off the overhanging side. This, he says, would have been quite unnecessary if the architect had meant the tower to rise he can." straight up from its foundations cribed are taken.

"PRISON OF SILENCE."

Portugal.

thousand wretches march out, clothed in shrouds and with faces a thin, pale nervous child to a rosy, this hideous punishment that none may look upon the countenance of his fellow-prisoner. Few of them endure this torture for more than

> Nothing is easier than fault-finding. No talent, no self-denial, no

PLANTS HAVE TO STRUGGLE

MUST TOIL FOR THE PRIVI-LEGE OF EXISTING.

Scientists Say the Biblical Quotation Is Wrongly Interpreted.

ther do they spin.

copse or a forest would seem all of lance. How often we wish for more than nominal. A Vigorous Tremble,

some flowers open and close with a zine. straining yawn or a sudden snap, and others burst into bloom like a rocket when it breaks to a spray of many-colored lights; roots in their efforts to penetrate the earth turning and twisting like angleworms; seedlings in their struggle to break through the ground heaving and straining at the burden of superthrough the air, gripping the first | ing its face. thing they meet and jerking their plants towards the support.

plant, as well as without. Continrepaired and healed over. The life stacles at such times, blood of the plant is forcing its way through the fibrous and cellular wind when the day is going to be structure, and innumerable struc- fine. But if they graze with their tural atoms are hurrying about per- tails to windward it is a sure sign forming their varied and never-end- of rain, so experienced shepherds ing tasks of building.

dous, if imperceptible, force exert- of a storm. Even the sedate pig is ed by growing plants when their watched by country weather pro- They are genuine, true, and full of or other obstacles. A minute seed may lodge in a pinch of earth in a

A Granite Cliff.

germinate and send tiny delicate of the perpendicular, and the plinth roots feeling their way deeper into by pigeons returning home unusuthe restricted aperture. Their pro- ally early. gress is painfully slow, but irrees in the direction of this lean. The sistible. In the course of time the country which is often quoted, and little seed, which fell into such an which it may be well to remember. unfriendly environment, grows into It runs: roots have split and rent asunder roots of trees planted along city streets frequently throw out o place ponderous curbstones that floor to return to the perpendicular. interfere with their growth, and This is made by a delicate series of pavements themselves are uplifted and cracked by the strength of the seemingly frail plants. Even softbodied fungi, such as mush-rooms, asphalt pavement.

some movement, and therefore real children. An occasional dose of work; so that animals and plants the Tablets will prevent stomach are working, and often right hard and bowel troubles, or if the trouwhen they merely are keeping alive of the Tablets will cure the baby. -a conclusion from which the read- The Tablets are sold by medicine er is welcome to draw any comforts

Equally significant is the fact that Try Murine Eye Remedy above the third floor of the tower If you have Red, Weak, Watery Eyes none of the precautions just des- or Granulated Eyelids. Doesn't Smart for a policeman, quick!" "I'll Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail.

Truth is what man knows; what a voman believes. Minard's Liniment Guree Diphtheria.

Sure Enough. Teacher-What's the meaning of the word transparent? Tommy-Something you can see

through. Teacher-Right! Give me an ex-Tommy-A ladder.

ES THE !

MEMORY.

Unless Put to Legitimate Uses.

All people have not only a memory, but a tenacious memory, for and 65 east of Jeddah, on the Red some things. If for nothing useful, Sea, in a narrow, desolate valley, if not for things observed, for bemmed in by barren hills and things learnt, for thought, for only accessible through two passes, events, for persons, for the out- lies Becca, now known as Mecca sides of things, for words, for one of the most ancient cities of names, for dates-yet for follies. Arabia and the metropolis of all Isvanities, trifles, grudges connected lam, says the London Globe. The Consider the lilies of the field, with self; and especially for losses, Makoraba of Ptolemy and the capihow they grow; they toil not, nei- wrongs, slights, enubs, disparage- tal of the Hedjas, Mecca's fame ments, injuries, real or fancied, in- chiefly rests upon its possession of The foregoing familiar Biblical flicted in the course of a lifetime on the Kaaba, where flock some 60,000 quotation expresses a popular fan- that dear self. If memory is not or 70,000 pilgrims annually. Ages cy and a poetic sentiment, scien- put to its legitimate uses, subjected before Mohammed was born the tists say, but not the physical fact. to rule, given work to do, it degen- Kaaba attracted pagan pilgrims as The price of existence for the lilied erates into a mere deposit, a resi- to-day it attracts Moslems for, as of the field, as well as all other duum of worthless refuse, degrad- a heathen shrine, containing a mirforms of plant life, is incessant ing the nature it should elevate, aculous fetich, it enjoyed wide rework; it is only because they are supplying the mind with unwhole- pute in very remote times. Prior placid of mien, and do not visibly some food, on which it largely to its reconquest by the prophet, in hurry and fret and strain, that we broods and ruminates. Of the same 627 (five years after his flight or heconclude they lead a life of luxuri- class is the memory roused out of gira therefrom), Mecca was under ous ease, idling away a more or the lethargy by the presence of the control of the Koreish, from less brief season as ornaments on others as, for example, on the re- whom Mohammed wrested it. For the landscape. If plant actions vival of former acquaintance-into several centuries it remained under could be magnified in speed they a sort of malignant activity; a the rule of the caliphs, who spent would quickly convince the ob- memory dissociated from sympathy, enormous sums in adorning and reserver as to the labor they perform. recalling precisely the things which storing it. In 930 it was sacked by William F. Ganong, professor of ought to be forgotten-misfortunes, the Karmathions, who carried off botany in Smith College, says in humiliation, and the like-and forc- the sacred black stone and retained his book, "The Living Plant," ing on reluctant ears with unflinch- it for over twenty years. Mecca something of what might be seen if | ing accuracy of detail facts long subsequently fell under the influplant labors were so hastened. erased from busier, fuller, better- ence of whatever dynasty-Fati-"Then the observer would see the trained memories, as though inspir- mite, Ayyubite, Mameluke haptip of every growing plant struc- ed by a sort of necessity to let loose pened to rule in Egypt. Finally it ture nodding and moving energeti- the unmannerly crowd of revived fell into the hands of the Ottoman cally about, so that a meadow, a images where it gives most annoy- sultans, but their power was never others the reverse of what we deas if straining at some hidden sire for ourselves! If they could has been a notable trading centre. & Chem. Corp., Dept. 34D, Boston, U. S. A.

> WEATHER BAROMETERS. How Dumb Animals Act Before a

Cat's fur is full of electricity and

before a thunderstorm a cat is al ways extremely lively and playful incumbent soil, like a powerful man probably on account of its electrical at some load which has fallen upon condition. Before rain is expected him; tendrils swooping in curves you will see a cat assiduously wash-Donkeys will bray loudly and

continuously at the approach of And that incessant labor, none storm. If cows lie down in the the less real because the move- early morning instead of feeding, or ments are too slow to be seen by huddle together with their tails to human eyes, is going on within the windward, then there is rain about Like cats, the approach of s ual changes are taking place in the thunderstorm makes cows extreme plant structure; new growths are ly frisky. They run up and down being added, and external injuries the field and butt imaginary ob-

Sheep turn their heads to the say. Like cows, too, they show ar Everyone has noticed the tremen- unusual liveliness at the approach phets, for it is always uneasy when human interest. rain is coming.

Most birds are restless when change is expected. Rain is indicated by guinea fowls and peacocks squalling, by parrots whistling and

There is an old rhyme in the

'If the cock goes crowing to bed, masses of stone weighing tons. The He'll certainly rise with a watery

> BABY'S GREAT DANGER DURING HOT WEATHER

More little ones die during hot weather than at any other time of are capable of bursting upward an the year. Diarrhoea, dysentery, cholera infantum and stomach d Students of plant life have found orders come without warning, and hat squashes and other gourd-like when a medicine is not at hand to growths when harnessed to the pro- give promptly the short delay too per recording machinery, exert frequently means that the child thousands of pounds pressure has passed beyond aid. Baby's "Every operation of plant life." Own Tablets should always be kept Professor Ganong says, "involves in the home where there are young from the physical point of view, ble comes suddenly the prompt use dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

"John, those burglars are in the pantry at my pies and cake. 'Phone -Soothes Eye Pain. Druggists Sell phone for a doctor-they won't need a policeman."

Minard's Liniment Cures Colds, Etc. The Small Boy's Question

Small Boy-"What is a roost,

papa?" Parent-"A roost, my son,

is the pole on which chickens roost at night." Small Boy-"And what is a perch, papa?" Parent-"A perch is what chickens perch on at night." Small Boy-"Well, papa, could a chicken roost on a perch?" Parent-"Why, of course." Small Boy-"And could they perch on a roost?" Parent-"Certainly, of course." - Small Boy-"But if the chicken perched on a roost, that would make the roost a perch, wouldn't it?" Parent-"Oh, yes, I suppose so." Small Boy-"But if just after some chickens had perched on a roost, and made it a perch, some chickens came along and roosted on the perch and made it a roost, then the roost would be a perch and the perch would be a roost, and some of the chickens would be perchers and the others would be roosters and --- " Pa-

Bad and Worse. Mack-I have three daughters my hands. Wyld—That's nothing. I have

child to bed before he drives me

KAABA'S HOLY STONE.

Degenerates Into a Mere Deposit Visited for Centuries by Tens o Thousands of Moslems.

Some 245 miles south of Medina

leash; he would see the buds of only forget!-Blackwood's Maga- The barren soil renders agricultural operations impracticable, and the Mechan are thus dependent upon traders for provisions, but Mecca's command of the principal caravan routes, both from north to south and from coast to the highlands, affords the inhabitants unusual facilities for commerce—quite apart from the city's reputation as a holy spot; which is, of course, the chief source of its prosperity.

Mecca is made up of quite modern buildings, excepting the Great Mosque and some few others, owing to the frequent devastations caused by the torrents which pour down from surrounding hills during the winter. Through it runs the sacred Course, a wide road extending from Safa to Marwa, which must be traversed by every pilgrim. The streets, though broad, are paved, and as filthy as the streets of any other eastern town. The houses form irregular terraces. mounting the hills upon each side, and are, for the most part, of stone and fairly well built, sometimes being three or four stories high, with flat roofs and picturesque lattice windows overhanging the street.

Ever read the above letter? !

How Teddy Lost the Bear. They say a corn interfered with his

speed. Always apply Putnam's Corn Exractor. For fifty years it has been ouring corns and warts. "Putnam's" never fails. Use no other, 26c. at all dealers.

It's a Fact. "Good resolutions are sometimes drawbacks."

"Yes, a great many people are loafing to-day because they intend to move a mountain tomorrow."

This is to certify that I have used MIN-ARD'S Liniment in my family for years, market. I have found it excellent for

"Woodlands," Middleton, N.S.

Better for Them. "Some of these convicts, Mr. Warden, have a very smooth man-

"That's all the better for them, for if they're not smooth, we iron

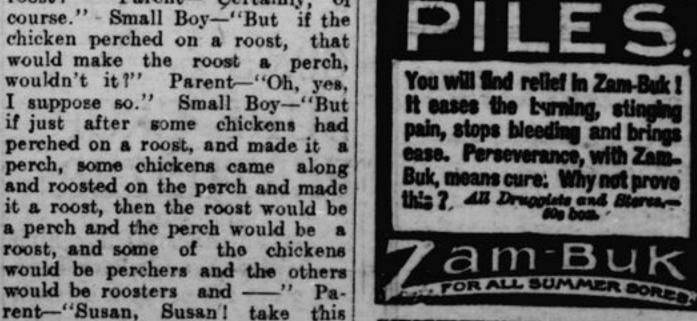
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Banff, Yellowstone Park, etc., during August and September. Excellent train service. For rates, illustrated folders, time tables and full particulars address, B. H.
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out pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

Faint heart ne'er won fair ladybut there is the brunette.

Minard's Liniment Cures Distemper. Critical. He-Why does an actor, to por-

tray deep emotion, clutch at his head, and an actress at her heart? She-Each feels it most in the weakest point.



Skin Would Cake Over and Peel Spots Large. Used Cuticura Soan and Ointment. Has Not Had a Mark on Her Since. They Also Cured Mother of Pimples on Face.

878 Gladstone Ave., Toronto, Ont .- "My baby's trouble began as a rash and the skin need to sometimes peel off and look as if it were going to get better, but would just cake over again and peel. The spots were large and it used to make her face very red and inflamed all the time. It came on her face, hands and arms, and it used to make her restless at night.

She got the rash in March

and how I hated to see it hands! I tried a lot of different things after that but nothing did any good. I saw the cura Soap and Ointment and it started to get better right away. I used them only where. She had it three months before I used the treatment. She has not had a mark on her since and she is two and a half years old now. Cuticura Soap and Oint-(Signed) Mrs. McKnight, Jan. 8, 1912. hands, and dry, thin and falling hair, Cuticura Soap and Cuticura Ointment have been the world's favorites for more than a generation. Sold throughout the world. Liberal sample of each mailed free, with 82-n. From the earliest times Mecca Skin Book. Address post card Potter Drug

FINE Grain Sugar To have every grain alike, size of dots at left, each one choice extra Granulated White pure cane sugar, get the St. Lawrence in bags, with red tag-100 lbs., 25 lbs.,

MEDIUM Grain In the bags of St. Lawrence "Medium Grain" — blue tags — every grain is choicest granulated sugar, about size of a seed pearl, every one pure cane sugar.

COARSE Grain Many people prefer the coarser rain. The St. Lawrence Green Tag assures every grain a distinct crystal, each about the size of a small diamond, and almost as bright, but quickly melted into

Your grocer's wholesaler has the exact style you want-grain, quality and quantity all guar-auteed by



It Sticks.

"Well, son, now that you've graduated, what are you going to be ?" "I think I'd like to be a lawyer, sir. There's a good deal of money passes through a lawyer's hands, isn't there ?'

"He never lets it pass through if he knows his business, my son."

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you quickly, cheaply, theroughly and furnish tools free. We give you actual shop experience. Write for free cata-logue. Moler College, 219 Queen St. East,

T der Stones, Kidney trouble, Gravel. druggists or direct. The Sanol Manufacturing Company of Canada, Limited, Winnipeg, Man.

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Shafting of various lengthe and sizes to be sold at very low figures, Box 28, Wilson Publishing Co., Toronto.

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COMMERCIAL ART WORKS, 316 COLLEGE STREET, TORONTO, ONT. HONEST, T THE BEST P

HOM

Tasty Cocoanut De

Cocoanut Pudding.

sweet milk, one half cut eggs, two tablespoons one half cup crackers, lemon extract, one qual fectioner's sugar. Mix gredients together whites of the eggs. Be hour. When the pudd remove from the oven, whites until stiff with cup of confectioner's top of the pudding, I oven and brown. Serv Cocoanut Pie. One of

cocoanut, four tablesp two tablespoons corn cups sweet milk, one cream, one half teasp nutmeg, two the milk; beat the eg light with the sugar, milk. Cook, stirring of til it thickens. Rem cream and meg and fold into the d a pie tin lined with pi the egg white in the oven and brown Cocoanut Macaroons

ded cocoanut, one hall sugar. Beat th carefully powdered cocoanut. Mix very by teaspoonfuls on Cocoanut Custard. sweet milk, two eggs,

cornstand of vanilla. in a little

fruit or broken cakes Walderf Salad wit some thick cream u

salt slightly and mix Coccanut Drops. out, white of one e one cup of grated cos quite stiff enough, ac Drop on butt bake fifteen minutes When cold moisten of the paper and t easily slip off.

Miscellaneous Fried Calves' Her

Take up the meat i skillet a tablespoon a tablespoon of onio fine. Let cook five pour over the meat. Grape Juice Leme lemonade in the juice of three lemons of sugar, a quart of tumbler of grape jui serve it ice cold. lemonade which 18 ous, the only drawl

a couple of hours

The juice of three

rind of one, one cu

sugar, Take one

water, pour over the

strain. This lemon the grape juice or worth trying. Receipts for Ye farmer's daughter make yeast cakes. for months: Boll a strain; scald two or the water, stirring keep it from forming a large handful of gar, tablespoonful cool until lukeway two cakes dissolved raise over night. let raise once more, a board, knead in