PURE BLOOD MAKES HEALTH

Disorders of the Blood are Cured by Dr. Williams' Pink Pills

If people would realize the importance of keeping the blood rich and pure there would be less sickness. The blood is the medium through which the nourishment gained from the food reaches the different parts of the body. If the blood is impure the nourishment that reaches nerves, bone and muscle is tainted with poison and disease follows. The blood is also the medium by which the body fights off disease. If the blood is thin and watery this power of resistance to disease is weakened.

Dr. Williams' Pink Pills for Pale People build up the blood. They increase the ability of the body to resist disease. They strengthen the nerves, increase the appetite and cure every disease caused by thin and impure blood, and that embraces such diseases as anaemia, indigestion, neuralgia, nerve exhaustion, rheumatism, and many others. Every claim made for this medicine is amply proved by the grateful testimony of those who have been cured. Here is one instance. Mr. Jas. Sauger, Peterboro, Ont., says: "I began to be troubled with dizzy spells. These were especially noticeable in the morning on rising and were accompanied by a feeling as if my body had taken on two or three times its weight during the night. When I went out of doors everything would suddenly seem to get topsy-turvy for a few moments, and I would apparently see specks floating in front of me, and for a while I could hardly drag myself along. This feeling at first only lasted for a few minutes, but as time went on the duration of the spells seemed to increase. Whilst during the day I would be suddenly attacked with dizziness compelling me to hold on to something until the feeling passed. I had in the meantime been taking various blood tonics, as I was convinced my condition was due to my blood being out of order. None of these, however, seemed to have any permanent effect. For a little while I would be fairly well, but as soon as I quit using them the attacks used to come back with renewed vigor. One day I came across an advertisement of Dr. Williams' Pink Pills and decided to try them. I soon noticed a more decided improvement than I had felt before. The dizzy spells were becoming less frequent and less violent, and by the time I had taken six boxes I was well again. From former experience I had some fears that the trouble might return, but now, four months after discontinuing the use of the pills, I have had no return of the trouble. In fact I never felt better than I do now, and I think nothing can equal the Pills as a blood medicine."

The Pills are sold by all medicine dealers or can be had by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Pointed Paragraphs.

Politics is a good game, but a mighty poor business.

Many a successful man makes a noise like a big wind.

It's better to deliver the goods than to be caught with them on you.

A drunken man will tell you everything he knows—but what's the use?

And some men talk to themselves because they like an appreciative audience.

In accord with the eternal fitness of things, a man who stole a watch wound up in jail.

The world admires any man who attends to his own business—no matter how humble it may be.

Women who spend most of their time trying to improve their complexions never think of the old-fashioned method of steaming it over a washtub.

A SAFE MEDICINE FOR THE BABY

Baby's Own Tablets are a safe medicine for little ones. In fact they are guaranteed by a government analyst to be absolutely free from opiates or any of the drugs so harmful to the lives of little ones. The Tablets never do harm—always good and may be given to the newborn babe or growing child with equal safety. They never fail to cure constipation, indigestion, colic, break up colds and fevers and make teething easy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

People never pay any attention to a cheerful liar.

Minard's Liniment Cures Garget in Cows.

Ten More.

He—I have saved up ten thousand dollars. Will you be my wife?

She—Oh, Mr. Jones, this is too sudden! Save up another ten thousand.

When Your Eyes Need Care Try Murine Eye Remedy
No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. MURINE is compounded by our Oculists—not a "Patent Medicine" but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c-50c per bottle. Murine Eye Salve in Aseptic Tubes, 25c-50c. Murine Eye Remedy Co., Chicago

"Father, what is an empty title?" "Well, an empty title is your mother's way of calling me the head of the house."

Minard's Liniment Cures Diphtheria.

ARE READY FOR SHIPWRECKS

FOOD PLACED ON LONELY ISLANDS OF THE SEA.

Supplies Left by a British Warship Found Intact After Eight Years.

That all expeditions, whether Arctic or otherwise, place food depots within reach in case of need is of course well known, but few people are aware that there are certain rarely visited islands and desolate coasts where depots of provisions and necessities have been placed for the use of shipwrecked crews. The most extensive supplies of this sort are those existing on some of the lonely islands in the South Indian Ocean. South of the liner track to Australia via the Cape lie Croze and Kerguelen Islands.

In the jubilee year of Queen Victoria a French warship placed in a hut on one of the Crozets a good stock of food and necessities, including two spears and two hatchets. It is highly probable, says Pearson's Weekly, that the bulk if not all of these stores are still there, for the warship in question found the provisions left by a British warship eight years before absolutely intact.

Guide Books Supplied.

The handbooks furnished to all British shipmasters indicate exactly the whereabouts of these cached stores. A seal hunter, who sought to find the depot on Kerguelen Island, wrote: "It was as easy as if we had a signpost."

The Kerguelen depot was fitted out by the French ship Eure which in 1893 left "2,250 pounds of preserved beef in boxes of 9 pounds; 1,125 pounds of biscuits, 20 swanskin shirts, 20 pairs of woollen drawers, 20 woollen blankets and packets of matches." Furthermore, great trouble was taken to protect the stores from the weather.

The beef boxes were coated with tar, as were the iron hooped barrels, containing the biscuits and clothes, and the matches were in boxes painted over with red lead.

Fourteen years afterward Capt. du Baty, who spent many months sealing on the island, examined the depot. Even though the goods had been buried beneath a cairn of stones the casks had rotted away and the clothing fell to pieces when opened out.

The biscuits had been turned to sour pulp and long green strands of moss were growing on the barrels. The tinned beef was perfectly good and was agreeable to the taste. He failed to find the matches, but left some of his own, together with needles and twine.

Cabbage and Celery.

On Amsterdam Island, further north, the Board of Trade's handbook notifies the fact that the French supplies are in a cavern where also have been left a cooking pot, cots and dry wood. On this island the stranded Crusoe will find, too, abundance of wild cabbage and celery growing, and lobsters and fish are plentiful.

On the coast of Tasmania there are some very lonely districts. At Rocky Point shipwrecked mariners may find relief stores, and in order to aid them to regain civilization tracks have been made for their benefit, with "iron index fingers every quarter mile pointing in the direction of the relief station." And on a river where fording is necessary a raft has been left in readiness.

Telephone Communication.

Similar provision exists on some of the outlying islands of New Zealand, and these are visited by a Government steamer once or twice a year in case castaways are needing rescue. In Vancouver shelter sheds are erected on some lonely shores and thence a shipwrecked sailor can ring up a central station on the telephone.

Refugees in Tierra del Fuego learn from the same source above quoted that "they can trust the Yaghans to conduct them to mission stations or settlements," but the "Alacalufs are aggressive and treacherous, though, however great their number, they will not attack a combination of three or four persons, especially if they are aware that these persons possess firearms or implements resembling them."

One day a woman sent her little boy out in the yard to play with the baby, as she was busy. The boy had a new shovel his mother had given him. After they had played awhile she heard the baby crying. She went out to see what was the matter with the baby. She asked Johnny what the trouble was. He said proudly: "A dirty fly bit him on the head, and I killed it with my shovel."

Minard's Liniment Co., Limited.
Gents,—I have used your Minard's Liniment in my family and also in my stables for years and consider it the best medicine obtainable.
Yours truly,
ALFRED ROCHAV,
Proprietor Roxton Pond Hotel and Livery Stables.

"It was simply a question of veracity between us," said the oldest inhabitant. "He said I was a liar, and I said he was one." "Humph!" rejoined the village postmaster. "That's the first time I ever heard either of you telling the truth."

From Great Lakes To the Rockies

WOMEN SING THE PRAISES OF DODD'S KIDNEY PILLS.

Saskatchewan Lady Adds Her Testimony To What Has Already Been Said of the Great Work Dodd's Kidney Pills Are Doing.

Caesarville, Sask., June 2—(Special.—The scarcity of female help in a new country subjects the women of the prairies to unusual strain, and careful observation has established the fact that this strain first makes itself felt in the kidneys. For this reason Dodd's Kidney Pills are making an enviable reputation from the Great Lakes to the foothills of the Rockies.

Everywhere you will find women singing the praises of the great Canadian kidney remedy that has banished their pains and weariness, and brought them back to health. Among the many is Mrs. Edgar Cowen, an estimable lady of this place.

"I have found Dodd's Kidney Pills very beneficial," Mrs. Cowen states. "If anything I can say will help any sufferer I am glad to add my testimonial to what has already been said."

The kidneys strain all the refuse material out of the blood. If they are out of order this refuse remains in the blood, and becomes poison. That's why sound kidneys mean pure blood and good health. Dodd's Kidney Pills make sound kidneys.

ESKIMO'S BRAINS IN STOMACH

Say Dogs Can be Satisfied, But People Can Always Eat.

According to Knud Rasmussen, the explorer and authority on polar lands, the Eskimo does not think as other races do. He does not count the hours, days or years and keeps no record on time. All his thoughts are centred on hunting and beyond the need of sufficient food and clothing for himself and family, he has no care.

Mr. Rasmussen relates a number of interesting conversations which he has had with various Eskimos, all of which go toward pointing out conclusively their indifference and inability for any thoughtful reflection.

"Once," he is quoted in an exchange as saying, "I asked an Eskimo who seemed to be plunged in reflection, "What are you thinking about?"

"He laughed at my question and said: "Oh, it is only you white men who go in for thinking. Up here we think only of our flesh pits and whether we have enough for the long, dark winter. If we have meat enough why should be think?"

Eating seems to be the all important thing beyond the task of providing it. Once when Mr. Rasmussen excused himself, after paying a visit, with the plea that he had already eaten enough, he was laughed at and the answer he received was:

"Dogs can be stuffed till they are satisfied and can eat no more; but people—people can always eat."

MEMORY IMPROVED.

Since Leaving Off Tea and Coffee.

Many persons suffer from poor memory who never suspect tea and coffee have anything to do with it.

The drug—caffeine—in tea and coffee, acts injuriously on the nerves and heart, causing imperfect circulation, too much blood in the brain at one time, too little in another part. This often causes a dullness which makes a good memory nearly impossible.

"I am nearly 70 years old and did not know that coffee was the cause of the stomach and heart trouble I suffered from for many years, until about four years ago," writes a Western woman.

"A kind neighbor induced me to quit coffee and try Postum. I had been suffering severely and was greatly reduced in flesh. After using Postum a little while I found myself improving. My heart beats became regular and now I seldom ever notice any symptoms of my old stomach trouble at all. My nerves are steady and my memory decidedly better than while I was using coffee.

"I like the taste of Postum fully as well as coffee."

Name given by Canadian Postum Co., Windsor, Ont. Write for booklet, "The Road to Wellville."

Postum comes in two forms.

Regular (must be boiled).

Instant Postum doesn't require boiling but is prepared instantly by stirring a level teaspoonful in an ordinary cup of hot water, which makes it right for most persons.

A big cup requires more and some people who like strong things put in a heaping spoonful and temper it with a large supply of cream.

Experiment until you know the amount that pleases your palate and have it served that way in the future.

"There's a Reason" for Postum.

The Surpriser Surprised.

A wealthy landowner in England, affected with the craze for Japanese gardening, invited the Japanese ambassador to luncheon, says the Bristol Times and Mirror, and afterward showed him round the gardens and greenhouses, keeping the Japanese garden till the last as a delightful surprise.

When, after admiring the beauty of all the other gardens, the ambassador was at last taken to the imitation of the gardens of his own flowery land, he held up his hands in enthusiastic delight. "Ah," he exclaimed "this is wonderful! We have nothing like this in Japan!"

PIMPLES ON FACE ARMS AND LEGS

Scratched So Made Red Sore. Trouble Grew Worse All the Time. A Cake of Cuticura Soap and a Box of Cuticura Ointment Completely Cured.

Ville Jollette, Que.—"My little girl, aged four years, had so many pimples on her face, arms and legs that I did not know what to do. They lasted for a year. She commenced to scratch and this made pimples, clear, not red. She scratched so much that the blood ran and it made a red sore. The sores were worse on her arms and legs and on her face, and they were ugly looking with the blood. I was told what to do to stop her suffering, and I used the treatment but other pimples came out all the time. I tried all sorts of remedies but the trouble grew worse all the time. It was always the same story, until I used Cuticura Soap and Ointment. I began to apply the Cuticura Ointment on her, also hot water and Cuticura Soap. Immediately I began to see that they were curing her, and after having used a cake of Cuticura Soap and a box of Cuticura Ointment she was completely cured. She has just as fine a skin as before.

"My husband also used Cuticura Ointment for cracks in his hands. After three applications of the Cuticura Ointment he was completely cured." (Signed) Mrs. Alfred Corrier, Jan. 16, 1912.

Cuticura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. For a liberal free sample of each, with 32-p. book, send post card to Potter Drug & Chem. Corp., Dept. 33D, Boston, U. S. A.

ECHO IS LOUDER THAN SOUND

Experiments Were Made From a Balloon.

To most persons it would seem impossible for an echo to be louder than the sound that produced the echo, but under certain rather peculiar conditions this is really true.

When a revolver is fired from a balloon the report is sharp, but not so loud, explains a writer in Harper's Weekly, as it would be if the gun were fired on the surface of the earth. If the balloon is up something like 2,000 feet or higher there will be a few seconds' silence after the revolver shot and then a roar or deep rumble will rise up from the earth.

If an explosive is lowered from the basket of the balloon until it is discharged with an electric spark from a battery in the hands of one of the aeronauts, there will come to the ears of those above a report like a revolver shot and then a few seconds of silence, followed by a peal of the loudest thunder ever heard.

There is no solid background about or above the balloonists to produce a rebound of the atmospheric sound-wave and the air is more dense below. Thus, when the sound-waves penetrate the denser lower strata of air and then the solid earth the echo produced seems to the ears of the occupants of the balloon far louder than the original sound.

Unanimous.

"I have taken a job," said the plain young woman, "as a schoolteacher." At this her chum cried: "What! Teach school! Why, I'd rather marry a soft, fat, baldheaded widower with eight children than teach school!" The plain young woman sighed, "Ah!" she said, "so would I."

50,000 MEN WANTED
Before next month this number are wanted to step up and have their corns removed with Putnam's Corn Extractor—it's painless—safe—sure. Use only "Putnam's," it's the best, 25c. at all dealers.

It is easy to preach virtue, but far more difficult to teach it by practice and example.

Minard's Liniment Cures Colds, Etc.

The Sensation.

Miss Gibson was very rich and Mr. Hanna was very poor. She liked him, but that was all, and he was well aware of the fact. One evening he grew somewhat tender and at last he said: "You are very rich, aren't you, Helen?" "Yes, Tom," replied the girl frankly; "I am worth about two million dollars." "Will you marry me, Helen?" "Oh, no, Tom, I couldn't." "I knew you wouldn't." "Then why did you ask me?" "Oh, I just wanted to see how a man feels when he loses two millions."

Good management contributes more to our comfort than great possessions.

Minard's Liniment Cures Distemper.

Was Broad Enough.

"Why has your wife decided to give up the European trip she was contemplating?"

"She happened to hear somebody say that travel broadened one."

DODD'S KIDNEY PILLS
FOR ALL KIDNEY DISEASES
CURES RHEUMATISM BRIGHT'S DISEASE BACKACHE DIABETES
23 THE PR

FIRE IN STOVE 70 YEARS.

Primitive Cooking Apparatus in Cornwall, England.

Incredible as it may seem to us who have at our command every sort of labor saving machine and device that it is possible to conceive, there are some parts of the world—and not the most remote, either—where many of the ordinary tasks of life are accomplished in almost identically the same way that they were centuries ago, says a writer in Gas Logic. Travellers in foreign countries have frequently told of surprising instances of this kind which they have met with in their wanderings in out-of-the-way localities.

A striking illustration of the way in which people who come little into contact with modern methods oftentimes cling to ancient and cumbersome ways of doing things is afforded by the case of a farmer in Cornwall, England, whose primitive and picturesque cooking apparatus has attracted attention.

The fuel used in this "stove" is neither coal nor wood, but peat. No other fuel has ever been burned in it. The Cornish farmer declares that to his own knowledge the fire in it has not been out in seventy years.

When the farmer's family have any cooking to do, the embers are first raked flat, and an iron plate is placed over them. The dough is then put into a tin, which is placed upon the iron plate, the tin then being covered over with a big iron pot. The whole is covered with embers and in eighty minutes' time, it is said, the bread is perfectly baked.

Weary Tiredness Changed to Vigor

That Played-Out Feeling Was Quickly Remedied and Health Restored.

Story of a Merchant Who Almost Lost His Business and His Health Through Neglecting Early Symptoms of Disease.

"My life for years has been of sedentary character," writes T. B. Titchfield, head of a well known firm in Buckingham. Nine hours every day I spent at office work and took exercise only on Sunday. I disregarded the symptoms of ill-health, which were all too apparent to my family. I grew thin, then pale, and before long I was jaundiced—eyes and skin were yellow, my strength and nerve were lowered, and I was quite unfitted for business. In the morning a lightness in the head, particularly when I bent over, made me very worried about my health. Most of the laxative medicines I found weakening, and knowing that I had to be at business every day I neglected myself rather than risk further weakness. Of course I grew worse, but by a happy chance I began to use Dr. Hamilton's Pills. I was forcibly struck by the fact that they neither caused griping nor nausea, and it seemed incredible that pills could tone, cleanse and regulate the system without causing any unpleasant after effects. Dr. Hamilton's Pills acted with me just as gentle as nature—they gave new life to my liver, strengthened my stomach, and won me back to perfect good health. My skin is clear, dizziness has disappeared, and my appetite, strength, spirits are perfect."

Refuse anything offered you instead of Dr. Hamilton's Pills, which are sure to cure. Sold in 25c. boxes, five for $1.00, at all druggists and storekeepers, or post-paid from the Catarrhozone Co., Buffalo, N.Y., and Kingston, Canada.

Chinese Doctor's Ideas.

The Chinese doctor possesses many ideas peculiarly his own. There is much mystery and impressiveness in his manner of treatment. According to Mongolian medicine the Chinaman believes that the human heart is more likely to become inflamed at noon during the summer season than at any other time. Likewise they regard the human ear as suggesting the condition of the kidneys, while the mouth and lips indicate the condition of the spleen and the stomach.

Dr. Morse's Indian Root Pills
are made according to a formula in use nearly a century ago among the Indians, and learned from them by Dr. Morse. Though repeated attempts have been made, by physicians and chemists, it has been found impossible to improve the formula or the pills. Dr. Morse's Indian Root Pills are a household remedy throughout the world for Constipation and all Kidney and Liver troubles. They act promptly and effectively, and 40
Cleanse the System

FARMS FOR SALE.
H. W. DAWSON, Ninety Colborne Street, Toronto.
FRUIT, STOCK, GRAIN AND DAIRY Farms in all sections of Ontario. Some snaps.
FACTORY SITES, WITH OR WITHOUT Railway trackage, in Toronto, Brampton and other towns and cities.
RESIDENTIAL PROPERTIES IN Brampton and a dozen other towns.
H. W. DAWSON, Colborne St., Toronto
131 ACRES IN LAMBTON COUNTY, sandy loam, frame house, good outbuildings, 6 miles to Alvinston market, will exchange for city, town or village property or smaller farm. The Western Real Estate Exchange, London, Ont.
MALE HELP WANTED.
AT ONCE—MEN WANTED; LEARN Barber Trade; great demand; good wages; twenty to thirty advertised for daily in Toronto papers alone. Can teach you in six to eight weeks. Send for Catalogue. Moler College, 221 Queen East, Toronto.
STAMPS AND COINS.
STAMP COLLECTORS—HUNDRED DIFferent Foreign Stamps, Catalogue, Album, only Seven Cents. Marks Stamp Company, Toronto.
MISCELLANEOUS.
CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

BOOST YOUR TOWN BY ORGANIZING A
BRASS BAND
Information on this subject with printed instructions for amateur bands and a printed form of Constitution and By-Laws for bands, together with our big catalogue, will be mailed FREE on request. Address Dept. "D."
WINNIPEG MANITOBA | THE R. S. WILLIAMS & SONS CO., LIMITED | TORONTO ONTARIO

ARE you suffering with RHEUMATISM, NEURALGIA, SCIATICA, LUMBAGO, INFLAMMATORY RHEUMATISM, PNEUMONIA, GOUT, or the worst kind of HEADACHE or TOOTHACHE?
THEN USE
TEMPLETON'S RHEUMATIC CAPSULES
THEY REALLY CURE
Write for FREE testimonial of cured people. We positively guarantee to refund your money if not cured.
TEMPLETON'S RHEUMATIC CAPSULE DISTRIBUTING CO.
315 COLLEGE STREET, TORONTO.
SOLD BY ALL DRUGGISTS. $1.00 A BOX OR 6 BOXES FOR $5.00.

HEAVY CREAM
Mr. J. W. McGhee, of Conover, Ont., says: "I find that the Standard cream separator will deliver any density of cream with either warm or cold milk, and still flush out easily." So if you want heavy cream, simply turn a screw on the top disc of the
Standard
and get any thickness desired. This cream-regulating screw is placed on the top disc for your convenience, so that you do not need to take the bowl apart to reach it. This point may not seem very important to you. We mention it merely as an example of how carefully and thoroughly the Standard is built down to the smallest detail. A booklet, explaining the entire construction of the Standard cream separator, and telling why it has earned the name of "The World's Greatest Separator," will be mailed free as soon as we get your name and address. Drop us a post card to-day.
The Renfrew Machinery Co., Limited
Head Office and Works, RENFREW, CANADA.
BRANCHES: SUSSEX, N.B.; SASKATOON, SASK.; CALGARY, ALTA.
Agencies Everywhere in Canada.

THE
"DISCO" PRIMER
WILL START YOUR ENGINE
SIX years of effort have produced a Primer that will start your Car or Motor Boat Engine at once, without trouble or confusion. The "DISCO" is simple of operation and easy to install.
Special Price
Use the Coupon. Enclose $7 and the "Disco" is on the way to you.
$7 $7
There are no parts to oil and take care of.
It cannot get out of order or wear out.
THE "DISCO" puts a charge of gas into each cylinder. This gas when ignited gives a perfect explosion in each cylinder. Ten or twelve complete revolutions of the engine result, which is sufficient to start any engine under normal conditions. It is guaranteed for 60 days against defect in material and workmanship.
Put a "DISCO" PRIMER on your Engine and End Starting Troubles
SPECIAL PRICE $7
Complete with 10-Foot Gas Tank, $21
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Accessories Department,
WEST TORONTO
Branches:—TORONTO, MONTREAL, HAMILTON, WINNIPEG, CALGARY, VANCOUVER, MELBOURNE, AUST.
RUSSELL MOTOR CAR CO., Limited
WEST TORONTO
Enclose $7 for One "DISCO"

ESKIMO CHILD NOT WHIPPED.

Does as He Pleases, but is Generally Obedient.

The Eskimo child is the idol of the home and is allowed to do as he pleases. He is never punished, says a writer in the Wide World Magazine, and his whims and wishes are consulted with all the concern given an adult. In spite of this indulgence the children are remarkably obedient. Perhaps the patriarchal manner of living—father and mother, aunts and uncles and grandmother—tends to make them so.

The word of the elders is law and is never questioned. They have lived a long time, the Eskimos reason, and therefore speak with the authority of experience.

All of this is very nice in the ordinary walks of life, but rather embarrassing sometimes in school work. When a child of four or five plays truant from school, and the visiting teacher, complaining to the parents, is gravely told to ask the small despot if it is his royal pleasure to come to school or not, the situation becomes ludicrous. The only resource is to become a hatred truant officer, or, better, to make your work so interesting that the children cannot stay away.

FREE OF LUMBAGO
Because He Took GIN PILLS
Mr. H. A. Jukes of Winnipeg writes: "I have been a sufferer from Lumbago for some years past. I met your Mr. Hill and he advised me to take GIN PILLS. I have been taking them at intervals during the early part of the present winter, and up-to-date have had no return of my old trouble—in fact I feel better than I have for years, and think that my old enemy has vanished for good and all."
50c. a box, 6 for $2.50. Sample free if you write National Drug and Chemical Co. of Canada, Limited, Toronto. 130

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