

NOTES AND COMMENTS

It takes a brave man in these days to defend the old college training, which is fiercely attacked by countless numbers of assailants both at home and abroad.

Sir Richard recognizes the fact that there are different kinds of success and says that he does not underestimate the cultural worth of an academic course, but he adds that a purely academic scholarship is not what is required by men and women who are to grapple with practical affairs.

This criticism is in line with much that is being written, but it should not be assumed from it that there has been no change or that the changes have been provokingly slow.

Still, there is a limit to the particular rule of reason that Sir Richard would establish. Youth is not equipped for the severest reasoning processes, and while it is taking its preliminary exercise it cannot afford to look too scornfully upon more acquisition.

A course in swimming has been added to the acquired studies in the public schools of Pittsburgh, and Dr. Watson L. Savage is quoted as saying that he will see to it that every child in the city is taught to swim.

"To ride, to shoot and to speak the truth" was the ancient Persian ideal of education. Needless to say, this was for boys only; girls in this day fare better than when the maxim was made.

Swimming is a splendid sport; it develops muscle rarely used in other sports and its usefulness is beyond question. Yet comparatively few persons learn to swim. There are sailors who have spent many years on the water, but are unable to keep afloat when suddenly cast into the element with which they ought to be thoroughly acquainted.

Without adversity a man hardly knows whether he is honest or not.—Fielding. Charity is the calling of a lady; the care of the poor is her profession.—Hannah More.

If you live according to Nature you will never be poor; if according to opinion you will never be rich.—Seneca. It is in those whose natural impulse it is to recognize merit that the faculty of true criticism is most vigilant.—Lord Dufferin.

Time is an estate that will produce nothing without culture, but will always abundantly repay the labors of industry.—Johnstone. A man who lives only for himself has not begun to live—has yet to learn his use, and his real pleasure, too, in the world.—Woodrow Wilson.

If you think you can achieve anything great or small by doing it only by fits and starts put that erroneous idea out of your head at once.—Charles Dickens. If you are going to do anything permanent for the average man you have got to begin before he is a man. The chance of success lies in working with the boy and not with the man.—Roosevelt.

DISAPPEARANCE OF PEOPLE

SCOTLAND YARD POLICE GIVE THE FIGURES.

More People "Went Down" on the Titanic Than Were On Board.

Since the year 1907 Scotland Yard returns show that altogether 170,472 people have been reported missing in the Metropolitan (London, England) Police area. Of this number 167,212 have been accounted for, some either returning voluntarily to their relatives or being restored to them by the police.

In 1911 28,958 persons were reported missing. Of these 10,416 were discovered by the police and 18,075 returned on their own account or were traced through the efforts of friends and relatives. This leaves a total of 467 still unaccounted for.

Loss of memory plays a very large part. Doctors who have studied this curious mental state have put it down to the delirium of speed which is such a factor in modern life. Under the great strain of nervous tension the brain breaks down temporarily and the mind becomes a blank.

The Craving for Adventure.

The public has been alarmed of late at the number of young girls who have figured among the reported missing. In a proportion of these cases there may be real cause for apprehension. But the police are satisfied that in the majority the disappearance is intentional.

Neither is this an entirely modern feature. Early in the eighteenth century a girl named Elizabeth Canning disappeared from her home and evaded all efforts to discover her. She returned after a month. Her story was that she had been stolen her.

It was suggested then that the girl fabricated the story in order to avert punishment. There seems little doubt that neurotic young girls of to-day who leave home in a state of hysteria resort to a similar plan to avert parental wrath.

Sick of Formality.

An interesting case of past years, in which boredom with the conventionalities of society caused a man to vanish was that of Waring, who figured in a poem of Robert Browning, entitled "What's Become of Waring?" Waring was a great figure in the social life of the time.

Another celebrated disappearance of the past was that of Mr. Jasper Pyne, M.P. for West Waterford, who took a ticket for Ireland and was never seen or heard of again. The disappearance of Grimaldi's brother was equally mysterious.

An M.P. Who Vanished.

As the years have passed it has become a much more difficult task for people to cut themselves entirely adrift from the circle in which they have lived. Wireless telegraphy, better police organization, and, above all, the newspaper pictures have made the path of those who are anxious to disappear a very easy matter.

Life that is all pleasure is worthless. Life that is all drudgery is just as bad," says Dr. Elizabeth Chesser. "People who get out of the habit of enjoyment get depressed in vitality and age more rapidly. There is nothing like the habit of laughter for keeping people young and healthy."

SEE IT BEFORE IT HAPPENS

SIGHT IS A SHREWD GUESS OF THE BRAIN.

Some Temperaments See Things That Are About To, But Don't, Happen.



From the last picture of the King of Belgium.

CLIMBING FOR LIFE.

A Government Surveyor Tells of a Thrilling Experience.

Most adventures that explorers meet with result from a lack of forethought. In his book, "Trailing and Camping in Alaska," Mr. A. M. Powell, a government surveyor, tells how one of his party—very likely Mr. Powell himself—was led into a most hazardous predicament.

He landed on a grassy nook at the foot of a precipitous mountain spur. After supper, one of the trio tried to climb a ledge of white spar that could be plainly seen from the camp. After an hour's hard work, he reached the place, but it proved disappointing. He then saw that he could not descend without eyes in his toes.

He continued climbing until about ten o'clock, when he paused to look down on the camp-fire and the water, more than a thousand feet below him. He felt a sickness come over him, so he turned his gaze to the rock wall, a foot from his face.

When near the summit, he found himself face to face with a perpendicular wall about twelve feet high. There appeared to be a small breach on top of this wall, on which he might rest if he could reach it. He sat for a few moments on a large rock that lay at the foot of the wall; then with his knife he cut niches for finger and toe-holds. Holding on by these, he climbed up and dug a sort of trench through the moss on the rim above, through which he might draw his body. Then he descended to the rock for a long rest before making the final effort.

He finally nerved himself to the task, put his fingers in the niches, and drew himself from the rock which, with the pressure of the departing foot, said good-bye, and went bumping down, down, down. The man was left clinging to the niches—hope and life above, sure death below.

WHY MORE WOMEN THAN MEN

A Woman's Power of Endurance Is More Robust.

The fact that in almost all civilized countries women outnumber men has been ascribed to the higher birthrate of girl babies; yet statistics show that 106 boys are born to every 100 girls.

He finds that from the third to the fifteenth year the mortality for both sexes is the same; from the fifteenth to the nineteenth year, the critical age for girls, the girl's chances are slightly better than the boy's; from the thirtieth year to the thirty-fifth the mortality among women is smaller than among men.

How Gasoline Evaporates.

One pint of gasoline left in an uncovered basin in a room at a normal or average temperature will entirely evaporate within twenty-four hours. As gasoline vapor is denser than the surrounding air, unless disturbed by active air currents, its presence in the room may be detected for many hours.

One Construction.

Knack—When does a man rob his wife? Knack—When he hooks her dress. The thief who finds no opportunity to steal considers himself an expert.

SOME RULES FOR SUCCESS.

Good Advice to the Young Man Who Wants to Get On.

The man who would succeed must be full of grit. The faint-hearted and easily downed has no place in modern business competition.

He must give better service than his competitor gives, and failing in this must spare no effort until the cause of such failure be uprooted.

He must be self-satisfied. The minute a man rests content with what he has done is his rival's opportunity.

He need not be a tyrant; he must not be "soft." It may be kinder to be kind to the inefficient, but it is not conducive to big business.

He must build well from the foundation. A big organization full of rotten timber will crash when the need to stand firm is strongest.

He must be honest. The day has passed when trickery pays. If you run your business to "do" your patrons be sure those patrons will soon go elsewhere.

He must be able to make friends, and keep them, even when his interests clash with theirs. It takes a big man to be popular and successful at the same time.

He must live within his means—well within. "If," as Franklin tells us, "you know how to spend less than you get, you have the philosopher's stone."

ON THE PLANET MARS.

Strange Conditions to Be Found On Far-Off Planet.

Mars is more distant than are from the sun—150,000,000 miles on the average instead of 100,000,000. It is, therefore, a little colder; the more so as its central heat is less, because the diameter of the planet is only 4,500 miles instead of 8,500.

Persons who are highly emotional—musicians, mystics, poets and others—whose temperament keeps their optic nerves stretched like an E string, thus do not only see things long before they happen, but usually see many things that were about to happen, but which are switched off and never do happen.

This is the explanation of what the superstitious call "pre-vision." There is nothing strange or unusual about this faculty. It is due only to the tendency of very high-strung persons to recognize familiar movements a fraction of a second sooner than other people do.

FOR THE KING'S CALLERS.

Signature Books Prove Treasure Trove for Autograph Hunters.

Two new visitors' books have recently been provided at Buckingham Palace, and the old ones have gone to join the many others that are in the safe keeping of the Lord Chamberlain's Department.

The value of these books to autograph hunters is almost impossible to estimate, and some sensation was caused about the Court a few years ago when it was announced that one was missing. Fortunately a careful search revealed its whereabouts.

That's Different.

Jones—"James, I heard you using profanity to the horses this forenoon." Coachman—"No, sah; no sah; I've very careful ob de horses, sah; I wuz talking to my wife, sah!"

Weight is not fit who gets it; but his who enjoys it.

ATTAINMENT OF HAPPINESS

Buddha and Confucius Declare that It Comes From Virtuous Thoughts and Actions

The steps of a good man are established by the Lord.—Psalms, xxxvii, 23. The supreme end sought in all religious devotion is the attainment of happiness.

The steps of a good man are established by the Lord. Human nature is not innately good. The desire to do right may be from within; the power which makes for righteousness must be from without.

Always From Above. "The heart is deceitful above all things and desperately wicked." The gift of goodness is the gift of God. What I cannot do of myself, My Master grants me of His strength to do.

The Highest Development of the thought when it implores its followers "to walk worthy of the Lord to all pleasing, being fruitful in every good work."

The destiny of the family, of society, and of the State is wrapped up in the measure with which men shall succeed in becoming righteous. These ethical units shall become entirely regenerate only when the individual units of mankind shall have acquired "the habit of being good."

The realization of this hypothesis is not a problem in ethics, but rather an imperative of religion. If happiness depends upon virtue, how, then, shall a man be virtuous? In their answers to this question the religious systems of antiquity have been lost in their own wreckage.

THE SUNDAY SCHOOL STUDY

INTERNATIONAL LESSON, MAY 11.

Lesson VI.—Joseph made Ruler of Egypt, Gen. 41: 1-45. Golden text, 1 Pet. 5: 5.

Verses 1 to 24, which immediately precede our lesson passage, tell of Pharaoh's dream and of his chief butler's recollection of the Hebrew prisoner who, fully two years before, had correctly interpreted a dream for him.

Verses 25. The dream of Pharaoh is one rather, the dreams of Pharaoh. In their significance, the reason for the vision is explained in verse 32. What God is about to do he hath declared unto Pharaoh—In these words lies the message which the writer of the narrative meant to convey to the reader.

Verse 26. Seven good kine—"Fattened and well-favored" (v. 18). Are seven years—Represent seven years. Starved and lean-fleshed, such as had never been seen "in all the land of Egypt for badness" (v. 19).

Fact and Fancy.

To fill the pulpit is one thing; to fill the church is quite another. The raccoon washes its food before eating it. Sarah Bernhardt sleeps only five hours. When a man settles down he is expected to settle up.

Tells Employes to Laugh.

"Learn to laugh" is the slogan that has been spread through the ranks of employes of one of the big western railroads. A statement is issued to all employes in what is termed a "cheerfulness" campaign.

Dealing Gently.

Cader—"Binks has been telling lies about me again." Beder—"He might do worse. He might tell the truth about you."

NERVOUS DISEASES IN THE S

Cured by Toning the Brain—Strengthening the N

It is the opinion of the best authorities, after long study, that nervous diseases, common and more serious forms of nervous troubles, are spring than at any other time in the year. Vital changes in the after long winter months cause more trouble than in the spring weakness and from which most people suffer the result of indoor life, ventilated and often of buildings. Official records that in April and May St. Vitus dance, epilepsy, forms of nervous troubles, are worst, and that there is any other time, a nerve-restoring tonic is the best. The antiquated custom of purgatives in the spring is for the system really strengthening, while only gallip through the leaving you weaker. Dr. Pink Pills are the best for they actually make rich, red blood that is starved nerves, and thus many forms of nervous diseases are also other spring troubles as headache, appetite, weakness in the well as remove unquietly and eruptions. In fact they bring new health and to weak, tired and depressed women and children.

Sold by all medicine dealers mail at 50 cents a box or for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Grains of Gold.

Be charitable before makes thee covetous.—Sir B. Browne. He that calls a man unsums up all the evil that is guilty of.—Swift. The great thing in the world is not so much to seek happiness to earn peace and self-reliance. Huxley.

It is a great step in the education of life when we have created that events are all spiritual.—Bridges. Do not dare to live without clear intention toward which all shall be bent. Mean something with all your Phillips Brooks.

The world will never be in manner an order of tranquility till men are firmly convinced conscience, honor and credit in our interest.—Steel.

A man takes contradiction advice much more easily than ple think. Hearts are lowered remain open to the softly dew, but shut up in the downpour of rain.—Richter.

FOR THE KING'S USE.

No other race of animals can show such a history as the black oxen that draw the funeral cars of dead Japanese emperors. They are a special breed, and for centuries have been kept for the sole use of the imperial family. The cream-colored Hanoverian horses, reserved for the British royal family, are nearly as famous, but some of these animals once wore the yoke of an alien and an enemy.

When Napoleon occupied Hanover, in 1804, he seized all the cream-colored horses in the royal stables, and took them to Paris. The state carriage at his coronation was drawn by eight of these animals. This incident, as he regarded it, made George III. so angry that he would not use the others of the breed that were stable in London. Until the fall of Napoleon, the state coach was always drawn by black horses when the king or his son, the prince regent, opened Parliament.

Fact and Fancy.

To fill the pulpit is one thing; to fill the church is quite another. The raccoon washes its food before eating it. Sarah Bernhardt sleeps only five hours. When a man settles down he is expected to settle up. One Frenchman in every eight has a bank account. The latest Venetian gondolas have electric motors. The ideal match is not the one where a little friction causes a flareup.

Spiders Refuse Alcohol.

Snails and slugs show a decided preference for certain kinds of food, as garden lovers know to their cost. Peas and cabbages, dahlias and sunflowers, are great favorites, but they will never touch the white mustard. Some prefer animal food, especially if rather high in taste; flies soaked in paraffin seem quite palatable to them, though one species, the diadema, is somewhat more particular and refuses to touch alcohol in any form whatever.

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Advertisement for Dr. Williams' Pink Pills for Pale People, including text about nervous diseases and a testimonial.

Advertisement for Baby's Own Tablets, describing the benefits for children's health.

Advertisement for Minard's Liniment, claiming to cure colds and other ailments.

Advertisement for Why Endure Pimples, featuring an illustration of a woman's face and describing the product.

Advertisement for Cuticura Soap and Ointment, describing its effectiveness for various skin conditions.