

Abdul Hamid, for Turkey, is keeping a diary. It will be remembered with a fine palace. His detestation and take his wives with him. The ex-Abdul's wives have a thoroughly stated, fully estimated that forty and one hundred man would hardly be a diary. Neverthe- keeping one, and is lished in a German

In a recent diary he made he had been studying western women. Europe and America pleased with these faces of these women. To the mind beauty consists in the lady whose facial features are discernible. ing, therefore, it is disposed to please women whose features they are lighter perhaps better. We thank him for we hope he will try on our behalf western women along in spite of to develop their. It might be said Abdul Hamid, the men whom he does not think as much.

Several years ago advanced use of good news, colleges, idea is becoming better schools of news and current as well as matric reviews. In high principals and finding the same and profita-

It is recognized that pupils of dry and pale skin, which is a sign of poor circulation. It is also a sign of interest things and depends on friends discuss newspapers an ever possible opinions should be pretentious of moral, social,

We teach in schools and drawn from a can and ill- case system- newspapers, zines should civics and progress in

NIRVOU Prescribed in Many were tried at this not need they have a but this is a work, says Word, and

There are two ways of engraving characters on a seal, relief and intaglio. In the one the characters in the impression are shown in color, while in the other they are represented in white on colored ground. The ink used for stamping is called niku. It is generally of vermilion red.

The cheapest kind of seals are made of boxwood and sold at 5 cents apiece. Most seals are oval in shape, but some are round and others square. They rarely exceed one-half inch in diameter.

"Too bad!" Mrs. Smartleigh always has such admirable weather for her afternoon teas! "Yes; she never pours but it rains!"

Home Dyeing has no terrors for me - It's so simple - my delight. Even Druggists Dyeing Contain my Best Results. DRUGGISTS

YOUR GUARANTEE OF QUALITY "SALADA" on a sealed lead package of Ceylon Tea, is your safeguard and guarantee. "SALADA" means freshness, purity, exquisite aroma, delightful flavor. "SALADA" means purity, healthfulness, satisfaction. BLACK, GREEN OR MIXED

THE TEAPOT AND PORRIDGE FORMER OUSTING THE LATTER IN SCOTLAND.

Half the Children Go to School on a Breakfast of Tea and Bread. A very painful light is thrown on the wretched conditions of life in the remote Highlands and Scottish islands in a report issued recently on the medical service there. The population is sparse, and many of the inhabitants live from twenty to thirty miles from the nearest doctor. In addition, the country is rugged, roadless, and mountainous, and when the weather is bad travel is often impossible. As a consequence cases are mentioned where patients have to wait in pain a fortnight and even longer for the doctor. A Dr. Macdonald got the hero's medal for crossing a hill at the risk of his life to attend a patient. The bulk of the people, too, are very poor, and a good deal of the doctors' work has to be gratuitous.

Houses are mere hovels of one room with damp walls, damp clay floors, and badly drained. The atmosphere is often smoky, and cattle are housed under the same roof. Consequently the people suffer from many ailments. And to add to this pitiful state of affairs, belief in Gaelic cures exists and strange customs are practised.

Black Cuck Buried Alive. A witness from the remote island of Rona (Skye), which a doctor rarely visits, told of a "cure" applied in the case of an epileptic. A black cock was buried alive beneath the spot where the patient had the first attack of epilepsy. He also described the successful treatment of a woman suffering from "King's Evil," i.e., bone or gland tuberculosis, by a seventh son, to whom she had gone all the way to the Island of Scalpay, Harris. Referring to the prevalence of this form of treatment, Dr. Tolmie, South Harris, says:

"When they have bone disease they use the old remedies. A man had to drive nine miles and walk about another six to an old lady at Licist. The old lady made up some rhyme and mixed some grasses with water and sand, and sung. He came back and said he was a little better. The seventh son is supposed to be able to cure such diseases."

It is in such a field of ignorant faith that the "skilly" woman can practise all her arts at will, and with greatest danger (it is stated) where she is most in demand—and that is, in cases of maternity. One doctor pointed out that the mothers do not nurse their children, and at the age of three months they are supposed to be able to take porridge and sops. The milk of their cows is given to the calves, and there is no milking for the children. They are rearing calves instead of children. The doctor declared:

Children are becoming decadent owing to lack of proper food. Excessive indulgence in over-brewed tea is mentioned as a great evil. "The good old porridge pot (says a doctor) has fallen from its high estate and the teapot has been exalted in its place. Probably over 50 per cent. go to school on a breakfast of tea and loaf bread, the former usually long brewed. A large proportion of the children live so far from school that they can not get home for a mid-day meal. These may walk from one to two and a half miles to and from school in all sorts of weather, and that work at their lessons all day upon this inadequate breakfast. All this works untold mischief."

A brisk trade in American patent medicines has sprung up, and there is a useful lack of nurses. Cases are mentioned where the husband has been the only attendant in emergencies. Many mothers die under these conditions, and infant mortality is abnormally high.

Father McNeill of Eskay in formed the committee that no doctor had attended a maternity case on the island for the last seven years, and that on one occasion when no other help was available, he "had to bring out the medical dictionary and to take it to the schoolmaster and to get him to attend."

Even when the doctor is available, medical attention has to be given under most difficult conditions. One doctor conducted an operation in a hut where a clerk gave chloroform and light was obtained from a tall candle held by a peabegging crofter, who faintly during the proceedings.

To meet the exceptional circumstances, an additional Imperial grant is recommended and the creation is urged of a special central authority and a special local authority for the development and correlated administration of the public medical service.

HOME Carpet Wisdom. "In the spring the housewife's fancy lightly turns to thoughts of carpets."

Quite right, too, for the amount of dust and dirt which even well-swept carpets will retain is marvellous. As a matter of health alone, they must come up for beating and cleaning. Dust is not dried mud, and what it might contain is best not thought about. This article is to help those who have not a vacuum cleaner, and have to seek the privacy, or publicity, of the back premises for carpet-beating.

The first necessity is a flat case beater. Never use a stick. The second, a stiff birch-broom. Flat beating on grass is best. Beat the carpet on the under side first, then pull it away and brush the dirt from the grass or you will re-collect some of it.

Now reverse the carpet and sweep it well, following the "grain," and in pile carpets the way of the pile. Brush from the middle outwards towards each side, and bring the brush off the carpet with an upward swirl.

Do a foot at a time like this, going round and round until finished. Now, taking hold of the broom handle rather low, walk backwards, and brush vigorously from left to right. The different angle of attack moves a lot of dust, and you've a stronger purchase on the broom. Turn the carpet over again, sweep the under side, and again beat. Reverse, brush, and beat the upper side. Do this systematically, so that the whole surface receives attention. Brush once more, and then test for dust. A little may be left, but hand-beating never quite removes it all.

Now temporarily relay the carpet so that all spots and marks may be removed. Go carefully over the whole carpet with a hot iron and brown paper. This will remove grease spots, visible and invisible. If any remain not absorbed by the brown paper, spread on a paste of fullers' earth and water, leaving it there until dry, and then brushing off. The marks will soon disappear.

Any other spots, of unknown origin, can be successively rubbed with petrol, turps, methylated spirits, or soap and water. There should now not be a spot on the carpet, and all that remains is to clean it and freshen the colors. For that make a mixture of half a pint of oxgall in half a gallon of hot water, and brush this into the carpet with a soft brush.

Wash the lather off with cotton cloth wrung out in ammonia and water—tablespoonful to a gallon—renewing as it gets dirty. Here you could stop if you like, but a final rub over with a flannel cloth dipped in soapsuds and turps will make perfection perfect. The carpet will be as new. Dry very thoroughly out of doors. A worn spot can be doctored by carefully dolly-dyeing it to the ground color of the carpet.

THE FIRST TEETOTALER. The Word Was Coined in the Town of Preston, England.

The quaint sayings of "Dicky" Turner, one of the earliest advocates of temperance in rural England, are still remembered in the little town of Preston, where the reformer began his attacks on the drinking habits of his fellow townsmen. In "The Manchester and Glasgow Road," Mr. Charles G. Harper describes the work of this interesting man:

Outside of Preston, probably not one person in a thousand knows the word "teetotal" came into popular use. It was, to all intents and purposes, deliberately invented by "Dicky" Turner, who, at a meeting held in the Old Cockpit, declaimed vehemently against the arguments of the moderate drinkers, and insisted upon total abstinence. "I'll have now to do with this moderation botheration pledge," he said, "I'll be reet down out-an' out tee-tot-total for ever and ever."

"Well done!" shouted the meeting, and the word was adopted with enthusiasm. There was no reference to tea, as is often supposed, nor was the word the result of a stuttering attempt at the word "total"; for Turner was not a stammerer. He was a ready coiner of words upon any emergency, and often perpetrated what in an Irishman would be called "bulls." In one of his impassioned addresses on temperance, he said: "We'll go with our axes on our shoulders and plow up the great deep; and then the ship of temperance shall sail gallantly over the land."

Social Uplift. "Has Maud succeeded in getting into society yet?" "No, but she's rising in the social scale. She's been snubbed by a better class of people this year than last."

She—it seems strange that you did not remember my face and yet you remembered my name. He (awkwardly)—Well, you know, you have an attractive sort of name.

Seed Oats FOR YOUR FIELD IN THE PROVINCE OF ONTARIO. COMPETITION you cannot lose by buying our seed. We have splendid stock and will be glad to send samples.

Geo. Keith & Sons, 124 King St. East, Toronto, Ont. Seed Merchants since 1861.

A GOOD HABIT Tea when you are tired, particularly if it's LIPTON'S TEA Goes farthest for the money

CHAPTER XXV.—(Cont'd.) Evelyn pretended to demand a little, but ended by accepting. It was well her white lids drooped over her eyes, veiling their strange gleam. When she found herself shut up in the solitude and seclusion of her own chamber, she gave full vent to the terrible rage and despair that waged such deadly war in her breast. "I am a woman," she murmured, "but I will defy fate and crush this girl."

CHAPTER XXVI. Evelyn St. Claire regarded her own room in the Remington mansion without being missed. The footman who admitted her wondered vaguely that Miss Gaynell's guest should have gone out alone on the street, especially at night, she being a stranger in the city, too. He told this to Evelyn St. Claire, who had declared that she fairly hated the airish blonde who ordered her around as if she was nobody, and heaved a sigh of goodnight as she went to remain long.

CHAPTER XXVII. Evelyn St. Claire bit her lip furiously under the mark of a smile as she gazed at the lovely vision before her. "I am so sorry you are not able to come with me, but I will come in when it is over, and give you a perfect account of it."

CHAPTER XXVIII. Evelyn St. Claire bit her lip furiously under the mark of a smile as she gazed at the lovely vision before her. "I am so sorry you are not able to come with me, but I will come in when it is over, and give you a perfect account of it."

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