If you look in your dictionary you will find the word "tonic" defined as medicine that increases the streng a and vigor of the system.' That alls why Dr. Williams' Pink Pills re a real tonic. Thousands of me ; and wemen are ailing today, not sick in bed, but without strength and ambition, utterly tired out after a day's work. No one organ seems to be at fault, yet the whole system is lacking in health. They do not sleep well and are always tired and nervous, many have | length. For there are wild tribes | ing at 40 Wright Ave., this city, has headaches, backaches and stomach to-day in the tropics who regard been interviewed in regard to her trouble. All these people need the clothing as a useless impediment, reported cure of nervous or Kidtonic help of Dr. Williams' Pink but who wouldn't for the world ap- ney Trouble by Dodd's Kidney Pills Pills. The beneficial influence of pear in public without a cord deco- She states that the report is true in this medicine reaches the whole rated with shells around the waist. every particular. system. Dr. Williams' Pink Pills Also there are savage gentlemen "My sickness," Mrs. Goffin says proof of the above statements. Mrs. paid any attention if one went to ing. I suffered for five years. Sharpe says :- "I was so run down an outdoor bath in the altogether. "I was treated by three doctors and weak that life was a burden.

many in bed for a couple of days or | sers of to-day.

If you are at all unwell do not conservative hall porter. fail to try Dr. Williams' Pink Pills, But the trousers had such obviand you will find new health and ous advantages in the way of com- therities in England against a drugstrength. Sold by medicine deal- fort and convenience that they were gist, or, as they call them in Eng- has been expended on its developers or by mail at 50 cents a box or bound to win. So far as human land a "chemist," for selling an ment. To-day the Sudan, the terrisix boxes for \$2.50 from The Dr. foresight goes, they seem to have infants' food that contained a suffi- tory about which Col. Stewart, in-Williams' Medicine Co., Brockville, come to stay,

DUTCH CENTENARY.

Remains Prostine in Art and Science in Past 100 Years.

Holiarki celebrates a hundred years of process, after years of despair. In 1813 Holland was a cripple. The notion which had been one of the teachers of Europe, which despile its small size had been the eradle of the arts and sciences,

have gone by Holland, despite re- perhaps owing to a continued diet of bully general advice which is given to verses, both at home and abroad, beef, hard tack, and bad water, but at mothers and nurses by dectors and has reasserted herself, and the any rate my stomach entirely gave out, health visitors as to the harmful-Dutch, though a small people I was in such a state that I could eat ness of them. hemmed in by large military Gov- nothing without the greatest suffering. The medical officer of health of ernments, hold a high place among The army doctors did not help me much. the County of Rutland, Dr. Christhe nations. In the nineteenth and and since leaving the service I have been topher Rolleston, has, however, the pations. In the nineteenth and twentieth centuries Europe has friend told me he had been a great sufbeen their debtor for lessons in ferer from indigestion until he tried Dr. chemist for selling a preparation of science, in international law, of Hamilton's Pills; they cured him. I con- infants' food which contained upwhich the Dutch were the founders; fess it was without much faith I bought

den has produced in the last gener- Dr. Hamilton's Pills completely cared, therefore held to be not of the naation De Sitter and Kamerlingh and now I can eat everything and any ture, substance and quality de-Onnes, who couched helium, and at thing. I have recommended them to manded by the purchaser, her northern University of Groun gen the great Kapteyn sits in the chair of astronomy-whence pro-

should seize the opportunity of com- Pills always prove a good prescription cold milk or water; to this was to is why Catarrisance always cures it gets ilv. memorating her hundred years of 25e per box, ave bexes for \$1.00, all deat be added half a pint of milk and where the trouble really is. centenary. The chief feature of Y., and Kingston, Gat. this centenary will be the inauguration of the peace palace at The

SAVE THE BABY.

Baby's Own Tablets are the one safe medicine to make baby well and keep him well. They are guaranteed by a government analyst to be free and all injurious drugs and are absolutely safe to give ever to the newborn babe. Concerning them Mrs. Oscar Bedard, Manseau, Que. writes :- "I have used Baby" Own Tablets and have to thank them that my little one is living to-day. I know of nothing to equal them as a children's medicine." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville.

"Naw, de bloke wot lives here is a moners, and not at High Table with ton boots." lawyer," replied the other in dis- the dons as King Edward did. He gist. "Dat's hard luck," said the has played association footballfirst. "Did youse lose anyt'ing?". | pretty regularly for the Magdalen

SPEND THE WINTER IN CALIFORNIA.

to-morrow are usually finished just club. He has shown nothing more 24 hours late

SOMETHING ABOUT TROUSERS OUT

Custom Is the Dictator of What Is Good Form.

There is a dispute among the gentlemen who ransack the past as to the origin of clothing. Did it begin as a string of beads, solely for ornament, and did modesty finally result from the wearing of clothes? Or did some social leader in the cave dwelling days decree that it Dodd's Kidney Pills cured her after was bad form not to wear an apron? And so did the habit result from a

dawning sense of modesty?

The least exertion would exhaust to the reflection that antiquarians but gradually got weaker. Reading me so greatly that I could hardly in England discovered that last the experiences of other sufferers breathe. If going up stairs, I year was the centenary of trousers. like myself lead me to try Dodd's would have to rest several minutes | Previous to that blissful year men | Kidney Pills. At that time I was when I reached the top. My heart | were forced to encase their legs in | so weak and nervous I could not would palpitate until I felt as if it breeches which came just to the hold a cup of tea without spilling I was extremely knees or in pantaloons, which stop- some of its contents. nervous, in fact a complete wreck, ped above the ankle something af. "I felt a benefit after taking the sometimes have to re- ter the fashion of the rah-rah trou- first box of Dodd's Kidney Pills

from medicine until I began using lega that could be shown to advan- without fatigue." Dr. Williams' Pink Pills, and my tage in the tight garments of the If you haven't used Dodd's Kidlook younger than I did ten years | English investigator has discovered form. ago I know I certainly feel youn- that the Duke of Wellington was ger. I feel sure that what Dr. Wil- one of the first distinguished men liams' Pink Pills have done for me in Great Britain to wear trousers they will do to other women if given and that he was refused admittance | Said to Be Cause of Infants' Disto his club in consequence by the

Sergeant-Major Under General French

HEALTH ON THE VELDT TELLS. EXPERIENCE.

Cood Advice for All Who Have Indiges- the following to say in

tion or Stomach Disorders.

PRINCE OF WALES NOT SO SHY che boiling would convert the starch

Plays Pootball at Oxford and Dines With Fellow Commoners,

Last week the Prince of Wales began his second term at Oxford His first term was an undoubted success. "He's getting over his shyness now," said a Magdalen undergraduate recently, "which everybody noticed about him when

second eleven and has run with the beagles, which are kept up by

Magdalen, New College and Trin-Attractive rates will be quoted via variable routes, affording the finest scenery. The Los Angeles Limited, leaving Chicago daily 10:16 p.m. for Southern California, the San Francisco Overland Limited, leaving Chicago 8:30 p.m., less than three days en route, provide the best of everything in railway travel. The China and Japan Mail leaves Chicago daily at 10:45 p.m. for San Francisco and Los Angeles. Illustrated literature on application to B. H. Bennett, G. A. Chicago and North Western Ry., 46 Yonge St., Toronto, Out. which King Edward joined, and the The things that are put off until Gridiron, which is mainly a dining clearly to undergraduates and dons alike than a keen desire to be treated like everybody elec.

DOCTORS AGREED TORONTO NURSE HAD BRIGHT'S DISEASE.

five years suffering-Felt a benefit after first box.

It is an obscure subject and one | Toronto, Ont., Feb. 3 (Special) .which may be argued about at great | Mrs. Alberta Goffin, a nurse, liv

do more than relieve the symptoms, who look on clothing with scorn as "was caused from a nervous breakthey actually remove the cause of something effeminate and will have down and what the doctors called the trouble. The case of Mrs. J. H. nothing to do with them. In Japan, incurable Bright's Disease brought Sharpe, London, Ont., is one in at least until recent years, nobody on by cold and long weeks of nurs-

All of which is merely preliminary and was a patient in two hospitals

and eight or nine boxes cured me so more at a time. I found no help | Numerous gentlemen not having completely I can now walk a mile experience with them was that they period, the transition to trousers new Pills yourself almost any of made a complete cure. I gained in came the more readily. At first, your neighbors will tell you they weight and my friends tell me I indeed, there was prejudice. An always cure Kidney Disease in any

STARCH OFTEN A POISON.

orders in England.

Recent action of the health auinterest in this country.

fants' foods which is expected to beenion and what a huge encum-This year the little kingdom of veteran or soen was who Lost in the United States, although as presed as to the possibility of ever infant foods have proved opprious work - a and profit giving concern. through excess of starch. The British Medical Jr

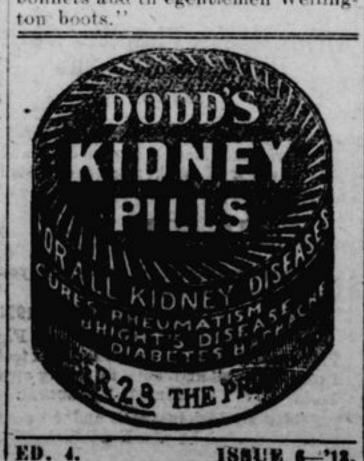
In his home at Waldegrove, N. S., no that the digestive disorders to people imagine even to-day. As it one better known than Sergt-Major which many young children are sub- stands the Sudan promises in the ross, late of the 4th Queen's Own Hus- ject have resulted from feeding near future to become one of the sars. Speaking of the ill-effects of a cam- them upon foods largely composed greatest cotton and wheat production had sunk almost to the level of paign upon a man's constitution, the of starch. Hitherto no very great ing countries of the world. Sergt-Major writes: "I served under effort has been made to prevent But in the bundred years that in the capacity of Sergi Major. It was these foods being sold, beyond the

in horticulture and agriculture. | a box, but the first dose made me feel ward of 70 per cent. of practically Her ancient University of Ley- better than I had been for a long time, unsitered starch and which was others and in every more the result has The preparation was described

Quick, sure results attend the use of a few days old. A dessertspoonful or. Hamilton's Pills. They care disorders of the mixture was directed to be pust into a basin to be mixed to the when inhaled covers all the breathing or nurse)-"On, Mandie, darling, how It is not surprising that Holland renew or maintain health, Dr. Hamilton's thickness of a smooth cream with same in the near, threat and lungs-that can you be so naughty?" Easthen to be brought to the boil. It was contended by the chemist that into sugar, and this view was sunported by a member of the Society of Public Analysts. There are some artificially prepared infants' foods in which the conversion of the starch into saccharine bodies is complete, but they do not contain 70 per cent. of starch."

Waterlee in London. he came up. It seems strange, Waterloo Bridge which has been zone did for me," writes J. P. Fernandez, your head?" "Bumped it ona though it is undoubtedly true, that badly damaged by a motor-bus, was an important agare in mercantile life in ceiling." "Ona stepladder?" abnormal shyness was characterist pronounced by Canova the noblest Georgetown. "I had all the distressing No. I was playin' ith my papa tic of all King Edward's children, bridge in the world, says the Lon- symptoms of catarrh-head was stuffed up on a floor an' I was sitting on his tic of all King Edward's children, bridge in the world, says the Lonthough no two people were ever less don Chronicle. He declared that

I hawked and gagged and had a weak sneezed." afflicted with that distressing com- if there was nothing else to see in throat. My ears buzzed and I had conplaint than King Edward and Queen London, the sight of Waterloo stant pain over the eyes. Catarrhozone Alexandra. But by some mystery Bridge was well worth the trouble cleared my head, strengthened my throat, of atavism their children all suf- of a journey from Rome. The May- took away that rank breath and screness | fered from it, and the young Prince | quis de Vermont, who was a con- in the nese." of Wales has evidently inherited it temporary of Canova, also admired If you have any form of catarrh or traced Book in each Package. Murine is the bridge but its name grated on throat trouble, cut out all experiments -The Prince, after all, in spite of him. "Wherever I go in London," use Catarrhozone-it's reputation is world- use for many years. Now dedicated to the Pubequerry and private tutor, seems to he writes, "the name of Waterloo wide. A complete outfit with sufficient Murine Eye Salve in Aseptic Tubes, 25c and 50c. have spent a fairly normal under- greets me. Besides Waterloo medication to last two months and an Murine Eye Remedy Co., Chicago graduate's life for a prince. He Bridge (specially re-christened) to indistructible hard rubber inhaler costs (keeps' chance) or rolleall at 8 "keeps" chapel, or rollcall, at 8 remind us of our defeat, Waterloo 25c. and 50c. All druggists and store a.m., breakfasts more often in the Road and Waterloo Street, there keepers, or post gaid from the Catarrho Junior Common room mess than in are Waterloo hotels, Waterloo aca- zone Co., Buffalo, N. Y., and Kingston, his own rooms, and lunches and demies, Waterloo public houses, Canada. dines, except for certain special in- Waterloo eating houses and Water-"Did youse git anything?" whis- vitations, as do other undergradu- loo shops of all kinds and descrippered the burglar on guard as his ates. When he dines in the College tions. The ladies wear Waterloo pal emerged from the window. Hall be sits with his fellow com- bonnets and the gentlemen Welling-



188UE 6-18. as great.

Do You Wish to Improve Your Complexion, Hands or Hair?

If you wish a skin clear of pimples, blackheads and other annoying eruptions, hands soft and white, hair live and glossy, and scalp free from dandruff and itching, begin today the regular use of Cuticura Soap for the toilet, bath and shampoo, assisted by an occasional light application of Cuticura Ointment. No other method effective and so economical in treating poor complex-Cuticura Soap and Ointment have been sold througha generation, but to those wishing to try them without cost, a liberal sample of each will be sent free with 32-p. book on the care and treatment of the skin and hair. Address 'Cuticura,' Dept. 25D, Boston, U.S.A.

SUDAN SELF SUPPORTING.

Cotton Country.

To-day, if the history of the past ten years has not already enabled it to do so, the Sudan fully justifies its existence and the money that cient quantity of starch to make it dorsing Gen. Gordon's opinion that blue paper. poisonous, has created widespread it "is a useless possession, ever was so and ever will be so," wrote that It may be that the general inves- no one who has visited it can escape DON'T NURSE CORNS tigations and examination of in- the reflection, "What a useless posollow this particular prosecution brance on Egypt," gives the lie diwill result in similar investigations rect to all the pessimistic views exfar as is known no American-made succeeding in converting it into a To-day the Sudan is freed from its al has financial dependence for current ... cetion expenses on Egypt.

A great future lies before the Su-"There is overwhelming evidence dan, greater penhaps than most

Can't Be Cured By Cough Syrups

FOR THE SIMPLE REASON THAT COUCH SYRUPS CO STRAIGHT TO THE STOMACH WHICH ISN'T AFFECTED.

zone," which instantly reaches all affected parts is best Remedy.

by shows how the vapor of Catarrhotone | Mother (summoned by defeated



Minard's Liniment Cures Diphtheria.

SUGAR MAY BE LOWER. Record Crop of Beets in Europe

This Year. The high cost of living has troubled Europe almost as much as it

has this country. There seems to be one ray of comfort for 1913. The price of sugar is likely to fall. Most of the sugar in Europe is beet sugar, and the crop of sugar beets last year has been enormous. For the whole of Europe the crop exceeds by thirty-six per cent. that of

last year. In addition, the quality is extra fine; in some tests the beets were found to have seventy-one per cent. more sugar than those grown last year. Between the great yield and the superior quality the amount of sugar produced will be nearly twice

QUEER TRICKS OF COLORS.

Red and Black on Black Background Will Distort Distances.

If on a screen of black velvet at a distance of 10 feet from the spectator letters are pasted, some blue some red, they will not appear to be at an equal distance from the eyes. To some persong the red letters will seem nearer than the blue letters, matter how they are "exposed." Absolutely free from anything injurious. A while to other persons the contrary child can safely take it. Sold by drugeffect will be manifested.

To produce this effect both eyes must be employed. When one eye is closed the letters are all seen at the same distance. On opening the other eye one set of letters immediately appears to take a position in advance of the others.

ions, red, rough hands, and ters on a black background placed and he says, 'It's a short sentence letters nearer than the blue, screen | plenty to think about."" off one-half of the pupil of each eye on the outside and you will see out the world for more than the red letters retire behind the

If you screen the pupils on the side toward the nose, you will see the red letters advance apparently still further ahead of the blue ones. hard work will solve it. If, on the other hand, you naturally see the blue in advance, screen the Minard's Liniment Cures Distemper inner sides of the pupils of your eyes and the red will come to the

with one eye alone when, instead of to him if he hadn't been given rich TY ANTED - LIVE WILD ANIMALS letters, red or blue rings are pasted parents. on a background of the opposite color. Placing red rings on blue paper and using the right eye with Promises to Be a Great Wheat and the inner side of the pupil covered the appearance is that of circular red hillocks resting on a blue

To produce this effect in the highest degree the paper must be held to the left and sloping in that direction. When the outer side of the pupil is screened the red rings will become circular trenches in the

TRY THIS REMEDY You can't be disappointed with Putnam's Corn Extractor; it is not only the oldest Corn Doctor, but as thousands know, it is the best corn quickly with a 25c bottle, sold and

Putting It Up To Him. "Patience is a virtue," said the

recommended by druggists.

man philosophically "True," replied his wife, who thought he ought to be earning more. "And I'll provide the patience for this family if you'll only We provide the hustle."

The Nova Scotia "Lumber King" says: I consider MINARD'S LINIMENT the I got my foot badly jammed lately. I bathed it well with MINARD'S LINI-MENT and it was no well as ever next

Yours very truly, T. G. McMULLEN.

PILES GURED IN 5 TO 14 DAYS Your druggist will refund money if PAZO OINTMENT fails to cure may case of Itching, Blind, Bleeding or Protrucing Piles in t to 14 days. 50c.

"This letter from your son at college is short." "So's my son. That's why he wrote it."

Minard's Liniment Cures Carget in Cows.

Bennie, aged four, met Henry, aged five, and the following con-'I can speak of the wonders Catarrho | versation ensued : "Whatsmatter

No man is ever so good but what the woman who married him.

An Easier Way.

"Her parents sent her to Europe in the hope that she would get over her infatuation for young Flubdub." "An easier way would be for them to let her marry him."



THE RIGHT WAY

DISTEMPER, PINK EYE, INFLUENZA, COLDS, ETC. Of all horses, broodmares, colts, stallions,

them. It acts on the blood and glands. case germs. It wards off the trouble no gists and harness dealers.
Distributors:
All Wholesale Druggists

Spohn Medical Co. Chemists and Bacteriologists COSHEN, IND., U. S. A.

"That wasn't a bad epigram on The explanation offered for this the Magistrate's part," said the H. W. DAWSON, Ninety Colborne Street, effect is that a sort of stereoscopic somewhat educated tramp who had Torento. illusion is depending upon color. been convicted for vagrancy. "What OD STOCK FARM OF 500 ACRES The image of a blue object is shifted did he say?" asked the tramp's is so agreeable, so often by the eye toward one side and that pal. "Seven days," came the reof a red object toward the other ply. "That ain't no epigram, is EVERAL DESIRABLE FARMS IN it?" "I'm sure it is. I asked a If on looking at blue and red let- parson once what an epigram was, dry, thin and falling hair. 10 or 12 feet away you see the red that sounds light, but gives you

> Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it falls to cure. W. GROVE'S signature is on each box.

> Success may be a mystery, but

Percival DePuyster says that he is positively frightened when he Beautiful effects are produced thinks what would have happened



no, Putnam's is made to go British American Dy ing Co. Gold Medaliet. Address Box 253, Montreat

The Johnson-Michardson Co-Limited, Montecal, Can.

When buying your Piano insist on having an Piano Action

CHAPTE

In an instant prevailed. Passe and were hurry

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One glance a

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H. W. DAWSON, Toronto

ARGAIN - REGULAR 25c. Music at wholesale. Sample copy is Co. Limited, Collingwood, Opt.

turior Company of Canada

The Ball E E Ball New and POLSOH TOP WORKS TOP CHT Engines and Shipbuilders

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WE HAVE STARTED A

ing an outlay of \$500, divided into 40 prices

arying from \$100 (first prize) down to

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Every farmer who allows an outside closet to remain on his farm is Looking for Trouble -- disease and illness -- for himself and his entire family.

It Has Been Proved That nine out of every ten cases of illness on the farms are

directly traceable to the outside closet—that horrible sink of disease and filth. Just think! You allow this horror to remain within a few

steps of your home-and force your family-your wife and

daughter to use it-in all weathers-winter and summer. Why, man, it's outrageous! Especially when you consider how little it would cost you to install a Good Health Sanitary Closet-right in your own home. Imagine how your family will appreciate its privacy and convenience. Make up your mind now to get rid of that outside privy. We will show you

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