

SUNDAY AT HOME

Don't Worry, Dear!
Don't worry, dear, the bleakest years
That slip the forward wind
Each thing to nothing when it nears,
And we may saunter through
The darkest moment never comes,
It only looms before.
The loss of hope is what looms,
Not trouble at the door.

Don't worry, dear, The clouds are black
But with them comes the rain,
And stifled souls that puff and crack
May thrill with sap and gain.
The burden bear as best we can,
And there'll be none to bear,
Hard work has never killed a man,
But worry did his share.

Don't worry, dear, don't blanch, don't
yield,
But let the years to come,
Nor give the enemy the field,
Because he beats the drum.
These little words that hover near
Are nothing, though they gear,
We know that life is love, my dear,
—And life and love are all.
—Samuel Merwin in Youth's Companion.

God and Man.
It is not sacrilegious to name them
together. The burden of the Bible is to
bring them into fellowship. The sweet-
ness of the message is that the door of
the Father's house is always open for
the return of His wandering ones. What
we are told about God is for the pur-
pose of showing His interest in us, and
to centre our thoughtful affections on
Him. It may be going too far to say
that He suffers the loss of that fellow-
ship, but it is within the teachings of
His Word that there is rejoicing in Hea-
ven over the return of one sinner. But
what impresses us profoundly is that He
counts the companionship and close
communion of His children. We are
asked to walk with God, to commune
with Him, to lay our cares at His feet,
to talk to Him, to abide in Him, to de-
light ourselves in Him and to look for-
ward to the time when we shall dwell
in His presence. By a thousand figures
the duty of privilege is kept before us.
This is the chief temperance advocate
of our time.

Our engagements with the world are
necessary though only temporary; our
association with our fellowmen is ex-
ceedingly important, but the idea of
brotherhood never reaches its full growth
until it reaches a recognition of a com-
mon Fatherhood. No other religion
provides for such an intimate fellow-
ship. Every path leads to the Father
as to Him. We may think of Him, we
may study His truth, we may love Him
and may truly every affection to lay
upon Him, we are to remember His
goodness to us, we are to believe in His
providential care, and we are to have
vivid hopes of what He is yet going to
do for us. In all these ways we are to
come close to Him and to look for-
ward to give ourselves to Him. There
comes back to us a consciousness of
peace with Him, assurance of His favor
and the testimony of His indwelling
Spirit. This inner spiritual life in
communion with Him is everywhere
spoken of in the Scriptures as a possible
privilege to the best of His child-
ren.

Things Which Accompany Salvation.
By salvation is meant the sovereign
gift of God, let that gift of life come
to our hearts, and all other activities
may be regarded in the light of accom-
paniments. The feathers of a bird are
the clothing of its life, the graces of
the Christian are the attributes of the
divinely imparted life. These garments
of the soul come in the following or-
der: Evocation, appropriation, appropri-
ation.

The weary Jacob lies down a stranger
to the place and to God, he dreams
and awakes, "God is in this place, and
I know it not." God discovered by man
is a definition of religion; this is a key
to unlock the mysteries of life. A great
man has said that "all the happiness of
life may be resolved into recognition,
and that to discover a material thing
which answers to a spiritual conception
is the highest of all human delights."
Appropriation. "Then as you know if
you follow on to know the life, your
knowledge opens the eyes and bosoms
the tongue.

This is prayer, God speaking time,
my soul responding to Him, prayer
comes down like the manna, we gather,
we eat, we are strong. Some put prayer
as a curse, that is a mistake, it is an
effect. When the teacher comes he finds
us blind, first we see, then we know,
then we love, and serve. Soon we come
to say "whom have I in heaven but
Thee? I am saved not because I am
nearly, but because I am worthy, of
more value than sparrows, a sheep, in
ten thousand worlds. A lost son of the
King, this is why He came after me,
to find me, to restore me to the highest
princely dignity.

Appropriation. "I have all, I am full,
I abound, says Paul, and this is not spe-
cial to him as an apostle, but common
to him as a saved man. Am I free in my
Father's house? Was there a feast when
I returned? did the Father fully an-
swer the grudging elder brother. "It was
meant that we should make merry and
be glad, for thy brother has come." "All
things are yours and ye are Christ's, and
Christ is God's."

From ships are built in water-tight
compartments, so the soul, water, the
hold may be full of sea water, but no
damages done to the rest of the cargo.
But this is not so in the Christian
heart, if one member suffers all the
members suffer. If Christ comes to a
soul, He comes to the whole soul. A
whole Christ for a whole soul is the
marrow and fatness of the Gospel. If
a Christian thinks himself poor he is
in so far ignorant, he has missed the
of Him who said, "I am come that ye
might have life, and that ye might
have it more abundantly."

If a real man should make love like
the hero of a play the girl would be
soured to death.

Science Condensed

Dates thrive on the Colorado desert.
One elephant yields on an average of
50 pounds of ivory.

The membership of labor unions in
this country is 2,500,000.

There are over five thousand motor
boats in the canals of Holland.

Employees of Cuban cigar factories are
entertained by readers while at work.

The output of Russian platinum is de-
clining owing to the discovery of substitu-
tes.

It is estimated that 10,000 deer were
killed in Wisconsin during the past sea-
son.

The cost of London's water supply to the
consumers is represented by 16 tons of
gold.

Of the world's newspapers 68 out of
every 1,000 are printed in the English
language.

The expenses of the rural delivery for
the current year are estimated at \$35,
792,218.

The water consumed in London each
year would fill a trench 2,400 miles long
and 10 feet deep.

The currency taken from misdirected
letters at the dead letter office last year
amounted to \$67,715.69.

All snakes are shortsighted, being un-
able to see a distance of more than one-
quarter their own length.

At the close of the fiscal year 1907
rural delivery was in operation on 37,728
routes served by 37,582 carriers.

The use of hand grenades are being
experimented with by the United States
army for fighting at close range.

It is said that the labor union move-
ment in this country started in 1803
when the shipwrights organized.

The dead letter office handled 13,065,
253 pieces of mail last year. About one-
half was restored to the mailers.

WET AND DRY.

Where to Go and Where Not to Go
for a Drink.

(Bar and Buffet.)
With four states dry, two states, and
local option prevailing in many others, it
is said that more than half the U. S. saloon
is under prohibition laws.
Maine, North Dakota, Kansas and Georgia
are states where statutory prohibition
rules.
The following statement of the conditions
regarding the states where local and
local prohibition exists in varying degrees,
and the temperance advocates as a whole
are:

Alabama—Majority of the counties dry,
part of others also. A county option law
has just passed, moving for the state pro-
hibition in six months.
Arkansas—Sixty out of seventy-eight coun-
ties dry. Much dry territory in other
counties.
California—Four dry counties and much
dry territory in other counties.
Colorado—Local option law, 1907.
Connecticut—Local option law, 1907.
Delaware—Half-dry county law, State no-
license campaign vote on Nov. 20, 1906.
Florida—Thirty dry counties out of thirty-
five. Four counties have local option
prohibition, led by Gov. Broward.
Idaho—License. Sunday law only passed
in 1906.
Illinois—Probably 200 dry towns. Local op-
tion law, recently passed.
Indiana—Three dry counties. 79 dry
townships out of 1,086. Half of the popula-
tion in dry territory.
Iowa—Sixty-five out of ninety-nine coun-
ties dry; eleven other counties have only
saloon license. Move for state prohibi-
tion again under way.
Kentucky—Ninety-seven out of 101 coun-
ties dry. Local option law, 1907.
Louisiana—Local option law, 1907.
Maine—Local option law, 1907.
Massachusetts—Local option by cities and
towns. No wetting dry and 100 wet. Laws strict
and well enforced.
Michigan—County option, with a few dry
counties. A county vote on reverse side of
dry vote in small unit.
Minnesota—Local option with village local op-
tion. Local option law, 1907.
Mississippi—Local option law, 1907.
Missouri—Local option law, 1907.
Montana—Local option law, 1907.
Nebraska—Local option law, 1907.
Nevada—Local option law, 1907.
New Jersey—Local option law, 1907.
New York—Local option law, 1907.
North Carolina—Local option law, 1907.
North Dakota—Local option law, 1907.
Ohio—Local option law, 1907.
Oklahoma—Local option law, 1907.
Oregon—Local option law, 1907.
Pennsylvania—Local option law, 1907.
Rhode Island—Local option law, 1907.
South Carolina—Local option law, 1907.
South Dakota—Local option law, 1907.
Tennessee—Local option law, 1907.
Texas—Local option law, 1907.
Virginia—Local option law, 1907.
Washington—Local option law, 1907.
West Virginia—Local option law, 1907.
Wisconsin—Local option law, 1907.
Wyoming—Local option law, 1907.

opportunity to disregard college reg- ulations and to indulge in some prac- tices which the faculty viewed as un- warranted.

"It was the resort in those days,
especially in the early forenoon and
the late afternoon, of a crowd of young
children sent from home to buy hot
rolls and fresh bread from the baker-
shop which occupied the corner rooms
in University Hall, now devoted to
offices for the dean of the Lawrence
scientific school—From the Boston
Herald.

MODERN GIANTS.

Men and Woman Who Were More Than
Eight Feet in Height.

Marie Fasnauer, a Tyrolean woman,
towers to the height of eight feet. But
Marie, in spite of her many inches is
not the most exalted lady who ever lived.
Just a quarter of a century ago, says the
St. Louis Post Dispatch, the world gazed
with craned head and open mouth at a
still taller giantess who looked down on
her admirers from a height of eight
feet two inches and who was said to be
"still growing."

"Marian," as this remarkable maiden
was called, had been born only sixteen
years earlier in a village near the Hun-
dian Mountains and the "Amazon
Princess" was for some months the great-
est attraction in the spectacle of "Babil
and Bijou" at the Alhambra Theatre—
a character in which she was a won-
derful character in the white and gold
suit of armor and was crowned with
a towering headdress, the topmost plume
of which was a good ten feet from the
ground.

Nor was Marian distinguished only by
her great height; for she had a beauti-
fully proportioned figure, a distinc-
tively pretty face and a most amiable
disposition. This magnificent creature
had a very brief tenure of life, for she
died at Berlin less than two years later
before she had seen her eighteenth birth-
day.

In 1869 and 1870 Miss Anna H. Swan,
the Nova Scotia giantess, caused con-
siderable sensation. Miss Swan seemed
destined from the cradle to be a woman
of abnormal dimensions, for though her
father, a Scotch immigrant, was barely
five feet six inches high and her mother
was half a foot shorter still, Miss Anna
reached six feet at the age of 11 and at
15 was the tallest person in Nova Scotia.
For a time she was the chief attraction
of Barnum's great show, and during this
period twice narrowly escaped death
when she had, to some historical
ability, as was proved when she appeared
as Lady Macbeth in New York, and be-
fore going to England she made a trium-
phant tour of the United States.

In her prime Miss Swan was but a few
inches short of eight feet, and she found
an appropriate husband in Capt. Mar-
tin Bates, the Kentucky giant, who was
actually two inches taller than herself.

Changing the Chinese giant who ended
his days at Bournemouth not many years
ago, was a man of enormous size, stand-
ing over eight feet in his socks but he
was not the tallest person in Nova Scotia.
For a time she was the chief attraction
of Barnum's great show, and during this
period twice narrowly escaped death
when she had, to some historical
ability, as was proved when she appeared
as Lady Macbeth in New York, and be-
fore going to England she made a trium-
phant tour of the United States.

Herbert Hales, the Norfolk giant who
caused a great sensation in England
about half a century ago, was a member
of a very remarkable family, which in-
cluded some women of extraordinary
stature. His father, the tallest man of
six feet six inches high and although his
mother was but a paltry six feet it is
said that she had an ancestor in the
sixteenth century, who stood four inches
over eight feet.

Of the children of this couple four
sons averaged six feet five inches, and
two daughters but one and one-half inch
less. Robert, the tallest of the family,
was a little over seven and one-half
feet high, and measured sixty-four
inches and sixty-two inches around the
waist and chest, respectively, while the
fall of the steeple, who died at 20,
was seven feet two inches in height and
of proportionate build.

Minard's Liniment Cures Garget in Cows.

Table of Weights and Measures.

Two heaping teaspoonfuls of sugar equal
one heaping tablespoonful.

One heaping tablespoonful equals one
ounce.

Two level coffee-spoonfuls equal one
ounce.

One pint of granulated equals fourteen
ounces.

Two heaping coffee-spoonfuls equal one
ounce.

One quart broken leaf equals one pound.

One quart of powdered equals four pounds.

One quart of powdered equals four pounds.

Two coffee-spoonfuls equal one coffee-
spoonful.

Adash of pepper is one-quarter teaspoon-
ful.

Two spoons unafforded flour equal one
pound.

Three and one-half cups cornmeal equal
one pound.

One quart of sifted flour equals pound.

One tablespoonful soft butter equals one
ounce.

Two heaping coffee-spoonfuls soft butter
equal one ounce.

One pint well packed soft butter equals
one pound.

One white egg equals one ounce.

One white egg equals one ounce.

Electric Show at Brussels.

An international exposition is contem-
plated, to be held in Brussels, which,
while it will be of a very general nature,
will be largely devoted to electrical mat-
ters. A special hall will be devoted to
the exhibition of small motors and appli-
cations made use of in household practice.
The exhibition ground will occupy 200
acres adjoining the Bois de Cambre.

There is Only One
"Bromo Quinine"

That is
Laxative Bromo Quinine

USED THE WORLD OVER TO CURE A COLIC IN ONE DAY.

Always remember the full name. Look
for this signature on every box. 25c.

HIGH FLYING CLOUDS.

Their Study Has Attracted Many Ob-
servers in Recent Years.

The science of clouds has attracted
many devotees within the past few years
and photography has greatly assisted in
advancing it. Clouds, like stars, become
far more interesting to the non-scientific
observer of nature when he knows the
names attached to them.

While the grandest and most impos-
ing form of cloud is the domed and pin-
naced cumulus, which frequently ac-
companies thunder storms, the most
beautiful is the feathery cirrus. Cirrus
clouds sometimes exist at enormous eleva-
tions.

While their mean height is about 20,
000 feet—the height of Mount Everest—
they have been measured at an eleva-
tion of 40,000 feet, or more than nine
miles. They move with great velocity,
about 90 miles an hour on the average,
and in the winter sometimes move more
than 200 miles an hour.

Shiloh's Cure
Cures
Coughs
and Colds
QUICKLY

Use Shiloh's Cure
for the worst cold,
the most cough
try it a guar-
antee of your
money back if it
doesn't actually
CURE quicker
than anything you
ever tried. Safe to
take, nothing in
it to hurt even a
baby. 34 years of
success commend
Shiloh's Cure—
25c., 50c., \$1. 218

Collecting Spilled Mercury.

Mercury spilled on a table or floor is
somewhat hard to collect, unless special
precautions are taken owing to its ten-
dency to divide into small globules,
which roll away at the slightest touch.
If a wet ring is made round the spilled
mercury by the aid of a wash bottle or
other similar means, it will be found
that the globules of mercury cannot
which roll away at the slightest touch.
If a wet ring is made round the spilled
mercury by the aid of a wash bottle or
other similar means, it will be found
that the globules of mercury cannot

PILE CURED IN 6 TO 14 DAYS

PAZO OINTMENT is guaranteed to cure any
case of Itching, Blind, Bleeding or Protrud-
ing Piles in 6 to 14 days or money refunded.
25c.

King Alfonso's Love Poem.

Here is a love poem by no less a per-
son than King Alfonso XIII. of Spain.
According to the Spanish source from
which it was procured, it was composed
some years ago, previous to the time
when Princess Ena consented to become
Mrs. Alfonso. It is printed in Harper's
Weekly:

Stricken by thy disdain am I,
Yet in my sorrow feel the faith
Which tells me I can mount the sky.
Reek I little of the smile that lies
Upon thy lips, nor th'enslaving glance
Within thy black, resplendent eyes!
Triumph shall come! Who cares if fate
Has parted the way with loaves of
And grown her thistles at my gate!
Ena, for thee alone doth beat
My heart, and if I may not be
Thy Faust, be thou my Marguerite.

THE CRUMPLED ROSE LEAF.

A prosperous Scotch farmer, painfully
exact in money matters, married a wid-
ow possessing in her own right the sum
of a thousand pounds.

Shortly after the wedding a friend
of the bridegroom, who had offered
congratulations, at the same time of-
fering:

"It's a good thing for you, Sandy—a
marriage tells me I can mount the sky.
Reek I little of the smile that lies
Upon thy lips, nor th'enslaving glance
Within thy black, resplendent eyes!
Triumph shall come! Who cares if fate
Has parted the way with loaves of
And grown her thistles at my gate!
Ena, for thee alone doth beat
My heart, and if I may not be
Thy Faust, be thou my Marguerite.

WHAT CAUSES HEADACHE

From October to May, Colds are the most
frequent cause of Headache. LAXATIVE
BROMO QUININE removes cause. E. W.
Grove on Box, 25c.

Run by Tides of the Elbe.

A 14,000-horsepower plant operated by
tidal energy is to be established on the
south bank of the Elbe near Cuxhaven.
This is by far the most ambitious pro-
ject of this character which has ever
been contemplated. Electrical energy is
to be delivered to the town named for
various commercial purposes, but the
greater part of the product of this great
power plant is to be made use of by fac-
tories which are to be established in
the vicinity. Hamburg capital is mostly
interested in the scheme.

Squaring Himself.

The distiller who had made his fortune
in the inland town had just moved to
the big city, where he was to square
himself. "It looks kind of mean to come here
to spend my money," he said; "but it isn't.
Here's where they consume four-fifths
of my product."
Thus reflecting, he began to entertain
lavishly.

Dresden has a public bathing estab-
lishment for dogs.

Permanent Results

"I had been suffering for two
months with an obstinate cough, as had
also my little girl. We tried several
remedies common to any drug store
without obtaining any apparent relief,
in fact we were growing worse. I got a
bottle of Coltsfoot Extractor from my
druggist and inside of two days the
cough was stopped, and the results so
permanent and rapid that we decided
to keep it in our home continually.

ROBERT PALEN.
C. A. R. Station, Ottawa.

Coltsfoot Extractor is recognized
the world over as the best prescription
ever used by the medical profession for
Coughs, Colds, Croup, Bronchitis and
Tightness of the Chest. Children like
it. To introduce it into every home we
will send a free sample to every person
sending their name and address to Dr.
A. Sienens, Limited, Toronto. Sold
by all up-to-date druggists at 25c.
Send for free sample to-day.

ORIGIN OF LIFE.

Biologists having failed to prove any
case of spontaneous generation, Profes-
sor Svante Arrhenius is attracted by the
idea that life has had a common ori-
gin, and has spread from the single
source to many worlds. The discovery
of the pressure of light has added prob-
ability to panspermia, which teaches that
life germs are conveyed through inter-
stellar space. At the railway speed of
37 miles an hour, a body would occupy
37 miles in going from the earth to
Mars, and 70,000,000 years in trav-
elling the distance to the nearest fixed
star, but with the pressure of radiation
as motive power the journey might be
reduced to 25 days and 9,000 years re-
spectively. Even these seem long inter-
vals for germs and spores to survive
the dryness, cold and light. Recent in-
vestigations indicate, however, that some
germs are proof against any cold, that
the action of light is oxidation and is ab-
sent in a vacuum that the loss of vital-
ity in the cold of space would be one
thousand million times less rapid than
at 50 degrees F., and that desiccation
has no greater in millions of years
than in one day at 50 degrees. Hence
it may be that interstellar space is tra-
versed in enormous speed by living germs
that develop life on reaching favorable
planets.

Bathe the Baby
with Mira Skin Soap. It cures chafing,
scalp irritation and all skin troubles.

Mira
SKIN SOAP

is wonderfully soothing on account of its
antiseptic, healing properties. Grateful
for the relief it affords, it is the best
refreshing. It is the best toilet soap as
well as the best medicinal soap.

Bees in Block of Stone.

While workmen were sawing through
a block of Bath stone at Exeter they
found a cavity in which was found a
cluster of two or three dozen live bees.
The incident occurred at the works of
Messrs. Collard & Sons, monumental
sculptors. There was not much sign of
life in the bees, but when air
was admitted they gradually revived,
and after a few hours several of them
were able to fly.—Exeter Express.

ENGLISH SPAVIN LINIMENT

Removes all hard, soft and calloused
lumps and blemishes from horses, blood
spavin, curbs, splints, ringbone, swellings,
stiffness, sprains, sore and swollen
coughs, etc. Save \$50 by use of one
bottle. Warranted the most wonderful
Blemish Cure ever known. Sold by drug-
gists.

A Brazilian Convict Colony.

The penal colony of the State of Per-
nambuco, Brazil is on an island 300
miles off the coast. There are 600 con-
victs at present. They arise at 6 a. m.
and work till 2 p. m. for the State, cul-
tivating cotton of a superior quality.
After 2 o'clock they work for them-
selves. The island is one of the most
orderly and productive bits of soil in
Brazil. It is a model convict colony and
the cheapest run of any in the world.

ITCH

Maize, Prairie Scratch and every form of
contagious itch on human or animal
scalp, face, neck, chest, arms, legs, etc.
It never fails. Sold by druggists.

Ballooning for Health.

The balloon cure for tuberculosis has
been recommended by Christian Beck to
the Paris Academy of Medicine. The
patient would make daily ascents and
would secure the health-giving advan-
tages of the altitude of mountain re-
sorts, with perfect freedom of the air
from bacteria and all mineral and veg-
etable particles. The patient could be
lifted above the depressing fogs so com-
mon in the summer mountain resorts of
Switzerland. The height of ascent can
be adapted to individual needs, and it
is believed that the constant change of
air in "aerotherapy" must have very fa-
vorable effect.

Three Australians recently sheared
2,394 sheep in nine hours.

THE BUILDERS.

To the builders of the highways that skirt
the canyon's brink
To the men that bind the roadbed fast,
To the men that grade and the men that
bind,
I raise my glass and drink.

Teires the great Endeavour and the deed of
high Empire;
For they fight their fight with naked
hands,
Gaining their swamps and shifting sands
Add the fury of the skies.

To the builders who have fallen, whose
graves mark out the line,
To the blind who nevermore may see,
To the maimed and halt in their misery,
In silence drink your wine.

For them no crashing volleys or roll of
muffled drums,
Only the roar of the great rock-blast
In their requiem-song when the day is
past,
And the final darkness comes.

For them no flaring banners when a bitter
fight is won;
No cheer that blazes in the street
Their gallants heroes ever greet,
Though dauntless deeds be done.

To the builders of the highways that skirt
the canyon's brink
To the men that bind the roadbed fast,
To the men that grade and the men that
bind,
I raise my glass and drink.
Evelyn Gunn, in The Canadian Magazine.

Leap Year Adage.

"Why don't you propose to him, Va-
nessa?"
"Don't like to."
"Brace up. Faint heart never won
fair gentleman."—Washington Herald.

SCIENCE OF STOKING.

Clouds of Smoke Could be Eliminated
by Proper Firing.

According to the best authority, the
trailing clouds of black smoke from mill
and factory that hang over so many
American cities, darkening the atmos-
phere and befouling the buildings, could
be eliminated if the scientific methods
of constructing chimneys and stoking
furnaces that prevail in Germany were
adopted here.

It is not every strapping laborer who
can shovel coal that is permitted to
stoke a boiler furnace in Germany. The
stoker in that country must learn the
theory and practice of economical scien-
tific firing, whereby the coal is so dis-
tributed over the grate furnace as to
secure the most perfect combustion.

The use of fuel briquettes for domes-
tic purposes in Berlin also tends largely
to the prevention of smoke.

HEALED BY ZAM-BUK.

The most troublesome and obstinate of
all scalp troubles is ringworm. Mrs. H.
Girdstone, of 100 Radway street, Bran-
ford, Ont., says "My daughter had ring-
worm very bad, so bad that I was com-
pelled to have her hair cut off. I ob-
tained a preparation from the druggist
to paint the sores, but instead of curing,
the Ringworm developed into nasty sores
matting and smelling badly. I saw
Zam-Buk advertised in the newspaper
and immediately sent for a box. After
several applications I could see a great
improvement, and as I kept up the Zam-
Buk treatment daily the disease was
soon checked. The nasty sores were
thoroughly cleaned and healed and all
trace of Ringworm banished from the
child's scalp in a few weeks after com-
mencing with Zam-Buk. I cannot recom-
mend Zam-Buk too highly."

Zam-Buk cures cuts, burns, chapped
hands, cold sores, itch, itching, eczema,
running sores, catarrh, piles, bad legs,
rheumatism, neuralgia, sciatica, abscesses
and all diseases of the skin. Of all drug-
gists and stores, 50c., or postpaid under
receipt of price, from Zam-Buk Co., Jo-
hanna, 6 boxes \$2.50.

Spurious Information.

Scene—