Sunday School.

INTERNATIONAL LESSON X—MARCH 17, 1907.

Isaac a Lover of Peace.—Gen. xxvi. 12-25.

Commentary.—I. Isaac's prosperity vs. 12-14). 12. Isaac—Isaac was a man of faith, but in many respects a great contrast to his father. He was patient, but not enterprising and powerful. He was devout and submissive, but not active in organizing in God's service. His life was uneventful, almost monotonous. He was not physically robust, and seems to have come into a condition of bodily prostration; for he must have spent forty or fifty years in blindness and incapacity for all active work.—Peloubet. In the same year—While there was a famine in the land, when others scarcely reaped at all, he reaped thus plentifully.—Henry. See Is. lxv. 13. Hundredfold—Probably meaning, a very great increase. "The rates of increase vary from thirty to a hundred. Sixtyfold is very good, and was not unusual in Palestine. A hundredfold was rare and came only in spots of extraordinary fertility. Babylonia, however, yielded two, and even three hundredfold, according to Herodotus. Thus the Lord began to "bless them."—Murphy.

13. Went forward—Hebrew "going"; that is, became increasingly greater. The Hebrew term for walk is frequently used in the sense of continued increase.—Hom. Com. See R. V. He grew more and more until he became very great. ...e godly have the promise of this life I. Tim. iv. 8).

14. Envied him—Here we see how vanity attaches to every earthly good; prosperity begets envy, and from envy proceeds injury.—Fuller. "Envy is the constant companion of prosperity." "Isaac's prosperity was not unalloyed. He suffered from envy. Be sure of this, that for every blessing man pays a price. If we heap possessions around us, we lose quiet, we get anxiety. Every man pays a price for his advantages, for talents, for property, for high station; he bids adieu to rest, being public property."—Robertson.

II. Isaac the peacemaker (vs. 15-22). 15. For all the wells, etc.—In those countries a good well of water was a possession of immense value; and hence in their wars it was an object for either party to fill the wells in order to distress the enemy. Envy considers that which is lost to another as gain to itself. —Bush. 16. Go from us—Isaac does not insist upon the bargain he had made with them for the lands he held, nor upon his occupying and improving them, nor does he offer to contest with them by force; but peaceably departs. We should deny ourselves rather than quarrel.—Henry.

17. Valley of Gerar — The country around Gerar. Digged again the wells, etc.—"It is our duty to keep up the memorials of the great and good." The Philistines had filled the wells Abraham had dug, and Isaac resolves to open them again. "Many of our enjoyments, both civil and religious, are the sweeter for being the fruits of the labors of our fathers; and if they have been corrupted by adversaries since their day, we must restore them to their former purity."—Fuller.

19. Well of springing water—"Well of living waters." This is its meaning both in the Old and New Testaments. See John iv. 10-14; 7: 38; Rev. xxi. 6; 22: 1. An unfailing spring was an emblem of the graces and influences of the spirit of God.—Clarke. 20. Did strive—"Those that avoid striving, yet can not avoid being striven with. (Psa. 120:7). In this sense, Jeremiah was a man of contention (Jer. 15: 10), and also Christ himself, though he is the Prince of Peace." 21. Digged another well—"Never did any man more implicitly follow the divine command, 'Resist not evil,' than did Isaac;" whenever he found that his work was likely to be a subject of strife and contention, he chose to suffer wrong rather than to do wrong. He overcame evil with good. 22. Removed from thence—We are told that he met the envy with patience, and removed from well to well. He preferred to submit to wrong rather than contend for his rights. At last the Philistines desisted. "Endurance, meekness, the gospel spirit are the only true weapons to use against the world. Isaac, like Christ, conquered by meekness." "Abraham was the man of faith, Isaac the man of endurance, and Jacob the man of prayer." —Jacobus. Rehoboth—"Room." The name Isaac gave to this well indicates that he was patient with his opposers, and that he had succeeded in getting out of their way. "The piety of the patriarch is seen in his prompt recognition of the hand of God in the event. Any one could see that the Philistines had given over their opposition, but Isaac saw that it was a higher power that controlled them."—Chambers. Patience and forbearance like this in a person of such wealth and power are seldom seen.

III. The Lord appears to Isaac (vs. 23-25).

23. To Beer-sheba—Isaac had trouble while among the Philistines. He now returns to the old paternal home to pass his declining years. "Many memories of his father and mother, his marriage, and his own early life clustered around the old homestead and hallowed it." "To enjoy God's presence we must be where he is, and he certainly is not to be found amid the strife and contention of an ungodly world: and hence, the sooner the child of God gets away from all such, the better; so Isaac found it." 24. The Lord appeared—The angel of the covenant—the Messiah. The same night—"He needed special encouragement when insulted and outraged by the Philistines, and God immediately appears to comfort and support him in his trials, by a renewal of all his promises." The God of Abraham—"God is not the God of the dead, but of the living" (Matt. 22: 32). Therefore Isaac is assured that his father, who had been dead seventeen years, is still alive. With thee—Isaac was encouraged not merely by the Lord's blessing, but by the Lord himself, for ..... Abraham's sake—"The covenant had been made with Abraham, and Isaac was simply heir to its blessings. The favor of God rested upon him, and would continue, not so much for his personal qualities as because he was the seed of promise. Isaac was not the first, nor by any means the last, to experience the blessedness of being the child of a believer."—Chambers. 25. Builded an altar—Isaac first built an altar and then digged a well. Every dwelling-place of the godly should be a sanctuary." There at last he had real enjoyment. He had an undisputed well which the Philistines could not fill up, because they were not there.

PRACTICAL SURVEY.

I. Isaac's prosperity. "Isaac sowed.... and received....an hundredfold; and the Lord blessed him" (v. 12). "Isaac's prosperity was evidently due to the divine blessing. It was wonderful. Thirty, sixty, and an hunderdfold (Matt. xiii. 8, 23) was the range of fertility in that region. Thus the yield of Isaac's land, by God's blessing, reached to the highest degree of productiveness." "Many men leave God altogether out of business. They think to take Him into it is enthusiasm and fanaticism, if not weakness. But he never succeeds who is so weak as to leave God out of the temples of trade upon the exchange and in the counting-house. That noble man the Prince Consort, selected for the motto of the great London Exchange, 'The earth is the Lord's, and the fulness thereof.'

II. Isaac's progress. "The man waxed great, and went forward and grew until he became very great" (v. 13). Going forward we grow in grace and knowledge (2 Pet. iii. 18), grow up into him in all things (Eph. iv. 15). Many Christians are dwarfs because they feed on light literature instead of on the bread of life; drink from the polluted stream of worldly pleasure, instead of the clear waters of spiritual beneficence; breathe the impure air of gossips instead of the invigorating atmosphere of Christian communion; dwell in the miasmic lowlands of doubt instead of on the sunny hills of faith; mope in the dark dungeons of despair instead of rejoicing in the cheerful castles of content. About twenty-five years ago a young man in England was fighting a sore battle. He was about to come of age, and his father proposed to take him into partnership in his business. The business was the brewing trade, in which his father had become immensely wealthy. The young man had recently become a Christian. He consecrated himself to save the victims of drink and undo, so far as lay in his power, the mischief his father had done. God prospered him. His work grew until he was able to erect on the Mile-End road, London, a noble building for his work costing half a million dollars. He has a splendid coffee palace, a book saloon, a hall that will seat 5,000 people so placed that every person can see and hear the speaker, offices for his secretaries for different clubs, Christian associations and building societies—all run on business principles. No services are allowed in the great hall or club rooms which would be discordant with a Sabbath day service. This glorious mission has a wonderful record. It has been run for twenty-five years without a break of a night and many trophies have been brought into the Redeemer's kingdom. In the hot summer time the Sunday congregations average 4,000 people, and on week days from 1,200 to 1,600. There is a constant, blessed fruitage of souls. Like Isaac, the Lord was with this man, and he "went forward and grew until he became very great."

III. Isaac's patience. "He had possession...and great store...and the Philistines envied him. For all the wells... the Philistines...filled....with earth" (vs. 14, 15). "Isaac's prosperity was not unalloyed, nor his progress unimpeded. He suffered from envy. But he met it by patience. When persecuted in one place he fled to another. He removed from well to well (vs. 17-22). And his patience was victorious. It won his enemies. They came and asked for a treaty" (v. 28).

IV. Isaac's peaceableness. "Isaac's servants digged...a well...and the herdmen of Gerar did strive...saying, The water is ours...and he digged another well" (vs. 19-22). "The spirit of the ninth beatitude dwelt in Isaac more than in any other man of his times. He would not permit strife."

V. Isaac's protector. "Fear not, for I am with thee" (v. 24). When the Philistine forced him to remove from place to place, and molested him continually, then God visited him and gave him fresh assurances of perpetual protection and guidance.

VI. Isaac's posterity. "I am the God of Abraham thy father...I am with thee, and will...multiply thy seed for my servant Abraham's sake" (v. 24).

VII. Isaac's prayerfulness. "He..... called upon the...Lord" (v. 25. After God's appearance to him Isaac hastened to erect an altar and make the place of solemn covenant a place of grateful prayer. "Prayer is the highest, holiest work to which a man can rise. It is fellowship with the Holy One, the channel of all blessing, the secret of life and power." A. C. M.

CRUEL WAR.

"Managua, Nicaragua, Fev. 25.—Honduras, having violated the treaty of Corinto and renewed her provocations, hostilities were resumed on Monday. The Nicaraguan troops triumphed and are now marching on Teguirgalpa."

Teguirgalpa is the capital of Honduras, and is situated about 50 miles from the Nicaraguan frontier. It has a population of about 15,000 persons, is on the Cholute River, has a fine cathedral and a university, and in its vicinity are gold, silver and copper mines.

Captured Town.

Managua, Nicaragua, Feb. 25.—The Nicaraguan forces on Feb. 20 captured without opposition the town of El Triunfo, in Honduras, and yesterday after six hours' hard fighting the Nicaraguan army occupied San Bernardino, an excellent position, owing to the fact that it is in communication by land and water with the Nicaraguan base of operations. Many Hnodurans were killed and wounded. The catastrophes on the Nicaraguan side were a few men wounded.

KEYHAM DOCKS.

Devonport, Eng., Feb. 25.—The great new Keyham docks, which complete the most important naval dock yards scheme of the British Empire, were opened today by the Prince of Wales with considerable ceremony.

The large gathering of warships sent here in honor of the occasion were dressed with bunting, and the harbor was gay with flags as the Prince and Princess embarked on the Commander-in-chief's yacht Vivid and led a procession of torpedo boats through lines of warships to the scene.

STILL CLINGING TO STEAMER.

Fruitless Effort to Reach Men on the Berlin.

Hook of Holland cable: The stern of the Berlin is so firmly embedded in the sand bank on which she went ashore that it does not appear to have moved during the night. A life boat which went out to the wreck at midnight, accompanied by three tugs, remained there anchored close to the Berlin for three hours, but was unable to get alongside of her, as the heavy seas would have dashed her to pieces.

The life boat men report that they have heard an occasional shout for help, but they were ultimately forced by the rising tide and increasing dangers to temporarily abandon their efforts to rescue the survivors.

Captain Parkinson, of the Holt steamship Line, who was on his way to Amsterdam on board the Berlin, to join his vessel, the Myrmidon ,and take her back to Liverpool, is the sole survivor of the disaster, who thus far has reached the shore. He said this morning that the catastrophe was due to the fact that the Berlin broached to in the terrific sea as she was entering the waterway, and that before she was able to recover herself the steamer was dashed upon the pier-head, immediately "crunched up like a concertina" and parted amidships.

The straggling little village of the Hook of Holland is filled with anxious relatives of the passengers and crew of the Berlin, and heartrending scenes are witnessed at the improvised mortuary where the 35 bodies which already have been washed ashore, are lying. Many of these are battered beyond recognition, and some are without heads and others without arms or legs.

Veteran pilots and seamen who watched the Berlin being driven to her doom say the gale was the fiercest in many years. One of the eye-witnesses described the scene as follows:

"As the vessel approached it was noticed that she was being carried out of her course by the force of the wind and the tremendous driving power of the waves. The trained eyes of the officials on the jetty, who were waiting the steamer's arrival saw that she was in imminent deadly peril and a flare from the Berlin showed that the inevitable had been realized by those on board. Before the flare died out the crash came. It could be heard above the din of the storm. When Berlin struck the waves were sweeping the northern part of the pier, which is little more than a breakwater from end to end and the tremendous seas which washed over the Berlin from bow to stern quickly battered her to pieces. For a short time she hapless vessel lay at the mercy of wind and waves. Huge rollers struck her and carried off her deck gear and swept several passengers in the churning waters. Suddenly a great rent gaped amidships, and the Berlin's bow and stern parted, hurling nearly all on board into the sea."

SAW SCORES PERISH.

Sister Ship Was Uable to Help the Berlin.

A London cable despatch: The Great Eastern Railway Company's steamer Clacton returned to Harwich this morning from the Hook of Holland, where she arrived yesterday morning about an hour after the ill-fated Berlin was wrecked.

The Clacton stood by the remnants of the Berlin all day long, and made strenuous efforts to rescue the survivors. An officer of the Clacton to-day gave a graphic account of the scene, as follows:

"We found the Berlin broadside on at the northern pier end, and we at once set to work in an endeavor to succor the stranded steamer. A tremendous sea was running. The waves were forty feet high, for the tide was flood, and a fierce gale was blowing bang on shore. We got in close to the rocks, but nearly went on them ourselves, and had to put about in order to escape the fate of the Berlin. It was impossible for us to get out a life boat, as it would have been smashed to pieces in the raging waters.

"We could see people in groups on board the Berlin, some on decks and some in the smokeroom, on the fore part of the vessel. As we approached in an attempt to rescue them the persons on board raised a cheer. Apparently the best of discipline prevailed on board. All the passengers had been furnished with life belts and had gathered on the lee side, endeavoring to shelter themselves from the awful seas which were breaking over the vessel, submerging her decks, funnels, and almost her masts, at times hiding her entirely from view. When within a hundred yards of the Berlin we threw out all of our lifeboats with lines attached, but they failed to reach her. It was impossible to take a line on board the stranded steamer, as nothing could have lived in the terrible waves.

"When the Berlin broke in two the passengers and crew were swept off her decks in batches and drowned within a few yards of safety. We saw scores of people struggling in the water, many clinging for brief periods to floating wreckage. But in their benumbed state they were unable to long resist the tremendous force of the waves and dropped off one by one."

During the morning the Great Eastern Railway Company received a despatch from its marine superintendent at the Hook of Holland, as follows:

"Have been out in the vicinity of the wreck with a tug and life boat all night long and have just returned. Was unable to rescue the people still on board the Berlin. The captain of the life boat reports that there are still three or four alive. Will try again as the water falls."

It's lucky to have a rabit's foot. At least the rabbit thinks so.

It is doubtful if a woman really listens, even when she talks to herself.

A Startled Mother Hears That Cough

She Thinks of the Consequences—Croup, Whooping Cough or Lung Trouble.

If she is a wise mother she will have the never-failing remedy at hand—Coltsfoote Expectorant.

It is the best, the safest, the most reliable and positive cure for all forms of coughs, colds, croup, whooping cough, sore throat, bronchitis, asthma and lung trouble. No harmful drugs. The most delicate child, the weakest stomach, welcomes it. It is pleasant to take. It is the most reliable household remedy known to medical science effecting remarkable cures every day.

"Having used your Coltsfoote Expectorant I consider it a splendid medicine for coughs or any throat or lung trouble. Would not like to be without it in the house."
MRS. J. LLOYD,
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Thousands have borne similar testimony to the wonderful curative properties of Coltsfoote Expectorant. At all druggists, 25c. per bottle. No other Cough Medicine "just as good" as

COLTSFOOTE
EXPECTORANT

CHAMBERLAIN A PHYSICAL WRECK.

Gets an Airing in an Invalid's Chair -- Avoids the Public Gaze.

London, Feb. 25.—An interesting statement concerning the health of Jos. Chamberlain is published to-day. It does not confirm the worst rumors, but it shows that Mr. Chamberlain is completely broken physically, although he is mentally alert.

He has spent most of his indoors at Highbury, his Birmingham residence, but when the weather is fine he drives in a carriage in the grounds of his estate or on unfrequented roads in the vicinity. He seeks to avoid the public gaze.

He never stays out of the house more than forty-five minutes at a time. He sometimes spends considerable time in his orchid houses as the temperature in these buildings suits him or he will be wheeled in an invalid chair about the grounds.

He occasionally takes a short walk, supported by his stout stick and the arm of his wife, but the invalid chair always is at hand.

MARKET REPORTS.

TORONTO FARMERS' MARKET.

The receipts of grain to-day were confined to one load, the storm last night being the cause. Prices are nominally unchanged.

Hay quiet and unchanged, with sales of 10 loads at $12 to $14.50 a ton for timothy, and at $9 to $11 for mixed. Straw is nominal at $12 to $13 a ton.

Dressed hogs are steady, with light quoted at $9.50, and heavy at $9 to $9.25.

Wheat, white, bush.	$ 0 74	$ 0 00
Do., red, bush.	0 70	0 00
Do., Spring, bush.	0 68	0 00
Do., goose, bush.	0 65	0 00
Oats, bush.	0 54	0 55
Barley, bush.	0 78	0 00
Peas, bush.	13 00	14 00
Hay, timothy, ton	9 00	11 00
Do., mixed, ton	12 00	13 00
Straw, per ton		
Seeds—		
Alsike, fancy, bush.	6 75	7 00
Do., No. 1, bush.	6 00	6 25
Do., No. 2, bush.	5 75	5 85
Do., No. 3, bush.	$ 00	5 25
Red clover, new	7 00	7 25
Do., old	1 25	1 50
Timothy, bush.	9 00	9 50
Dressed hogs	0 25	0 40
Eggs, new laid, dozen	0 25	0 29
Butter, dairy	0 20	0 22
Do., creamery	0 11	0 13
Chickens, dressed, per lb.	0 11	0 13
Ducks, per lb.	0 15	0 17
Turkeys, per lb.	2 00	2 50
Apples, per bbl.	0 00	1 00
Potatoes, per bush.	0 35	0 50
Cabbage, per dozen	1 35	1 40
Onions, per bag	6 50	8 00
Beef, hindquarters	4 50	6 00
Do., forequarters	6 75	7 00
Do., choice, carcase	6 50	6 00
Do., medium, carcase	9 00	10 00
Mutton, per cwt.	7 00	10 00
Veal, per cwt.	10 50	12 00
Lamb, per cwt.		

LEADING WHEAT MARKETS.

	May.	July.	Sept.
New York	84⅞	84¼	....
Detroit	80¾	80	....
Toledo	79⅝	80	79¾
Chicago	....	....	....
St. Louis	78⅝	79¼	77⅝
Minneapolis	79⅝	80¾	78
Duluth			

WINNIPEG WHEAT MARKET.

Winnipeg—Wheat futures closed to-day: Feb. 74¼c bid, May 77¼c, July 77⅜c bid. Oats futures, 35⅝c bid, May 37½c bid, July 36⅝c bid.

BRITISH CATTLE MARKETS.

Liverpool.—Liverpool and London cables are slow at 11c to 12½c per lb., dressed weight; refrigerator beef is quoted at 9c to 9¼c per lb.

FLOUR PRICES.

Flour—Manitoba patent, $3.85, track, Toronto; Ontario, 90 per cent. patents, $2.97 bid for export; Manitoba patent, special brands, $4.60; strong bakers', $4.

TORONTO LIVE STOCK MARKET.

Receipts of live stock at the City Market, as reported by the railways, were 96 carloads since last Tuesday, composed of 1,479 cattle, 1,632 hogs, 1,029 sheep and lambs and 149 calves.

There were some good cattle, but more by far of common to inferior, unfinished, on sale to-day.

Trade was steady to firm for the best cattle, but the common to medium grades were easier.

Trade was good all round and when the quality is taken into consideration prices were high.

Exporters—About two straight loads and a few lots of shipping cattle were offered, which sold at $5 to $5.20 per cwt. Export bulls ranged from $3.40 to $4.50 per cwt.

Butchers—Choice, picked lots of butchers' cattle sold at from $4.70 to $5 per cwt.; loads of good at $4.25 to $4.60; medium butchers and good cows sold at $3.70 to $4; common cows, $2.50 to $3.25; canners and rough butchers, $1.50 to $2.25 per cwt.

Feeders and Stockers—Harry Murby reports little doing in the stocker and feeder trade. Mr. Murby got 70 at the following prices: Stockers, 700 to 800 lbs. each, at $3.25 to $3.50; feeders, 950 to 1,050 lbs. each, at $3.75 to $4.10 per cwt.

Milch Cows—There was a brisk trade for milkers and springers, caused by Montreal buyers. The prices ranged from $40 to $70 each, but only one was reported at the latter price. The bulk of the cows sold at, from $45 to $55 each.

Veal Calves—About 120 calves sold at $3 to $7.25 per cwt.

Sheep and Lambs—About 1,600 sheep and lambs sold at firm prices for all of good to choice quality. Export ewes sold at $4.75 to $5.25 per cwt.; rams or culls at $3.50 to $4.50; prime quality lambs sold up to $7.25 per cwt., and good, $6 to $6.50; common at $4.50 to $5.50 per cwt.

Hogs—Mr. Harris got over 1,600 hogs at steady prices. Selects at $6.70 and lights and fats at $6.45 per cwt.

Bradstreet's Trade Report.

Montreal—Very severe weather during the past week has had a tendency to work against the retail trade. Later in the week, however, there was some moderation and the retail demand was again brisk. Travellers report the outlook for both summer and fall trade to be exceedingly bright. Dry goods lines are moving well. There are still complaints regarding deliveries in several lines and silk fabrics and threads are advancing. Carpet prices have also advances and it is reported Canadian manufacturers have entirely sold up for spring delivery. The grocery trade is fairly active. Canned goods are firm and sugar is steady to firm. There is little increase in the arrival of country produce here.

Toronto — General trade continues brisk here. Wholesale trade and manufacturing continues exceedingly active. There is still complaint regarding the slowness of deliveries of cottons and woolens and prices are firm. Manufacturers of white wear are hampered by the scarcity of suitable cotton, scant supplies of embroidery and a shortage of experienced operators. General lines of spring dry goods are going forward fairly well, although Western transportation facilities are still much upset. The latter contingency has also had some effect upon Western orders and collections in general lines. Hardware continues active, with iron and steel prices firm. In groceries, dried fruits hold very firm. Salmon also does canned salmon. Fruit is active, with a heavy demand for all Southern lines. Country trade is fairly good, with collections, on the whole, satisfactory.

Vancouver and Victoria—As is usual at this time of the year, wholesale trade shows a slight quiet tone, although it compares well with previous seasons. Retail trade is brisk and collections are good. Lumbering has been much interfered with by the unusual cold, which has frozen up the rivers and prevented work. There is a decided shortage of logs and prices are firm.

Winnipeg—The railroad systems are gradually recovering from the general tie-up of a week or two ago and they are endeavoring to move some of the freight which has been accumulating during that time. The loss of cattle on the ranges is this year likely to be heavy. Retail trade in the country has not been heavy and collections have, in many instances, become slow. They will improve, however, with the further marketing of grain.

Hamilton—Wholesale and retail trade continues fairly active. Winter lines have been moving well and a winter and summer trade has all the promise of being heavy. Local industries are busy and money is fairly free.

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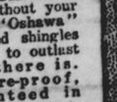
The cheapest good shingle is the "Oshawa." Good for a century's weather-wear. Guaranteed for 25 years without your even painting—"Oshawa" double-galvanized shingles need no paint to outlast any roofing there is. Make roofs fire-proof, too, — guaranteed in every way you want. Cheap in first cost as common wood shingles, yet more durable than slate. Sold under a written guarantee that really means something to the buyer.

You can't afford any other kind



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With a hammer, a snips, and horse-sense anybody can roof buildings right with "Oshawa" Galvanized Steel Shingles. They need no cleats. They lock on all FOUR sides. Made in only one grade—of 28-guage semi-hardened sheet steel in the patented "Oshawa" way

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Ottawa 423 Sussex	Winnipeg 76 Lombard	Vancouver 615 Pender

FATAL EPIDEMIC IN GLASGOW.

London, Feb. 25.—The official figures show that the outbreak of cerebro-spinal meningitis at Glasgow is serious. Since Feb. 5 107 cases have been reported, of which 62 proved fatal. The total number of cases in Scotland has been to date 251, with 164 deaths. The number of cases in Glasgow has been 223, with 119 deaths. In Edinburgh there have been 25 cases and 21 deaths. In addition, there have been 100 cases and 55 deaths in Belfast.

A TRULY IDEAL WIFE

HER HUSBAND'S BEST FRIEND

Vigorous Health Is the Great Source of Power to inspire and Encourage —All Women Should See

One of the most noted, successful and richest men of this century, in a recent article, has said, "Whatever I am or whatever success I have attained in this world I owe all to my wife. From the day I first knew her she has been an inspiration, and the greatest helpmate of my life."

Mrs. Bessie Ainsley

To be such a successful wife, to retain the love and admiration of her husband, to inspire him to make the most of himself, should be a woman's constant study.

If a woman finds that her energies are flagging, that she gets easily tired, dark shadows appear under her eyes, she has backache, headaches, bearing-down pains, nervousness, irregularities or the blues, she should start at once to build up her system by a tonic with specific powers, such as Lydia E. Pinkham's Vegetable Compound.

Following we publish by request a letter from a young wife:

Dear Mrs. Pinkham:

"Ever since my child was born I have suffered, as I hope few women ever have, with inflammation, female weakness, bearing-down pains, backache and wretched headaches. It affected my stomach so I could not enjoy my meals, and half my time was spent in bed.

"Lydia E. Pinkham's Vegetable Compound made me a well woman, and I feel so grateful that I am glad to write and tell you of my marvelous recovery. It brought me health, new life and vitality."—Mrs. Bessie Ainsley, 611 South 10th Street, Tacoma, Wash.

What Lydia E. Pinkham's Vegetable Compound did for Mrs. Ainsley it will do for every sick and ailing woman.

If you have symptoms you don't understand write to Mrs. Pinkham, daughter-in-law of Lydia E. Pinkham, at Lynn, Mass. Her advice is free and always helpful.

A LOST BOY.

LOOKING FOR MISSING HAMILTONIAN IN PORT HURON.

Detroit, Mich., Feb. 25.—(Special.)—John Sheerock, the young Hamilton boy, who mysteriously disappeared from his home just a little over a year ago, is believed to be in Port Huron, Mich. After young Sheerock left his home his father spent considerable time and money trying to find his son, but was unable to find any trace of him. The disappearance of the boy was as complete as though the earth had opened up and swallowed him. The boy left his home without saying why he was going or where he intended to make his home. Several days ago the father of the missing boy learned that he was in Port Huron, Mich., and he wrote Chief of Police Marx, asking him whether his son was in Port Huron. Chief Marx has sent his men out to locate the young man. If he is in Port Huron the police will visit the factories and various other institutions in Port Huron in an effort to locate the boy.

WANT RACING AT FAIRS.

Exhibitions Associations Will See Minister of Agriculture About It.

Toronto despatch: The Fairs and Exhibition Association at its closing session yesterday decided to have a deputation wait on the Hon. Mr. Monteith, Minister of Agriculture, to ask for such an amendment to the act relating to fairs as will permit the local fair directors to hold race or speeding contests if they so decide, but subject to such regulations as will prevent professional racers monopolizing the tracks and to effectively prohibit all gambling, pool-selling and betting.

The following are the officers and the fairs they are directors of elected for the year: William Laidlaw, Guelph, President; A. McDonald, Dufferin, First Vice-President; H. A. Gould, Ontario, Second Vice-President; Alex. McFarlane, Otterville, Secretary; Jos. Hudspeth, Caledonia, and William Colline, Peterboro', Auditors, and George Downey, Peel, D. Evans, Middlesex, Ed. Gough, Parry Sound, George E. Lee, Kent, T. J. Murphy, Norfolk, J. W. Sheppard, Haldimand, and S. J. Wilson, Essex, members of the Executive Committee. Mr. J. Lockie Wilson was appointed Corresponding Secretary and editor.

JAPS APPEAL

TO HOME GOVERNMENT RE 'FRISCO SCHOOL QUESTION.

Tokio, Feb. 25.—An authoritative interpretation regarding the San Francisco school question was presented to the Government to-day by a member of the House of Representatives. The reply of Foreign Minister Hayashi is expected in a few days. The Japanese of San Francisco have cabled a strong appeal to Tokio, asking that Government to support their cause, and pointing out that the restriction of Japanese emigration would eventually result in the extinction of their compatriots residing in San Francisco.

The Japanese newspapers have not commented on this appeal up to the present.

GOT SIX MONTHS.

SWINDLER POSED AS A COBALT MILLIONAIRE.

Toronto despatch: JBames Victor Hull, alias Blake, a young Englishman, was to-day sentenced to six months in the Central Prison, for obtaining $2 from Oscar Long, a waiter, and $10 from Col. Greville, Horston, under false pretences. He represented himself as a mining man, having a camp on Larder Lake, and gave worthless cheques. Hull lived at the Queen's Hotel and to the police claimed he was the son of an English theatrical manager. "This habit of posing as a Cobalt millionaire and then swindling people must be stopped," said the Police Magistrate in passing sentence.

A JOINT EXPEDITION.

Peary and Duke D'Abruzzi May Seek Pole Together.

Rome, Feb. 25.—A former aide-de-camp of the Duke D'Abruzzi, now embarked on one of the cruisers forming the division commanded by the Duke, which goes to America for the Jamestown Exposition, says the titled explorer intends to meet Commander Peary with a view to eventually arranging a joint expedition to the North Pole. The Duke is convinced that former expeditions have failed owing to the lack of sufficient supplies, and thinks that with two explorers acting together the chances of success will be increased.

Captain Cagni, a member of the Duke D'Abruzzi's polar expedition in 1900, reached 86 degrees 33 minutes north latitude. This was the record until it

NAVAL RETRENCHMENT.

Government Determined to Carry Out Extreme Economy.

London, Feb. 25.—The Globe understands that the Government, while admitting that the present policy of naval concentration leaves certain services heretofore discharged by the navy undischarged, has decided to carry out its programme of reform in the cheapest possible way.

The Government intends to commission a number of merchant vessels, provided with light armament and manned by naval reservists and flying the white ensign. These "patrol ships" will be expected to fulfil the duties hitherto carried out by the small cruisers. Gunboats will represent the British navy at the outlying stations of the empire.

Too Much for the Strong Man.

"The strong man refuses to go on for his act."

"What's the matter?"

"Somebody poured water into his hollow weights. It froze and made the weights so heavy he can't lift 'em."—Cleveland Plain Dealer.

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