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(The popular Cash Store.)

Report of Women's Institute Meetings.

By Mrs. D. McCrie

Dear Friends,— As you did me the honor to send me to Guelph Convention I would like to tell you something of what I saw and heard. We went down on Tuesday, Dec. 11, reached the City Hall where we found Miss Millar and Maddoch in charge, who were very busy sending delegates to their lodgings for the time of fair.

After being introduced to Mr Putman and receiving tickets for Winter Fair in the afternoon, we took a street car for college, saw through McDonald Institute, Museum and Conservatories where the flowers were very beautiful.

One thing I noticed in connection with the poultry buildings was how cold they were kept. The south doors and windows seemed to be all open in marked contrast to the Dairy buildings which were next visited where it was very warm clean and comfortable. Holstein cow in a stall had a record printed on the door, of 96 lbs of milk per day and 103 lbs of butter in a month. After inspecting cows and creamery we walked back to the city to see the stores which were beautiful.

After tea we went to Winter Fair and saw more fowl than I have ever seen before, from the largest bronze turkey to the tiny pigeons and partridge, altogether 4000 on exhibition. Then we went to hear the address on poultry, presided over by Hon. Nelson Monteith.

Wednesday morning found Mrs. Rogers, (Holstein delegate) and myself along with a very enthusiastic group at Massey Hall, O.A.C. After singing National Anthem and prayer by Rev. Dr. Bethune, the opening remarks and welcome was given by Hon. Nelson Monteith and replied to by Miss Agnes Smith, Hamilton, on behalf of the delegates.

A review of the year's work was given by Mr Putnam whose personal magnetism, alertness and evident conviction of the importance of the work, gave everyone the opinion that he was the right man in the right place. He realized that the human element on a second farm should not occupy a second place to the crops or stock. Mr. Putnam was very optimistic in regard to the work which the Women's Institute is doing and is capable of doing in the making of happy homes.

He referred to the fact that there are enthusiastic Institutes holding monthly meetings in Rainy River, Thunder Bay and Temiskaming and urged weaker struggling societies not to be discouraged. During the past year the growth has been encouraging; at the end of June there were 10,500 members. In planning for the work he suggested that prizes be given for a special exhibit, either with the Institute meetings or fall fairs. It might take the form of either first vegetables or baking. A special effort should be made to interest the girls in the work, as its success depends much on the enthusiasm of the members and efficiency of officers.

The next speaker was Prof. Haves, assistant Sec. of Agriculture at Washington. He emphasized the need for a more practical education for women and hoped the consolidated schools supplemented by the Agricultural College for both boys and girls, also our rural school teachers and home-makers make an aim to interest the children in the farm home.

In the afternoon Dr. Hodgetts, Health Inspector, addressed an overflowing meeting on "Prevention and Treatment of Tuberculosis." There was a difference between that and consumption. He refuted the idea that the streets swarm with tubercle bacilli which cannot live long out of doors. He recommended sunbathing, breathing pure fresh air, eating substantial and nourishing food such as milk, eggs, meat and all that could be thoroughly digested. This address was followed by a discussion led by Miss Rice, in which the ladies signified their intention of fighting consumption and a resolution was adopted that the convention desired to express their sympathy and make application for affiliation with the Association.

Dr. Annie Ross of McDonald Institute also spoke on the good effects of thorough instruction.

President Creelman of O.A.C. followed by a kindly greeting and encouragement to the Women's Institute, after which Prof. Evans gave a very instructive lecture on "Color in the Home-hold" illustrated by beautiful tinted wall papers and moldings in soft shades of green and brown. He emphasized the need of exercising taste in our clothing and surroundings.

Mr. C. C. James, Deputy Minister of Education, gave a very forcible argument in favor of Agriculture being taught our boys and girls in public schools. He appealed to the advance interest of Agriculture. If people made up their minds that their boys and girls were going to have an Agricultural education it would be done.

Mrs. McClure of Huttonville presided at the afternoon meeting and much interest was taken in a very practical address by Dr. Webster of the College of Dental Surgery, Toronto. He dwelt largely upon the relation which a healthy mouth and clean, white teeth bear to the general health. Care of the teeth cannot begin too soon and if they are kept in good condition until 16 there will be little trouble in keeping them until late in life; also the importance of caring for temporary teeth of children.

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"Labor Saving Devices" by Miss Watson of McDonald Institute proved most interesting. The first economy of time is a sound body and if not naturally gifted with such a body we should do all in our power to check a downward tendency. Good habits should be cultivated and the muscles should be exercised and the muscles used properly and it is possible to do this standing on the balls of our feet rather than on our heels also sitting on the end of our backbone rather than the middle of it. The woman who grunts and thinks she is too good for house work is likely to have a hard time. If the housekeeper would take hold of her work with the same vim that the player does his game it would be much easier. Also weed out all nonessentials and apply temperance to house furnishing.

Furniture should be plain and well made with few crevices and corners to hold dust. Great care should be taken with the house plans having rooms and fittings arranged to save work. Provide yourself with labor saving appliances that are really helpful. Linoleum on your kitchen floor, castors on the table, oasters, washing machines, mangles, carpet sweeper, string mop and duster, mit, also a well trained son or daughter is a very good labor saver. Much interest was taken in a shirtwaist suit and apron made of dark blue cotton and worn by two of the girl students. To illustrate a convenient working dress, Bath garments had elbow sleeves and pinafore buttoned at the back. There was also some beautiful table linen shown which had been dressed with the mangle. Miss Watson closed her address by saying the best labor saver is the woman who is master of the situation.

Mrs. Wells of Syracuse gave us a recipe for a happy home which is as follows: Take cheerfulness, justice, and love, mix well and take large doses. Cheerfulness is the essence of happiness which is the sunshine to a plant; without it love dies. The mother owes it to her children to give them a happy home and remember that suggestion is the birth of thought. There should be justice between men and wife. It was not fair to have one pocket. Neither should one child receive more favors than another and make the boy's room as pretty as his sister's. Lastly comes the love that is unselfish that will endure and keep loyal to each other and our homes.

Our Thursday morning meeting was opened by Mrs. Knowles, of Havelock, and an excellent address on "Milk Production" was given by Prof. Deau O.A.C. He called attention to the nutritive value of milk that one quart has as much food material as one pound of beef. He advised us to keep good cows, one that will give 6000 lbs milk and cost not more than \$30 for her feed. Prof. Deau closed by urging the necessity of giving our families pure, clean milk. The subject was continued by Mrs. Shuttleworth who spoke on "Care and Handling of Milk" and Dr. McClure who treated it from a doctor's point of view.

Mr. J. J. Kalso, Superintendent of neglected children for Ontario outlined the modern method of child saving and made a strong appeal to us for "fresh air" work for children.

Mr. C. C. James, Deputy Minister of Education, gave a very forcible argument in favor of Agriculture being taught our boys and girls in public schools. He appealed to the advance interest of Agriculture. If people made up their minds that their boys and girls were going to have an Agricultural education it would be done.

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surroundings and stated we should understand mixing of colors, so as to produce harmony and to make them useful in the furnishing of our home. So closed a session proclaimed to be the best and most successful yet held in the history of the organization.

On Jan 14th between fifty and sixty women assembled in Durham Town Hall and heard a very instructive and interesting address given by Miss Shuttleworth also an excellent paper read by Mrs. D. McCrie, a copy of which appears in this issue.

Miss Shuttleworth spoke on Dairying and said we should always treat the cows kindly as she was one of man's best friends. In churning do not use the cream too solid and do not add sweet cream to sour just before churning. Have cream test about 47 degrees in summer and higher in winter. The first thing in butter is flavor, second firmness and third color, and lastly salt; 1 lb salt to 1 lb butter.

The next meeting will be held at the home of Mrs. S. Patterson, Glenelg, the first Thursday in May.—Com

Editor Review: Last week, in London, was held the fourth Annual Convention of the Western Ontario Dairyman's Association and thinking your readers might be somewhat interested in what took place, I am sending you this short epistle.

In discussing the quality of the cheese made in the province, it was found that the real cause was in the producer. There are many farmers in Ontario who are keeping cows that do not pay for themselves, in fact some of the cows do not pay for their board. Thus we see that in the first place the cows are poor, and coupled with this we often find poor stables. These are low, dark dirty, poorly ventilated and make good breeding grounds for tuberculosis (consumption) in cattle. Now we know that it is not every man who can afford to build a first-class stable but every man can afford to keep the one he now has clean. The stable and everything in it should be kept so clean that the owner would not be ashamed to take the Governor-General or King Edward through it.

The milk is usually spoiled before it leaves the stable. What farmer is there who would think of helping his wife go the dinner ready without first washing the dirt off his hands? Yet how many are there who milk their cows and separate the milk without removing the filth from their hands? Milk will take up more dirty odors and flavor, and will furnish better food for food and disease germs than any other known substance.

Milk obtained under the filthy conditions described above is sent to the cheese factory—often without being strained. It smells foul; it is sour; it is enough to turn any ordinary man sick yet if the cheese-maker sends it home, the farmer is after him with both feet and tongue. If the maker accepts the milk he can not make first-class cheese out of it and consequently does not receive the highest price for it. Now if the farmer does not receive the top price for his milk, he is growing again and what can the maker do?

Mr. C. C. James, Deputy Minister of Agriculture for Ontario, speaking along this line said, "let us clean up the farmer and his home by getting his wife and daughters awakened to the fact that better milk can be produced. Let us revolutionize the farmer's home and we have made a huge step in the advancement of Dairying in Ontario.

It is true that not all milk is produced among the filth and dirt I have described yet too much of it is obtained this way. Farmers, if you are patrons of any cheese or butter factory, see that your neighbor send as good and pure milk as you yourself. This is your duty. If you are sending pure, sweet milk or cream to any factory, you can not afford to have the product spoiled by your neighbor's bad milk.

T. H. BINSIE.

Renew for the Review

LOOK HERE, FARMER

I had 250 acres of Good Land above Durham, well improved, with very fine buildings, advertised in the Review for \$7500. I can now sell it for a good deal less and IT'S A BARGAIN.

Then I have a 100 ACRE well improved farm near Durham that I will sell VERY CHEAP or trade for other property. It's a snap. For considerably under \$3000 I will sell 100 acres in Bentinck, with good soil, brick veneered and frame house, large frame bunk barn, frame stables and pig stables, good orchard. This is really a sacrifice.

I have also a great lot of other property for sale and a MILLION DOLLARS of MONEY to lend at very low rates. COLLECT DEBTS, carefully prepare all kinds of WRITINGS, set C. P. R. Tickets to all points WEST and sell OCEAN TICKETS. Every kind of legitimate business attended to. Every thing private. Our Mot o: "Always prompt, Never Negligent."

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Peel, the Shoeman

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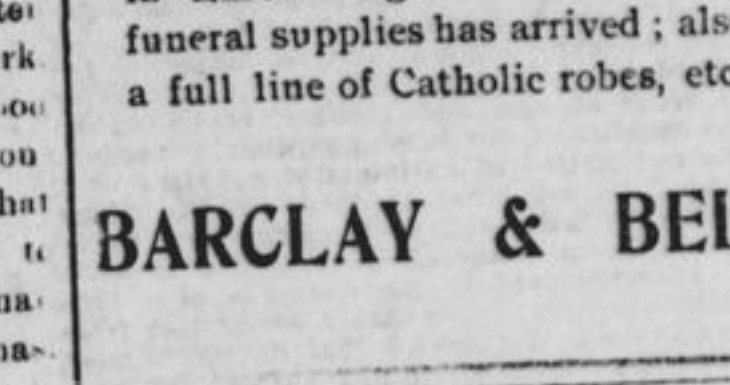
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