INTERNATIONAL LESSON NO. XII MARCH 25, 1906

Temperance Lesson.-Prov. 23: 29-35.

Commentary .- 1. Strong drink de stroys happiness (vs. 29, 39). Who---A divine commission to every man to investigate the perevailing cause of woe [35), and sorrow and strife, and thus be de terred from taking the wrong course i life.—Smith. Robinson calls this lesson the drunkard's looking-glass, set before those whose face is toward the drunk ard's habits, so that they will see what they will be if they go on. Woe-Dire- to slip out of his hand, and his ship to ful distress; both the condemnation for a sin committed, and a certain awful condition of suffering. Sin of all kinds brings its own punishments, but there is no sin which so speedily and relentlessly pursues its victim as the sin of drunkenness.-Pentecost. The drunkard has woes of body and woes of mind; woes in himself, woes in his family pains, diseases, poverty, and all with out alleviation. Who hath sorrow-The Hebrew word means, first, poverty, and then misery. The drunkard has sorrow of his own making. "The cup con tains more than one woe; a single sorrow is not all. These are so numer ous as to call forth a constant and 'ongcontinued cry of anguish."-Grady. Who hath contentions-"Nine-tenths of all the brawls and fights, quarrels and misunderstandings are traceable to the "drink." "Strong drink first maddens and then unchains the tiger. It excites tongue and brain. What quar- of his wounds he cares not for the scars. rels, fightings, and even murders, are He thinks himself fortunate to be saved constantly growing out of the drunk- from the sense of pain, never feeling any ard's contentions. Strong drink in- alarm for his unfeeling soul, that has flames the passions and at the same no thought of God's great mercy in spar- So well did the Australian natives time removes the restraint of consci- inng his life in his helpless moments. | know the medicinal virtues of certain ence and will."-Meredith. Who hath Instead of turning to God for mercy, he roots and herbs that when first discoverbabbling-"This refers to the tendency returns to the saloon for more of the ed by the great English navigator, Capof strong drink to foolish and incessant poison that has brought him thus far on tain Cook, they were practically free talking, revealing secrets, vile conversa- the way to ruin. Have beaten felt from disease. tion and noisy demonstrations, which it not-"Angry companion have done! Australia, that mysterious countryare common in different stages of drunkeness. Nothing goes right with the drinker. He complains of God, of society, of his family, of his circumstances, of everything. Nothing can be right to one who is thus wrong." Wounds without cause-Wounds receiv ed in wholly unprofitable disputes, such as come of the brawls of drunken men .-Lange. Drinkers are especially exposed to accidents and diseases which temperance would have prevented .-- Peloubet. Redness of eyes-Bloodshot, blurred or bleared eyes (Gen. 49: 12) .--Whedon. Alochol induces a paralysis and turns to his cups again. The victim | could obtain a household remedy made of the nerves controlling the minute of intemperance will trample over every- up in the form of a small bean. That blood-vessels, the capillaries, which re- thing to reach strong drink. Put wife this remedy was of pure vegetable comsults in a dilation that speedily shows and children in the path before them, position; that it was entirely different itself in the eye. In his step and in and they cast them aside. Put respect- from the ordinary medicines and preparahis eye the drunkard shows the secret ability and honor and manhood there; tions so widely sold; and that it was a of his sin.-Wakefield. The traveler they gaze at them a moment and fling | certain cure for billiousness, indigestion, in the drunkard's broad road to death them away. Bring heaven and Christ | liver complaints, headache, constipation bears a great bundle of woes. Among and salvation to withstand their down- and allied disorders. them are losses of time, of talent, of ward way, and they trample them under In a very short time after their dispurity, of a clean conscience, of self-re- | their feet, Lay remorse, with all its | covery, because of their vast superiority spect, of honor, of religion, of religion, of the soul. The saloon darkens the familv. obstructs business, arrests, industry, impedes progress, deranges plans, estranges partners, lowers personal standing, debauches politics. Such are a few of the woes caused by the saloon. -Boardmar.

30. They that tarry long- This answers the above questions. He who begins to drink continues to drink, tarrying often a whole night, and from that to day its power. and night. They that go- To places or among people where intoxicating drinks are made or stored or used. -Beecher. Mixed wine-Spiced, drugged, medicated "Woe" (v. 29). Wine drinking brings wine, the intoxicating power of which the woe of (a) ill health. It poisons the grape districts of France, in Geris increased by the infusion of drugs | the blood and saps the constitution, and | many, in Austria-in all these places you and spices. Muenscher. Such men drink spreads the foulest diseases. (b) Pov- will find that Bileans are widely used. the cup of a costly death. -Tennyson. erty. It indisposes and unfits for indus- therefore, do not think that you are ex-The chemical analysis of the liquors used try. An army of eighteen hundred work- pertmenting with a new and untried by the people in this country shows that ingmen marched through the streets of remedy, they drink alcohol, arsenic, alum, aloes, Chicago carrying a banner inscribed: bitter almonds, blood, chalk, cherry- "Give our children bread." They went favor-if a medicine can be so witely laurel, cocculus indicus, copperas, gyp- out to a pienie garden and drank forty | tested and emerge from the test victorsum, henbane, isinglass, lime, lead, log- kegs of beer. If the poor people would heme? wood, nux vomica, opium, oil of vit- put away the beer and the idleness which It is well known that liver medicines riol, oil of juniper, oil of turpentine, to bacco, sugar of lead, resin, etc.-S. S

II. Strong drink prohibited (vs. 31, 32) 31. Look not-This prohibits even moderate drinking. It is our duty to avoid temptation. See Prov. iv. 14, 15. The person who enters into temptation is alcolor of the wine gives it an attractive look. His color in the cup-Literally, looks with pleasure.-Plumptre. Goeth it sparkles and cheers; at the last it tle, when it is bright and inspiring, thril- affair of good feeling and fellowship; all joy and freedom. It is the shining side of evil that is so dangerous-this flowery entrance to the path that leads to death.-Peloubet. At such a time, beware! 32. At the last it biteth- The pleasure will be atended at last with intolerable pains, when it works like so into disenses as hard to cure as the bit- fire that never shall be quenched." ing of a serpent .-- Patrick. Its effects 5. Licentiousness. "Thine eyes shall are opposite to its pleasures. Its only behold strange women" (v. 33). A man named John R. Woodsworth committed beauty is when it sparkles in the cup. under the influence of intoxicants is It can only harm the one who ventures easily tempted. With judgment clouded, by shooting himself through the temple. line traffic managers to-day new "lake to enjoy its pleasure; then it bites and reason dethroned, memory gone, and Woodsworth came to Manitoba eighteen and rail" rates, to take effect on the sends its poison beyond your reach. Its passion inflamed, he reels ready for any 3. It unfits for the daily duties of life. 4. It brings poverty. 5. It tempts others. 6. It leads into bad company. 7. It is opposed to religion and morality. S. It injures and disgraces family and friends. 9. It leads to crime. 10. It injures the laboring man. 11. It fills poor-houses and prisons. 12. It ruins the soul.

hasten to close our eyes to that which we ought not to see. Heart shall utter-When men or women indulge in the use Most of us know a good thing when amounts from other women in the dis-

Sunday School. every sin that follows in the train. The heart is the centre of life, and from it every sin that follows in the train. The spring all evil desires. In a state of drunkenness men utter things out of reason and contrary to decency. When a man is under the influence of liquor his character is bad and he behaves badly. Alcohol makes criminals. A large per cent. of the inmates of our penal institutions are there through the effects of

IV. Strong drink leads to folly (vs. 34,

34. In the midst of the sea-To make one's bed on the waves of the sea would be to be swallowed up in death. So is ! the drunken man. Or as a pilot who has gone to sleep when his ship was in the troughs of the sea, allowing the tiller) be swamped with the waves which he might have outridden.-Pentecost. Stupefied, besotted men know not where they are or what they are doing, and when they lie down they are as if tossed by the rolling waves of the sea, or upon the top of a mast. Their heads swim. Their sleep is disquiet, and troublesome dreams make sleep unrefreshing. -- Com. Com. Top of the mast-The drunkard is utterly regardless of life. He is as one falling asleep clasping the masthead, whence in a few minutes he must either fall down upon the deck and be dashed in pieces or fall into the sea and be drowned.-Clarke. A drunken man fancies himself secure when in the greatest

35. Have stricken not hurt (R.V.) -With conscience seared and self-respect gone, the drunkard boasts of the things which should make him blush with shame. Because he did not feel the hurt their worst to end my life, says he, but that land of gold-is exceptionally rich in their blows did not affect me." Will medicinal plants. It was tn this wonseek again-Rather, when I shall derful country that Bileans for Biliousawake I will seek it again .- Cook. Self- ness, the great herbal remedy for all control is all gone. The drunkard is a liver and stomach disorders were first slave to appetite. He is as insensible discovered and used. As Bileans have

to the pleadings and warnings of those | just been introduced into Canada, and who seek his salvation as he is to the are now obtainable from all druggists, beatings of his comrades when he is de- and stores, a dew facts about their dislirious. "One of the greatest punish- covery and their exceptional power will ments of drunkenness is this insatiable be interesting to our readers. appetite that, in spite of warnings, and | One day a few years ago the Australin the face of all conequences, the drunk- I tian public were first informed they coiling, serpent tongues and scorpion over other remedies, and their certain stings in the path, and yet they walk on. | action on the above ailments, Bileans be-Pile up miseries, sorrows, pains, diseases, | came the leading household remedy in before them; yea, point out in the way | Australia. They are so to-day. the ghastly form of death, and they still They were next introduced to Great go on for they will have rum." Oh, the | Britain. There again their vast superpower of an evil habit! It holds a man | tority was soon admitted, and for the ailin an iron grip and drags him down to | ments just referred to they are now the

PRACTICAL APPLICATIONS.

1. The results of wine drinking. 1. would find them in general use. beer drinking induces, there would be bread enough for the children.

turns men into beasts, it makes wives | mineral constituents are very injurious widows, and children fatherless; it robs helpless infancy of food and clothing. | causing the boilt to fall out, etc. Bileans There is no sorrow that pen can picture | are entirely different and superior. They most certain to fall. Red-The bright so dark, so heart-breaking, as that which wine drinking brings.

4. Destruction.—"At the last it biteth its eye, the clear brightness, or the bead- like a serpent, and stingeth like an adder" ed bubbles, on which the winr drinker (v. 32). This is the end. At the first down smoothly (R. V.)-This verse pic- poisons and maddens. At first it excites tures the attractive side of wine, when mirth and song; at the last is produces it seems perfectly harmless to sip a lit- sorrow and curses. At the first it is an ling the nerves with delight, promising at the last it is an affair of feuds, fighting and murder. At the last it is a cup of exhilaration in the hands of thoughtless youth; at the last it is "a cup of fearful trembling in the hand of an offended God. At the first it is the grateful stimulus of an hour; at the last it John R. Woodsworth Shoots Himself in a much poison in thy veins and casts thee is the "worm that never dies, and the

only end and purpose is ruin. Its sting is crime. There is a fable that the devil resides, and had been doing odd laboring Comapred with rates a year ago, they the sting of death. Adder-In the Gen- at one time offered a man the alternative jobs in Crandall and the neighborhood, are one half cent per bushel lower on eva Bible this word is translated "cock- of a choice between three sins, one of Lately he manifested signs of despond- wheat and flax, unchanged on barley atrice." It was a very venomous serpent. which, as a means of averting some evil ency, and to this is attributed his act and oats, and are one half cent per But the picture cannot be overdrawn. or obtaining some good, he was bound to of self-destruction. He shot himself in bushel higher on rice and corn. Follow-The curse of strong drink is worse than commit. The sins were murder, incest a livery stable. He was employed at ing are the rates: 1906-Wheat 41-2; the bite of a thousand serpents. Note and drunkenness. The man chose the the Winnipeg Elevator Company's ele- flax 41-2; rye 41-2; corn 4; barley 4; some of the evils of intemperance: 1. It last as incomparably at least. This was vator at Crandall, and it is said he realinjures the body. 2. It disables the mind. the devil's device, for under the influ- ized about \$240 on grain checks issued. The new rates refer to export business ence of liquor he was quickly tempted by himself, and it is supposed fear of only, and for the first time in some to commit the other two crimes. In exposure impelled him to his rash act.

temperance is the parent of crime. II. The remedy for wine drinking. "Look not thou upon the wine when it is red" (v. 31). Do not waste one glance Berthe Claiche Tells How Officers Colupon it. Do not put yourself in the way of temptation. Turn from it as positively as the little girl, out driving with the young French woman, who yester-III. Strong drink ruinous to charac. of temptation. Turn from it as posi-33. Eyes shall behold, etc.—"Thine eyes shall behold strange things." — R. Miss Willard, who said, "Wicked old day pleaded guilty to the murder of saloon, I'll try to not even look at the Emil Gendron, her alleged master, to-V. Some think there is a reference her barrels." A Christian who follows his day was taken from the Tombs Prison to the delirium tremens. But the rend- Bible will be a total abstainer. The to the District Attorney's office. She ering in the Authorized Version, which prieses were forbidden to drink wine. had a talk there with Assistant Disis retained in the margin of the Revised Nadab and Abihu when drunk offered trict Attorney Ely. Although no offi-Version, is according to the Cambridge strange fire and it led to their terrible cial statement was made public, it was Bible, "in keeping with the usage of the death (Lev. x. 1-9). We are priests (I. reported that the young woman gave word in the Book of Proverbs, and with Peter ii. 5), therefore ought to avoid the names of four policemen to whom



Australian

Natives

hell. And yet this evil habit can be best known remedy throughout Britain. overcome; Jesus Christ is able to break From Great Britain, Bileans, because of its superiority, spread rapidly, and their use is now worldwide. If you were to visit India, China, South Africa, you

In the wastes of Russia, in the cities of Japan, in the lemon groves of Sicily and In trying Bileans for Biliousness,

Ask yourself rother this question: if a tous-would at not be useful in your

hitherto in use mostly contain bismuth mercury, and other harmful mineral produots, and rely upon these ingredients 2. "Sorrow" (v. 29). Wine drinking for their temporary effect. But these if taken for fong, and produce such ef-fects as that of loosening the teeth, are purely vegetable, and contain no trace of any such barmful ingredients as the above. In taking them there I no fear whatever of any harmful secondany effects. They cure that which they obtained direct from the Bhean Co., Colborne strest, Torondo, upon receipt o be conpared with other medicines. They are different and superior.

GUELPH MAN'S SUICIDE.

Stable at Crandall, Man.

A Winnipeg despatch: A young man

EXPOSES THE POLICE.

lected Toll. the undoubted connection between excess wine. Paul tells us it is "good" to do she said she paid \$2 a week for protection while leading the life of a woman causes the downfall of many. We should for ourselves (Rom. xiv. 21-23). of the streets. She also gave the names A. C. M. of about fifty other policemen, the report stated, who were receiving like

trict where she lived.

U. S. TROOPS HAVE FIGHT.

Fierce Engagement With the Hostile Moros on Sulu Island.

Fifteen Enlisted Men Killed and Thirty Two Wounded.

Moros Left Six Hundred Dead on the Field.

Manila, March 12 .- An important action between American forces and hostile Moros has taken place near Jolo. Fifteen enlisted men were killed, a commissioned officer was injured, four enlisted men were wounded, and a naval contingent operating with the military sustained 32 casualties. The Mores lost 600 men killed.

Major-Gen. Leonard Wood, commander of the division of the Philippines, reports as follows from Jolo, capital of the Sulu

"A severe action between troops and naval detachment and constabulary and hostile Moros has taken place at Mount Muton, per cwt. 8 00 Veal, per cwt. 8 50 Lamb, per cwt. 10 00 Dajo, near Jolo. The engagement opened during the afternoon of March 6, and ended on the morning of March 8. The action involved the capture of Mount Dajo, a lava cone two thousand and one hundred feet high, with a crater at its summit and extremely steep. The last four hundred feet were at an angle of 60 degrees, and there were fifty perpendicular ridges surrounded with a growth of fibre and strongly fortified and defended by an invisible force of

"The army casualties were 15 enlisted men killed, a commissioned officer wound ed and four enlisted men wounded. The naval casualties numbered 32. Ensign H. D. Cooke, jun., of the U. S. steamer Pampanga, commanding the Pampanga fort, was severely wounded, and Coxswain Gilmore was severely injured in the elbow ..

The constabulary casualties were: Capt. John R. White, wounded in the puyers from outside points, prices held sustained a slight flesh wound in the butcher cattle. thigh: Lieut. Gordon was slightly wounded in the right hand: Lieut. Wylie T. Conway, of the 6th Infantry, was slightly wounded in the left eye. All the wounded are doing well.

Col. Jos. W. Duncan, of the 6th Infantry, directed the operations. All the defenders of the Moros' stronghold were killed. Six hundred bodies were found on the field.

"The action resulted in the extinction of a band of outlaws, recognizing no chief, which had been raiding friendly Moros, and who, owing to their defiance up a dangerous condition of affairs."

REMBRANDT.

The Captain's Widow Swears That Barge and Boats Were Leaky-Why the tion of Life Demanded.

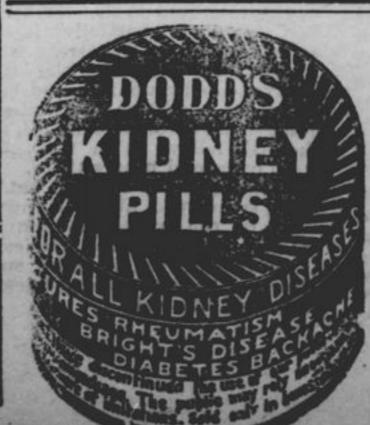
ment inquiry into the loss of the Domin- got nearly all in sight. Mr. Dunn quotes ion Coal Company's barge Rembrandt off them as follows: Export ewes at \$4.75 Isaac's Harbor last November, resulting to \$5.25 per cwt.; export bucks at \$4 in the drowning of six men, sensational to \$4.50 per cwt.; select lots of lambs evidence was given to-day by the widow at \$6.75 to \$7 per cwt.; mixed lots at of Captain Aker, who frequently accom- \$5.50 to \$6.50 per cwt. panied her husband. She swore that the barge was leaking, that the only boats aboard were leaky, and that the lights and fats; \$4 to \$5 per cwt. for covers of the hatches were left off. the sows, \$2.50 to \$3.50 for stags. steward of the barge swore that he left the barge because she was unseaworthy. It is believed that the result of the inquiry will be the promulgation by the Dominion Government of stringent 1egulations for the inspection of barges towed on the cost. The loss of life in this case has created a strong feeling take place about the second week in that the coal company must be compelled to take greater precautions to protect the life of the barge crews.

LAKE AND RAIL.

NEW SCHEDULE OF RATES PRE-PARED BY TRUNK LINE MEN.

New York, March 12 .- The Journal of suicide on Tuesday at Crandall, Man., Commerce says: At a meeting of trunk months ago from Guelph, where his father opening of navigation, were decided on.

years higher lake and rail rates will be charged for local than for export grain



Market Reports The Week.

Toronto Farmers' Market

The offerings of grain to-day were a little more liberal. Wheat is unchanged, with sales of 300 bushels of Fall at 76c. Barky firm, 300 bushels selling at 52c. Cuts a trifle weaker, with sales of 1,000 bushels at 38½ to Hay offered freely, and prices ruled steady; 40 loads sold at \$9 to \$10.50 a ton for timthree loads seling at \$10 a ton.

Dressed hogs are firmer, with light quotes

at \$9 to \$9.25, and heavy at \$8.50 to \$8.75

Do., spring buch 0 75 Butter, dairy 0 24

Leading Wheat Markets.

New York 84% British Cattle Markets.

London - Cattle are quoted at 10%c to 1116c per lb.; refrigerator beef, 816c per lb.; sheep, dressed, 121c to 1316c per lb.; lambs, 1416c dressed weight.

Toronte Live Stock.

Receipts of live stock, as reported by the railways since last Friday, at the City Market, were 51 carloads, composand 127 calves.

ter than for several markets.

Exporters.-No straight loads of exporters were offered, but a few lots were picked from amongst loads of butcher cattle. Prices for these picked lots ranged from \$4.50 to \$4.95 per cwt. Export bulls sold from \$3.60 to \$4 per cwt. Butchers .- Choice picked lots of butchers' sold at a range of \$4.30 to \$4.65; loads of good at \$4.10 to \$4.25; medium

Feeders and Stockers .- Market steady at the following quotations: Shortkeeps, 1100 to 1200 lbs., at \$4.25 of the American authorities, have stirred \$4.50; feeders, 900 to 1100 lbs., at \$3.75 to \$4.35; feeders, 800 to 900 lbs., at \$3.50 to \$3.85; best stockers, 600 to 800

Lt \$3.70 to \$3.50; cows at \$3 to \$4 per

ibs., at \$3.35 to \$3.60. Milch Cows - About 25 milch cows and springers sold at \$30 to \$65 each. Trade in cows was fairly good, as Mont-INVESTIGATING THE LOSS OF THE real buyers, as well as several farmers, were on the market to get a supply.

Veal Calves.—Veal calves were more Steward Left-Measures for Protec- per cwt., and bulk going at \$5 to \$6 per known to thousands of Canadians. Sheep and Lambs.-The run of sheep

A Halifax despatch: At the Govern- and lambs was light, and Wesley Dun Hogs .- Mr. Harris reports prices as

unchanged at \$6.85 for selects, \$6.60 for

BRADSTREET'S ON TRADE. Montreal-In most lines of wholesale

trade there is a quiet tone noticeable. Sorting orders in dry goods are not very heavy, nor are they expected to be so until after the millinery openings which March. Indications are that the millinery trade of the coming spring will be exceedingly heavy and summer business continues to promise well. Deliveries from warehouses are heavy and there is already some fair ordering for fall lines. The grocery trade is rather more active. Sugars are firm and canned goods continue to advance. Activity in outdoor work has kept up the demand for all lines of hardware and metals are active although somewhat easier in price. Collections in all lines are reported fair to good and the general outlook in all lines of trade continues satisfactory.

Victora and Vancouver-Wholesale and retail trade have been showing more activity during the past week and the tone of business is generally very hopeful. The demand for camp supplies continues brisk, following upon continued activity in the mining and lumbering industries. Collections are reported good.

Hamilton-Spring business continues to move well and placing orders for all light lines of dry gods are fairly heavy. In other wholesale lines there is a good seasonable trade doing. Receipts of country produce are light. Local industries are active and trade conditions generally are satisfactory. London-All lines of trade there con-

tinues fairly satisfactory. While the wholesale trade is quiet.

NOT DONALD M'BEAN.

Identity of Skeleton Found at Niagara Still Unsolved.

A Niagara Falls despatch: John Johnson, of Kitchener street, this city, came forward to-day with evidence which shows that the mouldering skeleton found under the cliff of the Gorge ten days ago was not that of Donald S. Me-Bean, of Inverness, Scotland. This Mc-Bean is missing at present, but Johnson saw him in Lockport in January, and the murdered man was dead long before



Most housewives judge the purity of a flour by its whiteness. White somehow signifies purity. But while pure flours are always white, white flours are not always pure.

Royal Household Flour is the whitest flour that is milled. It is also the purest. You may think the flour you are using is about as white as flour can be. Yet if you place it beside Royal Household Flour it will look yellow by comparison. Ask your grocer for Royal Household, and make sure that he understands that you mean it.

Ogilvic Flour Mills Co., Ltd.

"Ogilvie's Book for a Cook," contains 130 pages of excellent recipes, some never published before. Your grocer can tell you how to get it FREE.

WOMAN WITH MANIA

THINKS LIFE WILL BE TAKEN UN-LESS SHE KILLS PRESIDENT.

Philadelphia Resident, Who Talks Rationally, Tells Strangs Story, and Says Socialists Make Her Take Oath to Kill Roosevelt.

New Oleans, March 12.—Declaring that her life will be taken unless she assassinates President Roosevelt, a woman who gave her name as Mrs. W. B. Lewaller, of Philadelphia, applied at central police headquarters to-day for protection. She ed of 883 cattle, 372 hogs, 179 sheep spoke rationally on all general subjects, but the police and coroner decided to The quality of fat catle was fair, bet- detain her for an examination. Mrs. Lewaller said that she fell in with a party There being a light run, and several of Socialists in Philadelphia, and that she was taken to a room there and made thigh severely; three enlisted men killed about steady at the quotations given at to take an oath against the President, and 13 wounded. Capt. Lyree Rivers the Junction market for Monday for being told that she would be destroyed if it was not executed. She said she fled to Houston, Texas, but the men followed her there, and that she had then come to New Orleans.

SIR JOHN NO CINGALEE

Formal Denial That Admiral's Mother Was a Princess.

London, March 12 .- A story that has swt.; canners at \$1.75 to \$2.65 per been current for some time that Sir John Fisher's mother was a Cingalee princess was formally denied to-night. Sir John's mother, it is stated, was an English woman, born within sound of Bow Bells, in the city of London. She was a grandniece of Ald. Johs Boydell, a great citizen of the eighteenth century.

Sir John Arbuthnot Fisher has been First Sea Lord of the Admiralty since 1904. He entered the navy in 1854, when thirteen years of age. He served in the Chimean, China and Egyptian plentiful, about 130 being on sale. Prices wars, and commanded the Inflexible at for the common class were easier, but Alexandria. In 1899 he was a delegate good to choice veals were firm. Prices to The Hague Peace Conference. By ranged all the way from \$2.50 to \$7.25 reason of his visits to this country he is

Every Two Minutes

Physicians tell us that all the blood in a healthy human body passes through the heart once in every two minutes. If this action becomes irregular the whole body suffers. Poor health follows poor blood; Scott's Emulsion makes the blood pure. One reason why

SCOTTS EMULSION

is such a great aid is because it passes so quickly into the blood. It is partly digested before it enters the stomach; a double advantage in this. Less work for the stomach; quicker and more direct benefits. To get the greatest amount of good with the least possible effort is the desire of everyone in poor health. Scott's Emulsion does just that. A change for the better takes place even befere you expect it.



Be ruce that this picture in the form of a label it on the wrapper of every bottle of Estimistor you buy. SCOTT & BOWNE Chemists Terento, Ont.

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