UE NO. 9, 1903.

Winslow's Sootbing Syrup should be used for Children Teething. In the child, softens the gums, cures wind

FARM FOR SALE

rs; well watered; convenien* to school rches; 114 miles to station; low-price; everable. Angus G. Mackay, Port

AGENTS WANTED TO REP. own gas for one centa day. Liberal ght party. Brass lamp free. Ad-

rfect Light Co., 140 Nassau street VESTED CLEARS \$250, START ctual operation; hundreds of refer

om being fired for spavin; any perch, will be suitably rewarded. telegraph to W. A. Charlton,

r, New Laid Eggs Poultry Wanted young Chickens, dry picked, clear. to 80c per pair. Will pay 30c BEESWAX, delivered Toronto.

J. FEE, 62 Front Street

USE AILE AXLE GREASE Has No Equal

Manufactured only by bell M'fg. Co., of Hamilton' Ontario, Canada. r all leading dealers.

00000000000000000000

SITIVELY CURES Rheumatism Neuralgia Backache Headache Feetache All Bodily Aches

TANGETT TARREST animal is all run down, h coat and a tight hide. ows that his blood is out o keep an animal economust be in good health.

DD PURIFIER

ty where the best results ng would be obtained. o the system, rids the bots, worms and other hat suck the life blood

like Dick's powder for n horse. cents a package. Miles & Co., Agents, MONTREAL

Maid's Philosophy.

better after suffering. be worse; but our condepend upon ourselves. ever be laid to the nacalamities.

us of the eternally virre in every human heart world of new emotions esh and beautiful; and is given the right not ss them, but the oblirish them.

prrow worth anything is sorrow for others, or others means helpt hugging our woes to or I believe that the and the really great t their scars, all the ir hurts and wounds. had seemedthat cupled centres of afbe less concerned me to them as their what went out from obligation: that, like they should be cenegal forces, radiating, ery fullness of their gladness into other Oli M id's Corner."

Bu r. . 000.

HE CAN SLEEP

What Godd's Kidney Pills Did ! for Emilien Clouatre.

Cured Him of Pain in the Back and Strong Again.

Val Racipa, Que., Feb. 9 .- Special(.-Among those in this neighborhood who openly proclaim the ber fits they Kidney Pills is Emilien Clouatre. M. gean, on the west." Clouatre was long a sufferer from IV. The baptism of the Holy Ghost that most trying of troubles, Pain (vs. 2-6). in the Back, that adds to its inconof Kidney Disease.

ing more fatigued than the night before. I had pain in the back and headache which bothered my rest. I took nine boxes of Dodd's Kidney Pills and am cured. I praise them to all who speak to me about them."

aches resulting from Kidney Com- all the explanations by which the plaint have followed M. Clouatre's ad- apostle convinced them that Jesus, vice and used Dodd's Kidney Pills. whom he preached, was the pro-They too are compelled to admit the | phet whom John announced." trath of the oft repeated statement, "There is no form of Kidney Complaint that Dodd's Kidney Pills can pouring of the Holy Spirit upon a

Sunday School.

INTERNATIONAL LESSON NO. IX. MARCH 1, 1908.

Paul and Apollos-Acts 18:24 to 19:6. Study Acts 18: 18 to 19:7.

Commentary.-Paul's stay in Jerusalem was very short. This was the fourth time he had visited the city since his conversion. He "saluted the church" (v. 22) and hurried on to Antioch. "There is too much reason to fear that his reception at Jerusalem was cold and ungraciousthat a jealous dislike of that free position towards the law which (3) fervent in spirit, (4) courageous he established amongst his Gentile in heart, (5) humble in mind, (6) unconverts, led to that determination | wearied in service; (7) powerful in out the part of some to follow in his track and to undermine his influence, which, to the intense embitterment of his later days, was so ful study of this lesson that God fatefully successful. It must have | notices all that enters into the life been with a sad heart that St. Paul and character of all His children. hurriedly terminated his visit. But Apollos was a Jew. That meant none of these things moved him.

I. Apollos receiving instruction (vs. 24-26). Paul's labor at Ephesus had been made by Apollos who had instructed the Deliverer; and much else of a small company of Jews up to the twilight of John the Baptist's teach- one to be trained up in a devout ings concerning the Messiah. Alexandria-This city was built near the mouth of the Nile by Alexander the Eloquent-learned - The

disposition and ardent zeal."

26. Boldly-"The Jews were not all! sinh. The speaker who dwelt on experiences. He did not condemn or this theme must be prepared with ar- reject them because of this, but ingness to receive instruction from of gifts and talents to forward His such humble people. Expounded work. Apollos, the eloquent preacher, cilla unfolded to Apollos the wonder- Jews publicly. Aquilla and Priscilla, Achaia-Of which Corinth was the usefulness.

and that publicly," showing by the feetly by Aquila and Priscilla. Aquila Old Testament Scriptures, which the and Priscilla used their knowledge Jews received as inspired, that Jesus of spiritual things to help Apolos. was the Messiah and that they could Paul skillfully led the Ephesian bebe saved only through Him. "This lievers into a positive knowledge of they refused to do, and we know the the things of God. A humble or teach-

ARE WE FARMERS BLIND? al in Windsor, Ontario. Among lowly in heart. other things, he said:

"It is commonly known here that some of the larger concerns in the United States, in order to undersell competitors here, have shipped into Canada machines of a former and Tree, for the truth of which I canolder pattern. The American farmer will buy nothing that is not strictly up to date, and at the end of every repeating. A young gentleman who was very anxious to try his luck on chines that will be a year old the the London stage managed to get arxt season, and these machines may an introduction to Mr. Beerbohm lack some new innovation, but will Tree, to whom he confided his ambido the work, and are 'just as good' tions. "Oh," replied the great actoras the up-to-date machine; and these | manager, "I could not possibly give machines-back numbers-are shipped you a part, I am afraid, but I dare into Canada at a much reduced in- say I could manage to let you walk Voice value, thus saving duty, and on the stage with the crowd in the they are just as acceptable to the last act." "My dear Mr. Tree," re-Canadian farmer as any machine." | plied the aspiring young actor, that a consul of the Republic to the heard anything quite so humorous South of us, we farmers who buy from you since your Hamlet." united States machines are really buying the obsolete machines gathered at the United States implement Agencies and shipped into Canada. at is not to be wondered at that the United States machines shipped into Canada do not wear or give college or not. He plays on the footeatlsfaction like the Canadian imple- ball team, sings in the glee club and ments. One could hardly expect this runs the college funny paper; and I'm to be the case under the rather not at all certain that he finds time

consequence. Their city was sacked, their temple burnt, and more than a million of them were killed and the rest scattered over the face of the

III. Paul arrives at Ephesus (v. 1). 1. Came to Ephesus-In acordance with the promise made them when returning from his second missionary journey (chap. xviii. 21). "Ephesus was not only the capital of the province, but was the city of the greatest importance in all Asia Minor-a splendid city, and the emporium of Headache and Made Him Well and | trade in the east. It was called one of the eyes of Asia, Smyrna, forty miles to the north, being the other The city stood on the south of a plain about five miles long from east have received from the use of Dodd's the Icarian sea, an arm of the Aeto west, and three miles broad, with

2. The Holy Ghost-Paul was a regience the disquieting knowledge | Holy Ghost preacher. His first senthat it is one of the surest symptoms | tence brings these unenlightened disciples face to face with the deeper Now M. Clouatre is well and strong, things of God. "It was the common able to do a good day's work and en- privilege of the disciples of Christ to by a good night's sleep. Inter- receive not only the ordinary graces, viewed regarding the case, he says; but also the extraordinary gifts of "I am not able to do otherwise the Holy Spirit; and thus the disthan praise Dodd's Kidney Pills, for ciples of Christ differed from those I am cured. I work well. When I of John." The genuine disciples of go up to bed I get rest. Before I Christ are still distinguished from all others by the baptism of the Holy Spirit, which enlightens, quickens and purifies.

4. Or repentance-John called upon the people to repent and prepare the way of the Lord and pointed to Jesus as the Messiah. That is, Others suffering from the pains and the sentence are a condensation of

6. Spake with tongues-This was Pentecost repeated. A new outnew twelve. Prophesied-Not the ability to foretell future events, but the power to preach the gospel and to expound the Scriptures was given them. See I. Cor. xiv. 3. No person is qualified to preach the gospel, or to do Christian work of any kind until he has received the baptism of the Spirit.

Teachings .- We should all seek a deeper knowledge in the word of God. Those who know the most of God still know but little, comparatively, and on many points need instruction. The followers of Christ should be bold as well as humble. We should all strive to be helpers in the church. When men are illuminated and purified by the Spirit their tongues are loosened.

Thoughts.-Apoltos was a model preacher. He was (1) eloquent in speech, (2) mighty in the Scriptures, reasoning."

PRACTICAL SURVEY. We must conclude from a caremuch. He had been diligently trained up in the knowledge of the Scriptures. He had a knowledge of Je-24. Apollos-A preparation for bovah. He had been taught to expect the Christ, the anointed One, importance. It means much to any-Christian home. We are informed of his birth place, Alexandria. This was a seat of learning. At one time it possessed the largest library in

word in the original expresses not | Eloquent and mighty as this man only ability as an orator, but also was, two humble tentmakers, a man the possession of stores of learning. and his wife, knew more about divine 25. Was instructed-Probably by things than he. "Aquila and Priscilla some disciple of John who had left took him unto them and expounded Judea before the Saviour commenced the way of God more perfectly." God UTILIZING THE EUPHRATES his public course, or possibly by John used these people of humble gifts himself, whose earlier ministry Apol- to instruct this man of mighty gifts los may have attended.-Hackett. How his true character appeared in Fervent-He had a "glowing religious his willingness to learn of them.

True Christians are always humble. When Paul again visited Ephesus ready even to listen to announce- he found "certain disciples" and meats of the approach of the Mes- soon discovered immature Christian more carefully-Aquila and Pris was able to mightily convince the ful fact of a Messiah already come. two humble tentmakers, were used II. Apollos visits Achala (vs. 27, 28). | to fit Apollos for greater useful-27. Was disposed-"The original ex- ness. The brethren wrote commendpresses more than an inclination on ing this great preacher, thus his part; he wished to go." Into opening his way and augmenting his

able spirit is absolutely essential in order to be helped; both Apollos and the Ephesian disciples possess-The Detroit Journal recently is- ed this. God's people should always such a special export number. It keep such a spirit. The truly great contained an article written by Mr. are truly humble, and in this they d. C. Morris, the United States Con- imitate Christ, who was meek and

A Humorous Hamlet. A story is told of Mr. Beerbohm not youch, but it is at least worth So, according to no less a person pleasantly, "I do not think I have

A College Man.

"Your son goes to college, Mr. Binks ?" "I con't know whether he goes to straordinary conditions cited by Mr. to do any of the commoner duties inofdent to the scholastic training."

INSURANCE COMPANY

16TH ANNUAL REPORT

For the Year Ending 31st December, 1902.

INCOME.

Net Premiums on New Policies..... Net Renewal Premiums Total Net Promiums-\$1,054,815.72 Total Income..... \$1,240,899.83 EXPENDITURE. Matured Endowments and Investment Policies and An-Death Claims. Dividends to Policy-holders and Surrender Values 52,987.93 Total Payments to Policy-holders \$316,556.63 Expenses and Office Furniture..... 291,412.41

Dividends to Stockholders..... 24,000.00 Excess of Income Over Expenditure 600,063.12 \$1,240,889.83 ASSETS. Municipal Debentures, Bonds and Stocks Loans on Debentures, Bonds and Stocks\$2,435,822.89 ... 257,800.00 Mortgages on Real Estate 971,978.41 Real Estate. Loans on Policies and Life Reversions 330,328,29 Office Furniture, less 20 p.c. written off 6,605.77 5,643.81 59,850.79 Agents' Current Accounts
Interest Due and Accrued
Net Premium Outstanding and Deferred
Cash on Hand and in Banks 216,142.49

Total Assets \$4,406,329.19 LIABILITIES. Policy Reserves (Government Standard) \$8,753,892.00 All Other Liabilities Surplus on Policy-holders' Account (including Capital Stock Paid Up, 607,118.55 \$4,406,329.19

For Security of Policy-holders the Company holds (a) Surplus as above. \$ 607,118.56 (b) Reserve as above. 3,753,892,00 (c) Uncalled Capital Stock. 1,200,000.00 Total Security to Policy-holders, \$5,561,010.56 Applications received for insurance during 1902. New Assurances issued during 1902

(Being an increase over any previous year of more than \$1,000,000.00.)
Insurance in force December 31st, 1902...... The death loss for the year was exceedingly low, being only \$5.80 per \$1,000 of insurance, while in the Temperance Section it was only \$8.66 per \$1,000 of insurance. The average rate of interest on the mean amount of all invested assets (ledger value)

The following Directors were elected for the ensuing year :-HON. GEO. W. ROSS, Toronto.
LIEUT.-COL. H. M. PELLATT, Toronto.
LLOYD HARRIS, Esq., Brantford.
J. F. JUNKIN, Esq., Toronto.
E. R. WOOD. Esq., Toronto.
E. J. LENNOX, Esq., Toronto.
A. J. WILKES, Esq., K.C., Brantford.
PROF. JAMES MILLS, Guelph.
R. L. PATTERSON, Esq., Toronto,
HON. J. A. OUIMET, Montreal.
R. R. McLENNAN, Esq., Cornwall. WILLIAM STRACHAN, Rsq., Montreal, ROBERT ARCHER, Esq., Montreal, HON, J. D. ROLLAND, Montreal, HON, V. W. LARUE, Quebec. D. D. MANN, E-q., Toronto.
LIEUT.-COL. JAS. MASON, Toronto.
ROBERT JUNKIN, Esq., Toronto.
S. G BEATTY, Esq., Toronto.
B. F. PEARSON, Esq. Halifax.
A. P. BARNHILL Esq., St. John, N.B.
WM. MACKENZIE, Esq., Toronto.

At a subsequent meeting of the Directors, the following officers were re-elected : President, Hon. Geo. W. Ross ; First Vice-President, Lieut .-Col. H. M. Pellatt; Second Vice-President, Lloyd Harris, Esq.

Low death rate, low expense ratio, and high interest-earning power, all demonstrate the sound basis on which the company is doing business.

A full report will be sent to all policy-holders. Booklets regarding the insurance plans of the company and copies of the annual report can be had by application to Head Office, Toronto, or to any agent of the Company.

THIS COMPANY IS THE ONLY ONE IN AMERICA WHICH OFFERS SPECIAL ADVANTAGES TO TOTAL ABSTAINERS.

It is Said That Mesopotamia May be Reclaimed by its Waters.

Explorers say that in no region of western Asia is the ground strewn with more numerous ruins than in Mesopotamia. Its present poverty is almost as remarkable as were its ancient fertility and cities, the very names of many of claimed from the desert. which are now unknown,

28. Mightily convinced-See R. V. his work was honored of God, even more than one-half of the present of the world, "He powerfully confuted the Jaws, before he was "instructed more per- inhabitants are nomads, whose tents are pitched on the verge of

the desert. The other reason for the present desolation is that irrigation works! were destroyed and the fertile areas were ruined by the invasion of the the Sahara have been blown over grass lands to the north and thus

the invasion of sandstorms. .

mastery over the Nile is to control its sources; therefore she is now making the huge dam at Assuan goods, groceries and produce, orders and is considering the greater task have been steady and prices generof regulating the outflow of the ally considered fair payments av-African lakes.

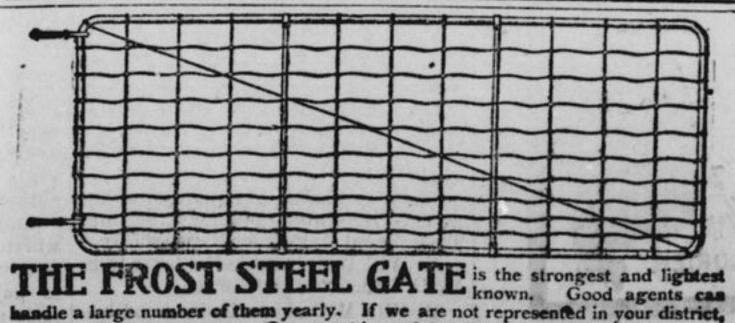
More than three fourths of the rainfall of the upper Euphrates falls in the seven months from October to April. If the precipitation of this tinues of fair dimensions for this period could be retained among the season. The cold weather and mountains and allowed to escape deep snow in the country had tended with a feeling of pleasure which is guments as well as courage." Had heard—In the synagogue. Took him —Persons of great learning may be led into the light by those in ob- led into the light by those in obof places over the plains, while a of land along the banks, but would steady demand for goods for the score positions. Apollos gives proof Our lesson brings out very clearly few remains of towers and crumbalso enable vast tracts of the coming season at Toronto, and ling walls mark the sites of large best land to be irrigated and re- jobbers have generally been booking

The extent of this region that with values quoted at the opening The plains of Mesopotamia have may be reclaimed by means of the of the year. The mills and factories fallen from their former pre-emine river seems to be as large as Eng- continue busy and skilled labor is ence for two reasons. One is that land, Mesopotamia can produce not very easy to secure in some dethe traders and farmers scattered | two crops in a year, and with irri- partments. Business on the Pacific over the plains were exposed on gation it might support ten times Coast is fairly good for this seaall sides to the incursion of bar- as many people as now live there, son. There have been many buybarous hordes, their cities were besides exporting great quantities er in the Winnipeg market the past capital, and it was Corinth which he All should use the light, knowledge sacked and razed to the ground and of all kinds of food stuffs. Mr. Hunt- ten days, and a large amount of decided to visit. He may have been and ability they have. Apollos had the population was reduced till to- ington believes that these wide buying for the spring and summer directed to this field of labor by an immature Christian experience, day it is scarcely over 1,000,000 plains are again destined to be and also for next fall has been done but he was "fervent in spirit," so | in a territory as large as France; numbered among the richest parts | in anticipation of a large increase

Tonald Revolted.

come down to winter his flocks in a retailers' hands and it looks now more congenial clime than his own, as if the stocks to be carried over sands of the desert on the south- secured lodgings at a farm house, will be much lighter than expected west side. Just as the sands of The first morning after his arrival he got for his breakfast porridge, Shipments continue heavy. Values of extended the desert toward the and, milk being scarce, raw sowens staple goods are firm. At London from tobacco, I am still well content Mediterranean, so in the region of to sup them with. "Drinkin'" sow- jobbers are busy receiving orders for to forego them, knowing their effect." the Euphrates and Tigris millions ens along with cakes and cheese the spring and summer goods and of acres of once fruitful lands have | served for his dinner. "Topal" man- in whipping to retailers in various been turned into waste places by aged to consume the last two diets with difficulty, but when he entered Mr. Ellsworth Huntington, who the kitchen at night and sat down has recently visited the Euphrates, to tackle boiled sowens, with raw says there can be no doubt that sowens as a substitute for milk, his the river will be utilized some day stomach revolted at the prospect. to reclaim the plains of Mesopota- and he exclaimed, "She'll tak' her mia, through which it passes. He parritch an' a sowan till her, an says the Euphrates needs control- she'll tak' her sowan an' a preed ling, just as the British are con- an cheese till her; but she'll be plowtrolling the Nile. England has 'ed if she'll tak' a sowan and a sowfound that the only way to secure an till her."

WELLAND, ONT .. WINNIPEG, MAN.



write us about the agency. One agent in each locality. Write for Catalog.

THE FROST WIRE FENCE CO.,

The Markets. المستستسي

Toronto Farmers' Markets Feb 23.-Grain receipts were smaller Saturday, with no changes in prices. Wheat is steady, with sales of 200 husbels of white at 72 1-2c, 200 bushels of red winter at 72 1-2c, 100 bush. of goose at 68c, and 100 bush of spring at 71 to 72c. Rye, firm, 100 bushels selling at 53 1-2c. Barley is unchanged, 300 bushels selling at 50 to 51c. Oats weaker, with sales of 500 bushels at 37c. Hay quiet and firm, with sales of

timothy, and at \$6 to \$9 for mixed. Straw is nominal. Butter and eggs in fair supply. The best roll butter sold at 19 to 20) and eggs at 20 to 22cper dozen for new laid and at 14 to

15 loads at \$12 to \$15 a ton for

15c for held stock, t Dressed hogs are firm, small lots of light seiling at \$8 to \$8.25, and heavy at \$7.50 to \$7.75. Following is the range of quota-

Wheat, white, bushel, 72 to 72 1-2c red, 72 1-2e; spring, \$1 to 72e; goose 683; oats, 37e; peas, 75 to 78e; bar ley, 50 to 51c: backwheat, 50 to 51c rye, 53 to 53 1-2c; hay, timothy, per ton, \$12 to \$15; mixed, 86 to 89 straw, \$8 to \$9. Seeds, per bushel-Alsike, No. 1, \$6.75 to \$7; No. 2, \$6 to \$6.50; red clover, \$6.50 to \$7.50 timothy, \$1.75 to \$2.50. :Apples, per bbl., \$1 to \$1.75; dressed hogs, \$7.50 to \$8.25; eggs, new laid, 20 to 22c butter, dairy, 16 to 20c: creamery, 21 to 25c; chickens, per pair, 75c to \$1.25; ducks, per lb., 10 to 12c; tur-

bag, \$1.25 to \$1.30. Leading Wheat Markets. Following are the closing quotations at important wheat centres to-

keys, per lb., 15 to 18:; potatoes, per

Cash. May. July New York ---Toledo 77% 80% Duluth, No. 1 Nor. 76%

British Live Stock Markets. London, Feb. 21.-To-day Cana dian cattle are quoted at 11 to 12% cents per lb. (dressed weight); American cattle firmer at 12% to 13% cents per lb.; refrigerator beef is firmer at 10c per lb.

| Toronto | Live | Stock | Market. | | | |
|-------------------|----------|---------|---------|----|-----|----|
| Export cattle, cl | hoice, p | per cwt | 81 00 | to | \$1 | 54 |
| do medium. | | | 3 60 | to | 4 | 0 |
| do cowr | | | 3 40 | to | 3 | 81 |
| Butchers' cattle | picker | d | 4 10 | to | | 3 |
| Butchers' cattle | , choic | 00 | 3 90 | to | 4 | 2 |
| Butchers' cattle, | fair. | | 3 00 | to | 3 | 5 |
| do common | | | 2 00 | to | 2 | 71 |
| Bulls, export, he | avy | | 3 50 | to | 4 | 2 |
| do light | | | 3 00 | to | | 3 |
| Feeders, short-k | cep | | 3 50 | to | 4 | 0 |
| do medium. | | | 3 25 | to | 3 | 3 |
| do light | | | 3 00 | 10 | 920 | |
| Stockers choice. | | | 2 75 | 10 | | |
| Stockers, comm | | | 2 25 | to | | |
| Milch cows, each | | | | to | 1 | |
| Sheep, ewos, per | | | 3 50 | 10 | 4 | |
| Bucks, per cwt | | | 3 00 | to | | |
| Lambs, per cwt. | | | 4 50 | to | - | |
| Calves, per boad | | | 2 09 | to | 10 | 0 |
| Hoge choice, per | cwt | | 5 80 | to | 0 | |
| Hogs light, per | cwt | | 5 80 | to | 0 | 0 |
| do select, per c | | | 5 89 | to | 200 | |
| Hogs,fat, per cv | | | 5 50 | to | 5 | 6 |
| do sows, per | | | 4 40 | to | | 0 |
| do stags, per | | | 2 00 | to | | 0 |

Dunn's Review.

In retail circles at Hamilton moderate volume of trade continues with comparatively a fair increase over the corresponding period of 1902. In a number of the leading lines of manufactures, including machinery, implements, bent stuff fabrics, boots and shoes, whips, ci gars, etc., orders are reported heav; and several concerns are making improvements to cope with the demand. In wholesale clothing, dry erage well.

Bradstreets on Trade. Wholesale trade at Montreal con orders at advanced prices compared in the demand this year. Business at Hamilton has been active the past week. Reports from the country show that the cold weather re-A Highland shepherd, who had cently has helped greatly to reduce the stocks of heavy goods in a few weeks ago. Orders for the coming season have been numerous. trade centres. Payments recently have been very fair. Ottawa wholesale firms report a steady demand | To many points in the States of Call for goods for the coming season. fornia, Oregon and Washington.

Rome Again.

fields, We have lived with the murmuring We have heard the love talk of the June 15. 1903.

And the whisper of the breeze.

We have rocked on the laughing Where the breaker tossed its foam; Now we turn again as the bright! days wane To the happy hours of home.

For not on the mountain top Nor in the softest vale, Not where the canvas fills and strains To the boisterous summer gale,

Not in the secret wood, Though the restless heart may

-Good Housekeeping.

Young women may avoid much sickness and pain, says Miss Alma Pratt, if they will only have faith in Lydia E. Pinkham's Vegetable Compound.

"I feel it my duty to tell all young women how much Lydia E. Pinkham's wonderful Vegetable Compound has done for me. I was completely run down, unable to attend school, and did not care for any kind of society, but now I feel like a new person, and have gained seven pounds of flesh in three months.

"I recommend it to all young women who suffer from female weakness."-MISS ALMA PRATT, Holly, Mich .- \$5000 forfait if original of above letter proving genuineness cannot be produced.

FREE MEDICAL ADVICE TO YOUNG WOMEN.

All young girls at this period of life are earnestly invited to write to Mrs. Pinkham for advice; sh has guided in a motherly way hundreds of young women; her advice is freely and cheerfully given; her address is Lynn, Mass.

Judging from the letters she is receiving from so many young girls Mrs. Pinkham is inclined to the belief that our girls are pushed altogether too near the limit of their endurance nowadays in our public schools and seminaries; less learning and more health

DEPEW ON SMOKING.

The Well-Known Railwayman Tells Why He Quit it.

R. Chauncey Depew, the wellkrown orator and railroad prosidept, relates the following experience in his victory over the eight; "I used to smoke twenty cigars a

day, and continued it until I became worn out. I didn't know what was the matter with me, and physicians that I applied to did not mention tobacco. I used to go to bed at two o'clock in the morning. and wake at five or six. I had no appetite and was a dyspeptic. "I was in the habit of smoking

at my desk, and thought that I de-

rived material assistance in my work from it. After a time I found that I couldn't' do any work without tobacco. I could prepare a brief or argument without tobacco, but still I was harassed by feeling that something was amiss, and the result was not up to the mark. "I also found that I was incapable of doing any great amount of work. My power of concentration was greatly weakened and I could not think well without a lighted cigar to my mouth. Now it is perfectly clear that without this power of concentration a man is incapable of doing many things. It is this which enables him to attend to various and multifarious affairs; to drop one absolutely and take up another and give it full attention. "One day I was puffing a cigar companion, you have always been dearer to me far than gold. To you

convinced the tobacco was ruining "For three months thereafter I underwent the most awful agony. never expect to suffer more in this world or the next. I didn't go to any physician or endeavor in any way to palliate my sufferings; possibly a physician might have given me something to soften the tortures. Neither did I break my vow, I had made up my mind that I must forever ababdon tobacco or I should be ruined

I have ever been devoted, yet you

are the cause of all my ills. You have

played me false. The time has come

that we must part.' I gazed sadly.

and longingly at the cigar, then

threw it into the street. I had been

"At the end of three months my longing for it abated. I gained 25 pounds in weight. I slept well for seven or eight hours every night. "I have never smoked from that day to this; and while no one knows better than I the pleasures to be derived

ONE-WAY RATES.

EVERY DAY.

The Union Pacific will sell One-way Colonist Tickets at the following We have roamed in the fragrant rates from Missouri river terminale: \$25.00 to San Francisco, Los Angeles and many other California points. Tickets on sale Feb. 15 to

> \$20.00 to Ogden and Salt Lake City. \$20.00 to Butte, Anaconda and Hei

\$22.50 to Spokane and Wanatchee, Wash. \$25.00 to Everett, Fairhaven and New Whatcom, via Huntington and

Spokane. \$25.00 to Portland, Tacoma and Seattle. \$25.00 to Ashland, Roseburg, Eugene, Albany and Salem, via Port-

Tickets on sale Feb. 15 to April For full information call on or address H. F. CARTER, T. P. A., 14 The world around, can joy be found Janes Building, Toronto, Canada, or Like the joy of love and home. | F. B. CHOATE, 125 Woodward avenue, Detroit, Mich.