eriously

lield, showed in its he conformation of s "IS," the "I" reack, the upper part ing the position of the lower part the y cars and baggage

coaches, No. 1,on its side. The rd, was right side list of about 40 ickens' 'was lying side of the emhe other Pullman All the cars were and the heavy ered in every diiron eight inches d in two, and the and couplers on all badly used up, but, he damage to the only trifling. All wonderfully well ve sustained such little effect. Even but little daman a dozen being

ole train. cident. oven was in his rom which a good nined of the track west, and was peroaching train the disaster ocitely telephoned to if attendance, and an hour five phys of willing helpene of the wreck. the day cars, ich hurt, assisted rescue, and the as they were ttered cars, were ction Hotel, where nes provided comdation for 311.

exiliary trains ar-He and Toronto. rd a large corps time of their ar-Whitby doctors most of the in-

Denial. of Whitby, who st to reach the here the injured in, related last ng incident which of the self-denial splayed by many dector had been we hours, bandfractured bones, ortunate as comd, when a lady had been sitting rning, called him. "when you have ie others. I wish me; my leg is hat there were more badly burt she did not menif they were at-

n, and discovered name was Mrs. suffering from a hip. She must min, but she forin her solicitude also of a young name he could sustained a very ack of his hand. have it dressed. ised, saying, "I look at it until n all these poor

tor immediately

tch of wounded wounds which llivray's notice broken glass. of a very danirticularly that Lowell, Mass. y large piece of

to his persist-

vas not dressed

he train which

case of all is page, the bagel was injured. to walk about. ities were imas continually g out, "My ear ation. Dr. Mchis car was ne had a fracast behind the id lost a good cuts about the

husband of the Gillivray spoke, ared, but their found understove, had unt bruises on ly are on their e., and were here yestero'eloek.

ne Wreck. al men were at is and assisted ered: Drs. Mc-Grum, and Boord, Hoig, Meonigomery, of ters and Brit-

ras in charge Stnart and of York. Toronto.

c or two exon to Tortwo lots. The ville brought Mernoon local ig at 4.20, an ezen others.

nce of sharks nd around the s a dearth of s thought that volcanie disst Indies have migrate to the Atlantic.

Quality should always be the first consideration, price the next, remember this if you are ever tempted to buy a Jea which does not bear the brand Blue Ribbon

The Rose and Lily Dagger

A TALE OF WOMAN'S LOVE AND WOMAN'S PERFIDY & & &

"Dear me," he said, regretfully, ing. papa. I had never thought of "and I might have pulled off the it before." stakes! That would have been ten | The major laughed slightly. or twelve pounds at least. A good deal can be done with ten or twelve you women noticed, my dear," he repounds, my dear. It's a great pity." marked. "So it is," said Elaine, suppressing a smile. "But you weren't sure | Elaine dreamily.

of winning it, you know." the major, reluctantly. "But I ing on his gloves-he always, wore might, I might, my dear. Well-" gloves, although he might be only be paused and looked round the going down the town and back. "And, red bunting was glowing a deeper Scone, who is a mos' respectable man. They was for the love of having it? room and out at the window again by George, he is so confoundedly well helplessly. "If you haven't got it off; at least, he has expectations. glow. She was thinking not so I can't have it, can I?"

"I'm afraid not," she said, "Never mmd, dear, try and think you would be sure to have lost it, and that will console you.' The major accepted the sugges-

tion rather doubtfully. "Yes, oh, yes," he said. Then, after a pause, "I-I think I'll just run down to the club again, Elaine. You don't care to walk down as far with me, do you?"

"I do care very much, dear," she replied. "But I've got the pudding to make, and my dress to alter, and your coat to mend, and-oh, hal! a hundred things to do!" "Always busy, always busy,

Elaine!" said the major, with that cheerfulness which characterizes ldle people when they are commending the industry of others. "Just like your mother, my dear. Ah, dear me!" and he sighed -comfortably - and shook his head. "And you get more like her in face and figure, too," he woman, Elaine."

and more tender at his words, and at their close she bent forward and put her white arm-not her floury direction .. There was no human hand, however -round his neck, being in sight, and the only and kissed him.

called this afternoon?"

day, papa; no," she said, not ex- flying lazily in the soft breeze. actly with coldness, but with re-

"That's strange," said the major. "He offered to play me two hundred up-billiards, you know, my dearthis afternoon, and I thought he'd i call, on his way to the club. By gad, perhaps he's waiting for me there." And he took up his hat-the major would under no circumstances have been guilty of keeping it on in his daughter's presence-and settled it a flag when they are in residence; baby and mother's friend." "Capital fellow, Charlie--"

her taper linger. "Eh? Of course. Didn't you know couple of hours, perhaps, certainly ville, Ont.

his name was Charles?" replied the not more than a day or two." Elaine "excepting that you have brought him home to dinner once or

Twice." "Oh. I thought you and he were rather good friends," said the major carelessly. "He's a capital young to, I should say!" fellow. Good looking-don't you

think so?" Daine raised her eyes from the spoon, and fixed them vacantly on the view that was framed by the window; a view worthy of the pencil of a Turner-a lovely little valley with a tree-clad hill behind, a tiny river running in between and winding round a rambling old mansion whose time-worn stone gleamed in the sunlight, where it was not hidden by the ivy and the trees. She was silent a moment, then she

said simply; "Ye-s-I suppose he is good look-

WOMEN'S ILLS

Promptly Relieved and Cured by Dr. Williams' Pink Pills.

an's best friend. They enrich the ahem-a very wild life, my dear, again to-morrow, or he may stay ful and dangerous. By the aid of a blood, tone up the nerves, and Your uncle who knew his father and forever." bring the rosy cheeks and shapely brush but this one appears to be eggs and scarcely listening. Dr. Williams' Pink Pills are the best | Le done ?" asked Elaine, with all the gone to-morrow gentleman, miss. medicine that science has devised for courage of youth and innocence. Dreadful trying he must be to have women at all periods of life. These The major coughed and rearranged in the 'ouse. Mr. Ingram says that pills succeed when all else fails. his eye-glass, Thousands of grateful women en- "Oh. all sorts of things, my dear," him out, and that he swore dreaddorse the truth of these statements. he said. "You Wouldn't understand ful because there was no carriage Mrs. John White, Sanhanatien, Out. if I told you. What has he done! to meet him at the station, forgetsays: "It gives me pleasure to bear What hasn't he done ? would be ting as he'd said to-morrow intestimony to the great value of Dr. the better question. It's a wonder stead of to-day, in the telegram: the ailments that affect so many believe there's no end to his wealth he won't notice anything, and don't women. I suffered greatly, and the even now, and though he has been appear to know what's going on. periods were very irregular, but making thacks and drakes of the And as to mealsthanks to these pills I am now money ever since he came into it." Bridget, all this is very interquite well and free from the pains that made my life almost a burden. I cheerfully give my experience for

the benefit of suffering women." Remember that the full name 'Dr. no; quite young. Thirty, thirty- the meals at the castle. He says that discharge from the service, with a per what they hear or read; to the weak and exhausted. Gradually and Williams' Pink Pills for Pale People" two, or something like that."

Williams' Pink Pills for Pale People" two, or something like that."

Sometimes when there's a dinner despondent and discouraged, Dr. naturally it builds up the system, ready as might be set before a king, also on the wrapper around every box, also on the wrapper around every box, also on the wrapper around every box. as on the wrapper direct to the Dr. alue, with all the superiority of his lordship won't come in for hours landlady of an inn near London, ing new hopes and ambitions. By not storatives, its effects are as cor-Williams' Medicine Co., Brockville, Will be mailed, and the pills will be mailed, post paid, at 50c per box, or six per per box, or six per per box, or six per per box boxes for \$2.50.

"I thought it was the first thing

"Some women, perhaps," assented passage Elaine heard his still melo-

"Well, Saerwin is good looking. "No, no, that's true," assented anyway." esumed the major, smooth- operas. Uncle a rich cotton spinner, or iron- much of the marquis as of the beaumaster, or something of that kind, tiful house standing in the midst of I believe. Wish my uncle had been the lovely valley, with its wealth in trade, and I'd been his heir," add- of foliage and purling river, and ed the major, pathetically,

> sition then, my dear, and moved in sion a score of times, and then only your proper circle, instead of-of-liv- for a few hours or days at a time. ing in a miserable village, in a The door opened with the bang miserable two-penny, half-penny which Bridget always managed to town among a lot of second-rate give it, and that faithful hand-

> provincials, Elaine smiled consolingly. "Never mind, dear. They are very nice people, and we are very hap- she exclaimed, triumphantly. "And py, aren't we? If there were no a rare job I had Really, that old bakers' and butchers' bilis we should ! be quite happy, shouldn't we?" and

she sighed. "Ah, those butchers and bakers!" said the major.. "I declare whenever I see one of their wretched Mothers Should Exercise Great Care | English Woman Who Served Honorred-covered books my heart sinks into my boots and- Why, confound added. "She was a very beautiful it, that wild devil is down here again!" he broke off, leaning across at some time, and mothers cannot Elaine's face had grown graver the table, and staring out of the

Elaine looked in the same alteration that had taken place in The major patted her cheek lov- the view was a slight one that might

this moment gone up."

disguised interest. jauntily on his grimish white hair, and the Nairnes are one. The right | These tablets are guaranteed to "Meaning Captain Sherwin, papa?" seamp!-and this wild dev-and said Elaine, balancing a spoon on Nairne always does it. I wonder a box, by writing direct to the Dr. Lansing graybacks, but this is the

> They stood looking at the house in silence for quite a minute, then Scone was a most imperent. You of being recognized by him, she de-Elaine said:

papa?

The major shook his head.

"He never comes into the town? The major shook his head again. one has ever seen him. They say cows." that he doesn't leave the Castle! grounds when he is down here, or if he does that it is only after dark. The rector told me he once met him gaged talking to Mr. Ingram, the ing for the possession of India at

two o'clock in the morning-' "What was the rector doing out at ! tion." that ghostly hour " asked Elaine,

"Been to see a sick parishioner, your nature, Bridget."

CHAPTER II. "Is he an old man?" asked Elaine to dust?" with languid curiosity. "Oh, no," replied the major. "Oh, tell you what Mr. Ingram said about being ended, obtained an honorable trate their thoughts and to remem- Food commends it to all who are

major, and he smoothed his mous- castle grounds, or eats a meal anytache with his perfectly gloved hand. where but at home." in wickedness if he's young in years. | Elaine. Barefield?" he added, musingly. "In the middle of the season, too. Not that he cares much about the season. Shouldn't wonder if he has London, and has come down here talking, Bridget."

out of the way.' Elaine smiled. "What crime could such a manand a marquis-commit in London?" she said. "Break into a church-or what, papa?"

The major laughed. "I don't know. Oh, he's equal to that, and wouldn't hesitate to do it, I should say, if he thought it would amuse him. At any rate, he wouldn't be balked by any fear of

ner, Elaine?' "Not to-might, dear," she said. 'There is only cold mutton andwell, it depends upon Bridget's powers of persuasion whether there will even be a pudding."

"Ah, well, well," said the major, drawing an easy sigh. "Confound the tradesmen! Give me a kiss, my dear, and I'll be off."

She leaned forward, and he kissed the beautiful flower-like face lovingly and proudly enough, and as he went jauntily down the narrow dious voice humming an air from the last of the Sullivan and Gilbert

Elaine looked at the flag absently; the sun was sinking, and the crimson than before in the warm wondering at any one, mad and Elaine smiled. She was fully aware | wicked though he might be, ever of her father's pride in their ances- leaving it. Since she had come a child to Barefield, the flag had only "You'd have filled your proper po- waved above the white stoned manmaid entered, bearing the jug care-

"Well, I've got it, Miss Elaine!"

SAFETY FOR LITTLE ONES.

in Choosing Medicine for Children Every little one needs a medicine

be too careful in making a selection. | marched to the wars with the arm-The so-called "soothing" prepara- ies of their country and performed tions invariably contain opiates and valorous deeds. The experience of home. Men and women are no longer other harmful drugs which stupify Hannah Snell, an English woman, companions in our country. The man the little one and pave the way to is perhaps the most remarkable of is out rushing after money, the wife a constant necessity for the use of any on record. Hannah was born and the children attending to their narcotic drugs. Undoubtedly the in 1723, and was a strong, healthy social duties. They drift further ingly, then in a lighter tone said: well have escaped notice. It was cine for little ones is Baby's Own sort, who much preferred pitching Women, we are responsible for By the way, has young Sherwin this; While the major had been in- Tablets. They are mildly laxative hay or driving a mettlesome horse these things. We think that we must veighing against tradesmen's books and gentle in their action and cure to the ordinary round of work in have things because our neighbors A blush so faint as scarcely to be a red flag had glided up the flag-post all stomach and Lowel troubles, re- the kitchen. When she was 20 have them, and we keep the wage called a blush rose to Elaine's face. rising from the tallest turret of the lieve simple fevers, break up colds, years old she married a sailor nam- earners continually at their work." "Captain Sherwin has not been to- | house in the hollow, and was now | prevent croup and allay the irrita- | ed Summs, a good-for-nothing feltion accompanying the cutting of low, who squandered her small sav-"I-I beg your pardon, my dear," he | teeth. Where these tablets are used | ings and deserted her within six said, apologizing for the strength of little ones sleep naturally because months. Hannah resolved to find his language. "That flag wasn't the causes of irritation and sleep- her worthless husband and punish hoisted when I came in, was it?" lessness are removed in a natural him if possible, so she donned a "No," said Elaine. "It has only just | way. Experienced mothers all praise | suit of his old clothes, and set out | this medicine. Mrs. H. H. Fox, Or- and walked to Portsmouth. Here The major looked at it with un- ange Ridge, Man., says: "Baby's her search was unsuccessful and Own Tablets are the best medicine her few shillings being at an end, der, and in a voice shaking with em-"Oh, yes, he's back. There are only I have ever used for children of all she enlisted in a regiment of in-

was granted by Henry VIII .- the old | contain no op ate and can be given | to a new-born babe. Sold by all how long he is going to stay. A Wil iams' Meliene Company, Brock-

for her sake, I'd--''

"No, never; and am never likely have got it, and it's very clever of India, Hannah soon found herself you to have done so; though you aboard a transport. Here she was have been gone so long that I thought you had taken French "I don't trink so; at any rate, no leave, and milked one of Mr. Scone's

Bridget colored rather guiltily. "Well, to tell the truth, miss, I did | the ship. wait a little, for Mr. Scone was entramping along Warden's Lane at house steward at the Castle, and I that time, and Hannah's regiment Thence returning chilled and perished

I suppose; and that's the only time | "Yes, miss. The Castle's all in a | Eleven weeks they lay before the he has been seen in the place, I'be- flurry, so it seems. Mr. Ingram had place, suffering hardships that lieve, though they tell all sorts of a telegram to say the markiss was broke down many a strong soldier, wild stories about his driving tan- coming down to-morrow, and lo and but Hannah stuck to her duties dem through the streets after behold if he doesn't come down to- and was in the very front at sevday, all unexpected; and Mr. Ingram | eral assaults upon the city. Rain "He must be a strange man," said had run up to see if Mr. Scone could finally forced the British to aban-Elaine, thoughtfully. 'Is he - mad, send down two of his sons to help in | don their position, and in fording the stables. Not that Mr. Ingram a river under fire during the re-"No. no," replied the major. "That knows whether they'll be really treat she received twelve wounds, Dr. Williams' Pink Pills are wom- is, only in a sense. He has led a- wanted, for his lordship may be off several of which were both pain-

strongthen the vital organs to per- grandfather, told me that the "That would be a long visit, Brid- whom Hannah revealed her secret, form their functions regularly. They Nairns were all tarred with the same get," said Elaine, beating up the she succeeded in remaining undisforms that tell of good health and the worst and the maddest of the "Yes, miss. Mr. Ingram says he needed for her recovery. Quite unhappiness. To the growing girl they lot. I suppose if he'd been a mere never knows; and he says he be- daunted by her suffering, she set are invaluable. To the mother they commoner-a plain mister, he would lieves the markiss himself don't out for England, working her pasare a necessity. To the woman of have been laid by the leg long ago". know. It's just as it comes into his forty-five they mean relief and ease. "Is he so very wicked? What has head. He's a sort of here to-day and sometimes the least thing will put Williams' Pink Pills as a cure for the property has stood it; but I and sometimes Mr. Ingram says that

> esting, no doubt, but what about the drawing room you were going

She looked at him with a gentle . "That must be a performance uneventful life to the end of her worth seeing," said Elaine. "You will never be old, dear," she "Just as if he'd had his dinner, shown her the superiority of men's which of course he can't have had, clothes, and she never wore skirts "Thank you, my love," said the because he never goes outside the again.

"At any rate, the Marquis is old | "The drawing-room!" suggested I wonder what brings him down to "Yes, miss," said Bridget, "I was Woman's Extravagance Overtaxes

just going. Did I tell you about that Miss Inchley, Miss Elaine?" "I don't think so," said Elaine, absorbed in her pudding. "But never Burdette said: been up to some deviltry up in mind. You mustn't tire yourself with

least, miss," said Bridget, cheerfully ignoring Elaine's irony. "I was only going to say that while we were talking, who should come up but her. I don't know why it is, Miss Elaine, but I really can't abear that Miss Inchley. Perhaps it's because she's got red hair -- '

Elaine could not repress a smile. the consequences. Well, I must be off, never could like a person with hair | than one-half of all the heartaches in I expect Sherwin will be waiting for like hers. And she gives herself such the world are made because these me. Shall I bring him back to din- airs, too. And only the housekeeper's ties are held so lightly? It is our niece after ali! I've heard some peo- duty to see that they are held more ple says as they thought her pretty! sacred. It has been shown that di-Pretty! Why, her eyes are green, vorces are increasing three times as right down green, Miss Elaine; and last as the population, then if that as to her figure-well, give me a lit- increase keeps up, in the next ten tle more flish and blood for my years the separation of husband and

resignation of despair.

"Yes, miss, there it is. She came up in that quiet-1 call it sneaking-way of hers, and said, quite as if she was the mistress of the Castle and everything in it, 'Mr. Ingram,' says she, looking at him full in the face, 'his spent for jewelry ? Do men wear jewing for you.' And off she goes without put behind the bars for embezzling nights and the stain will disappear. so much as a word to me or Mr. large sums. Did the men want the Yes, miss," for Elaine had held up her white hand with a gesture of entreaty and command, "I'm going!" the wife and daughter shining in so- cheaply by dissolving in a little hot But as she opened the door she man- ciety when the husband and father is water as much epsom salts as the aed to add: "And dressed like a regular lady, too, miss! A fur cape round her shoulders, and a felt hat like Mrs. Bradley's, the rector's lady. And what time will you have the dinner, Miss Elaine?"

"Half-past eight, as usual," said Elaine, and closed the door with her foot to stop any further flow of the simple living. When I say that we bristles-is not atways understood. torrent of words.

Then, the pudding being quite ready ed, with more or less safety, to Bridget, Elaine ran up to her own room, put on her hat and light summer jacket, and went into the garden.

(To be Continued.)

SHE BECAME A SOLDIER.

ably Through Campaign.

In the history of all nations there are instances of women having two families rightly privileged to fly ages. They are truly a blessing to fantry, and was sent to Carlisle, gods of war, I have been bled by Io-

near the Scottish border. Soldier life proved very attract- driven almost to insanity by Sagiman whom she had known at home find out the number of my room." Rare gems, now unhidden, flash joined the same company: fearful tell Miss Elaine, with my compli- serted, walked across England and "Have you ever seen the marquis, ments,' says he, 'that if it wasn't re-enlisted under another name in Lo, at last I am in clover, the city of London. Her new regi-For no more I hear my boys, "Never mind," said Elaine, "you ment being immediately ordered to Now the holidays are over, not long in becoming a favorite | Ended is each children's party with everyone by reason of her skill in sewing and cooking Appetites unduly hearty and for real bravery during several severe storms that nearly wrecked

> couldn't interrupt their conversa- had no sooner arrived off the southeastern coast of that country been rudeness entirely foreign to part in the siege of Pondicherry, a town held by the French army. covered during the long months sage as an ordinary seaman in a home-bound ship in all sorts of weather. Voyages were long and tedious in those days, and it was some months before she arrived at Lisbon, Portugal. Always on the into the sea-a common enough the perve force of the body. eighteenth century punishment.

A short time after this Hannah feet that they are losing their grip | The blood-making, nerve invigor-"Yes, miss; but I was going to landed in England, and, her search on life, find it difficult to concen- ating influence of Dr. Chase's Nervo and was quite satisfied to lead an body. At the same time you will & Co., Toronto.

days, but her odd experience had

ABUSED HUSBANDS.

Man of To-day. In a recent lecture Mrs. Robert J.

"If each club woman would stand for the sacredness of the marriage vorces in the country to-day and fewer sorrows and heartaches. I know you will think it is not necessary for you to interest yourselves a carpet will prevent all danger in this question, because things are from moths, which have a strong running smoothly and happily in your obejction to printers' ink, and will own homes," she said, "but, my dear women, we have got to look out for their eggs. our children, for the next generation. "Well, miss, you may laugh; but I Do you know, mothers, that more wife will be greater through divorce "And give me the saucepan for the | than through death. We are a great

> can do a great deal in this work. "There is another thing, too, for which we women are responsible. In this day and age men are money mad. and their daughters to shine. Fancy from any window you can do it very behind the bars. We women are re- water will absorb. Paint this over says his wife must have a servant. of ground glass. He prospers still further and his wife wish you could just throw out in the Bazar. streets. There's that chair that isn't really an ornament. You don't know

to get rid of it. "Simple living means simpler table and fewer gowns. Oh, mothers, teach the sorrowing widow of the late layou" daughters that not everything is to be found in beautiful clothes, dress was read, making touching rethat there is more in life than dress. ference to the neighborly qualities A noted Frenchman has said that the separation of husband and wife is the danger which threatens the American

They Are After Him. An exchange is responsible for the following: Just as a commercial traveler was writing his name on the . The gems in our keeping, forever register of a hotel in Ovid, Mich., the other day, a bed bug appeared and meandered slowly over the pages. The man of grips paused in open win- With quiet insistence the waves far otion, sald: "Well, by the eternal Were sapping and mining with sure nia flees, bitten by Owesso spiders, And low laughed the waters; "O ive from the first. Hannah quickly naw jiggers, crawled over by Bay learned the drill and was much City razzlejacks, and in erviewed by Lo, cycles and cons leave ages begoing from station to station quite first place I was ever at where bed With bright bands and golden the unsuspected. But soon a young bugs looked over the register to

For This Relief - ?

Making a confounded noise. Where, while pandemonium reigns, The wreck of the mountain is spoil

pains! England and France were fight- Now no more her offspring cherished Every parent fond beholds, And contracting sniffling colds.

Lead to strange and fearsome

"Certainly not; that would have than it was sent on shore to take Yet though some may think me only Just a sentimental fool, Well, the house seems rather lonely "Of course not; they locked up Since the boys went back to school. the people who went crazy."

...HOUSEWIFE. ***************

Clean mirrors with whiting, let-

ting it dry on the surface of the glass

and then polish off with a very dry

If vegetables have become frosted peel or otherwise prepare them for co king and cover them with cold, "Oh, I'm not tired in the very relation, there would be fewer disalty water, leaving them in a fairly warm room over night.

A good layer of newspapers under not come anywhere near it to lay

If your best set of china has gut on it, never wash in soapy water. Use some ammonia in the water in place of soap. If you use soap you will find that after a year or so the gilt will disappear.

To remove marking ink from linen paint the mark with a solution of potassium, applied with a camel's hair brush. As soon as the ink distapioca," interrupted Elaine with the power throughout the world, and we appears the linen should be well rinsed in cold water.

To remove mildew from calico: Mix soaft soap and powdered starch with Why? Do you know that last year half the quantity of salt and the juice hundreds of millions of dollars were of a lemon. Lay this mixture on the calleo with a brush, and let the lipen lordship has arrived, and will be ask- elry? During the year 621 men were lie on the grass for a few frosty

> They wanted it to help their wives If you want to shut off the view sponsible for these things. We want the windows while hot, and when dry too much. A man prospers and he you will have a very fair imitation

must have two servants. He prospers The care of good brushes and by more and she demands another and this is not meant simply those with so it goes. We must learn the art of costly backs, but first those of good must live simply, I do not mean that When the brushes are kept in an we should take the vows of poverty. open tray it is a good plan to profor the baking, which could be trust- There are certain tilings which we vide a little case made of watermust have to make the home attract- color paper to slip over the bristles ive, but we do not need so many of each brush. A similar one of comthings. Now, honestly, isn't your | mon wrapping paper is useful to home filled with lots of things that cover a silver-backed brush when you don't really want and that you the metal needs polishing.-Harper's

The ladies of Regina, regardless why you bought it and you would like of creed, social position or political leanings, met a few evenings ago and paid a very high compliment to mented Nicholas Flood Davin. An adof Mrs. Davin, and a very handsome and costly watch and chain was presented as a memento of her six years' residence in Regina. Mrs. Davin's reply was made in a tone showing that she leaves the west with feelings of deep regret. The whole thing was a most graceful act.

Pride and Perseverence.

Boston Transcript. "Ho! look to the mountains; eternal they rise. The hills are our footstools, we nil-

lar the skies." And, haughtfly pointing adown its gray side

we'll hide." That time will determine," a low voice replied.

ebb and flow.

Time will decide." sea beach is lined. sparkling and free. Ride storm clouds where erstwhile the cliff shouts in glee.

Old Time has decided who victor shall be. The calm pulse of Nature beats on as of yore; Perseverance has triumphed, and will evermore.

Cases of Lunacy.

of the sea.

Baltimore News. "Yes, I know of one case where excessive use of the plano actually caused lunacy." "Isn't that awful! And did they lock up the crazy planist?"

ou Cannot Live Without Sleep

Hindoo woman in the hospital, to Unless the Nervous Energy Daily Consumed is Made Cood by Rest and Sleep Physical and Mental Bankruptcy is Inevitable-Dr. Chase's Nerve Food.

> Sleep, is as necessary to life as , feer the thrill of new, rich blood in is food or water. A single night of your veins, and new vigor and enwakefulness unnerves most people, ergy in every nerve fibre. and when sleeplessness becomes Mr. W. Hawken, of No. 3 Roden chronic it soon leads to mental and Place, and who is employed in physical co lapse, prostration, para- Haight's Candy Works, Toronto. lysis or insanity.

Sleeplessness is an unmistakable "I was troubled for a long time watch for news of her husband, symptom of nervous exhaustion. with very severe headaches. I was she made inquiry, and at last found Opiates may give temporary relief, very nervous, had no appetite, and a seaman who had made a voyage but have a terrible reaction on the could not rest or sleep well. The with Summs a year previous. Ac- pervous system. Dr. Chase's Nerve regular use of Dr. Chase's Nerve cording to his story, they had Food cures sleeplessness, just as it Food has greatly improved my appe touched at Genoa, Italy, where cures nervous headache nervous dys- the I sleep splendidly and the head-Summs, being found guilty of mur- pepsia, irritability, restlessness and aches are entirely gone. As a matder while carousing ashore, had all the other symptoms of nervous ter of fact, I feel like a different been sewed in a sack and cast exhaustion, by actually increasing person, and can recommend the

To the nervous and exhausted, who has been the means of curing me."

Ont., states:

medicine very highly, as I know it