

THE WIFE'S DUTIES IN THE HOME.

(Written by Bern Rogers and published by request of the Baptist Women's Institute.)

It is my purpose in dealing with this subject to confine my remarks to some of the wife's household duties of the most importance, leaving out the minor duties, thereby making this paper as brief as possible. In the first place it is the duty of a mother to have taught her children, who are a candidate for matrimony, all those lessons that are indispensable in making a home happy.

lying on the floor with a man standing over her and kicking her. I am afraid my peace principles did not operate at that moment, and with the aid of my riding-whip—a heavy one—I was on the point of cracking the man's skull, and harkening myself with lifelong remorse, when the policeman came hurrying up. Then the woman's cries ceased and she got on her feet and straightway protested to the policeman that her husband had not touched her, that she had fallen of herself and that the gentleman had been mistaken.

Sunday School.

INTERNATIONAL LESSON NO. X. JUNE 8, 1902.

The Council at Jerusalem.—Acts 15: 22-31. COMMENTARY.—Connecting Links. After returning from the first missionary journey, Paul and Barnabas abode in Antioch a "long time." They were taking a much needed rest and attending to the home work.

THE MARKETS.

FOREIGN MARKETS.

June 2.—Cotton receipts amounted to only 700 bales on the street market this morning. Prices were steady for wheat and higher for oats. Wheat was steady, 100 bushels of white selling at \$3.35 per bushel, and 100 bushels of red at \$3.25 per bushel.

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PUL-MO

IS THE ONLY ABSOLUTE CURE FOR Consumption and all lung troubles. One dose gives relief. One bottle often cures. A FREE BOTTLE to every reader of this paper.

Dick's Blood Purifier

This shows how to use them. It will kill all the germs in the blood. It will purify the blood.

Flow of Milk will be increased.

Why go to all the trouble of keeping cows and get only about half the milk they should produce.

Dick's Blood Purifier

ensures the digestion and invigorates the whole system so that the milk is drawn from the udder just the same amount as for a cow when she has three quarts as when she has one.

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WHAT IS A CITIZEN'S DUTY?

By HALL CAINE.

On the evening of a recent bank holiday I was walking in one of the quiet thoroughfares on the edge of the city when I came upon a man and a woman quarrelling. The man's pearl buttons and bell-tommed trousers seemed to say that he came from the east end of London. He was drunk and the woman was crying and he lifted up his fist to strike her. I called to him to stop, but he did not hear me and at the next moment his fist fell with a heavy blow on her breast. The woman's first impulse was to strike back, but her hand dropped and she ran down a side street. The drunken ruffian ran after her, caught her and lifted his fist to her again.

SNEEZING SUPERSTITIONS.

Coming to our own country, it is somewhat quaint and interesting to find a superstition of the sort still existing in these so-called enlightened days of universal education in our midst, it being still the custom in the Midlands, when a child sneezes, for the grandmothers to cry out, "God help you!" while it is also a very common belief that anyone who sneezes three times before breakfast will shortly receive a present of some kind; this superstition taking no account of the chilliness of the early morning. Another pretty general superstition regarding sneezing is: Once, a wish. Twice, a kiss. Thrice, a disappointment.

FOR PEACE IN THE FAMILY.

Rules for Treatment of Mothers-in-law.

A writer who lived for more than twenty years in China has completed a translation of the accepted authority on Chinese etiquette written by Lady Tsai, of the Han dynasty nearly eighteen centuries ago. It contains the following instructions as to the correct behavior of a wife towards her husband's mother: When your mother-in-law sits you should respectfully stand. Obey quickly her commands. In the morning early rise and quickly open the doors. Making no noise to awaken her. Her toilet articles hasten to prepare. Her washbasin and towel. Her toothbrush and powder. Let her see the water be too cold or too hot. When the mother-in-law awakens. All these things respectfully present to her. Then immediately retire to one side until her toilet is completed. Then approach and present the morning salutations. Again retire and prepare her tea. Quickly and cheerfully carry it to her. After which the breakfast table arrange. Place the spoons and chop sticks straight. Then get the soft and Let the meat be thoroughly done. From ancient days until now. Old people have had sick teeth. Therefore, let not the food be so dry. When your mother-in-law With labor vails eat. Daily the three meals. These carefully prepare. When darkness comes. And you great one (mother-in-law) desire to sleep. Carefully for her spread the bed. And you may peacefully rest. All your superiors will praise you; All that know you will esteem you as good. When a lazy man stops to think he is seldom able to start again. If I know a man who never has gold feet in winter. Ask—So? What does he wear? His—Wooden legs.—Chicago News.

WOULD YOU LIVE LONG?

Rules for Preserving One's Self One Hundred Years.

1. Eat only food and drink nothing but liquids. 2. Chew your food; don't chop it with a hatchet; chew nothing but food and eschew hot stuff. 3. Take exercise; don't let the nurse carry you after you are six years old. 4. Don't be afraid of fresh air; it can't injure you. 5. Fight up when the sun rises; or rather make him get up when you do. 6. Don't ride when you can afford to walk and vice versa. 7. Bathe frequently in water or sunlight, but avoid tears. The girl in the book who is frequently found bathed in tears is, as a rule, nervous and weak. 8. Smile; if your face can't entertain a smile, let the invitation be extended by the soul. 9. If the world wants to laugh when you laugh, let the world laugh; but when you want to weep, call the world in, tell your troubles and make the world weep with you. 10. If, after obeying these rules of science, you should die before the clock strikes 12, let it be provided in your will that your body be preserved in alcohol, so you can make out the balance due you on account with one hundred years.

She Had Nervous Prostration.

Was Very Thin, Weak, Nervous and Run Down—Fully Restored by Using Dr. Chase's Nerve Food.

There are few diseases more difficult to cure than nervous prostration. Before the discovery of Dr. Chase's Nerve Food, usually gave some stimulant to whip up the exhausted nerves and quicken the heart's action. Dr. Chase's Nerve Food acts in an entirely different way. It gradually and naturally creates new nerve force, and builds up the system. You can prove that it is benefiting you by keeping a record of your weight while using it. Mrs. S. W. West, Drayton, Wellington, Ontario, writes: "About two years ago I got terribly run down and finally became a victim of nervous prostration. I had no appetite, seemed to lose interest and ambition, and could scarcely drag myself about. Hearing of good results from the use of Dr. Chase's Nerve Food, I used three boxes, with great benefit. In a short time I gained fifteen pounds, and as I was very thin when I began to use the remedy, I was very proud of the increase of weight. Then the following spring I became rather poorly, and they again built me up, and gave me such a good appetite that I wanted to eat nearly half the time I was. So, pleased with the cure the Nerve Food had obtained from this preparation, I recommended it to others, and they have told me of the benefits they had obtained from this preparation. You may use this testimonial in order that others may learn of the good there is in Dr. Chase's Nerve Food." Dr. Chase's Nerve Food is sold at 50 cents a box at all dealers, or Edmanross, Bates & Co., Toronto.