How To Gain Flesh

Persons have been known to gain a *pound a day* by taking an ounce of SCOTT'S EMULSION. It is strange, but it often happens.

Somehow the ounce produces the pound; it seems to start the digestive machinery going properly, so that the patient is able to digest and absorb his ordinary food, which he could not do before, and that is the way the gain is made.

A certain amount of flesh is necessary for health; if you have not got it you can get it by taking

Scott's Emulsion

You will find it just as useful in summer as in winter, and if you are thriving upon it don't stop because the weather is warm.

50c. and $1.00, all druggists.
SCOTT & BOWNE, Toronto, Canada.

Reflections of a Bachelor.

Take care of the pennies and the pounds will spend themselves.

What a man wants to do with a woman is to love her in her way and let her love him in the same way.

You can fool a woman into thinking she is fooling you, but you can't fool her into thinking you are fooling her.

When a woman goes into a dry goods shop to buy a spool of thread she begins by pricing $2,500 Russian sables.

When a man says it is snowing he means that it is snowing now; a woman means that it was snowing yesterday or will snow to-morrow, or that it is doing anything but snowing now.—N. Y. Press.

Keep Minard's Liniment in the House.

His Answer.

"Why I love you?" Hard the task,
Because to find to such a why—
Will it answer what you ask
That you are you and I am I.

If I tell of eyes and hair,
Make list of charms, long, incomplete,
Time will come, mark each less fair—
Eyes and lips, sweet hands and feet.

But love takes little heed of time,
And so you see there is no why—
But reason and some sort of rhyme
In you are you and I am I.

Dear, be content to have it so,
Leave pedants their insistent why,
And count it wisdom just to know
That you are you and I am I.

—Westminster Gazette.

Grumbling and complaining will not take out the pain of an insect's sting, but Perry Davis' Painkiller will do so every time. Apply it with your finger to the sore spot. Price 25c. and 50c.

Emphasis Needed.

Editor—Look here! In speaking of your opponent's asininity you spell asininity with two s's.

Politician—Well, it was a pretty bad case.

Piles To prove to you that Dr. Chase's Ointment is a certain and absolute cure for each and every form of itching, bleeding and protruding piles, the manufacturers have guaranteed it. See testimonials in the daily press and ask your neighbors what they think of it. You can use it and get your money back if not cured. 60c a box, at all dealers or EDMANSON, BATES & CO., Toronto.

Dr. Chase's Ointment

Breaking It Gently

"Mamma, if people upset the salt-cellar, they have a quarrel, don't they?"

"Yes, dear."

"And if they don't upset the salt, they don't quarrel, do they?"

"No, darling. But why do you ask?"

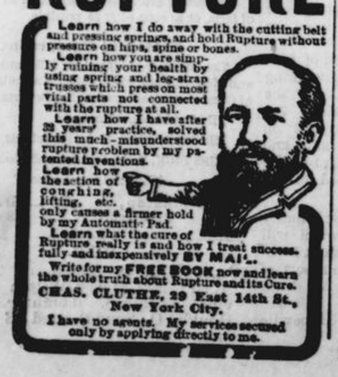
"Well, it wasn't the salt-cellar I upset; it was the ink-pot."

Minard's Liniment is used by Physicians.

Advertising vs. Merit.

The enormous sale of most medicines has depended entirely on large advertising. The enormous sale of Merrill's System Tonic has arisen solely from the merit of this wonderful compound. We say it is the best medicine to purify the blood, build up the system, strengthen the nerves and regulate the bowels made. Invest 50c in one bottle and you will know we speak only the truth. Sold by Parke & Parke, druggists.

RUPTURE



Learn how I do away with the cutting belt and pressing springs, and hold Rupture without pressure on hips, spine or bones.

Learn how you are simply ruining your health by using spring and leg-strap trusses which press on most vital parts not connected with the rupture at all.

Learn how I have after 32 years' practice, solved this much-misunderstood rupture problem by my patented inventions.

Learn how the action of coughing, lifting, etc. only causes a firmer hold by my Automatic Pad.

Learn what the cure of Rupture really is and how I treat successfully and inexpensively **BY MAIL**.

Write for my **FREE BOOK** now and learn the whole truth about Rupture and its Cure.

CHAS. CLUTHE, 29 East 14th St., New York City.

I have no agents. My services secured only by applying directly to me.

FARM AND GARDEN

ROPINESS IN MILK.

The slimy, viscid condition of milk has been a source of perplexity and abhorrence to all dairymen and milk dealers at one time or another. It is quite commonly supposed to be always due to a diseased state of the udder, known as "garget;" but we are told in the last farmers' bulletin from the Cornell experiment station that this is a "mistaken belief." There is "ropy milk" that is due to garget and may always be known by its yielding on standing a viscid or even bloody sediment. But what the milkman knows as "ropy milk" is not that. This bulletin tells us that this kind of ropy milk contains bacteria known to science as bacillus lactis viscosus. They live naturally in water, and preventive measures are most important. Some are these: Wash and scald the milk utensils after use.

Merely rinsing them will not do. Bacteria may be introduced by that very act. Keep the cows' udders clean. The floors of all rooms where ropy milk is kept should be disinfected with a mixture of five parts of crude sulphuric acid to 95 parts of water. All milk utensils should be scalded most thoroughly daily. Never let cold water come in contact with utensils unless they are scalded before using for milk again. Exercise the greatest care to prevent even a drop of water from the cooling tank getting into the milk. That occurrence is probably the most common cause of trouble from ropy milk. If water must be spattered about, the cans standing in ice water should be covered. Utensils, after washing and scalding, should stand upside down to prevent the accumulation of dust on the inside.

Cover Crops and Fertilizers.

Prof. I. P. Roberts, of Cornell University, says: Cover crops may in a measure take the place of fertilizers and manures. They are not, however, a universal panacea for all soil deficiencies, neither are they a full substitute in all cases for fertilizers. There is always a wide field for the profitable use of one or all on the concentrated forms of fertilizers named, and in many cases there is also a special place for the use of fertilizers, therefore the more need of honest goods. Commercial fertilizers furnish available plant food, but no humus. The cover crop furnishes both, but it is only fair to say that the plant foods in the former are more available than in the latter. Cover crops improve the physical condition of the soil little or none. The humus furnished by the cover crops increases the availability of the plant food already in the soil; fertilizers do not. Cover crops shade the land and conserve moisture.

It is impossible to accurately compare the cost of fertilizers with the cost of seeds for the cover crops, and the preparation of the soil for them. The cost of increasing productively by extra tillage, by the use of fertilizers, by cover crops or by all three means, can only be determined in each case by the farmer interested. I give below a single illustration of what a cover crop contains, knowing that another cover crop under other conditions might either be more or less valuable. Second growth of clover, furnished in roots and tops per acre, the following: Nitrogen, 138.86 lbs.; phosphoric acid, 67.35 lbs.; potash, 109.90 lbs. There is removed by 25 bush. wheat and accompanying straw, nitrogen, 43 lbs.; phospheric acid, 20 lbs., and potash 27 lbs. It is believed that most of the nitrogen taken up by legumes is secured from the uncombined nitrogen in the atmosphere. The clover did not add to either the store of phospheric acid or potash. The plant took them from the soil and made them available. F. W. Hodson, Live Stock Commissioner.

TESTS OF SEEDS.

Experimental Union Programme for the Coming Season.

The Ontario Agricultural and Experimental Union is prepared to distribute for experimental purposes good seed of leading varieties of farm crops to an average of sixty-five farmers in each county and district of Ontario. Each person who wishes to conduct an experiment and is willing to use great care and accuracy in the work and report the results of the test directly after harvest should select the exact experiment desired and apply for the same as soon as possible. The material will be forwarded in the order in which the applications are received until the limited supply is exhausted. Although material for not more than one experiment will be sent to each person, it might be well for each applicant to make a second choice for fear the first could not be granted.

List of Experiments for 1902.

1. Three varieties of oats.
2. Three varieties of six-rowed barley.
3. Two varieties of hulless barley.
4. Emmer (spelt) and two varieties of spring wheat.
5. Two varieties of buckwheat.
6. Three varieties of field peas for Northern Ontario.
7. Two varieties of bug-proof field peas.
8. Cow peas and two varieties of Soja or Japanese beans.
9. Three varieties of husking corn.
10. Three varieties of mangolds.
11. Two varieties of sugar beets for feeding purposes.
12. Three varieties of Swedish turnips.
13. Kohl Rabi and two varieties of fall turnips.
14. Parsnips and two varieties of carrots.
15. Three varieties of fodder or silage corn.
16. Three varieties of millet.
17. Three varieties of sorghum.
18. Grass peas and two varieties of vetches.
19. Dwarf Essex rape and thousand headed kale.
20. Three varieties of clover.
21. Sainfoin Lucerne, and Burnet.
22. Five varieties of grasses.
23. Three varieties of field beans.
24. Three varieties of sweet corn.
25. Fertilizers with early corn for husking.
26. Fertilizers with Swedish turnips.
27. Growing potatoes on the level and in hills.
28. Two varieties of very early potatoes.
29. Planting cut potatoes which have and which have not been coated over with land plaster.
30. Planting corn in rows and in squares (an excellent variety of early corn will be used).

Material for either number 25 or number 26 experiment will be forwarded by express, and for each of the others it will be sent by mail.

C. A. Zavitz, Agricultural College,
Guelph, Ontario.
Guelph, March 15th, 1902.

Ask for Minard's and take no other.

SETTLERS' LOW RATES WEST

Chicago & Northwestern Railway; every day during March and April, Colonist one-way second-class tickets at very low rates from Chicago to points in Colorado, Utah, Montana, Nevada, Idaho, Oregon, Washington, California, Victoria, Vancouver, New Westminster, Nelson, Rossland and other points in Kootenay district. Also special round trip Homeseekers' tickets on first and third Tuesdays, March, April and May. Full particulars from nearest ticket agent or B. H. Bennett, General Agent, 2 East King street, Toronto, Ont.

It is Health, Not Wealth, That Makes a Woman Attractive.

Dr. Duncan's Periodic Blood Tablets prevent pain and suffering due to weakness of the generative organs.

These Tablets are not intended to cure every ailment, but are made solely and wholly to tone up and strengthen the generative organs. Dr. Duncan's Tablets are the result of the experience of a successful physician and specialist in female troubles. They are alike beneficial to the girl in teens, to the married woman and to those of mature years who are at the period known as "Change of Life."

Each box of Tablets contains a full description of all female diseases with directions in full for treatment.

Price $1 a box, or 6 boxes for $5.

Sent securely sealed on receipt of price, by the Canadian agents, Parke & Parke, Druggists, Hamilton, Canada.

A Diplomat.

"Father, I wish you'd spank me a little bit."

"Why, Tommy, the idea! Spank you—what for?"

"Yes, then I'll cry, and grandma will feel so awfully sorry she'll give me some candy."—Brooklyn Life.

Homes in California.

Retired British army officer, residing in most desirable section of California, has agency for sale of orange, lemon, olive and peach orchards, also tracts of unimproved land. Reliable information furnished to inquirers sending addressed envelope to "Captain W. J. M.," Freeman's Hotel, Auburn, Placer Co., California. Tourists met. Hotel at depot.

LONGFELLOW'S FIRST POEM.

When Henry W. Longfellow, the great American poet, was a little boy of 10 or 12 years, attending the district school near his home in Portland, Me., his teacher requested him one day to write a composition to be handed in the next morning.

Very much disturbed in mind, young Henry sought a little information as to how he should go about his task, and was told to just write his thoughts upon anything he saw or heard, or had seen or heard. This was not of very much assistance, so he went dolefully home, and as no inspiration seemed to come on the way he retired to the barn to meditate. While sitting there a turnip growing just over the fence in the garden of his father's next door neighbor, Mr. Finney, struck his fancy, and proved to be the inspiration he was looking for.

The next morning Master Henry handed in the following composition to his teacher:

Mr. Finney had a turnip
And it grew behind the barn;
It grew there and it grew there,
And the turnip did no harm.

It grew and it grew,
Till it could not get no taller,
Mr. Finney pulled it up
And put it in his cellar.

It lay there and it lay there,
Till it began to rot,
His daughter Sally took it up,
And put it in the pot.

She boiled it and she boiled it,
As long as she was able,
His daughter Peggy fished it out
And put it on the table.

Mr. Finney and his wife
They sat down to sup,
And they ate, and they ate,
Till they ate the turnip up.

Conundrums.

When has a bad baker the best goods? When both are short and crusty.

Why is a hair restorative like a rigid housewife? One preserves the locks, the other locks the preserves.

Why are the Philippine soldiers apparently the happiest of men? They go away and come home in transports.

What author would make a good Othello? Blackmore.

EXAMINATIONS IN MUSIC.

Which note of the scale is the softest? Dough (do).

Which is the lightest? Ray (re).

Which is the fullest and deepest? Sea (si).

Which demands the use of the pedal? Sole (sol).

Which is in the objective most frequently? Me (mi).

Combine two notes and produce moist earth. Mi re (mire).

Combine two notes and find a parent. Si re (sire).

What two notes will defray your travelling expenses? Fa re (fare).

—Youth's Companion.

EXCEPTIONAL OPPORTUNITIES.

To visit all points of the Great West for pleasure, education or business.

The Union Pacific has authorized the following excursion rates:

Twenty-five dollars from Missouri River points to California, Oregon and Washington points every day during March and April.

Phenomenally low rates to the Pacific Coast and intermediate points. Single trip Colonists' tickets open to all during the coming spring and summer.

Special round trip excursion rates will be sold to the Pacific Coast at less than one cent per mile. Choice of routes returning.

People identified with local interests at various points en route will show you every attention. It will be to your advantage to make inquiry in regard to these low rates to the Pacific Coast before deciding on the trip.

Call or address postal card to G. G. Herring, G. A., 126 Woodward avenue, Detroit, Mich.

New York Central and Hudson River Railroad.

The above name is a house-hold word, and the superior excellence of the road should be sufficient to attract most people, but now that the rate is the same to New York and points east as by other lines no further recommendation should be sought. Everybody will tell you it is the best.

Coming Out of Church.

"There he goes—coming out the west door now. Oh, girls, isn't he lovely? And to think of his marrying a widow. Did you hear how it was?"

Chorus of negatives.

"Well, he told my brother Jim, so I guess it's all right. You see, he always tried to kiss every girl he knew about the third time he called, and if the girl wouldn't let him he dropped her at once because she was a prude, and if she did—well, then he said he never knew how many other fellows she might kiss, too. So he always thought he was perfectly safe and would never get married. And one day he called on Mrs. Johns to see her niece and the niece was out or dressing or something, and he kissed the widow and she let him—she said it was just a motherly kiss and no one could object to that. So now they're married. Girls, don't laugh so; here comes the minister."

One fact is better than ten hearsays. Ask Dr. Burgess, Supt. Hospital for Insane, Montreal, where they have used it for years, for his opinion of "The D. & L." Menthol Plaster. Get the genuine, made by Davis & Lawrence Co., Ltd.

A Rapid Run.

The Northern Railway of France has just put into service a new train leaving Paris four days a week, which runs the 186 3-4 miles to Calais in 190 minutes, with a four-minute stop at Amiens; the first 81 3-4 miles are booked, start to stop, 79 minutes. This is the world's record for a train of this distance.

Minard's Liniment Lumberman's Friend.

A Slight Difference.

Irate Father—I thought you said you were worth ten thousand a year.

Would-be Suitor—Yes, sir; but I only get six hundred.

C. C. RICHARDS & Co.

Dear Sirs,—For some years I have had only partial use of my arm, caused by a sudden strain. I have used every remedy without effect, until I got a sample bottle of MINARD'S LINIMENT. The benefit I received from it caused me to continue its use, and now I am happy to say my arm is completely restored.

Glamis, Ont. R. W. HARRISON.

Salzer's Rape gives Rich, green food at 80c a ton.

SPELTZ—What is it? Catalog tells.

SOUTHERN GROWN SEED

FARM SEEDS

1,000,000 Customers

Proudest record of any seedsman on earth, and yet we are reaching out for more. We desire, by July 1st, 300,000 more patrons and hence this unprecedented offer.

$10 WORTH FOR 15c

We will mail upon receipt of 15c in stamps our great catalogue, worth $100.00 to any wide awake farmer or gardener, together with many Farm Seed samples positively worth $10.00 to get a start with, upon receipt of but 15 cts. in Canadian stamps.

25 pkgs. earliest vegetable seeds, $1.00.

Please send this adv. with 15c for above.

SALZER SEED CO. LACROSSE

Catalog alone, 7c. Send at once.

The Flow of Milk will be increased.

Why go to all the trouble of keeping cows and get only about half the milk they should produce.

Dick's Blood Purifier

strengthens the digestion and invigorates the whole system so that the nutriment is all drawn from the food. It takes just the same trouble to care for a cow when she gives three quarts as when she gives a pail. Dick's Blood Purifier will pay back its cost with good interest in a few weeks.

50 cents a package.

Leeming, Miles & Co., Agents, MONTREAL.

Write for Book on Horses and Cattle free.

BUSINESS CHANCES.

CASH FOR REAL ESTATE OR BUSINESS, no matter where it is. Send description and cash price and get our plan for finding cash buyers. Patent Exchange and Investment Company, Toronto, Canada.

PATENTS.

PATENTS, CAVEATS, TRADE MARKS, etc. Home or foreign procured and exploited. Booklet on patents free. The Patent Exchange and Investment Company, Pythian Building, Toronto, Ont.

A BRICK STORE TO RENT, THE BEST corner stand in Brussels. Apply to R. C. Struthers, London, Ont.

FRUIT FARM FOR SALE—ONE OF THE finest in the Niagara Peninsula, at Winona, 10 miles from Hamilton on two railways, 130 acres in all, 35 of which is in fruit, mostly peaches. Will be sold in one parcel or divided into lots of 15 to 20 acres to suit purchasers. This is a decided bargain. Address Jonathan Carpenter, P. O. box 409, Winona Ontario.

WANTED—GOOD HOUSEKEEPERS TO know that electric Polishing Fibre, the chemically prepared cloth, cleans silverware, jewellery and all bright metals like magic. No paste or powder whatever is required; a delightful article. Price 25 cents. Sold by druggists. You can procure it wholesale from the Dominion Drug Co., Hamilton. The Monarch Co., St. Catharines, Mfrs., send trial samples on request.

WANTED Reliable Men in every locality throughout Canada to introduce our goods, tacking up show cards on trees, fences, along roads and all conspicuous places, also distributing small advertising matter. Commission or salary, $60.00 per month and expenses not to exceed $2.50 per day. Steady employment to good, honest, reliable men. No experience needful. Write for full particulars. THE EMPIRE MEDICINE CO., London, Ont.

Wisdom.

She—Oh, I don't think Solomon was such a wise man.

He—Well, he was for those times, dear. Of course, that was before you and your mother came to this earth.

Catarrh Cannot be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo, O.

Sold by druggists, price 75c.

Hall's Family Pills are the best.

ISSUE NO. 14, 1902.

Mrs. Winslow's Soothing Syrup should always be used for Children Teething. It soothes the child, softens the gums, cures wind colic and is the best remedy for Diarrhœa.

IF YOU WANT TO BUY A FARM IN Western Ontario, or city of London, or suburban property, write for our priated lists; some splendid bargains. Western Real Estate Exchange, London.

VERY LOW RATES

Every day during the months of March and April, 1902, the UNION PACIFIC will sell Colonist one-way tickets at the following rates:

FROM MISSOURI RIVER

$20.00 To Ogden and Salt Lake City.

$20.00 To Butte, Anaconda and Helena.

$22.50 To Spokane.

$22.50 To Points on the Great Northern Ry., Spokane to Wenatchee inc., via Huntington and Spokane.

$25.00 To Points on Great Northern Ry., west of Wenatchee via Huntington and Spokane.

$25.00 To Portland, Tacoma and Seattle.

$25.00 To Ashland, Oregon, and intermediate Points, including Branch Lines on S. P. Co., south of Portland, via Portland.

$25.00 To San Francisco, Los Angeles and other California Points.

Full information cheerfully furnished on application to

G. G. HERRING, G. A.,
126 Woodward Avenue,
Detroit, Mich.

A Chain is no Stronger than its Weakest Link and a Wire Fence is no Stronger than its Uprights.

No one should expect a fence to hold up of itself between the posts.

The Frost upright wires are large and strong. The **Frost Lock** holds them in place and each support its own share of the weight. Light tie wires give no support. Bending to tie weakens them and they are apt to break when the strain is severe. **Frost Fence** never breaks.

Write for Catalogue.

THE FROST WIRE FENCE CO., LIMITED, - WELLAND, ONT.

PAINTED WITH

Ramsay's Paints

Think it over when you paint your house. It means a lot. Buy the best paints you can get; paints made well; sold on a reputation of many years' standing. Buy

RAMSAY'S PAINTS

The best ground, the purest colors, the strongest oil, made to beautify the house, to preserve it, to give it a stand amongst its neighbors. There is never anything shabby about a house painted with Ramsay's Paints.

Drop us a card and ask for BOOKLET NO. 11, FREE. Showing cuts of beautiful homes. Established 1842.

A. G. RAMSAY'S SONS
MONTREAL, Paint Makers.

COLONIAL HOUSE, MONTREAL

DEPARTMENTAL STORE

NEW SPRING CATALOGUE

WITH ILLUSTRATIONS OF

Every Household Requisite

FREE

TO ANY ADDRESS

SAMPLES

Of NEW SPRING GOODS sent as often as desired, and Special Attention given to Mail Orders.

HENRY MORGAN & CO., MONTREAL

PAILS AND TUBS MADE OF **EDDY'S INDURATED FIBREWARE**

NO HOOPS, NO JOINTS, NO SEAMS, NO LEAKS.

are vastly superior to the ordinary Woodenware articles for domestic use.

TRY THEM.

For sale by all first class dealers.

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