

Not Exactly Sick, but Neither Are You Well.

Close Confinement During the Winter Months Has Left You Weak, Easily Depressed and "Out of Sorts."

The words "weak and depressed" express the conditions of thousands of people in the spring time. It is one of nature's signs that humanity cannot undergo months of indoor life in badly ventilated buildings with impunity.

Close confinement during the winter months has left you weak, easily depressed and "out of sorts." The words "weak and depressed" express the conditions of thousands of people in the spring time.

The words "weak and depressed" express the conditions of thousands of people in the spring time. It is one of nature's signs that humanity cannot undergo months of indoor life in badly ventilated buildings with impunity.

The words "weak and depressed" express the conditions of thousands of people in the spring time. It is one of nature's signs that humanity cannot undergo months of indoor life in badly ventilated buildings with impunity.

The words "weak and depressed" express the conditions of thousands of people in the spring time. It is one of nature's signs that humanity cannot undergo months of indoor life in badly ventilated buildings with impunity.

The words "weak and depressed" express the conditions of thousands of people in the spring time. It is one of nature's signs that humanity cannot undergo months of indoor life in badly ventilated buildings with impunity.

The words "weak and depressed" express the conditions of thousands of people in the spring time. It is one of nature's signs that humanity cannot undergo months of indoor life in badly ventilated buildings with impunity.

The words "weak and depressed" express the conditions of thousands of people in the spring time. It is one of nature's signs that humanity cannot undergo months of indoor life in badly ventilated buildings with impunity.

France Will Honor Man Who First Utilized Tobacco.

FACTS ABOUT THE WEED.

The French Government last week appropriated funds for the erection of a handsome statue in bronze of Jean Nicot, whose name is immortalized in connection with tobacco.

The French Government last week appropriated funds for the erection of a handsome statue in bronze of Jean Nicot, whose name is immortalized in connection with tobacco.

The French Government last week appropriated funds for the erection of a handsome statue in bronze of Jean Nicot, whose name is immortalized in connection with tobacco.

The French Government last week appropriated funds for the erection of a handsome statue in bronze of Jean Nicot, whose name is immortalized in connection with tobacco.

The French Government last week appropriated funds for the erection of a handsome statue in bronze of Jean Nicot, whose name is immortalized in connection with tobacco.

The French Government last week appropriated funds for the erection of a handsome statue in bronze of Jean Nicot, whose name is immortalized in connection with tobacco.

The French Government last week appropriated funds for the erection of a handsome statue in bronze of Jean Nicot, whose name is immortalized in connection with tobacco.

The French Government last week appropriated funds for the erection of a handsome statue in bronze of Jean Nicot, whose name is immortalized in connection with tobacco.

Evidently the Day of Miracles is Not Yet Over.

STRONG TOWNSHIP SENSATION

The Restoration to Health of Wm. Doeg, Who Had Not Left His Room in Years. Rheumatism and the Worst Kind Completely Cured.

The Echo has taken the trouble to investigate the circumstances and can vouch for the truth of the following interesting story in its every particular.

Almost everyone in this neighborhood knows Mr. Wm. Doeg. In 1878 Mr. Doeg moved from the Township of Osprey, in Grey County, to lot 19 in the thirteenth concession of Strong Township.

Some time after he came to this part he was stricken with rheumatism. It gradually grew worse and worse, till for the last four years he has been confined to his bed.

Mr. Doeg says: "It makes me shudder to look back upon that awful four years, even the thought of it is dreadful. How I ever lived through it I do not know, but I thank God that I am restored to health and strength."

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

No Tenderfoot Can Withstand Their Attack Long.

This story of one of the tragedies was told me the other evening by James Jamieson, of Barrie. "It was," said that gentleman, "away back in the twenties, and I am sure as I have heard it told by the late Edward Luck, of Crown Hill. Two young Scotchmen (brothers) came to this country about the time mentioned, and on reaching Toronto, they heard that plenty work could be had at the garrison town of Penetanguishew.

The horror of it all can be imagined. Fresh from home in Scotland, they recently removed from the protecting care of a fond mother, and dying in agony under their attack, the two brothers were found dead—literally killed by the poisonous bites of the venomous insects.

The horror of it all can be imagined. Fresh from home in Scotland, they recently removed from the protecting care of a fond mother, and dying in agony under their attack, the two brothers were found dead—literally killed by the poisonous bites of the venomous insects.

The horror of it all can be imagined. Fresh from home in Scotland, they recently removed from the protecting care of a fond mother, and dying in agony under their attack, the two brothers were found dead—literally killed by the poisonous bites of the venomous insects.

The horror of it all can be imagined. Fresh from home in Scotland, they recently removed from the protecting care of a fond mother, and dying in agony under their attack, the two brothers were found dead—literally killed by the poisonous bites of the venomous insects.

The horror of it all can be imagined. Fresh from home in Scotland, they recently removed from the protecting care of a fond mother, and dying in agony under their attack, the two brothers were found dead—literally killed by the poisonous bites of the venomous insects.

The horror of it all can be imagined. Fresh from home in Scotland, they recently removed from the protecting care of a fond mother, and dying in agony under their attack, the two brothers were found dead—literally killed by the poisonous bites of the venomous insects.

The horror of it all can be imagined. Fresh from home in Scotland, they recently removed from the protecting care of a fond mother, and dying in agony under their attack, the two brothers were found dead—literally killed by the poisonous bites of the venomous insects.

The horror of it all can be imagined. Fresh from home in Scotland, they recently removed from the protecting care of a fond mother, and dying in agony under their attack, the two brothers were found dead—literally killed by the poisonous bites of the venomous insects.

Blood.

We live by our blood, and on it. We thrive or starve, as our blood is rich or poor.

There is nothing else to live on or by. When strength is full and spirits high, we are being refreshed, bone muscle and brain, in body and mind, with continual flow of rich blood.

This is health. When weak, in low spirits, no cheer, no spring, when rest is not rest and sleep is not sleep, we are starved; our blood is poor; there is little nutriment in it.

Back of the blood, is food, to keep the blood rich. When it fails, take Scott's Emulsion of Cod Liver Oil. It sets the whole body going again—man woman and child.

Back of the blood, is food, to keep the blood rich. When it fails, take Scott's Emulsion of Cod Liver Oil. It sets the whole body going again—man woman and child.

Back of the blood, is food, to keep the blood rich. When it fails, take Scott's Emulsion of Cod Liver Oil. It sets the whole body going again—man woman and child.

Back of the blood, is food, to keep the blood rich. When it fails, take Scott's Emulsion of Cod Liver Oil. It sets the whole body going again—man woman and child.

Back of the blood, is food, to keep the blood rich. When it fails, take Scott's Emulsion of Cod Liver Oil. It sets the whole body going again—man woman and child.

Back of the blood, is food, to keep the blood rich. When it fails, take Scott's Emulsion of Cod Liver Oil. It sets the whole body going again—man woman and child.

Back of the blood, is food, to keep the blood rich. When it fails, take Scott's Emulsion of Cod Liver Oil. It sets the whole body going again—man woman and child.

Tough Dose, But Martin Luther Believed in Them.

"Out of the queer use of a common creature regarded as most potent in old-time medicine, there came the most surprising and nearly the most important invention. Every school-boy knows that a toad can cause warts or make the cow give bloody milk, but not everybody knows that toads are also powerfully medicinal.

"Out of the queer use of a common creature regarded as most potent in old-time medicine, there came the most surprising and nearly the most important invention. Every school-boy knows that a toad can cause warts or make the cow give bloody milk, but not everybody knows that toads are also powerfully medicinal.

"Out of the queer use of a common creature regarded as most potent in old-time medicine, there came the most surprising and nearly the most important invention. Every school-boy knows that a toad can cause warts or make the cow give bloody milk, but not everybody knows that toads are also powerfully medicinal.

"Out of the queer use of a common creature regarded as most potent in old-time medicine, there came the most surprising and nearly the most important invention. Every school-boy knows that a toad can cause warts or make the cow give bloody milk, but not everybody knows that toads are also powerfully medicinal.

"Out of the queer use of a common creature regarded as most potent in old-time medicine, there came the most surprising and nearly the most important invention. Every school-boy knows that a toad can cause warts or make the cow give bloody milk, but not everybody knows that toads are also powerfully medicinal.

"Out of the queer use of a common creature regarded as most potent in old-time medicine, there came the most surprising and nearly the most important invention. Every school-boy knows that a toad can cause warts or make the cow give bloody milk, but not everybody knows that toads are also powerfully medicinal.

"Out of the queer use of a common creature regarded as most potent in old-time medicine, there came the most surprising and nearly the most important invention. Every school-boy knows that a toad can cause warts or make the cow give bloody milk, but not everybody knows that toads are also powerfully medicinal.

"Out of the queer use of a common creature regarded as most potent in old-time medicine, there came the most surprising and nearly the most important invention. Every school-boy knows that a toad can cause warts or make the cow give bloody milk, but not everybody knows that toads are also powerfully medicinal.

"Out of the queer use of a common creature regarded as most potent in old-time medicine, there came the most surprising and nearly the most important invention. Every school-boy knows that a toad can cause warts or make the cow give bloody milk, but not everybody knows that toads are also powerfully medicinal.

Evidently the Day of Miracles is Not Yet Over.

STRONG TOWNSHIP SENSATION

The Restoration to Health of Wm. Doeg, Who Had Not Left His Room in Years. Rheumatism and the Worst Kind Completely Cured.

The Echo has taken the trouble to investigate the circumstances and can vouch for the truth of the following interesting story in its every particular.

Almost everyone in this neighborhood knows Mr. Wm. Doeg. In 1878 Mr. Doeg moved from the Township of Osprey, in Grey County, to lot 19 in the thirteenth concession of Strong Township.

Some time after he came to this part he was stricken with rheumatism. It gradually grew worse and worse, till for the last four years he has been confined to his bed.

Mr. Doeg says: "It makes me shudder to look back upon that awful four years, even the thought of it is dreadful. How I ever lived through it I do not know, but I thank God that I am restored to health and strength."

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Evidently the Day of Miracles is Not Yet Over.

STRONG TOWNSHIP SENSATION

The Restoration to Health of Wm. Doeg, Who Had Not Left His Room in Years. Rheumatism and the Worst Kind Completely Cured.

The Echo has taken the trouble to investigate the circumstances and can vouch for the truth of the following interesting story in its every particular.

Almost everyone in this neighborhood knows Mr. Wm. Doeg. In 1878 Mr. Doeg moved from the Township of Osprey, in Grey County, to lot 19 in the thirteenth concession of Strong Township.

Some time after he came to this part he was stricken with rheumatism. It gradually grew worse and worse, till for the last four years he has been confined to his bed.

Mr. Doeg says: "It makes me shudder to look back upon that awful four years, even the thought of it is dreadful. How I ever lived through it I do not know, but I thank God that I am restored to health and strength."

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.

Mr. Doeg is a changed man. Hale and hearty, he now enjoys every moment of his life. He is able to do all the work of a man of his age.