

# A WOMAN'S FACE

Plainly Indicates the Condition of Her Health.

Beauty Disappears When the Eyes are Dull, the Skin Sallow, and Wrinkles Begin to Appear—How One Woman Regained Health and Comeliness.

Almost every woman at the head of a home meets daily with innumerable little worries in her household affairs. They may be too small to notice an hour afterwards, but they nevertheless are constant and little worries that make so many women look prematurely old. Their effect may be noticed in sick or nervous headaches, fickle appetite, a feeling of constant weariness, pains in the back and loins, or in a sallow complexion and the coming of wrinkles, which every woman who desires comeliness dreads. To those thus afflicted Dr. Williams' Pink Pills offer a speedy and certain cure; a restoration of color to the cheeks, brightness to the eye, a healthy appetite, and a sense of freedom from weariness.

Among the thousands of Canadian women who have found new health and new strength through the use of Dr. Williams' Pink Pills is Mrs. Francis Polier, of Valleyfield, Que. Mrs. Polier was a sufferer for upwards of seven years; she had taken treatment from several doctors and used a number of advertised medicines, but with no good results. Mrs. Polier says: "Only women who suffer as I did can understand the misery I endured for years. As time went on and the doctor was consulted, and the medicines I used did not help me, I despaired of ever regaining health. There were very few days that I did not suffer from violent headaches, and the least exertion would make my heart palpitate violently. My stomach seemed disordered, and I almost hated the food I forced myself to eat; I was very pale and frequently my limbs would swell so much that I feared that my trouble was developing into dropsy. I had almost constant pains in the back and joints. It was while I was in this sad condition that I read in LaPresse of the cure of a woman whose symptoms were much like mine through the use of Dr. Williams' Pink Pills. I told my husband and he urged me to try them, and at once got me three boxes. Before I had used them all I felt better, and I got another supply of the pills. At the end of the month I was strong enough to do my household work, and before another month had passed I had entirely recovered my health. I am sorry that I did not learn of Dr. Williams' Pink Pills sooner, for I know that they would have saved me several years of sickness and misery, and I feel that I cannot too strongly urge other sick women to use them."

The condition indicated in Mrs. Polier's case shows that the blood and nerves needed attention, and for this purpose Dr. Williams' Pink Pills are women's best friend. They are particularly adapted to cure the ailments from which so many women suffer in silence. Through the use of these pills the blood is enriched, the nerves made strong, and the rich glow of health brought back to pale and sallow cheeks. There would be less suffering if women would give these pills a fair trial. Sold by all dealers or sent post paid at 50 cents a box or six boxes for \$2.50 by address to Dr. Williams' Medicine Co., Brockville, Ont.

## JUBILEE OF THE SULTAN.

Turkey's Sovereign to Celebrate His 25th Year on the Throne.

Great preparations are being made for the Sultan's jubilee on Aug. 31st, when he will have been twenty-five years on the throne. Poets and historians are busy writing accounts of all his pious works and the great things he has done for his subjects. These will be translated and published in all languages.

This year is to be signalized by the inauguration of some great works for the public good, which are to be a lasting memorial of the Sultan's devotion to the comfort and welfare of his people. Chief among these are a new water supply for Constantinople at the Sultan's cost, a university, which certainly will be a curiosity in the way of universities. Political economy is a forbidden subject in Turkey; history can only be taught when it does not refer to the decline of the Ottoman empire, revolutions, depositions or assassinations of sovereigns, or anything else unpleasant; geography is better, but Armenia and the Greek empire must be forgotten, and as for chemistry and electricity, they do not exist.

However, the greatest work of all, is the railway from Damascus to Mecca for the use of pilgrims. The Sultan has announced that the line is to be built by subscription, the cost for which he has made up with \$50,000, this being one month's pay which he receives from the civil list. At the same time he requests all functionaries to follow his example. This is rather awkward for officials who only receive three months' pay in the year, and they hope that they may be allowed to give a month of arrears, which will not hurt their pockets.

The illuminations on Aug. 31st will be something extraordinary, and great efforts are being made to get deputations from all the Mussulman communities in the world to come and congratulate the Sultan, who also hopes that the Shah, Khedive and several rulers of the Balkan States will accept his invitations to be present. The plague, however, seems to be steadily approaching, and likely to upset all the Sultan's calculations. A reign of terror has begun here. No one talks of anything but plague and rumors are current of cases in all directions.—London Times.

## Ontario Asylums Crowded.

That the Ontario Government are acting wisely in providing additional asylum accommodation is shown by the returns which have come in of the patients in attendance at the different Provincial asylums. They number at present 4,550 persons, or more than 100 in excess of last year.

Gratitude is the fairest blossom which springs from the soul.—Bailou.

# THE INFAMOUS SLAVE TRADE

How the Poor Wretches Were Packed in Tiers.

## INHUMANITIES HARD TO CREDIT.

In the larger ships the space between the top of the cargo and the under side of the deck was sometimes as much as five feet. To devote all that space to air was, in the mind of the thrifty slaver, sheer waste. So he built a shelf or gallery six feet wide all the way around the ship's hold, between the deck and the slave-floor that was laid on top of the cargo. On this shelf was placed another layer of slaves, thus increasing the number carried by nearly fifty per cent. The crowding in the big ships, having two decks regularly, was still worse, for a slave-deck was built clear across between these two, and the galleries or shelves were built both under and above the slave-deck. There were ships where four layers of slaves were placed thus between permanent decks that were only eight feet apart, and there are records of cases where smaller vessels having but three feet or so of space between cargo and deck—were fitted with galleries, so that the slaves stretched on their backs had but a foot or less of air-space between their faces and the deck or the next layer above them.

To increase the number carried, when stretched out on deck or shelf, the slaves were sometimes placed on their sides, breast to back—spoon fashion, as the slavers called it. This made room for a considerable per cent. extra. However, in the eighteenth century the usual practice was to place them on their backs and to allow about two and a half feet of air-space above the faces of the slaves, and in this way cargoes of over three hundred were carried.

Everyone knows how wearisome it is to lie for any great length of time in one position, even on a well-made bed. We must needs turn over when we are awakened in the night. But the slaves were chained down naked on the planks of the decks and shelves—planks that were rough just as they came from the saw, and had cracks between them. No one could turn from side to side to rest the weary body. They must lie there on their backs for eighteen hours at a stretch, even in pleasant weather in port.

Hard as that fate was, new torments were added with the first jump of the ship over the waves. For she must roll to the pressure of the wind on the sails, so that those on the weather side found their heels higher than their heads, and when the ship's angle increased under the weight of a smart breeze, the unfortunate sometimes sagged down to leeward, until they were stopped by the irons around ankle and wrist. They were literally suspended—crucified in their shackles.

Even that was not the worst of their sufferings that grew out of the motion of the ship, for she was rarely steady when becalmed by the wind. She had to roll, and as she did so the slaves sometimes slid to and fro, with naked bodies on the rough and splintery decks. There was never a safe hatch for the weight of a smart breeze, and the unfortunate were made violently seasick more readily than white people even—they sometimes died in their convulsions. The heat and foul air quickly brought on more serious illness, but chains for days at a stretch, wholly helpless and wholly unattended.—From "The Slave Trade in America," by John R. Spears, in the September Scribner's.

## MEXICAN ARMY IS QUEER

Officers Not Exposed, Guns Held at Hip. Women Go to War.

Recent encampments of the Mexican army show that that service has made great progress in the last ten years. In old days, after encouraging their men in battle up to the firing line, it was the custom of officers to retire to a place of safety. Infantry fire their guns from the hips instead of the shoulder.

Ten years ago when the army camped for the night it looked like a ghastly scene. The men were clothed in brown and flannel, having leather boots and a sick leather cap. Each married man had his wife and children with him, and when not married he usually had a woman with him. The tents were 15-20 feet high, but the interior received only 12-15 cents of light. This was paid him every evening. As many as four heavy government wagons drawn by six mules each, loaded with nothing but copper money to pay off the soldiers, going along. This payment of one bit a day must feed the soldier and his company, if he has any with him. Women and children, cats and dogs, parrots and chickens, all go along with the soldiers. Vehicles of all sorts are loaded with plunder so as to make the camp as homelike as possible.

In the morning everything is packed, a camping place determined upon for the night, then begins the hurry of the women to reach that point, pick up vegetables and various supplies on the road, the woman being treasurer for the tent band, and butter too. By the time the tent is up and supper ready, these women are dressed in a short chemise with the sleeves off above the elbows, a sort of turban secured around the head, crossed in front over the breast and the ends thrown over the shoulders. The greater number are barefooted. The women will follow their husbands throughout their camp life, caring for them when sick or wounded with a patience most serene. They will carry their babies miles upon their backs, with enough plunder in their arms to weight down strong men.

# CRIME IN CANADA.

Not Much Variation From the Figures of 1898.

The popular saying that associates wiliness with the west gets a sort of official sanction in the volume of criminal statistics for 1899, lately issued as a supplement to the report of the Minister of Agriculture and statistics. The figures of the total condemnations, under indictment and by summary procedure, shown by the different provinces is somewhat remarkable. The total condemnations in the last two years numbered 38,230 in 1898 and 38,710 in 1899, the division being as follows:

Territories	1898.	1899.
British Columbia	2,074	2,828
Ontario	2,473	2,362
New Brunswick	1,673	16,784
Quebec	2,354	2,261
Manitoba	10,026	10,275
Nova Scotia	1,328	1,489
Prince Edward Island	2,680	2,259
Newfoundland	460	54

By the figures for 1899, which only vary slightly on the whole from those of 1898, there was in the Territories one conviction for each 50 inhabitants, British Columbia being no exception with 77 in every 1,000. From these remarkable figures the record goes down (or up) as follows: Ontario, one in 137; New Brunswick, one in 142; Quebec and Manitoba, one in 157; Nova Scotia, one in 241. It is noted, too, that while the number of offences increased in the Territories (as it also did in Quebec and Manitoba) there was a decrease in the other provinces. Apparently the conditions that make for the eastern goodness and western wickedness are becoming more intense. The matter is one that the philosophers, particularly those of the region, should give their attention to.

Naturally the greatest number of offences dealt with are of the non-indictable order, those disposed of by magistrates out of session under the Act providing for summary convictions. The 38,710 convictions of 1899 were thus divided:

Indictable Summary	1898.	1899.
P. E. Island	16	436
New Brunswick	127	2,009
Manitoba	254	1,265
Quebec	1,779	8,496
Ontario	2,493	14,091
Territories	256	2,572
British Columbia	370	1,992
Total	5,713	32,997

Of the 32,997 summarily disposed of cases, 28,543 were atoned for by fines, which yielded \$254,962, 38 per cent. of which came from offenders against the liquor license laws, and 16 per cent. from those convicted of drunkenness. In the other classes of crime it is noted that in offences against the person, murder, manslaughter, assault, etc., there was an increase of 17 convictions during the year; 1,180 in 1898, against 1,193 in 1899. The total weight of property stolen during the year, the increase in this class are to be found in Quebec, Manitoba, New Brunswick and the Territories, while the other provinces show decreases. In offences against property, the increase in offences in burglary, house and shop-breaking, etc., the number of convictions decreased by 96, from 540 in 1898, to 444 in 1899. In offences against property without violence, comprising larceny, horse and cattle stealing, embezzlement, fraud, etc., the increase was 1,373 in 1899, from 3,659 in 1898, the larger increase being in Quebec. "Malleous offences against property" showed a decrease of 13 during the year, the record being 77 in 1898, and 64 in 1899. In forgery, and other offences against the currency, the number of convictions increased from 85 in 1898, to 103 in 1899, the larger increase being in Quebec, and the larger decrease in British Columbia.

## They Speak for Themselves.

PICOT, Feb. 27.—This is to certify that I have used Putnam's Nerveine for rheumatism. It is the best medicine I have ever used, and I feel that I can recommend it to the public.—N. T. BIGGS.

LEEDS COUNTY, Ga.—We are not in the least degree satisfied with any of the medicines, but we can not withhold our testimony as to the great value of Nerveine as a rest-giving and pain-relieving remedy.—REV. H. J. ALLEN, BREV. DILLON and many others. Sold by druggists.

## Cost of the Spy Service.

Foreign countries spend enormous sums on secret service. France and Russia have agents everywhere, and there are very few secrets of any nation which they do not know, for it is, unfortunately, the custom of all Governments in the employment of all Governments there are men willing to betray their country for a consideration. The sum spent by Russia on secret service does not fall short of \$750,000 annually. Germany and France each spends \$250,000 and Austria about the same.

## Gladstone in Hot Water.

In 1855 an indiscreet lady asked Mrs. Gladstone how her husband was bearing up under the many vehement attacks made on him. "I do not think he is much affected by them," replied Mrs. Gladstone, "for he hears him every morning singing in his bath." "He is like a kettle, then," replied the lady, "which sings when full of hot water"—a retort which, though it may not have pleased the wife of the premier, probably appealed to her sense of humor.

## Minard's Liniment Cures Distemper.

Making the Most of It. She was a Smith, and he as well—A name cannot do much with You'd think, and yet the grandson of These two is called John Smith Smith.

Mr. daughter has improved so much that you would scarcely know her—Minard's Compound Iron Pills did it.

Americans Great Coffee Drinkers. More coffee is used in the United States than in any other country, the annual consumption being not far from 450,000,000 pounds, for which American importers pay about \$90,000,000 to the growers.

# Migraine

is Rheumatism of the face. Uric Acid left in the blood by disordered kidneys lodges along the nerve which branches from the eye over the forehead, and across the cheek to the side of the nose. The cause is the same in all Rheumatism—disordered Kidneys. The cure is likewise the same—

# Dodd's Kidney Pills

TURNING THE TABLES.

## Rejected Sutor Sues His Bride's Father for Damages.

It is by no means unusual for a woman to sue a man for breach of promise of marriage, but rarely indeed, as the tables are turned and the man becomes the plaintiff in such an action at law. Such an instance has just come to the public knowledge in Pittsburg, where Frank Woloschowsky has begun suit against Joseph Barnatowicz, father of the girl he de sires to marry. A capias was issued for the arrest of the defendant. The plaintiff asks for \$10,000 damages, alleging that after giving his consent to the proposed marriage the father subsequently refused to allow the wedding to take place, and the plaintiff says he has spent \$300 preparing for the event. Woloschowsky is a native of Russia. He is 27 years of age and a coal miner by occupation. Barnatowicz, daughter of his own father, and whose hand the plaintiff seeks, is but 18 years of age. She lives with her parents. On Monday, Feb. 19th, a license was issued for the marriage of the couple. The father of the girl was present and gave his consent. The plaintiff says the wedding has not yet taken place, and on Feb. 26th the father absolutely refused to permit his daughter to marry the plaintiff. \$300 for the defendant was fixed at \$300.

## Beware of Ointments for Catarrh that Contain Mercury.

Mercury will surely destroy the sense of smell and completely derange the whole system when entering through the mucous surfaces. Such articles should never be used except on prescriptions from reliable physicians, and the damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, contains no mercury and is taken internally, acting directly on the blood and mucous surfaces of the system. In buying be sure you get the genuine. It is taken internally and acts in the blood. Sold by Druggists, price 50c per bottle. Hall's Family Pills are the best.

## An Old Fashion.

Why all this fuss about men embracing the shirt waist? Men have been doing this ever since the dear deities began to wear shirt waists, and the habit is likely to continue. If the embracing ceased, quite likely the shirt waist would go out of fashion, but it is not so sure that the embracing would cease if shirt waists dropped out of style. Human nature is bigger than fashions.—Brockville Recorder.

## Miller's Worm Powders cure all ailments of children like magic.

He Couldn't See the Use. Midnight Philosophy.—Mrs. Squills—Quick! Wake up! I believe there are burglars down stairs. Go down and see.—Mr. Squills (sleepily)—Nonsense! Nothing but cats.—Mrs. S.—Hark! There! I know there are burglars downstairs.—Mr. S. (nervously)—Well—if you know they are there then it's no use going down to find out.

## Minard's Liniment Cures Gargot in Cows.

Necessary Silence. Mrs. Highbowler—How quiet your little boy is, Mrs. Slimson? Really a model youth.—Willie Slimson—Well, mother, told me not to say anything to embarrass her while I was here, and I haven't dared open my mouth.—The August Smart Set.

# CORNS.

A sure-pop, painless cure in a few days.

# PUTNAM'S PAINLESS Corn Extractor

The summer comes and brings with it the corned corn. Putnam's Painless Corn and Wart Extractor never fails to remove corns promptly, painlessly, and with absolute certainty. It is the oldest and best tested corn cure in the market, purely vegetable in composition, makes no sore spots, doesn't sting, and cures every time or money refunded. Putnam's is a certain remedy and one all can be relied upon. More than one hundred imitations prove its value. Beware of the article "just as good, better," etc., for it is not your interest the dealer is seeking when he offers a substitute for the genuine Putnam's Extractor, but the increased profits afforded by inferior and dangerous flesh-eating counterfeits. Putnam's Corn Extractor makes no deep cavities in the flesh, no dangerous and painful ulcers, produces neither pain or discomfort, and acts quickly. It is the best, the safest, the only painless corn cure, insures on having only Putnam's. Sold by all druggists and dealers.

# NEW GAS DISCOVERED IN SUN.

What the Solar Spectrum Has Revealed and May Yet Bring to Light.

The announcement was first made by Norman Lockyer that certain bright lines in the solar spectrum indicated the presence in the sun of a hitherto unknown gas which he proposed to call "helium." In 1895 Ramsay isolated the gas, "but at the same time," says Cosmos, abstracting from an article in Prometheus, "Lockyer found in the spectrum of the corona other colored lines, which he attributed to the presence of another element, to which he gave the name "coronium." Neither Ramsay nor any other chemist has yet been able to isolate the body. Nevertheless an Italian spectroscopist has discovered the lines of coronium in the gases blown out from the crater of Vesuvius. This has encouraged physicists to search for this pearl of all the gases, present, past and future. But this is not all. At the same time other physicists have had their attention directed to other lines of the spectrum and announce that there will next be discovered two new metals that exist in the sun. They have given these elements the names of "aurorium" and "nebulium." The position, occupied by these bodies in the atmospheric layers of the sun leads these scientists to think that they are lighter than hydrogen. For chemists this discovery will be a veritable revolution. In fact, it will destroy Prout's hypothesis, which states that all the molecular weights of bodies are whole multiples of that of hydrogen. However, as no traces of either aurorium or nebulium has yet been found on the earth, the existence of these elements is yet far from conclusive demonstration.—Literary Budget.

# Weight of Whales.

Have you any idea of the size of the common Greenland whale? Nilsson, the zoologist, estimates the full-grown animal to average 100 tons, or 224,000 pounds. That is to say, a whale weighs as much as about eight elephants or 400 bears. Of course some run larger than that. There are tales among old whalers of whales 110 feet long and weighing at least 150 tons, but such are not to be seen in these days. A 70-foot whale is a big one now. Still it may give some idea of what monsters are occasionally killed when we mention that a ton of oil has been extracted from the tongue alone of a single whale.

# Miller's Liniment Cures Diphtheria.

C. C. RICHARDS & CO. Dear Sirs,—For some years I have had only partial use of my arm, caused by a sudden strain. I have used every remedy without effect, until I got a sample bottle of MILLER'S LINIMENT. The benefit I received from it caused me to continue its use, and now I am happy to say my arm is completely restored. Giamia, Ont. R. W. HARRISON.

# Protecting Suez Banks.

Tree and shrub planting along the Suez Canal to protect it from drifting sand is in progress. Roads have been placed along about nine miles of water-line of the canal proper and along the whole length of the Sweetwater Canal. These roads are at first protected against the advance of the sand by fascines, while on the slopes and top of the banks of the Sweetwater Canal plantations of shrubbery have been set out. A system of irrigation has been organized for these plantations, the water coming from the Nile by the canals excavated when the ship canal was being built. The results so far have been very promising.

# Miller's Grip Powders Cure.

How to Cure a Cold. First stop eating. The system is overloaded with impurities and they must be eliminated. Fast until these poisons can be disposed of in a natural manner. Take long walks, drawing in many deep full breaths, exercise every muscle of the body, that the circulation may be quickened and every part of the body thoroughly cleansed by this accelerated circulation. Bathe at least once a day, rubbing the surface of the body briskly all over for five or ten minutes. After missing from two to three meals, if a ravenous appetite is acquired it is, of course, desirable to indulge the appetite, but in moderation. Under no circumstances should the stomach be gorged and too foods which are unwholesome, or but moderately nutritious, should be avoided.—Dietetic and Hygienic Gazette.

# Miller's Worm Powders cure fits in children.

Pium and Peach Salad. A plum and peach salad is a delicious adjunct to a luncheon, or even for a breakfast. The large egg plums are best for such a purpose. To a dozen plums, drop out a dozen peaches. Pare them and arrange them in a glass dish in alternate layers, sprinkling powdered sugar between. They should be placed on ice for half an hour before serving.

# You Think I Look so much better; Yes, and I feel better—Miller's Compound Iron Pills did it.

Art and Realism. Actress (indignantly)—I'll tell you one thing! If you can't drive the nice out of this apartment I'll move! Landlady—Ah shame on you! In the theatre you make believe to be the Maid of Orleans and at home you're afraid of a mouse!—Maggie's Journal.

# Minard's Liniment Cures Colds, etc.

Women make more than one-third of all the articles manufactured in France.

# ISSUE NO 36. 1900.

# Young Girls

How easy it is for young girls to go into the "decline." They eat less and less, become paler and paler and can hardly drag through the day. They are on the steady downward course. Iron does them no good; strychnine and biters all fail. They need a food that will nourish them better, and a medicine that will correct their disease.

# Scott's Emulsion

is both of these, elegantly and permanently combined. The Cod-Liver Oil makes the blood richer, and this gives better color to the face. The hypophosphites of lime and soda act as a strong tonic to the nerves. Soon the weight increases, the digestion improves and health returns.

# Miller's Liniment Cures Diphtheria.

Musical Fish. Many fish can produce musical sounds. The trigon can produce long-drawn notes ranging over nearly an octave. Others, notably two species of opidium, have sound-producing apparatus, consisting of small movable bones, which can be made to produce a sharp rattle. The curious "drumming" made by the species "callinectes" umbellus can be heard from a depth of twenty fathoms.

# Miller's Worm Powders are a wonderful medicine for ailments of children.

The rarest feeling that ever lights a human face is the contentment of a loving soul.—H. W. Beecher.

# A WONDERFUL CURE FOR SICK HEADACHE

The most wonderful effects produced by KIDD'S LITTLE LIVER PILLS in curing Sick Headache, Biliousness, Constipation, Nervousness, Dyspepsia, Heartburn, Liver and Kidney Trouble, has placed them at the head of all medicines. 75 Pills in a box, 25 cents at all Druggists, or mailed by M. F. EBY, Port Elgin, Ont.

# TAILORS' CUTTING SCHOOL.

CUTTERS—TAILORS—SEND \$10.00 FOR 125-page book: Show's new proportioned men's Cutting School, 195 La Salle street, Chicago.

# FRUIT FARM FOR SALE.

One of the finest in the Niagara Peninsula, at Winona, 10 miles from Hamilton, on two railroads. 10 acres, 40 of which is in fruit, mostly peaches, 12,000 baskets of fruit, latest produce, in sight this season. Will be sold in lots to suit purchasers. This is a bargain. Address: JONATHAN CARPENTER, P.O. Box 498, Winona, Ont.

# WANTED.

A general servant, for a small family. Good home for respectable girl. Address 125 Victoria avenue south, Hamilton, Ont.

# IF YOU WANT A GOOD BUSINESS EDUCATION.

Write for information, Brochure, Chicago Business College, Brockville, Ont.

# WRITERS' ART INSTITUTE, Lima O.

PERMANENTLY CURED BY DR. Kline's Great Nerve Restorer. No fits or nervousness after first day's use. Send to 331 Arch street, Philadelphia, Pa., for treatise and free trial bottle. For sale by J. A. Harie, 178 Notre Dame street Montreal, Que.

# Mrs. Winslow's Soothing Syrup should always be used for Children Teething. It soothes the child, softens the gums, cures wind colic and is the best remedy for Diarrhoea. Twenty-five cents a bottle.

# YOU ALL LIKE 18 KARAT GOLD.

—OUR— Golden Yellows

# THE BEST and PUREST In the Market.

Equal in strength to much Granulated sold to-day.

# THE ST LAWRENCE SUGAR REFINERY.