

CONSUMPTION'S VICTIMS

Can Obtain New Health if Promptly Treated.

It Was Thought Miss Lizzie Smith, of Waterford, Was in Consumption, But Her Health Has Been Restored—Advice to Similar Sufferers.

[From the Star, Waterford, Ont.]

Throughout Canada there are thousands of girls who owe the bloom of health shown in their cheeks, the brightness of eye and elasticity of step, to Dr. Williams' Pink Pills for Pale People. There are few girls in the first years of womanhood who do not suffer more or less from anaemia. We see them everywhere, and they are easily recognized by a sallowness of complexion, or perhaps extreme pallor, they are subject to headaches, dizziness, palpitation of the heart, and feel tired and worn out on the least exertion. To those who suffer in this manner Dr. Williams' Pink Pills offer speedy and certain relief. Proof of this may be had in our own town. Miss Lizzie Smith, daughter of Mr. Wm. Smith, is today the embodiment of health and activity, yet not so long ago her friends feared that consumption had fastened its fangs upon her. A representative of the Star recently interviewed Mrs. Smith as to the means employed to restore her daughter's health. Mrs. Smith's unhesitating reply was that Dr. Williams' Pink Pills were entitled to the credit. Mrs. Smith said: "My daughter is nineteen years of age. For some years she has not been very strong and was subject to sick headaches. Last summer she went to work in an establishment in Paris, and had not been there long when her health grew much worse. She consulted a doctor there who said that her blood was in such a bad state that the trouble was likely to develop into consumption, and on hearing this Lizzie at once returned home. When we saw her, we feared she was in a decline. She suffered very much from headaches; was as white as chalk, with dark circles under her eyes and the eyes shrunken. Her appetite was very fickle and she ate very little. She was very despondent and at times said she did not care whether she lived or not. I decided to give Dr. Williams' Pink Pills, which I heard were so highly recommended in cases like hers. A trial. She had only taken the pills for a couple of weeks when we could see an improvement. By the time she had used a couple of boxes her appetite was much improved, her headaches less frequent, and the spirit of depression passed away. Four boxes more fully restored her health, and to-day she is as well and as active as though she had never had a day's illness. I really think Dr. Williams' Pink Pills saved her life, and believe they are worth their weight in gold to girls suffering as she did." Dr. Williams' Pink Pills make rich, red blood, strengthen the nerves, bring the glow of health to pale and sallow cheeks, and make the feeble and despondent feel that life is once more worth living. The genuine are sold only in boxes, the wrapper bearing the full name "Dr. Williams' Pink Pills for Pale People." May be had from all dealers or by mail at 50c a box or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

GOT THE WRONG INSTITUTION.

Trouble of a Woman Who Wanted to Talk With Her Son.

A Pittsburg woman tells this story on herself: She had a son attending a preparatory school near Sing Sing. She went to New York not long ago to pay him a visit. She stopped at the Fifth Avenue Hotel on her arrival, and she desired to call up the school by telephone to inform him that she would be up the following day. She asked the young man in charge of the hotel exchange to call up Sing Sing for her and get telephone No. 71. He did so and she sat down to talk. "Hello," she said, "Is that Sing Sing?" "It is." "Well, I want 71; I'm Mrs. Highland and I want to speak to my son." "What number did you say, madam?" "No. 71." "Your son," you said?" "Yes, my son, Harry Highland." "She waited a minute or two and then Sing Sing said: "So, my madam, but we can't allow you to talk to him over the telephone." "What's that? Can't allow me to talk to my son? What sort of an institution is that, I'd like to know?" "You must come in person on a visiting day, with the proper pass before you can see him." "Indeed! Well, I'll just come up there on the next train and take him right away with me." "No use to come, madam; he's got three years and a half to serve yet." "To whom am I talking?" "This is the office of the warden of Sing Sing prison." "Oh, ring off, please,"—Pittsburg News.

If the children require physio-logic acts so nice as Miller's Worm Powders; very pleasant to take.

High Lights.

Ignorance is a man's idea of how much sugar it takes to sweeten cranberries.

By being a good listener you will escape getting picked up on pronunciation.

A woman never admits that her shoes are tight; they are only a trifle snug.

When you send dainty food to an invalid it is silly not to send enough for two.

If we love our neighbors as we love ourselves they will be more concerned than we are.

Learn how to listen and thus disappoint people who want to go away and tell all you say.

When a man gets nervous prostration all his friends remind him how they warned him years ago.

When a housekeeper gets ready for winter she wishes the weather would quit fooling and begin.

If a man goes up the aisle first people say he bosses his wife; if she goes up first they say he is hen-pecked; if the two walk up side-by-side they are accused of trying to act like bride and groom.

LIFE AND VIGOR GREATER.

Human Existence Is Longer Than It Was a Century Ago.

Within half a century the average length of life has been extended over ten years. For a long time it was fixed at 33 years, and that is regarded as the length of a generation, but now it is close to 45. It is noticeable that with the lengthening of the average of life has come the lengthening of the age of mental and physical activity. The statistics prove that mental and physical vitality are not mere matters of years, but that they depend upon judicious conservation of the vital forces.

There can be traced in contemporary history a noticeable increase in the length of human vitality. In this day we find men undertaking great enterprises at an age when their forbears were in their dotage and proving themselves capable of long and sustained effort equal to that of the most lusty youth. The number of greybeards on bicycles gives evidence that the age of full physical vitality has been advanced greatly. The age at which men in our day go into enterprises demanding concentration of thought, physical strength, buoyancy of spirits and the sustained courage that can come only from sound health proves that the man of mature age is able to do his full share of the world's work.—New York Press.

Dear Sirs.—Within the past year

I know of three fatty tumors on the head having been removed by the application of MINARD'S LINIMENT without any surgical operation and there is no indication of a return.

CAPT. W. A. PITT.
Clifton, N. B., Gondola Ferry.

How They Cure Headache.

The natives in the Philippines have a very peculiar way of curing a headache. They pinch the sufferer's neck from the collar-bone to the chin in four different places. To cure the stomach ache, they pinch the bottom of the backbone up to the neck in two separate rows, and for the back-ache the operation is reversed.

If your every-day duties are a burden, it is because you are not well. Miller's Compound Iron Pills will correct this condition.

Horses Require Light.

To keep a horse in a dark stable is cruel to the animal and dangerous to its owner. The retina becomes degenerated and more or less useless, and after a time the sight is seriously impaired. The horse starts and shies at objects it sees imperfectly.

Painful Cramps

Immediately Relieved and Permanently Cured by a few drops of Polson's Nerviline.

If you suffer from cramps, pain in the stomach, nausea, you will find ten drops of Polson's Nerviline in a teaspoonful of water a most efficacious remedy. It is quicker than any known remedy for the alleviation of all pain. Try it. Sold every where.

Stylish Muslins.

An immense quantity of wash goods will be worn during warm weather. These materials, formerly considered the acme of cool simplicity, are now made into extremely elaborate costumes, so arranged and trimmed that to really launder them is practically impossible. White is still to the fore, and greens of the shrewdest tints are enriched with insertions and edges or motifs of lace of various kinds—white, yellow or black—or are finely embroidered. Muslin of the dotted variety is also well represented, the dots being often replaced by little bowknots or geometrical designs of some sort. Among the prettiest of the less expensive sheer goods is always the finely corded dimity, which comes in white, solid colors and figured styles.

Miller's Grip Powders cure.

In Many Languages.

There are no fewer than 96 translations of Milton's "Paradise Lost" in the British Museum. Apart from the great languages of the world, these translations are in Danish, Polish, Manx, Armenian, Icelandic and Bohemian.

No Worm Medicine acts so nicely as Miller's Worm Powders; no physic required.

The Kaffir Girl's Mouth.

The most fascinating feature of the Kaffir girl's countenance, a London Daily News correspondent writing from a Boer town, tells us, is her mouth. "Every daughter of them has a mouth that is as boundless as a mother's blessing, and as limitless as the imagination of a spring poet in love. When they are vexed they purse that mouth up into a bunch until it looks like a crumpled saddle-flap hanging on a hedge. When they are pleased the mouth opens and expands like an India rubber portmanteau ready for packing; that is when they smile, but when they laugh their ears have to shift to give the mouth a chance to get comfortably to its destination. They have beautiful teeth, the white ivory showing against the black foreground like fresh tombstones in an old cemetery on a dark night."

Carlyle a Rapid Feeder.

One day at dinner a gentleman moved it may be, by the sight of Mr. Gladstone's conscientious mastication of his food for the great statesman was not one to eat in haste and repent at leisure—remarked what a victim to dyspepsia Carlyle had been. "Yes," said Mr. Gladstone, "he smoked too much. I have been told that he ate quantities of sodden gingerbread and he was a rapid feeder. I lunched with him one day and he tumbled his food into his stomach. It was like posting letters." After a slight pause, Mr. Gladstone added: "Carlyle did not seem to use his laws, except to talk."

WORRYING ABOUT TRIFLES.

Feminine Failing Contrasted With Man's Indifference.

From time immemorial women have been told—by women as well as men, though naturally more often by the latter—that worry digs wrinkles in their faces and sprinkles gray among their tresses. These warnings do little good. The fair creatures do go on worrying and will probably continue to do so until the millennium comes. The Detroit Free Press asks why this is so, and then proceeds to answer its own question in this way. The question of worry with women seems to be simply this: Women are so hedged about by the littleness of their protected lives—for it is the protected woman who does the most worrying—that it is hard to see beyond and above some times, and matters in this way get wholly out of focus. If women had the capacity with men of getting up and doing battle with things worry would slip off their shoulders as easily as from off those of the average masculine. Man doesn't worry about debt, because he feels that he has it within him (since money-making is his business) to make sufficient money to pay his debts—some time. Women look at it more practically and consider the now.

Man doesn't generally worry about his health, because he really has not the time. Let him become ill, though, and have to stop his work, and how it will with him? Man doesn't worry about the future—he is so madly interested in the present; nor about his clothes, for the tailor stands between him and that; nor about home matters—they, from his point of view, are too trivial to worry about. Men in his broad outlook there is no excuse for this state of things, for in business circles if an employee does not do his work properly his employer gets someone who can, a method that will yet come to be a powerful lever in the leveling of woman's worries.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out all obligations incurred by him.

West & Trautman,
Wholesale Druggists, Toledo, O.

WALDEN & GIBBY,
Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly on the mucous surfaces of the system. Price 75c per bottle, sold by all Druggists. Testimonials free. Hall's Family Pills are the best.

Talked Too Much.

"You and Brown don't seem to get along as well as you used to," suggested the casual caller.

"How is that?" the youthful benedict, "he bored me."

"Indeed?"

"Yes. He talks too much. Why, I can't tell him a story of some bright thing my baby has done without his insisting on narrating some wearisome tale about his baby."—Chicago Post.

India Rubber Nails.

India rubber nails for use in places where ordinary nails are liable to corrosion, are a German novelty.

When Women's Ages are Known

When women go to buy a dress in Japan they tell the shopkeeper their age, and if they are married or not, because there are special designs for the single and double relations of life as well as for ages. The consequence of this peculiar custom is that you can tell the age of every woman you meet and know whether she is married, precisely as though she were labeled.

Those Unsightly Pimples can be entirely removed by the use of Miller's Compound Iron Pills.

When Jim was young he suffered from a keen and knowing pain. Because he could not wear a lot of watch-chain on his chain. Now he is older, and of course he suffers still the while, for though he can those gags buy they've long gone out of style.

Miller's Liniment is used by physicians.

The alleged Count Toulouse de Lautrec will have to go back from Chicago to Montreal to answer to the great language of the world, the surrender for him has been issued by the U. S. State Department and sent to the British Embassy.

The happiest life is that which constantly exercises and educates what is best in us.—Hammerton.

THE BEST CORN CURE

IT IS NEITHER CAUSTIC, CORROSIVE NOR IRRITATING.

POTNAM'S PAINLESS CORN and WART EXTRACTOR.

Potnam's Painless Corn and Wart Extractor is guaranteed to remove Corns without pain. It never leaves any sore spots or painful ulcerated cavities. It doesn't inflame the surrounding parts.

Potnam's Corn Extractor goes right to the root of the trouble, and there acts so quickly and so painlessly that nothing is known of the operation till the corn is shelled.

Potnam's Corn Extractor is warranted to cure every time. Your money will be refunded if it fails.

BEWARE OF IMITATIONS.

Sold by all druggists and dealers in medicine or sent post paid on receipt of 25c. to any address by N. C. Polson & Co., Kingston, Ont.

Catarrh, ozone Cures Coughs, Colds, etc.

Rheumatism.

is Uric Acid in the blood. Unhealthy kidneys are the cause of the acid being there. If the kidneys acted as they should they would strain the Uric Acid out of the system and rheumatism wouldn't occur. Rheumatism is a Kidney Disease. Dodd's Kidney Pills have made a great part of their reputation curing Rheumatism. So get at the cause of these fearful shooting pains and stiff, aching joints. There is but one sure way—

Dodd's Kidney Pills

The Lazy Husband Overlooked.

A socialistic writer says, of the entrance of women into many employments hitherto occupied only by men, "Where women compete, wages are lowered and consequently large numbers of men cannot afford to marry." Nonsense! Large numbers of men who could not afford to marry, under the old system, because they were too lazy to earn a living can now find a wife to earn it for them. Why mourn for "the good old times?"—Hornellsville Times.

Keep Minard's Liniment in the house.

Surprised at the Thought.

Cholly—I think in me heart—
Daist—Why, Cholly, you must be a freak. Every one else thinks in his head.—Chicago News.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. 25c. E. W. Groves' signature is on each box.

Rubber Heels.

India rubber heels on shoes, decreasing the fatigue of marching, will soon be adopted by the French army.

That tired feeling will disappear; your appetite will improve; your digestion will be perfect; if you will take Miller's Compound Iron Pills.

Why He Did It.

"Your friend, the poet, wears his hair frightfully long."
"Yet he has the best of reasons."
"How is that?"
"Why, you know, he says, 'there is no short cut to fame.'"

Minard's Liniment Lumberman's Friend.

"There are about 14,000 people in Chinatown," said one of the six companies' officers in San Francisco last night. "Of this number at least 4,000 are painless and without food, except what is supplied by the merchants and the six companies."

A VALUABLE RECIPE

For Coughs, Colds and Lung Diseases

Take a half teaspoon full Flax-seed Tea with a dose of EBY'S

GERMAN BRUST BALSAM

Four or five times a day. It never fails to give immediate relief.

25 and 50 cents at all Druggists, or from M. F. EBY, Chemist, Fort Elgin, Ont.

VIRGINIA HOMES.

You learn all about Virginia lands, soil, water, climate, resources, products, fruits, berries, mode of cultivation, prices, etc., by reading the VIRGINIA FARMER. Send loc., for three months' subscription to

Farmer Co., Emporia, Va.

HOW TO MAKE FUDGE.

Lovers of Fudge Will be Delighted With This Rule.

Those who are fond of chocolate "fudge," a confection dear to college students especially, and almost universally known and liked, will welcome some new recipes for other kinds of fudge selected from an article on the subject in the Delineator. Fudge should be stirred constantly while cooking; butter, vanilla and nuts should always be added at the last moment. When a little of the candy forms a soft ball in cold water it is ready to be taken from the fire, when it must be beaten till smooth, heavy and cool enough to retain its shape, then poured into buttered tins or plates. Nuts may be added to the maple fudge and also to the chocolate fudge substituted for grated coconut for other nuts in the cream fudge recipe, dried a little in a slow oven before using, or that which has been grated the day before, or even the prepared coconut, though the other is better. A cupful of fruit chopped fine may be substituted for nuts also with good effect—candied raisins, dates, figs and citron. We quote three recipes from this article.

Chocolate Fudge—Two cupfuls of granulated sugar, two-thirds cupful of granulated sugar, two-thirds cupful of new milk, two squares of chocolate, butter the size of a walnut, vanilla to flavor.

Maple Fudge—Two cupfuls of maple sugar ground fine before measuring, two-thirds cupful of milk, butter the size of a walnut, vanilla to flavor, one cupful of chopped nut meats.

Cream Nut Fudge—Two cupfuls of granulated sugar, two-thirds cupful of milk, butter the size of a walnut, vanilla to flavor, one cupful of chopped nut meats.

If your child is pale, peevish, and does not thrive, a dose of Miller's Worm Powders occasionally will cure.

Rebellion.

Mrs. Peck—Why did you go and buy golf shoes instead of shad with that money I gave you for marketing to-day?

Hen Peck—Well, my dear, I thought I would prefer plaid shank to planked shad.—Exchange.

Miller's Compound Iron Pills; only 25 cents for 50 doses.

Over 6,000,000 persons in India are now receiving famine relief.

Mrs. Winslow's Soothing Syrup should always be used for Children Teething. It soothes the child, softens the gums, cures wind colic and is the best remedy for Diarrhoea. Twenty-five cents a bottle.

ISSUE NO 25, 1900.

For the Baby

The fifty-cent size is just right for the baby. A little of it in the bottle three or four times a day will supply precisely the fat all thin babies need. If your baby does not gain in weight as fast as you would like, try

Scott's Emulsion

The result will please you. If the baby nurses, the mother should take the emulsion. It makes the baby's food richer and more abundant; only buy the dollar size—it's more economical.

Both mother and child will feel at once its strengthening, upbuilding and fat-producing properties.

Small bottles, 50c. and 25c. SCOTT & BOWNE, Chemists, Toronto.

LIVE AGENTS SEEK PROGRESSIVE COMPANIES

See our new "Business" and "Return Premium" plans. Agents (Men or Women) everywhere without experience, wanted in your locality. Insurance in force over Eighty Millions. Star Life Assurance Society, Toronto.

FITS PERMANENTLY CURED BY DR. KLINE'S Great Nerve Restorer. No fits or nervousness after first day's use. Send to 923 Arch street, Philadelphia, Pa., for treatise and free 2¢ trial bottle. For sale by J. A. Harte, 1789 Notre Dame street, Montreal, Que.

Mrs. Winslow's Soothing Syrup should always be used for Children Teething. It soothes the child, softens the gums, cures wind colic and is the best remedy for Diarrhoea. Twenty-five cents a bottle.

We Have Done Our Part in Making for You Pure and Strong Sugar. Will You do Your Part and Buy Them?

ST. LAWRENCE SUGAR REFINERY.

100% Pure.

K O C T S O O D W
M A S O H T T S
N O E I U I A H

\$200 IN GOLD, ...FREE...

We will give the above award to any person who will correctly arrange the above letters to spell the names of three small Canadian cities. Each line represents one name. Should there be more than one set of correct answers, the money will be divided equally. For instance, should five persons send in correct answers, each will receive \$40.00; should ten persons send in correct answers, each will receive \$20.00; twenty persons, \$10.00 each. We do this to quickly introduce our firm and goods. We handle as quickly as possible. SEND NO MONEY WITH YOUR ANSWER. This is a FREE contest. A postcard will do. Address N. Y. Supply Co., Box C, Orillia, Can.

GOLD DOLLARS FREE TO BABIES

The Handsomest Baby Gets The Handsomest Prize. ALL JUDGED FROM PHOTOGRAPHS ONLY.

To interest Canadian mothers in a standard preparation throughout the world

THE BRITISH CHEMISTS COMPANY

PROPRIETORS OF

English Teething Syrup

ARE GOING TO GIVE, WITHOUT COST IN ANY WAY,

A TWENTY DOLLAR GOLD PIECE to the prettiest baby in Canada. A TEN DOLLAR GOLD PIECE to the 2nd prettiest. A FIVE DOLLAR GOLD PIECE to the 3rd prettiest. A TWO-AND-A-HALF DOLLAR GOLD PIECE in order of merit, to each of the next 10 prettiest babies. A ONE DOLLAR GOLD PIECE in order of merit, to each of the next 40 prettiest babies, while to every mother sending her baby's photograph, will also be given FREE our ILLUSTRATED BOOK, "MOTHERHOOD, or the Care of Children in Health and Disease," on receipt of ten cents to cover cost of mailing.

CONDITIONS: READ CAREFULLY! Every person intending to send photograph of baby, must send us post card at once stating when the photo will reach us. All photos sent in must reach us not later than July 14th.

Do not send photos of children over 3 years old; they will not be considered.

Photos must be plainly marked with age, sex, name of the child and full name and post office address of the parents. The smallest picture will receive as much consideration as the largest.

The prizes will be awarded by a committee of seven disinterested ladies, and distributed by mail to the respective winners, August 4th, 1900.

The pictures of all babies competing will be published in beautiful half-tone engravings in Toronto Globe, beginning Saturday, August 4th, 1900. Photos returnable on receipt of postage.

As we have no time to answer needless correspondence, please do not ask for further information, simply send post card, stating when picture will be sent.

Address, **BRITISH CHEMISTS COMPANY, Dept.**

108 Victoria Street, TORONTO, CANADA.