

Hill to Bancroft, 21
Mont Railway Co. Mont
Tite Junction, on the
railway, Que., 33 1/2
miles from main line to
1/2 miles.
Saline and Quarry Co.
Western County rail-
via Adelaide and Ark-
Teedford, or Parkhill, 24
ey and Riviere du Loup
Ludington to Woodstock, 20
bury, N.S., to St. Peter's
uro, N.S., 58 miles.
S., on the I.C.R., to
tation, N.B., to Stanley
ville, or some point
in St. Valentine
Bobegeon, via Lind-
Pacific Junction rail-
Hull, nine miles.
ort and Bristol branch
anch from P.P.J. at
ain railway and Law-
astman to Waterloo, 13
Lake Superior, Caplin
0 miles.
ies railway, branch
to Sorel, 6 1/2 miles.
ount Johnson to St.
on, one mile.
y, Dunnenburg, N.S., to
aledonia, 63 miles.
Queen's County, N.S.,
5 miles.
Lake St. John railway
Ha bay, 12 miles.
ESUBSIDIES.
es the bridge sub-
\$1,000,000
50,000
35,000
iver.
over Shu-
ver, N.S.
33,750
2
15,000
15,000

AL INSURANCE.

Enormous Cost should

be Bear?

The taxpayers of Eng-
land S. Hurd asks:
the navy represent as a
Before he answers the
Hurd proceeds to give
strength of the navy, in
ends every Englishman
here are now 489 ships,
in the British navy.
1885 England spent on
\$6,000 per year on new
the average has risen
and this year the Ad-
ding \$46,250,000 on new
addition to the \$8,000,000
airs and alterations of

ells on the astounding
the past eleven years
has spent \$350,000,000 on
and has devoted to the
the twelve years that end
\$65,000,000. To-day Eng-
of 489 ships, which
displacement of 1,500,000
great fleet nearly two
most efficient and pow-
have been built during
years.

ONE OF THE NAVY
lines of battle ships, \$20,000,000. These float-
\$10,000 officers and
2,671 guns. There are
British battleships, \$10,-
armored cruisers, \$6,-
steamed cruisers, \$145,-
protected. Included am-
er craft are 218 torpedo
owers, and 35 larger

op. Mr. Hurd itemizes

the British navy as fol-
four battleships, \$20,000,-
fence vessels, \$16,000,-
cruisers, \$6,000; 119
cruisers, \$11,180,000; 35
\$16,000,000; 120 torped-
\$30,000,000; 98 torped-
a total of \$540,000,-
nety-seven ships now in
construction are added the
of the British navy will

question. What does
sent as a national as-
says: "These are the
in time of need will
us and an enemy, which
merce, protect the col-
continually patrolling
ways. The colossal sum
paid out for the navy
funded capital of Great
state of insurance of
foreign foe."

ERED FAMILY.

mily is that of Mr. and

King of Charsfield,

nd, which consists of

three daughters.

on has a post in Aus-

is a foreman garden-

er who resides at Wick-

Suffolk.

is a captain in the mer-

now proceeding to

Color Sergeant in the

ards at Gibraltar.

is a civil engineer in

first-class petty officer

Navy, now at Ascension

is a fireman in the

Brigade.

Lewiston police con-

daughter is proceeding to

the service of Lord Tenny-

daughter and ninth son

not yet being old enough

to the world on their

ility.

HOUSEHOLD.

CHILDREN'S SUMMER FAIR.

To many mothers the warm season is fraught with dread of digestive troubles for the little ones. They feel that all kinds of intestinal disorders stalk through the land in search of the younglings of the flocks. In this matter pre-eminently, is the proverbial ounce of prevention worth vastly more than many pounds of cure. The best way to keep a child's digestive organs in good condition is by never allowing them to become disordered. In order to attain to this longed-for state the mother herself must regulate the child's diet.

One of the first precautions needed is a careful investigation of the drinking-water. Country wells and the water supply at fashionable summer resorts are often contaminated. If there is the least uncertainty about the quality of the water it should be boiled thoroughly before it is given to children. All water given to a baby under two years of age must be boiled. The "flat taste" of which some persons complain, may be obviated by pouring the water from one vessel to another for several minutes before drinking it. Bottles containing boiled water may be closely corked and laid in the refrigerator closer to become chilled. Food water must be boiled.

Doubtful milk must be sterilized or Pasteurized before the little folk indulge in it. This process is not necessary when the liquid is to be taken by children past the teething age—always providing the milk-supply to be good, and taken from many cattle rather than from one cow.

Fresh vegetables may be eaten by the children who are old enough to have a mixed diet. From this diet exclude cucumbers, new potatoes, radishes, turnips and cabbage.

The little ones may indulge freely in fresh ripe fruit, and should be encouraged to eat this for dessert in preference to any other food.

Here is a good bill of fare for children. For breakfast, boiled hominy or rice served with an abundance of milk or cream, a poached or soft-boiled egg, whole wheat muffins or lightly buttered toast, berries and sugar. For noon, which must be the children's dinner hour, mutton broth, rare beef, baked potatoes, green peas, and for dessert, fresh or stewed fruit, with sponge-cake made the day before. For supper, bread-and-milk and apple sauce.

ON GROWING LILIES.

Suppose you want to begin a collection of lilies this fall. Now is the time to plant, right away. What bulb will you have? Here are L. candidum, white as snow; L. tenuifolium, brilliant scarlet; L. lancifolium rubrum, white and rose with crimson spots; L. Karneri, rose pink, and half a dozen others, all good enough for a start, at fifteen cents each. The five species of

Nervous Dyspepsia.

A YOUNG LADY IN TRENTON RELEASED FROM SUFFERING.

She suffered untold agony from stomach trouble and sick headaches—Dr. Williams' Pink Pills cured her.

From the Courier, Trenton, Ont.

Some years ago we reported the case of Wm. Pickering, Trenton, being cured of locomotor ataxia. He was not able to move and was confined to his bed for weeks. Dr. Williams' Pink Pills and immediately obtained relief. He is still free from the terrible excruciating affection, and enjoys active, robust health. We have just learned of another positive cure through using Dr. Williams' Pink Pills. It is the case of Miss Cassie Way, who has been an acute sufferer from that common foe of humanity and the foundation for many other ills, dyspepsia. For nearly eight years Miss Way suffered untold agonies with sick headache and pain in the stomach. She tried several doctors without any benefit. A year ago she came to live with a friend in Trenton, Mrs. W. L. Derbyshire, and was so reduced that she could not sit up hour after hour. She feared her trouble would drive her crazy. She was advised to try Dr. Williams' Pink Pills. She replied that she had used a box before and they had done her no good. It was urged that she could get relief from one box and she commenced them again. She continued using the Pills throughout the year with the result that she has completely recovered her health. Her appetite is good and has gained flesh rapidly, and is able to attend to all her household duties. She voluntarily offers this testimony as a tribute of gratitude for the benefit she has derived with the hope that others suffering as she has, may be induced to try this health restoring remedy. Mrs. Derbyshire adds her testimony to the correctness of the statement of Dr. W.

Allow me to add that for four or five years the editor of this paper has suffered from an itching rash that attacked all his joints and all the clefts within reach failed to banish it. He took Dr. Williams' Pink Pills last year and is nearly well.

Dyspepsia, rheumatism, sciatica,

neuralgia, partial paralysis, locomotor ataxia, nervous headache, nervous prostration, kidney trouble, and diseases depending upon humor of the blood, such as scrofula, chronic erysipelas, etc., all disappear before a fair treatment with Dr. Williams' Pink Pills. They give a healthy glow to pale and renew the entire system. Sold by all dealers or sent post paid \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont. Do not be persuaded to take some substitute.

HIS MESSAGE.

Excitement is often the cause of strange telegrams, as well as of other strange manifestations.

A man who had been one of the passengers on a shipwrecked vessel was rescued almost by a miracle. On arriving at a place from which he could send a telegraphic message, he forwarded the following despatch to his brother:

I am saved. Try to break it to my wife.



CANADA'S GREATEST FAIR.

This year will mark the coming of age of Canada's Great Fair and Industrial Exhibition, which will be held in Toronto from August 28th to Sept. 9th. It is just twenty-one years since the Toronto Exhibition was established as an annual institution under the present management. During that time it has increased five fold in every direction, and to-day can fairly lay claim to having assumed a national character. Last year upwards of 300,000 people attended, and this year such arrangements are being made as will warrant

the exception of a still larger attendance. Many entirely new features will be presented, while the exhibits with an increased amount given in prizes, totalling \$35,000, will undoubtedly crowd the six hundred thousand dollars worth of buildings to their utmost. The usual brilliant military spectacles will be given, illustrating recent famous feats of arms on land and sea by both England and America, and arrangements have been made for wireless telephoning and the improved X rays. In short, the Exhibition will be more than ever up-to-date.

MONTRAL HOTEL DIRECTORY.

The "Balmoral," Free Bus Am. Plan. Hotel Carslake, European Plan. Rooms G.T.R. Station, Montreal. Get Carole & Co., Prop. E. AVENUE HOUSE—Montreal College. Family Hotel rates \$1.50 per day.

ST. JAMES' HOTEL—Opposite G.T.R. Depot. Two blocks from St. James Station. First-class Commercial House. Modern in

arrangements. Rates moderate.

day lilies cost twenty cents a bulb, an unusual one, the deep orange popular now, costs fifty cents, and a lavender one twenty-five cents. But you can do without these at first.

A fad for iris is much less expensive. Fine named German irises cost fifty-five cents a dozen, five cents each; the Kempferi sorts are ten cents, each; and the Fritillaria, white and yellow, one-half dozen, the joy of their first blooming!

The successful bulb culture out doors the essentials are a well draining soil. Fresh lilies, which are to grow on undisturbed year after year, throw out the soil for a depth of two feet, then put in six inches of well rotted cow manure. Then you want a foot of good garden soil, an inch of clean sand on top of it, and then on this you place the bulbs. Cover them with sand, and fill up with more good garden soil. Never let manure of any kind come in contact with bulbs; it is sure to rot the root.

Water will injure the tulip bulb more frost. Set in a well drained spot, so that the bulb reaches below the surface if the soil is heavy four inches of it is light. The bulb should be mulched after the ground has frozen a little. The crocus will blossom "any old place," unless it stands in water.

GOOD RECIPES.

Chicken Fritters.—One cup of flour

one teaspoonful baking powder, one half cup of milk, two eggs. Beat eggs thoroughly, add the milk. Then pour on to the flour and baking powder sifted together. Beat thoroughly with a wooden spoon. Cut chicken or veal in thin slices or take the small scraps and sprinkle with salt. Dip them into the batter and fry in hot fat.

Eggs on Toast.—Brown a slice of bread nicely over the coals, and while doing this break an egg into boiling water, and let it stand over the fire till the white hardens. Butter the toast, take up the egg with a skimmer, lay it on the toast and serve.

Crab Apple Jelly.—Wash and cut out any imperfections; set on the stove and cover with water; cook slowly until soft enough to strain. Then take off and drain through a jelly bag. To off and strain through a jelly bag. To

Music boxes for bicycles are now manufactured by a firm in Hamburg, Germany.

TOURS IN THE ROCKY MOUNTAINS.

The "Scenic Line of the World," the Denver and Rio Grande Railroad, offers tourists in Colorado, Utah and New Mexico, the choicest resorts, and to the trans-continental traveller the grandest scenery. Two separate and distinct routes through the Rocky Mountains, all through tickets available via either. The direct line to Cripple Creek, the greatest gold camp on earth. Double daily train service with through Pullman cars and tourist sleeping cars between Denver and Los Angeles. The best line in Utah, Idaho, Montana, Oregon and Washington via the "Golden Gateway." Write S. K. Hooper, G. P. & T. A. Denver, Colorado, for illustrated descriptive pamphlets.

Breaded Peaches.—Put the peaches in boiling water for a few minutes, when the skin will peel off easily. Make a syrup of half a pound of sugar and half a teaspoon of water for each pound of peaches. Skim as the syrup rises in boiling, then put in the peaches and boil them gently until tender—no longer. Take them out carefully and fill your cans or jars. Remove the syrup from the fire, and add to it half a pint of brandy to every pound of peach cake.

Double Tires, give good service—Send early—not last.

Headquarters for—Cochrane Single Tubes, C. & J. Detachable, Morgan & Wright, Bicycle Sundries, Saddles, Tubes, &c. Dealers please apply.

American Tire Co., 164-168 King St. West, TORONTO.

It is estimated that one crow will destroy 70,000 insects every year.

CLEVELAND FOR THIRD TERM.

Washington, D.C.—The possibility of his party uniting on Mr. Cleveland for third term is attracting increased attention here, and his nomination, despite its exceptional character, is now an impossibility. Reciprocal trade relations with Canada and the admission into the United States free of duty of that celebrated Canadian product, Putnam's Painless Corn Extractor, on account of its painless action and certainty, would be a plank in his platform. Sure! safe! painless!

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JOLLY BOYS.—Sift thoroughly two and one half heaping tablespoonfuls of yellow corn meal, two heaping tablespoonfuls of flour, one tablespoonful of sugar, one saltspoon salt, one egg, one heaping cup flour, one teaspoonful baking powder, and one teaspoonful cinnamon.

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DISCOVERED AT LAST.

A wholesome, nourishing preparation which takes the place of tea and coffee cures indigestion, and all complaints caused by tea and coffee which are poisonous. Rocko Health Drink is absolutely pure and is used at your meals instead of coffee. A 10c package will make 75 cups. Rocko also makes a delicious summer cold drink.

For sale by grocers. Ask for it.

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RELIANCE CIGAR FACTORY, Montreal.

Only 1 per cent of the telegrams over seas are concerned with family or private matters. The rest are commercial, legal, medical, or official.

GRANDE RUE, DOMINION SUPPLY HOUSE, 2 King St. W., Hamilton, Ont.

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