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all medicines, is treet the organ South American calty the organ niward evidence impoverished all owe their pt of the nerve bear testimony cured of these

the the skill of elclane, because ne has gone to n Nervine. Peothey know beit does everyr it. It stands certain ouring century. Why stress and sick-

is practically

THE YANG-TSE VALLEY.

4 New Field for Civilized Enterprise-Gold

of the Yang-tse-Kiang recently has of patriotism differ somewhat from cines. Hood's Sarsaparilla purifies, those that prevail in other countries. enriches, and vitalizes the blood, tones that prevail in other countries. of China, more particularly with relation to the Yang-tse Valley. He and fortified naval stations now held an appetite and gives good digestion, was for some time established at Ichang by European powers remain open as and Hood's Pills keep the liver and but has moved up to Chung-King, an important trade centre in Sze-Chuen, mon action to achieve a result that headaches. at the junction of the discharge of would be for the benefit of the people several rivers into the Yang-tse. He of China and advantageous to the comdescribes the basin of the Yang-tse as comprising an area of about 700,000 square miles, and as being the richest sub-tropical region in the world, and inhabited by a thrifty, hard-working population. The whole region, except

Regarding the mountainous country to the westward of the Min River, one of the main tributaries of the Yang-

has made a journey into that region three calmest months of summer, and this year. He speaks of the strategical the so-called maneuvers take place the speaks of the strategical the so-called maneuvers take place is at White Lodge, to see those humble is at White Lodge, to see those humble is at White Lodge. and commercial importance of Tach- ashore on the Kenal Peninsula, is at White Lodge, to see those humble ing stronger daily. My appetite reand commercial importance of Tach- ashore on the Kenal Peninsula, is at White Lodge, to see those humble turned, the dull, heavy, weary ache turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see those humble turned, the dull, heavy, weary ache to see the see that the dull, heavy, weary ache to see the see that the dull, heavy, weary ache to see the see that the dull, heavy, weary ache to see the see that the dull, heavy, weary ache to see the see that the dull, heavy, weary ache to see the see that the dull, heavy, we are the see that the see that the dull, heavy, we are the see that the gateway into the elevated plateau of his self-reliance, which makes him fit hankful words ever added by Her sound and refreshing. To-day I am look the from Central China.

the forwarding trade between Tibet and which cannot work without the other the Yang-tse Valley. The exports from bits. He is huge in stature—a giant the plateau are principally musk, wool, compared with our men-but in his last comes mostly in the form of dust, pline, he is utterly unfit for active the latter the most gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. At no time, put in service experimentally in Berlaid before this little court. Its members gold. however, was the quantity very great lin. It has accommodations for 26 and complaint, and give independent to offer each one midthat came from these workings in the passengers, measures 23 feet in length way of trade, not much over 8,000 by 61-2 feet in width, while its weight, that came from these workings in the passengers, measures at the passengers, measures are laid, lering from Catarri, letter of the committee, bronchitis, &c., a sample outfit of with the judgment of the committee, bronchitis, &c., a sample outfit of with the judgment of the committee, before the queen herself. ounces annually, and latterly this has decreased to about half, owing to the chronic disorders in that part of the about one and three quarter tons, a siderable quantities are brought out kilometers, 371-2 miles, at a speed twolve good rules found in the Study power fails to cure So write at once in small parcels that do not pass ranging from six to twelve kilometers of Charles I, of best Memory.: "huang-huo, traders, the dealers from front axle of the omnibus. the interior demanding nearty the full

value of the gold at Chung-King. Tibetans are said to have the strongest objection to mining of any kind, but do not object to washings in the alluvial sands of the river beds. They fear the indux of large bodies of

tain mines had not been worked since son for the consumption of doubtful the time of Yung Cheng, from 1723 to pasties.

1735, the quantity of gold must have increased largely.

Concerning the political situation, Mr. Little appears to be of the opinion We never know when an apparently that the best policy to be pursued with healthy system in y succumb to a cold message on a postal card, with the re-Mr. Archibald Little, a gentleman regard to China is to maintain its terwho has spent the better part of his ritorial integrity, but to insist on the fever or the grip. The only safety at stamp and drops it into the train letwho has spent the better part of his ritorial integrity, but to insist on the fever or the grip. The only safety at stamp and drops it into the train letter better part of his perfect freedom of trade with all the this season is in keeping the blood this season is in keeping the blood the box. At the next station the box world. Of the Chinese people he evibeen largely instrumental in develop- dently has a high opinion, for he speaks and the bowels regular. Hood's Saring the navigation of the upper reaches of them as loving their country and saparilla and Hood's Pills are the most of the Yang-tse-Kiang recently has its independence, though their ideas and valuable winter medidiplomacy should not bring about com- lou ness, constipation, indigestion and

SEASICK SAILORS.

Any man who believes in the Rusteau of Tibet, is cultivated like a gar- sian Navy should keep his eye off the den, the mountains of Sze-Chuen being Russian bluejacket. A real sailorman terraced to their summits. The soil is has fingers bent up like fishhooks, thickly settled population. The mineral his hands like a soldier, and cannot child greater in the control of th resources of the country are great but quite undeveloped. Mr. Little, however, from the need at sec of bearing up the windward side of a rolling ship. those who waited on her. of Unina when mining and steam navigation are taken in hand by foreign less the body poises and balances to by the queen before a number of neomeet every motion of a ship the result ple for an inconsiderate remark made advertised in the epapers, would do for

ancing at sea, and seasickness in the lest masters and get the best serare given in a report by a British con- Russian fleet is a source of actual report by a British con- Russian fleet is a source of actual report by a British con- Russian fleet is a source of actual report by a British con- Russian fleet is a source of actual report by a British con- Russian fleet is a source of actual report by a British conare given in a report by a British consular official. Mr. G. J. Litton, who
Squadron can pair put to sea in the

This town has about 9,003 inhabitants, But the Russian blue jacket has none But the Russian blue jacket has none of this Hole and the first stronger and better again. This town has about 9,000 inhabitants, mostly Tibetans, who are engaged in the forwarding trade between Tibet and the forwarding trade

kilometers, 371-2 miles, at a speed twelve good rules, found in the Study to the above address through the hands of the regular an hour. The moret is geared to the

PRINCESS AND DEAN. A story relates to Princess Beatrice, who, when a little girl, used to play at cooking. She had on one occasion made some cakes which were more but there are also certain geomantic than usually bad, and all her friends superstitions. The idea is that gold in declined to taste them. "Very well, the reef represents a vital principle then," said the little Princess, "as Dr. which produces gold dust by some mys- Stanley is not here I shall give them terious process of generation; if the to the donkey." The late Dean Stanree's were worked, it is believed that ley was a great favorite with the not only would the alluvial gold dis- Queen's younger children; he had so appear, but that the prosperity of the many entertaining stories to tell. whole country would wither away. The Princess Beatrice was well aware that Chinese hold similar views for in a Cen- he had neither taste nor smell, hence sor's Memorial it is stated that as cer- she considered him a most proper per-

## Grippe Epidemic

Again Sweeping Over Canada With Unusual Virulence.

The most Violent Attack Since 1890, Leaving Behind a Host of After Effects that Make Life to expatiate upon, here and now. But Miserable.—Prompt and Effective means College report, I am one with your should be Taken to Strengthen the System. bountry in one of its periodic epidem- lisms' Pink Pills in removing the after fit in Thomas-Phosphate Powder, as effects of la grippe. The disease left

bountry in one of its periodic epidemics, is one of the most treacherous and
ics, is one of the most treacherous and
ics, is one of the most treacherous and him a victim to cold chills, violent him a victim to cold chills, violent to fay it before us?" I beg difficult diseases with which medical headaches, dizziness and severe palpidifficult diseases with which medical headaches, dizziness and severe particularly diseases with which medical headaches, dizziness and severe particularly diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with which medical headaches, dizziness and severe particular diseases with headaches, dizziness and dizzin effects that it is particularly disas- sulted a doctor, who stated that the ence may possibly fear that if the retrous, and these assume many forms, trouble was likely to develope into trous, and these assume many forms, suited a doctor, who stated that the re-prominent among which may be men-prominent among which may be mentioned heart weakness, bronchial and lung troubles, nervous prostration, about three months but was gradually about three months but was gradually ceived the full appreciation which its lung troubles, nervous prostration, about three months out was gradually ceived the full appreciation which its alternate chills and fever, a feeling of growing weaker and unable to do any merits deserve, it would simplify so alternate chills and fever, a feeling of growing weaker and unable to do any merits deserve, it would simplify so constant tassitude and an interpolation to either mental or physical exertion. Often the sufferer does not recover from the after effects of la grippe for months, and in cases of previously enmonths, and in cases of previously enmonths, and in cases of previously enmonths, and in cases of previously entoned and in case and in cas from the after effects of la grippe for months, and in cases of previously enfeebled constitutions and among those Before the third was used there of advanced age, the number of cases was good evidence that they were

it is imperative that the system should vigorous as I had ever been, and I terminating fatally is appalling. be thoroughly toned up, the nerves can heartly recommend Dr. Williams' strengthened and the blood enriched. Pink Pills for the manifold troubles Dr. Williams' Pink Pills is the only that follow an attack of la grippe. medicine that can be depended upon for If you have suffered from an attack promptness and thoroughness in this of la grippe procure a supply of Dr. the constituents that give it richness, the genuine, as imitation; never cur.d redness and strength, thus driving out | anyone. If your dealer does not keep disease and acting as a tonic and them, send direct to the Dr. Williams

Mr. Harry Dagg, a well known will be mailed post paid, at 50c. a 50x armer living near Ninga, bears testi- or six boxes for \$2.50.

Even after a mild attack of la grippe boxes were used I was as strong and mergency. These pills are a true Williams' Pink Pills at once, and they uiood feeder, bringing to the vital fluid will put you right. Insist upon getting

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Rowe, who keeps a grocery store at No.

311 Dundas street, here, and who is

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large number of people in the town,

had a very narrow escape from an un-

To our reporter, who called on the

"I have had an experience such as

fall to the lot of very few women.

the first year.

that I was getting nice and fat. Sec-

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by local applications as they cannot reach the

Eustachian Tube. When this tube is inflamed

you have a rumbling sound or imperfect hear-

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she is also just and considerate. The Princess Royal, now the Dowag- Twelve years of my life were made al-

me. I took a good many bottles of one

"The result of her wise training," tinually grew worse. not roll in his gait ashore, but march- writes a member of the royal house- "One day I was advised by a friend es. Neither has he any sense of balmy daughter's life, and she was worse

A strange institution, but one that winter overcoat it is impossible to dis- works admirably, was organized by the higher officers who serve in the royal

chronic disorders in that part of the about one and three quarter tons, and thought letter decument about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in that part of the about one and three quarter tons, and three disorders in the servants disorders in the servants. country. But it is known that con- is stated to have a capacity sufficient to sufficie

Urge no healths. Pick no quarrels. Maintain no ill opinions. Encourage no vice. Repeat no grievances. Reveal no secrets. Make no comparisons. Keep no bad company. Make no long meals. Lay no wagers. These rules observed will maintain Thy peace and everlasting gain.

love Farms tor sale. \$2 per acre cash, being

It is an unexplained fact that glow- direased portion of the ear. There is only one

worms are much more brilliant just way to cure deafness, and that is by constitubefore an approaching storm than at any other time. A writer in "The Stockbreeder" as- the result, and unless the inflammation can be

condition, hearing will be destroyed forever; something approaching the important nine cases out of ten are caused by Catarrh, nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of cupy in agriculture in the future. the mucous surfaces, "Possessing as I do keen sympathy with case of D afness (caused by catarrh) that canour cattle breeders, graziers, and not be cured by Hall's Catarrh Cure. Send farmers generally, I would esteem it for circulars; free. J. CHENEY & CO., Toleto, O. a privilege to add, through you columns, my quota of testimony to the splendid manurial qualities of this phosphate. I have used it on my land, where it has transformed pure grass bedrooms of Turkish houses. Rarely is bedrooms of the a chair seen in any of them. A few houses beautiful clover-bed of the a chair seen in any of them. A few into a beautiful clover-bed, of the a chair seen in any of them. A few greater feeding and meat-producing of mats adorn the room, and the bed is which, compared with the former con- stretched on the floor. dition of the herbage, it is needless to expatiate upon, here and now. But correspondent "J.W.H." when he says: ment, Tooth Powders, etc., have been "In the closing paragraphs the differ- awarded 100 medals and diplomas for superior ence in albuminoid feeding value, of excellence. Their regular use prevent infactithe turnips, I take as the pith of the ous diseases. Ask your dealer to obtain a whole experiment. If there is a benewhole experiment. If there is a bene-

As the winner of the blocky wears the Blue Ribbon is the Turf, so Alue Ribbon is the

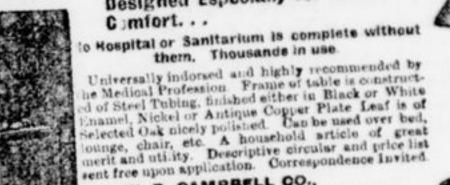
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