

THE GREY REVIEW
IS PUBLISHED EVERY
Thursday Morning.

AT THE
**REVIEW OFFICE, GARAFRAXA
ST., DURHAM.**

TERMS: \$1 per year, IN ADVANCE
CHAS. RAMAGE Editor & Proprietor

Standard Bank of Canada
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lots. Also lot No. 60, con. 2, W. G. R.,
Township of Bentinck, 100 acres adjoining
Town plot Durham.
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Apply to JAMES EDGE,
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Horse Shoeing Shop,
In the old stand. All hand-
made shoes. Also
WOODWORK
in connection.
A first-class lot of
Hand-made Waggons
for sale cheap.
Jobbing of all kinds promptly
attended to.
ALLAN MCFARLANE,
Proprietor.

SECRETS OF LIVING LONG.

**SAID TO LIE IN THE WILL POWER
OF THE INDIVIDUAL.**

All People Cannot be Methuselah's but a
Male Old Age should be Enjoyed by
Everyone—What a Certain Doctor Says.
If we are to believe certain medical
authorities in five hundred years' time
the creature man will be a totally
different being from what he is now.
In fact, according to numerous au-
thorities the world is going to be in-
habited by persons who, although
tracing their descent from our un-
worthy selves, will not be men and
women as we know them.

Not to mince matters, the present
man is to be abolished. Already one
distinguished wisacre—an anti-cy-
clist presumably—has discovered that
in 2400 the earth will be populated by
bald-headed, bicycle-humped, ap-
paritions without legs; another has
made the awful revelation that the
coming man will be minus his little
toe, because his forebears neglected to
find employment for that retiring or-
nament.

A third—more daring than his fel-
lows—has given out that instead of
children being born into the world
the future "infant" will be a grey-
bearded fossil with shattered nerves,
a head like a golf ball, and a lease of
life extending

TO ONLY TWENTY YEARS

before him—and all because the busi-
ness people of the nineteenth century
lived in a ceaseless whirl of excite-
ment and paid no heed to the prin-
ciples of health.

Whether these pessimistic predi-
ctions are to be realized depends not
a little on that very self sacrificing
class of men—the inventors. There
are some half-dozen individuals who
are under the impression that they
have discovered the secret of longevity.
One of them is endeavouring to cheat
the tombstone maker by living on oat-
meal porridge and turnip water in the
South of England. As passive as a
block of wood, his one idea is to shut
his door against worry. He refuses to
read the papers for fear of unset-
tling his emotions, and never goes to
London.

No doubt most of these would-be Me-
thuselahs are sad cranks, but all the
same there is no question that the ex-
citing times in which we live

PREJUDICE OUR CHANCES

of living to a ripe old age. The con-
sequences of living day in and day
out in a state of rush and worry are,
of course, more apparent in business
circles than anywhere else, and the
forms in which they manifest them-
selves are decidedly curious.
Hearing that there was a gentle-
man in London who makes a speciality
of the ailments of city men and long-
evity as well, the writer took upon
himself the liberty of calling upon him.
"Let me tell you first of all," ob-
served the doctor, "that it is possible
to so fortify the human system as to
make it absolutely impregnable to the
assault of disease."

"That means that we can live for
ever?"
"Not necessarily but the majority
of mankind die very much sooner than
they ought to do. My opinion is that
man should be able to live until he
is 120. It is quite usual for people in
Hindustan to live

LONG PAST A HUNDRED,

and if they do this why can't we?
As for myself I put my patients in
such condition that if they only act
up to my formula they won't contract
disease."

"How long are you going to live
yourself, may I enquire?"
"I think I shall live to be 130. There
is no cause for death if the balance of
forces can be maintained."
"You treat business men, I believe?"
"Yes; I have made a special study
of all the ailments that city men are
heir to, and most peculiar they are.
Scores of rich men come in here thor-
oughly shattered in health by the
anxieties and competition of business.
And really I don't wonder at it. Apart
from the stress of life we exist on an
artificial system. Why the trade in
pick-me-ups in the city has grown to
enormous proportions. There are men
who can't do a stroke of work until
they have taken a brandy and soda.
Indeed, they have become so accus-
tomed to simulate themselves, both
with brandy and drugs, that they can't
dispense with them."

"And you put them on their legs
again?"
"What I do is to inculcate the secret
of self-control. Half the business men
who go out of their minds do so be-
cause they are unable to control them-
selves. They haven't the will. They are
the slaves of their emotions. My point
is that emotion, being the expenditure
of force

IS AT THE ROOT OF ALL DISEASE.

Give your emotions unlimited play—
as nearly everybody does nowadays—
and you weaken your body to such a
degree that in the course of time you
are fit for nothing. To be in good
health and attain old age you must
know how to live a natural, calm, and
collected life."

"One of the principal complaints of
city men is loss of memory. Some of
my patients have so overtaxed their
brains that they can't trust them-
selves. I had a peculiar case the other
day. A patient came to consult me and
half an hour after I had wished him
good-bye, I was surprised to see him
back again. It appeared that he had
gotten to the railway station and for-
gotten the name of the place in which
he lived. He asked me to write it down
for him!"

"The basis of my treatment," the
doctor continued, "is to make the
patient equally sound in mind and
limb—so sound that he has absolute
control of himself."

**THE SECRET OF LIFE IS WILL
POWER.**

If you have will you can do almost

ROUND THE WHOLE WORLD.

**WHAT IS GOING ON IN THE FOUR
CORNERS OF THE GLOBE.**

Old and New World Events of Interest Chroni-
cled Briefly—Interesting Happenings of
Recent Date.

A letter travels from Khartoum to
London in 17 days.

The entire Afridi-Jirgahs have ac-
cepted the terms of the Indian Govern-
ment.

It is almost 700 years since a Chris-
tian emperor or king set foot in Jeru-
salem.

A firm of cycle manufacturers in
Paris are perfecting what they call
a gas bicycle.

Efforts are being made for the com-
bination of the leading colliery firms
of Lancashire.

The wealth of Great Britain and Ire-
land by recent estimate is placed at
£11,836,000,000.

In 1859 an eccentric miser named
James Camden Neild left £250,000 to
Queen Victoria.

Some of the sheep farms of Australia
are said to be as large as the whole of
England.

Mr. Chamberlain's collection of mod-
ern pictures is said to be one of the
finest in England.

The Bay of Bengal is the greatest
bay on earth. It covers an extent of
420,000 square miles.

Sirdar Lord Kitchener, of Khartoum,
is the title the conqueror of the Sou-
dan desires to be called.

The final interment of the remains
of the late Prince Bismarck took place
in Hamburg, on Nov. 29th.

Sunday passenger traffic on the new
Murghab Railway, from Mery to Sary-
Jazy, was re-opened recently.

Two letters of Mary Queen of Scots,
written just previous to her execution
cost an English collector £4,000.

Twenty American marines with one
galling gun, recently arrived at the
United States Legation at Peking.

In recognition of his brilliant and
successful year of office, the Lord
Mayor of London will receive a baronetcy.

It is estimated that 96,000 umbrellas
are lost on British railways every year.
Next to umbrellas, gloves are most
frequently lost.

There were 20,000 applicants for
tickets to the recent London banquet
to the Sirdar. All previous records in
this respect were broken.

The Lord Mayor of London recently
laid the foundation stone of the new
mission buildings in connection with
St. Mark's church, Dalston.

There are 256 railway stations with-
in a six-mile radius of St. Paul's
Cathedral, London, whilst within a 12-
mile radius there are nearly 400.

The Government of India have asked
for ten more temporary doctors for
plague duty or general duty in Mad-
ras; four candidates have already been
appointed.

The police stations of London, Eng.,
are not connected by telephone, and
an energetic newspaper crusade is being
carried on to secure that improve-
ment.

It is said that a letter of welcome
and congratulation from Queen Vic-
toria in her own handwriting was
given to General Kitchener on his ar-
rival at Dover.

The Home Secretary of the British
Government has appointed a commit-
tee to enquire into the grievances al-
leged to exist in connection with com-
pulsory shop clubs.

Coal is cheaper in China than in
any part of the world. It is dearest
in South Africa. Ireland contains
plenty of unworked coal, but it has
never been turned to account.

In the Dublin Police Court recently
a fine of £15 was imposed upon the
proprietors of the Theatre Royal there
for breach of regulations respecting
the means of exit from the theatre.
Captain Nicholls, chief constable of
Newcastle-on-Tyne, Eng., was recently
requested by the City Council for his
resignation, on account of unnecessary
harsh treatment of the force under
him.

The University authorities at Oxford
have decided that individuals attend-
ing to take degrees are not to present
themselves in brown boots, these pecu-
liar articles of attire being absolutely
prohibited.

A successful burglary was recently
committed at Marylebone parish
church, England. The contents of the
poor box, £12, were extracted and a
stained-glass window, valued at £50
was taken.

The Falmouth ratepayers have re-
jected, by a majority of 865 on a poll,
the proposal of the corporation to pur-
chase the gas and water works from
the existing companies. The scheme
involved a purchase price of over
£100,000.

Newspaper Laws.
We call the special attention of Pub-
lishers and subscribers to the following
notions of the new newspaper laws:

1. If any person orders his paper discon-
tinued, he must pay all arrears, or the
publisher may continue to send it until pay-
ments made, and collect the whole amount
whether it be taken from the office or not.
There can be no legal discontinuance until
payment is made.

2. Any person who takes a paper from
the post office, whether directed to his
name or another, or whether he has sub-
scribed or not is responsible for the pay.

3. If a subscriber orders his paper to be
stopped at a certain time, and the published
continues to send, the subscriber is bound
to pay for it if he takes it out of the post
office. This proceeds upon he ground
that a man must pay for what he uses.

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Furniture
Of the Best Quality Cheaper
THAN EVER.



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UNDETAKING Promptly attended to.
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can be filled.
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THE EYES OF THE WORLD
Aro Fixed Upon South Ameri-
can Nervine.

Beyond Doubt the Greatest Medical Discovery
of the Age.
WHEN EVERY OTHER HELPER HAS FAILED IT CURES
A Discovery, Based on Scientific Principles, that
Renders Failure Impossible.



SOUTH AMERICAN NERVINE
In the matter of good health tempo-
rary measures, while possibly success-
ful for the moment, can never be last-
ing. Those in poor health soon know
whether the remedy they are using
is simply a passing incident in their ex-
perience, bracing them up for the day,
or something that is getting at the
seat of the disease and is surely and
permanently restoring.
The eyes of the world are literally
fixed on South American Nervine. They
are not viewing it as a nine-days' won-
der, but critical and experienced men
have been studying this medicine for
years, with the one result—they have
found that its claim of perfect cura-
tive qualities cannot be gainsaid.
The great discoverer of this medicine
was possessed of the knowledge that the
seat of all disease is the nerve centres,
situated at the base of the brain. In
certain instances the nerve centres
and medical men of the world
occupying exactly the same pre-
mise. Indeed, the ordinary lay-
man recognizes this principle
well ago. Everyone knows that
the human system and death is almost
certain, unless the spinal cord, which
is the medium of these nerve cen-
tres, and paralysis is sure to follow.
Here is the first principle. The trou-
ble at their hands!